

Told In Twilight -- In the Realm of Woman

TORTURED BY RHEUMATISM

Sunday School Supt. Tells How "Fruit-a-tives" Relieved

Toronto, Ont., Oct. 1st, 1913. "I have lived in this city for more than 12 years and am well known. I suffered from Rheumatism, especially in my hands. I spent a lot of money without any good results. I have taken "Fruit-a-tives" for 18 months now and am pleased to tell you that I am well. All the enlargement has not left my hands, and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in eighteen months."

R. A. WAUGH. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or direct from Fruit-a-tives Limited, Ottawa.

THE NEW FRENCH REMEDY, M.D. R. 2. N. 2. THERAPION Used in France for Rheumatism, Gout, Neuralgia, Migraine, Headache, Stomach Disorders, Indigestion, Flatulence, Constipation, Piles, Itching, Eczema, Scabies, Ringworm, Psoriasis, Skin Diseases, etc. It is a powerful antiseptic and disinfectant. It kills germs and destroys the cause of disease. It is safe and reliable. It is the only remedy that has been used for over 50 years. It is the only remedy that has been used by millions of people. It is the only remedy that has been used by the medical profession. It is the only remedy that has been used by the government. It is the only remedy that has been used by the army and navy. It is the only remedy that has been used by the police. It is the only remedy that has been used by the courts. It is the only remedy that has been used by the people. It is the only remedy that has been used by the world.

MILLINERY SALE

All Trimmed Hats and Trimming at less than half price. Velvets, Plush and Felt Shapes from 50c up.

MISSES BUTLER & GRAHAM, 370 Princess St. Phone 1267

To Overcome Winter Complexion Troubles

If the chill air causes your skin to dry and scale or become uncleanly red or spotted, before you go to bed spread a thin layer of ordinary meringue wax over your entire face. Remove next morning with warm water. This is the ideal complexion treatment for the winter girl. The wax gently absorbs the dead particles of surface skin, so gradually there's no discomfort. This gives the underlying skin a chance to breathe and to show itself in a week or so the new and younger skin is wholly in evidence and you have a really rich, rosy complexion. Naturally all its defects disappear with the discarded cuticle--chaps, roughness, blotches, pimples, freckles, blackheads. Usually an ounce of meringue wax, procurable at any drug store, is enough to renovate even the worst complexion. Winkles need bother you no more if you'll use this simple face wash. Powdered azoicite, 1 oz. dissolved in which 1/2 pt. of water. Just one application will affect even the deepest lines.

Century Salt OVERSHADOWS ALL OTHERS FOR PURITY AND FLAVOR. DOMINION SALT Co. Ltd. SARNIA, ONT.

WHY WOMEN WRITE LETTERS

To Lydia E. Pinkham Medicine Co.

Women who are well often ask "Are the letters which the Lydia E. Pinkham Medicine Co. are continually publishing genuine?" "Are they truthful?" "Why do women write such letters?" In answer we say that never have we published a fictitious letter or name. Never, knowingly, have we published an untruthful letter, or one without the full and written consent of the woman who wrote it. The reason that thousands of women from all parts of the country write such grateful letters to the Lydia E. Pinkham Medicine Co. is that Lydia E. Pinkham's Vegetable Compound has brought health and happiness into their lives, once burdened with pain and suffering. It has relieved women from some of the worst forms of female ills, from displacements, inflammation, ulceration, irregularities, nervousness, weakness, stomach troubles and from the blues. It is impossible for any woman who is well and who has never suffered to realize how these poor, suffering women feel when restored to health; their keen desire to help other women who are suffering as they did.



(Continued from Page 3.) The Skating Club met as usual on Monday evening when those present were Mr. and Mrs. A. W. Brown, Mr. and Mrs. Harold Lewis, Capt. and Mrs. D. Anglin, Mr. and Mrs. C. Taylor, Mrs. E. L. Fort, Mrs. Ernest Cunningham, Misses Bessie Sanderson, Florie Stewart, Mildred Jones, Nan Peterson, Lillian Kent Margot Fraser, Isabelle Fraser, Margaret Cunningham, Sybil Kirkpatrick, Mabel Richardson, Eva Richardson, Wilhelmina Gordon, Mammie Anglin, Mamie Barrett, Marion Leslie, Phyllis Knight, Hilda Hague, Bessie Farrell, Lassie Kirkpatrick, Marjorie Brownfield, Madeline Hanson (Montreal), Professors Mauley Baker, Millett, Adams, Clifton, Capt. Ringwood and Messrs. P. C. Lyman, E. C. Gilderleeve, Haycock, Chrysler, Minnie Fitzsimmons, Douglas, Chown, E. Rogers and Robert Richardson.

The Reading Club will meet tomorrow at Mrs. R. O. Sweet's, Union street.

Mrs. P. G. C. Campbell was hostess at the Bridge Club on Tuesday evening.

Miss Daisy Merrifield, Port Hope, left on Monday after spending the week-end with Mrs. T. G. Smith, Gore street.

Miss Edith Stark, Gananoque, is visiting Mrs. J. G. Elliott, Barrie street.

Nursing Sister Mae McKenna returned to Toronto Sunday, having spent the week-end with her parents, Mr. and Mrs. James McKenna, Bagot street.

Mrs. Van Dresar, Stuart street, will not receive on Thursday, but will receive in March as usual.

Miss Lillian Somerville, in town to see her brother, who is at the Elmhurst Convalescent Home, returned to Peterboro on Monday.

Miss Mabel Richardson is leaving on Friday for Phillipsburg, Quebec.

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The Woman of Today

It is only hearsay that we have to go on today, for we have no notion of who it was that pointed out the value of learning to "part with things as they go." But lest you, gentle reader, be one of those to whom the idea is new we frankly borrow the phrase and pass it along.

Now, we all know that many a fine sermon has been preached on the text of "Taking things as they come." How diligently have we been admonished in this respect and how often. Our friendly advisers love to say to us, "Oh, do not worry; just learn to take things as they come." Exactly so, and a sane method of procedure it is since we cannot affect their coming and cannot tell what fortunes or misfortunes the morrow may hold.

But if this be wise why then must we not also learn the lesson of "parting with things as they go," as gracefully and as easily as we strive to accept their coming? For things do go in this world, often just when we want them to stay.

An excellently trained man once lost an excellent position unjustly. It was not a light matter, but when it went he parted with it and let it go, as much as to say: "So much for that; that's done with. Now, what next?" And of course eventually he found the next thing, just as we all are bound to do.

It doesn't make any difference what it is, when things go let's learn to part with them, not to hang on to them and prolong the agony of their going.

"Men die and worms do eat them, but not for love," we often hear. But, alas, it is for love that women do, indeed, almost die--or, in fact, over love's going.

And over how many things do women allow grief to eat out their very hearts when the art of learning to part with things as they go would have saved the day. If it's gone, why, let it go, whether it's a lost love or an heirloom, a lost position or a week's pay.

Let's learn to say, "Well, that's gone, done for, over with"--and so with a wave of the hand, "Farewell. What's next?"

THE NEW GAUNTLETS. These Popular Gloves Are Even Being Worn at Afternoon Functions. The skating sets of 1916 are hardly complete without a pair of these gauntlet topped gloves, which come in

attractive combinations of Angora wool. Women who knit them use white, so that when new hands need to be attached to the wrists the bother of matching shades is obviated.

Baked Apple Dumplings. Select tart apples, pare and core them and cut in quarters. Three large apples should make six dumplings. The dough is made as follows: Two and a half cups of flour, one heaping teaspoonful of baking powder and one teaspoonful of salt. Sift these ingredients together. Rub two-thirds cupful of lard into the flour and mix with enough cold water to make a dough which can be easily handled. Divide the dough in six parts and roll each part out large enough to hold the apples. When the dough is rolled put the apples in the center and fold the dough over it, pinching the ends together. Bake in a shallow buttered dish in a moderate oven and serve with cream and sugar.

Objected To Change. Stray Stories. An actor of very ugly appearance was playing in the Provinces. In the course of the performance the heroine of the play had to remark: "Ah! you change countenance." The instant she uttered the sentence a shrill voice from the gallery cried out: "Oh, for Heaven's sake, don't interrupt him! Let him go on."

Forgiving without forgetting is a good deal like giving a receipt for money without signing your name to it.

A LA MODE. An Ultra Skating Suit For Her of the Fad.



Belge colored uncut corduroy develops this smart costume, a short, full skirt and a three-quarter coat, with muff, scarf, cuffs and border of seal. The loose belt and novelty buttons give a girlish finish, while the top of the button boots are "cuffed" with seal.

SO FEMINE! How Women May Powder Their Noses Without Giving It Away.

Women are acquiring more and more the habit of pulling a powder puff from every imaginable hiding place and powdering their faces in public. It makes one conspicuous, and the average woman does not approve, but she answers that one must powder, and in this day of rush and distance she cannot always take time to freshen up in the proper way.

It is surprising, considering that the handkerchief is very often a hiding place for the powder puff, that some ingenious woman did not think of this new contrivance before. Stitched flat on the center of the handkerchief is a neat pocket-like arrangement, which acts as a receptacle for the puff. The puff may be taken out when the handkerchief is ready to be laundered. The puff in itself is odd in that it opens wide enough at the top to permit a generous supply of powder to be emptied in and fastens again with a snapper.

When one feels the need of powder the center of the handkerchief, in which recesses the puff, may be gently patted against the face, while to all outward appearances the owner has only been using her handkerchief, and likewise it only the handkerchief is desired one need not apply the center. And to add to the attractiveness of this contrivance they are to be made in many different designs, plain and embroidered, the same as handkerchiefs, and the carrier may also exercise her individual taste by replenishing the puff with her favorite face powder.

Tulle Much Used. Great quantities of tulle are being used on evening gowns this season not only for fashioning the gown, but for trimming purposes, in wisps of draperies, scarfs and in one gown as a train.

A black and gold evening frock shows a wide piece of tulle caught across the back of the frock and held with jet bracelets to the wrists.

Queer freaks are to be seen among some of the latest importations. A midnight blue taffeta coat is lined with blue serge, reversing the order of things generally. In a rose and black velvet evening coat, where the waist portion is of the lighter shade and the skirt portion of the other, the lining of satin reverses the color, the rose velvet being lined with black and the black with rose. A venetian purple evening coat is lined for a depth of eight or nine inches with a flowered and brocade velvet ribbon, another proof of the ribbon craze.

Of course you mean well, but that is a poor excuse.

MAGIC BAKING POWDER

NO ALUM READ THE LABEL. Guaranteed to be the purest and best baking powder that it is possible to produce.

White cotton crepe frock distinguished by frills of narrow lace and a vest and cuffs of Madonna blue silk.

Because of the war dyes are difficult to get, hence white is to be extremely fashionable for spring and summer. This lovely frock is carried out in white cotton crepe trimmed with soft lace. Of particular interest is the waist, which may be used separately or en suite. In medium size the costume requires 6 yards 44-inch material.

Pictorial Review Waist No. 6582. Sizes 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48 and 50 inches bust. Price, 15 cents. Skirt No. 6585. Sizes 22 to 34 inches waist. Price, 15 cents.

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A lady's comment--Tastes better--goes farther.

Red Rose Tea "is good tea"

No Epidemic or Disease has ever been traced to Pasteurized Milk. All our Milk is thoroughly pasteurized and sold in Sealed Bottles. Phone 845 :: Price's

"Satisfying and sustaining" is the verdict of the Canadian people with respect to Kellogg's TOASTED CORN FLAKES

made from Southern corn by our secret process which retains all the nutritive elements of the corn which are delightful to the taste.

NO OTHER FOOD known as "Kellogg's" is made by us. Be sure and get the genuine original.

10c. a package. At all good Grocers.

"MADE IN CANADA" only by THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, LIMITED LONDON, ONTARIO, CANADA

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

Lovely Frock of White Crepe.

rial, with 3/4 yard Madonna blue silk for the vest and 3/4 yard white silk for revers and collar. Separately the waist calls for 1 1/2 yards 44-inch crepe. A good lining is necessary for the waist, and this is made first. Take up dart in front as perforated and face front from neck edge to lower line of small "o" perforations. Turn hem at notches; center back and under-edge of front and lower edges of front and back between double "T" perforations and 2 inches above lower edge. Adjust vest to position underneath front, notches at shoulder edges even; bring single large "O" perforation to

corresponding perforation in front and back. Small "o" perforations in vest indicate center-front. Turn under shoulder edge of back on slot perforations, lap on front, notches and edges underneath even; stitch along the folded edge and 3/8 inch back. Close under-arm seam as notched. Next, pleat the flare collar on slot perforations and bring folded edge to corresponding small "o" perforations and press. Sew to neck edge of outer front and back, notches and center-backs even, easing in any fullness. Arrange on lining, center-backs and under-arm seams even; stitch lower edges together, bringing folded edge of revers to center-front. Close the sleeve seam as notched and gather lower edge between double "T" perforations. Close seams of cuff and turn-over as notched; join together as notched. Sew cuff to sleeve, notches and seams even. Sew sleeve in armhole, notches and small "o" perforations even, easing in any fullness. The peplum may be omitted, if desired. This lovely frock is very graceful in its lines. To make it, turn hem at front edge at lace. Of particular interest is the waist, which may be used separately or en suite. In medium size the costume requires 6 yards 44-inch material.

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