# Fancy Costumes For Balmasque Show Extensive Range



smart events on the social calendar while the undervest is of softest vest.

materials and trimmings that enter hon into their development.

The Colonial costume illustrated silken cords extends over the polon- Pearl buttons and silver embroidery French inspiration. Striped silko- sateen or satin—as taste and purse obtrusive, bells and tassels may be there come also to be worn with agents.

GREEN VEGETABLES

Cabbage, Canliffower and Spinach brown Are Welcome Additions To The Menu.

accepted winter diet, nowadays. Everybody demands them, and there is no reason, even of economy, why everybody should not have them. For to advantage. It can be boiled and there is cabbage for those who cannot afford cauliflower, and kale for those who cannot afford fresh spin- reheated in stock or scalloped.

Moreover, there is good canned both because of its rank odor and to spinach for a reasonable price, and keep it green. this is delicious, if it is heated thoroughly and properly seasoned. With place of a green vegetable. It can fresh spinach, quite as much of its also be cooked au gratin, or scallep-

put over the fire in a big saucepan, to have it as green as possible. When ployed it begins to boil, let it continue to de so for ten minutes. Then drain it and prepare it in any desired fashion. Press it down under the water as soon as possible.

.The best way to serve spinach is with butter, pepper and salt. Most of its fresh green flavor is preserved in this way. However, we all grow tired of sameness of flavor, no matter how good it may be, and there are

be prepared in many delicious ways original sealed packages. Oil of ori- until brown on the top. that appeal to all but the few who lene taken at meal-times gives you all really dislike is in any form. Like the benefit of the food you eat, and at ered, but for a different reason—because more of the strong flavor boils away, and the odor is less perceptible many have reduced their weight at the rate of about a lb. a day, and no flabbiness is left.

Sick Headache, Bilious Headache, Dizziness, Constipation, Indigestion, Bilious Headache, Bilious Headache, Bilious Headache, Dizziness, and all derangement of the Liver, Stomach and Bowels.

pecially suited to costume dances, rather to each side of the bodice to carry out the same idea with fine they are fashioned of the most trans- method of development and the way worn repeatedly, calling forth re- paint. novel designs are in demand, Now, reveal the facing, The silver broc- sateen or inexpensive silks. Cream parent material obtainable. the fancy costume is something of ade sleeves are trimmed with plait- colored sateen with a dainty figure . In lovely complement to the cos- sateen, silkoline and the fabrics al-

Eminently appropriate for the es- sleeves. Sateen stitched with silver Great variety is shown in costumes more than an evening's pleasure, but lows and red of vivid tone. serves to illustrate what may be done cort to the lady wearing the Colonial braid—the kind that comes 48 yards for men, and since black and white cost very little when made at home. A dainty and demure dancer is has a petticoat of silver brocade. The trausers are of plain white satin, of the Pilgrim gentleman's suit.

> and chopped coarsely, put it in a baking dish sprinkle it with cheese and buttered crumbs, and bake

It is also delicious heated up in meat stock, or with forcemeat thrust between its leaves, after it, has been parboiled, and boiled until tender in

Kale is another green winter vegetable that can be used occasionally chopped and served with butter, pepper and salt, or it can be creamed, Kale should be cooked uncovered.

Celery can be creamed to take the

Norway has one woman inspector covered while cooking, if it is desired where women and children are em- of rich brocaded silk edged with

much as the horrible tendency of some we have reached the age of 25 or 30. enough oxygen in the blood to pro- out the insides, and mash thoroughly duce a proper combustion to destroy in a bowl with melted butter, white Cabbage is not so cheap this winter as it often has been. But it is
cheap enough for most of us. It can
one after each meal. It is sold only in them in rows on a platter, and bake

Cabbage is not so cheap this winthe fatty tissue. To reduce your pepper, salt and cream. Fill the
weight go to a good druggist and get
half-cases with this mixture, place
one after each meal. It is sold only in them in rows on a platter, and bake
N.Y. Any druggist can supply you or a acter of the unfortunate women by

Costume dances head the list of alse in pointed effect, front and back, ornament the heavy white satingline is suggested for the trousers of dictate-stitched with figures of con-added. and from now until Lent ushers in white net edged with valenciennes | Where there is an abundance of with plain material used for the tu-their astrological significance. As with no attempt at characterization, filled with flowers. These are hung the Turkish outfit shown on this page, tracting material and selected for Where a costume is simply fancy horn hats with wide satin streamers, the penitential season the bal mas- lace. Chiffon, guiltless of lace or wherewithal for the costly fancy nic or overskirt. For the before, the cost of the before, the cost of the before and has been said before, the cost of the before materials may be used, for it over the arm and often amid their que will be the premiere society ev- embroidery trimming, forms the dress, it is beautiful enough to Jus- sash, draped a la danse du ventre, fancy dress is a matter of personal is an easy matter to employ them burden of flowers there are smugthan, which is tied gracefully at the tify its price, but the woman whose gayty flowered silkoline is used. taste and choice of materials, for later in making another fancy dress, gled the handkerchief and the vanfront in a knot, with the points held budget for clothes is curtailed can Flowing sleeves cover the arms, but much of its effect depends upon the Then, again, such a costume can be ity case, with powder puff and "war

white lace or net frills finish the occidental touch.

in the direction of economy. Design- costume is a suit of the same period, in a bunch for about as many cents combinations are so fashionable this ed for a matron of wealth the dress carried out in silvered white satin. - is suggested for a cheaper version season, many of the pierrot suits are made of immense black and white most acceptably. The beauty of up-to-date this season. An extrava- 36 to 42 inches bust and 6 to 20 This, is made very full and gathered caught in knickerbocker fashion with If there is one place in the universe checks, sateen, mercerized poplin, about the waistline, but the lower narrow bands and silver buckles, where neutrality is strictly observed, voile, etc., being principally used. The ent and have the merit of originality, ough powdering, with the flat veledge is perfectly plain. Over the Deep cuffs of sifver embroidered in it is in the realm of dress. The most musically inclined masquerader may it really does not matter what colors vet chapeau posed coquettishly at 5287, Sizes, 24 to 44 inches chest petticoat is worn a polonaise of silver and finished with plaited chif- beautiful for the fancy costumes of don the garb of the indolent gondoblack chiffon velvet embroidered for give a distinguished finish to the Turkish design come from Paris and lier and, with his mandolin hanging Rivalling the popularity of black and ough for most balls. with large gold roses and green sleeves, while falling from the stand- show all the care and delicate atten- from his shoulder, saunter into the

The large checks play into the the who posses the shepherdess or hands of the cubists and futurists Watteau girl. Her frock is almost these designs is that they are differ- gant dressing of the hair and a thor- years.

in which it is worn. In addition to mimniscences or criticism. negligible value to the wardrobe, so ed net ruffles. Colonial slippers of embined with the same material in tume is the turban of figured silkoline ready mentioned, masqueraders seek. Except when the fancy dress retaining the fashions shown on this page that most women desire to spend as black satin with silver buckles are black stamped with a floral design, wound around in many soft folds and ing to produce the best results at presents a riot of colors, it is best to are Pictorial Review designs. Numlittle upon it as possible. Yet there worn, while encircling the neck is makes an inexpensive and charming caught in the centre with a buckle of smallest cost are also recommended wear white stockings and black bers and sizzes are as follows: Colonial costume. Soft batiste may Oriental design. An aigrette rising the use of chintzes, cretonnes and slippers. Native costumes require, be used for the fichu and undervest, from the folds of the toque adds the cotton velveteens. All of these of course, native footgear, while the 44 inches chest. make costumes that will answer for cubists are fond of the blues, yel-

Pierrot Suit No. 6298, Sizes 32 to Turkish Costume Io. 6557. Sizes

2 to 44 bust. Clown's Costume No. 4486. Sizes 32 to 46 inches chest.

leaves. A fitted bodice, laced with ing collar is a jabot of chiffon, tion that one finds in creations of ball room garbed in a suit of white obtained by the combination is not sufficiently first aids to the first aids are completely and the first aids are completely aid to the first aid to the fi



## For long hours

To the busy man the value of OXO CUBES cannot be over-estimated. A cupful of OXO and a few biscuits provide a light, satisfying repast at any moment required, and save the time expended on a heavy meal.

To make a cup of OXO with an OXO CUBE is so quick and simple -drop an OXO CUBE into a cup of hot water -stir-and with a few biscuits lunch is ready.

An OXO CUBE in a glass of hot milk makes a pleasant change, and a most refresh-

ing beverage during the strain of a busy day. A CUBE TO A CUP Tins of 4, 10, 50 and 100 Cubes.



### FOR WINTER DIET

Green vegetables are a part of our

delicacy depends on thorough wash- ed.

As for its cooking, it should be

many good ways of serving spinach.

Cooking Cabbage.

## DRESSY COSTUMES.

Skirts of net banded with taffeta in three rows at front, the bands disappearing under wide free panels of taffeta at the side, and the back composed of a knee-length, square-cut tunic, are among the smart things. The neck is round edged with a narrow ruche. With this skirt is worn a surplice-draped bodice with full, puffed sleeves of the net fitted into a tight cuff which finishes with a

Bolero jumpers and jumper girdles are seen, frequently with the suspender form of trimming. The jumper girdles are always worn over blouse of contrasting materials

chiffon, silk, brocade, lingeric or net A beige-colored gown has a sussatin and a loose fitted girdle of the them."-MRS. GEO. FLANIGAN, E. Main satin, which buttons in the front.

A costume of white chiffon, trimand a little boiling water should be who covers all the establishments med with black net, having a panel THIS PRESCRIPTION IS FOR YOU. heavy silk cord, forms a princess line Women members of the Maccabees at both front and back. The skirt is ruffled at the sides, each ruffle or nervousness you are not beyond rebeing edged with a two-inch band A SPLENDID WAY TO of the black net, the ruffles disappearing under the panel at front and REDUCE ONE'S WEIGHT back. The bodice has a wide cap There is, perhaps, no one thing that collar is back reaching to the line o

#### Stuffed Potatoes.

quired, and cut them an lengthwise with a sharp knife. Scoop

Hills so that she can study the char- Stomach and Bowels. New Zealand has 25,900,000 sheep to cream it, arter it has been boiled Co., Box 1240, Montreal, Can.

One good way to serve cabbage is large size box will be sent on receipt living with them and breaking bread with them.

Chicago has 21 policewomen.

#### WELL-KNOWN ONTARIO WOMAN SPEAKS.



ou may say that worn-out women. It does wonders for and State Sts., Welland, Ont.

If you suffer from hot flashes or dizziness, fainting spells, hysteria, headache,

Dr. Pierce's Favorite Prescription directed to the real cause and promptly removes the disease, and thereby brings comfort in the place of prolonged misery.
It has been sold by druggists for nearly 50 years, in fluid form, at \$1.00 per bottle, giving general satisfaction. It can now be had in sugar-coated tablet form. Sold by all medicine dealers or trial box by

really dislike is in any form. Like the same time dissolves the fatty tissue from any part of the body where head of the Coulter house in Chicago, Sick Headache, Bilious Headache, Dizzi-Dr. Pierce's Pellets are unequaled as a

Chicago has 21 policewomen.

#### ACHTIVITIES OF WOMEN.

Newcastle (Eng.) has professional women window cleaners. All of Montana's county school superintendents are women

Women are even acting as street leaners in Southern Germany. Several Brigton (Eng.) firms have made arrangements to employ wo- wax, procurable at any drug-store in men in army clothmaking.

Mrs. W. O. Mullin, of Junction City, Kan., raised 10,000 bushels of New York city is to have five woman street inspectors to assist in the spring cleaning this year.

salaries will be \$1,200 a year. The alumnae of Bryn Mawr Coldege have decided to endow a study of fire prevention in the factories of Pennsylvania where women are em-

have been asked to "adopt" lonely is nothing that will so surely erase the French soldiers in the trenches. They will write them letters and also knit socks for them:

In Japan the women do not take down their hair at hight, and in order to keep it smooth they rest their heads on little woomen stands instead of pillows.

oia, Mo., was married recently with the ring which had been used by eight of her maternal ancestors, beginning with her great-grandmother. Demanding that they be sent to the battle front, a group of French wo- abused lemon. It is perhaps as efmen, wearing pufforms, recently at- fective a bleach as can be found. Cut

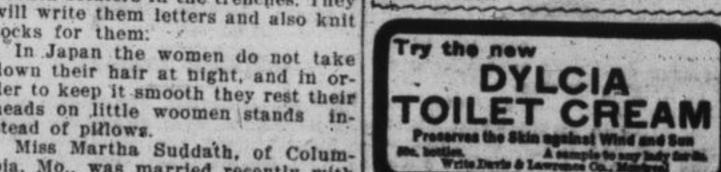
at Palm Beach, Mrs. Carl Pitcher, liquid add the juice of two lemons heiress to millions, is preparing her- and a tablespoonful of alcohol. Apself to manage her vast estate left by ply this with a cloth, not wiping it her father.

society.

#### To Peel Off Blotchy, Rough or Chapped Skin

To remove roughness, chaps, frecculty, the best thing to do is to remove the skin itself. This is easily, painlessly and inexpensively done by orn last year on her 150-acre farm. The pores are unclogged and the face

Students at Bryn Mawr College in a half pint of witch hazel. There hateful lines.



The Useful Lemon.

the modern toilet table is the much tempted to enter the Chamber of the lemon in half and rub the pure Deputies in Paris, but were turned juice directly upon the throat after bathing in warm water. Let the For the first time in the history of lemon juice dry on it. If this treatthe four medical and dental associa- ment is too vigorous, then the foltions of that city, a women, Dr. Clara lowing lotion may be found effective. Shetter-Keiser, has been elected pre- Take two heaping teaspoonfuls of sident of the Reading (Pa.) Medical oatmeal, add to it one quart of cold water, let come to a boil and boil ten While most women of her circum- minutes. ... Cool and strain through stances are whiling away their time a piece of cheese-cloth, and to the