

Rest Is Rust
The business that is standing still to-day is going backwards.
Good times will pass it before it can catch up.
Resting is indeed rusting when applied to commercial life.
Now is the time for aggressive action. Now is the time to go after sales.
Now is the time when newspaper advertising will yield a greater percentage of returns than for many months.
Join the "Go Aheaders."

Grippe and Colds
Cannot remain in the same house with Dr. Hickey's Speedy Cure and Doves' Cold Breakers. A treatment of these invaluable remedies will quickly cure any case of grippe and sore throat. They are your Best Doctor, sure, safe and effective. 25 cents each, at

Best's
The Popular Drug Store.
Open Sundays.

SEE US WHEN YOU CANNOT SEE
A Paradox? No!

We provide proper glasses through which you can see.

Being eyesight specialists we know when eyes are wrong and why glasses are right.

See us—we understand our business.

KEELEY Jr., M. O. D. O.
OPTOMETRIST AND OPTICIAN
226 Princess Street
2 doors above the Opera House

PREPARE FOR WAR!

The continuance of war demands preparation for war times. This year will be a trying one to secure enough to wear that is of any use.

Our advice is, buy all you can of last year's goods and you will save at least 50 per cent. on your purchases.

Hosiery, Underwear and Clothing demands greatest attention.

E. P. Jenkins
Clothing Company.

If you are polite in the home it will be easy to be the same out of it. Good credit should not be used carelessly.

DRUMMER W. MORRISON
WRITES ABOUT CHRISTMAS AT SANDLING CAMP, ENGLAND.

A Number Of Kingston Members Of 21st Battalion Who Were Wounded Are In Reserve Battalion.

Drummer William Morrison, 21st Battalion, Sandling Camp, England, has written the following very interesting letter. "As this is Christmas Day, I thought I would drop you a few lines to let you and the old Kingston people know how we, on the list of casualties of the 21st have spent our Christmas day here on Camp. I must say that we are greatly pleased with our nice Christmas dinner, which we have just defeated after a hard fight with turkey.



DRUMMER W. MORRISON

On Christmas eve we had a busy time decorating our huts and it does look good to see the old maple leaves all about the huts here and there, amongst the many Allied flags, and bunting. This morning, Christmas morning, of course, we were all very busy in getting cleaned up for church parade in which we paraded as usual in a very heavy downpour of rain. We are quite used to that now and we don't seem to mind it, as really it has not missed a day in five weeks and maybe more than that, but it is disheartening and a fellow can't keep himself dry. Even in the huts are the continuous downpour of rain makes a number of our huts unpleasant when you will be awakened during the night by the rain coming in through the roof and making a little pool in your bed. Yet we are not expecting anything better for this time of the year over in England. There was a big rejoicing here to-day when all of the defaulters were given their freedom and allowed free again by the officer in command. We had our dinner call sounded at the usual time and we all assembled in a hut. We made room in one hut for men from several other huts to come in together and eat on the one big table of which was very nicely got up for us. The hut was nicely decorated for the event, and very soon we were into our much-longed-for Christmas dinner, and besides our turkey, Christmas pudding, oranges, nuts, grapes, and pickles, we all had a nice bottle of (castor oil) put at our side and many of the boys had as many as three of them, but they all acted in the very best of manner during the meal, and much praise was given to the sergeants for the good way they served the men at the big dinner table. Amongst them was one of our old 21st Sergeants, in Sergt. Alfred Woodrow of Kingston. During dinner our commanding officer, Col. Preston, of this Reserve Battalion, made a neat little speech on the nice way the dinner was got up for us, and he wished us all luck and that we would all be back home in Canada for our next Christmas dinner. We of course, gave him three good cheers, in which he greatly appreciated us for the same, by thanking us. I am very sorry for some of the 59th boys as there is a hut quarantined on account of sickness. I can make this reply that all of the 59th men are all in good health, and as far as I know Pte. Bowles, and H. Brown, both of Kingston, are in the quarantined hut, but they are having a good time inside of their hut, and therefore they don't mind it. The 36th Reserve Battalion's Brass Band is also quarantined from sickness from what I heard, and I guess this is true as they have not been on parade all this week as they had only their bugle band out all week. The 36th is from Toronto.

"TIZ" PUTS JOY IN SORE, ACHING FEET

"My, how 'Tiz' gladdens tired, swollen, burning feet—it's glorious!"

Ah! what relief. No more tired feet; no more burning feet; no more swollen, aching, tender, sweaty feet. No more soreness in corns, callouses, bunions. No matter what ails your feet or what under the sun you've tried without getting relief, just use "Tiz." "Tiz" is the only remedy that draws out all the poisonous exudations which puff up the feet. "Tiz" cures your feet, trouble so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore and swollen. Think of it, no more foot misery, no more agony from corns, callouses or bunions. Get a 25-cent box at any drug store or department store and get instant relief. Wear smaller shoes. Just once try "Tiz." Get a whole year's foot comfort for only 25 cents. Think of it!

FALL OF FOE'S CREDIT
HAS MARKED EFFECT IN NEUTRAL COUNTRIES.

The Silver Bullets Of The Allies Hitting The Mark And Hastening The Inevitable For Germany.

London, Jan. 11.—Far more impressive than the new Russian advance as an indication that Germany and Austria are on the eve of disaster is the fall of the German mark and the Austrian krone, and the coincidental appreciation of the Paris cheque and the pound sterling in all neutral countries.

The slump in the mark and the fall in the Austrian krone in New York are gratifying to bankers here. The financiers of Holland, Scandinavia and Switzerland are at one with the bankers of America in their belief that the practical collapse of Hun credit, indicated in the recent sensational declines in the rate of exchange, foreshadows the beginning of the end.

In Stockholm, according to the correspondent of The Morning Post, German and Austrian values are now the lowest on record, while the rate for francs and pounds sterling is advancing steadily.

The same newspaper's Berne correspondent telegraphs that there is a markedly sudden fall of the mark there in a few weeks from 198 to 92 is the chief topic in Swiss financial circles and the cause of grave misgivings in Germany. The fall of the Austrian krone in Switzerland is also distressing to the pro-Germans, who as a result of the financial fact that 60 Swiss francs can now purchase 100 Austrian kronen, plainly see the writing on the wall.

GIRLS! WOMEN! TAKE CASCARETS IF CONSTIPATED

They live your liver and bowels and clear your complexion.

Don't stay headachy, bilious with breath bad and stomach sour. Get a 10-cent box now. To-night sure! Take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Cascarets will live your liver and clean your thirty feet of bowels without griping. You will wake up feeling grand. Your head will be clear, breath right, tongue clean, stomach sweet, eyes bright, step elastic and complexion rosy—they're wonderful. Get a 10-cent box now at any drug store. Mothers can safely give a whole Cascaret to children any time when cross, feverish, bilious, tongue coated or constipated—they are harmless.

BRITISH EFFORTS GLADDEN FRANCE.

Failure of Recent German Attack Tells Story of Army's Efficiency.

Paris, Jan. 11.—The year 1916 has already cheered Paris. There has been a noticeable change in public sentiment since Christmas. The decline in mark exchange is prominently featured by the press as the first positive sign of German exhaustion. The Russian offensive, coupled with the more favorable situation at Salonika, is considered hopeful, while the prospect of the adoption of conscription by Great Britain is welcomed as firmly giving the lie to the German assertion that she is saving herself at the expense of her Allies.

Reports also filter through from the front that the British are now adequately trained, equipped and fully reliable. Here is an extract from a private letter from a French officer, who has been at the front since Charleroi, and is now holding an important position near the Allied junction point north of Arras: "We are delighted by the enormous progress of the British in recent months. It is now a wonderfully organized army, composed of the finest elements. A fortnight ago the enemy attacked them with a great volume of gas, the attack lasting three hours and being followed by a heavy cannonade, but their protective measures were so effective that the Germans had hardly left their trenches before they received a withering fire and the assault literally melted away. The British had only thirty put out of commission by the gas, all being men whose heads had been torn by bullets, a proof of the deadliness of the gas and the efficacy of the hoods. We all now have the utmost confidence in our Allies, who work desperately hard and have improved proportionately."

GERMAN-CANADIAN CORPS.

Proposal To Raise Battalion For Overseas.

Ottawa, Jan. 11.—That a battalion of Canadians of German descent be raised to fight for Canada at the front is the suggestion which has been made to the Minister of Militia and is now being considered by him. There are at present numbers of such men among the ranks of Canadian soldiers at the front, and they have done splendid service.

DIED AT PERTH.

At eight o'clock on Monday night, Dec. 27th, the home of Mr. White was saddened by the death of his wife, Amelia Noonan, after lingering and painful illness of some months. Deceased was a well known resident of Perth, and was twenty-six years. She married Mr. White and when they took up farming in Burgess, remaining there till her fifty-eighth year. She was gentle and courteous, and among her friends had the reputation of being exceedingly obliging kind and thoughtful to all who knew her. She leaves to mourn her loss her husband, two daughters, Misses May and Agnes, and one son Harry, all at home. The funeral took place on Wednesday morning to St. Bridget's church where a solemn requiem mass was sung by Rev. Fr. Kearney, and the remains were placed in the Roman Catholic cemetery in Stanleyville. The pall bearers were: Philip J. White, C. J. Quinn, Michael Cooper, McParland, Daniel Kelly and John McParland.

It is estimated at Berlin that the British Allies spent one and a quarter millions in the Dardanelles enterprise besides the loss of warships and trading ships.

AN OPTIMISTIC CHRISTIAN.

Lyman Abbott in the Outlook. I believe, then, that we are not drifting away from the Christ-life, but voyaging toward it; that the age busy in doing Christian work is more Christian than the age busy in fringing Christian creeds, or retiring from the world in meditation on Christian truth. There is less worship of fear and more service of love. We reverence symbols less and spiritual realities more. Our creeds are shorter and perhaps more vague, but our faith is more vital. Fewer men are mediating on the will of God, but more are doing His will. Fewer men are meditating on immortality, but more are living the life that really is.

Probs.: Much colder to-night and on Wednesday.

Economy EYE-OPENERS Tomorrow

The irresistible potency of ready cash in the purchase of and sale of fresh and dependable merchandise of the "Steady standard qualities" will work wonders all this month.

Never could you get so much for your money as at this time.

ABOUT WINTER COATS
It seems impossible, but nevertheless true — that we can sell \$17.00 WINTER COATS at \$4.45—and every garment of this season's style—good, warm dependable coats that anyone can wear.

ALL OUR BEST COATS up to \$30 on sale at \$12.95

SPECIAL CLEARING SALE OF CHILDREN'S SERGE DRESSES.
Made of good wool fabrics, in colors Navy, Copen, Red and Plaids; sizes 4, 6 and 8; regular prices were \$3.50, \$4 to \$4.50. **Special Sale Price \$1.98**

DON'T MISS THIS CASH SALE.

STEACYS

"The Woman's Store of Kingston."

Alkali in Soap Bad For the Hair

Soap should be used very carefully. If you want to keep your hair looking its best. Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and ruins it. The best thing for steady use is just ordinary mild soap (which is pure and greaseless), and is better than the most expensive soap or anything else you can use. One or two teaspoonfuls will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, creamy lather, which rinses out easily, removing every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, nutty and easy to manage. You can get mildified cocoanut oil at any pharmacy, it's very cheap, and a few ounces will supply every member of the family for months.

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up. Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears. Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly. It's just fine. Don't stuff up with a cold or nasty catarrh.

Buttermilk Buttermilk

Having bought the whole outfit of Eastern Dairy School, I am now prepared to deliver Buttermilk in any quantity.

Phone 845 :: Price's

WE HAVE NOW COMMENCED

Store Cars for the Winter

Our rates, including charging batteries, jacking up cars, etc., are \$10.00 per car. We have splendid facilities, dry, clean and warm. Room for 52 cars. Drop in and pick your place.

Porritt Garage Co., Limited
Phone 454
WELLINGTON STREET

DAVIES' This Week 2000 Tins Finest Tomatoes 9c Tin

The Wm. Davies Co. Ltd., Phone 597.

The Marrison Studio

"Our BABY PICTURES, like all portraits that we make, are natural in pose, properly lighted and beautifully finished. High class equipment and tireless labor are the reasons for our remarkable success in baby portraiture. Come in some morning and let us get acquainted with the baby."

Phone 1318, 90 PRINCESS ST.