

**Coal**  
The kind you are looking for is the kind we sell.

**Scranton Coal**  
Is good Coal and we guarantee prompt delivery.

**BOOTH & CO.,**  
Foot of West St.

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**MADE IN CANADA**

**an DONCASTER ARROW COLLAR**  
2 for 25c  
Chest, Pashby & Co., Ltd., Montreal

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**GRAND TRUNK RAILWAY SYSTEM**

**Local Branch Time Table**  
IN EFFECT MAY 29TH, 1915.

Trains will leave and arrive at City Depot, foot of Johnson street.

**Going West.**

No. 19—Mail	12:30 a.m.	Ar. City
No. 19—Fast Exp.	1:55 a.m.	1:35 a.m.
No. 27—Local	2:30 a.m.	9:54 a.m.
No. 1—Mail	1:41 p.m.	2:12 p.m.
No. 1—Mail	3:04 p.m.	3:49 p.m.
No. 31—Local	3:59 p.m.	7:37 p.m.

**Going East.**

No. 19—Mail	1:40 a.m.	Ar. City
No. 19—Fast Exp.	1:58 a.m.	1:35 a.m.
No. 27—Local	2:30 a.m.	9:54 a.m.
No. 1—Mail	1:41 p.m.	2:12 p.m.
No. 1—Mail	3:04 p.m.	3:49 p.m.
No. 31—Local	3:59 p.m.	7:37 p.m.

Direct routes to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.

For full particulars apply J. E. HAN- LON, Railroad and Steamship Agent, cor. Johnson and Ontario streets.

**FROM THE COUNTRYSIDE**

**Frontenac**

**BREWERS' MILLS**  
March 20.—The weather is becoming spring like, but the roads are in a bad condition. James Smith is hauling timber for a new barn. Miss Lorette Keys, visiting in Kingston for the past few weeks has returned home. The funeral of the late Mrs. Shannon took place at Brewer's Mills cemetery on Thursday last.

**GLENOWER.**  
March 26.—The roads are very good now. People are drawing logs and wood before the sleighing breaks up. Sidney Deyo is going to draw wood to the feldspar mines. Quite a number of people started to buy hay. Babcock is drawing wood to the cheese factory at Glenower. Biram Hopping and wife are at James Willson's.

**DEAD CREEK.**  
March 22.—Crows have made their appearance here again. More men are enlisting in the 146th Battalion. Frank Guernsey was at Mrs. C. Brooker's last week. Alma Loyt is visiting friends at Arden. Laura and Pearl Vaness are at Arden. Edward Wilks at Cole Vaness'. Mr. Jewell at Mrs. Brooker's on Sunday. Miss M. Wright has gone home to visit her mother, who is ill.

**PETWORTH.**  
March 21.—The roads are in a very bad condition owing to the heavy snow. John Garrison of this place has enlisted with the 146th Battalion. That makes six Petworth boys who are wearing the khaki. Measles are prevalent here. Mr. and Mrs. Charles Darling and Mr. and Mrs. W. Chapman are at W. White's. Mrs. Thomas Bradford is spending the week at Yarker. The Misses Orlene Kerr and Helen Kerr are at T. Bradford's. Mrs. Wagar, Enterprise, at A. Watson's; George Watson is able to be out after an attack of measles. Mr. and Mrs. O. Henderson, Marvale, at T. A. Kerr's. Mr. and Mrs. J. M. Bradford and Master Garfield spent Sunday at H. Watson's. The sawing machines are still in this vicinity.

**SANGSTER.**  
March 21.—The death occurred on March 20th of one of Bedford's most highly respected citizens in the person of Patrick Egan. He is survived by his wife, and two daughters, Mrs. John Murphy, Burridge, and Mrs. Wilfrid Whalen, Brockville. Born on March 21st to Mr. and Mrs. M. J. Cochrane, a son, The many friends of Mrs. Nicholas Murphy are sorry to hear of her illness. Terrence O'Connor is visiting in Burridge. Thomas Murphy at John Murphy's; Mr. and Mrs. Timothy Babcock, and Baby Leo, at Thomas Young's; Mrs. John O'Connor is visiting friends in Kingston. Thomas Fitzgerald, Fish Creek, is visiting in this locality.

**WAGARVILLE.**  
March 20.—The roads are getting in a fair condition again. A number from here attended the quarterly meeting at Fifth Lake on Sunday. D. McLeod has purchased a farm from Wesley Wagar and the former has sold it to Harvey Cronk. Mrs. E. McCumber is visiting friends in Sydenham. Recruiting is still going on. Murray Kirkham has returned home after spending a few days with relatives in Perth. Hulda McCumber, who has been at Sydenham for some time, has returned home. Mrs. Ard Wagar and Mrs. S. Cronk have been visiting friends in Belleville. Phillip Wagar, Sr., is suffering from an abscess.

**OATES.**  
March 21.—A number from here attended the sale at Wilmur on Wednesday last. The cheese meeting at Perth Road on Thursday night was well patronized from all points. The Perth Road cheese factory, owned by this vicinity last week for patrons,

**Sleepytime Tales**

**THE OLD SHOE TRAP.**  
Once upon a time Tabby, the cat, went to sleep beside Tom's old shoes that he was to take in the morning to the cobbler's to fix a hole in the toe. Tabby loved to sleep near the stove, and Cook always was apt to drop something when cooking, and the cat was always sure to be on-hand to get it.

This morning Tabby was very sleepy, for she had been awake nearly all night watching for a fat little mouse she had seen in the pantry, but the mouse was too smart for her and had only come out when she was sure the cat had both eyes shut and was really asleep.

The poor little mouse was very, very hungry just now, so she crept out very slowly and carefully until she was at the other side of Tom's shoes from where the cat lay. Just as she was slipping by Tabby opened her eyes and saw the mouse. Out went her paw, but the mouse was too quick and ran into one of the shoes and out of sight.

When it was all quiet again the mouse peeped out, but the cat saw it this time, and the mouse had just time to scramble back into the other shoe. The cat put in its paw and tried to find the mouse in the shoe, but the mouse had run out of the hole in the toe and back to its hole.

Tabby was sure the mouse was in the shoe, so she took it up in her paws and shook it as hard as she could, but no mouse came out. Then Tabby put her head in as far as she could, but no mouse could she see, and when she tried to pull her head out of the shoe she found it was stuck fast. This frightened her, and she began to fly about the room so that the cook thought she was having a fit, but when she saw the shoe she laughed and pulled it from poor pussy's head, and put the shoes where neither Mousie or Tabby could get at them again.

**The Table Salt without a fault**

**REGAL**  
FREE RUNNING  
Table Salt  
Flows Freely From Package and Shaker

**Does 60% of the Strength In Your Food Go To Waste? For Thin Men and Women Who want to Gain Weight**

Why Fleshmaking Food Does Not Always Produce Flesh On Thin People. Full Directions Given.

Thin men and women—that big, hearty, filling dinner you ate yesterday. What became of all the fat-producing nourishment it contained? Possibly you haven't gained in weight since. That food probably passed from your body like unburned coal through an open grate. The materials for flesh, fat and strength were there, but your food doesn't work and stick, and the plain truth may be, you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of many thin folks the world over. Their nutritive organs, their functions of assimilation, are probably sadly out of gear and need reconstruction.

To those who are in this class and who would like to add from ten to twenty-five pounds of good firm healthy flesh fat and muscular tissue to their weight, the following test is suggested. First weigh yourself. Then continue regular meals as before but eat with every one of them a single Sargol tablet. In two weeks weigh again and note the difference and see what increase in weight may be the result. Sargol does not itself make fat, but mixing with your food it aims to turn the fats, sugars and starches of what you have eaten into rich, ripe, nutrient food. Sargol is a National fat producing nourishment for the tissues and blood—prepare it in an easily assimilated form which the blood can readily accept. Much of this nourishment now passes from your body as waste. But Sargol works to stop the waste and do it quickly and to make the fat producing contents of the very same meals you are eating now develop flesh between your skin and bones. The best of any theory is practice. What do the people who have used Sargol say about it? Reports have been received from every part of the country. A lady from California writes: "I never in my life before weighed more than 127 lbs. Now I weigh 155 and feel fine. My face is filled out and rosy and I feel better than I have for years. A patron from Wisconsin reported, 'I can speak wonders for Sargol, having gained 29 pounds from its use.' A man from New York said, 'I have gained 21 pounds and look and feel like a new person.'

NOTE—Sargol is not, as some believe, a single patented drug but is instead a skillful combination of six well recognized flesh building agents and assimilative aids. Leading local druggists who sell it say there is a large demand for it here among people who wish to gain weight and that it is always sold in accordance with a guarantee contained in each large package of money back in any case if satisfactory weight increase is not attained.

If you find a druggist who is unable to supply you send \$1.00 money order or registered letter to the National Laboratories, 74 St. Antoine St., Montreal and a complete ten days treatment will be sent you postpaid, in plain readily accept. Much of this nourishment

**Wonderful Tale of an Actress**  
Struggled with Sickness and Discouragement; How Relieved.

Dayville, Killingsly, Conn.—"I shall be glad to have every woman know what I know now, after using Lydia E. Pinkham's Vegetable Compound. Although I am only 24 years old, I have suffered for the past eight years. Thated the doctors, for a doctor told me to give up the stage where I was playing with my husband. I had bearing down pains, my health failed me, and I could not work on the stage, and wasn't able to tend my baby or even get around myself. I was always downhearted and discontented with the world, and only lived for the sake of my little girl. The doctor said to move to some quiet little town away from the noisy city, and I might be able to live and feel well, so I went to Dayville in November. At that time I was so sick I could not walk around, and my husband kept house and I stayed in bed. One day in January I read your advertisement in a newspaper, and I sent for Lydia E. Pinkham's Vegetable Compound, and started taking it. Within two weeks time I was a different woman, could get around, and felt so good that it was a pleasure to do my housework. I felt contented and happy, and now am the picture of health, and am tempted to return to the stage. We appreciate your health as the most precious thing on earth."—Mrs. E. L. KENNEDY, Box 35, Killingsly, Conn.

Borrowed style has to be paid back with interest in the long run. It is not a sign of intelligence to thoroughly believe in signs.

**"Low Cost of Living" Menu**

**Menu for Saturday**

**BREAKFAST**  
Apple Omelet  
Toasted Coffee

**LUNCHEON**  
Mexican Bean Soup  
Creamed Spinach  
Sponge Cake  
Cocoa

**DINNER**  
Clear Beef Soup  
Baked Kidney Beans  
Bread Crumb Brown Bread  
Curried Cauliflower  
Watercress and Radish Salad  
Cranberry Butter Pudding

**BREAKFAST**  
Apple Omelet—Peel, core and slice two apples. Melt a tablespoon of butter and steam the apples five minutes. Add mixed a tablespoon of flour half a cup of milk, the yolks of two eggs, the stiffly beaten whites and the apples. Turn into a buttered pan, cook and fold.

**LUNCHEON.**  
Mexican Bean Soup—Soak two cups of Mexican beans two hours, boil the week-end with his uncle, Peter Ferguson, Mrs. Ferguson and daughter, Jennie Ferguson, left Monday for Toronto where they will reside. Mr. Kent of Sydenham spent a few days last week with his daughter, Mrs. Cochrane. Pte. Clifford Gibson, 156th Battalion, Mallorytown, spent Tuesday with his parents, Mr. and Mrs. Alexander Gibson. Miss Mabel Gibson spent the week-end with relatives in Brockville.

**MOREWOOD.**  
March 22.—Mrs. James Reveler, Russell, and Miss Grace Flemming, Crayler, were visitors last week at the home of Mr. and Mrs. Frederick Reveler. Miss Edith Fader, Russell, is a guest at W. Swedinger's. Mrs. L. Manharrey, Mrs. W. Perley and Mrs. A. McConnell were visitors to Ottawa on Saturday. Rev. D. D. Elliott spent Thursday in Ottawa. Mrs. Beach is a guest at the home of her sister, Mrs. Gillespie. Mrs. C. York, Isobell and Walter, were recent visitors at the home of Mrs. Anderson, who spent a few weeks with her mother, Mrs. Dillobough, returned on Monday to her home in the west. Mrs. Wesley Reveler and daughter, Jennie, were recent visitors to Ottawa. Albert Plegg was a recent visitor to friends at Munster. Mr. and Mrs. D. McGregor spent Wednesday in Ottawa. Mrs. Walker, Mountain, spent last week with friends here. Mr. J. and W. Wallace Kars were guests in the vicinity last week. Miss Kells Smith and Miss S. Hunter were week-end visitors at their homes here. Mrs. Appleby has moved into the house lately vacated by Mr. and Mrs. Vern, Petteley. Mrs. M. E. Hunter, Mrs. Robert McConnell and Tweed McConnell left on Monday for Calgary. Mrs. Harold Hughes and little Sybil, Ottawa, were guests at the home of Mr. and Mrs. Frederick Reveler. Mr. and Mrs. James Petteley entertained a number of their young friends to a party at their home on Thursday evening. Miss Lena Martin, Chesterville, and Miss Verna of Ottawa, were week-

**Leeds**

**CHANNY.**  
March 22.—Miss Jennie Miller has been visiting friends in Smith's Falls during the past week. Miss Grace Rappell of Athens is a guest at the home of J. C. DeWoll and family spent Sunday at her former home in Elgin. Private John Patterson of the 80th Battalion, Belleville, has been visiting friends here. Mr. and Mrs. Omer Brown of Delta were the guests of Mr. Harold Knowlton on Sunday. J. N. Davis and daughter Doreen spent Sunday in Athens, guests of Mrs. H. Davis. J. W. Richards is confined to the house by illness.

**TAYLOR.**  
March 21.—The roads are in very bad condition owing to so much snow. The auction sale at A. Nuttall's was largely attended. Cattle sold as high as \$70. Frederick Jackson has moved to his farm near Joyceville. E. Moore lost a valuable cow last week. Clawson Sly has returned home from Sand Bay, where he has been working. He will go to his factory in Cressy about the last of the month and fit it out. Lester Sly was in Morton recently on business. Arthur Keyes and his sister, Mrs. Elgin Moore, spent Saturday and Sunday at Lansdowne. E. Eldon McCalpin visited in Brockville the past week. Mrs. Edward Grice, in Lansdowne last week, has returned home. Miss Bertha Birmingham has returned home from Battersea, where she was visiting her cousin, M. Featherston, who was at home for Sunday. Stanley is visiting his son, R. J. Stanley. Mr. Townsend is at J. Berry's.

**DULCEMAINE.**  
March 21.—The roads are in bad condition. Mrs. R. Williams, who underwent an operation at the General Hospital, Brockville, on Sunday morning, is getting along nicely. Theron Patience and Edgar Moorehead left last week for Saskatchewan. Miss Erma Haskin has returned to Lansdowne, where she will continue the millinery business with Mrs. H. Murray and Mrs. W. Cook, sr., spent the week-end in Gananoque. Percy Haskin spent a couple of days last week in Kingston. Recent visitors: E. Dawson and sister, Lynhurst, at W. Cook's; A. Williams, Melcombe, at R. Williams'; Mr. and Mrs. W. Cook, Jr., and Fredie at James Patience's; Mr. and Mrs. B. F. Leeder and little daughter, Phyllis, Ballenocoe; John Hogan, Kingston Mills, at Mrs. William Patience's.

**YONGE MILLS.**  
March 21.—Elmer Gardiner paid a business trip to Kingston last week. Mrs. Carpenter of Brockville was a recent guest of her sister, Mrs. Burnham. Miss Rowsema, Lynn, is visiting her sister, Mrs. G. A. Purvis. Edward Bellin is a patient at St. Vincent de Paul Hospital. Pte. William Ferguson, 156th Battalion, Brock-

**Prince Edward**

**HONGARD'S.**  
March 20.—The roads in this vicinity are in bad condition owing to the recent storms. The box social on Wednesday evening was not as well attended as it would otherwise have been, on account of the severe cold weather, a good programme was rendered. The proceeds amounted to twenty dollars. Gerald Wright, of Sandhurst, accompanied by Clarence Young of Bath, were guests of Allan Harrison over Sunday. Mr. and Mrs. McGee of "The Pines" were at D. T. McCormick's on Sunday. Mr. and Mrs. S. Wright of Cussy, visited their daughter, Mrs. J. Sheppard. The Misses McCracken entertained a number of their young friends on Wednesday evening. G. Storms and wife spent several days with his brother at Ameliasburgh. Mrs. W. L. Minaker has returned to her home at Cherry Valley after visiting friends here.

The House of Assembly passed an amendment to the prohibition bill, bringing the measure into force in Halifax on the 30th of June next.

The British have captured or sunk 127 German submarines since the war started, a Washington despatch says.

**Little Miss MAIDEN CANADA**

**They're Wonderful!**  
Taste one—you're delighted—try another and another until they are all gone—and then you want more.

**THE REASON**  
Absolutely the finest and most expensive products in the form of cocoa beans, sugar and milk are used in the manufacture of these dainty, solid, chocolate Maple Buds. But half the secret is in the blending and skillful handling they receive at the most sanitary and up-to-date chocolate factory in the world.

**COMAN'S MAPLE BUDS**  
A dainty Solid Chocolate

**Even Hospital Treatment for Kidney Disease Failed**

**Well-known Commercial Traveller Says That Dr. Chase's Kidney-Liver Pills Undoubtedly Cured Him.**

News of his recovery from kidney disease will be welcomed by the many friends of Mr. L. D. Griffin throughout the lower townships and the adjoining district of the United States.

Mr. Griffin has travelled this section for 35 years and what he says will be accepted as proven by all who know him best.

He tells in his letter how relief was obtained by treatment in Sherbrooke and Montreal hospitals, but the old kidney trouble returned again and again until by the persistent use of Dr. Chase's Kidney-Liver Pills cure was effected. As he says, these pills "undoubtedly did the work."

Mr. L. D. Griffin, Bulwer, Compton county, Quebec, writes:—"I can add one more statement of kidney disease cured by Dr. Chase's Kidney-Liver Pills. For about twenty years I was bothered more or less with the kidneys, but the disease became worse and I was sick in bed for one year, look doctor's medicine to no avail, and on his advice went to Sherbrooke Hospital, where I was benefited, but the old trouble returned and I tried a Montreal hospital. Got a little better, but the help was only temporary, and I was soon bad again.

"On the advice of a friend, I began to use Dr. Chase's Kidney-Liver Pills, and I now thank that friend, for to-day I am as free from kidney disease as I ever was in my life. I owe the cure to Dr. Chase's Kidney-Liver Pills, for they undoubtedly did the work. I am 68 years old and have spent 35 years as a traveller calling on the drug trade. Everywhere I am told that Dr. Chase's medicines are the best sellers and give the best satisfaction of any medicines on the market. Shall be glad to answer any questions in regard to my cure if people care to write me."

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box, all dealers, or Edmondson, Bates & Company, Limited, Toronto.

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**Easy & Practical Home Dress Making Lessons**

**Prepared Especially For This Newspaper by Pictorial Review**

**An Empire Night Gown.**

is made to be slipped on over the head, the front and back yoke being cut in one, with square neck and large arm-holes.

In medium size the design requires 3 yards insertion, 3 1/2 yards edging, 1 1/2 yards heading, 2 1/2 yards ribbon and 2 1/2 yards 45-inch material.

There are three pieces to the pattern, giving half of each part needed. The material is folded in half on the cutting table and all of the pattern sections are laid on a lengthwise fold, the front coming first, then the back and the yoke.

It is well to stitch the lace onto the goods before it is cut. The material may be cut from under the lace afterward, however. To make, first join the front and back sections as notched and gather upper edges between double "T" perforations. Turn hem at lower edge on small "o" perforations. Sew front and back yoke to gathered edges of front and back, notches, center-front and center-backs even; tack the edge edges of yoke together at under-2 1/4 seam. Front of night gown is indicated by large "O" perforation in yoke. Finish jointure of yoke and gown with heading.

If preferred, the neck of the night gown may be finished with button-holed scallops in place of the lace edging, for embroidery is quite the smartest form of decoration for underwears this season.

Charming night gown of batiste and lace, made in Empire effect to be slipped on over the head.

A model that echoes the daintiness of the separate blouse is this Empire night gown trimmed with rows of lace and bows of satin ribbon. The gown

CUTTING GUIDE 6558

FRONT A BACK B FRONT AND BACK YOKE C

FOLD OF 45 INCH MATERIAL

Pictorial Review Night Gown No. 6558. Sizes 34, 36, 38, 40, 42, 44, 46 and 48 inches bust. Price, 15 cents.

Above Patterns can be obtained from **NEWMAN & SHAW,** Princess Street