

KIDNEY DISEASE WAS KILLING HIM

Until He Used "Fruit-a-tives" The Great Kidney Remedy

HAGERVILLE, Ont., Aug. 26th, 1913.

"About two years ago, I found my health in a very bad state. My kidneys were not doing their work and I was all run down in condition. Having seen 'Fruit-a-tives' advertised, I decided to try them. Their action was mild, and the result all that could be expected. My kidneys resumed their normal action after I had taken upwards of a dozen boxes and I regained my old-time vitality. Today, I am as well as ever."

B. A. KELLY.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Coal

The kind you are looking for is the kind we sell.

Scranton Coal

Is good Coal and we guarantee prompt delivery.

BOOTH & CO.,
Foot of West St.

CATARRH OF THE BLADDER

relieved in 24 HOURS

SANTAL MIDY

Each Capsule bears the name MIDY

Be wary of counterfeits

No increase in price.

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review.



A BLOUSE FOR MODISH WOMEN.

best of silks and satins and launders as well as the easiest of lavans.

The little details of this waist help to make it unusual—the tucked-in tabs falling over the top of the shoulders and shoulder yoke and the shaped collar in medium size the blouse requires 2 1/2 yards 36-inch material. If a high neck finish is preferred, a removable vest with standing collar is provided.

The crepe is first folded before cutting. The back is laid along the lengthwise fold and opposite to it the vest or shield is placed. If made of contrasting material, however, be sure to place the pattern in the same position on the other goods as it is shown in on the crepe. Next to the back comes the sleeve, arranged on a lengthwise thread of material and following the sleeve the front. There are two sections to the skirt—the back and front, and these are laid on a lengthwise fold of the goods to the left of the collar. The turn-over and cuff are placed into position next and the stay comes last, being laid along the selvedge edge of the crepe.

Bright blue, green, clay color or pink would be a fashionable color. In addition to the crepe blouses there are some very good models of simple design in soft fabric. They are in lustrous, soft, rich looking silk which in some cases has a shot wave that gives it a bloom and are in the lovely pastel tones that have come to the fore again and that succeed in being warm and glowing without being vivid. These blouses will be charming to wear this winter with tailored costumes of the more severe class.

CLIPPING GUIDE 6490

Pattern 6490

Pattern Review Waist No. 6490. Sizes 34, 36, 38, 40, 42, 44 and 46 inches bust. Price, 15 cents.

Embroidery Design No. 12175. Transfer pattern, 10 cents.

Above Patterns can be obtained from

NEWMAN & SHAW,
Princess Street.

Labatt's INDIA PALE ALE

Not a Useless Intoxicant, but a WHOLESOME BEVERAGE with dietetical and medicinal uses

MADE AS GOOD AS WE CAN MAKE IT

If not sold by nearest wine and spirit merchant, write

JOHN LABATT, LIMITED
LONDON CANADA

James McFarland, Agent, 339-341 King St. East.

FESTIVALS WERE HELD

BY SEVERAL OF THE CITY SUNDAY SCHOOLS.

A Gift Entertainment in Princess Street Methodist—Sydenham and Queen Street Schools. Also Hold Events.

The Princess Street Church Sunday School held an interesting Christmas event Thursday night. It was entitled "White Gifts For the King." The superintendent, Miss E. Wilder, presided, assisted by the pastor and teachers. The following programme was presented: Recitation, Gordon Quirt; singing, W. Mack's class of boys; recitation, Miss Marion Gunn; exercise song, "Our Chinese Cousins," Miss Kirk's class; singing by primary class; recitation, Hilda Pierce, Frances Conger and Stuart Quirt; dialogue, "The Removal," Mrs. Spooner's class; "Gifts for the King" exercise by sixteen girls, Miss M. Quirt's and Miss B. Mack's classes; "The Angels Song," by Miss L. McElquham's class. After the programme each class presented the gifts, consisting of the following amounts: Bible Class, \$8.50 for the choir fund; Miss H. Beck's, Miss E. Peters and Miss C. Parrott's classes, \$8 for a new hose for church lawn; Mrs. Spooner's class, \$3 for a poor family; Miss Kirk's and Miss Peter's classes, \$3 for poor family; Miss L. McElquham, \$3.50 for Sunday School fund; Miss M. Graves class, \$10 for Belgian Relief Fund; Mrs. and Miss Brebner's classes, \$6 for an invalid friend; Miss Hunter's class, \$2 for Sunday School fund; Miss M. Gardiner's class, \$2 for Mowat Hospital; Miss L. Wilder, \$3 for Choir Fund and \$2 for Children's Hospital; Toronto Hospital, \$2.30 for poor children; Miss B. Mack's class, \$2.50 for choir; E. Wiskin's class, \$1.50 for Mowat Hospital; Miss E. Hunter's, \$2.50 for dinner for a poor family; Miss Parrott's class, slate blackboard and easel; Miss E. Parrott's class, \$1.50 for Mowat Hospital; W. Mack's class, vegetables for poor family. Altogether

between \$60 and \$70 was contributed to worthy objects.

Sydenham Street Methodist Church held its annual tea for the primary and junior's department Thursday evening. A nicely decorated Christmas tree was provided for the little ones, including a programme of recitations and songs, and also addresses by the pastor, T. F. Harrison and E. J. Jenkins. The tea was served in the lower school and then all went up to the large assembly room and enjoyed the programme. P. R. Anglin presided.

Queen Street Sunday School. The annual Christmas festival in connection with the Junior, Intermediate and Senior departments of the Queen Street Methodist Sunday School took place on Thursday evening, and was a pronounced success. Following the supper there was an exhibition of pictures representing child life in most of the countries of the world, and especially the child life, youth and in their earlier activities. These pictures were accompanied by letter-press explanations which were very much enjoyed.

In addition to several choruses, there was a Christmas melody by the Aylesworth children, led by Mr. Aylesworth, a duet by Muriel Alexander and Emma Gough. At the close of the entertainment the pastor of the church extended his greeting to the children, and their adult friends and visitors. Votes of thanks were passed to those who merited this distinction for their service in connection with the school. With the beginning of 1916 all the departments of the Queen Street Sunday School will use the "Graded Sunday School Lessons," and not two or three departments as heretofore. The Senior department of the school will now meet as a separate organization in the auditorium of the church. This will be the Bible School in connection with the Queen Street Methodist Church.

Sleepytime Tales

THE FOOLISH ROOSTER

Once upon a time a rooster was crowing with all his might and main and holding his head as high as possible with pride, when he espied high up on the top of the barn, a beautiful gold rooster that he had never seen before. It was turning round and round and seemed to be having a fine time. The rooster on the ground was very envious and wished to be up in the grand place occupied by the gold rooster and to be able to turn around as fast as the gold one did.

So the envious rooster began to fly to the roof of the barn and at last managed to get up as far as the edge and then to crawl up until he was on the ridge pole where he began to turn around as fast as he could, just like the gold rooster.

Grandmother happened to look out of the kitchen window and saw the old gray rooster on top of the barn turning round and round. She ran to tell Grandfather that the old rooster must be crazy and was crowing his head off on top of the barn. They tried to get him down but he just crowed louder and turned about faster as though he wanted them to see how smart he was.

Finally the old rooster got so dizzy that he lost his balance and came tumbling down right into Grandfather's arms. They carried him to the cupboard and got something in a big brown bottle. While Grandfather held his beak open Grandmother poured some of the stuff down his throat.

It was the most awful tasting stuff he had ever tasted and when he was taken back to his henhouse and put in a quiet corner, his throat burned and burned. All the hens came and looked at him for they thought he must be crazy. Never after that could you get that rooster to look up at the gold one and he would always turn his back towards the barn when he wanted to crow.

COMMENTS BY ZACCHÆUS

Who Gives Some Good Advice For New Year.

- A—A man who is gray and has not learned the lesson of life, is a black number with a vengeance.
 - B—Be up and doing.
 - C—Come where duty calls.
 - D—Don't dawdle.
 - E—Eschew indolence.
 - F—Find something to do.
 - G—Give that pillow a rest, Scent the morning air.
 - H—Have a little pride about you.
 - I—Improve the present hour; the next is not yours.
 - J—Judicious use of time the key to success.
 - K—Keep mind and body clean.
 - L—Let reflection lead to action.
 - M—Mending a torn garment is good.
 - N—Not so good, however, as keeping it intact.
 - O—One earnest thought has put many a man on his feet.
 - P—Prepare in the morning of life the abode you would wish to occupy at its evening.
 - Q—Qualify, too, for the better home.
 - R—Road to it, straight line.
 - S—Save a little time each day for talk with your conscience.
 - T—Treatures transient, the grim reaper ignores.
 - U—Understanding which is supreme wisdom.
 - V—Vivid appreciation of great truths.
 - W—Will not impair your work but rather give it strength.
 - X—Xert a good influence, and
 - Y—Your end will be as serene as an ideal summer day bidding earth goodbye!
- ZACCHÆUS.
- There wouldn't be any fun in it if everybody could do just as he pleases.
- A literary hack sometimes carries the publisher over the road to wealth.

Holiday Season

THE BEAUTY OF SUNLIGHT

is that every garment washed with it bears the impress of purity; a purity begotten of sweet, cleansing oils, and maintained by absolute cleanliness in manufacture; a purity exalted by the co-operation of workers united for the purpose; a purity demonstrated by the "\$5,000 guarantee" which rests upon every bar of SUNLIGHT SOAP.

A substitute for Sunlight is not a good and never can be. Insist upon the genuine—Sunlight Soap.

5c. The name Lever on Soap is a guarantee of Purity and Excellence. 5c.

SUNLIGHT SOAP

LEVER BROS. LIMITED TORONTO

HERE'S YOUR TICKET

TO

WINNIPEG and the COAST.

Your train leaves Kingston 2.30 p.m. Mon., Wed., Fri. WITH CONNECTIONS TO AND FROM ALL WESTERN POINTS. Electric lighted sleepers, dining cars and first-class coaches.

M. C. DUNN, City Agent; R. H. WARD, Station Agent; R. L. FAIRBAIRN, Gen. Pass. Agent, Toronto, Ont.

CANADIAN NORTHERN ALL THE WAY

"Low Cost of Living" Menu

Menu for Tuesday

BREAKFAST
Steamed Prunes
Simmered Sausages
Creamed Potatoes
Toast
Coffee

LUNCHEON
Minced Beef
Reheated Cottage Pudding
Custard

DINNER
Tomato Bisque
Cold Sliced Beef
Oven Broiled Potatoes
String Beans
Lettuce Salad
Peach Cottage Pudding

BREAKFAST
Simmered Sausages—Prick each sausage four or five times to let out some of the fat. Place in a frying pan and pour in enough water to cover the bottom. Simmer until brown, turning often. When tender add a little thickening and serve with it poured over the sausages.

LUNCHEON
Minced Beef—Melt three tablespoons of butter, blend in the same of flour, add gradually one and a half cups of highly seasoned stewed tomatoes; and stir until smooth and thick. Then add two cups of cold cooked beef cut in dice and heat thoroughly before serving.

DINNER
Tomato Bisque—Boil two cups of tomatoes an half an onion for ten minutes. Add a tablespoon of dissolved flour; cook two minutes longer and strain. Return to the fire, add two cups of milk, a quarter of a teaspoon of soda and let boil.
Peach Cottage Pudding—Mix two cups of milk, half a cup of sugar, three tablespoons of butter, a teaspoon and a half of baking powder, and two cups of peaches, dried or preserved, cut in small pieces. Bake in a cup of peach juice and half a cup of sugar for fifteen minutes.

The Way They Go.

New Year's gifts are generally bad business investments. Why so? Because they always go into the hands of receivers.

CRISCO

For Frying For Shortening For Cake Making

There is a "tastiness" about foods made with Crisco that is seldom, if ever, obtained in lard-cooked products.

And this better taste does not come as an increased expense. Crisco costs about the same as the better grades of lard.

In the interest of good food as well as of good management, you will find Crisco worth using.

Made in new, sanitary, sunlit factories at Hamilton, Canada

Hockey Boots!

Boys' Hockey Boots
Girls' Hockey Boots
Ladies' Hockey Boots
Gents' Hockey Boots
Invictus Hockey Boots
Lightning Hitch Hockey Boots
Quick Hitch Hockey Boots

The Sawyer Shoe Store

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table.

IN EFFECT MAY 30TH, 1915.

Trains will leave and arrive at City Depot, foot of Johnston street.

Going West.

No. 19—Mail	Ar. City	12:20 a.m.
No. 13—Fast Exp.	Ar. City	3:35 a.m.
No. 22—Loc. to Tor.	Ar. City	9:20 a.m.
No. 1—Int'l. Ltd.	Ar. City	1:41 p.m.
No. 7—Mail	Ar. City	3:04 p.m.
No. 31—Local	Ar. City	6:58 p.m.

Going East.

No. 18—Mail	Ar. City	1:40 a.m.
No. 16—Fast Exp.	Ar. City	2:58 a.m.
No. 32—Local to Brockville	Ar. City	9:15 a.m.
No. 6—Mail	Ar. City	12:20 p.m.
No. 14—Int'l. Ltd.	Ar. City	1:08 p.m.
No. 21—Local to Brockville	Ar. City	6:58 p.m.

Trains No. 1, 6, 7, 12, 14, 16, 18, 19 run daily, other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.

For full particulars apply J. P. HANLEY, Railroad and Steamship Agent, cor. Johnson and Ontario streets.

Women remind us of angels because they are always flying around. Straws in the hands of small boys point the way to the cider barrel.