

DAVIES'
This Week
2000 Tins
Finest
Tomatoes
9c Tin

The Wm. Davies Co.
 Ltd., Phone 597.

You NEVER
 need suffer from chapped hands, cold sores, frost bites, or other winter skin troubles, if you will follow the example of hundreds of others, and apply Zam-Buk.

This wonderful herbal balm ends the pain almost immediately, penetrates the damaged tissues and so stimulates the cells beneath, that new healthy skin is quickly formed. The antiseptic properties of Zam-Buk prevent festering, blood poisoning, and other complications.

An occasional application of Zam-Buk will keep the skin soft and pliable, and every mother should see that the children use it liberally. Zam-Buk also cures piles, cuts, burns, ulcers, abscesses, eczema, ringworm and other skin diseases and injuries.

All druggists and stores, 50c. box, \$ for \$1.25.

ZAM-BUK

COMB SAGE TEA IN
LIFELESS GRAY HAIR

It Mixed with Sulphur it Darkens so Naturally Nobody can Tell.

THOMAS COPLEY
 Telephone 987.

Drop a card to 19 Pine Street when wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop 48 Queen Street.

PREPARE FOR WAR!

The continuance of war demands preparation for war times. This year will be a trying one to secure enough to wear that is of any use.

Our advice is, buy all you can of last year's goods and you will save at least 50 per cent. on your purchases.

Hosiery, Underwear and Clothing demands greatest attention.

E. P. Jenkins
 Clothing Company.

Sleepytime Tales

THE TROUBLE OF THE CROSS DOG
 Once upon a time a little dog woke one morning feeling very, very cross and he took no pains not to show it, even to his friend, the black kitten of whom he was very fond. When she tried to rub her nose against his the cross dog growled and snapped and the kitten crawled into the corner of her basket looking very surprised and hurt.

When Ted, the dog's young master, brought his breakfast he did not greet him with a happy bark or run cheerily to meet him, but just jumped out of the basket and began to gobble the food as fast as he could.

Now the bad dog had eaten more than his share and had eaten so fast that, in a moment, his stomach began to ache and that made him crosser than ever. He rushed out the door and almost knocked the cook down. The cook didn't think much of that and she grabbed a broom and chased the cross dog out of the yard so that he went ruffing down the street, yelping with all his might. Some boys began to chase him, throwing sticks and stones and yelling at the top of their voices, which frightened the dog ever more.

At last he grew so tired that he could hardly keep on his feet, and his breath came in such short hard pants that he knew he could not keep going much longer.

So he took refuge in a big dog house he saw in a yard and there inside was the biggest dog he had ever seen. The big dog was very friendly and asked him what was the matter. So the little dog told him all about his nice home and how he woke up cross and all the troubles he had gone through on account of his crossness. The big dog went to the door of the dog house and there were the boys, with sticks and stones in their hands, waiting for the cross dog to come out. When they saw the big dog the boys were frightened and ran away and the big dog took his little friend to his home and advised him not to be cross again, and he never was.

"Low Cost of Living" Menu

Menu for Saturday

BREAKFAST
 Sliced Oranges
 Hot Biscuits
 Coffee

LUNCHEON
 Creamed Lobster
 Bread and Butter
 Marmalade Tea

DINNER
 Kidney Bean Soup
 Beef au Casserole
 Mashed Sweet Potatoes
 Baked Beets
 Fancy Salad
 Dried Peach Shortcake

BREAKFAST
 Hot Biscuit—Mix four cups of flour with a heaping tablespoon of lard, two cups of milk and two teaspoons of baking powder. Roll out an inch thick and cut with a small biscuit cutter. Bake in a hot oven.

LUNCHEON
 Creamed Lobster—Cut the meat in small pieces. Canned lobster may be used. Melt three tablespoons of butter and stir in one and a half cups of milk. Roll until it thickens and add the lobster. Cook one minute longer, remove from the fire and add two teaspoons of lemon juice.

DINNER
 Kidney Bean Soup—Simmer two cups of beans with eight cups of water, half an onion and a little salt. When done mash through a coarse sieve, return to the fire, add the juice of half a lemon and boil one minute longer. Serve with thin slices of lemon that have been rolled in finely chopped parsley.

Baked Beets—Wash and bake for an hour or until tender, in a hot oven. Plunge in cold water to remove the skins and serve at once with melted butter.

Fancy Salad—Simmer dried apricots until tender. Drain, chill and fill with cream cheese. Serve with a dressing made from equal parts of vinegar and juice of the fruit from cooking. Serve on crisp lettuce.

Dried Peach Shortcake—Mix three cups of flour, four teaspoons of baking powder, one tablespoon of sugar, four tablespoons of butter, one teaspoon of salt, and a cup and a quarter of milk. Bake in two layers. While warm split and spread with butter. Boil one cup of brown sugar and a cup and quarter of water for twenty minutes, then add three cups of peaches. Boil one minute longer and then pour over a cup of marshmallows that have been cut in fine pieces.

WAR HAS COST UNITED STATES MILLIONS.

War Conspiracies Have Resulted in Many Fires and Explosions.

The total number of fires and explosions in the United States publicly charged to this cause (war conspiracies) is something like thirty, with a property loss estimated at \$10,000,000, says the Insurance Press. Nevertheless, there is scarcely an insurance company that has put war supplies or supply houses on the prohibited list. It is felt that to draw a sharp line would exclude a vast amount of desirable business on which the war hazard is inconsiderable in comparison with the amounts involved.

An interesting sidelight on this subject is found in the announcement that a certain company writing marine risks has paid losses on forty vessels destroyed by submarines or mines since the beginning of hostilities. The amounts paid aggregated \$500,000.

Several American life insurance companies have considerable European business, but in fifteen months of war their losses have not been excessive, the reason given being that, at least in Europe, most of the insurance is carried by men above the military age. The indications, are that, compared with other great

wars, the rate of death from actual warfare is increased and that from disease decreased. A rough estimate is that the average extra mortality due to the war is about 3 1/2 per cent. of the sum insured on the lives of soldiers, which is made up of a minimum extra of about 7 1/2 per cent. for officers and 1 1/2 per cent. for privates. The effect of military service in war on the mortality experience of life insurance companies has been an interesting subject of speculation since the outbreak of the European conflict, but up to the present time the strain has not been sufficient to cause any anxiety.

Nighties Gone.
 Little Elsie entered the parlor one morning and her quick eye discovered that the slip covers had been removed from the furniture.

"Look, mamma!" she exclaimed. "Some one has taken the nighties off the chairs."

CASTORIA
 For Infants and Children
 In Use For Over 30 Years

Always bear the Signature of *Chas. H. Fletcher*

CAMPAIGN A SUCCESS.
 Canada's Output for 1915 Has Broken All Records.

That the results of the greater production campaign in Canada far exceed even the most sanguine hopes, is the statement made in a report just issued by the Commission of Conservation.

The idea has generally prevailed that greater production meant an increase only in the wheat crop and other agricultural products, but its effects have been far more far-reaching. True, Canada harvested a wheat crop estimated at over 336,000,000 bushels, more than double that of the previous year, and 45 per cent. more than any previous wheat crop in her history. The dairy industry also sent from the port of Montreal butter and cheese valued at \$23,705,000, exceeding the exports of 1914 by over \$5,000,000.

But the results in other industries were as striking, to quote the report: "In mineral production Canada has made numerous advances. Copper and zinc refining plants have been established at Trail, B.C., and are treating native ores. Improvements have been made in certain steels to enable them to be used for shell purposes. Improvements have also been made in the concentration of molybdenum ores, the molybdenum being used in the manufacture of big gun linings and high-speed lathe tools. The recovery of benzol from by-product coke ovens has been developed. Benzol is used in the manufacture of explosives. In Western Canada the discovery of phosphate of lime in Rocky Mountains Park should prove of great value to the agricultural interests."

The following figures furnish a comparison between the quantities of the different metals used in the manufacture of the 22,000,000 shells for which orders have been placed in Canada, with our production of such metals in 1913:

Steel used, 400,000 tons. In 1913 it was estimated that the production of iron ore in Canada, 307,634 tons did not exceed five per cent. of the country's requirements of iron in that year.

Zinc used contained in brass 11,200,000 pounds. No zinc was refined in Canada in 1913, but the exports of metallic zinc in ore shipped amounted to slightly over 7,000,000 pounds.

Copper used, 55,000,000 pounds. The total production in 1913 was about 77,000,000 pounds, and all of it was exported for refining.

Lead, 101,760,000 pounds. The production in 1913 was about 37,665,000 pounds, of which over 97 per cent. was recovered as refined lead.

Canada's fisheries have received special attention, not only in the production but in the marketing, both on the Atlantic and Pacific Coast advances have been made. Due to conditions brought about by the war, Canada last year placed her fish upon the British market, and it is hoped that some species may be permanently established there.

Order a Dozen Seedless Sunkist Oranges Today and try this

Your dealer has this delicious, healthful California fruit—the finest, sweetest, juiciest oranges now on the market. Serve at all meals.

Small Orange Pudding
 Cream one-fourth cup of butter with three-fourths cup of sugar and add one-third cup of juice of Sunkist Orange and a little grated rind alternately with one and one-half cups of flour sifted with two level teaspoons of baking powder and a little salt. Add three well beaten eggs and pour into deep muffin pans or timbale molds. Set in a pan of hot water and cook in moderate oven. Serve hot with sauce.

Save Sunkist tissue wrappers for beautiful silverware
 California Fruit Growers Exchange
 105 King Street, East, Corner Church Toronto, Ontario

Iron and Brass Beds

BRASS BEDS, 2 inch Posts \$11.50, \$18.00, \$20.00
 IRON BEDS \$2.50, \$3.50. Specials at \$6.50, \$8.50
 Wayside Springs, fully guaranteed, Hercules and Co's Springs.
 Dixie Mattress, non-tuft; Felt M. mattresses, at special prices.

R. J. REID, Leading Undertaker. Phone 577

Buttermilk Buttermilk

Having bought the whole outfit of Eastern Dairy School, I am now prepared to deliver Buttermilk in any quantity.

Phone 845 :: Price's

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 The very best for use in ill-health and convalescence.
 Awarded Medal and Highest Points in America at World's Fair, 1893
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 JOHN LABATT, LIMITED, LONDON, CANADA

James McParland, Agent, 339-341 King St. East.

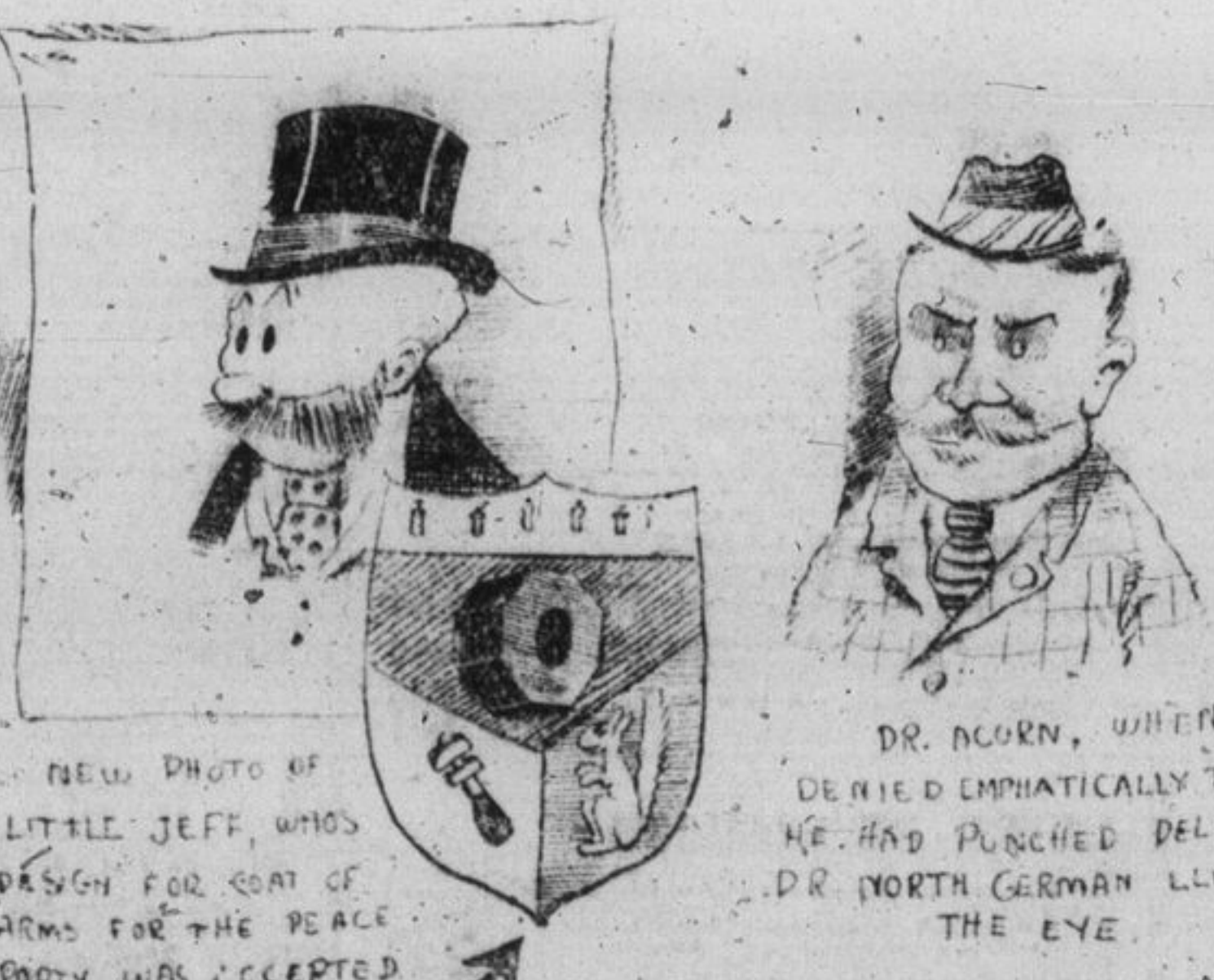
There's Only One Way to Have Peace And That is by Force

By Bud Fisher



AFTER POSING FOR HIS PHOTOGRAPH, MR. MUTT, THE NEW LEADER OF THE PEACE LEAGUE, SAID: "NO, THESE TWO GENTLEMEN WITH ME ARE NOT DELEGATES. THEY ARE MY PREPARATION."

"IF I'M GONNA RUN THIS PEACE SHIP, I'M GONNA RUN IT GET ME? AND THE ONLY WAY TO HAVE PEACE ON A PEACE SHIP IS TO USE FORCE!"



NEW PHOTO OF LITTLE JEFF, WHOSE DESIGN FOR SEAT OF ARMS FOR THE PEACE PARTY WAS ACCEPTED.

THE COAT OF ARMS CONSISTS OF A BEAUTIFUL SHIELD DIVIDED INTO THREE FIELDS. THE LOWER OF WHICH IS A FIELD OF YELLOW, DENOTING COURAGE, IN WHICH IS REPRODUCED A LITTLE SILVER MUT, THE LEFT HAND LOWER FIELD CONTAINS A MONKEY WRENCH, WHILE THE RIGHT ONE ENCLOSES A PICTURE OF A HUNGARY CENTRAL PARK SQUIRREL. THE ENTIRE EFFECT IS SUBMITTED BY A ROW OF SPARK PLUGS.

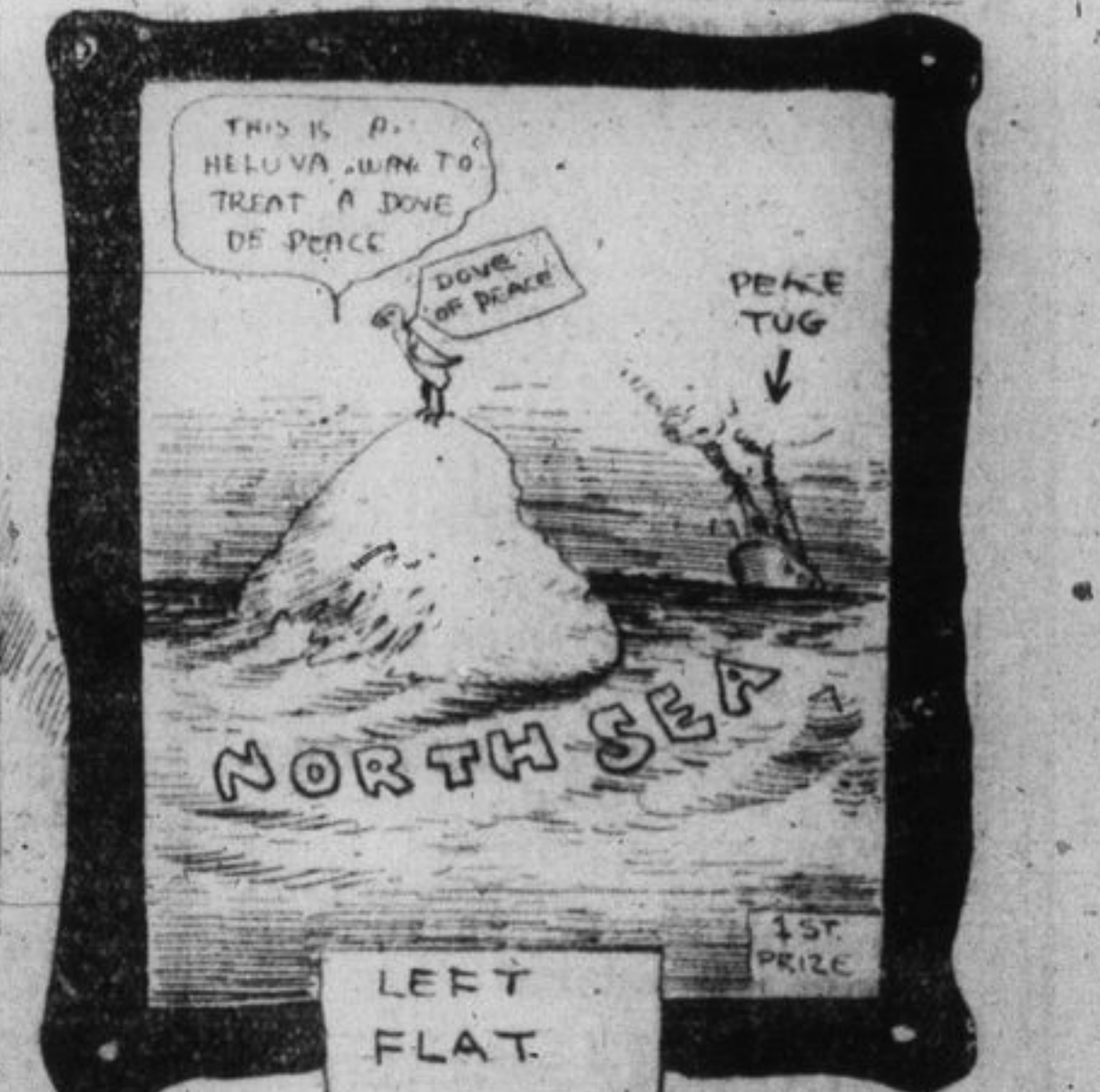


DR. ACORN, WHEN SEEN, DENIED EMPHATICALLY THAT HE HAD PUNCHED DELEGATE DR. NORTH GERMAN LLOYD IN THE EYE.

DR. ACORN EXHIBITED THE ABOVE PHOTO OF HIMSELF, PLAYING LEAD FROG ON BOARD THE PEACE SHIP.

DR. ACORN SAID: "THIS SHOWS HOW PEACEFUL I WAS. THE ACCIDENT TO THE EYE WAS CAUSED BY THE OTHER DELEGATES' KNEES GIVING WAY AND HE BUMPED HIS EYE ON THE ANCHOR."

DR. ACORN DENIED THAT THE OTHER DELEGATE IN THE PICTURE WAS SANTA CLAUS.



LEFT FLAT.

PEACE WINNING PEACE PAINTING EXHIBITED BY BOB KIRBY IN THE "PARIS SALOON" ON SECOND AVE.