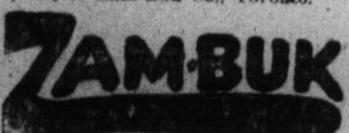
# IF YOU CAN'T

bit," you can relieve the sufferings of the men who are spending this winter in the trenches by sending them Zam-Buk for which they are

Numerous letters from soldiers at the front prove their need of it. In a letter from one of the men to his people he says; "If it'is a choice between tobacco and Zam-Buk-send Zam-Buk."

Constant exposure to damp and cold, inevitable in trench life, causes rheumatism, chapped hands, cold cracks, and frost bites. Zam-Buk heals these, and a box of Zam-Buk, which can be easily carried in the pocket, will save a man much unnecessary suffering. Zam-Buk is equally effective for sore hands, caused by trench digging; and an application of Zam-Buk to the feet will prevent foot-soreness and blistering on long marches.

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Quick Hitch Hockey Boots

BRITISH SAILORS OFF U. S. COAST TIRED OF SLOW JOB.

Hardships Which Affect the Men

fleet that lies outside the U. sailors, it is worse than life in the trenches. The monotony of loafing in the swell of the sea watching for more then was) were amongst them. some little freighter from South America that must be held up searched is getting on the men's

Their food is of the old fashioned lime juicer quality except when some daring sea grocer manages to bring a cargo of supplies alongside, and even tally wounded. It was for this heroic it's a gamble whether the fresh vegetables will reach the cook or Davy

One of the British cruisers engaged in the peaceful blockade of the Atlantic ports is the Sydney, which ran the German raider Emden ashore This battalion his lordship raised of the Panama Canal would bring up a good old British heart the same on an island in the Indian ocean and himself, and devised an interesting about in the mercantile shipping of as I am doing, and all will come well German submarines, and last month she was ordered off New York to re lieve the cruiser Iris in keeping tabs. on commerce.

The letter below, written bymember of the Sydney's crew, seems to throw light on the Zealandia's adventure, but it is more interesting in showing how the British seaman hates the job of watchful waifing: "It looks as though we were

spend another Christmas on the briny "It has been terribly cold out here and we have had a hard time of it. "The other night we ran short of coal and had to shoot down to Bermuda and after getting there had to wait a long time for a collier. We got our bunkers filled next day and

had to come back here. "Of all the places in the world Bapsegat, or whatever they call it, is

"If it ain't blowing it's snowing or raining, and there is a continual swell running that keeps your insides snug against your main companionway for days at a stretch.

"There's nothing to do but hans on and off, watching for some bug of a freighter that's expected up from somewhere in South America. "The only excitement we've had

was the funeral of poor old Rob Siddons. You remember we three were together in Chatham last year, after I had been invalided home from the been ailing for months, but wouldn't quit. To tell you the truth he was too bloody old to stand the strain. So we dropped him over, and there was hardly a dry eye aboard.

"We sank a shot with him and his hammock, and we could well spare it. because we don't ever expect to need any off here.

copes). You could get a bit of thrill sight into "Indian affairs. getting hit. Out here you might as noted by the missionaries. "Young shipping than his German rival. well be on a training ship.

other job like this.

thing. He shot down between us and have proved a special source of inthere was no chance to save him.

say we will either have to go down work is being carried on. Suc around Galveston, stay here, or go to trips have proved the reality of for-Halifax if we want anything like a eign missions as perhaps few things rest. If you get news of where we can to the new-comer to India. are to go, as you probably will, send some note paper so I can write my Christmas letters.

"I wonder if you heard about any ship being run down about three days ago not far from Sandy Hook. had a narrow squeak, although laughed afterward about it.

"It has been very hazy lately, and the other night it was exceptionally thick. We spotted an old cargo boat that looked suspicious and bore after

"In the fog the old man must have nisjudged her speed or ours, because we ran so close across her stern that her propeller beat against our side and our guns swept right over her

"Well, the gang on that ship will be taking nerve tonic for a month. I guess. We couldn't pick her up again it was so thick, but we heard afterward that she was the same bloody

Women on Farms.

Girls and women have taken up work on the farms in several places in Australia in order to beip to bring as great an area as possible under crop. Some have accomplished a tremendous amount of work, but perhaps the most remarkable record is held by a child living in the south of the Pinnaroo district, in South Australia. This season she has cultivated 300 acres and drilled 200. She spent her tenth birthday while drilling. She glories in her work, and is never happier than when among the horses. the is very independent, and always yokes her own team, although she is There are now about two thousand not tall enough to manage the aniline dyes known to commerce, blinkers.

Observation has forced upon me conclusion that many men who e as cynics and skeptics are nothing more or less than dyspeptics. Impudence and ignorance usually PEER'S STIRRING CAREER.

How Lord Dunmore Won the V.C. in India in 1897.

How he risked his life for a comrade, and incidentally won the V. C. is one of the many episodes in the career of Major the Earl of Dunmore, Sailor on Cruiser Which Sunk the who has been appointed to the Genwas also serving as A.D.C. to Lord while attached to the Guides Cavalry laughter.

in the Tirah campaign. IFE is one damp, cold thing | The cavalry were pursuing the Viscount Fincastle (as Lord Dun-Hacking their way through the hillmen, they brought back the unfortunate officer in spite of the heavy and as Viscount Fincastle lifted

wounded officer in his arms, a bullet killed Lieut-Colonel Greaves, deed that Lord Dunmore was awarded the medal for valor.

His lordship again preved his gallantry during the South African camand commanded a battalion of Yeoburgh, and after a few weeks of this practice his troopers became qualified to deal with the stiffest kopjes in South Africa.

As an author, too, Lord Dunmore has distinguished himself. One of the best books on warfare on the North-West Frontier was that which he wrote entitled "The Frontier Cam-

That Lord Dunmore is not without a sense of humor is evident from the amusing story be tells in this book concerning a young acquaintance of his, who seemed to have solved the difficult problem of dealing with one's father-in-law. He went to the old gentleman and asked permission to marry his daughter, but, as is the way with old gentlemen with pretty daughters, the old fellow became crusty. "You want to marry my daughter, do you?" he snapped. "Humph! You are not exactly the kind of man I should choose for ason-in-law." "Well, to be quite frank," replied the suitor, unblushingly, "you are not exactly the kind of man I should choose for a fatherin-law; but don't let that trouble you; we needn't chum after the wedding, you know, unless we want to.

Lord Dunmore's marriage in 1904 to the beautiful Miss Kemble, of the Isle of Skye, was the sequel to a romantic engagement. For eight sub patrol on the Dogger? Rob has years previously the couple had been engaged, and during this time the prospective bridegroom was away at the wars in Afghanistan and other parts of the Empire; but fortunately he was spared to come home and claim his bride.

Aid to Missionaries.

The Territorials in India offer Men of India" says: "It is encourag-"The men are mostly sickly, and ing to find that missionary educayou can't exactly call them happy. tion is being actively forwarded They have nothing to think of except amongst Territorials in several the arrival of the cutter with papers | centres in India. In some places and letters. Lord save us from an- lectures on missionary subjects have attracted large numbers of the men. "I suppose you heard how we lost | who are glad to have the opportuna man over the side who was reach- ity of hearing first hand of what ing for a sack of lettuce or some- actually is being done. Such lectures the rotten little tug so quick that terest when given by an Indian Christian, and when it has been pos-"Norfolk may be all right for those sible to give time for questions at interned Germans, but it's a bad the end of the lecture. At other place from which to ship us greens in centres parties of men have been this sort of weather. It was much taken to mission institutions, such better when we laid off, Sandy Hook. as hospitals, schools, or out to a vil-We got things regular then. They lage in the country where missionary

## India Hoards Gold.

Precious metals continue to accum- munication could be obtained. ties in spite of the war. gold and silver imports of the cur- by dropping a metal chain on to me-These show that after deducting all ing the same in water. exportations there has been in three months an addition to the stores in the country of no less than one hun-

Found in Man's Body.

Here is what a military surgeon "excavated" from a wound in the thigh of a British officer who fell at. Blade of a pocketknife.

Bone handle of the same knife. Button from the victim's trousers. Screw ring from the head of a Ger-The wound fully exposed the femural artery, but did not break it. The patient will recover.

Englishman Found Aniline It was in 1856 that an English chemist W: H. Parkin working in London laboratory at the problem of producing aniline artificially, accidentally discovered aniline dye.

Many a disciple of good health fads pays much to the support of the

good judgment.

NAPOLEON OF SHIPPING.

as Marine Magnate. man, notable physically for his un- war in Germany and whose deathcommon height he stood 6ft. 7in. in sentence (afterwards commuted to his stockings - worked quietly, thor- twenty years' penal servitude) re-Emiden Tells of His Dislike of eral Staff. It was during the fighting shipping office at Newcastle-on-Tyne, this country, writes bitterly about oughly, and conscientiously in a cently aroused great indignation in Blockade Duty and Describes the on the North-West Frontier that, in He rarely spoke of his hopes for the the treatment meted out to him. He future; but he had one ambition is now in the fortress prison of Span-Fresh Vegetables Are Hard to Elgin, the Viceroy, won the V.C. it to other people, have aroused some feeling the full rigour of German

This was nothing less than to become the biggest shipping man in the after another for the crews enemy and were ordered to hold a world. It was not egotism which terday and gave me some papers. The of the British blockading position and fire on them retiring up gave rise to this ambition, but the only time I have for reading is on a hill. At a critical moment the horse keen desire to "get on," and the Sunday. During the week it is all of Lieutenant Greaves bolted into the knowledge that if he had a chance he work and sleep, and not a large S. three-mile line waiting for midst of a body of the enemy. Down would "get on." That clerk, now amount of the latter. the German ships that never come swooped the hillmen to cut him up, Sir Owen Phillips, lives to-day in the ed to hear that --- (someone at the out. According to at least one of the but before their knives could do their realization of his ambition. He is Front) is still alive and well. You work Lieutenant-Colonel Adams, the Napoleon of the mercantile ship- can tell him that I don't fancy being Lieutenant Maclean, and Lieutenant ping world, and master of over 300 a prisoner of war; and also tell him ships, with a total tonnage of nearly; that, if he is so placed that he i a million and a half.

Sir Owen-who, it is announced, will Death is far preferable to what I have be Unionist candidate for Chester at already gone through. If my time murderous fire poured into them. But the next election—has engineered were to come over again, I should shipping deals, acquiring not single never be a prisoner of war. I would vessels, but whole fleets, furnishes a be with my comrades on the pithills remarkable story of enterprise and in Flanders. They have tried several energy on the part of this son of the ways to kill me. Now they are trying Principality-for Sir Owen comes of to starve me because I am English. I a very ancient Welsh family of Pem- only get half as much to eat as the brokeshire. worthies.

Owen's success lies in the fact that | Hell." paign, where he did splendid service he is a very far-seeing man, He was one of the first to realize the trem- not to worry about him, as he is quite method of teaching his men horse- the world. Not only is trade with the in the end. Remember: Once Britmanship. He made them ride up Far East to be counted on by the cut- ish always British. That is a good ting in two of the American continent, offering immense profits to the heart of a true Britisher." steamship lines first in the field, but the great coast-line on the Pacific side of South America becomes more easily available. Sir Owen, fully realizing this, secured control of the Pacific Steam Navigation Company, thus holding the shipping trade of South America in the hollow of his hand, and ultimately sequired the Dempster Line boats on the West Indian trade, which made certain that there would be no serious opposition from that quarter.

But the control of the trade of one continent by no means, satisfied the ambitious of this shipping king, for fight on occasion in the seventeenth soon after he took the Royal Mail Company under his care. He obtain, an historic incident in the annals of interest in the share line running to Dance, who, in 1804, with his squad-China and Japan. Then came the purchase of another line of ships, which dealt with the Mediterranean and North African trade.

Perhaps the most sensational purthe acquisition, on behalf of the great! Messrs. Donald Currie and Co.

owes nothing to inherited wealth or armed cruisers. great influence. Herr Ballin, the l shipping Colossus of Germany, was like the ordinary cruisers and Dreadat one time disposed to be contempt- noughts. Their business mainly durnous of the opposition of the Welsh- ing a time like this, is to patrol the man. He even went so far as to for- trade routes. Naval officers and men bid him to poach on his preserves in are drafted on board, and, although the West Indies. According to one they would stand little chance in a intimately acquainted with Sir Owen, pitched battle with armed cruisers "Give me the life in the North sea | fine opportunity to give an important | he has never forgiven or forgotten | and Dreadnoughts, they can, as is ilchasing perrys (submarine peris- section of the British public an in- this piece of insolence, and he was lustrated by the case of the Car-This not satisfied until he had beaten Bai- mania, be reckoned upon to give a doing that, and it was worth while thought has evidently been carefully lin and controlled 200,000 tons more good account of themselves in an

Wireless on Wheels.

To their latest motor delivery van a well-known London tobacco company have, after much experimenting; to the mukhtears of Bengal. A few added a complete wireless installa- years ago vakits obtained permission tionaby means of which the traveler to wear gowns. Black gowns were establish immediate contact at any would have led to their being mistime of the day with the head offices taken for members of the Bar, blue in Finsbury. In this way the urgent gowns were given them. Recently requirements of the company's cus- the pleaders asked that the privilege tomers are dealt with even more of wearing gowns should be extendspeedily than is possible by the use ed to them and the necessary sancof the telephone, and the facilities so tion was granted, green being the afforded have already been taken ex- color selected. Not to be outdone the tensive advantage of.

transmitting set, capable of getting taken by those practising in the Jalinto communication with the head of- paiguri courts who have petitioned fice within a radius of twenty miles, the Registrar on the Appellate Side The company have experimented for of the Calcutta High Court to be ala considerable time in this direction, lowed to wear gowns. The color and many difficulties have had to be suggested is chocolate. The matter overcome before satisfactory com- is under consideration by the Chief ulate in India in enormous quanti- ingenious feature of the installation This is is the method adopted for completing brought out by the figures of the the circuit, and making "an earth" rent year, which are now published. [tallic manholes on drains or by trail-

Peanuts for Cattle.

Péanuts, known in Great Britain dred and fifty-eight lakhs worth of as monkey nuts, are recommended gold and two hundred and twenty- as cattle food by the Imperial Instinine lakhs worth of silver. In the tute, after a series of experiments. same period the mints in India have with a view to finding a substitute struck off the large sum of thirty- for the higher-priced foods. Before six lakhs of rupees which has thus the war these nuts were imported in also been added to the circulating great quantities, both by Germany wealth of the inhabitants. A total and France. They were crushed and value of over fourteen million dol- pressed for their oil and the residue pressed into cakes for cattle. England used only a small quantity, as the people, when they eat them at all, eat them raw, being ignorant of the fact they are improved India, China, and Africa are great producers of peanuts, and they are being introduced into Brit ish tropical dependencies.

Light on History. A stone inscription has recently been discovered, near Partabgarh in Rajputana, which sheds a new light on an obscure period in early history of this part of India. The credit of this discovery belongs to Rai Bahadur Pandit Gaurishanker Hojha, Superintendent of Rajputana Museum, Ajmer, who is at present engaged in deciphering the inscription From a cursory examination of the inscrippractically all of them made in Ger- Vatayakshini Devi attached to the into longhand. monastery of Haripeshwar.

with his money. Many men guess, and then call ft The Lord always expects service with promise.

STILL CHEERY."

The Experiences of Private Lonsdale in German Prison.

Private W. Lonsdale, the Leeds About thirty-five years ago a young tramwayman who is a prisoner of 'discipline.'

In one letter to his wife he says: likely to be taken prisoner, he had The manner in which of late years better put a bullet through his brain. German prisoners. This is not the Undoubtedly the real secret of Sir | Salvation Hotel; it is the Starvation

In another letter he urges his wife motto, and it takes a lot to break the

Ocean Greybounds as Cruisers Since Britain became a sea power he British Government has claimed the right to convert merchant and passenger vessels into warships in time of war. Indeed, we have paid subsidies to certain lines in order that we might have the means of taking over vessels which we intended to convert.

In Elizabeth's time every trader became a warship at need. The fleets of the East India Company consisted of armed vessels which could and did and eighteenth centuries, and there is ed what amounted to a controlling the Navy concerning Commodore ron of Indiamen, put to flight the French fleet under Admiral Linois.

To-day such vessels as the Lusitania, the Mauretania, the Aquitania, and the Carmania, which performed chase Sir Owen has ever made was the gallant feat of sinking the German armed cruiser Cape Trafalgar off. shipping combine, of the goodwill, the Brazilian coast, have been taken fleet, and business of the Union Cas- over by the Navy, or remain at call. tle Mail Steamship Company, which The same remark applies to the vesmeant the payment of a cheque for sels of the P. and O. Line and those no less a sum than . £5,173,572 to of the White Star Line, such vessels as the Teutonic, the Adriatic, the Sir Owen's comparatively brief Olympic, and the Oceanic, which was career-for he is only just over lifty wrecked off the North Coast of Scot--is a romance of the time, for he land, having been transformed into

Such vessels do not seek action

All Want Gowns.

The crase for legal gowns, says Calcutta newspaper has now spread on his daily round is enabled to suggested by vakils but as these mukhtears are now moving in the The car is fitted with a complete matter and the initiative has been

> Make Jaw From a Rib. Part of a rib of a Toronto soldier has become his new jaw. This surgery has just been wrought at Toronto upon one of the 800 injured who have recently returned from the Canadian army corps fighting in France. The subject, a private, had a big section of the bone from the back portion of his lower jaw carried away by a shell at Ypres.

Reaching Toronto, he was badly disfigured, as the cheek had fallen in. General hospital surgeons decided to operate, but they needed a piece of oone to fill in the gap. So they removed a piece of one of his own ribs and built it into his face where the jaw-bone had been before.

Revenue of the Punjab. The total revenue raised from the Punjab population of twenty millions is eighty-seven million rupees. This includes all sources of revenue under the heads of excise, stamps, opium, salt, forest, law and justice, jails, agriculture, and education, which are for services rendered or goods supplied, as well as direct taxes, such as revenue from the land or income tax. This works out at a little less than four and a half rupees per head. about equal to \$1,50.

Mrs. Churchill a Stenographer. Among her many accomplishments Mrs. Winston Churchill numbers that of being able to write shorthand. She tion it appears to be the reproduction frequently acts as shorthand-writer of four separate grants to the shrine to her husband, the notes being afterof Indradity Deva and the temple of wards handed to a secretary to copy

Policy always has and always will There is usually a dishonest indi- control too many people and make vidual around when the fool parts moral cowards of a whole lot of

men. Let the other fellow be the first to repeat the idle gossip.

Peps are the new treatment for coughs, colds and lung troubles. They are little tablets made up from Pine extracts and medicinal essences. When put into the mouth these medicinal ingredients turn into healing vapors, which are breathed down direct to the lungs, throat and bronchial tubes. The Peps treatment is direct. Swatlowing cough mixtures into the stomach, to cure ailments and disorders in throat and lungs, is indirect. Peps are revolutionizing the treatment of colds, as their price is within the reach of all. 50c. box all druggists, or Peps Co.,

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