



BRITISH ADMIRAL SAYS

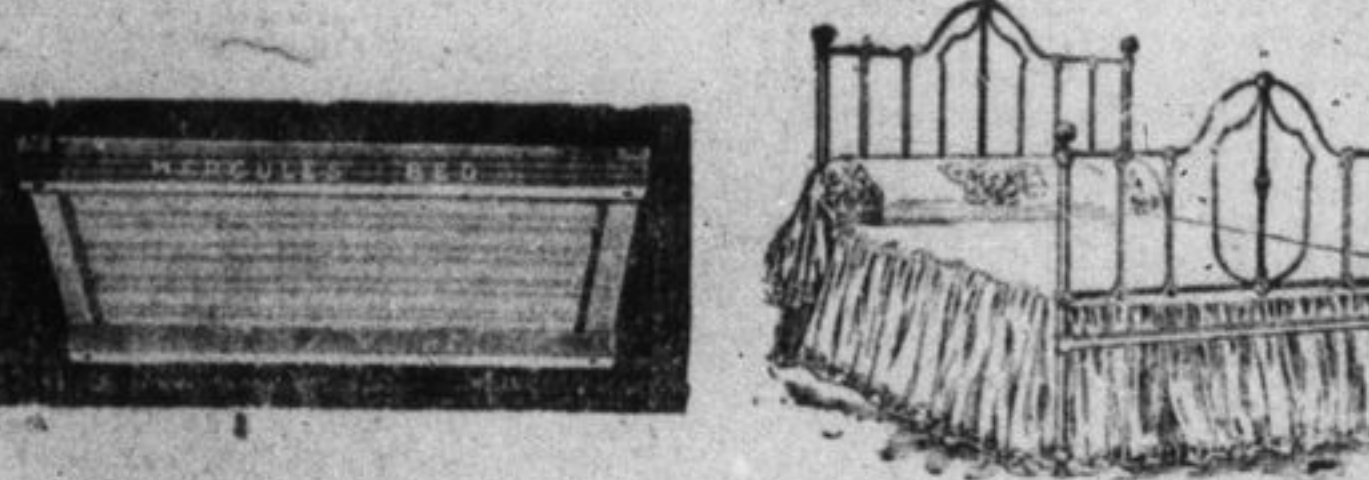
ROYAL NAVAL CLUB, Portsmouth, England.
To the Zam-Buk Co., Portsmouth, England.
 Dear Sirs,—I have found Zam-Buk most reliable for healing cuts and abrasions; while for the relief of skin irritation it is invaluable. (Signed) **RODNEY M. LLOYD,** Admiral.

ENTIRE CREW PRAISES ZAM-BUK
 From Admiral to Stoker, all grades of service praise Zam-Buk. Stoker Kingsnorth, of H.M.S. "Cochrane," says:—"I slipped and fell on an exhaust steam pipe, which fairly fried the skin on my arm. At once the ship's surgeon dressed the burn, but the injury would not heal owing to a lot of dirt from the pipe causing blood-poison. I was in fearful pain and didn't know how to get case. For weeks I remained under treatment, but the ordinary ointments proved no good. Indeed, I got worse. I therefore obtained a supply of Zam-Buk and almost as soon as this was applied I got case. From the very first application, healing commenced; and a few boxes of Zam-Buk healed my wound completely. Zam-Buk cures eczema, ulcers, abscesses, ring-worm, bad leg, various ulcers, piles, cold sores, chapped hands, babies' sores, etc. All stores at 50c, or post free from Zam-Buk Co., Toronto, for price.

FREE TRIAL BOX will be sent on receipt of this advertisement and no stamp necessary.

Zam-Buk
EVERY HOME NEEDS IT

Iron and Brass Beds



BRASS BEDS, 2 inch Posts \$17.50, \$18.00, \$20.00
 IRON BEDS \$25.00, \$25.50. Specials at \$30.50, \$35.50
 Wagonette Springs, fully guaranteed, Hercules and Coil Springs.
 Dixie Mattress, non-tuft; Felt Mattresses, at special prices.

R. J. REID, Leading Undertaker. Phone 577

WE HAVE NOW COMMENCED Store Cars for the Winter

Our rates, including charging batteries, jacking up cars, etc., are \$10.00 per car. We have splendid facilities, dry, clean and warm. Room for 35 cars. Drop in and pick your place.

Porritt Garage Co., - Limited
 Phone 454 WELINGTON STREET

The Lake Will Be Flooded

A cold spell is coming. Are your skates ready? Bring them in now. The best skating is on the lake, but your skates must be sharp. Why is it your skates won't hold the ice? It is because they are not properly sharpened. We have the machine that grinds your skates true, and we have the men who know how they should be ground.

It don't cost any more to have your skates right, so bring them in to-day and we will put them right.
 Hockey Sticks — Hockey Boots — Hockey Skates.

Treadgold Sporting Goods Co.
88 PRINCESS ST., KINGSTON, ONT.

Children Cry for Fletcher's



CASTORIA
 The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA
 Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
 Bears the Signature of
Chas. H. Fletcher
 In Use For Over 30 Years
 The Kind You Have Always Bought
 THE CENTAUR COMPANY, NEW YORK CITY.

Many Military Matters

(Continued from page 8.)
 F. S. Shepard, Y. M. C. A. Assn. Military Service, Service Corps.
 The Royal Canadian Artillery — To be lieutenants: Hugh Hutchinson Lawson, Robert Wallace Leslie, George Arnold McCarter, William Stewart Hogg, Edward Lionel Dodwell, gentlemen, 22nd December, 1915.

9th Brigade—5th (Kingston) Battery.—To be provisional Lieutenants (superannuated): Sergeant Robert Hitchcock Ferguson, 15th December, 1915.
 Joseph Bernard Hanlon, gentleman, 17th December; Benjamin William Franklin, gentleman, 18th December; Sergeant John Bacon Wilkinson, 21st December; Walter Andrew Bell, gentleman, 30th December, 1915.

14th Regiment (The Princess of Wales' Own Rifles).—To be provisional Lieutenants (superannuated): Norman Gray Crother, gentleman, 7th December, 1915; Frank Leslie White, gentleman; 24th December, 1915.

4th Frontenac Regiment.—To be provisional Lieutenants (superannuated): Charles Shibley Stewart, gentleman, 18th December, 1915; William Burton, gentleman, 22nd December, 1915.

Royal Military College of Canada.—The under-mentioned Gentlemen Cadets are granted their discharge on appointment to the Permanent Force:—William Wallace Davis, Donald Forbes Angus, Geoffrey Croster Hilliard, Thomas James Stewart, Leonard Alfred Welsh, Frederick George Farncomb, James Kennedy Cassels, George Egerton Stuart McLeod, William Stewart Hogg, Robert Wallace Leslie, Morris Hayne Austin Drury, Charles Edgar Tench, Hubert Everton Hughes, George Arnold McCarter, Edward Lionel Dodwell, Terence St. George Maunsell, Hugh Hutchinson Lawson, Stenfeld Tunstall Blacklock, Richard Nesbit Cyril Bishop, Charles Ramsay Stirling Stein, 21st December 1915.

It is published that a complaint has been made by the pastor of the Holiness Movement Church, 263 Division street, that the meetings of the sect are disturbed at night by noises from individuals outside the church. Commanding Officers are asked to warn all ranks under their command against participating in any way in such disturbances.

The following qualified as sergeants at the last Provisional School of Infantry:—R. Fielding, J. B. Aikenback, E. W. Eamer, H. L. Bradley, G. T. Brett, R. Burt, J. T. Elsmore, G. P. Guymer, A. Humphrey, T. E. Hyland, E. Kerrison, G. Kruphor, all 80th Battalion; A. P. Proctor, 59th Battalion; G. A. Foulds, and A. J. McLellan, 59th Regiment; D. Clissold and M. Callahan, 41st Regiment; W. McFriedridge, H. L. Babcock, E. Brown, J. Dismore, T. H. Gordon, J. E. Miller, B. McWilliams, H. F. McGrath, A. Peters, A. H. Robinson, D. L. Vallard, S. Walker, G. L. Williams, H. K. Wilson all 146th Battalion.

The under-mentioned qualified as Corporals:—W. L. Mattice, L. E. Martin and J. Patterson, 59th Regiment; E. Carl, and E. A. Stewart, 41st Regiment; L. Wagstaff, 57th Regiment; A. Smith, and H. Stanford 146th Battalion.

The following with reference to the new system in which the Provisional School of Infantry will be run appears in orders:—"The following memorandum will shortly be issued in the form of a militia order is now published for the information and guidance of all concerned. With a view to providing qualified officers and non-commissioned officers for the units of the Canadian Overseas Expeditionary Force 3rd, Division an Infantry School of Instruction will be established at Kingston.

In the World of Sport

Since Skene Roman joined Canadians they have played a tie with Quebec and beat Wanderers.

Tex Rickard is still after the Jess Willard-Frank Moran fight. He has made another offer for the bout raising his figure to \$55,000 of which he will give the champion \$35,000.

Toronto Mail and Empire: The N. H. A. penalty rule is a joke. Saturday night at Quebec the Quebec defence slashed and tripped the Toronto forwards repeatedly, and while ruled off, yet they continued the same tactics the minute they came back.

The Peterboro' Electrics have protested last Friday night's O. H. A. intermediate game, which they lost to the 93rd Battalion on the grounds that Lieut. Sexton of the 93rd was not properly attached to the battalion.

The Phillies have turned Pitcher Al Mattison over to Syracuse. Al is not a youngster, for he was older than any man on the Phillies' pitching staff, but he did not take up baseball until he was well on in years.

Quebec are selected to win the N. H. A. honors now that Wanderers are back with the bunch. However, Ottawa and Canadians are going to be right in the fight, while the Torontonians may upset the calculations of a lot of them.

Washingtonians are happy over the introduction of a bill in Congress which, if passed, would legalize boxing in the District of Columbia. Congressman Cary, sponsor of the bill, says the fans in the Capitol will patronize the game.

Matt Wells and Johnny Harvey have signed articles to meet in a ten-round bout at Columbus, Ohio, on February 13th. Wells will receive a \$500 guarantee. If he survives the ordeal he will box Charlie White at Boston on February



Don't go home without
Conan's Maple Buds

THE value of Stained Glass for memorial use lies not alone in its beauty but in permanence, utility and instructiveness.

Stained Glass Memorial Windows

from our studios are wrought with that skill which only modern draughtsmanship and improved facilities can attain.

An interesting Booklet upon request. Special Designs and Estimates free on receipt of particulars.

Robert McCausland Limited
 Established 1856
 141-143 Spadina Avenue
 Toronto

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table
IN EFFECT MAY 30TH, 1916.
 Trains will leave and arrive at City Depot, foot of Johnson street.

Going West.

No. 19—Mail	12:30 a.m.	Ar. City
No. 15—Fast Ex.	2:58 a.m.	3:35 a.m.
No. 27—Local	5:10 a.m.	5:34 a.m.
No. 1—Int'l. Ltd.	1:41 p.m.	2:12 p.m.
No. 7—Mail	2:04 p.m.	3:40 p.m.
No. 21—Local	4:58 p.m.	7:37 p.m.

Going East.

No. 19—Mail	1:40 a.m.	2:17 a.m.
No. 15—Fast Ex.	2:58 a.m.	3:36 a.m.
No. 22—Local	5:15 a.m.	5:50 a.m.
No. 6—Mail	12:20 p.m.	12:52 p.m.
No. 14—Int'l. Ltd.	1:08 p.m.	1:58 p.m.
No. 23—Local	4:58 p.m.	7:37 p.m.

Noes. 1, 6, 7, 13, 14, 16, 18, 19 run daily, other trains daily except Sunday.
 Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.
 For full particulars apply J. P. HANLEY, Railroad and Steamship Agent, cor. Johnson and Ontario streets.

G. A. Warburton spoke most hopefully of the outlook for the campaign for a dry Ontario.

THE TRANSCONTINENTAL
 New Route to
Western Canada
TORONTO—WINNIPEG
 Via North Bay, Cobalt and Cochrane
 Lv. TORONTO 10.45 p.m.
 Tuesday, Thursday and Saturday
 Ar. WINNIPEG 3.50 p.m.
 Thursday, Saturday and Monday

Connecting at Winnipeg with C.T.P. train leaving 6.00 p.m. daily for Regina, Saskatoon, Edmonton and intermediate points. Through Tickets to Prince George, Prince Rupert, Alaska, Vancouver, Victoria, Seattle and San Francisco.
 Splendid roadbed and the best of everything. Timetables and all information from any Grand Trunk, Can. Govt. Rys., or T. & N. O. Railway Agent.

S-UN-K-I-S-T
RAISINS PRUNES APRICOTS PEACHES
Insist on "Sunkist" At All Groce

GOING AT COST Price
All Felt Shoes and Slippers
Men's, Women's & Children's we will sell at Cost Price.
H. Jennings, King Street

Farm for Sale
 100 acres, 12 miles from city; good buildings, plenty of water, some wood, \$4,750, easy terms. Farm 300 acres, log house and barn, on shore of a beautiful lake; good fishing and hunting, \$450.
W. H. GODWIN & SON
 Phone 424. 39 Brock St.

NEW METHOD
Cleaning, Pressing, and Repairing
 Wash, done. We make a speciality of Ladies' Work.
M. F. PATTON, Prop.
 149 SYDENHAM ST. (Near Princess St.) Phone 214.

ROYAL SALAD DRESSING
 ROYAL MINT SAUCE
 ROYAL CHILI SAUCE
 ROYAL TABLE MUSTARD
 SELECTED PAPRIKA
 CLUB HOUSE OLIVE OIL
D. COUPER,
 Phone 76. 341-3 Princess St.
 Prompt Delivery.

Coal
 The kind you are looking for is the kind we sell.
Scranton Coal
 Is good Coal and we guarantee prompt delivery.
BOOTH & CO.,
 Foot of West St.

Bulk Oysters
Dominion Fish Co.
 PHONE 536.