

# FROM THE COUNTRYSIDE

## Frontenac

### LAKE OPINICON.

Jan. 7.—School has re-opened with Miss W. Campbell as teacher. The recent thaw has made good skating on the lake and the young people are taking advantage of it. Mr. and Mrs. William Lyman and family, have moved in with A. Boomhower. A. Darling, Sr., has purchased a new gasoline engine. Lillie Olive Smith has recovered from her recent illness. Miss Evelyn Hunter has returned to her home in Kingston after spending a week with Miss M. Darling. Miss Edie Linklater visited at Perth Road recently.

### ELGINBURG.

Jan. 8.—The skating rink has opened. Mrs. John Porter has returned from visiting her daughter in Watertown, N.Y. Mr. and Mrs. L. Clogg, Toronto, visited at J. Clogg's recently. George Porter has returned from Montreal. Miss Stover, Guelph, and Miss H. Richards, Cobourg, spent the Christmas holidays at their homes. F. W. Danby and family, Smith's Falls, and Thomas Smith, Kingston, spent a week at Charles Smith's. Mrs. Joseph Hawkey and Beulah have returned from visiting friends at Mount Chesney. Miss Ethel Fried is visiting her sister, Mrs. George Cranston, Kepler. Miss Mildred Graham is visiting friends in Kingston. Miss M. Hamilton, Kingston, and Miss A. Cowdy, Harrowsmith, and Mr. and Mrs. Chas. Frasers, recently. Edward Tolles, Antrim, is visiting his mother, Mrs. E. Tolles.

### PLEASANT VALLEY.

Jan. 6.—School has re-opened with Miss Walker in charge. Mr. and Mrs. H. W. Lary and son, Arwald, Trenton, were holiday guests at G. Barr's. Mr. and Mrs. Edgar Hughes at J. R. Carr's; Mr. and Mrs. E. Leonard and wife daughter were recent visitors at T. H. H. Watson's. Mrs. Edgar Hughes is ill. Her

sister, Mrs. D. Youmans, Mountain Grove, arrived to-day. Mrs. George Barr met with a painful accident on Monday when he slipped on the icy steps, injuring her left arm, fortunately no bones were broken, but several painful bruises will keep her an invalid for some time. Mr. and Mrs. J. Garrison spent a recent Sunday at G. Hughes'. Miss Anastasia Barr has returned after spending the holidays in Trenton. Mr. and Mrs. F. A. Watson spent a recent Sunday at Edgar Hughes'. C. E. York of the Barr Register Co., Montreal, was in this vicinity. Miss Mary Kerr continues very ill.

### HARROWSMITH

Jan. 10.—The quarantine was taken off thirteen homes on Thursday last. During the time of quarantine only one case of smallpox was in the village, that of Samuel Ashwin, who is nearly well again. On Saturday, John Shibley succumbed to the disease, he being the second patient. Miss Mildred Jackson, ill of diphtheria, is improving. Miss Grace Thompson, ill of rheumatic tonsillitis is slowly getting better. The Ruble School, churches and village hall have been fumigated. Miss Spicer, Napanee, has been engaged as principal of the public school. There have been no church services for the past two weeks, and during the epidemic, no public meetings are being held. Miss Gertrude Laidley, Kingston, is the guest of Mrs. Wilkins over the week-end. Miss Lucie Gallagher, will leave on a six-week holiday at Smith's Falls and Ottawa on Wednesday. Mrs. S. Winter Yarker, is spending some time with her daughter, Mrs. J. D. Shibley, who is ill. Lorne Shannon has enlisted in the 146th Battalion. W. J. Lyons, Jr., has gone out of business, having secured a good position at Brockville. Mr. Lyons and family will move in the near future. They will be greatly missed, having made a good number of friends.

## Leeds

### LYNDHURST.

Jan. 10.—Grippe is very prevalent in Lyndhurst. Miss Jessie Blackman has returned to Watertown, N.Y., after spending a month with her brothers and sisters in Morton, Seeley's Bay and Lyndhurst. Mr. Gibson is falling very fast. All the modelites have secured schools and the normals have returned to Ottawa after spending their holidays at home. T. Warren has the skating rink is full swing now and the young folks are enjoying themselves. Mrs. S. Beerman is very low with grippe. Mrs. Price is attending as nurse.

### FRANKVILLE.

Jan. 10.—Mr. and Mrs. Frank Johnston of Saskatchewan are visiting his sister, Mrs. Enos Soper, W. G. Richards is laid up with the grippe.

pe. The school opened on Monday last with Miss Mamie Briginshaw as teacher. Miss Violet Robinson, Athens, is back again teaching at Lehigh school. Mr. and Mrs. E. E. Lehigh, Regina, are visiting friends here. Mr. and Mrs. Fred Ireland and family spent Christmas at Easton Corners with friends. Miss Stone, Athens, has been here a guest of her sister, Mrs. T. Richards. The following soldier boys were home for Christmas: Lawrence Hart, Roy Carr, Wilfrid Lillabough, Cleon Punnett, Kenneth Johnson, and Melvin Hart.

### PHILIPPSVILLE.

Jan. 10.—Albert Freeman had the misfortune to have a tree fall on him while working in the woods, and his shoulder badly smashed. William Laishby, Toronto, has returned home from spending the holidays with friends in this section. The Christmas entertainments in both churches were well attended and the audiences were well pleased. Arvin Brown came near losing a valuable horse which was saved by timely assistance. Harry Best lost one of his horses. Mrs. M. Seed, Toronto, spent the holidays with her parents. Mr. and Mrs. F. Chisholm have returned home. G. A. McClary, Bassino, Alberta, paid his sister, Miss L. M. Blackburn, a visit last week. His son came to gladden the home of Mr. and Mrs. H. Emerson last week. Mother and boys are doing fine. William Smith, Harlem, paid a visit to friends in the town this week. There is some wood coming into the village. J. W. Summers is cutting wood for the farmers. Miss Johnson opened school on the 3rd inst.

### WASHBURN CORNERS.

Jan. 7.—Mrs. E. Best and daughter Kathleen are guests at Mrs. James Scotland's. Mrs. William Sheridan, Soperton, is ill of pleurisy. The roads are excellent, and farmers are hauling wood and logs. Miss Lena Willis left on Saturday to resume her duties as teacher near Ottawa. The death occurred on Monday morning of one of the pioneer residents and leading dairymen of eastern Ontario, Reference is made to Craffon I. Gilroy, who died at his home at Glen Buell, aged sixty-nine years. School opened on Monday with Miss Marjory Moore as teacher. Word has been received here of the death of Mrs. R. I. Chambers, Macleod, Sask., on Monday, January 3rd. Deceased was Miss Birdie Gainsford before her marriage four years ago, and was the third daughter of Mr. and Mrs. George Gainsford, Athens. William Grey and sons have returned from the west. Harold Moulton returned home last day after a visit with friends at Seeley's Bay. Mrs. William Flood, Junetown, visited relatives here recently. Relatives here of G. W. Green, Red Deer, Alta., received word that he has been appointed judge of the District Court of Alberta, Alberta. Mr. Green was born and received part of his education in Athens. Dr. W. D. Stevens and Mr. Stevens, Westport, visited relatives here recently. A large number attended the funeral of the late George Jackson on Monday. Deceased was a much respected citizen of Athens, and was aged eighty-two years. Stanley Ross has secured a position in Brockville.

### JUNETOWN.

Jan. 8.—Miss Joyce Foley, Lansdowne, is visiting her sister, Mrs. Charles Hall. Miss Vera and Gilles McCrea, Lansdowne, visited at Jacob Warren's last week. Mr. and Mrs. A. B. Ferguson visited relatives at Lillie's last week. Mr. and Mrs. John Summers and son Ernest, Ottawa, visited at J. A. Herbison's last week. B. T. McGhie, Kingston, was the guest of friends here during the holidays. Mr. and Mrs. Robert Cregban and son, Bassano, Alta., have arrived home on a visit to his parents here. Miss Marie Purvis, Brockville, spent the week-end with her parents here. William Hall was in Brockville on Thursday. Miss Maud Avery returned to her school in Toronto on Monday. Mrs. William Tennant is visiting her sister, Mrs. W. S. Schofield at Athens. Mr. Arthur Purvis, Ottawa, and Leonard Purvis, Queen's, University, visited last week at J. S. Purvis'. Mr. and Mrs. Roy Atcheson, Brockville, visited last week at George Green's. Mrs. Thomas Summers and L. Latimer,

## Sleepytime Tales

### THE WOUNDED GEESSE.

Once upon a time two geese sat together in a shop window. One couldn't do anything without the other for someone had gined them together by their wings. Of course they could talk and they did very much of the time for they had nothing else to do until someone came in and bought them. They watched the school children as they passed and one day, when a little girl said: "I choose the two geese for mine," they were very happy and hoped soon that she would come and get them. One night when it was dark and the wind was blowing very hard it blew against the window of the shop so fiercely that down went the two geese on their noses with their feet stuck straight up in the air. It made them dizzy standing on their heads so long and at last, in giving a tug to straighten themselves up if they could, they fell over on their side. One had broken his leg and the other had most of the paint scraped off of one of his wings. "Oh, dear, I am so sorry we tried to move," sighed the one with the

broken leg. "Never mind," said the other, "it is better than standing on our heads," and just then they rolled over again and under a box of wooden soldiers that lay near. The next morning they were quite out of sight and when the children passed, the little girl said: "Why, my geese have gone." In a day or so the window was cleared out and the geese were found. Of course, being broken, they were placed on the bar-ge counter to be sold cheap and soon the little schoolgirl saw them and bought them for a few pennies. She took them home to her little brother who was a cripple and they were just as delighted as though they had been whole geese instead of crippled ones, just as he was. Each night they were put to bed very carefully and each morning taken up and played with and shown to other children. But after a while they were put high up on the mantelpiece and forgotten and, if you go to this little boy's house, you can see them standing there looking as though they wished someone would take them down and play with them again.

## "Low Cost of Living" Menu

### Menu for Wednesday

**BREAKFAST**  
Grapefruit  
Canned Ham  
Toast  
Coffee

**LUNCHEON**  
Cold Sliced Ham  
Baked Potatoes  
Stewed Apples  
Cake  
Cocoa

**DINNER**  
Apricot Soup  
Oyster and Chicken Pie  
Boiled Potatoes, Parsley Sauce  
Lettuce Salad, Corn Pudding  
Mince Pie

**BREAKFAST**  
Creamed Ham — Blend a tablespoonful of butter with the same of flour and add a cup of milk and some salt and pepper. Boil until thick and then add a cup and a half of chopped ham. Boil five minutes longer.

**LUNCHEON**  
Stewed Apples—Pare, core and quarter six apples. Stew until tender in one cup of water. Remove

from the fire. Squeeze over them the juice of half a lemon and sprinkle over three tablespoons of granulated sugar and one teaspoon of cinnamon.

**DINNER**  
Apricot Soup—Cook for one hour one half cup of dried apricots which have been well soaked, with two tablespoons each of raisins and raw rice, in three pints of water. When done rub through a sieve and add salt and sugar to taste with more water if necessary.

Oyster and Chicken Pie—Parboil a chicken, cut into small pieces and put in a baking dish. Over this turn a mixture of one pint of oysters, one tablespoon of butter and some finely chopped celery. To one cup of milk add a little flour and fill the dish. Place a shortened crust over the top and bake forty minutes.

Corn Pudding—To one can of corn add two tablespoons of cream or milk, the beaten yolks of two eggs, one teaspoon of sugar, and salt and pepper to taste. Bake in a moderate oven. A tablespoon of chopped sweet peppers is a great addition.

Lansdowne, spent Sunday at Jacob Warren's. Several from here are attending the Crossley-Bradford evangelistic service being held in Malorytown, Smith's Falls, and Elvada Marshall, Grahamton, visited at W. H. Franklin's on Thursday last. Grippe is very prevalent in this vicinity. Local option passed in Yonge Township with a majority of 70 over the three-fifths required.

## Lennox & Addington

**RICKNELL'S CORNER.**  
Jan. 7.—Gerald Hawley was in a runaway accident, last week, but not much damage was done. Bert Aney has gone travelling for the Douglas Liniment Company, for a few months. Mrs. F. Miller has returned to her school after spending her vacation in Napanee. Mr. and Mrs. J. Simmonds, Mr. and Mrs. C. D. Sayer, Sask., and Mr. C. D. Sayer spent Tuesday evening with Mr. and Mrs. Alva Emberley. Miss Lizzie Hawley has returned home after spending the holidays with friends in Kingston. Anniversary service will be held at Candeh East on Sunday.

**THE CALL FOR MEN**  
Appeal From Front—Demand For Men Very Great.  
Toronto News.

"Two of the most highly placed Canadian officers at the front have written home emphasizing the need of all the youthful, able-bodied men that the Dominion can send forward. One of these officers says that "every available man will be required, but only young, active men with good feet and sound teeth should be enlisted for infantry units." It is added that men with bad teeth have given a lot of trouble. The fact that the older and less able-bodied men are thus shut out, throws all the greater responsibility upon those thousands of younger Canadians, who, for one reason or another, are still hanging back. All that they hold dear, or should hold dear, is at stake.

The second Canadian officer writes: "I have very little sympathy with the Voluntary Service advocates. Nothing seems more unseemly than the means taken to get men to do their plain duty. Meetings, posters, speeches—a nation content with such a system is at an enormous disadvantage. There is no national security apart from national preparedness and this can never be without national service. The claim that a compulsory army is inferior to a volunteer army has a desperately hard knock in the present war. While we hate our enemy—Germany for many things, we must admit, as is everywhere here admitted, the splendid fighting qualities of the German soldier. And where in all history can you find such a glorious record of gallantry and self-sacrifice as that shown by the French army in this war? You must think it strange that men fitted for service have to be coaxed and begged and enticed to

bear their bit of national responsibility." These strong words from an officer on the battle-line are reproduced, not in advocacy of compulsion for Canada, but to impress upon the country the profound seriousness of the situation. Young Canadians should respond to the Prime Minister's call for nearly 200,000 additional volunteers in such numbers that the recruiting agencies will be overwhelmed.

**No More 25c Tomatoes.**  
St. Catharines, Jan. 11.—That there should be no more tomatoes raised and sold at 25 cents per bushel, and that the canning factories must not regulate the growers' sale price on that product, was the decision of a meeting of the Lincoln and Welland Vegetable Growers' Association here. An address on combination and co-operation was delivered by Thomas Delworth, of Weston, who attached much importance to the need of growers being able to determine the cost-of-production.

**Stops Wool Exports.**  
Wellington, New Zealand, Jan. 11.—Acting under Imperial instruction, the Government has prohibited the export of wool to neutral countries. The Premier, it is understood, hopes to obtain permission for the shipment of wool purchased at recent sales.

**DANDRUFF GOES!**  
HAIR GETS THICK, WAVY, BEAUTIFUL

Save your hair! Double its beauty in a few moments. Try this! Hair stops coming out and every particle of dandruff disappears. Try as you will, after an application of Danderine, you can not find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first, yes—but really new hair—growing all over the scalp. A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance, the beauty and shimmer of true hair health. Get a 25-cent bottle of Knowlton's Danderine from any drug store or toilet counter, and prove that you are as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all. Danderine is to the hair what fresh showers or rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.



## The Good Old-fashioned Washing Compound

# PEARLINE

takes the place of soap—and muscle

SOME women say "Why should I use soap powder? I can do my cleaning with soap". They forget that it is their own rubbing and scrubbing as much as the soap that is doing the work. Pearl-line takes the place not only of soap but of much muscular exertion. It is such a powerful dirt mover that it needs very little help from you. You should use it because it will make your hard work easier.

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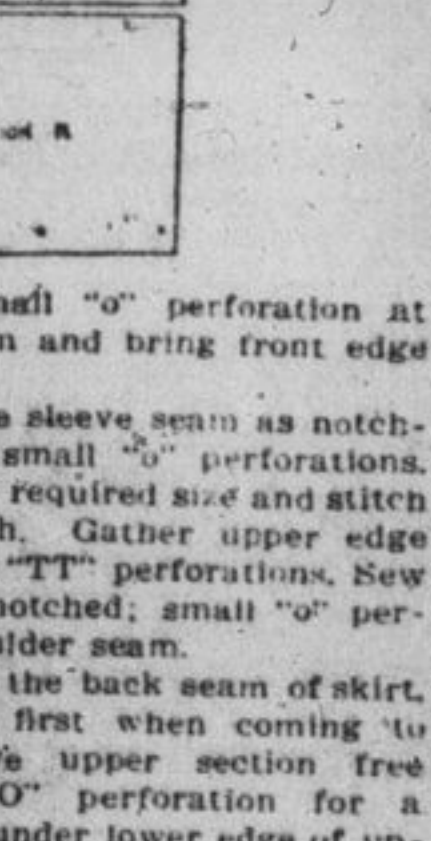
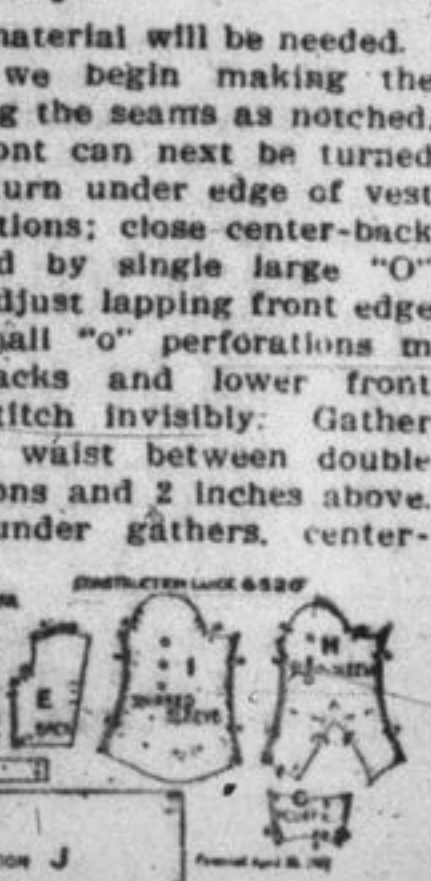
## Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review



Design For Lace or Embroidery.

yards 36 inch material will be needed. As always, we begin making the waist by closing the seams as notched, so that the front can next be turned under. Then turn under edge of vest on slot perforations; close center-back seam, indicated by single large "O" perforation. Adjust lapping front edge of front to small "o" perforations in vest, center-backs and lower front edges even; stitch invisibly. Gather lower edge of waist between double "TT" perforations and 2 inches above. Adjust stay under gathers, center-



backs even, small "o" perforation at under-arm seam and bring front edge to center-front. Now, close the sleeve seams as notched, gather on small "o" perforations. Draw gathers to required size and stitch tape underneath. Gather upper edge between double "TT" perforations. Sew in armhole as notched; small "o" perforation at shoulder seam. When closing the back seam of skirt, which is done first, when coming to the skirt, leave upper section free above large "O" perforation for a placket. Turn under lower edge of upper section on slot perforations and back; gather upper edge between double "TT" perforations. Adjust lower section underneath the folded edge of upper section, center-front, seams and edges underneath even; stitch 3 inches from the folded edge forming tuck effect. Turn hem at lower edge on small "o" perforations. Adjust skirt, attaching upper edge over upper row of gathers in waist (on right side), center-fronts and center-backs even, small "o" perforations at under-arm seam; stitch tape under gathers in skirt from center-front, to center-back (on left side) and finish for a closing. Trim the sleeves with tiny bands of ribbon, finished in bows.

## Quickest, Surest Cough Remedy is Home-Made

Readily Prepared in a Few Minutes. Cheap but Unequaled.

Some people are constantly annoyed from one year's end to the next with a persistent bronchial cough, which is wholly unnecessary. Here is a home-made remedy that gets right at the cause and will make you wonder what became of it.

Get 2 1/2 ounces Pinex (50 cents worth) from any drugist, pour into a 16-ounce bottle and fill the bottle with granulated sugar syrup. Start taking once, gradually but surely you will notice the cough thin out and then disappear altogether. If you never thought you could get rid of your cough, you will be surprised at the rapidity with which the inflammation in a painful cough will be conquered by it in 24 hours or less. Nothing better for whooping cough, croup and bronchial asthma.

This Pinex and Sugar Syrup mixture makes 16 ounces—enough to last a family a long time—at a cost of only 64 cents. Keeps perfectly and tastes pleasant. Easily prepared. Full directions with Pinex. Pinex is a special and highly concentrated compound of genuine Norway pine extract, rich in guaiacol, and is famous for its promptness in overcoming bad coughs, chest and throat colds.

Get the genuine. Ask your drugist for 2 1/2 ounces Pinex, and do not accept anything else. A guarantee of absolute satisfaction or money promptly refunded with this preparation. The Pinex Co., Toronto, Ont.



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TAPESTRY SQUARES. INEXPENSIVE FLOOR COVERINGS OF SURPRISINGLY GOOD VALUE.

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	Special	.....	9.50
9.0 x 10.6	Regular	.....	\$10.75
	Special	.....	11.25
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	Special	.....	12.75
10.6 x 12.0	Regular	.....	\$13.50
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Compare these prices. It will be a long time before such bargains are offered.

