

Your Child's Cough

Is it nothing? Is it to be neglected until it leads to that terrible scourge consumption? Peps stand between winter coughs and colds, and serious consequences. Peps are tablets made up of Pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not sailing.

Peps

Farm for Sale

100 acres, 12 miles from city; good buildings, plenty of water, some wood, \$4,750, easy terms. Farm 300 acres, log house and barn, on shore of a beautiful lake; good fishing and hunting, \$450.

W. H. GODWIN & SON
Phone 424, 39 Brock St

Coal

The kind you are looking for is the kind we sell.

Scranton Coal

Is good Coal and we guarantee prompt delivery.

BOOTH & CO.,
Foot of West St.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

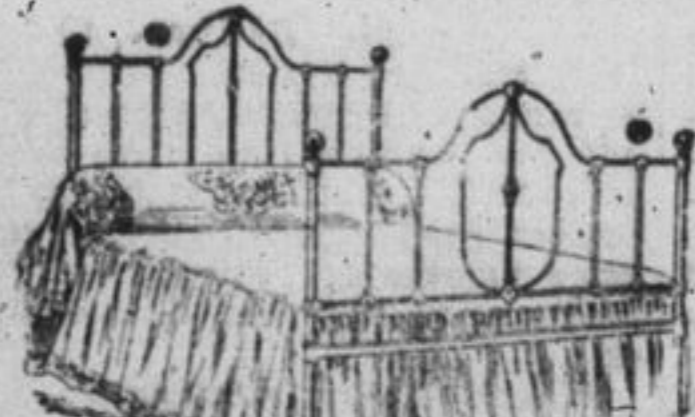
Chas. H. Fletcher.

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

Iron and Brass Beds



BRASS BEDS, 2 inch Post, \$11.50, \$18.00, \$20.00
IRON BEDS, \$2.50, \$3.50. Specials at \$6.50, \$8.50
Wingsless Springs, fully guaranteed, Hercules and Coil Springs.
Dixie Mattress, non-tuft; Felt Mattresses, at special prices.

R. J. REID, Leading Undertaker. Phone 577

S-U-N-K-I-S-T

RAISINS PRUNES APRICOTS PEACHES

Insist on "Sunkist"

At All Grocers.

CITY COUNCIL IN SESSION

Adopts Recommendation of Garbage Committee.

TO ELIMINATE ASHES

FROM THE GARBAGE AND REFUSE BY-LAW.

No Action As To Winter Carnival—Aldermanic Reduction By-Law Held Over Till Next Meeting.

The City Council held its first regular meeting of the year on Monday evening, and adjourned at 9:17 o'clock, to be exact, after transacting a good deal of business. In attendance were:

Mayor Richardson and Ald. Cooper, Clugston, Chown, Cobhest, Fair, Gardiner, Gibson, Gillespie, Hughes, Kent, Laturney, Litton, Newman, Nickle, O'Connor, Peters, Wright, White and Wormwith.

These communications were read: Communications Read. Inspector Children's Aid Society regarding the erection of a shelter, Ocean, Accident and Guarantee Corporation, Toronto, regarding insuring workmen.

Salvation Army, Toronto, asking for a grant. Mayor Richardson and Ald. Cooper, Clugston, Chown, Cobhest, Fair, Gardiner, Gibson, Gillespie, Hughes, Kent, Laturney, Litton, Newman, Nickle, O'Connor, Peters, Wright, White and Wormwith.

These communications were read: Communications Read. Inspector Children's Aid Society regarding the erection of a shelter, Ocean, Accident and Guarantee Corporation, Toronto, regarding insuring workmen.

Salvation Army, Toronto, asking for a grant. Mayor Richardson and Ald. Cooper, Clugston, Chown, Cobhest, Fair, Gardiner, Gibson, Gillespie, Hughes, Kent, Laturney, Litton, Newman, Nickle, O'Connor, Peters, Wright, White and Wormwith.

These communications were read: Communications Read. Inspector Children's Aid Society regarding the erection of a shelter, Ocean, Accident and Guarantee Corporation, Toronto, regarding insuring workmen.

placed to the credit of the different Committees as temporary appropriations:

Board of Works \$ 3,000
Fire and Light 1,000
City Property and Markets 500
Contingencies 1,350
Garbage 2,500
Parks 100

That space be taken with the British Whig newspaper in the publication of the Prosperity Edition to the amount of \$25.

That the communication from the Salvation Army, Toronto, asking for a grant be filed.

That the communication from the Hospital for Sick Children, Toronto, asking for a grant be filed.

That the communication from Ocean, Accident and Guarantee Corporation, Toronto, be filed.

That Finance Committee be authorized to sell the city debentures during the year on the best terms available, and that the Mayor, Ald. Kent and the City Treasurer be a sub-committee to take charge of the sums and report to Finance Committee.

That the Mayor and Treasurer be authorized to adjust and renew insurance on all city property upon the expiration of the present policies.

Ald. Nickle said he hoped the Finance committee would give the citizens the first chance to take up Kingston's debentures.

Ald. Kent stated that last year he citizens had been given a chance and took up a large amount.

The reports of the Board of Works, Fire and Light Committee and City Property Committee, as already reported, were adopted.

No Collection Of Ashes. The committee on Garbage and Refuse recommended as follows:

That the City Solicitor be instructed to prepare an amendment to the Garbage By-law to exclude the collection and disposal of ashes for the following reasons:

1st. Too expensive, the occupant either unwilling or not having formed the habit of placing the receptacle in a convenient place, within reach of the collector, causes the loss of too much time and makes the cost too great. The number of rigs which would be necessary makes the expense very high.

2nd. The majority of the occupants have made it known that they either make use of the ashes for filling or spreading on gardens or that they want it left undisturbed until the spring time, and are unfavorable to the weekly collections.

Ald. Litton and Hughes asked if tin cans were to be collected.

Ald. Wright replied that the collectors had been instructed to take all small tin cans along with the garbage.

Mayor Richardson said he would like to see the ashes collected, so that there would not have to be such an immense spring cleaning. There were some citizens who wanted them collected and others who did not. Those who did not should not be deprived of their ashes if they wished them for a specific purpose.

The garbage system, the Mayor said, had been working very well. Improvements had been made, and the citizens should aid the committee and the inspector in every way.

Ald. Chown pointed out that notice had been given that ashes were to be collected. Some citizens had purchased cans for the purpose and were complaining over having them on their hands.

Ald. Wright suggested that his committee be given power to take these cans off their hands of those who had purchased them, and give them to others who refuse to buy any at all.

Ald. Kent remarked that the committee did a wise thing in deciding not to collect tin cans.

Replying to Ald. Wormwith, Ald. Wright said that the cost of collecting garbage would amount to between one-half and three-quarters of a mill.

The garbage committee's report was adopted.

Other Business. Ald. Newman stated that he would not present for third reading of the by-law for the reduction of aldermen from twenty-one to fourteen, passed by the people, until next regular meeting. He wanted to give the new aldermen every opportunity to look into the question.

On motion of Ald. Laturney and Nickle, the City Clerk was instructed to convey to Ex-Mayor, Sutherland and Mrs. C. W. Wright the sympathy of the Council in their bereavement.

Sleepytime Tales

THE GOODGIVERS' CLUB.

Once upon a time the Goodgivers found out that little Lucy Smith must go to the hospital and have some great doctor help to make her well and strong again. All of the girls were fond of Lucy, although her father did not have so much to give her as some of the other girls.

The doctor had promised that he would make the expense just as little as he could, but the girls knew it would be hard for him even then, so they called a meeting of the club to see what could be done to get some money to help him.

Helen got the first job, and was soon busy clearing some steps of snow as well as a boy could have done. A crowd of friends passed on their way to coast, and called to Helen to join them, but she called

back that she was too busy, and the boys began to laugh and throw snowballs at her. Helen stood it as long as she could, and then called out to them: "I should think you would be ashamed of yourselves to laugh at me. Don't you suppose I would rather go coasting than work like this? We girls are trying to earn some money to help poor, sick Lucy Smith."

The boys looked very much ashamed and started off, when one said: "Boys, let's help Helen." It didn't take them long to get the walk and steps all cleared, and when Helen told them about the other girls working too, they all went and helped until the jobs were all finished.

When the Goodgivers' Club members counted up the money they found they had nearly four dollars toward the fund for Lucy.

Then the boys asked all the girls to go coasting with them, and they had a fine time, all the better for having done a good deed for the poor sick girl before having their pleasure.

"Low Cost of Living" Menu

Menu for Tuesday

BREAKFAST
Grapefruit
Oatmeal and Cream
Bacon
Nut Muffins
Coffee

LUNCHEON
Oysters with Peppers
Hobart's Mushrooms
Cold Stew
Jelly Roll
Cocoa

DINNER
Cream of Pea Soup
Roast Fresh Shoulder
Oven Baked Potatoes
Baked Onions
Lettuce Salad
Rouquet Dressing
Jelly Roll, Pear Sauce.

BREAKFAST
Nut Muffins—Mix two eggs, one cup of milk, two cups of flour, half a cup of chipped nuts, two teaspoons of baking powder, and half a cup of sugar. Bake in gem pans twenty minutes.

LUNCHEON
Oysters with Sweet Peppers—Mix a pint of oysters, a tablespoon of

butter, the same of water, and boil until the edges of the oysters curl. Add a tablespoon of chopped green peppers cooked for five minutes in a tablespoon of butter. Serve on buttered toast.

DINNER
Cream of Pea Soup—Soak two cups of peas three hours. Add four cups of water, boil four hours and mash through a coarse sieve. Return to the fire, add two cups of milk, boil five minutes and season and serve.

Roast Fresh Shoulder—Place in a baking pan without water for one hour. Drain the fat, return to the pan, add water to an inch depth, one onion sliced, and pepper and salt. Bake three hours.

Baked Onions—Parboil ten minutes. Drain, turn into a baking dish, add a tablespoon of butter and half a glass of water. Bake until tender. Pour over-melted butter and seasoning.

Lettuce with Rouquet Dressing—For the dressing make a French dressing and add a tablespoon of grated cheese. Pour over crisp lettuce.

USE "TIZ" IF FEET ACHE, BURN, PUFF UP

Can't beat "Tiz" for sore, tired, swollen, calloused feet or corns.

You can be happy-footed in a moment. Use "Tiz" and never suffer with tender, raw, burning, blistered, swollen, tired, aching feet. "Tiz" and only "Tiz" takes the pain and soreness out of corns, callouses, and bunions.

As soon as you put your feet in a "Tiz" bath, you just feel the happiness soaking in. How good you feel, old feet feel. They want to dance for joy. "Tiz" is grand. "Tiz" instantly draws out all the poisonous exudations which puff up your feet and cause sore, inflamed, aching, swollen feet.

Get a 25-cent box of "Tiz" at any drug store or department store. Get instant foot relief. Laugh at foot sufferers who complain. Because your feet are never, never going to bother or make you limp any more.

DUTY OF THE HOUR

IS FOR EVERY ONE TO RISE TO HIGHEST SACRIFICES.

"The Present Crisis in Turkey," Dealt With by Rev. James P. McNaughton—Declared Mistake Had Been Made in Attack in Dardanelles.

"The Present Crisis in Turkey" was dealt with in a very interesting manner by Rev. James P. McNaughton, a graduate of Queen's University, who has spent several years in Turkey, and who for a time was a prisoner of the Turks in the present war, in an address in Convocation Hall Monday night before a large audience. Principal Gordon presided, and introduced the speaker, and his story, coming from one who has "covered the ground," was brimful of valuable information.

At the close of the address, the speaker presented a large number of lantern slides, showing many views of Turkey. The pictures were very kindly loaned by Dr. Amj. of Ottawa. Both the lecturer and Dr. Amj. were tendered a hearty vote of thanks at the close of the lecture.

A stirring appeal by Rev. Mr. McNaughton for every man possible to take his place at the front was a feature of the address.

Principal Gordon, in introducing the speaker, said that it was always a pleasure to welcome a graduate of Queen's, especially in the case of Mr. McNaughton, who had rendered such valuable service in connection with educational and missionary work.

In the fore part of his address the speaker gave a resume of the history of Turkey of the last century, and afterwards dealt with events leading up to the great war. He referred to the stand Bulgaria took against Russia, and the importance of the Dardanelles to England. Speaking of the Turks, he said they were well trained and good fighters. They never complained about their food or any hardships; in fact, they had been trained all their life to obey. For them there was no greater glory than to die in battle.

That England should never have

made the attack on the Dardanelles with such few soldiers was the declaration of the speaker. In July last he said the troops there did not number over 55,000, while the Turks had an army of 300,000. It was a mistake to have made this attack with battalions only, and not landed troops. England and France could not spare the men for this work, and it was not expected that their object could be attained. While offering criticism, however, it could not be expected that England could do in one year what Germany had been preparing for for forty years.

Touching on the Greek situation, the speaker said: "Why did the King of Greece go back on the cabinet? I will tell you. It was due to a man and a woman. I spent a week in Athens, and I found that there was no woman in the whole of that country for whom there was manifested more hatred than the Queen of Greece. The King of Greece was a fairly decent fellow, but he fell to the wishes of the Queen."

England and Germany had both made mistakes, but England was continually advertising the mistakes she had made in the quarrel of a small nature was aired in parliament, and the entire world heard of it, while with Germany the policy was to "keep within ourselves our trouble, and let us present a united front." When the history of the war was written, however, we would not condemn England. It would be found that Germany had made as many serious mistakes as England.

"I think the situation is serious, but I trust that I am wrong. It is the duty of every man, woman, girl and boy throughout the length and breadth of England to rise to the highest sacrifices. We need to meet this critical hour in the history of the greatest nation the world has ever seen."

The speaker referred to the statements made by one man in Canada about the stand this country had taken in the war. He said that had the statements been made in some countries the man would have been shot.

"If in the providence of God you can leave your homes do not hesitate," was the speaker's message to the men who had not yet donned the khaki.

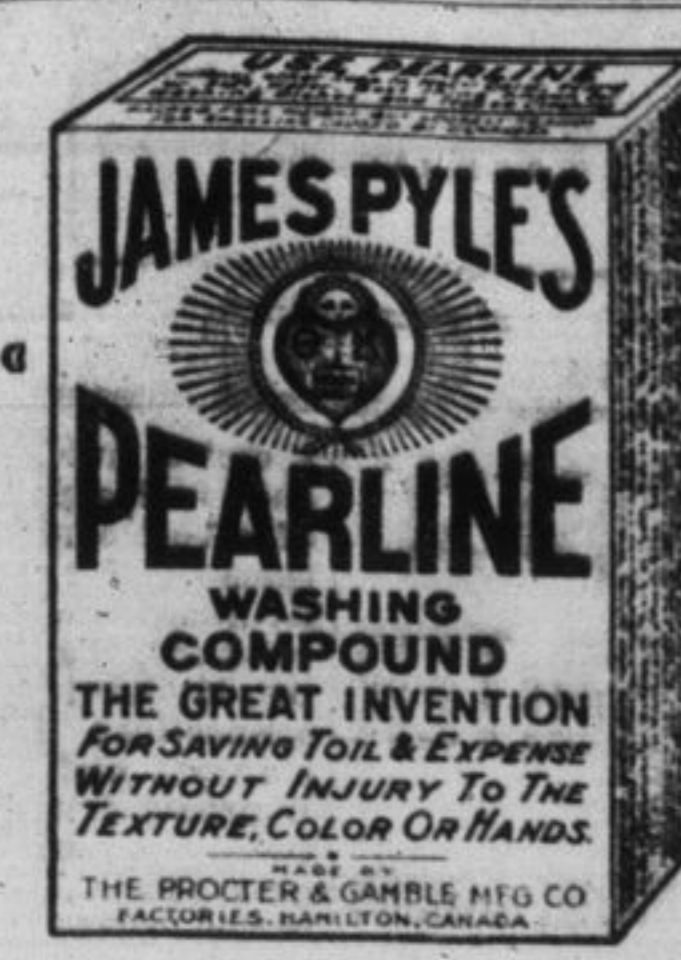
Speaking again of Bulgaria, when the pictures were thrown on the screen, the speaker said that he believed that one big victory by the Allies would be the means of putting her on the side of the Allies.

A collection was taken up at the door, the proceeds of which will be given to the Red Cross Society.

Moles and poor physicians are easily traced by the holes they leave in the ground.

Such a help in cooking!

OXO CUBES save many a hour for busy cooks. So many dishes can be improved by simply dropping in one or two OXO CUBES.



Every Good House-keeper Should Use

PEARLINE

IF you are particular about every detail of your housekeeping you should not overlook this fact: There are certain parts of your housework that cannot be done best with soap or other ordinary cleansers. This work can be done with most success and least effort only by using Pearlina. Pearlina is especially intended for such things as dishes, pots, pans, bathtubs, sinks, floors, steps, woodwork—wherever dirt is hard to move. For this kind of work it is the only cleanser that satisfies the thousands who use it. Get a package and you will see that this is so.

The Procter & Gamble Distributing Co. of Canada, Ltd. Hamilton, Canada

Almost twice as big a package as before at the same price—5 cents

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the Belgian Relief Fund



2,000,000 Belgians Depend on us for Bread!

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the Central Executive Committee, 59 St. Peter St., Montreal

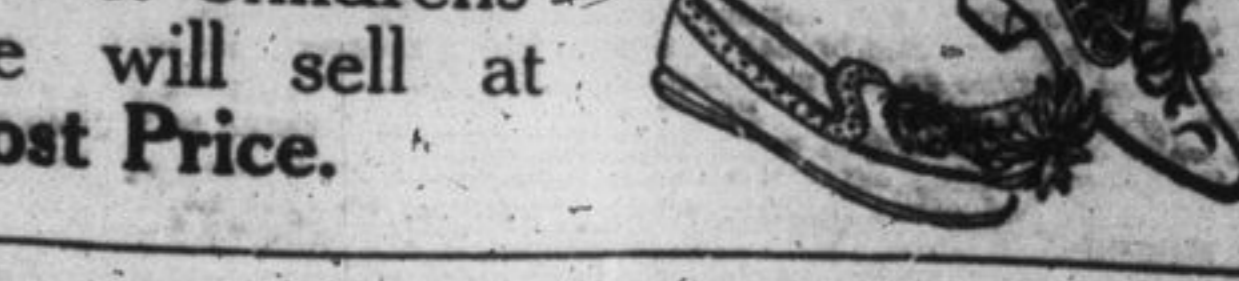
\$2.50 Feeds A Belgian Family A Month.

Cheques to be made payable to "THE TREASURER, BELGIAN RELIEF FUND, 59 St. Peter Street, Montreal, or to local committees."

GOING AT COST Price

All Fall Shoes and Slippers

In Men's, Women's & Children's we will sell at Cost Price.



H. Jennings, King Street