of the larger ones used by crystal

gazers. The more expensive are

said to be made of rock crystal mounted in gold or platinum, accord-

ing to the necklace on which they

Besides rings, brooches, scarf pins

occult sign as luck bringers, there

baby's finger nail. Then there are

their natural shape. Their origin is

where they are found in Patrick

Long ago one bright day in spring.

when the fairles were dancing about

ed his way through the air and light

ed in their midst. He told them of

Uses of Lemons.

preciated from a hygienic standpoint;

The lemon is not sufficiently ap-

Lemon juices remove stains from

A dash of lemon juice in plain wa-

Lemon juice applications will allay

The juice of a lemon taken in het

water on awakening is an excellent

iver corrective, and for stout people

is better than any "anti-fat" medi-

Glycerine and lemon juice, half

and half, on a bit of absorbent cot-

ton, is the best thing in the world

Lemon juice and salt will remove

For a manicure aid lemon juice is

Save your lemon rinds and dry

them for kindling, a handful will re-

Protect Your Throat.

It is well to keep the throat cov-

ered, but if fashion or fancy prompt

the open collar, massage the neck

night and morning with cold water.

the irritation will usually disappear.

This treatment will releave you of

danger from drafts or sudden attention. Yet a salad may be

changes in temperature. If you do | quickly and easily compounded, it is

develop an irritation in the throat, an agreeable dish to meet the eve.

gargle frequently with some mild an- and attractive food is an appetizer

"Right living" is a good enough and promised ourselves that the

tiseptic such as Dobell's solution and as anybody knows.

wherewith to moisten the lips of

rritation caused by the tites of in-

ter is an excellent tooth wash; it not

only removes the tartar, but sweet-

county. Virginia, there wells up

spring of limpid water.

the hands.

ens the breath.

ine ever invented.

fever-parched patient.

to tiny ones scarcely as large

For these who do not want trouble of remembering their particular signs of the zodiac there are

are to be worn.

Zealand jade.



# Told In Twilight -- In the Realm of Woman





(Continued from Page, 3.) ing Club on Monday evening were: sity unit for Cairo. Mr. and Mrs. Harold Lewis, Prof. and Captain Herbert Scandrett spent the stone plain or engraved in vari- and soon some of them began to into one of the toy stores, and the Mrs. Scott, Misses Marion Lesile, Ma- the week-end in Toronto with Mr. ous shapes. The more expensive of jump up on the wagon and bother the clerks were very kind, and showed mie Anglin, Wargot Freser, Isabelle and Mrs. E. F. B. Johnston. Praser, Mildred Jones, Nan Patter- Major and Mrs. James MacLaren the less expensive, though to the would get hurt. son, Minnie Gordon, Muriel Whalley, were in town from Cornwall for the amateur's eye equally attractive, are Lilian Kent, Marjorie Brownfield, performance of Harry Lauder last of that green stone known as New children, if you will go away and not train ran over bridges and through Florrie Stewart, Bessie Farrell, Bes- evening. ste sunderson. Mabel "Richardson. Lassie Kirkpatrick, Charlie Short, Miss Kellogg, Toronto, is visiting and cuff links, designed with some Sybil Kirkpatrick, Hilda Hague, Hel- Mrs. J. O. Crisp at St. John's Recen Duff. Phylis Knight, Margaret tory, Portsmouth. Cunningham, Edgar, Dorothy Car- Major W. P. Wilgar is in town These are from two inches in length ruthers. Eleanor Phelan, and Profs. from Ottawa. liot, Ted Rogers, Asselstine, Mohr, turned to Brockville to-day after at Jones, Clayton, Howson, Douglas, tending the performance of Harry ful of American legends. Chown, Hyatt, Robert Richardson Lauder. and Capt. Wotherspoon

rauged to take place in Grant Hall on Richmond, Union street. patronesses will be Mrs. W. L. Goodwin, Mrs. J. C. Gwillim, Mrs. T. S. Scott, Mrs. E. W. Henderson, and the worth, M. R. Byron and R. F. Smith, ton Finkle, Earl street.

Milroy, graduates of the Toronto Mowat. 

To Keep Skin in Fine

Condition in Winter

It would be much better for the skill

harsh and leathery. It is the ideal ap

moves particles of searth skin which

have been spoiled by winds of temper

ature: By constantly keeping the com-

countenance than any of the arts of

plied at night like cold cream . and

To keep the skin from wrinkling, o

to overcome such condition, there's no

thing better than a face bath made

saxolite in 1/2 pint witch hazel. ,

artifices commonly employed. One

ounce of mercolized wax, obtainable at

vate the worst complexion. It is ap- corn.

plication for the season, as it not only

keeps the pores clean, but daily

. . . .

General Hospital, are in town, and doos handy things to have around ing, and the men began to move out They promised they would all be

Manley Baker, J. M. Adams, Chiton, Lieut.-Colonel and Mrs. Herbert F. Millett, Messrs. E. C. Gildersieeve, Dawson, Major and Mrs. W. H. Craig, the Virginia crystals of staurolite, a Percy Lyman, Wylie, Arthur Ken- Capt, and Mrs. George Bawden, and tiny little cross which is said to nedy. Douglas Anglin, Charles El- Mr. and Mrs. Malcolm Isbester re-

The Reading Club will meet to The Science Dance has been ar- morrow at the home of Miss Janet The Miss Mabel Gildersleeve, Gore

street, is visiting Mrs. F. G. Woods tha Finkle, Napance, have returned the crucifixion of Christ,, and so Mrs. W. F. Detlor and Mrs. Mar-

E. L. Pettingill (convenor), E. R. to-their homes after spending a few mourniu! was his story, so vividly Robb, G. Hammerich, R. H. Farns, days in town, the guests of Mrs. Hil- did he describe the sufferings of the The Curling tea this afternoon is tears, and these fairy teardrops as

in charge of Mrs. W. R. Givens, Mrs. they fell to each crystalized into the Miss Edua Howey and Miss K. C. D. M. Fraser, Mrs. Bibby and Miss form of the cross.

are both the newest and oldest, since

necklaces composed of zodical gems

are said to have been used centuries

made entirely of the same semi-pre-

these are said to be exact replicas of

centuries old necklaces, are compos-

According to Hindoo mystics these

stones are beginning with January

the garnet, amethyst, bloodstone.

sapphire, agate, emerald, onyx, car-

nelian, chrisolite, beryl, topaz and

ruby. On each stone is carved that

particular sign of the zodiac under

which it is supposed to reign supre-

me-Aquarius, Piscus, Aries, Taur-

us, Gemini, Cancer, Leo, Virgo, Lib-

Some owners of these mystic neck-

laces, as though not satisfied with

as controlled by the planets.

Some of the zodiacal necklacestare

engraved on each bead. Others, and cleaning the nails.

ed of stenes sacred to each month, vive a dying fire.

before the Christian eya.

NEW NECKLACES OF ZODIACAL GEMS

Popularity of Amulets and Talismans Due to War in Europe, It is

Said-Some Chains Exact Replicas of Those

Worn Centuries Ago.

isman jewelry, which is so popular of the new amulet and talisman pie-

just now, is said to have originated | ces is so attractive that even though

in Paris and to have been brought one does not believe even the tiniest

about by the war. . At first the wo- bit in their occult power she istempt-

men began wearing regimental pins. ed to buy. Among the chains, and

buttons and badges. From these it there are numerous good designs,

was only a step, to talismans and am- those made up of the zodical gems

any drugstore, will completely reno- ra, Scorplo, Sagittarius and Capri-

The revival of the amulet and tal- The setting and carving of many

## **Sleepytime Tales**

THE PUNG RIDE.

numerous other necklaces. Those some, were considered by the Hin- where some of the children were play- for home promptly at that time.

Finally the head man said: "Now, could wind up and set going.

are numerous heart shaped lockets. if you will be good now." "Oh, goodle," cried the children, home again

> of the stores in the town. The man told them he had an er- in all the world.

Once upon a time a big moving van and walk about a bit, but must be of turquoise, besides being hand on runners drew up to a house near back in an hour, as he had to start

Among those present at the Skat- will leave with the Queen's Univer- when the moon changed. Necklaces the furniture and pack it on the van. on hand at the time set, and off they of jade are of various lengths, with The children stood about watching, started to see the town. They went these are the Chinese stone, while men, who were afraid some of them them all the toys, and even let them bother us I will take you all for a tunnels, and finally stopped at a wonride in a big pung this afternoon, deriff station. They hated to leave, I've got to go to town on an errand, but the time was up, so they thanked and you shall have a nice sleighride the clerk, ran to where the pung was waiting, and soon were on their way

> and off they ran to get ready. When They hadn't gone far when one of the big pung drove up in the after- the girls cried: "There is something noon they were waiting, and they under my feet, and the driver called quickly jumped in and cuddled up in out: "Better look and see what it is." he straw that covered the bottom of The girl reached under the straw and the sleigh. With a crack of the pulled out a big bag of oranges. Pretwhip they were off, gliding smoothly ty soon another found a bag of candy, over the hard snow, and it seemed and another found a bag of apples. only a few minutes before with a What fun they had eating the goodies "Whoa" they stopped in front of one the kind driver had bought for them, and they voted him the greatest man

## Your taste for good tea will prove to you

As the hall-mark on gold means pure, so



on a package is the hall-mark for breakfast foods. Our celebrated Corn Flakes are eaten by nearly all Canadians. Made from the best Southern corn, by our secret process, all the nutriment of the corn is conserved and made appetizing. A food for men and women in winter as well as in summer.

CAUTION:—Do not let your grocer 'put one over you' by substituting "just as good corn flakes" for the original "Kellogg's."

"MADE IN CANADA" only by

THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, LIMITED LONDON, ONTARIO, CANADA

# "Low Cost of Living" Menu

### Menu for Thursday

BREAKFAST Bolled Rice with Raisins Beef Hash Pineapple Marmalade Popovers

> LUNCHEON Potato Stew Crackers . Bread Baked Custard Jam

DINNER Hamburg Stew Fried Celery Sliced Pepper Salad Maple and Walnut Bavarian Cream

BREAKFAST.

like orange marmalade. all that is necessary for loosening clous stone, with a sign of the zodiac the cuticle and for brightening and

LUNCHEON. Poteto Stew-Pare and slice eight potatoes. Add three cups of cold wa-

which few housekeepers pay much

We have long delighted to com-

pound and experiment with salads.

next book we would write would be

collection of unusual combinations,

and sauces out of the ordinary .- so

what was our disgust to find that

some other woman had the same

happy thought, got to it before we

did, and had on the market this Christmas a pretty calendar bound

in lettuce green, and called "365 Salads." One for every day in the

year, you see. It was one of our.

Christmas gifts and hangs conyen-

Personally we prefer vegetable sal-

ads, and these can be varied from

day to day, by the dressing used

One need never be at a lose with a

ently in the pantry.

Hamburg Stew-Pare and cut in dice four potatoes, one onion and one parsnip. Cover with water and boil

teen minutes. Season and serve.

ter. Cover and simmer, not boil for

DINNER.

until nearly tender, then add a pound of hamburg steak and more water. Boil ten minutes longer, thicken, season and serve. Fried Celery-Cut celery in pieces

gour inches long and boil tender. Make a tatter of two cups of flour, two teaspoons and a half of baking powder, one and a half cup of milk, few other things as adjunct. one beaten egg, and a little sait. Dis each piece of celery in the batter and is fry brown in the butter.

Maple and Walnut Bayarian Pincapple Marmalade-Pare en- Cream-Boil a cup of maple syrup. | this will be about thirty minutes in ough apples to make six pounds, add Beet the yolks of three eggs and gra- water in which a bit of cheese, the juice of a large can of pineapple dually whip in the maple strup. Cook (strong cheese) has been dissolved. and cook ten minutes. Then add over hot water until thick, then add Cut celery fine, mix it with the mathe pineapple cut fine and four one fourth of a package of powdered caroni when chilled, serve on celery pounds of sugar. Boil until thick gelatine softened in a quarter of a tops garnished with mayonnaise and cup of cold water. Add also half a a few sprinkles of paprika. cup of chopped walnut meats. Stir until the mixture begins to thicken and then add a cup and a half of

> you are one of the brotherhood who lettuce leaves. eat meat and potatoes three times a

The real skill of a good houseoften adds piquency to a dish. At- with French dressing.

have accomplished in arranging tasty meat or fish salads, using half a can of tomato soup as a base, and spices and flavorings, cream, butter and a For those who like macaroni, here

another time we will tell what we

Spanish Salad.

Cook macaroni funtil very tender,

Sweet Salad.

Remove the pits from dates and

Orange And Nut Salad.

Peel juicy oranges and break them and evenly that nobody can tell it keeper is evinced by using what she into sections, removing every par- has been applied. You simply damhas at command and making it not ticle of the white skin. Arrange a pen a sponge or soft brush with it only edible but palatable. Umusual bed of crisp lettuce leaves on a dish and draw this through, your hair, things skillfully combined, so that and place the orange pulp on them. taking one strand at a time. By the one who eats cannot at once pic | Chop walnut meats, not too fine, and morning the gray hair disappears, ture to themselves just what is in it, sprinkle over the whole. Serve and after another application or two.

Don't stay Gray! Here's an Oldtime Recipe that Anybody can Apply.

The use of Sage and Sulphur for restoring faded, gray hair to its natural color dates back to grandmother's time. She used it to keep her hair beautifully dark, glossy and abundant. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful ef\_

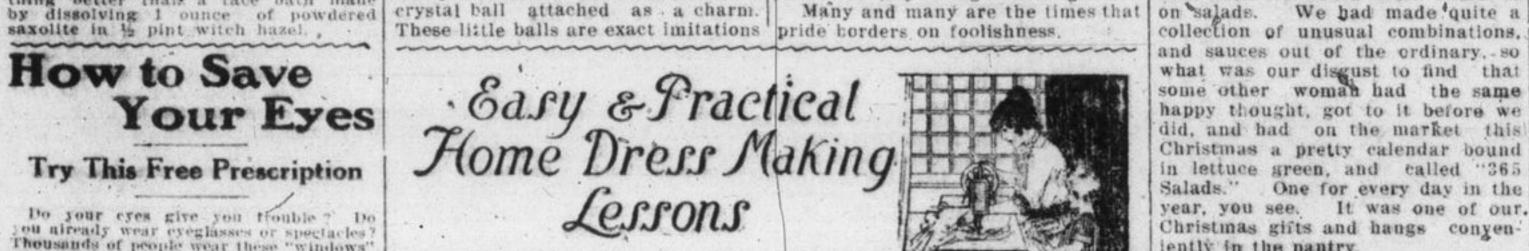
But brewing at home is mussy and stuff them with a mixture of cream out-of-date. Nowadays, by asking at cheese and chopped nut. Cut them any drug store for a 50 cent bottle jar of mayonnaise, one of boiled in slices, mix them with some apple of "Wyeth's Sage and Sulphur Hair dressing and one of French, waiting finely sliced and sprinkled with lem- Remedy," you will get this famous conveniently in the refrigerator, on juice. Add a little dried celery, old recipe which can be depended Here are a few tested salads, some mix thoroughly with a boiled dress- upon to restore natural color and of them hearty enough to serve for ing into which whipped cream has beauty to the hair and is splendid the main dish at luncheon, unless been stirred. Serve very cold on for dandruff, dry, feverish, itchy scalp and falling hair.

A well-known downtown druggist says it darkens the hair so naturally it becomes beautifully dark glossy. soft and abundant.

## How to Save Your Eyes Try This Free Prescription Lessons

Do your eyes give you thouble? Do ou niready wear eyeglasses or spectacles? housands of people wear these "windows" who might easily dispense with them You may be one of these, and it is your luty to save your eyes before it is too ate. The eyes are neglected more than any other organ of the entire body. After jou fluish your day's work you sit down and rest your muscles, but how about your eyes? Do you rest them? You know you do fot. You read or do something cise that keeps your eyes busy; you work four eyes until you go to bed. That i why so many have strained eyes, and bually other eye troubles that threaten par dat or lotal blindness, Eyeglasses are merely crutches; they never cure. This free prescription, which has benefitted the cres of so many, may work equal won dees for you. Use it a short time. Would you like your eye troubles to disappear : if by magle? Try this prescription. Go to the nearest wide-awake drug store and get a bottle of Bon Opto tablets; fill a two-ounce battle with warm water, drop in one tablet and allow it to thoroughly dissolve. With this liquid bathe the eyes two to four times daily. Just note how quickly your eyes clear up and how soon he inflammation will disappear. Don't be afraid to use it; it is absolutely harm-1238. Many who are now blind might love saved their eyes had they started to care for them in time. This is a simple treat ment, but marvellously effective in multitudes of cases. Now that you have been warned don't delay a day, but do what you can to save your eyes, and you are likely to thank us as long as you live for pub lishing this prescription. The Values Drug Co. of Toronto will fill the above prescription by mail, if your druggist





the protection of the stars, have a motto for any living room.

Prepared Especially For This Newspaper by Pictorial Review



AN ADMIRABLE MODEL FOR SPORT WEAR.



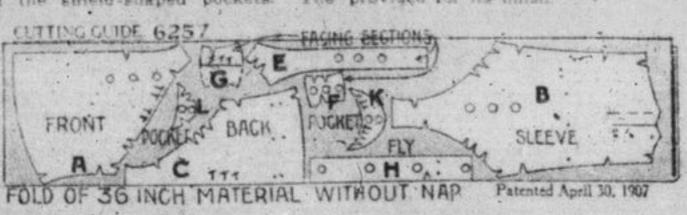
nade in the latest tailored style. The pocket and facing sections, collar may be high or low and the

wise it is an admirable model for spending edges even. Unless these are sports and outing wear. It features properly managed it will be found difextend right up the turn-down collar, when worn in either of the two ways and the shield-shaped pockets. The provided for its finish.

collar is convertible and may be fastened all the way up the front; giving the high, close effect that is so much admired just now. The waist is also stylish in soft, sheer materials, such as organdy, mull, handkerchief linen, voile or batiste. Medium size requires 2% ("Pape's Diapepsin" is the Quickyards 36-inch material. A great deal of worry and time may

be saved if the various parts of the pattern are first carefully studied. ficient space for the pocket (L) and | minutes. one of the facing sections (G). Also

Particular care must be used with joined as notched, then adjusted to po-Trim and tailored in style is this sition on the collar and underneath the waist of Wedgwood blue linen; like- front, with the center-backs and corre-



Pictorial Review Waist No. 6257. Sizes 32, 34, 36, 38, 40, 42 and 44 inches bust. Price, 15 cents.

## IN FIVE MINUTES NO SICK STOMACH, INDIGESTION, GAS

est and Surest Stomach

If what you just ate is souring on Each part should be known before any your stomach or lies like a lump of attempt is made to place it on the ma- lead, refusing to digest, or you belch terial for cutting. After folding the gas and eructate sour, undigested. linea lay in position the front (A), on food, or have a feeling of dizziness, a lengthwise thread of the goods. Next heartburn, fullness, hausea, bad on the fold comes the back (C). There taste in mouth and stomach headis now left between these sections suf- ache, you can surely get relief in five

Ask your pharmacist to show you along the fold, but not resting on it the formula, plainly printed on these is the fly (H), followed by the sleeve. fifty-cent cases of Pape's Diapepsin, which is placed on a lengthwise thread. then you will understand why dys-To the left of the sleeve and opposite peptic troubles of all kinds must go, Wedgwood blue linen shirt waist, the fly will be found room for the and why it relieves, sour, out-of-order stomachs or indigestion in five minutes. "Pape's Diapepsin" is the facing. The three sections are harmless; tastes like candy, though each dose will digest and prepare for assimilation into the blood all the food you eat; besides, it makes you go to the table with a healthy appe tite; but what will please you mest, novelties in the ragian sleeves, which figuit to make the collar appear well is that you will feel that your stomach and intestines are clean and fresh, and you will not need to resort to laxatives or liver pills for bilious

> ness or constipation. This city will have many 'Pape's Diapepsin cranks, as some, people will call them, but you will be enthusiastic about this splendid stomach misery.

gestion in five minutes.



A dignified dinner gown for morning is this of dull jet, net and faille preparation, too, if you ever take it ribbon. Lengths of ribbon cross the shoulders in suspender style flanking for indigestion, gases, heartburn, a centre cross-panel of dull jet and net. The little sleeves are merely rufsourness, dyspepsia, or any stomach | fles of net edged with jet. The skirt and bodice are joined beneath 'a plain ribbon having a flat bow at the front. The skirt consists of fans of Get some now, this minute, and rid net joined by lengths of the black faille ribbon reaching to the skirt edge yourself of stomach misery and indi- which is finished with a single band of ribbon. A square ribbon-bordered train of net adds grace to the gown.

## LESS MEAT IF BACK AND KIDNEYS HURT

Take a glass of Salts to flush Kidneys if Bladder bothers you.

Eating, meat regularly eventually produces kidney trouble in some form or other, says a well-known authority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress. particularly bachache and misery in the kidney region; rheumatic twingas, severe headaches, acid stomach. constipation, torpid liver, sleeplessness, bladder and urinary frritation. The moment your back hurts or kidneys aren't acting tight, or i bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a

glass of water before breakfast for a few days and your kidneys will then act tine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders. Jad Salts cannot injure anyone;

makes a delightful effervescent lithia-water drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney disease.

Velvets, Plush and Felt Shapes from 50c up. MISSES BUTLER &

GRAHAM, 370 Princess St. Phone 1267

Be quite sure at the start that the

end will justify the means.