

# H. F. METCALFE IS CHAIRMAN

## Elected At Inaugural Meeting of Board of Education.

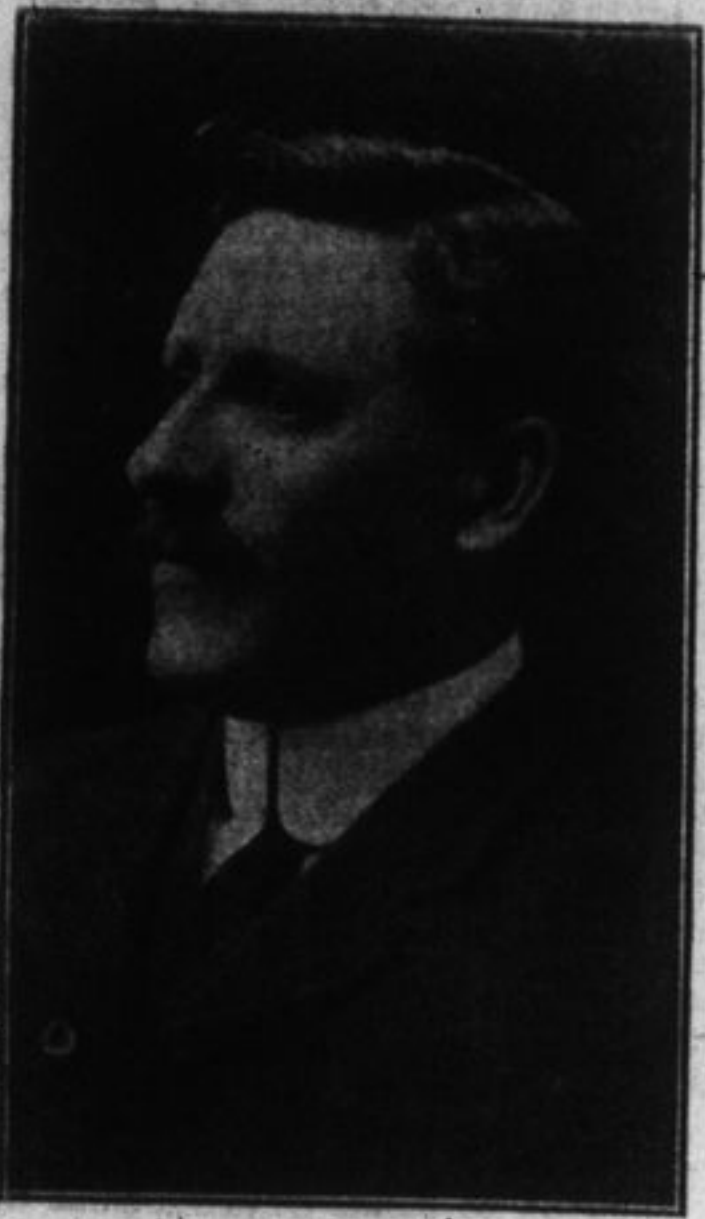
# MAYOR OF THE CITY

## WAS PRESENT AND DELIVERED A TIMELY ADDRESS.

### Question of Additional Accommodation in Schools to Be Taken Up and Reported Upon By the Property Committee as Soon as Possible.

Trustee H. F. Metcalfe, is the new chairman of the Board of Education for the year 1916. He was elected by a unanimous vote, at the inaugural meeting of the Board, which was held on Wednesday night.

The newly-elected member of the Board, for Victoria Ward, Prof. J. F. Macdonald, was present, and was given a warm welcome by the other members of the Board. All the members elected in the recent election were sworn in by Mayor Richardson.



H. F. METCALFE, Elected to the Chairmanship of the Board of Education.

who afterwards delivered a most timely address to the members.

Prof. Alexander Laird opened the proceedings of the first session of the new board with prayer.

In his address, Mayor Richardson congratulated Trustee Metcalfe on his election as chairman. He pointed out that the duty of a trustee was a most important one, in that it was up to him to provide ways and means by which the pupils would be educated and prepared for citizenship.

"It is for you to direct the course of the pupils," added Mayor Richardson, "and very largely determine the curriculum they will have to follow, with the ultimate object of developing the best citizenship. I would urge that you bear in mind this point."

Mayor Richardson said that he had been informed that the number

of pupils attending the schools was steadily increasing. Macdonald school had been erected a few years ago, but he regretted very much the location chosen for this new school. There had also been an addition made to the Collegiate Institute and Victoria school.

"In the future, further additions must be made," added His Worship. "Money expended in this way is not money spent, but rather an investment. No money spent in earning for the young—in improving their surroundings and adding to their enjoyment to further citizenship is not money wasted. It is money invested."

In conclusion, Mayor Richardson paid tribute to the work of the members of the Board. He had the honor of sitting with nearly all the members, and as a result had knowledge of the way in which business was conducted.

"If I can be of any assistance to you in the carrying on of the business of the Board, it will be a pleasure for me to do so."

On motion of Trustee Elliott, seconded by Trustee Meek, a vote of thanks was tendered to Mayor Richardson, for his very thoughtful address and words of encouragement.

The newly-elected chairman returned thanks for the honor conferred upon him, in a neat address. He stated that Kingston had been the birthplace of education. In 1785, the first school in the province had been opened here, by Rev. Dr. John Stewart, in a log cabin. The same year a school had been opened for the children of the soldiers, and since that time the city had not suffered along educational lines. As regards schools, Kingston compared very favorably with the schools and colleges of other cities.

Chairman Metcalfe extended a warm welcome to the new members of the Board, Prof. Macdonald, and at the same time extended greetings to all the members of the Board and the officials.

Committee Appointed. The committee appointed to strike the standing committee retired at this stage, and afterwards brought in the report. The striking committee was composed of Trustees Meek, (Chairman), Mills, Macneel, Lemmon, Godwin, Sawyer, Bell, Farrell and Metcalfe. The report which was adopted recommended as follows:

Management—Messrs. Farrell, Bell, Macneel, Meek, Mills.

Property—Messrs. Lemmon, Godwin, Macdonald, Benton, Sawyer.

Finance—Messrs. Anglin, Craig, Monk, McLean, and Catarqui ward representative.

Industrial—Messrs. Laird, Elliott, Henderson, Dr. C. A. Morrison, trustees; Messrs. G. Cavine, W. Chapman, H. Douglas, H. A. Wilton.

Commercial—Messrs. McKay, Mills, McLean, Dr. C. A. Morrison, trustee; Messrs. C. A. Macpherson, A. E. Day, F. King, N. C. Polson, Jr.

The following will act as chairman of schools:

Collegiate Institute—Mr. Meek. Victoria School—Mr. Elliott.

Central School—Mr. Monk. Macdonald School—Mr. Mills.

Frontenac School—Mr. Godwin. Lonsdale School—Mr. Craig.

Catarqui School—Dr. Bell. Sydenham School—Mr. Macneel.

Rideau School—Mr. Sawyer. Depot School—(Catarqui Ward representative).

Orphan's Home—Mr. Henderson.

Reports Presented. Inspector J. Russell Stuart reported

# Sleepytime Tales

## JOCK AND THE BEES.

Once upon a time Jock, the little dog, started out with his master for a walk in the woods. There had been a little snow and very soon they saw some rabbit tracks in the soft snow and Jock at once put his nose to the ground and started off to trail the rabbits.

It wasn't long before Jock saw a rabbit sitting up on his haunches near a tree and Jock ran toward it as fast as he could. Mr. Rabbit was to quick for him, however, and ran toward an old stump and in a second was inside and out of danger.

Now Jock had also seen that it was quite large enough for him to crawl as well as the rabbit. So he made a dash for the hollow stump which was lying flat on the ground and in he went.

When the rabbit ran through it had stirred up a nest of bees that were making their winter home in

the stump and when poor Jock tried to get by the bees began to sting him terribly. Jock ran yelping out of the stump and the bees went after him, buzzing angrily and stinging him in every place they could. The rabbit didn't get stung at all and when Jock came rushing out the rabbit was sitting up near a clump of small trees and laughing at him.

Suddenly Jock saw a stream of water and made for it, dashing in way up to his nose and splashing about to make the bees stop stinging him, and soon the angry bees flew back to the tree stump home.

When Jock saw the rabbit behind the bushes laughing at him he was very angry but he soon decided that he would not run the risk of going near the bees again and he put his tail between his legs and ran home as fast as he could. His master fixed up the stings with some liniment but Jock never forgot the lesson and kept away from bees there after.

# "Low Cost of Living" Menu

## Menu for Friday

**BREAKFAST**  
Stewed Apples  
Boiled Eggs  
Potted Mutton  
Toast  
Coffee

**LUNCHEON**  
Salt Mackerel, with Cream Sauce  
Potato Chips  
Prunes  
Cocoa

**DINNER**  
Rice Soup  
Baked Halibut  
German Fried Potatoes  
Peas  
Japanese Salad  
Indian Pudding

## BREAKFAST

Potato Muffins—Boil and mash three potatoes, season, add two eggs, half a cup of milk, a teaspoon of baking powder, and flour enough to make a batter that will drop from a spoon. Drop by spoonfuls on a hot griddle.

## LUNCHEON

Salt Mackerel—Soak in cold water three or four hours, wipe dry and broil. Pour over a sauce made by blending a tablespoon of flour, the same of butter and pouring in a cup

and a half a milk. Boil until thick.

**DINNER**  
Rice Soup—Boil half an hour half a cup of rice in six cups of water. Add two cups of milk and boil one minute longer. Season and serve.

Baked Halibut—Place a slice of the fish in a baking pan and cover a mixture of salt, pepper, a teaspoon of minced onion and the same of lemon juice. Bake and just before serving add a teaspoon of minced parsley and a little more lemon juice.

Japanese Salad—Pare and grate enough carrots to make one cup and enough white turnips to make half a cup. Pour over a dressing made from half a cup of vinegar and a quarter of a cup of brown sugar. Boil ten minutes and chill. Serve on crisp lettuce.

Indian Pudding—Use two cups of scalded milk mixed with half a cup of molasses, half a cup of Indian meal, half a teaspoon of cinnamon, a quarter of a teaspoon of ginger and the same of salt. Then add a quart of milk and pour into a baking dish. Cover and bake in a slow oven five hours. Do not stir while baking.

ed as follows for the month of December:

The total enrollment at the end of the month was 2,581, an increase of 147 over 1914. The total average daily attendance was 2,244. This was 180 more than for the preceding December. The total Kindergarten enrollment was 214.

The following substitute teachers were employed: Miss Hilda Fenning 3 days; Miss N. Irving 2 1/2 days; Miss Irene Dunlop 4 1/2 days.

Inspector Stuart also reported on the number of pupils in each school whose teeth were examined by dentists during 1915. Frontenac school, 323; Depot school, 24; total 357.

Number of pupils in each school who were examined by dentists for the second time, None. Number of pupils treated by dentists during 1915, in response to reports sent to parents by dentists, 67; as regards special rates given to children and their parents, no special rates were given; cases of pupils reported to teachers and officers as being unable to pay these fees, None.

The report presented by Principal E. O. Suter, of the Collegiate Institute, for December, showed the following:

Aggregate attendance, 445; average 421. This is a decrease from last year of twenty-three on the aggregate, and 26 in the average. The majority of girls over 170 is 35. The enrollment since 1910 is as follows: 1910, 398; 1911, 274; 1912, 401; 1913, 427; 1914, 468; 1915, 445.

Inspector Stuart presented a report on the early dismissal of classes.

At the last meeting of the Board Trustee Meek asked for information regarding the number of uniforms on hand by the school caudets. The secretary reported that in 1914, the Board purchased 75 uniforms for the Collegiate Institute and 235 for the publication.

On motion of Trustees Elliott and Godwin, the Management Committee will be asked to consider the question of school accommodation and report at the earliest possible date as to the requirements.

At the request of Trustee Meek, the Inspector will be asked to again give the Board a report on the sanitary conditions of the schools, also a report on the blackboard accommodation. These reports will be given over to the Property Committee, for consideration, so that estimates may be secured for the needed improvements. At the request of Trustee Meek the question of the ventilation of the Collegiate Institute and Frontenac school will also be taken up.

In the absence of the chairman, Trustee Benton, the secretary read a report of the Industrial Committee regarding the night classes, during December. In dressmaking there was an enrollment of 26; average attendance 13; household science, 30; average, 19; millinery, 13; average attendance, 8. The attendance was affected by bad weather, during the latter part of the term. The class in millinery turned-out 17 hats during the term. The classes were under the supervision of Miss Booth, and the total cost for the instruction amounted to \$17.50.

Those present at the meeting were Chairman Metcalfe, and Trustees Craig, Anglin, Bell, Elliott, Godwin, Henderson, Laird, Lemmon, Macdonald, Macneel, Meek, Mills, McLean, Sawyer.

Other Business. R. M. Chase, teacher at the Collegiate Institute, asked for a salary increase.

The resignation of Trustee Percy B. Chow, who was elected as an Alderman for Victoria Ward, was received and on motion of Trustees Laird and Bell, accepted. Trustee Laird spoke of Mr. Chow's good work on the Board, especially as chairman of the Property Committee, and his remarks were warmly seconded by every member of the Board.

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DON'T worry if your sink becomes badly soiled. Use it just as you please while you are getting a meal and when you are clearing away the dirty dishes. All you have to do is sprinkle it with Pearline and wash it out with warm water. The dirt will vanish down the drain.

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# PHOTOS!

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# Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

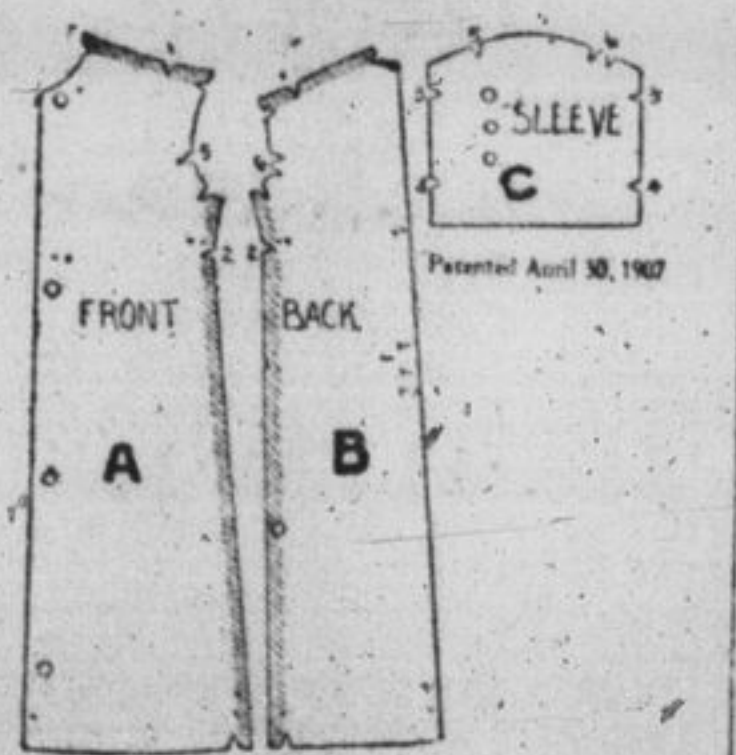
## A Suggestion For the Boudoir.



material with 1 1/2 yards contrasting material for trimming. If ribbon is used instead of satin, and this would be a more economical idea, 8 1/2 yards will be required.

The home dressmaker will find few designs that develop more quickly than this robe. The first step toward its construction is to close the shoulder seam as notched. Follow this by closing the under-arm seam as notched, leaving edges free below large "O" perforation in back section. The center-

CONSTRUCTION GUIDE 6515



front of the robe is indicated by large "O" perforations. Turn the hem at lower edge of robe on small "o" perforations.

Now, close the sleeve seam as notched and sew to armhole. If desired to add a piping, hold the fold of contrasting material between the armhole and the sleeve while basting. Place the small "o" perforation at the shoulder seam, easing in any fullness.

For the trimming stitch, a straight or bias band of contrasting material about 2 1/2 inches wide (when finished) along the edges of robe, as illustrated on reverse side of envelope, or finish in any desired way.

This robe is also dainty made of soft material with lace, ruffles down the front and on the sleeves.

Lounging robe of delicate pink flannel trimmed with striped satin. The long shoulder seams and large seams give it unusually graceful lines.

Soft pink flannel trimmed with striped satin is used for this neat-looking and comfortable lounging robe. It is designed for the use of both misses and children and, in medium size, requires 4 yards 44-inch or 5 1/2 yards 36 inch

Pictorial Review Lounging Robe No. 6515. Sizes 32, 36, 40, 44 and 48 inches bust. Price, 15 cents.

# Don't Merely "Stop" a Cough

Stop the Thing that Causes It and the Cough will Stop Itself

A cough is really one of our best friends. It warns us that there is a great obstruction in a dangerous place. Therefore, when you get a bad cough don't proceed to dose yourself with a lot of drugs that merely "stop" it temporarily by deadening the throat nerves. Treat the cause—heat the inflamed membranes. Here is a home-made remedy that gets right at the cause and will make an obstinate cough vanish more quickly than you ever thought possible.

Put 2 1/2 ounces of Pinex (50 cents worth) in a 16-ounce bottle and fill the bottle with plain granulated sugar syrup. This gives you 16 ounces of very pleasant and effective remedy you ever used, at a cost of only 54 cents. No bother to prepare. Full directions with Pinex.

It heals the inflamed membranes so gently and promptly that you wonder how it does it. Also loosens a dry, hoarse or tight cough and stops the formation of phlegm in the throat and bronchial tubes, thus ending the persistent loose cough.

Pinex is a highly concentrated compound of Norway pine extract, rich in guaiacol, and is famous the world over for its healing effect on the membranes.

To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex," and don't accept anything else. A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Toronto, Ont.