

# Bicycle Week

March 27th to April 1st.

Everybody must own a Bicycle by the 1st of April.

## Why?

This year every person must be economical. You save money by riding a bicycle—the faithful old animal that is always ready to serve you.

We will be mad at you if you don't ride a Massey, because more people will tell you they get more satisfaction out of MASSEY BICYCLES than any other wheel. Costs a little more on the start, but less on the finish, and it is the finish that counts.

You can buy one now for \$5.00 cash, \$1.00 per week, then by the time the roads are nice you will have it nearly paid for.

RIDE-A-BIKE.

### Treadgold Sporting Goods Co.

88 PRINCESS STREET

KINGSTON

Sir Robert

# PEEL

THE CIGAR THAT MADE THE 5c FAMOUS

## Cold Robbers

Dr. Hickey's Speedy Cure and Dover's Cold Breakers have robbed more people of colds than any other similar preparations.

No cough and cold can remain after a few doses of these splendid remedies. We are justly proud of them.

25c Each.

### Best's

The Popular Drug Store Open Sundays.

## E. P. Jenkins Saturday Attractions!

NEW SHIRTS  
NEW TIES  
NEW HATS  
NEW SUITS  
NEW COATS

New Goods for Men and Boys. Our stock is bristling with new ideas for Men's Wear. The New Collar is also shown with buttons.

Keep in the march with new ideas.

## E. P. Jenkins' Clothing Co.

## BAD DREAMS ARE SYMPTOMS

Ill Health the Cause—Many Alarming Symptoms of Women's Ailments—How Cured.

Paterson, N. J.—"I thank you for the Lydia E. Pinkham remedies as they have made me feel happy and healthy. Some time ago I felt so run down, had pains in my back and side, was very irregular, had such bad dreams, did not feel like eating and had short breath. I read your advertisement in the newspapers and decided to try a bottle of Lydia E. Pinkham's Vegetable Compound. It worked from the first bottle, so I took a second and a third, also a bottle of Lydia E. Pinkham's Blood Purifier, and now I am just as well as any other woman. I advise every woman, single or married, who is troubled with any of the aforesaid ailments, to try your wonderful Vegetable Compound and Blood Purifier and I am sure they will help her to get rid of her troubles."—Mrs. ELIZB J. VANDER SANDS, 7 Godwin Street, Paterson, N. J.

Women suffering with any form of female ill, or any symptoms that they do not understand, are invited to write the Lydia E. Pinkham Medicine Co., Lynn, Mass. (confidential), and receive advice wholly free of cost.

MANY TO CHOOSE FROM

Rubbers Rubbers

## Rubbers

### The Sawyer Shoe Store

Rubbers Rubbers

## News Of Troops in the City

The Canadian Army Dental Corps, the youngest corps in the Canadian militia, but one of the most complete organizations of its kind in the world, has received but little prominence in the campaigns for recruits for overseas service although it is said to be one of the biggest factors in the securing of recruits.

One of the most interesting phases of the work being done is the issuing of dental history sheets which is not only a record of work done, but is also a perfect identification of any man, no matter to what extent the body may be disfigured on the battle field.

This dental history sheet is a chart showing each tooth in the head. This chart is kept with the records of the recruit in the battalion to which he belongs.

At the outset of the war a large percentage of men who wished to enlist in the Canadian Expeditionary Force, failed to pass the medical examination for active service because of defective teeth. The Canadian Militia Department took the matter up, and for a time the difficulty was overcome by having the men's teeth attended to at the different hospitals. This soon became unsatisfactory, as not only did these hospitals stand the expense of the work, but the work soon grew to such enormous proportions that the hospitals were unable to handle it and carry of their regular work as well.

Lieut. J. J. Graham, Napanee, was in the city on Saturday.

Lieut. Bennett has been very successful in the recruiting of men for the 146th Battalion in the Arden district. He brought in seven more men to the city on Saturday.

Pte C. Allen has been promoted to the rank of corporal in the 146th Battalion.

Pte B. A. St. Pere has been transferred from the 80th to the 146th Battalion.

A. Wattam, J. Williams, W. Jackson, N. Newek and J. B. Lemon have enlisted in the 146th Battalion.

As soon as suitable accommodation can be arranged, it is expected that another School of Cookery in Kingston will be asked for. These schools are of immense value, and it is rather a surprise that the authorities should have one discontinued for even this long.

It is said in Hamilton that "C" Squadron of the C. M. Rifles, under Major Allan Stroud, may go to Valcartier early in April to train for a brief time before going overseas.

Forty-five thousand horses are now being used by the three Canadian divisions now in northern France and Flanders. A report received at the Kingston recruiting depot of the Royal Canadian Horse Artillery states that the horses are divided into 15,000 for each division. The horses are in use for officers, horse and field artillery and transport service.

A lad aged seven, on returning to school after being absent through illness, was examined by the school doctor, who was in military uniform. On arriving home for lunch he was asked by his mother as to how he got on with the doctor. The boy answered, "All right, mother, but he was a horse doctor." Upon being asked for an explanation he proudly replied, "Because he wore spurs, mother."

"Major," the old collie dog, the recognized mascot of the 59th Battalion at Brockville, has had a varied career. Where he came from, no one knows, but since the war started and he has been a military canine. He first attached himself to "B" Battery, R. C. H. A., and then to the 21st Battalion. He accompanied the 21st to Matford, but had no part in it. At Barfield he went to the 38th Battalion, and finally to the 59th, which unit he accompanied to Brockville. His next move is uncertain, but the 146th may get him.

Twenty soldiers from "C" Battery, R. C. H. A., will take an eight-weeks course at the Royal Military College to qualify as physical directors for work in the camp this year. The course commenced on Monday.

The Sunday evening "sing" in the Brock Street Methodist Club-room was very successful last evening and a large number of soldiers were present. The writing and reading tables are being increasingly used.

## Spent Countless Nights Unable to Rest or Sleep

Was Run Down and in Terribly Nervous Condition — By Using Dr. Chase's Nerve Food Gained Regularly.

In this letter is told once more the story which comes from many thousands of women. It is the story of exhausted nerves, of a run-down system and of all the accompanying misery of sleeplessness, headaches and loss of energy and vigor.

But there is a silver lining to this cloud. There is the light of new hope and courage which comes with the use of Dr. Chase's Nerve Food.

This letter is so representative of the kind we are daily receiving that you can judge from it what you might expect from this treatment under similar circumstances.

Mrs. Conrad Schmidt, R. R. No. 1, Milverton, Ont., writes, "Two years ago last spring I was run down, had nervous prostration, and was in a terribly nervous condition. I could not sleep or eat. Could scarcely count the nights that I passed without sleep, and if I did eat, had sick headaches and vomiting spells. My limbs would swell so badly that it hurt me to walk. I would jump up

## FRUIT, THE GREAT PHYSICIAN

### Healing Powers of Fruit Proved by "Fruit-a-tives"

The simple juices of apples, oranges, figs and prunes, when transformed into 'Fruit-a-tives' will relieve diseases of the Stomach, Liver, Kidneys and Skin.

The truth of this statement has been proved in thousands of cases of Indigestion, Dyspepsia, Torpid Liver, Constipation, Kidney and Bladder Troubles, Skin Diseases, Rheumatism, Neuralgia and Chronic Headaches.

The enormous sales of 'Fruit-a-tives,' are the best proof of the value of this fruit medicine.

60c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

and heavy demand made upon the writing paper and postage stamp tickets. For the next two weeks a lively succession of events is planned, beginning with Tuesday evening when there will be a lunch and lecture. The club room and concerts are free to soldiers.

The draft from "C" Battery has been increased from fifty to 150 and two officers.

Lieut. G. S. Stewart, formerly of Harrowsmith, arrived in the city from Toronto, and will spend the next few days recruiting men for the 3rd Divisional Supply Column. The men being taken are those with automobile experience. Capt. Mayall, who was in command of the School of Motor Transport that passed through the city last year, is commanding the column and Lieut. Stewart is supply officer.

Lieut. Lyons, Cobourg, and Lieut. Hills, Peterboro, recruiting bakers for overseas service, will come to the city immediately and use space in the A. D. of S. and T.'s office as headquarters. Twenty of the required hundred bakers have been secured in this division.

The Kingston Infantry School of Instruction opened on Monday with thirty probation officers in attendance. A similar number will be taken on next week.

The eighth course of the Royal School of Artillery opened at Tete de Pont Barracks on Monday morning with 250 in attendance.

## CHARGES WERE MADE AGAINST WAR WIVES, But Threat to Publish Names Brought Apt Retort From Women.

Victoria, March 20.—The Arbeiter Zeitung (Working Men's Gazette) the local Socialist newspaper, publishes the following proclamation, which, it states, was recently issued by the commandant of a small Austrian town:

"It has come to my knowledge that many women whose husbands are at the front are not observing their marriage vows. In proved cases in the future I propose to publish the names of these women—Rosenow, Major."

The following reply appeared later in the local newspaper:

"Your warning has caused great commotion among the women of our town. But why should our names only be published? We demand that the men involved should share the same publicity. (Signed) Many War Wives."

Chauffeur's Long Term. St. Thomas, March 20.—George P. (Barney) McGregor, a St. Thomas chauffeur, was sentenced to two and a half years in the penitentiary, on a serious charge, by Justice Sutherland, who in pronouncing sentence said he could have sent him for seven years, but he took a moderate view of the case.

The French War Office has sent to the war zone a party of actors and actresses from the Comedie Francaise, the national theatre.

The Russian munition crisis is passing and the morale of the troops is splendid. A fight to a finish is now predicted.

A Greek actor named Condayannis, has been convicted as a spy by a court martial in Paris and sentenced to death.



## America's Best in Corsetry!

Is Exemplified in:—

AMERICAN LADY  
LA REINE  
MME. LYRA  
KABO  
NEMO  
FROLASET (Front Laced)  
GOSSARD (Front Laced)

French Model Corsets. Priced from \$1.50 to \$10.00. Sole agents for Kingston.

## Have Your Corsets Fitted

To have perfect Corset satisfaction it is essential to choose the proper model—our expert corsetieres will assist you in choosing the corset most adaptable to your particular figure.

Satisfaction guaranteed.

# STEACY'S

## CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mother! If tongue is coated give "California Syrup of Figs."

Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and you have a well, playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful to-day saves a sick child to-morrow. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."

### PITH OF NEWS.

Despatches From Near And Distant Places.

All Mexicans in the United States have been called home. Toronto, is dead, aged eighty-three years.

W. L. McGiven, a Boer veteran, aged forty years, is dead in Montreal.

Brig-General Leckie has suffered a relapse, and is still in La Touquet Hospital.

Frank Danby (Mrs. Julia Frankau), the novelist died in her home in London.

The cannery steamer Alpha was swamped near Prince Rupert; six men lost.

For manifest incompetence the Crown Prince of Germany has been deposed from his command.

The London Standard established as a morning newspaper since 1857, has suspended publication.

Gen. Gallieni, the retiring French Minister of war, is now at Versailles where he shortly will undergo an operation.

The British Government is considering the degrading of English born rebel princes who are with the enemy.

At Collingwood by a fire which broke out in the Northern Navigation Company's steamer City of Middleton of the Collingwood and Sault Ste. Marie division was totally destroyed. Recent rumors of the assassination of Enver Pasha, the Turkish minister of war, are followed by an official statement from Constantinople that he has returned to Constantinople from a trip of inspection to Syria, Palestine and Arabia.

Representatives of the Mexican Tramways Co., a \$50,000,000 corporation, whose headquarters is in Toronto, are treating with the Mexican Government for the return of the property of the company, which was seized a year ago by the military authorities, and since then has been operated by them, in order to avert labor troubles.

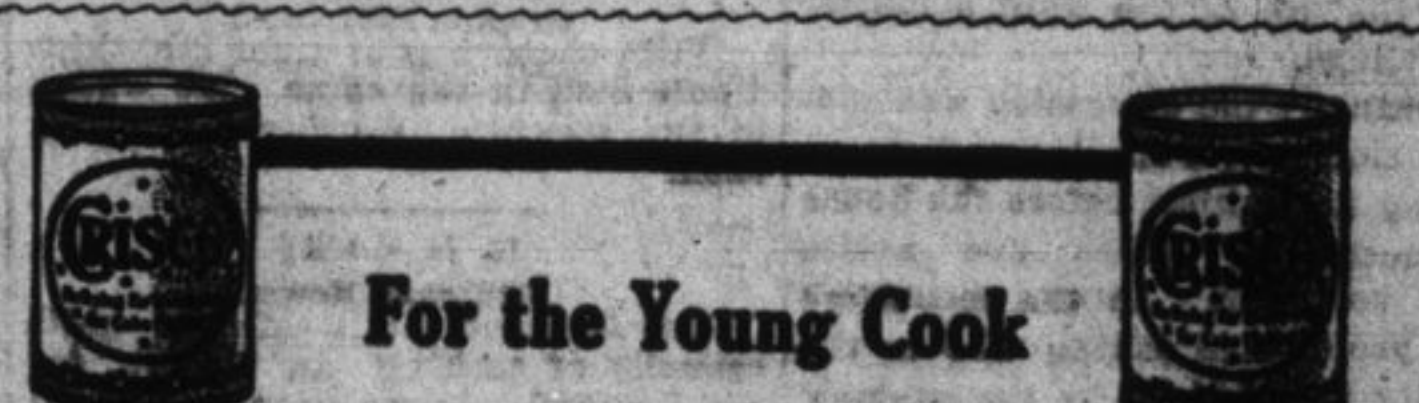
## Have You Tried Pure Beef Dripping for Cooking

Purposes? It is kettle rendered from select beef fat. The cost to you is less than half the price of butter and 5c lb. cheaper than lard. Sold in handy moulds averaging about 1 lb. each.

# 15c.

PICNIC HAMS 17c for boiling, lb. ....

### The Wm. Davies' Co. Ltd. Phone 597



## For the Young Cook

FOR the beginner in cooking, Crisco is especially attractive.

It will enable her to get better food at the same cost as her neighbors who use lard, "lard compounds" or butterine.

Her cakes will be a pride because of their richness, their lightness, their easy digestibility—and their economy.

Her reputation as a cook will grow and her pleasure in her work will grow with it.

And in part at least, she will owe it to her use of Crisco from the start.

Made at Hamilton, Canada