

Told In Twilight -- In the Realm of Woman



How "Fruit-a-tives" Relieved

TOBONTO, ONT., Oct. 1st, 1913. "I have lived in this city for more than 12 years and am well known. suffered from Rheumatism, especially Taylor, Mrs. E. L. Fortt, Mrs. Ernest Capt. and Mrs. Douglas Anglin they go." But lest you, gentle reader, in my hands. I spent a lot of money without any good results. I have taken "Fruit-a-tives" for 18 months now and am pleased to tell you that I am well. All the enlargement has not left my hands, and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in eighteen months."

R. A. WAUGH. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or direct from Fruit-a-tives Limited, Ottawa.

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This gives the underlying ski a chance to breathe and to show itself skin is wholly in evidence and you have a really matchless complexio Naturally all its derects disappear with the discarded cuticle-as chap colleed wax, procurable at any drug

in witch hazel, 1/2 pt. Just one appli-cation will affect even the deepest



To Lydia E. Pinkham Medi-

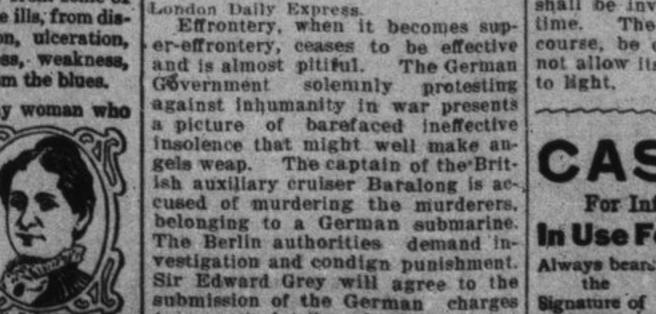
Medicine Co. are continually publishing, genuine?" "Are they truthful?" "Why do women write such letters?"

Never, knowingly, have we published

The reason that thousands of women from all parts of the country write such | ed toast. grateful; letters to the Lydia E. Pinkham Medicine Co. is that Lydia E. Pink-

It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues.

has never suffered stored to health: their keen desire to who are suffering as





(Continued from Page 3.) The Skating Club met as usual on Ginnis. Monday evening when those present Mrs. George Graham and Master were Mr. and Mrs. A. W. Browne. Graham, Frankford, are visiting Maand Mrs. D. Anglin, Mr. and Mrs. C. ham street. bel Richardson, Eva Richardson, gaard. Wilhelmina Gordon, Mamie Anglin, Mamie Garrett, Marion Leslie, Phyllis Knight, Hilda Hague, Bessie Farrell, Lassie Kirkpatrick, Marjoria Brownfield, Madeline Hanson (Montreal), Professors Mauley Baker, Millett, Adams, Clifton, Capt. Ringwood and Messrs, P. C. Lyman, E. C. Gildersleeve, Haycock, Chrysler, King street, returned to her home in row may hold.

The Reading Club will meet morrow at Mrs. R. O. Sweezy's.

E. Rogers and Robert Richardson.

Mrs. P. G. C. Campbell was hosless at the Bridge Club on Tuesday

Miss Daisy Merrifield, Port Hope, left on Monday after spending the week-end with Mrs. T. G. Smith, Gore street.

Miss Edith Stark, Gananoque, is visiting Mrs. J. G. Elliott, Barrie Nursing Sister Mae McKenna re-

turned to Toronto Sunday, having spent the week-end with her parents, Mr. and Mrs. James McKenna, Bagot

will receive in March as usual. Miss Lilias Somerville, in town to see her brother, who is at the Elm-

to Peterboro on Monday.

Mr. and Mrs. Harold Lewis, Capt. for and Mrs. James Hamilton, Syden-Cunningham, Misses Bessie Sander- have taken Lieut.-Col. and Mrs. Her-

ito visit her sister, Mrs. T. G.

son, Florrie Stewart, Mildred Jones, bert Dawson's house on King street. new we frankly borrow the phrase and Nan Paterson, Lilian Kent Margot | Miss Gwenneth Merrick will go to pass it along. Fraser, Isabelle Fraser, Margaret Reviere du Loup on Saturday to Cunningham, Sybil Kirkpatrick Ma- visit her sister, Mrs. Carlos Kirke-

> Miss Madeline Hanson, Montreal, is the guest of Miss Marjorie Brownfield, Wellington street. Lieut. Granvil Sinclair, 52nd Bat-

tery, returned from Toronto on Mon-

Mair, Fitzsimmons, Douglas, Chown, Ottawa on Monday. House," is staying at the Queen's in Toronto while Dr. Ryan is training fully and as easily as we strive to ac-Miss Elsie Pense is going to Montreal on Friday to visit Mrs. Maitland in this world, often just when we wan

roll Ashby.

ot street, returned from Toronto on of course eventually he found the next

Mrs. E. H. Young will come from London to play with the Kingston it is, when things go let's learn to part curlers at the Bonspiel in Toronto

Mrs. Austin Gillies and Master David Gillies with Mr. and Mrs. J. R. McCann, Wellington street, are Mrs. Van Dresar, Stuart street, leaving for New York to-morrow and will not receive on Thursday, but will sail on the New Amsterdam on Saturday for England to be near going. Major Gillies.

James Girven, Peterboro, anhurst Convalescent Home, returned nounces the engagement of his second daughter, Jean Annette, to Alex- saved the day. If it's gone, why, let seal, Miss Mabel Richardson is leaving ander Elliott, Bowmanville, the mar- it go, whether it's a lost love or an on Friday for Philipsburg, Quebec, riage to take place quietly in March.

Sleepytime Tales

Club had given a valentine party to they told the grocer what they were raise money for the club. They all them the regular price, and in this had such a nice time and they had way they were able to fill two big basearned ten dollars. That was a big kets with the money they had. sum of money for them to have at one As soon as it was dark they took of Belgium, but the others said they of a clump of bushes in the yard. thought they should do good with it They knew it would take the wo-

things to eat ?" she suggested, "and tears from her eyes. and it will be a most welcome sur- we helped her." And all the girls

All of the girls thought that was thing with their money.

Menu for Thursday

BREAKFAST

Bananas Tomato Toast Coffee

LUNCHEON Sardine Salad

Parker House Rolls

DINNER Cream of Rice Soup

Brofted Stenk

Potatoes Corn Fritters

Lettuce Salad Peach Shortenkes

BREAKFAST

LUNCHEON

Cain Cries "Murder."

I to a neutral tribunal provided that

Parker House Rolls-Mix together each portion.

THE GOODGIVERS' SURPRISE. just fine, and the next afternoon they Once upon a time the Goodgivers' started out to fill the basket. When

time, and they were very proud of the baskets and hurried to the home f you'll use this simple face wash: their success. Helen had called a of the sick woman. There was a Powdered saxolite, 1 oz., dissolved meeting of the members to decide light in the kitchen, so the girls went what they should do with the money, to the front door, put the baskets on One of the girls thought it would be the steps, rang the bell, and then ran nice to send it to the poor children away as fast as they could to the back

at home. They finally called in man a minute or so to get to the door, Helen's mother to suggest something, and they were so excited it seemed The girls sasked her if she could an hour before she opened the door not think of some way of doing the and saw the baskets. "Oh, what is most good with the money, and, after this?" she cried: "Why, it is for thinking a minute, she said she knew me. It has my name on it." Then of a poor woman who was very ill. she took the baskets into the house, She was a seamstress, and had not and the girls saw her unpack them been able to work much. "Why and lay the food on the table, while don't you make up a basket of good every once in a while she wiped

take them to her. She need not "It is almost like hanging May know where the basket comes from, baskets," said Helen. "I am glad agreed that they had done the best

two tablespoons of butter, the same

of sugar, one cup of scalded milk.

DINNER

their bulk.

The Moman Today

It is only hearsay that we have to go on today, for we have no notion of who it was that pointed out the value of learning to "part with things as

Now, we all know that many a fine sermon has been preached on the text of "Taking things as they come." How diligently have we been admonished in this respect and how often. Our friend ly advisers love to say to us, "Oh, de not worry; just learn to take things as they come." Exactly so, and a sane method of procedure it is since we can-Mrs. Grier Wylde, who has been not affect their coming and cannot tell the guest of Mrs. P. E. Prideaux, what fortunes or misfortunes the mos-

But if this be wise why then must Mrs. Edward Ryan, "Rockwood we not also learn the lesson of "partcept their coming? For things do go them to stay.

An excellently trained man once lost Mrs. Ashby, William, street, has an excellent position unjustly. It was returned from Brockville, where she not a light matter, but when it went spent a few days with her son Car- he parted with it and let it go, as much as to say: "So much for that; that's Mr. and Mrs. James Minnes, Bag- done with. Now, what next?" And thing, just as we all are bound to do.

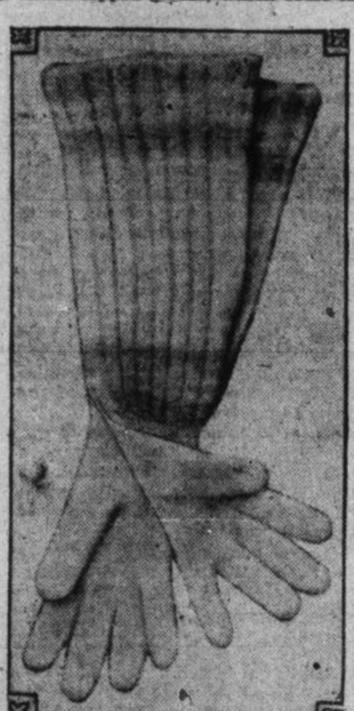
It doesn't make any difference what with them, not to hang on to them and prolong the agony of their going. "Men die and worms do eat them, but not for love," we often hear. But,

alas, it is for love that women do, indeed, almost die-or, in fact, over love's And over how many things do women allow grief to eat out their very hearts when the art of learning to part with things as they go would have

heirloom, a lost position or a week's Let's learn to say, "Well, that's gone, done for, over with"-and so with a wave of the hand, "Farewell. What's

THE NEW GAUNTLETS.

These Popular Gloves Are Even Being Worn at Afternoon Functions. The skating sets of 1916 are hardly complete without a pair of these gauntlet topped gleves, which come in



and four or four and a half cups of attractive combinations of Angora flour. Dissolve two yeast cakes in wool. Women who kuit them use half a cup of luke-warm water and white, so that when new bands need add. Raise twenty minutes, make to be attached to the wrists the bother into rolls and let rise again to twice of matching shades is obviated

Baked Apple Dumplings.

Select tart apples, pare and core them Cream of Rice Soup-Boil for an hour one cup of rice with five cups and cut in quarters. Three large apof water. Mash through a coarse ples should make six dumplings. The sieve, add a small quantity of milk, dough is made as follows: Two and a season and boil one minute longer. | half cupfuls of flour, one heaping tea-Peach Shortcakes-Mix two cups spoonful of baking powder and one teaof flour with one cup of milk or cold spoonful of salt. Sift these ingredients water. Add a tablespoon of butter together. Rub two-thirds cupful of and one teaspoon of baking powder. lard into the flour and mix with enough Tomato Toast-Boil together one Roll out and cut with a small biscuit cold water to make a dough which can cup of tomatoes and half a cup of cutter. Bake in an oven which is be easily handled. Divide the dough milk. Thicken with a little flour, hot. Have ready sliced canned in six parts and roll each part out add seasoning and pour over butter- peaches sprinkled with sugar. Split large enough to hold the apples. When the dough is rolled put the apples in peach mixture between the halves and pour more of the mixture over the center and fold the dough over it. pinching the ends together. Bake in a shallow buttered dish in a moderate oven and serve with cream and sugar.

Objected To Change.

An actor of very ugly appearance the course of the performance the

heroine of the play had to remark: "Ah! you change countenance." The instant she uttered the senence a shrill voice from the gallery

"Oh; for Heaven's sake, don't interrupt him! Let him go on."

Forgiving without forgetting is good deal like giving a receipt for money without signing your name to

A LA MODE.

An Ultra Skating Suit For Her of the Fad.



Beige colored uncut corduroy develops this smart costume, a short, full skirt and a three-quarter coat, with muff, scarf, cuffs and border of seal. The loose belt and novelty buttons give a girlish finish, while the top of the button boots are "cuffed" with

SO FEMININE!

How Women May Powder Their Noses Without Giving It Away.

Women are acquiring more and more the habit of pulling a powder puff from every imaginable hiding place and powdering their faces in public. It makes one conspicuous, and the average woman does not approve. but she answers that one must powder, and in this day of rush and distances she cannot always take time to freshen up in the proper way.

It is surprising, considering that the handkerchief is very often a hiding place For the powder puff, that some ingenious woman did not think of this new contrivance before. Stitched flat on the center of the handkerchief is a neat pocket-like arrangement, which acts as a receptacle for the puff. The puff may be taken out when the handkerchief is ready to be laundered. The puff in itself is odd in that it opens wide enough at the top to permit a generous supply of powder to be emptied in and fastens again with a snap-

When one feels the need of powder the center of the handkerchief, in which reposes the puff, may be gently patted against the face, while to all outward appearances the owner has only been using her handkerchief, and likewise if only the handkerchief is desired one need not apply the center, And to add to the attractiveness of this contrivance they are to be made in many different designs, plain and embroidered, the same as handkerchiefs, and the carrier may also exercise her individual taste by replenish ing the puff with her favorite face

Tulle Much Used. Great quantities of tulle are being used on evening gowns this season not only for fashioning the gown, but for trimming purposes, in wisps of draperies, scarfs and in one gown as a train. A black and gold evening frock shows a wide piece of tulle caught across the back of the frock and held with jet

bracelets to the wrists. Queer freaks are to be seen among some of the latest importations. A midnight blue taffeta coat is lined with due serge, reversing the order of things generally. In a rose and black velvet evening coat, where the waist portion is of the lighter shade and the skirt portion of the other, the lining of satin reverses the color, the rose velvet being lined with black and the black with rose. A venetian purple evening coat is lined for a depth of eight or nine inches with a flowered and broaded velvet ribbon, another proof of he ribbon craze.

Of course you mean well, but that s a poor excuse.



A lady's comment-Tastes better-goes farther.'

ea "is good tea"

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by Pictorial Review

Lovely Frock of White Crepe.



rial, with % yard Madonna blue silk for the vest and % yard white elik for revers and collar. Separately the waist calls for 11/2 yards 44-inch crepe. A good lining is necessary for the waist, and this is made first. Take up dart in front as perforated and face front from neck edge to lower line of small "o" perforations. Turn hem at notches; center-front indicated by small "o" perforations. Close seams as notched, close center-back seam. Now underface the front of the outer

front, about 1 inch inside front edge: roll back on small "o" perforations to form rever, and stitch upper, and lower edges to position. Gather shoulde edge of front and lower edges of front and back between double "TT" perforations and 2 inches above lower edge Adjust vest to position underneath front, notches at shoulder edges even; bring single large "O" perforation to



corresponding perforation in front and tack. Small "o" perforations in vest indicate center-front. Turn under shoulder edge of back on slot perforations, lap on front, notches and edges underneath even; stitch along the folded edge and % inch back. Close un der-arm seam as notched.

Next, pleat the flare collar on slot perforations and bring folded edge to corresponding small "o" perforations and press. Sew to neck edge of outer front and back, notches and centerbacks even, easing in any fulness. Arrange on lining, center-backs and under-arm seams even; stitch lower edges together, bringing folded edge of rever to center-front.

Close the sleeve seam as notched and gather lower edge between double White cotton crepe frock distinguish- "TT" perforations. Close seams of cuff ed by frills of narrow lace and a vest and turn-over as notched; join together as notched. Sew cuff to sleeve notches and seams even. Sew sleeve Because of the war dyes are difficult in armhole, notches and small "o" per-

to get, hence white is to be extremely forations even, easing in any fulness. fashionable for spring and summer. The peplum may be omitted, if desir This lovely frock is carried out in ed, but it is very graceful in its lines. white cotton creps trimmed with soft To make it, turn hem at front edge at lace. Of particular interest is the notches, close center-back seam. Sew waist, which may be used separately to lower edge of waist, center-fronts or en suite. In medium size the cos- and center-backs even, leaving the tume requires 6 yards 44-inch mate- vest free.

Pictorial Review Walst No. 6582. Sizes 24, 36, 38, 40, 42, 44, 46, 48 and 50 inches bust. Price, 15 cents.

Skirt No. 6585. Sizes 22 to 34 inches waist. Price, 15 cents.

6585

and cuffs of Madonna blue silk.

prise, I am sure." "Low Cost of Living" Menu

WRITE LETTERS

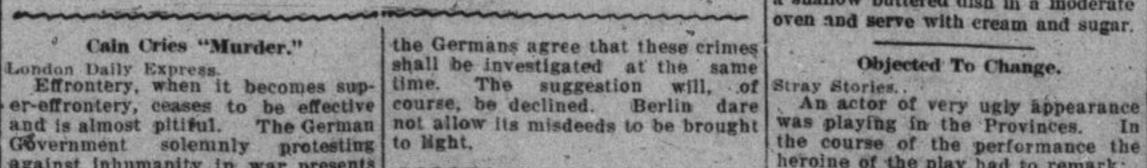
cine Co.

.Women who are well often ask "Are the letters which the Lydia E. Pinkham

In answer we say that never have we ublished a fictitious letter or name. an untruthful letter, or one without the full and written consent of the woman

ham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering.

It is impossible for any woman who is well and who they did.



the biscuit, place a tablespoon of the

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vestigation and condign punishment. Always bears