

How You May Throw Away Your Glasses

statement is made that thou-wear eyeglasses who do not need them. If you are one of unfortunates, then these glasses be rulning your eyes instead of them. Thousands who wear these wa' may prove for themselves that ill get the following prescription filled a conce: Go to any active drug store had get a bottle of Bon-Opto tablets. Disolve one Bon-Opto tablet in a glass of tater. With this harmless liquid solution bathe the eyes two to four times ally, and you are likely to be a tonished the results right from the start. Many the have been told that they have astignatism, eye-strain, cataract, sore sycilds, reak eyes, conjunctivitis and other eye lisorders, report wonderful benefits from the use of this prescription. Get this precared for their eyes in time. Save your leapt from his pen. Around the campeyes before it is too late! Do not become fire at Valcartier and the mud-soak one of these victims of neglect. Eye- ed plains of Salisbury, our soldiers glasses are only like crutches and every were stirred by the verses of this few years they must be changed to fit the Valmas Drug Co., of Toronto, will fill the are able to read the work and regret above prescription by mail to rus- the loss of one whose works hald gist cannot.

"A prominent City Physician to whom the shove article was submitted, said: "Bon-Opto is a very remarkable remedy. Its constituent ingredients are well known to eminent are specialists and widely prescribed by them. It can be obtained from any good druggist and is one of the very few preparations, I feel should be kept on and for regular use in almost every family." Geo. W. Mahood fills many Bon-Opto

prescriptions and will gladly fill yours.

GUNS, TRAPS, SPORTING GOODS JOHN HALLAM, Limited HALLAM BUILDING . TORONTO



For Sore Joints Piles, Stings Salt Rhoum Inflamed Skin in tine, 25c. Davis & Lawrence Co. Montre

NAVIGABLE WATERS PROTECTION ACT

R.S.C. CHAPTER 115.

The Bell Telephone Co. of Canada, Limited, ereby gives notice that it has under Section 7 of he said Act, deposited with the Minister of the said Act, deposited with the Minister of Public Works at Ottawa, and in the Office of the District Registrar of the Land Registry District of the County of Frontenac at Kingston, Ontario, a description of the site and the plans of the location of submarine cables proposed to be laid in the Cataraqui River at the lift bridge opening of the Cataraqui Bridge at Kingston, Ontario.

And take notice that after the expiration of one mouth from the date of the first publication of this notice, the Bell Telephone Company of Canada, Limited, will under Section 7 of the said Act, apply to the Minister of Public Works at his Office in the City of Ottaws, for approval of the said site and plans, and for leave to lay the said submarine cables. Dated at Montreal, this 14th day of February

THE BELL TELEPHONE COMPANY OF CANADA, LIMITED.

\$1,000.00 REWARD

For information that will lead to the discovery or whereabouts of the person or pers was suffering from Nervous Debilicy, Diseases of the Mouth and Throat, Blood Poison, Skin Diseases, Bladder Troubles, Special Ailments, and Chronic cr Complicated Complaints who cannot be cured at The Ontario Medical Institute, 263-265 Vonge St., Toronto. Correspondence invited

A Splendid Way To Reduce One's Weight

much as the horrible tendency of some of us to put on too much weight after we have reached the age of 25 or 30. R.'s, and finally was scout-master in However young our face may appear. Ottawa, preceding the war. While

that our stomachs convert the food we ried, and was the father of a bright of the department of public health cat into fat because there is not little girl. At the outbreak of the and charities, who, after witnessing a proper combustion to destroy the war he was one of the first to voiun- a recent performance of the play of fatty tissue. To reduce your weight teer for the P. P.'s. After the traingo to a good druggist and get oil of ing at Quebec his unit moved to Sal- the Broad Street Theatre, Philadel orilene in capsule form, and take one isbury Plain in England, where short phia), issued a statement showing after each meal. It is sold only in original sealed packages. Oil of ori-lene taken at meal-times gives you all the benefit of the food you eat, and rield Ambulance at Lark Hill, there at the same time dissolves the fatty forming an acquaintance with many of pathos and humor," said Doctor there is excessive fat. In this way of the boys from Kingston. Although Krusen. "The optimistic and helpmany have reduced their weight at the unable to accompany his regiment to ful strain which characterizes every rge size, box will be sent on receipt f \$1,00. Address D. J. Little Drug Co.,

o you want to earn 0 a week or more n your own home! reans will be furnished with

lox 1340, Montreal, Can.





CONTINGENT DITTIES.

Pats, Sampson Low, Martson & Co., Ltd., London, Eng., Publishers. Price \$1.25.

Contributed. Like great generals in great crisis, tract sportsmen who are interested the very necessity seems to breed the man, and in this manner the history of the nations is closeley allied to the history of literature. Even in our own nation's comparatively short ex-istence on the world stage, we have shown a tendency to follow the rule through the epochs of our history and now in to-day's great crisis we have our clear voice calling out from the heroes who first left Canada at the call of arms. It is the voice o a sturdy, young Canadian, embodied with all our Canadian ideals and who at the first call to arms was away with our soldier pioneers, the Princess Pats. Through all the turmoil f this prescription. Get this pre-filled and use it: you may so to this world-war, the very atmosphere seemed to cultivate the germ of genius in Sergt. F. Brown and poetry eapt from his pen. Around the campcreasing weakened condition, so | young sergeant, but it is not until a ar, healthy, strong magnetic eyes price at St. Elva in France that we romise of so much in the future. All the link that holds us to one of Canada's greatest bards is a little book of fifteen poems, edited by Holbrook Jackson of T. P.'s Weekly, an English paper, and under the homely name of "Contingent Dittles." Every day we are able to read efforts to express the point of view of our soldiers, but the usual unsatisfactory Brown's that we are able to get to lightful in their simplicity, but the touch of the great master is seen in many passages of beauty. Perhaps one musical poem in particular

would typify this-"The Convoy, which contains such passages as: "The sunny rose of autumn's smoky Had almost fled.

The chill was in the air,

When issued forth from Gaspe's smiling bay A grand Armada!" This is poetry that is in reach of all classes, and yet contains the highest elements of modern poetry. And again, the simple, rugged lines of the soldier poet appeal to us, in "Let-

"A good, long, newsy letter It is the least that you can yield In the way of downright service To your Tommy in the field."

Here we have the element of humorist in the men who are suffering

Again we realize that the poet is hown in "Glory."

"For every deed rewarded. For every laurel crown. Unknown, unsung, forgotten, A hundred lives go down."

collection of poems. All the ele- or are busy making both ends meet kenzie, before the members of the We see staunch patriotism, music, Canada these days are practically The speaker was stationed for somesincerity, humour and many other all working on Red Cross supplies time at a small ambulance hospital evidences of warm humanity in the or field comforts in the day time, that had been an old schoolhouse. songs of our soldiers. We only feel and at night they knit and so have after reading this little book a des- but little time for reading.

as our bard's voice is still. Perhaps something a little person- Pentecost of Calamity" evidently ap- | bedding, chairs, furniture of any al would be appreciated before read-pealed to a great many men and wo-kind that was necessary to furnish ing the book. Sergt. Brown was born men as expressing their own feel-these small hospitals near there. in Canada, the son of a clergyman, lings about the war. The Macmillans They often went short of things Rev. S G. Brown, of Almonte, Ont. in starting their new year announce themselves to provide for the needs He was educated in Montreal, re- a number of most interesting titles of the wounded soldiers. At one ceiving a high school and prelimin- both in fiction and books of a more hospital they had to use ary education, but unfortunately did serious nature including a number powder for fomentations, there was not follow this any further in a scho- on the war, Miss May Sinclair's new such a shortage of drugs and surgical lastic atmosphere, although he was novel, "The Belfry," combines both supplies. Frequently at these hospiwidely read in all branches of knowledge, including music and art. His
of the story being a most thrilling
family moving to Manitoba, he shortly afterwards became identified with family moving to Manitoba, he short- narrative. lyjafterwards became identified with several military units, such as the Royal Canadian Dragoons, the R. C. The cause of this over-stoutness is stationed in Quebec be became mar- Books, by Director Wilmer Krusen

teer for the P. P.'s. After the train- Poliyanna (now being produced a ly afterwards he was taken sick and how the audience reacts under the is a tremendous burden, added to was cared for by No. 1 Canadian influence of the play. Field Ambulance at Lark Hill, there Pollyanna is a charming blending unable to accompany his regiment to ful strain which characterizes every France in December, he rejoined the utterance of 'the glad girl' conveys corps with the first draft. The fol- a lesson to every auditor. The melowing extract from Capt. T. M. Pap- dical man is impressed with its psyineau to the Rev. S. C. Brown forms chotherapeutic aspect-the influa fitting eulogy to our poet: "Ar- ence of the mind on the body. One rangements have been made for roy- has only to watch the faces of the au- shrapnel. Cordock has donned the alties on the poems to be paid for the dience to realize that this play khaki as a member of the 111th Batsupport of the wife, who is now an emphasizes the text that 'a merry talion.

An Outdoor Magazine. March Rod and Gun has an inter- tion or shadow of regret." of outdoor life. Bonnycastle Dale con in its 340th thousand (thirty-four printings to date), and Pollyanna One good thing about a dog fight Shooter;" F. V. Williams writes of "The printings to date), so the Page Com, Men Who Can't come back." Norman Lett describes a "Three Weeks' Ca-Books, advise.

Pollyanna, the Glad Book, is now in its 340th thousand (thirty-four printings to date), and Pollyanna One good thing about a dog fight is that the dogs engaged in it never go around and talk for publication after it is all over.

Envy is an acknowledgement of the good fortune of others. esting table of contents for the lover | Pollyanna, the Glad Book, is now

noe Trip in Algonquin Park;" an Frank S. Brown, Sergeant Princess; "Blanchard's Trap." the hero succeeds in landing an even more There are other stories as good a these and besides the regular depart istory calls forth genius to express tion, Fishing Notes, The Trap. Th trelf in some manner of literature. Kennel, etc., are calculated to at

"Canada In Flanders."

Sir Max Aitken's book, "Canada i Flanders," has already made a re markable impression. The first edi tion is exhausted, the second edition is binding, and the third edition is printing. To read the story of Canadians at Ypres as told by Max Aitken, is to read one of finest stories in the annals of our Empire. Sir Max Aitken has been compared with Sir William Naples in his power of describing a battle.

According to press reports, Swe-Naturally, all eyes are immediately police is a never ending struggle. turned to Canada to supply the threatened deficiency.

The Commission of Conservation has just issued a report on "Fores Protection in Canada, 1913-1914, which is of particular interest in this connection. It contains much in formation respecting the work of the provincial forest services and of the ederal departments entrusted with the care of our forests.

Forest fire protection is assuming a large place in public attention. I is obvious that, if Canada is to continue as a wood-producing country she must conserve her resources of this natural product. The report more. It is not until we read Sergt. treats exhaustively of the fire protection of forest lands along railway the other side. The poems are de- rights-of-way. Through co-operative action, great headway has been made in securing the reduction of him. However, the magistrate found forest losses through fires traceable him guilty on general principles. to railway causes.

and on Dominion lands in the west After finding the culprit guilty and have been dealt with in reports con- delivering a scathing diatribe on the taining the results of special studies evil of his calling, the justice orderconducted by Dr. C. D. Howe and J. ed the constable to clear the court. H. White. The Trent watershed in While the few stragglers from the Ontario has also received especial settlement, who had been in attendattention in a report of an investiga- nce, were moving out, the justice led tion by Dr. C. D. Howe in the town- the prisoner into his own private ships of Burleigh and Methuen. This room. Here, in most dignified tones, district is important in that, while of he offered the bootlegger his freeby forest fires and the little remain- guilty one was equally as clever as Director of Contracts of the Militia mite." Forestry Branch for protection from compared to what his liquor would razors are manufactured in Canada, people's alone. fires and for reforestation.

The Most Popular Book,

ours when we read in homely Cana- ada in closing their fiscal year an- half of his stock. Probably with an dian language "Fall In" and see re- nounce that in the twelve months eye toward future operations in the ferences to Queen's and Toronto, they have published in Canada some district and as an insurance for the Poets are philosophers, and our 100 new books. In the second year poet's philosophy is well shown in of the war, following a year of un- bootlegger agree to this, as even half many of the poems, while his out- usual depression, this is a most look on the glory of war is well creditable showing and says much for fine. Canada's reading public.

The Macmillans say that the sales of the various classes of books has been much below the average, which One could go on enumerating men who usually read are absorbed plies at hospitals in France.

Pollyanna Aid to Health. "Psychotherapeutic effects, benefi-

cial to both body and mind," are ascribed to Pollyanna of the Glad

invalid, and the education of the heart doesn good like medicine," and small daughter, and it is sincerely the day after one finds oneself tryhoped that the work will merit suf- ing to play the 'glad game' and finds eient reward for these purposes, out how the good things of life overwhich would be the wish of Sergt. balance the disagreeable and unplea- for remounts for the Canadian forces Brown." sant. Every one should appreciate since the beginning of the war has and patronize this clean drama, been \$162.53, according to a state-

FRONTIER LAW.

The Magistrate in the North-West Compromised With bootlegger. "Laws is laws, but common sense! s greater than all of them!"

A justice of the peace in Northwestern Canada, noted for eccentric and freakish decisions, thus delivered himself in answer to the technical quibbling raised by a practitioner in questioning one of the magistrate's unusual findings.

Yet, north of the fifty-fifth parallel of latitude in Alberta, Saskatchewan, es are growing in favor every day, collar of white, with or without and Mackenzie territory, this type of At first it was the war, knitting and hood attached. man is found frequently holding of- crocheting articles for the men at Another beautiful sweater was a Mounted Police, and for the purpose covered that nothing is warmer and cuffs of biscuit colored rabbit and more comfortable for automobil or gora. A knitted aviation hood, bisthe peace are appointed. Generally garments made with the crochet strap and neck band, was to go with some old timer of good reputation, nook or the knitting needles. This hood was knitand who has the confidence of the scattered population of his district, these crocheted and knitted gar- ished with a shaped shoulder cape is chosen. Seldom, if ever his the ments become that women of leisure with a pointed edge and picot. Such often in legal findings that are al- teur, because it is much the easier Automobile robes and foot warmmost unbelievable in their ludicrous features. Too, given position and place not only of embroidery, but of the heavier-wools. Though the afwhere the man on the bench tempered justice to suit his own personal a means of showing a girl's fondness have as many different stitches as interests, as will be seen in one of for the domestic side of life. the stories that follow.

With men in the northland, per-haps from the very monotony of existence, the eternal sameness favor. A bottle of "booze" is the one stitches suitable for sweater making, also one of the most effective afbest visiting card. And yet, to em- says the Indianapolis News, this year ghans suited for a beginner to make phasize the irony of man-made laws, there are said to be close to fifty. is crocheted in the pearl stitch.

The northland is thus the stamping ground of the boot-legger -- the the various kinds of wool and some den proposes to cut off all the export illicit seller of intoxicants. And be-of chemical pulp to Great Britain. tween these men and the mounted

On one occasion the King of all the northern boot-leggers, known "Baldy, Red," succeeded in running the gauntlet of the mounted police and arrived in a settlement at the upper end of Lesser Slave Lake with two ten-gallon kegs of whiskey, a hitherto unheard of amount to through with. At ten dollars a bottle, the average price in these districts, the shipment represented a small fortune, for out of this amount. by the addition of burned sugar and a goodly percentage of water, the and vicuna wool are the popular ma- characteristic of these mittens which twenty gallons would be swelled into at least sixty gallons.

Shortly after his arrival the bootlegger was arrested on a charge of illicitly selling liquor. There was really no direct evidence against Now the man on the bench was

The forests of British Columbia possessed of an all-consuming thirst. ship was not to be balked, and after | therefore been obliged to buy them | bone for the rest of his family. a lengthy parley the whiskey runner in the United States. Many razors of He is a wise man who can gather The Macmillan Company of Can- was given his freedom in return for American manufacture have blades dollar's from another's lessons. good will of the magistrate, did the the eache was worth more than his

In French Hospitals.

The misery inflicted on heroic men they attribute to the fact that the when there is a shortage in the supmany other attributes to this small in war news in their daily papers graphically told by Miss Elsie Macments of a national poet are seen, in business. The women readers of Secours National in Toronto recently.

Here French women who were not trained nurses worked voluntarily. re to see what Brown's outlook in Winston Churchill's "A Far Coun- but though untrained as we know the peace-time would be, but this is a try" easily led the list as a popular term, they were natural nurses and feeling that will never be gratified, book, while Mr. Oliver's "Ordeal By soon had their patients well. The wo-Battle," and Owen Wister's "The men at Dieppe gave every extra bed. dees, the courage, the nobility of the French women were highly spoken

That the light-hearted galety for which France as a nation has often been reproached, has stood her in good stead in these horrible times, was also shown by the speaker.

The enormous responsibility of caring for the refugees in France. was not fully realized in Canada; it providing for the wounded, and their own poor.

Here's Real Patriotism. Divisional orders record that Cordock, until recently caretaker of Galt Armories, has voluntarily given up his position to Pte. Charles Baines, a comrade, who was terribly wounded at Festubert by bursting

Price of Remounts

The average price paid in Canada which leaves no unpleasant recollec- ment given recently in reply to a question by Mr. Sinclair of Guysboro.

Knitting And Crocheting Are New Favored in Place of Embroidery

Automobile Robes, and Footwarmers, and Hoods to Match Sweaters, Some of the Articles Which Are Being Fashfoned With Hooks and Needles.

Crochet hooks and knitting needl-, in the soft delft blue with a belt an rought up, these local justices of aviation wear than the snugly fitted cuit color with rose pink forehead

So popular has the making of ted to fit the head snugly and finpointed one possessed of the least vie with paid workers in making hoods are admirably suited for auto-immerings of law; very often he is them. Crocheting, which will al-Hiterate to a degree. This results ways be more popular with the ama- exercise. and faster, has virtually taken the ers are crocheted or knit of any of

Scarfs And Shawls Larger.

Where only a few years ago there making automobile robes and couch things, John Barleycorn is in high were less than a half dozen crochet covers. One of the simplest and no liquor is allowed to be sold north Besides there is a combination of Striped in several shades of the same knitting and crochet sweater pat- color or even in contrasting colors terns. All of them are adopted to the effect may be very beautiful. to silk.

Crocheted scarfs and shawls are growing in size as they grow in pop- are easily made and much in deularity. If this tendency to en- | mand. These should be made to large continues much longer they match or blend with the automobile may easily be used in place of couch robe The same stitch may be used covers and automobile robes. In- and care should be taken when putdeed, about the only difference now | ting in the pocket for a warm brick between these scarfs and shawls and or soapstone. couch covers and automobile robes is Shoes and stockings to be drawn the thickness of the wool used in over the shoes are also among the making them, and sometimes the knitted automobile accessories which stitch. Even the same borders are are very comfortable at this season. For the first two, scarfs and So also are the knitted mittens, shawls. Germantown, Shetland floss | which are as a rule elbow length. A terials, unless one is fortunate at first strikes one as odd is that the enough to have bought rabbit an- hands are usually white with the gora before the supply imported arm of some bright or dark color. from France before the war was ex- On second thought the reason for hausted. This soft, fuzzy wool in this difference is evident, and a very delicate colors, is as desirable for good reason it is. The mitten part sweaters and shawls as for baby always wears out first. Being white

it can easily be matched and a new One of the most popular sweaters one knitted on. Unlike crocheting, just now is knitted in an English there is neither up nor down to knitvest stitch with garter stitch trim- ting. A new part may be knitted on mings. This sweater may be had either from the top or bottom.

GERMAN RAZOR BLADES.

Supplied By Militia Department To made and bought in Canada. Troops At Montreal. Ottawa, March 18 .- Regarding the

of German make. Brushes, combs and other articles in the kit bags are

colors. The apple seed, the melon,

the puried afghan, the ripple afghan,

the Goblin, the herringbone and the

double star stitch are all suited to

Foot Warmers Favored.

Crocheted and Enit foot warmers

Our idea of an innocent woman i "made in Germany" complaint about one who imagines men should never very little value as an agricultural dom on condition that the location of the contents of kit bags supplied to marry a buxom widow. He'll probarea, it is being repeatedly overrun the cache of booze be given. But the the 206th Battalion in Montreal, the ably be referred to as the "widow's

ing merchantable timber destroyed. the justice. At the worst his fine Department said that it was quite He is a wise man who devotes half It is suggested that the area be prac- could not be more than a hundred possible that some of the razor blad- his time to minding his own business ed under the control of the Dominion dollars, which sum was as nothing es had been made in Germany. No and the other half to letting other

bring. So very politely he refused, and they are not now obtainable A man should have plenty of back-But, having gone this far, his wor- from England. The department had bone for himself-and plenty of ham



FLOWERS UNDER AND OVER THE HATBRIM.

This double wreath arrangement of roses on a picture hat for for- stantial "melon" to the Reading mal afternoon wear, is novel and charming. The hat is a new low- Company. With but \$1,000,000 stock crowned shape made of white silk shirred on cords, the underbrim faced all owned by the Reading Company, with flesh pink satin. The roses are in faint shades of pink, a deeper its net assets as of June 30th were pink note being struck by the rose-colored parasol edged with finfly os- \$16,299,349, which is equal to 23





My Enemy My Corn It's Utterly Needless

This is to prove that every corn which stays and hurts is folly.

Lovers of dainty footwear are bound to start corns. But nobody needs to keep them.

At the first sign—oranytime—apply a Blue-jay plaster. That ends all pain. And it ends the corn. In two days it disappears. You know that paring never

You know that harsh applica-

Now you should know Bluejay. It has ended 70 million corns. To a world of men and women it has brought perpetual

We promise that to you.

Blue-jay **Ends Corns**

15 and 25 cents - at Druggists Also Blue-jay Bunion Plasters BAUER & BLACK, Chicago and New York Makers of Surgical Dressings, etc.

brellas, Suit Cases, Trunks repaired and re-fitted Saws filed, Knives and Scissors Sharpened Razors arms repaired promptly Locks repaired; Keys fitted All makes of Lawn Mower sharpened and repaired.

149 SYDENHAM STREET.

FOR INDIGESTION DAVIS LIVER PILLS Gentle but Effective 40 Pille, 250. Davis & Lawrence Co., Prope, Mos

Coal

The kind you are looking for is the kind we sell.

Scranton Coal

Is good Coal and we guarantee prompt delivery. BOOTH & CO.,

NEW METHOD Cleaning, Pressing and Repairing

Neatly done. We make a special-ty of Ladies' Work.

M. F. PATTON, Prop. 149 SYDENHAM ST. (Near Prinean St.) Phone 214.

Cooke's for Photos

159 Wellington St. Opp. Golden Lion Grocery

A Reading Melon?

New York, March 17.-The sale by the Reading Iron Company of its \$3,925,500 Bennsylvania Steel preferred and \$3,166,700 common for \$4,780,509 Bethlehem Steel Company bonds, make this little Reading subsidiary a likely source for a subper cent, on the Reading Company's \$70,000,000 common stock.

Munition Credit Likely \$75,000,000 Toronto, March 17 .- The plan for financing one hundred millions or more of new war orders in Canada y means of a credit extended to the Munifous Board by the banks has made such progress that its success dit will probably be seventy-five millions, and it may be more. A little later on a new credit may be arrang-

It costs a lot of money to educate girls, and after they graduate very lew of them are able to support a