

### Sleepytime Tales

#### BANTAME THAT MOTHER BABY

**QUAIL.**  
Once upon a time I went to visit the state farm in the state I live in. They breed quail and partridge with which to replenish the wild stock that is slaughtered so carelessly by the hunters each year. It was so interesting I longed for some of my little to do the next best thing and tell you about it.

The strangest thing was the little bantam hens sitting on quail eggs, and after they were hatched they took just as good care of the little quail as if they were bantam which was walking along with her flock of week old chicks, and seemed much disturbed when they paid no attention to her frantic clucks. You see the little

quail hadn't learned hen language, and, of course, couldn't understand what their adopted mother was trying to tell them.

Of course, a quail is always more wild than chickens, and never become quite tame. This bothered the adopted mother quite a little, and she did not seem to get used to the wild ways of the chickens.

It is very funny to see Mrs. Bantam with a flock of quail walking all over the grounds. It is natural for quail to need more exercise than chickens, and when they hear a strange noise they are very apt to run to the cover of bushes, instead of hiding under the mother's wing, as chickens do.

I hope some day you can have as pleasant a time as I did in visiting a place and seeing the funny

### "Low Cost of Living" Menu

#### Menu for Saturday

**BREAKFAST**  
Stewed Prunes  
Creamed Eggs  
Toast  
Coffee

**LUNCHEON**  
Lamb Stew  
Sweet Pickles  
Cakes  
Cocoa

**DINNER**  
Boston Baked Beans, with Meat and Horseradish Sauce  
Cold Slaw  
Cottage Pudding

**BREAKFAST**  
Creamed Beef—Place in a frying pan a large piece of butter. When very hot add two cups of shredded dried beef. Toss lightly until the edges curl. Then add milk to cover and thicken with a little dissolved flour. Boil until thick.

**LUNCHEON**  
Lamb Stew—Cut in small pieces a

pound of stewing lamb. Cover with cold water and boil until very tender. Add a quarter of a cup of parsnips and sliced carrots, the same of turnips and twice the amount of potatoes. Cook until tender and serve without straining.

#### DINNER

**Boston Baked Beans**—Soak overnight four cups of small beans. Drain and parboil ten minutes. Drain again and place in a bean pot. In the center put half a pound of salt fat pork. Pour over all a cup of molasses and fill the pot with water. Bake very slowly all day.

**Beet and Horseradish Sauce**—Boil the beets in salted water until very tender. Season with melted butter, salt and pepper and grated horseradish to suit the palate. Add a little lemon juice and stir well together.

**Cottage Pudding**—Mix one cup of flour with half a cup of sugar. Mix a cup of milk with one egg and one teaspoon of baking powder. Bake in a moderate oven and serve with a hard sauce.

The Speaker of the Ontario Legislature announces that the galleries will be closed at the opening of Parliament on February 20th.

The Royal Commission appointed Dec. 26th, 1913, has presented a voluminous report on causes of and remedies for the high cost of living.

### PERSIAN PAINTINGS.

Oriental Art That Embodies the Essence of Romance.

No dramatic, no passionate motive ever so grips and possesses a Persian artist as to absorb his whole imagination. His sensuous love of beauty cannot resist filling in the accessories of the scene with just as much care and attention in every detail as he devotes to the central figures.

In the great works of Chinese and Japanese painters, as in masters like Rembrandt, accessories are subdued or suppressed, the color is limited, and the figures which create the motive of the design are so emphasized, so dominant in the eye that they seem to transcend the limits of the framing space, they seem alive with all the latent energies of actual men and women.

No Persian painting imposes itself thus on the imagination. Everything remains within the frame, inlaid as in a lustrous mosaic. The Persian method has, it is true, its own compensation. Just as in the early pictures of Rossetti and Millais, everything is realized with a dreamlike vision, and this is always a real achievement for the painter. The freshness and glory thus brought to the eye, as of a world washed clean, with every object magically distinct and burning with clear color, make a vivid impression of strangeness. Strangeness, remoteness from the routine of every day—that is the essence of romance, and no art in the world is more steeped in romance than the painting of Persia.—Laurence Binyon in Atlantic.

#### Foretold.

One day Jones was rambling along the boulevard when he was hailed by his friend Smith. While talking Jones noticed that Smith, continually rubbed the palm of his hand.

"What in the world is the matter with your hand?" he finally demanded. "You have been rubbing and scratching it ever since we stopped here."

"The palm itches like blazes," answered Smith. "They say that it is a sure sign that you are about to get some money."

"Um!" thoughtfully returned Jones as a great light suddenly dawned upon him. "Here is where you get wise to the fact that there is nothing in signs. I haven't a dollar to spare."

#### Horse Sense.

In "Tod Sloane" by himself, the once famous jockey says that a horse exceeds even a dog in intelligence and that if a thoroughbred were small enough to run about a house like a dog and have the same chances instead of being so much alone surprising results would follow. "Cussedness" in horses, he thinks, may be caused by too much inbreeding, bringing about an extraordinary temperament. The best jockey, says Sloane, is the boy with a nervous temperament. "He is quick and alert to take in a situation and becomes a human ferret, finding out things for himself."

#### Difficult.

The adjutant was lecturing to the subalterns of the battalion. "In the field," he said, "it is now the duty of an officer to make himself look as much like a man as possible." Everybody laughed.

"That is, I mean," he explained, "as much like a soldier as possible."—London Mirror.

#### Helpful Hint.

**Designing Widow**—Speaking of conundrums, can you tell me why the letter "d" is like the marriage service? Slowly—I'm no good at conundrums. Why? **Widow**—Because "we" can't be "wed" without it.

#### His Illustration.

"Papa, what is faith?"  
"Well, my boy, they say your baby brother sleeps, but I've never seen him do it. Yet if I believe he does—that's faith."

The Night Directories estimate Toronto's population as 544,456 at the close of 1915.

There's only one way to wash woollens, flannels, and filmy fabrics absolutely clean without injury: The **LUX** way.

LUX softens hard water—gives a rich, cream-like lather which the daintiest hands or filmiest fabrics need never fear. LUX coaxes rather than forces the dirt out of clothes.

Won't Shrink Woollens 10c

Made in Canada by Lever Brothers Limited, Toronto.

MADE IN CANADA  
**AN DONCASTER ARROW COLLAR**  
2 for 25c  
Cluett, Peabody & Co., Inc., Montreal

**His Indifference.**  
"This is fine growing weather!" triumphantly stated honest Farmer Jolly.  
"What is that to me?" snarled J. Fuller Gloom, the vile and venomous pessimist. "I've got my growth."

**It Can't Be Done.**  
A boy reaches far across the table and helps himself to butter.  
Father—What did you do that for? Haven't you a tongue?  
Son—Yes, sir, but my tongue isn't as long as my arm.

**Old Reapers.**  
Contrary to the common belief, reaping machines are not a modern invention. They were used nearly 2,000 years ago. Pliny, the Roman historian, tells of some he saw at work in the first century of our era.

**Corrected.**  
New Maid—Please, ma'am, when I bring the dinner in should I say "Dinner's ready" or "Dinner's served"?  
Mistress—Well, if it's like it was yesterday you'd better say, "Dinner is spoiled."

**Backward Boys.**  
Give the boy who is backward at school or in his studies a fair chance. Isaac Newton when at school was a notorious dunce and nearly always found himself at the bottom of the class.

**Naturally.**  
"A fellow doesn't have to be rich to enjoy life."  
"No, he doesn't have to be but the chances are that he prefers to be."

Rev. W. F. Brownlee, rector of St. John's Church, St. Thomas, has declined the invitation to become pastor of the Church of the Ascension, Windsor, although an advance in salary was offered.

You may be deceived some day by an imitation of

# "SALADA"

and possibly you will not detect this imitation until the tea-pot reveals it. Demand always the genuine "Salada" in the sealed aluminum packet, and see that you get it, if you want that unique flavour of fresh, clean leaves properly prepared and packed.

### NEW YORK FRUIT STORE

Sunkist Oranges, 20c and up to 50c a dozen.  
Grape Fruit, 3, 4 and 5 for 25c.  
Malaga Grapes, 20c a lb.  
Pineapples, 20c each.  
Bananas, 15c and 20c a dozen.  
Fresh Mixed Nuts, 20c a lb.  
New Figs, 20c a lb.  
New Dates, 10c a lb.  
Fresh Home-made Chocolates, 15c and 20c a lb.  
314 PRINCESS STREET. Phone 1405

The Very Finest

grain of Windsor Salt—with a very small quantity of Magnesium Carbonate—is the blend used in making

## REGAL

Table Salt

comes to you in a perfectly sanitary condition; the package keeps it so.

"REGAL" TABLE SALT never cakes and is always free-running.

ASK YOUR DEALER

Free Running

Note the pouring device of the "Regal" package—It is aluminum forming small troughs, down which the salt flows, handy for filling direct from the package. When not in use it lies flat on the top and seals airtight. Insist on having "REGAL" salt in this convenient package.

# WRIGLEYS

Wherever You Go

It's sold around the world.

Wherever you go you can buy it.

Wherever you go you should have it.

For nothing else gives such long-lasting, beneficial pleasure for the price. It protects the teeth against decaying food particles—insures a wholesome mouth and agreeable breath. It allays sea or car-sickness, helps appetite and digestion.

MADE IN CANADA



Chew it after every meal

Write to Wm. Wrigley Jr. Co., Ltd. Wrigley Bldg., Toronto for "Spearmen" book

## The Man Who Looks Ahead

Most persons have some goal to which they steer their hopes, but many thoughtlessly unnerve the hand, and dull the brain by faulty living, then wonder why success is not achieved.

Among the everyday habits of life that often upset health are tea and coffee drinking—ancient and respectable customs, but harmful to many.

The average cup of tea or coffee contains from 1 1/2 to 3 grains of caffeine, which, gradually accumulating in the system, often causes nervous prostration, heart trouble, mental depression, etc.

There's an easy way out of tea and coffee troubles—quit both tea and coffee and use

# POSTUM

This pure food-drink is a simple combination of whole wheat roasted with a little wholesome molasses—nothing else. It has a snappy, aromatic flavour but is entirely free from the drug, caffeine, or any other injurious substance.

There are two forms of Postum. The original Postum Cereal must be boiled, 15c and 25c packages; Instant Postum, soluble in a cup of hot water, 30c and 50c tins. Both have equal flavour, and cost about the same.

For those who appreciate the opportunity and power that goes with health

"There's a Reason" for POSTUM

MADE IN CANADA Sold by Grocers.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.



RENE E. KELLY. In Henry Miller's production of "Daddy Long Legs," at the Grand for two nights commencing Tuesday, Feb. 22nd, with a matinee on Wednesday afternoon.