

Told In Twilight -- In the Realm of Woman



Society

(Continued from Page 3.)

At the military ball given by the officer commanding, and the officers of the 8th Brigade, C.F.A., No. 2 Section, Divisional Ammunition Column of the Third Division, C.F.E.F., in Columbus Hall, Toronto, on Friday evening. The guests were received by Lady Hendrie, wearing a beautiful gown of Brussels lace and white bead embroidery, and diamonds, and Mrs. Austin Gillies who looked very lovely in nasturtium velvet, with silver lace, silver shoes and tulle scarf. Miss Eva Richardson, of Kingston was among the guests.

Mrs. Stewart Robertson will receive on Thursday afternoon, February 3rd at her home, 193 Johnson street.

Mrs. Frank Phillips and Miss Jennie Phillips, Johnson street, will receive on Thursday, Feb. 3rd.

Several informal teas have been given this week in honor of Miss Helen Drummond.

Miss Bessie Chown has been the guest of honor at several informal teas this week.

Mr. and Mrs. Alfred Connelly and Helen Trickey, also Mrs. H. McCarthy, Mrs. J. Charles, Fenwick Connelly and mother spent Wednesday, Jan. 26th, with Mr. and Mrs. Donald Thompson, near Odessa.

Col. R. A. Boock, Westmount, has taken an apartment at "The Belvidere" King street.

Miss Aileen Cotton, Toronto, is the guest of her aunt, Mrs. Jeremy Taylor, Earl street.

Miss Marguerite Eglov, Barrie street, returned from Brockville on Monday.

Mrs. Henry Joseph, returned to Montreal on Monday after a little visit with Mrs. Richard Waldron, "Arthur Place." During her stay in town she was the guest of honor at several informal affairs.

Mrs. J. C. Farthing, Montreal, is the guest of Mrs. Sanford Calvin, University Avenue.

Mr. and Mrs. G. Rogers returned from their short honeymoon on Saturday.

Mrs. Austin Gillies and her little son will come from Toronto this week and will visit Mr. and Mrs. J. S. R. McCann, Wellington street.

Mrs. Winthrop Sears, Earl street, has returned from Brockville.

Mr. Martinoff, Russian Inspector of locomotives, who has been at the Belvidere Apartments, King street, left this week for New York.

Dr. and Mrs. E. H. Young and little Miss Elizabeth are leaving to-

tomorrow for London where they will be much missed by a host of friends in Kingston, who regret their departure.

Mrs. John Nicolle, Kingston, a guest of Dr. and Mrs. Frederick Nicolle, Chatham.

Mr. and Mrs. Hugo Craig, Port William, will spend a week with Mr. and Mrs. E. A. Cleary, Crawford avenue, and a week with Mr. and Mrs. C. A. Smith, Ouellette avenue, Windsor.

Mrs. William John Clark, of Columbus, Ohio, announces the engagement of her daughter, Marie Crevelin Clark to Lieut. Allen Short, son of the late Hon. William Allaire Short, of New York, and "Otterburn," Kingston.

There's a lot to trying to make the blessings you ask of the Lord materialize.

It's always best to investigate the story that starts off with "they say so."

Yes, life is a sort of school, and some of us are mighty dull scholars. A lot of people carry the idea of politeness to the edge of silliness.

None of us ought to show much mercy to questionable prejudices.

CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mother! If tongue is coated give "California Syrup of Figs."

Every mother realizes, after giving her children "California Syrup of Figs," that this is their ideal laxative, because they love its pleasant taste and it thoroughly cleanses the tender little stomach, liver and bowels without griping.

When cross, irritable, feverish or breath is bad, stomach sour, look at the tongue, mother! If coated, give a teaspoonful of this harmless "fruit laxative," and in a few hours all the foul, constipated waste, sour bile and undigested food passes out of the bowels, and your baby has a well-playful child again. When its little system is full of cold, throat sore, has stomach-ache, diarrhoea, indigestion, colic—remember, a good "inside cleansing" should always be the first treatment given.

Millions of mothers keep "California Syrup of Figs" handy; they know a teaspoonful to-day saves a sick child to-morrow. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and grown-ups printed on the bottle. Beware of counterfeits sold here, so don't be fooled. Get the genuine, made by "California Fig Syrup Company."

WHAT ELLA WOULD DO

I would aim to make my life worthy of one good woman's love and respect.

I would make the happiness of my home the chief ambition in my life.

I would write no letters to any woman, save my wife, that all the world might read.

I would be in the employ of others, I would double the duties imposed upon me that I might the sooner have others in my employ.

I would rule in my business affairs and in my own household— not by force of physical strength, but by force of character.

I would never imagine that the possession of a first class tailor and an eye could excuse a vile breath and an insolent air.

I would deny myself some pleasures and luxuries in youth that I might not be dependent on others for the necessities of life in old age.

In my general association with women, I would treat them as nearly as possible as I would like other men to treat my sister or my wife.

I would feel it a great honor to be called a faithful husband and a wise father than to be known as "sly dog" or as a "great masher" by my fellowmen.

I would give every man a helping hand as I went along the journey of life and expect no reward save in the increase of "my own self-respect and satisfaction."

And I would take as great pride in controlling and mastering my passions and appetites as I would in the control of my horses and my dogs. And I would look well to it that none gained the mastery of me.

—ELLA WHEELER WILCOX.

Sweet Minded Women.

So great is the influence of a sweet-minded woman on those around her that it is almost boundless. The husband comes home worn out with pressure of business and feeling irritable with the world in general; but when he enters the cosy sitting room and sees the blaze of the bright fire and meets his wife's smiling face, he succumbs in a moment to the soothing influences which act as a balm of Gilead to his wounded spirit. We all are wearied with combating with the stern realities of life. The rough schoolboy flies in a rage from the taunts of his companions to find solace in his mother's smile; the little one, full of grief with its own large troubles, finds a haven of rest in its mother's breast; and so one might go on with instances of the influence that a sweet-minded woman has in the social life with which she is connected. Beauty is an insignificant power when compared with hers.

The Cook's Best Secrets

A delicious crust may be formed upon the top of a sponge cake by dusting it with powdered sugar before putting it into the oven.

Bananas fried in the fat remaining in the pan after sausages have been fried make a very nice dish to serve with the sausages.

Horseradish is the best relish for



CHIFFON IN "DRESSER BROWN"

Tete de negro chiffon over silk of the same color made a beautiful gown in the model shown above. The chiffon was gathered at the centre front into a high collar of the same and spread away in ripples to form a deep yoke from beneath which the straight gathered lower portion of the gown fell. This was in one piece to the hem and was laid in five deep tucks increasing in size as they neared the bottom. A soft wash of self-tone silk was knotted loosely about the hips. A novel touch is the addition of white ribbon bands featherstitched in black to the collar, cuffs and deep yoke or corsage edge.

Sleepytime Tales

THE CROW'S ADVENTURE.

Once upon a time while a flock of crows were flying across the country one of them got tangled in some telegraph wires and hurt its wing so that it had to stop to rest on a tree and could not go on with the rest.

The crow managed to fly down to the ground and curled itself up in a little black heap. A boy, going across the field, saw the black bundle and went over to see what it was. When he found it was a crow with a broken wing, he very carefully picked it up and took it home where his father helped him to wash and bandage the broken wing.

In a short time the wing was as good as new, but the crow did not try to fly away. Each morning it found a nice breakfast ready for it and soon it became quite tame and would fly around the yard and even into the house. It became a great pet and would perch on its little master's shoulder or follow him everywhere he went.

One day, some weeks after the crow had been found, the boy heard a great noise and, as he looked up into the sky, he saw a big flock of crows. The tame crow heard the noise too and, without so much as a look back, it flew up, joined the flock and flew away.

The boy missed his pet very much and never expected to see it again, but one day, several weeks after the crow had disappeared he saw some crows flying toward the city again and saw one of them leave the flock and, before he knew what it was, his old pet came flying down into the yard again. It stayed for quite a while and then went away with another flock of crows. Now the boy is wondering if he will ever see his pet again, but I think he will, don't you?

"Low Cost of Living" Menu

Menu for Thursday

BREAKFAST
Sliced Toast
Bacon and Eggs
Toast Doughnuts
Coffee

LUNCHEON
Crumbed Onions
Bread and Butter
Soft Milk Cake

DINNER
Tomato Soup
Sautéed Potatoes
Watercress Salad
Butterscotch Pie

BREAKFAST.

Doughnuts—Beat together one egg, one cup of sugar, one of milk, three teaspoons of baking powder, half a teaspoon of grated nutmeg, and flour enough to handle easily. Roll and cut with a cutter and fry in deep boiling fat.

Sour Milk Cake—Mix one cup of brown sugar, quarter of a cup of butter, one cup of sour milk, two cups of flour, a teaspoon and a half of soda, two teaspoons each of cinnamon and cloves, and one cup of raisins. Bake in a moderate oven.

DINNER.

Tomato Soup—Boil fifteen minutes two cups of tomatoes, the same of water and half an onion. Blend together a tablespoon of butter, the same of flour and boil one minute longer. Strain and serve.

Spanish Roast—Sear a medium sized steak in a tablespoon of butter. Roll in flour and cover with thick slices of potatoes, three or four large onions sliced and three sweet peppers cut in pieces. Sprinkle all with flour and dot with pieces of butter. Add a pint of water and bake one hour in a covered roaster.

Butterscotch Pie—Brown a tablespoon of butter and to this add a scant cup of brown sugar and four tablespoons of milk. Beat the yolk of an egg, add a tablespoon of dissolved flour and stir into the hot butter and milk. Boil until thick. Make a rich pie crust, turn in the mixture, beat the whites stiff and brown in the oven.

roast beef and for fish in general. When used for fish slices of lemon alternate with the little heaps of horseradish.

When boiling fish add an onion to the water and sweet herbs tied in a piece of muslin. This is a French cook's suggestion and very tasty.

A delicious treat for one's friends in the evening is whipped cream stirred full of powdered macaroon crumbs and flavored with a little nutmeg. Serve this very cold.

Do not dress salads with sugar and vinegar or salt and vinegar. The latter is an admirable combination for scouring brass but not good for one's stomach. Use a mixture of oil and vinegar.

Child Training.

The first and most important element in the child's growth is regularity in eating and sleeping. Make the first meal of the day light, simple and warm. Give the full meal in the middle of the day.

A calm and happy chat or a little singing with the children before retiring sends them to sleep in a peaceful state of mind. Rumping games and exciting stories should be avoided the last hour before bedtime.

Teach them to wash clean night and morning. Rub their feet warm in cold weather and clothe them softly, warmly and protectively, but not heavily. Regulate their diet instead of giving them medicine, and teach them the sanitary value of the three great remedies—fresh air, cold water and exercise.

END INDIGESTION OR STOMACH PAIN IN FIVE MINUTES

"Pape's Diapepsin" makes sick, sour, gassy stomachs feel fine.

Time it! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eructations of undigested food; no dizziness, bloating, foul breath or headache.

Pape's Diapepsin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain indigestion remedy in the whole world, and it is harmless.

Millions of men and women now eat their favorite foods without fear—they know Pape's Diapepsin will save them from any stomach misery.

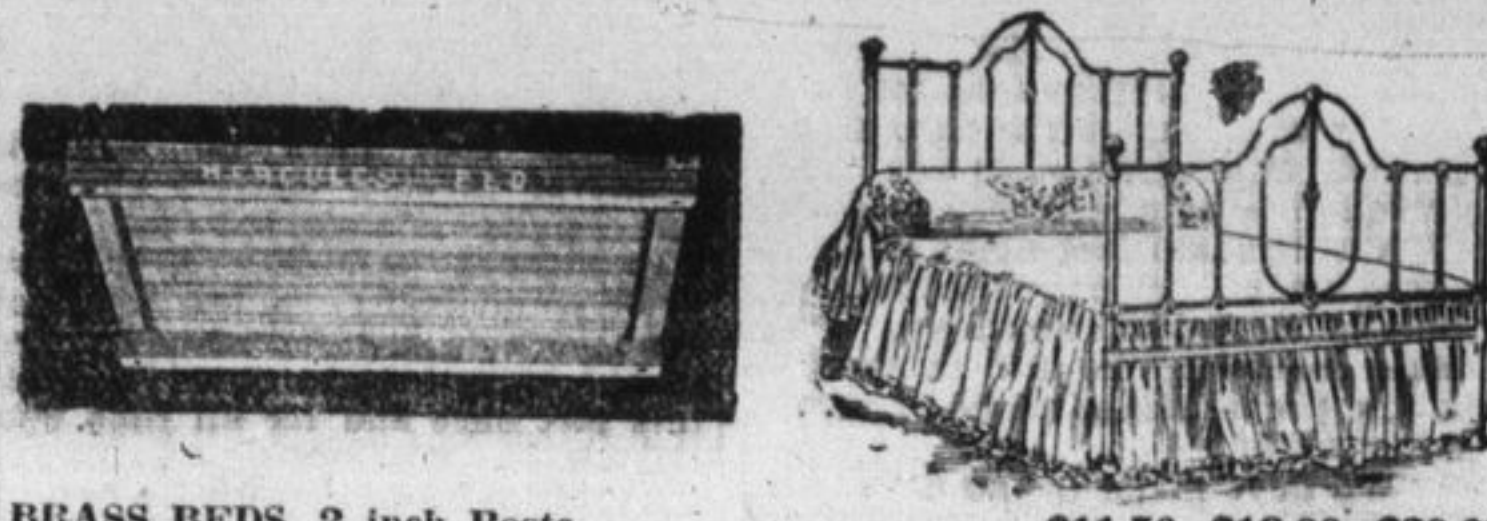
Please, for your sake, get a large fifty-cent case of Pape's Diapepsin from any drug store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it, without dread of rebellion in the stomach.

Pape's Diapepsin belongs in your home anyway. Should one of the family eat something which doesn't agree with them, or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night, it is handy to give the quickest, surest relief known.

Pure, clean, flavory and strong, in sealed packets.

Red Rose Tea "is good tea"

Iron and Brass Beds



BRASS BEDS, 2 inch Posts \$11.50, \$18.00, \$20.00
IRON BEDS \$2.50, \$3.50. Specials at \$0.50, \$8.50
Wayside Springs, fully guaranteed, Hercules and Coil Springs.
Dixie Mattress, non-tuft; Belt Mattresses, at special prices.

R. J. REID, Leading Undertaker. Phone 577

"Satisfying and sustaining" is the verdict of the Canadian people with respect to

Kellogg's
TOASTED
CORN FLAKES

made from Southern corn by our secret process which retains all the nutritive elements of the corn which are delightful to the taste.

NO OTHER FOOD known as "Kellogg's" is made by us. Be sure and get the genuine-original.

10c. a package. At all good Grocers.

"MADE IN CANADA" only by
THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, LIMITED
LONDON, ONTARIO, CANADA

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

Suit of Green Broadcloth.

Two or three colors are used principally for tailored suits for well-dressed women, and green is among the most fashionable. This suit is in green broadcloth trimmed with wide black silk braid. The box jacket has two styles of collars and may be trimmed with or without pockets.

In medium size the suit requires 4 1/2 yards of 54 inch material, with 3 1/2 yards wide and 1 yard of narrow braid. The coat is a design that may be used separately, therefore a lesson on how to cut it is given for the benefit of the home dressmaker. All of the sections are cut from the material after it has been folded in half.

The back is laid on the lengthwise fold, and this is the only piece of the pattern so arranged. Opposite the back, toward the selvece edge, is the upper sleeve, and to the right of this is the under-sleeve section. Going again near the fold, but resting on a lengthwise thread, are the collar and pocket. The front is placed to the right of the pocket and the underfacings along the selvece edge opposite.

If desired with the turn-down collar and the front rolled back, cut off the upper front edges of front and underfacings on double "no" perforations.

Braid is the logical trimming for tailored suits and will be used to great extent on the suits designed for southern wear. After the unprecedented vogue for fur it would be impossible to leave the new coats untrimmed, so bands of braid are preferred to the folds of silk and satin which have the disadvantage of not wearing so well. Gaberdine, which has been a trifle overworked, looms up in new guise this season and it's labeled broadcloth gaberdine. There's also a new willowcord gaberdine that promises to be popular.



VIOLENT ATTACKS OF DYSPEPSIA

Suffered Tortures Until She Tried "Fruit-a-tives"

ST. JEAN DE MATRA, Jan. 27th, 1914.

"After suffering for a long time with Dyspepsia, I have been made well by "Fruit-a-tives." I suffered so much that at last I would not dare to eat for I was afraid of dying. Five years ago, I received samples of "Fruit-a-tives" and after taking them I felt relief. Then I sent for three boxes and I kept improving until I was well. I quickly regained my lost weight—and now I eat, sleep and digest well—in a word, I am fully recovered, thanks to "Fruit-a-tives."

MME. CHARBONNEAU.

50c. a box, 4 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa

DARKEN GRAY HAIR, LOOK YOUNG, PRETTY

Sage Tea and Sulphur Darkens So Naturally That Nobody Can Tell.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome. Nowadays, by asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this famous old recipe for about 50 cents.

Don't stay gray! Try it! No one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking fine small strands at a time; by morning the gray hair disappears; and after another application or two, your hair becomes beautifully dark, thick and glossy.

EAT LESS AND TAKE SALTS FOR KIDNEYS

Take a glass of Salts if your Back hurts or Bladder bothers.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out. They weaken from overwork, become sluggish, the various tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

MILLINERY SALE

All Trimmed Hats and Trimming at less than half price.

Velvets, Plush and Felt Shapes from 50c up.

MISSIS BUTLER & GRAHAM, 370 Princess St. Phone 1267

SIFTO SALT

It flows freely in damp weather. It is something new and better for table use.

Try "Sifto" Salt

DOMINION SALT CO. Limited, Sarnia, Ont.

Reports show the Australian wheat crop will be a record one. The yield will be 150,000,000 bushels, of which 100,000,000 will be available for export.