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**NEED OF EDUCATING**

THE WOMEN TO THE EMPIRE NEEDS FOR MEN

Mrs. Willoughby Cummings, Toronto, Addressed Gathering Of Women In Grand Opera House On Sunday Afternoon.

Mrs. Willoughby Cummings, Toronto, secretary of the Dominion National Council of Women, and President of the Red Cross Society, spoke in the Grand Opera House on Sunday afternoon to a large audience of women, and gave details of the work that Canadian women were doing to help the cause of the Empire in this great struggle. All of the different societies of the Second Military Division with headquarters in Toronto have been brought together and are now working in unity on a systematic basis.

In opening her address Mrs. Cummings said that the part that the women of Canada were playing in this war was not properly recognized. They had started to raise \$100,000 at the request of the Imperial authorities and had at the close of the campaign collected \$283,000. Of this amount, \$1,771 had been secured in Kingston. The next demand was for soldiers comforts and following this were demands from the Red Cross Society.

The women are now called on to assist in recruiting. Mrs. Cummings advocated very strongly a better system of educating the women to the needs of the country and Empire for more men. She has heard that women are holding the men back. This is caused by the fact that the women do not realize the seriousness of the situation. It is doubtful if Canadians as a whole understand what is needed.

It is time now to begin to prepare to meet these needs. One fault of the Allies had been that none were prepared properly for what is taking place. The women have now to prepare for their part. Scarcely half of the 500,000 men asked for by the Prime Minister had yet been secured. If the industrial and commercial balance is not to be disturbed, women must learn to take the places of men in Canada. Vacant positions must be filled first if possible by soldiers who have been at the front, secondly by ineligible men and thirdly by women. The soldiers who have returned so far have for the most part been incapable of doing much work owing to the war's effects on their nerves. For this reason the part that women can play is very large. In Toronto a register of men who can not go to the front but who could relieve others to go is being taken. Already over 100 retired bankers, farmers etc., have signed up showing their willingness to take some position until the close of the war if it will relieve some men eligible for overseas service.

If the women in Great Britain and France can make the sacrifice, the women of Canada can do it. A friend of Mrs. Cummings lately told her that in a certain jewelry store in Toronto there were seventeen able bodied men selling jewelry. Women could do this and would probably be able to do it even better. In another store there are five men selling out ice cream. With their experience at church bazaars women could do this. Mrs. R. Carr-Harris, president at the meeting, Mrs. H. T. J. Coleman sang solos and the band of the 146th Battalion gave selections. Mrs. Carr-Harris and Mrs. C. A. Low also spoke.

**Mass Meeting at Night.**

Mrs. Cumming addressed a mass meeting in Sydenham Street Methodist Church on Sunday evening directly after the evening service. She explained the necessity for more men to fill up the units which are being recruited and will be recruited before the war is over. During her address she stated that she believed that the women of Canada were not familiar with the conditions which exist. She believed that if they were shown the great need of enlistment the five hundred thousand men would be raised without a deal of work.

Speaking about the German element in the United States, she stated that high officials had informed her that the Germans could come over to Canada if they saw fit, and that the United States would not be able to hold them back. Germany had planned to humiliate England by taking Canada, and had even gone so far as to name a viceroy-general, he remarked Mrs. Cummings. She believed that women could fill the places of men in many places of business.

Lieut.-Col. Charles Low, commanding officer of the 146th Regiment, was present with a large number of officers, and spoke a few words. He showed the necessity for four hun-

**THE VALUE OF TRUTH**

Truth in business is just as important as truth in every-day life; truth creates confidence, establishes good-will and builds a reliability that will not be wrecked by the storms of competition.

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Scott & Borne, Toronto, Ont. 15-25

dred men to bring his battalion up to strength. He took occasion to remark that he did not have the support of the citizens of Kingston in his endeavors to raise the men for his battalion. During the months that the battalion had been in the course of formation he had not been waited upon by any body of citizens offering to aid him in recruiting. The male quartette, composed of Harold Angrove, Harvey Angrove, William Mack and Noble Armstrong sang.

**ONE SERIOUS DANGER**

IS IN TRYING TO DO TOO MANY THINGS.

Winning Of Souls Should Not Be Forgotten Says Prof. John Dall, In His Sermon At Convocation Hall On Sunday Afternoon.

The danger of losing the greatest thing in life, that of winning souls for Christ, in spending time on small insignificant things in life, was pointed out by Prof. John Dall, in his sermon at Convocation Hall, on Sunday afternoon. He spoke from the text, 1 Kings, xx, 40: "And as thy servant was busy here and there, he was gone."

One great danger of the church was in endeavoring to do too many things and not doing any of them well. The speaker said: "By all means let us have fine church, with their beautiful services. Let us multiply our societies and organizations. Let us gather money and spend it. But let all these activities be subordinate so that the one great vision—that of saving souls, is not gone."

It was true that the more active a man was the more entangled he became in different things.

A man becomes identified with this thing and that thing, with the result that in his trying to do so many things, he could not do one thing decently. The main thing in life was to get the spirit that brings one in touch with God. Sometimes in the activities and cares of life and the pursuit of business and pleasure the main thing was neglected. In trying to gain the world one would lose his own soul.

"We should by all means live good lives, help our fellowmen, worship God reverently, but we must not lose sight of the simple truth, that God is the Saviour, if we do, we lose the chief point of our religion."

The speaker emphasized the danger of spending so much time on little things of a trivial character. The danger of the individual was also the danger of the church. The result was that the individual as well as the church, was weak instead of strong. There should be a greater unity of spirit.

A great many had the idea that a university was for the building up of character. There were two things a person would get at a university, he would never be able to get any other place. These were the great opportunity for study, and communion with men of different minds. But the danger of mixing up into too many things should be guarded against. One must not think that the "busy body" was a busy man. They were two different persons.

The service was very poorly attended. For some time past the University service has been held at 11 a.m., but on Sunday it was changed till 3 p.m. This may have been responsible for the slim attendance. Principal Gordon was present, and the choir composed of students ably assisted in the musical part of the programme.

**Dominion Alliance Work.**

Rev. John Bailey, Toronto, spoke in Chalmers and Cooke's churches

**Spent Countless Nights Unable to Rest or Sleep**

Was Run Down and in Terribly Nervous Condition — By Using Dr. Chase's Nerve Food Gained Regularly.

In this letter is told once more the story which comes from many thousands of women. It is the story of exhausted nerves, of a run-down system and of all the accompanying misery of sleeplessness, headaches and loss of energy and vigor.

But there is a silver lining to this cloud. There is the light of new hope and courage which comes with the use of Dr. Chase's Nerve Food.

This letter is so representative of the kind we are daily receiving that you can judge from it what you might expect from this treatment under similar circumstances.

Mrs. Conrad Schmidt, R. R. No. 1, Milverton, Ont., writes: "Two years ago last spring I was run down, had nervous prostration, and was in a terribly nervous condition. I could not sleep or eat. Could scarcely count the nights that I passed without sleep, and if I did eat, had sick headaches and vomiting spells. My limbs would swell so badly that it hurt me to walk. I would jump up

in bed, awakened by bad dreams; in fact, I was so bad I thought I could not live, and started to use Dr. Chase's Nerve Food without much hope.

"It was not long before I began to improve under this treatment, and I can truthfully say it has done me a world of good. It took some time to get the nervous system restored, but I kept right on using the Nerve Food regularly, and gradually gained in health and strength. I have a fine baby boy now. He weighed 12 lbs. at birth, and though my friends were anxious after the condition I was in, I got over that line, and now weigh 120 lbs. Before using the Nerve Food I was a mere skeleton."

You are not asked to expect miracles from Dr. Chase's Nerve Food. But if you are willing to feed back your exhausted nerves to health and strength you can depend absolutely on this great food cure to produce the desired results. 50c a box, 6 for \$2.50. All dealers, or Edmanson, Bates & Co., Ltd., Toronto.

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500 lbs. Young Pork
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