

KIDNEY DISEASE WAS KILLING HIM

Until He Used "Fruit-a-tives" The Great Kidney Remedy

HAGERVILLE, Ont., Aug. 26th, 1913.
 "About two years ago, I found my health in a very bad state. My kidneys were not doing their work and I was all run down in condition. Having seen 'Fruit-a-tives' advertised, I decided to try them. Their action was mild, and the result all that could be expected. My kidneys resumed their normal action after I had taken upwards of a dozen boxes and I regained my old-time vitality. Today, I am as well as ever."
 B. A. KELLY.
 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

LADIES! SECRET TO DARKEN GRAY HAIR

Bring Back Its Color And Lustre With Grandma's Sage Tea Recipe.

Common garden sage brewed into a heavy tea, with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant; remove every bit of dandruff, stop scalp itching and falling hair. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use tonic, costing about 50 cents a large bottle, at drug stores, known as "Wyeth's Sage and Sulphur Compound," thus avoiding a lot of fuss.
 While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared. After another application or two your hair becomes beautifully dark, glossy, soft and luxuriant and you appear years younger.

Montgomery Dye Works

For the Best in French Dry Cleaning, Dyeing and Pressing.

J. B. HARRIS, Prop.,
 225 Princess St.
 Phone 1114.

A good many times the difference between gambling and investing is too slight to be noticeable. Many a man has earned the name of being generous by giving away what he stole from others. That father should have a care for himself, provided he expects his son to follow his example.

Sleepytime Tales

SMUTTY AND GUY.

Once upon a time Guy asked his father if he could have a dog. His father told him that he couldn't afford one just then but he had no objections to his having one if he could arrange it. He suggested that there might be a home for dogs where Guy could get one for nothing.
 Guy was not at all sure that he wanted a stray dog but he thought it better than none and asked his father if he wouldn't see what he could do. When his father came home that night he had something wrapped in a bundle which he handed to Guy and when he opened it out jumped a little black dog.
 His father said that a man in the office had brought it in to take to the son of a friend but found that he already had a dog so he was very glad to give it to Guy's father. Guy slept with the tiny dog close beside him although his mother objected. Guy named the dog Smut-

ty and began at once to try and teach it some tricks. He taught Smutty to beg for food, to walk across the room on his hind legs, to jump way up over Guy's arm, and to bark thank you, when he was given a piece of meat. Every morning Smutty would come to Guy's door and scratch and bark to be let in and then he would jump on the bed, take hold of the bed clothes, with his teeth and pull until he got them over his head, when he would go to sleep until Guy was dressed.
 When Guy was ready to go down to breakfast Smutty would grab hold of his trousers and follow close after his master. He liked to have Guy get a strong piece of rope and let him hang on to it with his teeth while his master swung him around and around.
 A man offered Guy five dollars for Smutty but Guy said he wouldn't sell him for any amount and Smutty still lives with Guy and I guess always will.

"Low Cost of Living" Menu

Menu for Tuesday

BREAKFAST

Ham
 Beef Hash
 Potato Chips
 Date Muffins
 Coffee

LUNCHEON

Tripe in Batter
 Graham Bread
 Ginger Cookies
 Cocoa

DINNER

Vegetable Soup
 Beef and Tomato Scallop
 An Gratin Potatoes
 Turnips a la New York
 Beet Salad
 Sage Apple Pudding

BREAKFAST

Date Muffins—Mix two cups of flour, quarter of a cup of sugar, two eggs, a cup of milk, two teaspoons of baking powder, and a cup of chopped dates. Bake in a hot oven twenty minutes.

LUNCHEON

Tripe in Batter—Cut the tripe in small pieces, boil twenty-five minutes, drain, dip in batter, and fry as salt pork in a frying pan. For the

DAMAGES FROM MORGAN.

Employee Hurt When Millionaire Was Shot Awarded \$20,000.
 Mineola, L.I., Feb. 7.—Michael Killilea, a dairyman, who was employed by J. P. Morgan on his estate at East Glen Cove, has won a verdict for \$20,000 damages against Mr. Morgan for injuries suffered on the night of July 13th last, when Mr. Morgan was shot by Frank Holt, also known as Eric Muentzer.
 After the shooting rope was stretched across a bridge leading to Mr. Morgan's house to prevent automobiles from entering the grounds. Killilea, who was riding a bicycle, ran against the rope and was thrown, suffering injury, which physicians say dooms him to total blindness. He

sued Mr. Morgan for \$50,000, but a jury gave him a verdict for \$20,000.

Emit Iron Currency.

London, Feb. 7.—According to a wireless message from Vienna received here the Treasury office at Vienna has decided to follow the precedent set by Germany and emit iron currency for circulation.

Another American Paper Excluded

Ottawa, Feb. 7.—The American Independent, a weekly paper published at San Francisco, Cal., has been refused the privileges of the Canadian mails. The usual penalty of \$5,000 fine or five years' imprisonment has been fixed.

SIGNS OF RAIN.

Simple Things That Tell Us When a Storm Is Brewing.

On the subject of predicting rain, Rollin Lynde Hartt in the Woman's Home Companion writes in part as follows:
 "There are plenty of soundly scientific weather signs that are right before our eyes and vouches for by the best meteorologists. For instance, the 'ring around the moon,' which is produced by a thin, filmy cloud made up of minute particles of ice—a state of things not built to last. Either some unlooked-for commotion will put a stop to it in a different manner, or it will pour 'cats and dogs' within three days at most. In eighty-six cases out of a hundred the rule holds good. A still better sign is the 'ring around the sun.' This is science, plain and simple, and so is the old maxim: 'The farther the sight the nearer the rain.' It is not pessimism that makes people along the coast predict a downpour when they can pick out the separate houses on a faraway island, or people in mountainous regions call it 'too good to last,' when a distant peak, generally invisible, comes into view. They are shrewd meteorologists in making these predictions, and also in declaring that sounds carry better when a rainstorm is brewing.
 "Of all nice, convincing weather signs, however, a 'sickening sky' is pretty nearly the most reliable. When the deep warm blue grows paler, and then whitish, and your spirits drop, and shadows fray at the edges and disappear, then you have a sickening sky. Rain is not being brought up ready-made from afar, it is being manufactured directly overhead.
 "The color of the sky, then, is a fairly trustworthy sign in and of itself, and so is the color of the clouds. Intensely white clouds against an intensely blue sky mean bright weather ahead. Grayish clouds on a lightish blue foretell rain."

Dark Stars.
 It is reasonable to assume that the number of stars in space having a temperature so low that their radiations do not affect our eyes or photographic plates is extremely large. That these invisible stars are far more numerous than the luminous stars is suggested by F. A. Lindemann, who attempts in the Monthly Notices a rough calculation of their relative number based on the assumption that new stars (novae) are due to collisions. He concludes that there are about 4,000 times as many dark stars as bright ones.

Man's Will is All His Own.

True education lies in learning to wish things to be as they actually are. It lies in learning to distinguish what is our own from what does not belong to us. But there is only one thing which is fully our own—that is our will or purpose. God, acting as a good king and a true father, has given us a will which cannot be restrained, compelled or thwarted. He has put it wholly in our power. * * * Nothing can ever force us to act against our will, if we are conquered it is because we have willed to be conquered.

His Reward.

"Willie," called his mother from the head of the stairs, "did you wipe your feet before you came in?"
 "Yessum," replied the young hopeful.
 "Did you close the door carefully behind you?"
 "Yessum."
 "Did you hang up your hat?"
 "Yessum."
 "Very well. Then you may practice your music lesson."

A Much Needed Improvement.

"Do you believe that we should have a more elastic currency?" asked the man who always talks national finance.
 "Not much," snorted the man with the shiny clothes. "It's elastic enough now. What they ought to do is make it more adhesive."

Other People's Burdens.

If we could read the secret history of our enemies we should find in each man's life sorrow and suffering enough to disarm all hostility.

What Did He Mean?

"Have you noticed, my friend, how many fools there are on earth?"
 "Yes, and there's always one more than you think."

Barbados.

Agriculture is the chief pursuit in Barbados, and without doubt the island is the most intensely cultivated spot in the West Indies. Sugar is the chief crop and has been from time immemorial; tobacco is grown slightly, fruit hardly at all.

But They Can.

Mrs. Muggins—When a girl is married she is apt to think her troubles are over. Mrs. Buggins—Yes, she does not seem to realize that things can go very much amiss with a Mrs.—Philadelphia Record.

A Genius.

Little Willie—Say, pa, what is a genius?
 Pa—A genius, my son, is a person whom nature lets in on the ground floor but whom circumstances force to live in an attic.—Chicago News.

Trying Work.

Thin Haired Man—What! A shilling for cutting my hair? That's outrageous! Barber—But, my dear sir, the hairs on your head are so far apart that I had to cut each one by itself.—London Tit-Bits.

Relief.

"My patience is taxed very often."
 "Well, I notice you get relief in the usual way."
 "What's that?"
 "Swearing it off."—Baltimore American.

A FAMOUS SUBMARINE.

In Its Day Le Diable Marin Was Considered a Marvel.

Le Diable Marin (the Sea Devil) was one of the most famous of the nineteenth century submarines. It was the invention of Wilhelm Bauer, who launched it in 1850.
 This vessel was built of iron. She was fifty-two feet long, twelve feet wide and eleven feet deep and shaped somewhat like a dolphin. Her sides were six-tenths of an inch thick and could resist the pressure of a 150 foot column of water.
 The motive power was provided by a screw, which was operated by a treadmill, and the up or down motion was achieved by shifting water in longitudinal tanks by means of pistons.
 At the bow was a bomb or torpedo containing fifty pounds of powder, and near it were two heavy India rubber gloves, by means of which a man inside the vessel could reach out and fasten the bomb to the bottom or side of a ship. To purify the air Bauer arranged long pipes, which were quite effective in "revivifying" the stale air for a short time.
 The Prussian government supplied him with a crew of eighteen men, who were to make a trial trip with him, but on his first descent they were so alarmed as to be useless, and when the Diable Marin rose again to the surface they cried, "Praise be to God!"
 When his men were more accustomed to the work Bauer executed many wonderful maneuvers and on one occasion stayed under water while he wrote letters to his mother, King Maximilian of Bavaria and the Grand Duke Constantine.

The Knight of Snowdon.

A Cambridge High school boy figured out the character of James Fitz James in "The Lady of the Lake." He did it on a piece of paper which his teacher took away from him. Here is what he calls the "Knight of Snowdon."
 "A bow legged, knock kneeed, pigeon toed, cock eyed, broken nosed, donkey earned, bone headed, wiggle, crippled put."
 "As if that were not clear enough, he accompanied the epithets with drawings, evidently of the noble knight with the sun laughing at him from the skies."

Constitutional Government.

By "constitutional government" is meant the government that has checks imposed upon it by a written (or unwritten) constitution or charter. The United States and England and France and various other countries are "constitutional" in this sense, whereas Russia and one or two other countries are nonconstitutional because of the absence of the above mentioned checks, the will of the czar, etc., being practically supreme.

In this day and generation the all important thing to do is to prove that you are not overpaid.

Sunlight Soap

5c.

is all you need to pay for the best and purest Soap in the world—Sunlight. The inducements offered with common soaps cannot make up for the guaranteed purity of Sunlight Soap. 14

Clean, pure and wholesome, a tea you will like.

Red Rose Tea "is good tea"

Weighing Words.
 An Advertising Expert says, "The man who weighs his words, says what he means and no more, is the one who gets a reputation for solidity in his community. Advertisers should remember this. Exaggeration is futile—it does not convince. Aside from the morality of the matter, it does not pay to insult the intelligence or stretch the credulity of your public. Get a reputation for truthful advertising, and people will go a long way out of their road to do business with you."
 Good advice and fortunately followed by nearly all our local advertisers.



CRISCO

To call Crisco "the ideal cooking fat" may seem to be too high praise.

It is in reality only a simple statement of fact, which will be endorsed fully by every woman who has used Crisco long enough to be familiar with it.

Crisco is the ideal cooking fat—and as such deserves your attention and a thorough trial.

Made in new, sanitary, sanitary factories at Hamilton, Canada

1915—A Record Year

In every particular the business of the London Life Insurance Company reached high-water mark in 1915. In new business written, in gain in business in force, in gain in income, in gain in assets, and in surplus earnings the year's operations show the most favorable results yet attained.

The following comparative statement speaks for itself:

	1909	1911	1913	1915
Insurance in Force	\$14,189,613	\$20,237,984	\$27,118,375	\$34,820,327
Insurance Issued	5,011,227	7,308,183	8,828,189	11,060,511
Total Assets	2,927,055	3,569,797	4,645,695	6,075,323
Policy Reserves	2,667,513	3,278,616	4,226,152	5,459,242
Premium and Interest Income	754,207	959,185	1,295,840	1,666,122
Rate of Interest Earned	6.87%	6.68%	6.81%	7.08%

Notwithstanding the strain of the war conditions, of which this Company has borne its full share, the favorable results experienced in recent years has made it possible to introduce a still further increase in the scale of profits apportionable to Participating Policies. The new scale comes into effect in 1916.

Actual Results exceed Estimates by more than one-third in the

London Life Insurance Co.

Head Office, London, Canada

A. G. BROUSE, SUPERINTENDENT.
 Golden Lion Block.