LAS.

Written By Himself- His Father Settled In Quebec In 1824- Dr. Douglas Was Born In 1837.

Dr. James. Douglas,. New. York, Queen's new Chancellor, has written following autobiographical sketch of himself for Queen's Quar-

My father was an eminent surgeon and medical man who came to Quebee in 1824. My mother was his second wife, the daughter of Mr. Ferguson (a sister of Professor Ferguson's father). I was born Nov. 4th. 1837. When still a schoolboy, while my father was in very active practice, my intention was to succeed him and that was his selection; ticalth failing him, he retired and confined himself to the management of the Quebec Lunatic Asylum

In 1845 the grand jury made such a telling presentment as to the old fashioned treatment which the insame received in the General Hospi tal at Quebec, that an immediate remedy had to be adopted. In order to fulfil this the Government asked my father to make temporary provision for their care while the authorities organized a proper asylum My father and his partners, Dr. Morrin and Dr. Fremont, met the emer gency; but the Government, having been relieved of its duty, has never since performed its proper function, and Lower Canada is probably the only Government in the orld which farms out its insane

Instead of studying medicine, my choice was then theology, and in the fall of 1855 I entered as a student in Edinburgh University. The following year, owing to my mother's fatal illness. I continued my studies the sessions of 1856-57 and 1857-58 at Queen's College taking my B.A. early in the spring of 1858. two following years I studied theo- than many years of propoganda work logy at Edinburgh University, in- done by art societies. tending to enter the Established These young famous Russians are Church of Scotland. The third ses- the only great artists who have playsion of the Canadian Synod allowed ed in every city of importance in Eume to take theological training of rope, Asia, Africa and Australasia. Dr. Cook. I was licensed in the! The date of the inauguration of spring of 1861. I never, however, this world tour is a memorable day was assigned any regular clerical du- in the history of these young artists ties, as, my father's health being im- whose future can be easily imagined paired. I for some years took an ac- as one glowing with exceptional tive part in the management of the greatness. It is over nine years Quebec Lunatic Asylum. The du- since they first left Russia loaded ties were extremely acceptable to with laurels won throughout the



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Lessons

Prepared Especially For This Newspaper

by Pictorial Review

Middy Blouse Costume For Ladies and Misses.

would inherit my father's contracts ed in several Asiatic, Australasian and succeed him, I commenced the and African cities is a great tribute study of medicine. My hopes, how- to the geptus of these artists, as well A SKETCH OF DR. JAMES DOUG- ever, were disappointed, for my fa- as to their remarkable personalities. ther, shortly after Confederation, Talking of their personality, the was virtually obliged to sell both his interest in the Asylum, and his share of the contract to the Hon. Mr. Cauchop. Mr. Cauchon, being a member of Parliament, could not make the purchase in his own name, but used that of Dr. Roi, who had been Medical Inspector during the last years of my father's ownership and

Meanwhile, as my father had involved his estate hopelessly in certain mining enterprises, the duty of disembarrassing his estate, if possible, from debt, induced me to devote myself almost exclusively to mining and metallurgy. This has been the occupation of my life ever I accepted a situation as manager of small metallurigical works at Pheonixville, Penn., in year 1875. They were not pecuniarlly successful, but my experiences as manager have been to me personally of vital value. It was during the eight years of my residence in Pennsylvania that as an expert. I came acquainted with certain mining

ly removed to New York and be came the President and Manager of ery the Company which became the owner of the Arizona mines. My resi dence has been in New York, though large periods of my life have been of necessity spent in the southwestern portion of the United States and in northern-Mexico, where the properties of which I have charge are sit-

HEAR RUSSIANS TO-NIGHT.

The Sunlight Of Music Shines On

Russian Artists. The wonderful sunshine that shed by the Cherniavsky music has done more towards stimulating the interest in music and art in Canada

length and breadth of that land. In the intervals they have sought and achieved triumph in Egypt, India. the Straights Settlements, the. Far East, South Africa. East Agrica, Italy, Austria-Hungary, Germany, Australasia, England and France.

" Their reputations in London have been greatly enchanced by their recent great triumphs. Shortly they sail for Canada, after which they pay a flying visit to the U.S.A. and then make for South America, where they will remain for four months, after which they commence their English tour. The extraordinary success they osity. achieved recently in London is still fresh in the minds of music lovers The fact that they still hold the re

the facing to position on the front

center-fronts and neck edges even

then slash down the fold at center

front, from neck edge to the large

perforation and finish the edges for

opening. Close shoulder seam as note

ed. Adjust shield underneath from

and, as I thought it likely I cord for the largest business achiev-"Musical Standard" says: part from their undoubted musical pelling air about their personalities that stamps them as individuals quite distinct from the ordinary star artists." They appear here to night at the Grand.

"Mutt And Jeff In College,"

ger can offer his patrons as to the ac ual merits of an attraction that he is offering for your approval as undis puted facts concerning its succes elsewhere. What is said here con cerning the success of Gus Hill's production of Bud Fisher's great car toon play, "Mutt And Jeff In College coming to the Grand on Monday Jan. 24th, matinee and night easily be verified in the news columns of almost any newspaper. More than five hundred prominent newspapers, including the Whig are runt ing the clever cartoon daily. newspapers are paying a big bonus for the privilege of getting the Fish er cartoons as they attract its read

Harry Lander New Songs. When Harry Lauder plays in this ity on his 8th annual tour of the country at the Grand Opera House on Tuesday, evening, Jan. 25th, he will have in his repertory more new songs than he has ever presented in one program, and while it is likely that his audiences will demand some of the old favorites with which the name of Lauder is indissolubly linked and without which they seem to think no Lauder programme is complete, he will give them a treat of new material, every number of which, according to reports from

"Omar The Tentmaker."

become as popular as the old ones.

England and Scotland, promises to

Louise Grassler, who plays the leading role in support of Guy Bates Post in "Omar, the Tentmaker" coming to the Grand on Wednesday evening. Jan. 26th. portrays both youth and maturity. In the first part of the play she enacts the youthful sweetheart, Shireen, of the beloved poet, Omar Khayyam, interpreted by Mr. Post. But the true calibre of her acting is best attested in later scenes. Torn from her lov-Shireen is married to the Shah and later cast off by him to die in the one cup of coffee and stir it into the desert. From this plight she is rescued by murdering marauders who orce her to join their band. Thus for many years the ortswhile Shireen now known as the Evil Bancu, is forced to roam the deserts and participate, silently at least, in many atroci ties. Thus it will be seen that while Miss Grassler portrays, during the earlier passages of the play, a sweet ovable young girl, she later has n characterize a full-fledged adventur No small test of historic viru

S. JOHNSON.

IN THE OFFICE OF CONSUL F. S.

They Contain Articles Contributed By Kingston People For Local Prisoners Of War In Germany.

For the second time in a month

the American Consulate is piled high tined for the Kingston men who have fought and been taken prisoners-ofwar and are now passing the time erful one embodying many details of away until the close of the war in the Belgian situation which the whole who offered to make the biggest sac In medium size the costume require | country. In pushing back the Ger 5 yards 36-inch material, but the blous, man during their attacks with gas at alone cals for 21/2 yards of material Langemarche and Ypres, these men were overcome and wakened up far the subject for today's home dressmak far behind the German lines

In order to make what must cer tainly be a monotonous time pass away more pleasantly, F. S. S. Johnson, American Consul is, through the Whig and by personal requests, se curing gifts for these Kingston men so that they will not feel that they have been forgotten by those whom they are suffering. The are urgently in need of clothing and little extras for the menus and these can not be secured in Germany. They must be sent from Kingston by Kingstonians and the city is deeply debted to Mr. Johnson for the work he is doing. A great number are sending in quantities of articles that would be suitable

On Wednesday afternoon Mr. articles to the American Consulate. In the office of Mr. Johnson they will be wrapped and forwarded, and are bound to reach their destination

### Stop-Look-Think

This is an advertising paraphrase on that old railroad sign: Stop-Look-Listen! The railroad sign stands for

"safety first." So does the paraphrase saftey first in spending your hard earned money. Stop when you pick up your newspaper-to-day-for exam-

ple and Look through the advertising pages. Think. Do they offer something better than you are ac-

customed to use? Do they offer lower prices? Do they tell you of advantages you are not enjoying? Think ! Investigate ! Reason it out for yourself. But use the advertising for

the preliminary guide.

Sleepytime Tales

Mr. Woodpecker flew out of his home to the old tree and brought home the to find some nice bugs for Mrs. most delicious breakfasts. Pretty Woodpecker's breakfast, Mrs. Wood- soon the knothole was all pecked pecker had hurt her wing so was not away and the big hole went quite a able to fly and Mr. Woodpecker wan- way into the tree.

SQUIRRELS.

the very last tree in the grove.

to pieces and this fat rascal knew made it large enough for then the bugs be was looking for would be in just that kind of a tree. He the woodpeckers talking together flew about until he found a limb that and heard Mr. Woodpecker say he looked just right and then he began was going to hunt for another tree to peck, peck at a large knothole, the next day. So the squirrels ran until he had all he could carry of nimbly up the tree and decided that the most lucious bugs in the world. it was the ideal home for them. So What a breakfast they had.

THE WOODPECKERS AND THE the nest so she could see out while Mr. Woodpecker flew way to have a chat with some of his friends. Once upon a time, late in the fall. Every day Mr. Woodpecker flew

ted to get some extra nice bugs for Now all the while Mr. Woodpecker was pecking away at the tree Mr. and He flew first to one tree and then Mrs. Squirrel were watching him to another but could not find any- and each day, when he left, the thing to suit him until he came to squirrels would scamper up the tree to see how big the bole was, for they It was an old tree and the trunk had decided to use it as a home for and branches were beginning to fall the winter after the woodpecker had

One morning the squirrels heard they brought leaves and filled the After they had eaten Mrs. Wood- hollow space and soon had a warm pecker made herself comfortable in cozy home for the cold weather.

DINNER.

pieces and boil in salted water until

tender. Add a tablespoon of beef

extract to the boiling macaroni and

Baked Canned Salmon- Remove

from the can, free from skin and

bones and place in a baking dish.

Sprinkle with salt, pepper, minced

parsley, over all place an inch layer

of mashed potatoes, and cover with

bread crumbs and butter. Bake half

an hour. Serve with a gravy made

by adding a cup of milk, half a cup

of salmon juice, a tablespoon of le-

mon juice, and boil one minute,

Stir in a teaspoon of dissolved corn-

Delmonico Dressing Chop . fir

one hard boiled egg, add a tables-

poon each of tomato catsup and Wor-

chestershire sauce, two tablespoons

of vinegar, three of oil, a teaspoon

of chopped green peppers and the

Cranberry and Fruit Pie- Chop

ingly glorious if it involved the de-

cimation by famine of a small nation

ther than sacrifice honor

Macaroni Soup-Break in

serve without straining.

a little more, of the

# "Low Cost of Living" Menu

dressing.

seasoning.

Menu for Friday

BREAKFAST Stewed Figs Creamed Codfish Coffee Muslins

LUNCHEON Potato Salad French Tonst Graham Crackers

DINNER Macaroni Soup Baked Canned Salmon Celery Lettuce, Delmonico Dressing Cranberry and Fruit Ple

### BREAKFAST.

Coffee Muffins-Mix two cups of flour, half a teaspoon of salt, and three level teaspoons of baking pow-Beat one egg, lightly, add to mixture. Bake twenty minutes.

LUNCHEON.

Potato Salad-Boil the potatoes together a cup of cranberries with with the skins on and, when cool, the same of raisins, nuts and figs. pare and slice. Add half an onion Add a cup of sugar, three fourths of sliced and one hard boiled egg. Mix a cup of water and a teaspoon of vawith a boiled dressing and serve on nilla. Bake with two crusts.

A DEBT OF HONOR. What A Speaker Had To Say Regard- that deliberately sacrificed itself raing Belgians.

"They preferred to go starving ra ther than dishonor and soil their hands by work for their enemies and the invaders of their country," said T. O. O'Connor in a recent speech. appealing for assistance for the des titute population of Belgium. Mr O'Connor had reference in this particular passage of his address to those Belgians in that part of the country under German occupation, where the invading forces attempted with all kinds of parcels, that are des- to press the prisoners into doing work for the German army.

Mr. O'Connor's address was a powworld should know that lack of space precludes the possibility of our treat

They preferred to starve rather than work for the invaders of their country, says "Tay Pay". They preferred death to dishonor, -they were willing to give up their lives rather than aid their enemies.

Nay, they did more than this. They gave to the world a display of courage such as has never been known and have placed upon the British Empire a debt that must be paid. England can never fully repay Belgium for what she did in the dark days of August and September 1914 for she can never bring back to the mourning widows and mothers the nen who fell at Louvain, Liege and on the other fields of battle. But Britain can, must and will partially pay this debt of honor when the opportunities are presented as we have them to-day.

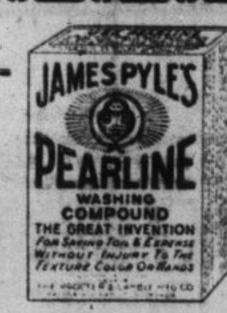
Winter is upon the Belgium men, Johnson said that he had already se- women and children, who are forced cured enough supplies of certain to stay at home, and with winter kinds to make 100 parcels, or one for comes the dark shadow of misery every Kingston man in Germany. Ba- and want. Relief has been extendcon, chocolates, tobacco and clothing ed in food and clothing and is still are among the articles that are be- being given but to-day Belgium finds ing sent and if any citizen wishes to herself facing imminent starvation. contribute he has only to send the and England and her dominions have a debt to pay

Now is the time for its payment Bread is needed. Literally bread is wanted. This is no figure of speech but a cold fact that no Canadian who prides himself on being British can dodge. Canada cannot send bread but Canadians can send wheat, or flour and a bag-of flour will keep one Belgian family from starvation an

Will not Canada pay this debt of honor, or at least her share? We have the wheat, we have the flour. Can we sit snug by our fires, fat with the glorious harvest of this year, and let our debt-go unpaid? Are we going to let the poor women and children, who gave their men to save the British Empire, starve and die miserable deaths because we will

Canadians must hold neads and open their purses and help. Let us come forward with the aid that is needed. Let us help pay Britain's debt of honor to Belgium

by feeding her starving. We are all working-some of us fighting-for the Empire's victory over our enemies and Belgium's enemies, but no victory could be lastFor a shining, spot- MESPYLES less bathtub use



ISCOLORATION on porcelain and enamel ware does not yield readily to soap. It does to Pearline-vanishes like magic. The bathtub looks clean and is clean when Pearline does the work. And you are saved much of the stooping and awkward exertion otherwise necessary.

The Procter & Gamble Distributing Co.

Almost tavice as big a package as before at the same price 5 cents

of Canada, Ltd. Hamilton, Canada

# Syrup of Tar &

COD LIVER OIL STOPS COUGH

Sold in generous size bottles by all dealers. THE J. L. MATHIEU CO., Props., SHERBROOKE, P.Q. Makers also of Mathieu's Nervine Powders the best

remedy for Headaches, Neuralgia, and feverish colds.

### S-U-N-K-I-S-T

RAISINS PRUNES

APRICOTS PEACHES

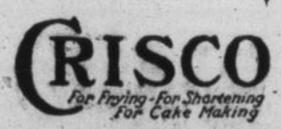
Insist on "Sunkist" At All Grocers.



## A Mere Man Writes

"I am keeping 'bach' and doing my own cooking. Have been using lard for frying and shortening, until recently my grocer persuaded me to try Crisco. No more lard for me now.

When a man succeeds with a product intended for woman's use, it is a striking evidence of the value of the product.



There is no difficulty whatever in changing from lard or butter to Crisco.

It is merely necessary to use one-fifth less, to follow measurements exactly and to note the few special directions given on the wrapper around the can.

Made in new, santiary, sunlit factories at Hamilton, Canada

lapping armhole edge of front and bato line of small "o" perforations sleeve, bringing single large "O" double small "oo" perforations to cor responding perforations in sleeve, fell the edge of sleeve underneath over e seam. Close underarm and sleeve below the single large "O" perforaflons; work eyelets along the underarm edges and lace to position. Face wrist cuff and sew to lower edge of ouff, sew to short sleeve, large "O" perand center-backs even; roll collar as in shirt waist style inseft clastic

Form tucks in the pocket by creasing along indicating cross-line of small "o" perforations in front. Adjust pocket te More women are taking to wearing, positon, upper edge of pocket along the use costumes since more dig- small "o" perforations,

nified lines are given to the blouses. The collar, cuffs and flaps of the This design is really chic and utterly pockets may be of contrasting material. devoid of the purely athletic effect % yard being required for the purpose Pictorial Review Blouse No. 6560. Sizes 34, 36, 40 and 42 inches bust and

16 to 20 years. Price, 15 cents.

Skirt No. 6500. Sines 24 to 34 inche waist. Price, 15 cents.