

A. Guild ... Managing Directo

ROW IN THE SENATE. points of order. It seems that in June last, in Ottawa, Hon. Mr. Landry, who is the president of the French-Canadian Education Society of Ontario, made a speech. It was .nspired by the annual procession of St. John Baptist Society, and dealt with the question of education,

In the course of it he referred to ate one day, to the effect that questions like those of the bilingual the premier, but it was confidential to the spirit of the constitution. An why? The munition manufacturers amendment was submitted declaring are well able to pay union wages. that it was inopportune for the Sen-Landry decided that the amendme was reversed "by all the conserva

not French-Canadians."

Mr. Landry, according to the report, which, after a great fight; was read in the Senate, said: "I do not wish to fire the flames, but a few days later the fanatic majority rose of patronage. I saw the premier and told him the only thing I could do was to leave the chair. premier advised me to resume the chair. I refused emphaticatly. On the day of the prorogation I resumed the chair declaring that the premier, in a letter to me, thoroughly approved of my attitude. That letter. if read, would have forced a minister ing." To whom? The politicians of the crown to resign."

Mr. Landry, who had vacated the who want to use the public estimates chair during this discussion in the as brides in an election. Senate, refused to say whether the newspaper gave a correct report of what he said. The great question was the meaning of fanatics. Nuttall and Webster were consulted. Both gave interpretations which seemed to make the use of the word a matter

of privilege. Eventually the discussion was ended by Hon, Mr. Pope being directed to bring the subject before the house in a motion, of which due notice would be given. In the meantim some people are asking who is the minister referred to by the premier in his letter to Mr. Landry? Who is it that, were the letter read, would have to resign his office? What has this minister of the crown been do-

R. M. C. CADETS IN SERVICE.

The Whig regrets that it quoted without approval, the criticism of the Canadian Courier upon our Royal Military College, since, upon reflection, one sees how inaccurate and unjust it is. In essence it is said that the graduates of the college sought or desired imperial commis sions because of three things: (1) They brought better pay, (2) more tistry on Uncle Sam's part should efcongenial employment, and (3) so- fect a cure. cial distinctions that were out of keeping with the democracy of Can-

The printed record of the college the fall of great regulations in this it, between Aug. 4th and Dec. 31st, 1914, the number of cadets entering the Imperial Army was 50; the number assigned to the Canadian Permanent Force, 29, and the number taking positions with the Overseas' Contingents, 29. Where was a total in that year of 108. In 1915, the assignments were as follows: To the Imperial Army 22; to the Canadian Permanent Force, 39; and to the a total of 87. In other words, dur-

ORE GERMAN THREATS TO TRY TO FORCE PEACE

until some time after the war broke Lokal Anzeiger Urges Has Come to Carry Out atingents were offered to the ca-Chancellor's Warning. ets. Moreover, this is not a war

out that commissions in the Overseas

the cadets and their parents, and ence the honor is the greater tha

dian appointments, and with the de-

The Canadian Courier will surely

nake amends for its unfair reflec-

ions upon the college. Our con-

emporary has hitherto been an ardent supporter of the military estab-

ishments. Its only grievance has

cruiting. This is another matter,

and one which will adjust itself in the

near future. Meanwhile its refer-

ences to the college cadets are re-

EDITORIAL NOTES

howing itself in this way.

The Post Office deficit in the last nancial year was \$3,000,000. The

in Manitoba the vote in favor of

prohibition was largest in the district where the soldier vote was strong

Another political crisis is on i

England, and it is over the disposi

tion of the government to exempt

too many single men from military

duty. The married men are making

protests and they are not doing this

Lloyd-George was appealed to with

regard to the payment of union

wages by the manufacturers of muni-

tions. He addressed his answer to

The speaker of the Senate lost his

ead when he called the majority of

the upper house fanatics last June.

Now he is called to account and is

dodging the issue. It is up to him to

stand by his statement or apologize,

The federal legislation upon the

iquor question will be of a limited

character. It will simply forbid the

shipment of alcoholic liquors into

any province in which prohibition

has been carried. What about the

manufacture of stimulants? Will it

as the premier to keep in the estimates items which affect local plans

and public buildings. The premier

referred to the announcement re-

specting these items as "comfort-

A Poor Time.

Is It Luck?

(Montreal News.)

easually of cashing an LO.U. for

\$75,000,000. Some people have all

Not Frivolous Now

(Prince Arthur Chronicle.)

Plain Speech

Premier Botha said: "Life under

he German flag would be life in a

offin." Laurier's idea in different

The Ulcerated Tooth

(London Advertiser.) Mexico is the ulcerated tooth

this continent. A little drastic de

Regulations Going.

Mr. R. P. Bennett, M.P., predicts

country after the war. Well, it will

take all the King's horses and all the King's men to put the shell commit

was before the war.

We used to claim that France and

and he does not want to do either

An evidence that the soldiers as

body do not favor the bars.

to the college.

limit of their power.

the whole empire, and it is not made on Dec. 29th, that Germany would Brig.-Cen. E. W. Wilson, G.O.C., on consider peace proposals whenever information received, to be an important branches of service they her foes are willing to, ask terms, poster. Young de Johnge has been go, so long as they are doing their have lost the day of grace. This is lionized by prominent people at Verpart with credit to themselves and the conclusion to be drawn from a dun, Que., lately as a war hero. leading article in the semi-official Lokal Anzeiger, in which it is declar-The choice of positions lies with ed flatly the time has now come to carry out the chancellor's warning of December that if the enemies of this they have eagerly accepted Canacountry did not seek the peace in reasonable period they would have to pay more dearly for it. sire to serve their country to the

Roman Catholic Church Burned. Galt, March 20.—Saturday morn-ing fire started in the Roman Catholic asked me to try Vinol and the re-Church at Hespeler, and within an sult is I am free from those trout hour the stone edifice was completely and I feel well and strong and able gutted. The building was valued at by insurance. The congregation alnew church, the plan being to use the ful in building up Mrs. Johnson's building destroyed for separate school health is because it is a constitution-

Higher Rates For Money Orders. fice Department announces that ow- cinal extractives of fresh, healthy ing to the present premium on New cods' livers, all combined in a deli-York exchange it has been found nec- clous native tonic wine, without oil. be charged on money orders payable who is suffering from a weakened, 10 cents on sums from \$5 to \$10, to benefit them. Geo. W. Mahood,

LIEUTENANT A PRAUD

Montreal, March 20.-Lieut. Adolph Johnge, who was dropped from the rolls of the 163rd French-Canadian tattalion, Montreal, on Wednessembire is singled out for special service or attention. The war affects the whole empire, and it is not material.

Berlin, March 20.—(Via London).

Germany's enemies by not taking advantage of the announcement of the canadian services at the front seemed to lack the whole empire, and it is not material.

WEAK FROM GRIPPE

e Missionary Tells How She Restored Her Strength.

'I am a Home Missionary, was weak and run-down after a hard spell of LaGrippe, I had headaches, indigestion and pains in my chest, and asked me to try Vinol and the reto go to work again." Mrs. Hattle

al remedy which contains peptonate of iron to enrich and revitalize the blood, the nourishing properties of Ottawa, March 20 .- The Post Of- beef peptone and the healing meditherefore, postmasters will would try our Vinot on our guaran-

"Low Cost of Living" Menu

Menu for Tuesday BREAKFAST Oranges Minced Beef Hashed Brown Potatoes Baked Toust Coffee

DINNER

Tomato Jelly Saind Apple Gustard Pie BREAKFAST

read and butter. .Lay in a baking a cup of cold water. pan and pour over a little milk.

a cup of chopped beef, a quarter o a cup of water, and boll ten minutes. Just before serving add two table-

spoons of chili sauce. Orange Cream Pie-Heat two cups of milk and half a cup of sugar, the yolks of two eggs, a tablespoon of dissolved cornstarch, and boil one minute. Then add half a cup the beaten whites.

DINNER Beef Roll-Chop fine enough beef to make two cups, add one cup chopped fresh pork and season well Beat two eggs, add a cup of cracker sup, and bake half an hour.

Minced Beef-Chop enough beef of tomatos, add a teaspoon of brown to make a cup. Add half a cup of sugar, a teaspoon of vinegar, and Baked Toast-Cut thin slices of small moulds. Serve on lettuce with

Apple Custard Pie-Mix Beef a la Surprise Chop one Bake with one crust and frost with

OVEREATING.

Overeating is a dangerous habit which is caused by allowing the appetite to roam at will without a bridle on. If a law could be passed requiring the owner of every appetite to drive it with a Mexican bit people would listen to the afterdin-Villa chose a poor time to kick ner speaker with more interest and the members of the medical frater-Uncle Sam in the shins. He wasn't nity would have to take in washing in the watchful, waiting mood just in order to pay the rent.

In pidneer days overeating was not practised to any great extent. The six o'clock dinner of nine course and a tiger had not been invented and there was little incentive for a man to go out and become thorough ly congested with free victuals There was not so much variety in the food line, either. There would be less overeating to-day if people had to face the cold, still remains of the French were frivolous. That a batch of corn-meal mush three times a day, as was so often the case with our forefathers.

Overeating is generally accom- home cooking, but who can't never be held on the night preceding in Kansas.

prayer-meeting. The best time overeat is on Saturday, which will Each tin contains 2 lbs. net. day of fasting and prayer, as was originally intended.

Overeating is a fertile cause of long-distance dyspepsia, which hangs around the premises long after the victim has taken to drinking bouillion in stick form. Dyspepsia is produced by the stomach becoming lissatisfied with its surroundings and refusing to become acclimated to any kind of food. It is a mournful, unhealthy disease with a high temper and a nagging disposition, and is harder to discourage than the hay-fever germ. People who overeat with great violence are particularly subject to it, and have to be put on a diet of sackcloth, ashes and

One of the most discouraging things in the life of a sensitive housewife is to possess a lean husband who is always finding fault with panied by a deep sense of melan- down at an outside dinner party choly, located near the waistband, without overeating in a shameles and will never be confused with the and defiant tone of voice. When we toothache by one who has had both consider how much married women in a firm and decided manner: The have to put up with in this line, it church supper is highly productive of is no wonder that bachelor maide overeating en masse, and should are getting thicker than drugstores

Rippling Rhymes

SCHOOLING

At school I learned a lot that helped me not at and pain called rheumatism.

all; I conned, till I was hot, cheap maps upon the wall, get from any pharmacy about four and learned the names of hills in Lapland and Cathay, ounces of Jad Saits; put a tableto trace the creeks and rills that wander near Bombay. I learned a lot of dates (when finished with the map), when kings and other skates went forth to ing for a week. This is said to have a scrap. The midnight oil I burned, and bucked the Rule of Three, and all the things I learned were not worth shucks to me. I learned some Latin roots. but never did they aid to buy a pair of boots, a buck-"saw or a spade. I dug a while in Greek, and when and is made from the acid of grapes I went to work I carned three bones a week, as haber- and lemon juice, combined with liver Karedie a natroi of Com



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age, sex, color or rank. If not the most dangerous of human afflictions one of the most painful. Those subject to rheumatism should eat less! meat, dress as warmly as possible, avoid any undue exposure and, above all, drink lots of pure water. Rheumatism is caused by uric acid

which is generated in the bowels and absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly, cold weather the skin peres are closed thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate this ic acid which keeps accumulating and circulating through the system. eventually settling in the joints and

At the first twinge of rheumatism poonful in a glass of water and drink before breakfast each mornminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities. Jad Salts is inexpensive, harmless

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