

FROM THE COUNTRYSIDE

Frontenac

HOLLEFORD. Feb. 8.—The service on Sunday was conducted by Mr. Medcof in the absence of Rev. Mr. Humphrey, who is ill. Two prominent men have put the temperance petition before the people. All are glad of the opportunity of saying that the liquor traffic should not exist. Sympathy is extended to Mrs. Babcock in the loss of her mother, whose death occurred at Sydenham. Mr. and Mrs. Redmond, Kepler, are spending a few weeks with their son Alfred. Miss Alice Walker, Pleasant Valley, spent Sunday under the parental roof. Miss Nellie Medcof spent a couple of days last week with friends in Ottawa. Mr. and Mrs. Wolworth, Unionville, were recent guests at W. Martin's. Miss Nina Shay at S. Martin's. Mr. and Mrs. A. Donnell, Kepler, at A. Redmond's.

LELAND.

Feb. 7.—The ice has been in excellent condition and the young folks have enjoyed it. Clark Young has arrived from Cobalt. Mr. and Mrs. S. Dickinson have returned after a month's absence in the West. Their niece, Miss Laura Coleman, accompanied them home. A Campbell has sold his farm to Frank Keller who intends taking possession the first of March. Walter Hilder has also sold his farm and intends moving to Westbrook in the near future. Mrs. E. Johnson and Ruth are visiting friends in Tamworth. S. Acherman is at his brother's at Forest Mills. The many friends of Mrs. A. Campbell are glad to see her able to be out again. J. Banks has purchased a new gasoline engine and saw.

KEPLER.

Feb. 9.—All were very much pleased to have Rev. E. Codling preach once more after his recent illness. Westport friends entertained Mrs. S. Dickinson at an oyster supper on Tuesday night at the home of Alexander Smith. Miss Mabel Orser, Wellington Orser, and Mrs. Garrett and Raymond, are on the sick list. Miss E. Maud Townsend is visiting her aunt in the city, while Mrs. Mary Orser is in hospital, having recovered after her recent illness. John Redmond and wife and Edward Donnell and wife are visiting friends at Holleford. Henry Lindsay, wife and daughter are at Robert Lyons, Lattimer. Mrs. Sharpe is visiting her niece at Ottawa. Mrs. M. G. Orser, Kepler, and Miss Bradley, Bath Road, at R. Orser's. Mrs. Sigworth, Harrington, at Mary Orser's; Mrs. Ferguson, city, at Ross Warriman's.

HARLOWE.

Feb. 9.—Mrs. H. Burke and daughter, Miss Scott took with Miss Cox on Saturday. Mrs. A. Gray came to visit her son John on Monday, and was taken seriously ill. She is somewhat better now. Born to Mr. and Mrs. R. Gaddy a daughter, on Friday. While attending a number of scholars from No. 4 school, the sleigh, driven by R. Connor, upset, throwing all out. The teacher, Miss Cox, received a slight injury to her right shoulder. J. Huffman, Verona, who has enlisted in the 14th Battalion, spent the week-end with his uncle, N. Mills. Mrs. W. Locks is ill. Special services are to start Sunday, Feb. 13th, in the Methodist Church. Rev. H. A. Bunt, B.A., is to be in charge. Mrs. Morley Simpson and two daughters are spending a couple of weeks with Mr. Simpson's mother at Ompah.

PERTH ROAD.

Feb. 10.—The recent fall of snow has enabled the farmers to recon-struct their hauling of wood and timber. Sunday morning Mrs. H. Babcock slipped on the ice near her home and received a bad bruise on the back of the head which caused unconsciousness for some time. Dr. Sargent was quickly summoned. Mrs. Babcock is recovering. Miss Edna McCadden is confined to her bed with grippe. Miss S. Guthrie spent Saturday in the city. Rev. Mr. Caswell, Sunbury, and Mrs. R. McCrimmons at H. McCadden's. Miss Mildred Ames, Spedham, was the guest of Miss Winnifred Wallace for a few days. Mr. and Mrs. John Young, Leland, at Miss Sadie Guthrie's; Mr. and Mrs. William Ennis at B. Smith's; Mr. and Mrs. Pines and family at Sheridan Orser's; Mr. and Mrs. Doherty at William Ennis'; R. R. Ritchie made a business trip to Kingston as also did N. Lees. E. Babcock is ill. The Maple Leaf Mission Circle will meet Feb. 10th at Mrs. William Guthrie's.

KINGSTON MILLS.

Feb. 7.—The oldest inhabitant fails to recall a winter so open and mild as the present. The woods and fields have rather the appearance of April than of February. Crows and other small summer birds are very plentiful, and what is still more exceptional a flock of wild geese was seen only a few days ago feeding in an open field. William McKane has been placed in charge of the Campbell Electric plant. The men guarding the Grand Trunk Railway bridge, that crosses the Rideau at this place, are taking every precaution to prevent trespassing of any sort. No person is allowed to walk on or near the bridge. G. Corkey had the misfortune of having a very valuable trotting horse permanently injured by being kicked. This horse competed in several local races last winter. The condition of Mrs. Anna Quinn, wife of the late Bert Quinn, remains about the same. Carl Doyle, who was one of the first to come to enlist for overseas service is now in France. He will give a good account of himself and his many friends hope for his safe return when the war is over. Mrs. Richard

O'Neill had the misfortune to be thrown from a buggy. She was, however, but slightly injured.

Leeds

DELTIA. Feb. 8.—The members of the Public Library held a literary and social event in Bell's Hall on Monday night last. A number from here attended the Sunday School Convention at Newboro last week. Recruits are being added daily to the list. D. Macdonald has gone as home guard to Iroquois. W. Robert from across the lake is moving into the village as also are Mrs. Elliott and family. B. P. Breece and sister visited friends in Ottawa last week. C. Dunn and wife have returned to their home in Toronto. C. A. Lafleche is spending a few days at home. The Oddfellows are preparing for an "At Home" on Friday evening next. C. C. Conners is confined to the house through illness.

LANDSDOWNE.

Feb. 9.—Paul Moore has bought the residence of J. Herblison which was recently occupied by W. H. Hutcheson. Arthur Lattimer, the new G. T. R. agent, and recently located at Brighton, is an old Landsdowne boy, and was warmly welcomed by his many friends. Miss Lillie Harmer, who has been seriously ill in Brockville Hospital, is improving. Rev. Canon Dobbs, Kingston, was here last Monday on business, connected with St. John's Church. Mrs. William McConnell was called to Kingston recently on account of the illness of Mrs. W. W. Stafford, and also her daughter Bessie. Wilmer Grothers, of the Merchants Bank, has been transferred to Nanapanee, and left last week for his new position. Mr. A. W. Trickey of the Merchants Bank spent Sunday at his home in Cardinal.

ROCKPORT.

Feb. 7.—A number from here attended the funeral of the late Miss Phoebe Buell, who passed away at the home of Walter Williams, Poole's Resort, where the deceased lived for a number of years. The funeral service was held at the home of Mrs. Leach, Escott. Miss Evelyn Edgerly has returned home after spending a few days with her brother, Melvin Edgerly, on Wellesley Island, N.Y. The many friends of Miss Florence Burch are pleased to learn she is recovering. Miss Dora Lambert, who has been very ill, is improving. Mrs. Charlotte Jeroy is ill with grippe. A number of young people spent a pleasant evening last week at the home of Mr. and Mrs. Del. Hunt, Escott Centre. Miss Loretta Senecal, Watertown, N.Y., is spending a few weeks with her parents, Mr. and Mrs. Edward Senecal, Poole's Resort. Donald McDonald, Gilbert Plains, and sister, Mrs. Wright, Lakelse, are the guests of John and Arthur Dickey. Mr. McDonald has been away from these parts for over forty-three years.

ATHENS.

Feb. 9.—The rink has been put into good condition and "a leap-year skate" is advertised for tonight. Mablon Yates, Sheldon's Corners, has moved to the Wing property, Wittse street, recently purchased by him. Mrs. Leadbeater has purchased Mrs. N. K. Benedict's house. Stanley Grey has returned from the west and moved to his farm on Oak Leaf road. Mr. Brooker, Oak Leaf road, has moved to the McChain house on Mill street, Norman Brown, Reid street, has leased his farm to Mr. Lattimer. Lansdowne, his former tenant. Frederick Brown farm, Glen Elbe. Amos Athelians who have visited at William Greenham, Mills Johnston, Clarence Washburn, Grant Darling, James Hawkins, Arthur Hawkins, Andy Bradley, Charles Greenham, Alie Thronhill, Claude Watson. The first mentioned has seen seven years' service in England and India, the second named was one of the Boy Scouts sent to England for the coronation of King George. A monster patriotic meeting was held in the town hall on the evening of Jan. 31st the building being packed. Rev. W.

"I HEAL SORES"

To heal sores, does not mean to heal over the outer skin, only to have the sores break out again. Real healing means going to the root of the trouble and curing from the base upward. That is the way Zam-Buk heals, and that is why Zam-Buk cures are lasting. Zam-Buk, as soon as applied to a sore, commences three processes. It soothes the pain by drawing out the inflammation. Being a strong germicide, it thoroughly cleanses the sore by destroying all germs; and then by its marvelous healing power, it promotes the growth of new, healthy tissue. As the new tissue gradually develops, it casts off the old, until the diseased patch is replaced by new, healthy flesh. Effected by this unique method of healing, Zam-Buk cures are thorough and permanent. Send this article and 1c stamp for return postage, in Zam-Buk Co., Toronto, and we will send you a free trial box.



G. Swayne acted as chairman, and stirring addresses were delivered by Lieut.-Col. Bedell, Lieut.-Col. Wilkinson, Rev. Mr. Allen, W. A. Lewis, A. E. Donovan. Excellent music was furnished by local talent. The W. M. S. held its annual "rally" in the vestry of the Methodist Church Thursday evening. After an interesting programme, refreshments were served and a social hour spent. The Blue-bird Mission Circle were guests of honor on that occasion. Saturday was observed here as "nickel day," the Red Cross midgets collecting \$15.50. On Saturday evening at Hard Island school house in the adjoining section, a medal contest was held under L. T. auspices, the medal being awarded to Miss Marjorie Hollingsworth. Besides the educational numbers, the programme consisted of many other interesting features. At the close of the Pansy Mission Band on Monday afternoon, refreshments were dispensed to the little folks. The W. C. T. U. met on Tuesday at the home of Mrs. E. J. Collins. On Thursday evening under G. O. P. auspices, the Lyndhurst Dramatic Club presented the play "A Receipt for \$10,000." An event is to be given soon under Women's Institute auspices for patriotic purposes.

Prince Edward

CHERRY VALLEY. Feb. 8.—The quarterly service was held here last Sabbath morning. F. Spafford lost fourteen fine sheep which got on the mill pond ice and were drowned. Harry Brooks is home for a few days. The funeral of the late Guy Maston was held here last Thursday. Mr. and Mrs. Harkins have recovered from grippe. Q-Evens is very ill.

BONGARD'S.

Feb. 8.—The remains of the late Alva N. Pringle, a former resident of this place, whose death occurred at his home in Detroit, Mich., arrived here on Monday, accompanied by a brother and two nephews. Mr. Pringle was twice married. His first wife was a Miss Dulmage, who predeceased him several years ago. He is survived by his second wife, but no family. Deceased was about fifty years of age. A number of relatives are left in Montreal. Mr. and Mrs. B. E. Harrison and daughter, Waupoos, were recent guests at R. Harrison's. Miss G. Vincent is visiting Mrs. J. Shepard. Mr. and Mrs. Van Meer visited at Fairmount and vicinity last week. Storms is ill and under the doctor's care. Miss H. Kingsley is with her sister, Mrs. Thomas Bongard. A box social will be held here in the near future under the auspices of the Ladies' Aid. R. Harrison and L. Pierce are able to attend home. Miss M. and Mrs. A. Kerr were visitors at R. Harrison's. Mrs. J. Shepard entertained the members of the Ladies' Aid at her home on Thursday. Joseph Blackburn and wife have returned to their home at Cox Hill.

Lennox & Addington

SELBY. Feb. 9.—Quarterly service was held in the Methodist Church on Sunday last. Rev. Mr. Cook and Rev. Mr. Scott are holding revival meetings at Empey Hill. Mrs. W. J. Ramsey, who underwent an operation for appendicitis at the hospital at home, is doing nicely. Mrs. A. Rose returned home from Belleville, where she was visiting friends. Mrs. G. Hudgen is quite ill. Mrs. C. Arnold returned home from Kingston on Monday. Mrs. J. Wood and Miss F. McCauley are visiting friends at Hay Bay. A number from here attended the Epworth League convention held at Nanapanee last week. Visitors: Mr. and Mrs. I. Hudgin and Mr. and Mrs. N. Russell at Rev. Mr. Cook's; D. F. Wilson and his family at Mrs. P. S. Smith and family at L. Edgar's; Miss J. Reid at L. Innes'; Miss A. Sexsmith at S. Anderson's.

Lanark

SWITZERVILLE. Feb. 9.—The Red Cross meeting will be held at R. J. Brethens' Wednesday evening, when another bale of goods will be packed. The W. M. S. meeting will be held the following Thursday afternoon. The people are contributing generously towards the second motor ambulance to be sent to Queen's Stationary Hospital in Egypt. There was no service in the church Sunday morning owing to quarterly meeting and the Sunday School was held in the afternoon. P. Sanderson spent Sunday at R. Brethens'. J. F. Wilson had his hand badly injured by a sawing machine while sawing wood. Miss O. Peter's is visiting at T. Woodcock's. C. B. Brethens, Queen's University spent Sunday at his home. Mr. and Mrs. J. A. Dawson spent Sunday at E. Switzer's. Mrs. G. Shorey is visiting in Montreal. Serbian Army Numbers 76,000. London, Feb. 10.—The Athens correspondent of the Daily Mail reports that the Serbian Legation has received an official telegram stating that there are 84,000 Serbian troops at Corfu and 6,000 at Salonica. The statement says that the Serbian army totals 76,000 men newly equipped and armed. Transportation of men from Albania still continues, and there will shortly be 80,000 Serbians at Corfu.

KNEW ALL THEIR TRICKS.

Frederick the Great provided to His Cavalry Officers. "Gentlemen," said Frederick the Great after a review of his troops, "I am entirely dissatisfied with the cavalry. The regiments are completely out of hand. There is no accuracy, no order. The men ride like tailors. I beg that this may not occur again and that each of you will pay more attention to his duty, but I know how things go on. You think I am not up to your dodges, but I know them all and will recapitulate them. When the season for riding drill comes on the captain sends for the sergeant major and says: 'I have an appointment this morning at—, (fill the first lieutenant to take the reins); So the sergeant major goes to the senior subaltern and gives him the message, and the latter says: 'What! The captain will be away? Then I am off hunting. Tell the second lieutenant to take the men.' And the second lieutenant, who is probably still in bed, says: 'What, both of them away? Then I will stay where I am. I was up till 3 this morning at a dance. Tell the cornet I am ill and he must take the reins.' Finally the cornet remarks: 'Look here, sergeant major, what is the good of my standing off there in the cold? You know all about it much better than I do. You go and take them.' And so it goes, and what must be the end of it all? What can I hope to do with such cavalry before the enemy?—'History of Frederick the Great.'

Siberian Camels.

The native camels of Siberia are a source of constant wonder to travellers. On the Mongolian plateau, for instance, the thermometer often registers a temperature of 40 degrees below zero, but the camels do not mind it at all, walking about as blithely as if the weather were as balmy as spring. On the other hand, the temperature on the Gobi desert in summer is sometimes 140 degrees above zero, and the beasts mind that heat just as little as they do the extreme cold.

Thorough.

A professional lady on Columbia heights boasts a colored treasure greatly envied by her friends. One of them dropping in for tea the other afternoon and finding her hostess not yet returned begged the time of waiting by chatting with Susan, who hovered about the door. Susan had a tragic tale to tell of having broken her mistress' most prized teacup. "What a shame, Susan!" said the visitor with sympathy. "Didn't you keep the pieces? I'm very good at mending china." "Oh, laws, no. Thank yer, miss, jes' the same. When Susan breaks there ain't no pieces."

Witches of Germany.

Freiburg-in-Breisgau made it hot for witches in the old days. No town in Germany was more famous for detecting witches and for burning them. These incidents are said to have averaged nearly one a month. The suburbs of the Wiehrer was especially notorious, and the local executioner won a bet that there were more witches in this village than could be packed into a four horse wagon. Maria Theresa, however, put down witch burning, and the last instance in the neighborhood occurred in 1751. But on the Kaedel, a hill not far off, all the witches of the Black Forest are still reputed to assemble periodically.—London Chronicle.

A Water Telescope.

Norwegian fishermen use a water telescope to ascertain the position of the herring shoals. This is the way to make the water telescope: Procure a tube made of tin and funnel shaped about three and a half feet long and ten inches in diameter at the largest end. It should be wide enough at the top to take in the observer's eyes, and the inside should be painted black. At the bottom, or wide end, a clear, thick piece of glass must be inserted, with a little lead in the form of a ring to weight the tube. When the instrument is immersed in clear water it is astonishing how many fathoms down the observer can see.

A Russian Ad.

The reason why I have heretofore been able to sell my goods so much lower than anybody else is that I am a bachelor and do not need to make a profit for the maintenance of a wife and children. It is now my duty to inform the public that this advantage will shortly be withdrawn from them, as I am about to be married. They will therefore do well to make their purchases at once at the old rate.—Petrograd Otogoloki.

Pretty Clever Idea.

"How do you manage to turn away so many applicants for positions in the chorus without hurting their feelings?" "Oh, I tell them they are too pretty; that the star wants to be the only handsome woman in the company."

A Forced Loan.

Sport—I say, old chap, can you let me have two fives for a ten? Long-Sard. Here they are. Short—Thanks. I'll hand you the ten in a day or so.—Indianapolis Star.

ANCIENT BAGDAD.

Its Ruined Mosques, Crumbling Walls and Rich Bazaars. Squalor and ruin are the present characteristics of ancient Bagdad, the once beautiful city of "The Arabian Nights." Of its famous hundred mosques only about thirty are now in use. Several are so dilapidated that their crumbling roofs and walls threaten the lives of the devout who still worship in them. The one splendid wall, built of the handsome Arabian brick and extending around the city a distance of five miles, still stands, but it is broken in many places. The four original gates bearing the date of 1250, has not been opened since the middle of the seventeenth century. The famous river Tigris, a muddy stream flowing sluggishly during the greater part of the year, divides Bagdad into two parts, which are connected by a rickety bridge of boats nearly 200 feet long. When the snow melts upon the Armenian mountains the Tigris rises, sometimes floods part of the city and often carries away the bridge. The bazaars of Bagdad exhibit rich merchandise of many kinds, including Turkish and European products, both modern and antique, and are the most attractive part of the city.

Wonders in the Equine Foot.

The foot of a horse is one of the most ingenious and unexampled pieces of mechanism in the whole range of animal structure. The outside hoof is made up of a series of thin vertical laminae of horn, about 500 in number. Into this are fitted about 500 more thin laminae, which belong to the coffin bone, both sets being elastic and adherent. The edges of a quire of paper inserted leaf by leaf into another quire will furnish a good idea of the arrangement of the laminae in all the feet, amounting to about 4,000. These are distributed in the most secure manner and in a way that every spring is acted upon in an oblique direction.

Unlucky Hair.

A correspondent of London Notes and Queries writes: Among our peasants it is considered very unlucky to leave lying about or to throw away any, even the smallest, scrap of human hair. They therefore pick it up, sweep up the place where the hair has been cut and scrupulously burn the sweepings in the fire, saying that if left about, the birds would build their nests with the hair, a fatal thing for him or her from whose head it had fallen. They say if a peat (magpie) got hold of it for any such purpose—by no means an unlikely circumstance, considering the thievish propensities of the birds—the person's death "within year and day" was sure.

Origin of the Clearing House.

In 1775 the bankers of London rented a house in Lombard street and fitted it with tables and desks for the use of their clerks as a place where bills, notes, drafts and other commercial paper might be exchanged without the trouble of personal visits of employees to all the metropolitan banks. Transfer tickets were used, and by means of this simple plan transactions involving many millions were settled without a penny changing hands. The Bank of England and all other important banks in London are members of the Clearing House association. The first clearing house in the United States was established by the Associated Banks of New York in 1833.

The Old Wooden Warships.

A modern battleship is supposed to last twenty years. As a matter of fact, its real efficiency as a first class fighting machine is less than half that period of time. Improvements are being made so rapidly and constantly that ships are superseded often after having served only one or two commissions. It was otherwise in Nelson's time. The Victory, for example, was launched in 1759 and was therefore forty years old at the battle of Trafalgar. When she flew the admiral's flag and was accounted quite the finest line of battle ship in the British navy. And her cost, including her armament, was only about £100,000.—London Standard.

Could Lift a Ton and a Half.

A Scotchman, said to be the last of the Stuarts, was possessed with an extraordinary strength, from which circumstance he got the byname of Jemmy Strength. Among other feats, he could carry a twenty-four pound cannon and had been known to lift a carload of hay weighing a ton and a half upon his back. Many a time he took up a jackass and, carrying it on his shoulders, walked through the tollgate.

Handicapped.

"A rich woman misses much in life." "As to how?" "She can't run out to the back fence when she gets hold of a choice bit of gossip. She has to get up a ten or reception, and by that time the news is stale."

He Meant Well.

Niece—I do think you are clever, aunt, to be able to argue with the professor about sociology. Aunt—I've only been concealing my ignorance, dear. Professor Bilks (gallantly)—Oh, yes, Miss Knowles; quite the contrary, I assure you.

An Ominous Hint.

"Sir, I want to ask you for your daughter's hand." "All right, sonny. You'll find it in my pocket."

Deliver me from the individual who has nothing to do. The busy man doesn't often take up my time. It is easier to thwart a villain on the stage than in real life.

FATE OF A PIRATE CREW.

Strange Case of the Nancy Brig and a Hungry Shark. In the museum at Kingston, Jamaica, there are some tattered ships' papers, brown with age and salt water, and a small tin canister. These articles attest the truth of the strangest pirate story ever told. In 1790 the crew of the Nancy brig were apparently honest traders, but did some piracy now and then on the side. One day they found it necessary to go into Kingston for supplies. Before doing so they naturally removed all traces of their buccannery trade. Among other things they threw overboard this tin canister stuffed with papers taken from ships they had sunk, with comments written on the margin by the pirate captain. Later in the day a British frigate was becalmed near the spot, and the sailors spent their leisure catching sharks. Presently they hauled up a big fellow, cut him open and found the tin case with the papers inside. These were taken to the captain, who, as soon as a breeze sprang up, sailed into Kingston harbor, and the Nancy brig there and had the crew tried, convicted and hanged in chains at Port Royal.

Beautiful Blue Lake.

Perhaps the most striking instance to be seen in the whole world of the wonderful apparent coloring of bodies of water is the marvelously beautiful Blue lake in Switzerland. Encamped on all sides by lofty mountains, their lower ranges luxuriantly clothed with verdure down to the edge of the water and adorned with many fine forest trees, while their higher acclivities are garbed in a mantle of eternal snow, the little lake, nesting in its deep hollow basin, is quite startling in its singular and strange beauty. The water, although really pure and colorless, appears to be of a most intense sky blue. And its transparency is so remarkable that a small coin dropped into the water in the center of the lake can be seen until it reaches the bottom, apparently more than a hundred feet beneath.

Finger Nails Show Health.

Our finger nails are made of a horny material that is in some ways like the material that makes our skin. But it is more like the material that makes our hair. It is after all different from either of these and is more like horn than any other part of our bodies. The special cells at the base of the nails form the material for our finger nails, therefore the health of our finger nails depends on these cells. If you are not in good health or if you do not take good care of your skin your finger nails will show that they are not healthy. If your blood is out of order the cells that make the finger nails will not do their work properly and then little white spots will appear on the nails. So you see those little white spots are a sign of bad health.

Chains on All Four Wheels.

When one places chains on the rear wheels of an automobile only, as is so often done, he overlooks the fact that it is the forward pair of wheels that give the car its direction and that it is if anything more important to insure these against skidding than the rear wheels. The only way to be safe is to put chains on all four wheels in slippery weather. The slight trouble involved is in no way commensurate to the danger which is always present where skidding is a possibility. A driver who is too lazy and shiftless to take this simple precaution should be deprived of his license.

Brought Down the House.

On one occasion, when Arthur Roberts, the English actor, was performing the part of Captain Crossree in the burlesque of "Black Eyed Susan" at Glasgow he converted an awkward contretemps into a hit. In one of the scenes Crossree entered supposed to be inebriated and staggered about the stage. In doing so Mr. Roberts accidentally came in contact with the scenery of the inn, bringing the whole set down. The curtain had to be lowered, and the vivacious comedian came to the front and said, "Ladies and gentlemen, you see when we come to Glasgow we always bring down the house."

Mexican Tidbits.

Water bugs and worms are among the tidbits in which the Mexican peon delights. He catches his bugs as they skim along the top of fresh water ponds, drying them and then eating them with as much zest as an American boy eats peanuts. As near as the peon can explain it, their flavor is something on the order of the chestnut, but as no white man has ever tried eating water bugs, or, if he has, doesn't dare confess it, the exact taste of these Mexican morsels can't be described very accurately. The peons do, too, on the nice fat pulque worm. This insect is about two inches long and half an inch thick. They fry the dainty in grease.

PERSISTENCE.

Be not discouraged or out of humor because practice falls short of precept in some particulars. If you happen to be beaten, come on again and be glad if most of your acts are worthy of human nature. Love that to which you return and do not go, like a schoolboy to his master, with an ill will.—Marcus Aurelius.

The liar who can repeat a story ten times without any alteration deserves more credit than he gets. You and I will nod our head to false tribute, and wince when we are asked to shoulder merited rebuke.

BY JOVE!

said a well educated man the other day when he was asked this question:—"Why, when you have a cold, a cough or bronchitis (troubles, you will note, of throat and chest) do you persist in pouring cough, cold, or asthma, all drugs, colds and bronchitis, you must breathe the cure. Peps provide the rational treatment for these ailments. Peps are tablets made up of pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not ailing. Try a 50c. box of Peps for your cold, your cough, bronchitis or asthma. All druggists and stores or Peps Co., Toronto, will supply.

Peps COMB SAGE TEA IN LIFELESS, GRAY HAIR

Grandmother kept her hair beautifully darkened; glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair. A well-known downtown druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant.

AT ALL STAGES OF LIFE

The Woman's Medicine. Good for All Ages. Mrs. Harold Smith's Experience.

Clarksburg, W. Va.—"I am writing to tell you the good your medicine has always done me and I hope my letter may be the means of helping some other suffering woman. When I was 16 years old I caught cold and had suppression for two months. I got so weak I could scarcely drag myself up the stairs. I went to two doctors, then my mother got a bottle of Lydia E. Pinkham's Vegetable Compound and I took it. I never had any more trouble and got strong fast. Then I took it again before my little girl was born and it helped me a good deal and I give the Compound the credit for it. Then this spring I felt very badly again, but I took the Compound and have been well all summer. I cannot be grateful enough for your medicine."—Mrs. HAROLD M. SMITH, 470 Water Street, Clarksburg, W. Va.

For forty years it has been making women strong and well, and curing backache, nervousness, uterine and ovarian inflammation, weakness, displacements, irregularity and periodic pain. If you want special advice write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

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Halibut, Salmon, Herrings, Small White Fish, Oysters, Haddies, Fillets.

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Legislation will be introduced in the Ontario House involving the development of another 100,000 horsepower at Niagara.