SEAL BRAND COFFEE

Canada's Best

In ½, 1 and 2 pound cans. Whole—ground—pulverized—also Fine Ground for Percolators.

CHASE & SANBORN, MONTREAL.

161

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

RECIPE TO DARKEN GRAY HAIR

This Home Made Mixture Darkens Gray Hair and Removes Dandruff.

To a half pint of water add:
Bay Rum ..... 1 oz.
Orlex Compound ..... a small box
Glycerine ..... ¼ oz.

These are all simple ingredients that you can buy from any druggist at very little cost, and mix them yourself. Apply to the scalp once a day for two weeks, then once every other week until all the mixture is used.

A half pint should be enough to darken the gray hair, rid the head of dandruff and kill the dandruff germs. It stops the hair from falling out, and relieves itching and scalp diseases. It promotes the growth of the hair and makes harsh hair soft and glossy.

CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How To Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh will be gone.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh—Relief comes so quickly.

From five to ten Canadian aviators will be enlisted per month for the Royal Flyin Corps.

FROM THE COUNTRYSIDE

Frontenac

GLENDOWER

March 14.—The roads are in bad condition for the mail man to make his trips. It snows every other day and the snow is very deep. It is hard to keep the roads open. Some have quit work on account of the big storms. Richardson Wilson is drawing slabs to the feldspar mines. The men have finished drawing rock at the mines. John Babcock is somewhat better. There has been quite a lot of sickness in the neighborhood. Some having the measles. H. Timmerman is visiting his uncle, Henry Purvis at Hartington.

DEAD CREEK.

March 14.—Roads are in a bad condition, owing to so much snow. Mr. Bobcock has returned from visiting his father who was ill, but is recovering. Mrs. Frank Peterson is some better of her sickness. The party at P. Gaylord's was fairly well attended on Tuesday evening. Reuben Smith has returned home some better. Mack Peterson, of the 146th Battalion, was at his father's, S. Peterson's, over Sunday. Milo Veley. William Gaylord and Sanford Gaylord of the 146th Battalion, at their homes here over Sunday.

OSO STATION.

March 13.—The roads are in a very poor condition owing to so much snow. The party held at John Crawford's on Monday evening last was well attended, and all enjoyed a pleasant time. The many friends of Joseph Warren are pleased to hear he is recovering from a severe attack of bronchitis. Mr. and Mrs. John A. Bourk and family, also Hayes Bourk and Oscar Chambers left on Wednesday last for their homes in Spring Water, Sask. Miss Edna Warren spent the week with Miss Hettie Bourk. Mrs. David Cox left here to-day to visit friends at Mountain Grove. Pte. Robert Patterson of the 146th Battalion, is home on the sick list.

GLENVALE.

March 13.—While John Hamilton was cutting corn with an ensilage cutter, his hand became caught in the knife, cutting it severely. He was taken to the hospital and had his hand dressed and is now progressing favorably. Mr. and Mrs. William Clark, Jr., have moved to Glenburnie. Mr. Truscott, I. P. S., visited the school on Monday last. William Pillar is at home after visiting in the city during the past week. H. McCracken has moved to his farm which he recently purchased from H. Emmons. Byron Gordon has returned home after spending a few days in Toronto; Mrs. Edwin Clark visited friends in Kingston for a few days last week.

HARTINGTON.

March 14.—A successful recruiting meeting was held in the Methodist Church last Thursday night, under the auspices of the 146th Battalion. Ross Trousdale is confined to his home with measles. Mr. and Mrs. Grant, Bellrock, at Lewis Boyce's; Mr. and Mrs. Elstad, Sydenham, at Elijah Segsworth's; Mr. Lake's sister of Niagara is visiting at his home. John Dowker has returned from Toronto where he was visiting his sister. Mrs. Brown and Mrs. Thomas Leonard have returned home from Newburgh. Miss Babcock is visiting her sister, Mrs. Archie Goslin. Daniel Freeman has returned home from Oxford Mills. Harry Compsall is in the city. Pte. Clayton Moore, Belleville, was home for the week-end.

BELL ROCK.

March 14.—Business at a standstill here last week on account of the bad roads which were completely blocked in some places. The rural mail could not get through for two days. The recruiting meeting at Verona on the 7th inst., was very successful. Several of the young men of Bell Rock and vicinity enlisted. W. G. Tuggy, Montreal, and Miss Margaret Brooks, of this place, were married on Wednesday, March 1st. The ceremony was performed by Rev. Father McDonald, Carmanville. Mr. and Mrs. Tuggy returned home on Saturday from a trip to Montreal and other points in the East. Rev. Mr. Kennedy, Toronto, held a very successful meeting on Sunday in the interest of the Dominion Temperance Alliance.

ARDEN.

March 13.—The tea held by the "Tommy's Friend" Club at the Pringle House on Saturday afternoon was a decided success. Miss Mary Cox, convalescent at home for the past two months, returned to Tamworth last week where she is attending school. Measles are prevalent in this neighborhood. Miss Genevieve Detlor is home from the General Hospital, Kingston, where she successfully underwent a severe operation for appendicitis. Mrs. James Williams is home again after spending the winter with her daughter, Mrs. Hall, at Bellview. Miss Dell Pringle is home from Toronto. An immense amount of jam has been collected by the "Tommy's Friend Club" for the overseas soldier's Sergt. Detlor, 146th Kingston, spent the week-end here. Owing to the heavy snow storms, Rev. Mr. Lansbury was unable to hold service in St. Paul's on Sunday morning. A patriotic concert will be held in the village hall in the near future.

Leeds

FRANKVILLE.

March 13.—On March 11th, born to Mr. and Mrs. Frederick Price, a son. Lloyd Davidson and George Leverette have enlisted with the 156th Battalion, Brockville. W. G. Richard has bought the goods from M. M. Hanton, and takes possession this week. Mrs. Russell Hanton has gone to Belleville on a visit to her brother.

MORTON.

March 13.—F. S. Harrison, Smith's Falls, was in the village a couple of days last week in the interests of his store here. A number from here attended the funeral of the late Miss L. J. Chapman, Long Point, on Thursday last at St. John's Church, Leeds. M. J. Kenny, Gananoque, was in the village calling on friends last week. Owing to the recent storms the roads are in a very bad condition. number from here attended the funeral of the late John Thomas, which took place at Seeley's Bay on Wednesday last. George Roantree held his annual milk meeting on Saturday evening. It was largely attended. Miss Amy Coon is confined to her home with grippe. W. Tate, Lyndhurst, spent Sunday at J. Stewart's. His aunt, Mrs. Stewart, accompanied him home.

POOLE'S RESORT.

March 14.—Farmers are improving their time while the sleighing is good, and are busy hauling logs to the mill. Mrs. Comstock, who recently had an attack of pneumonia, is in a critical condition owing to a relapse. Miss B. G. Leverette, Rockport, was a week-end guest of Mrs. Charles Williams. Miss Edna Wilcox is confined to her bed through illness. Miss H. A. Lear was hastily summoned on Friday from her school duties at Courtice to the bedside of her grandmother, Mrs. S. A. Lear, who has bronchial pneumonia. Mrs. Lear is attended by Mrs. Price, nurse, from Lyndhurst. Mrs. Lutheria Andress is attending Mrs. Clarke Vanstone, who is quite ill. Arthur Davis is home from Kingston, where he has been writing engineering examinations. Miss Grace Burtch, Rockport, is spending some time with her sister, Mrs. Charles Williams.

CAINTOWN.

March 14.—Pte. William V. Stride and Miss Laura Mallory, Mallorytown, were visiting Mr. and Mrs. E. J. Kahnt on Sunday last. Rev. Dr. Cooper, Lansdowne, conducted the anniversary services in the Methodist Church her on Sunday, 12th. Mr. and Mrs. W. A. Graham spent a few days visiting friends in Lyndhurst. H. W. Powell, Brockville, is spending a few days at his old home here. Mrs. George S. Duncan, who has been very ill, is improving nicely under the care of Dr. A. H. Judson, Mallorytown. Pte. Aleck Yerdon, Lyndhurst, was caling on friends here last week. Mr. and Mrs. William Eaton, Lyn, spent a few days among relatives in Caintown. Mr. and Mrs. B. B. Graham and Miss Velma Graham spent one day last week in Athens. Mr. and Mrs. James Eligh have gone to Chicago for a few weeks.

SAND BAY.

March 14.—The recent storms have put the roads in a very bad condition. A baby girl has come to stay at the home of Vince Golt Mrs. B. Garvin, who was taken to the Hotel Dieu, Kingston, is getting along nicely. Born, to Mr. and Mrs. B. Garvin, a daughter. Miss Ellen O Connor, Long Point, is visiting her sister, Mrs. J. McDonald. Mrs. Hamilton Elgin at B. Garvin's. Miss Mabel Maxwell, Seeley's Bay, has returned home after visiting at William McDonald's. Mrs. E. Vandyburg, Outlet, is nursing at V. Goff's. Thomas E. Maxwell and sister Edith and Henry Dean Seeley's Bay, at William McDonald's. John Stennett has rented R. Herbison's farm. Archibald Johnston and Miss Hazel I. Haskin were quietly married in the Methodist Church, Dulcemaine, on Thursday last.

PHILLIPSVILLE.

March 13.—The marriage was quietly solemnized on Tuesday morning March 7th, in St. Edward's Church, Westport, by Rev. Father O'Rourke, of Birdie, daughter of the late John and Mrs. Mulville to I. J., son of Mr. and Mrs. T. Garvin, Toledo. The bride wore a tailored suit of dark grey with black hat. She was assisted by her cousin, Kathleen Golden, while R. P. Donaghue, cousin of the groom, acted as best man. After the ceremony the bridal party sat down to a sumptuous dinner. The groom's gift to the bride was a gold lavallier set with cameo and pearls; to the bridesmaid a turquoise rosary with gold case, and the groomsman gold cuff links. The bride received many costly and useful presents showing the high esteem in which she is held. The newlyweds will take up residence at Toledo where the groom is a prosperous young farmer.

ELGIN.

March 13.—Dr. and Mrs. D. A. Coon, Kingston, were guests of relatives. J. McGuire, I. P. S., made his official visits recently. Frank Halliday received a gash in the face from a falling limb while working in the woods. Misses Mc Guiggan and C. Fahey were guests of friends at Westport. Mr. and Mrs. G. W. Earl spent a few days at Athens. Pte. (Rev.) W. S. McAlpine, Delta, called on Misses DeLong last week. Miss Blanche Halliday has returned from Kingston Hospital. Mr. Rogers, of Brockville Business College, occupied the pulpit of the Methodist Church in behalf of the Lord's Day Alliance. Miss Laura Brown has returned from Westport. Miss Ripley, Westport, is the guest of Miss Brown. F. Allyn and family of Edmonton were guests in the village. Victor Sertin, Deloraine, Man., is renewing acquaintances. Miss Jean Dargavel has returned from Kingston. The ladies of the Anglican congregation served a supper on the 7th inst. J. Morris and H. DeLong were recent guests at Newboro. The heavy snow of Friday last left the roads impassable for the rural mail men.

MAPLE GROVE

March 14.—The roads are once more getting in good travelling condition after the recent snow storms. The men are busy drawing wood and logs to Sydenham. Mrs. W. R. Wilson's many friends are pleased to see her in their midst once more after an acute attack of la grippe. Mrs. M. Kemp spent a few days with her daughter at Rosedale. Miss Winnifred Thompson has returned after spending the week-end with her parents at Mountain Grove. Miss May Wilson, Desert Lake, was a recent guest of Miss Flossie Kemp. A baby boy has come to stay with Mr. and Mrs. H. VanLuven. Miss Edithe Whalley who has been spending some time with her parents here has returned to Kingston. A. Whaley had the misfortune to lose a valuable cow on Monday. A new teacher's desk has been installed in the school room and improves the appearance of the room very much. Mrs. Kemp sold a valuable team of colts to G. Babcock, Hartington. Visitors: Mrs. M. Lee called on Mrs. W. R. Wilson on Wednesday; Miss Winnifred Thompson spent Sunday with Miss Flossie Kemp; Mr. and Mrs. Mostyn Lee and family spent Saturday with friends in Sydenham.

Lennox & Addington

COLEBROOK.

March 14.—Mrs. T. A. Keyes is in Kingston with her mother and sister, who are ill. Wesley Lambert is quite ill of measles and rheumatism. Ray Goudy also has the measles. Miss Comery, daughter of David Comery, has been taken to Kingston General Hospital, suffering with spinal meningitis. Miss Mary Warner has returned from visiting friends in Ottawa. Mr. and Mrs. Harold Anderson and daughter, Napanee, and Mr. Holmes, Ottawa, spent the week-end with A. C. Warner and family. The Ladies' Aid were given a social evening at Mrs. George Curl's recently. Miss Emma Benn and brother Arnold have returned after visiting friends at Long Lake. Mrs. Ira Salisbury has returned from Camden East, where she visited Mrs. Alcombrack for a couple of days. Charles Benn remains about the same. Miss Lena Wagar has returned from Toronto, where she has been attending the spring millinery openings. Hiram Wagar is very ill of grippe. His family have been called home.

YARKER.

March 14.—The ladies of the Red Cross have changed one meeting in the month to be held in the evening so as to give the gentlemen of the village a chance to come and see how the society is progressing and partake of the luncheon. The roads are unpassable in many places after the recent snow storm, and the trains on the C.N.R. are running behind time. Six children and their mother of this place are in the Kingston hospital with typhoid fever. Miss Bonner is undergoing treatment for appendicitis in the General Hospital in Kingston. Myres Warner of Kingston spent the week-end with his family here. Mr. Baldwin, Little Creek, was in the village recently. Mrs. Vanluven, Napanee, and Mrs. Stirks visited at the home of Mr. Joyner for a few days. Mrs. A. Smith, Toronto, spent a few days under the parental roof. Bishop Bidwell of Kingston, conducted the service in the Anglican church last Sunday. Lieut. Babcock of Tamworth spent a few days with his parents here. Archibald Snider has joined the 146th and left for Tamworth last Saturday. Mrs. A. Babcock visited with friends in Kingston for a few days. The foundry is running again after being closed down for a few weeks. Mr. Bell is in charge. W. Burton and Pte. Armstrong of Harrowsmith were in the village Monday last on business. Miss Florence Convery, daughter of D. Convery, was removed to Kingston Hospital.

BAY VIEW.

March 13.—The roads are getting passable after our recent heavy snow storms. Mr. and Mrs. Thomas Miller have returned home after spending a few days in Napanee. Roy McDonough, of the 146th is at home for a few days. Mr. and Mrs. Wesley Smith, Kingston, spent a few days' with their father, Tunis Smith, who is very sick. A goodly number of neighbors surprised Mr. and Mrs. Gaitskill, on Wednesday evening. The Women's Institute meeting was held at Mrs. Charles Collins on Wednesday but owing to the roads not many were present. A number of young folks enjoyed the party given at Mr. and Mrs. Frederick Compton's on Monday night. Miss Grace Shields has returned home after spending some time with her sister in Enterprise. Mrs. Edward and Roy Miller attended the sale last week and purchased some thoroughbred stock. Mr. Galloway has his mill well supplied with logs for sawing. Sorry to hear Mr. Finley is not im-

ODESSA.

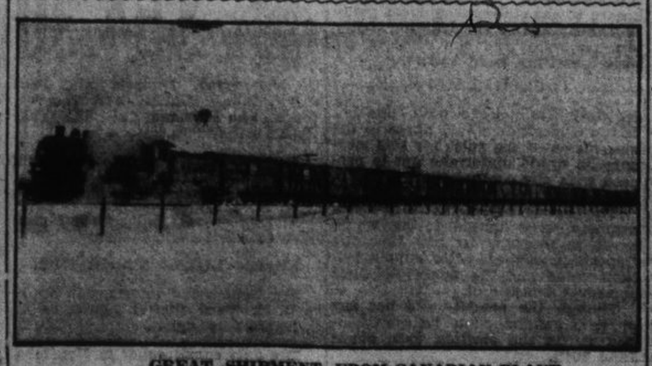
March 14.—Since the storm on Sunday there is a great depth of snow in this vicinity. Miss Vida Smythe, Cataraqui, is visiting her aunt, Mrs. W. C. Snider, for a few days. Asel Buch, Bath, has returned to his home after spending the past week with his daughter, Mrs. J. H. Babcock. Mrs. G. W. Lucas is visiting her sister, Mrs. F. Scott, Montreal. Another one of our school boys in the person of Cecil Bell has enlisted in the 146th. Rev. Mr. Cragg, Grace Methodist Church, Napanee, preached an educational sermon at Odessa Sunday morning. Miss Flossie Clyde, Kingston, spent the week-end at her home here. Mr. and Mrs. J. H. Lindsay and son, Prince Albert, Sask., is visiting her parents, Mr. and Mrs. Hervey Denyes. The "enlist" epidemic has struck the small boys in Odessa. Miss Marie Emberley, Bicknell's Corners, is spending a few days with her sister, Mrs. Courtland Snider. Mrs. Harry Foster, Toronto, is visiting her parents, Mr. and Mrs. John Morrison. A. E. Timmerman spent the past week with his sister, Mrs. Byron Derbyshire, Kingston. W. T. Hodge has returned to his home here after "showing" in the western part of the province for the past month. George Sutton, Moscow, is visiting at Harvey Denyes'.

ERINSVILLE.

March 14.—The recent storms have left some of the roads in a bad condition. Patrick Burns met with a painful accident while felling a tree. He accidentally fell, sustaining serious injuries to his ankle. Dr. O'Connor was called, and had him removed to the Hotel Dieu, Kingston, for treatment. Miss Frances Killoran was a week-end guest of the Commercial House. The funeral of the late John Barragar was held at the Roman Catholic Church here on Saturday. A large cortege followed the remains to the vault. Deceased leaves two sisters, Mrs. Anthony Murphy, Croyden, and Miss Hanna, at home; one brother, William, and his father, William Barragar. John Flynn left on Monday for Edmonton, Alta. Mrs. John McCornack is seriously ill of pneumonia. The Sisters are in attendance. Mrs. Edward and Patrick Mohan, also Charles Mooney, have been summoned to their sister's bedside. Vincent Byrnes has returned to Kerrrobert, after spending the last few months visiting his parents, Mr. and Mrs. Michael Byrnes. Mrs. E. J. McGrath and children are visiting her sister, Mrs. Fisher, Carleton Place. James McAvoy, Tweed, was in town on Monday. Miss Cassie Whelan has spent the past week visiting friends in Enterprise. Mr. and Mrs. Armstrong intend leaving for their new home in Rainy river on Saturday. Arthur Mathews, who has been in the General Hospital, Kingston, undergoing treatment, was brought home on Saturday. Miss Daisy Mathews, who has been teaching at Rye, came home last week. Miss Margaret Lynch, Belleville, is visiting friends in this vicinity. Miss Mary E. Quinn has been employed as saleslady at A. B. Carscallen's, Tamworth.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Cure is taken internally and acts thru the blood on the mucous surfaces of the system. Hall's Catarrh Cure was prescribed by one of the best physicians in this country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarrh Cure is what produces such wonderful results in catarrhal conditions. Send for testimonials, free.
F. J. CHENEY & CO., Props., Toledo, O.
All Druggists, 75c.
Hall's Family Pills for constipation.



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A special Grand Trunk train carrying one of the largest single shipments ever made by a Canadian motor car plant. This train is carrying two hundred consigned to Winnipeg and points on the Grand Trunk Pacific Railway in the west, and is moving via North Bay and Cochrane and over the Transcontinental line.

Dr. J. Collis Browne's Chlorodyne

THE ORIGINAL AND ONLY GENUINE.

The Most Valuable Medicine ever discovered.
The best known Remedy for
COUGHS, COLDS, ASTHMA, BRONCHITIS.
Acts like a charm in
DIARRHŒA, DYSENTERY & CHOLERA.
Effectually cuts short all attacks of SPASMS. Checks and arrests those too often fatal diseases—FEVER, CROUP and AGUE.
The only palliative in NEURALGIA, GOUT, RHEUMATISM.

Chlorodyne is a liquid taken in drops, graduated according to the malady. It invariably relieves pain of whatever kind; creates a calm refreshing sleep; allays irritation of the nervous system when all other remedies fail; leaves no bad effects; and can be taken when no other medicine can be tolerated.

INSIST ON HAVING Dr. COLLIS BROWNE'S CHLORODYNE.

The immense success of this Remedy has given rise to many imitations.

B.—Every bottle of Genuin Chlorodyne bears on the stamp the name of the inventor, Dr. J. Collis Browne.

CONVINCING MEDICAL TESTIMONY WITH EACH BOTTLE.

Sold by all Chemists
Prices in England: 1/1½. 2/9. 4/6
Sole Manufacturers: J. T. DAVENPORT Ltd., LONDON, S.E.

Wholesale Agents, Lyman Bros. Co., Limited, Toronto.

Prince Edward

PICTON.

March 13.— The roads are very bad and the path-master is kept busy. Mr. and Mrs. Walton M. Fox and little son Albert, left on Saturday for their home in the west, stopping over a few days to visit Mr. and Mrs. Claude Wannamaker. The mail man has missed several trips on this end of the route. Mr. and Mrs. Edwin McCaw spent one day last week at the home of Walter Colliver, Walton Fox and wife spent an evening at W. Colliver's.

BLOOMFIELD.

March 14.—Mrs. Grant Thompson entertained company on Tuesday evening. Mrs. John Elerle, Eric, Pa., who came to Picton last week to visit her father, Robert Kelly, spent a few days with her sister, Mrs. Adam H. Saylor. John Jackson and Everett Hicks have purchased the bakery business from Mr. Cooper. James Eaton, Consecon, spent over Sunday with his brother, John Eaton; A number from here were at Toronto last week attending the temperance parade but fortunately none were injured during the riot. A few on their return had to remain in Trenton over night owing to the train from there being cancelled on account of snow. Among those who went to Toronto were Clayton Burr, Alonzo Weeks, Everett Wood, Mrs. J. M. Branscombe, Homer White, and wife, Webster Talcott and wife, Stanley Gibson and wife, and Miss Rowena Saylor. There died at his home West Lake on Sunday Bela Johnson a highly respected resident and belonging to one of the pioneer families of the county. In later years Mr. Johnson resided on his farm but in earlier times was a traveller covering the whole Dominion. He is survived by his wife and a sister, Mrs. Henry McDonald, and a brother, Caron Johnson. The funeral was held on Tuesday, and interment took place in the Disciple cemetery.

Lanark

CALDWELL'S MILLS.

March 14.—Mr. Wilson, Queen's, Kingston, conducted divine services Sunday last. Miss Margaret North and Pearl Ferguson, Fallbrooke, are visiting friends here. Misses Ethel Easton, Idella McLaren, and Lena Gray spent Saturday at Lavant Station. Privates Lloyd Stewart, Wesley Campbell and Albert Wright, of 146th Battalion, Sharbot Lake, spent the week-end at their homes here. Mrs. W. J. Crawford returned home after spending sometime with friends at Fallbrooke. W. J. Crawford, Renfrew, spent a couple of days last week, in the village.

CEDAR VIEW.

March 13.—Owing to the bad snowstorms of late, the men have been kept busy ploughing roads and shovelling, so that log-hauling has been retarded somewhat. Friday being so stormy, the mail carrier did not make his rounds. Miss Sadie Greer is on the sick list, also Mrs. P. Corley. Miss Minnie Corley, Perth, is spending a few days with her parents. Pte. Elmer Boles is looking up recruits in Maberly and vicinity. Killeen Corley drives a splendid matched team of grey colts, he having purchased one to match his own. Visitors: Pte. E. Boles, the Misses Morrow, Mrs. W. Moss, Mrs. S. Ferguson, Mr. and Mrs. D. Buchanan at Howard Morrow's; Miss Agnes Laidley at W. C. Greer's; Mrs. R. J. Hughes, "Hillside," at S. Ferguson's; Killeen Corley spent Saturday evening at Maberly. Born to Mr. and Mrs. H. Morrow on March 8th, a son. Mr. and Mrs. Howard McConnell spent Sunday at her father's, Elijah Pratt's. William Watters, Carleton Place, Commissioner, was in this locality Wednesday, measuring stone taken out for the good roads system.

Bulk Oysters

Dominion Fish Co.

PHONE 820.

Montgomery Dye Works

For the Best in French Dry Cleaning, Dyeing and Pressing.

J. B. HARRIS, Prop., 225 Princess St.

SOWARDS Keeps Coal and Coal Keeps SOWARDS.

SANTAL CAPSULES MIDY

CATARRH OF THE BLADDER Relieved in 24 Hours

Each Capsule bears the name MIDY

Beware of counterfeits

PILES

Are you a sufferer? Know that terrible aching, dragging-down pain, that robs you of pleasure, even of rest, and makes life miserable? Don't you believe in the law of average? If a remedy has cured hundreds of people, don't you think it likely it might at least cure you?

Just give Zam-Buk a fair trial!

Mr. J. McEwen, of Dundas, suffered from piles for fifteen years. He says: "I tried pretty nearly everything, but got no permanent relief until I tried Zam-Buk. This balm relieved the pain; continued use completely and permanently cured me."

The rich herbal essences of which Zam-Buk is composed, quickly remove congestion, relieve the dull, gnawing, burning pain, and cure.

All druggists and stores, or post-paid from Zam-Buk Co., Toronto, for price, 50c. box, 3 boxes $1.25.

ZAM-BUK

COMEDY SCENE IN "THE WHITE FEATHER"
Which returns to the Grand on Saturday, March 18th.