# BRINGS RHEUMATISM

Says skin pores, are closed and uric acid remains in blood.

Rheumatism is no respecter of age, sex, color or rank. If not the most dangerous of human afflictions it is one of the most painful. Those subject to rheumatism should eat less meat, dress as warmly as possible; avoid any undue exposure and, above PAN all, drink lots of pure water.

Rheumatism is caused by uric acid. which is generated in the bowels and function of the kidneys to filter this acid from the blood and cast it out of this impurity. In damp and chilly, cold weather the skin pores are closed thus forcing the kidneys to do double work, they become weak and uric acid which keeps accumulating and circulating through the system. eventually settling in the joints and over. muscles causing stiffness, soreness and pain called rheumatism.

get from any pharmacy about four ounces of Jad . Salts; put a tabledrink before breakfast each morneliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

Jad Salts is inexpensive, harmless and is made from the acid of grapes and lemon juice, combined with lithia and is used with excellent results by thousands of folks who are the statement that the Ponga was able service in that capacity, during subject to rheumatism. Here your built in 1914. That's mistake. She which time his headquarters were in water drink which overcomes uric acid and is beneficial to your kidneys 1915- December, 1915, at that, if the position of Commissioner of

THE NEW FRENCH REMEDY, Not. No.2. N.3. KIDNEY, BLADDER, URINARY DISCASES, BLOOD POISON PH.ES. EITHER No. DECOCISTS OF MAIL SI, POST 4 CTS

Best's

BRIT. GOVT. STAMP AFFIXED TO ALL GENUINE PACKETS.

Long recognized as the centre for Photo Supplies. Cameras. Papers, Films of all makes han-

Cameras Exchanged, Repaired and Rented. are properly developed with promptness and dispatch.

A free information department clears up every photographer's

The Popular Drug Store. Open Sundays.

# Winter is Tightening Grip

Prepare for/Cold Weather

Nothing like good Underclothing to dispel cold and grippe.

Keep your bodies and feet warm.

All the best brands at the low prices.

Not a single garment advanced in price.

TURNBULL'S TIGER BRAND PENMAN'S WATSON'S AND NOVA SCOTIA

Buy all you can now and supply yourself for next winter.

Jenkins

Ciothing Company.

Launched in December

absorbed into the blood. It is the OUT ON THE SEA DISGUISED AS A FRUIT STEAMER:

> Ever Floated-Fast Cruiser That Succeeded In Running Blockade is

A Menace To Shipping-Nine Built Ponga -- as much of it as will prob- after having spent some time in ably ever be told until the war is London, he entered the manufactur-

The yarn was spun by Captain J. usually successful career. C. Barton, skipper of the British freighter Corbridge, one of the Pon- he accepted a commission from the ga's victims, and includes both first- British Government to visit Canada

a mighty fine piece of work. She dealt with it at length. craft that ever took the water.

was laid down in 1914, after the war | Montreal, the Canadian Government began, but she wasn't finished until sought his services and he accepted know this will show itself in due Minister. The result of his four trusts. course, but the fact is that the Ponga | years' work under Sir George Foster miralty for the sole purpose of runn- selves of the services of his departing the British blockade and getting ment as an aid to business extension. out into the open ocean as a commer- The late Mr. Grigg had traveled ernment are new coming into circula-MED. CO. HAVESTOCKED, HAVESTEAD LONDON FOR CIAI raider. And the second fact of extensively in Europe, Canada, and tion. General business is improving was ever built before anywhere in

ship, a clumsy freighter with nothhalf trying. With danger threaterthe British Admiralty to know this, ada with the necessary equipment same Board of Directors was re-elect If they are going to catch the Ponga for waging a commercial campaign ed, and at a subsequent meeting the they don't want to send anything af- in conjunction with the rest of the following officers were appointed: ter her that can't beat 25 knots, for that is what they have got to beat. The Ponga is not only not a freighter transformed into an auxiliary cruiser, she is a made-to-order cruiser, and about as fast as anything affoat that carries guns.

"I realizé I am saying a lot about a boat that I never saw until the afternoon she sank me, but as my yarn gets along I have a suspicion it will disabuse any doubts on the

"She was built in a German portion the Baltic, and when she was about finished they painted her a buff color, with the Swedish flag painted on each side of her aimships. the flag locker they had every kind of ensigns that are flown anywhere in the world. And just after Christmas they recruited a crew for the

Nine sea raiders of the type of the caped from Kiel on New Year's Day Weekly, with the Moewe, has since been preying on British commerce with as much success as the Appam's captor according to a story told here to night by Mrs. Francis Fuller, wife of the British Governor-General of As-

Mrs. Fuller was one of the 97 pasengers of the Appam who arrived here from Norfolk, Va., on board the Old Dominion steamer Jefferson, Mrs. Fuller declared that one of the German officers who came aboard the Appam was authority for the statement that the Germans had equipped the nine raiders at Kiel She said he told her the Moewe and the others escaped and passed almost within a stone's-threw of three British cruisers a few hours after they left the Kiel Canal. The Bri tish officers and seamen all agreed that the raider was apparently a new vessel of about 6,500 tons gross. Her coal bunkers, they said, were unusually large, as though built for long cruises. The Germans took every precaution, they added, to shield the

## RID STOMACH OF GASES, SOURNESS,

"Pape's Diapepsin" Ends All Ston ach Distress in Five

You don't want a slow remedy when your stomach is bad-or an uncertain one-or a harmful one-your stomach is too valuable; you mustn't

injure it with drastic drugs. Pape's Diapepsin is noted for it speed in giving relief; its harmles ness; its certain unfailing action regulating sick, sour, gassy stomachs Its millions of cures in indigestion dyspepsia; gastritis and other stom ach trouble has made it famous the

in your home-keep it handy-get forcibly, upon the table, and exa large fifty-cent case from any drug | claimed: store and then if anyone should eat something which doesn't agree with to burst!" ferments and sours and forms gas; | Smith, glanced deprecatingly at the causes headache, dizziness and nau- speaker, and scratching the green sea; eructations of acid and undigest baize with his forefinger, said mildly ed tood remember as soon as Pape's Diapensin comes in contact cumb, but that must not be," he addwith the stomach all such distress ed raising his voice, "as long as we vanishes. Its promptness, certainty individually have a dollar." and ease in overcoming the worst stomach disorders is a revelation to those who try it.

four guns mounted forward and the. one mounted aft, but they appeared to be of the 15-centimetre type.

"A MASTER MIND."

ate Richard Grigg Has Done Valuable Work.

The death by heart failure of Mr. Richard Grigg, Chief Canadian Trade his turn at one of the ticket wickets at Ottawa Central Station, has evoked innumerable expressions of sympathy and regret. Mr. Grigg, who was born in Plymouth, England, in 1847, had acted as chief of the Canadian trade Commissioner service since 1911, and in that office, with Sir George Foster, had done exceedingly valuable work. He was the author of several important rein the urine; the pores of the skin British Skipper Sals Nothing Finer Sir James Grant remarked recently ports on trade and commerce, and as was in his particular sphere, "a mas-

Mr. Grigg's early life was spent in Ontario in the Ingersoll district, New York, Feb. 5.—This is the where he and his parents resided. tale of the German light cruiser Later, he returned to England, and

'On retiring from business in 1905 hand knowledge and information and investigate the economic conbased on casual remark's dropped by dition of the country. : The subsethe German officers during the week | quent report attracted world-wide the British mariner was prisoner attention, and probably enjoyed a larger circulation than that of any "Oh, yes," began Captain Barton other blue book ever published, while in reply to a question, "the Ponga is practically every paper in the Empire

ought to be. She was built to be In 1907, Mr. Grigg was chosen by just about the fanciest bit of raiding | the British Government as head of the British Intelligence Service in "They have printed in the papers | Canada, and after four years of valumy, reckoning isn't faulty. Now I Commerce, with the rank of Deputy lady was built by the German Ad- is apparent to all who avail them-

importance is that nothing like her the United States; in fact, it has in all lines, and promises even great, "Above the water-line-inside and Caradians do. Among his publica- months of the war seems to have out—she looks exactly like a fruit tions that attracted attention were passed, and the Canadian people are ing to boast of by way of lines. But Trade in Canada," and a review of ing their country in a serious way, below the water-line-nothing finer the work being accomplished by the and are exercising a very necessary ever floated. . That slow-going old Canadian Commerce Intelligence Ser- economy. freighter can do 20 knots without vice, as well as various other official The adoption of the report was se-Blue books.

> be waged against Germany, and only | manager. a few days before his death he pointed out in the weekly bulletin of the highly desirable that Canada should he represented at the Lyons Fair. This fair inch be held at Lyons in-France, and is intended to supplant power of Germany." he added, "is \$5,000 fine,

business at Montreal .- Toronto Star allens for immoral purposes.

They Salute All in Khaki. Toronto's "kid" soldiers-the Public School Cadets—are setting a fine example just now to those young of ficers of the overseas troops who are careless or negligent in the giving of salufes and in general behavior to-

wards the men in the ranks. Taking, the hint from their comnander, Col. John Thompson, the dadets now salute every khaki-clad man they meet on the street, officer 'or private. 'I suggested to the boys that they do this as a mark of respect to the men who are going to fight their battles and the boys are glad to do it," said Col. Thompson.

"I have yet to learn of a single case of snobbery or class distinction in the Public School Cadet corps. "Our boys are courteous and careful of discipline in that respect, but there is no uppishness. As for officers and privates meeting together, the cadets don't worry about that. They eat anywhere and any

they're hungry.' Apropos of the attitude of some officers toward the privates, an amusing story is told in school circles of a seven-year-old chap in Brown school kindergarten who came to his teacher with a sore grievance. "The boys won't give me the salute right," he wailed. "I'm the

The teacher made inquiries, and If Cross, Feverish, Constipated, Give found that the kiddies had formed a little unofficial corps, had elected the lad captain, and then some unruly unappreciated manner. A little ed on castor oil, calomel, catharkindly counsel set the matter ties.

captain and they've got to salute me

straight and made the captain happy.

Would Go to the End. darkness, when the fate of the C. P. R, was trembling in the balance. there was a director's meeting in Montreal, and the prospects, of fail ure for lack of funds were long and painfully canvassed. At length the Keep this perfect stomach doctor president brought down bis palm

> "Gentlemen, it looks as if we had "It may be that we must-suc-

THE ANNUAL REPORT.

Of The Trusts And Guarantee Co.,

Ltd., Toronto. The report presented to the shareholders of the Trusts and Guarantee Company, Limited, at their annual meeting held in Toronto on January 28th, shows a continued and steady growth in the company's business.

The total assets of the company increased during the year almost one million dollars and now exceeds \$14,-000,000. These figures are significant of the increased and increasing demand for trust company stewardship in preference to that of the private party, affording as it does a reliable and economical means of caring for the financial affairs of a man of means during his lifetime and efficiently administering his estate af-

A further important gain is that reported in the total of the Guaranteed Trust Funds invested by private parties and fraternal and other societies through the company. These funds now amount to about four and a quarter million dollars, being a substantial increase over the total of one year ago, and most favorably reflects the confidence of the investing public in this form of security issued by The Trust and Guarantee Company.

The net profits for the year were, like those of all other financial institutions, slightly below the figures of 1914. The usual dividend of 6 per cent per annum was paid and the forward to the credit of Profit and Loss or Reserve Account, making the total of that account now \$393.641,-

James J. Warren, president, in moving the adoption of the report, called attention of the shareholders to the fact that the company's guaranteed investment certificates are, by Act of Parliament, a trustee security, and as such are now legally one of the high class securities in which executors and trustees are authorized by law to invest funds of estates and

In the course of his remarks the President said: "The proceeds of the large Western crop and of the munition orders for the British Govbeen said of him that he knew Can- er activity. The feeling of appreada, both East and West, as very few hension that prevailed in the early "Conditions and Prospects.of British going about the business of develop-

conded by C. E. Ritchie, Vice-Presiing she could rip out another five | Since the outbreak of the war he dent. A hearty vote of thanks was knots. It might be just as well for had applied himself to arming Can- passed to the officers and staff. The British Empire and its allies after James J. Warren, President; D. W. the close of the war. He thoroughly Karn and C. E. Ritchie, Vice-Presibelieved that a bitter trade war will dents, and E. B. Stockdale, general

> Department of Trade that it was WHITE SLAVERS SENTENCED Toledo Men, One With Canadian

> Wife, Get Ten Years. Toledo, Ohio, Feb. 7-In the Unitthe Leipzig Fair, at which sales ex- ed States District Court here Saturceeding \$50,000,000 have been made day Herman Glass, 22, convicted of annually. In recommending Canada bringing his 19-year-old-wife from to be represented at the French fair, Canada into the United States and express sympathy with France, but veland, Toledo, and other Ohio cities. would probably develop interests of was sentenced to serve ten years in

> based upon her industry and export. His brother, Joseph, 15, was conand the defence of civilization will victed and sentenced to serve ten be on industrial lines after the war years at Leavenworth. The Governmen convicted the two men on both Mr. Grigg leaves a widow and a white slave charge and violation of daughter at Ottawa, and a son in the act forbidding the importation of

## Ontario Will Be Dry.

tario coming under prohibition. That The petition now in course of pre- the Dominion. paration promises to be most formidable thing of the kind ever secured. It will probably show three-fifths of the voters to be in favor of an act a referendum. The Government cannot ignore such a request.

In some quarters it is expected Premier Hearst will grant the prayer of the petitioners and pass a probibitory liquor law. In others he i expected to submit a referendum to the people at the next municipal election. It is generally believed, however, that the Government will be pressed to a radical course by the magnitude of the petition, and the practically unanimous sentiment in favor of restriction that it will re-

## PILLS, CALOMEL AND CASTOR OIL

"California Syrup of Figs."

Look back at your childhood days Remember the "dose" mother insist-How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they The children's revolt is wellfounded. Their tender little "insides" are injured by them. Itsyour child's stomach, liver and

bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless 'fruit laxative' handy; they know children leve to take it; that it never

with contempt.

Probs.: Westerly gales, cold. Tuesday, fair and very cold

# Carnival WeekSpecials

'During this week we will run a series of one day "One Price Sales" that for value-giving will be unsurpassed by any similar event ever held in Kingston!

## o-morrow

We inaugurate this "Carnival Week" feature event with

# Donnie Disconnif Orginas



Which Means Saving of 10% on All Cash Purchases



Be here to-morrow and take advantage of this wonderful saving opportunity.

STEACYS "The Woman's Store of Kingston."

WAR OFFICE ASKS FOR MOST EFFICIENT OF BATTALIONS.

Smoking . Order' Issued - Ontario Hospital At Orpington, England, Now Completed.

Ottawa, Feb. 7.- The War Office has cabled the Minister of Miltiia Lady Ralph Paget the First to Secure stating that fourteen of the best Canadian battalions, out of the twenty asked for some days ago, can be tak-

These battalions will be selected in order of merit and efficiency and will Mr. Grigg said that it would not only putting her in resorts in Detroit, Cle- future. Their departure from Canada will increase the accommodation the most important character. "The Leavenworth Penitentiary and pay a and will, to that extent, facilitate the orgainization of additional new

It is announced also that a number of junior officers in the artillery have been recommended by officers at the front for commissions and are returning to England for further

The Ontario Hospital at Orping ton, England, has been completed and is now ready to be taken over. An order has just been issued There is a bright prospect of On-from militia headquarters here prohibiting smoking in militia offices. will be a great day for the Province! stores or magazines in all parts of

> TO GET COAL TO ITALY. Breish Will Send Ships And Famine

Is Less Critical. Italy is described as less critical by the Rome correspondent of the Temps, He says the British Government has expressed willingness to son sentenced James Howcroft to two set aside a number of steamships for years in the penitentiary for attemptthe exclusive purpose of carrying ling to commit bigamy. Howcroft coal and other freight between Italy was at Old St. Andrew's Church and and England. The price of coal in was about to be married when a rela-Rome, which three days ago was 112 tive rushed up to the paster and defrancs per ton, fell yesterday to 93 clared that Howcroft was already a francs, and in some instances as low married man. The bride collapsed

Christening Beliefs.

There are many superstitions in which baby is carried into church | ed to go before a jury. for the baptismal service. It is supposed to affect the character and disposition in after-life. The nurse, or whoever carries him or her, should enter the church with the right foot, stepping briskly and dancing the baby in her arms, so that the little one shall grow up cheerful and light- Tells How Vinol Restored Strength

Another old-fashioned theory is that if a boy is baptized in the water previously used for a girl he will grow up feeble and effeminate; while if the case is reversed the baby girl will grow up lacking in womanly attributes. In every country white is employed for all baby garments, but where a little color is introduced the superstitious mother takes care that it is a lucky shade. Red is said to be was weak, my circulation was very a lucky color, pink and blue are also poor, and I was not able to do my favorable, but green, the color of duty in my Parish as I felt I should. jealousy, and yellow symbolise strife. I had tried various remedies but did

After Forty Years.

fails to clean the liver and bowels ago issued a cheque for \$100 and ter and do more work." them; if what they eat lays like lead. Lord Strathcona, then Mr. Donald and sweeten the stomach, and that a again in 1870 another one for \$30. There is no secret about Vinol, it teaspoonful given to-day saves a sick in whose favor the present officials derives its powers to build up the do not know, because all the records over-worked, brokendown, nervous Ask your druggist for a 50-cent were destroyed by fire in 1881. But system from the medicinal extracbottle of "California Syrup of Figs," just now Mr. W. A. Clarke, the Town- tives of fresh cod livers without oil which has full directions for babies, ship Clerk, received word that the combined with tonic iron and beef children of all ages and for grown- two cheques were lying as unclaimed peptone.

## CATARRH BLADDER 24 HOURS Each Cap-

HONOR FOR LADY.

Medal.

New York, Feb. 7 .- Lady Ralph Paget, formerly Miss Minnie Stevens, of this city, will be the first to reeive the Medal of Honor awarded by the New York City Federation of Women's Clubs for exceptional services a woman "beyond the lines of duty." Announcement of her selection for the honor was made to-day. Lady Paget went to the aid of stricken Serbian women at the time of the occupation of Monastir by the

Fasting From Meat.

Petrograd, Feb. 7.-The Ministry of Agriculture announces that two meat fast days weekly must be observed throughout the Empire if ruinous depletion of cattle stocks is to be averted. The Ministry further proposes a reduction of the soldier's meat ration.

Since the beginning of the war horned cattle in European Russia. then totalling 40,000,000, have decreased 25 per cent, owing to the abnormal demand, arising from military circumstances and also the population. The seizure of Russian derritory has been responsible Paris, Feb. 7,-The coal famine in for a loss of at least 2,000,000 cattle.

Wedding Stopped at Altar.

Toronto, Feb. 7 .- Magistrate Deniand Howcroft was arrested. Pleas were made by counsel at the Police Court and the magistrate withdrew the sentence and agreed to remand. until February 11th. Howcroft was England connected with the manner also charged with perjury and elect-

> Diplomacy sometimes means letting the other fellow, for the time being, get the best of you,

OVERWORKED MINISTER.

And Vitality. Kingston people will realize that we could not publish such letters as the following if they were not genu-

ine and truthful statements of facts. The Rev. Mr. Hughes, Holly Springs, Ark., says:-"I am a Methodist Minister, gree suffered from broken-down nerves. loss of appetite and sleeplessness. I

Mr. Gatlin of Bearden, Ark., I learned of Vinol, and it built me up. York township some forty years regained my appetite, can sleep bet-

not seem to get any better. Through

ups plainly on each bottle. Beware balances at the Receiver-General's Anyone in Kingston who wishes to of counterfeits sold here. See that office, Ottawa. For some unknown try Vinol can do so with the underit is made by "California Fig Syrup reason they had never been cashed. standing that we will return their Weather prophets guess right now Company." Refuse any other kind The cheques will be returned to the money if they are not satisfied. Geo. township and may be kept as curios, W. Mahood, Druggist, Kingston, Ont.

## DAVIES'

Sweet Pickled

Hocks Nice for Boiling

Per Pound

The Wm. Davies Co. Ltd., Phone 597.



## WHAT ISECONOMY?

Secretary of Commerce Redfield asks the above question and then answers it thus:

"ECONOMY is spending money wisely. It means spending much when much is needed, spending fittle when little is needed, none when none is needed.

"ECONOMY and frugality are not the same things. Frugality at

times is really waste." And the essence of true economy is know-

ledge. The information as given from day to day in the advertising in a live newspaper like The Whig is a guide to true economy.