Easy & Practical Home Dress Making

Prepared Especially For This Newspaper by Pictorial Review

For Holiday Festivities.

notched.

The puff sleeve is very dainty. Close

the seam as notched, gather on cross-

line of small "o" perforations, draw

gathers to the required size and stitch

tape underneath. Sew in armhole as

For the skirt, pleat the back gore,

placing "T" on corresponding small

"o" perforation and tack. Join gores

large "O" perforation to lower edge;

Close back seams of flounces, leaving

seam of upper flounces free above

large "O" perforation for a placket.

Gather between double "TT" perfora-

tions. Sew lower flounce to lower edge

enter-backs even, small "o" perfora-

even; stitch upper edges together.

Finish the flounces with the fur.

even; draw gathers and stitch boning.

gathers. Finish the left side edges for

a closing. Adjust to position on front

crossline of double "oo" perforations;

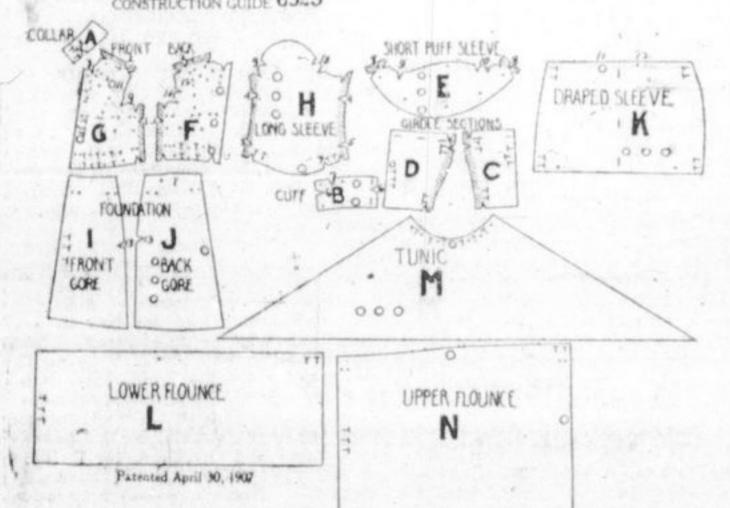
back and at under-arm seam.



Evening frock of pale green chiffon or tape about 75 inches along under combined with satin and cream lace.

and back, center-fronts and center-An evening gown of unusual charm backs even, upper edge of girdle along is shown here. It is fashioned of chiffon and lace, the color scheme being tack invisibly at center-front, centerlight pink and cream.

In medium size the dress requires 1% An artificial rose is added to the giryard lining, 5% yards 36-inch chiffon, dle, and the effect is highly artistic, CONSTRUCTION GUIDE 6525



Pictorial Review Costume No. 6525, Sizes 16, 18 and 20 years. Price, 15

Above Patterns can be obtained from

NEWMAN & SHAW, Princess Street.

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and up.



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Just Arrived

Puttees!

Crawford & Walsh

Tailors, Bagot and Princess Sts.

THE CHRISTMAS TRADE

WAS THE BIGGEST KINGSTON

EVER EXPERIENCED. he Merchants Report That More

Money Was Spent Thix Yuletide Than Ever Before. Among the merchants the opinion s expressed that the Christmas

"Some years ago, the Christmas trade used to occupy a month or six weeks. Now it is cleaned up by us in about ten days, and has been ex-% yard all-over lace and 1 yard 27- (cellent this December," said R. Ug-

low, of the Uglow book store. First pleat the front and back of the | "Our Christmas trade has been the walst, placing "T" on corresponding best we ever had," remarked J. A amail "o" perforations and tack. Close Newman, of Newman & Shaw's dry under-arm and shoulder seams as goods store.

notched: then hem the right side of "Business was the best in the histhe back as notched. Adjust 2-inch tory of our business," said Frank belting under the waist and stitch low- | Kinnear of the firm of Kinnear &

> "I found business to be a little A. F. Roney H. Sutherland, shoe merchant,

> trade to be very heavy. Business was about the average when one takes into consideration that so many of the men are at the front fighting the Germans," reported

the College Book Store. "Business was excellent and we are well satisfied." Lockett Shoe Store, Princess street. Joseph Reid, of the firm of R. J.

Reid and Sons, remarked that busiof foundation gores, center-fronts and ness was very good. tion at side seam. Adjust upper & Son state that the Christmas week

flounce, center-fronts and center-backs | trade was good. Frank Reid, of James Reid & Co. said that business was far better to Now, turn upper edges of front and | what was expected.

"This year was better than the previous one," was how the T. . F. Harrison Company found the Christ-

Business was the largest in the istory of the Red Cross Drug store People did their shopping earlier than usual and kept coming until late Christmas eve," was the way W. W. Gibson found the trade,

"We disposed of six tons of turkey and about three tons of other poultry and received a fair price for our turn over," said Anderson Bros.

Love Song of a Bird.

"Just before an April dawn," says W. P. Pycraft in "The Courtship of Animals," "the cock capercalizie proclaims its love fever from a tree in a

strange, unmusical serenade. "With outstretched neck, drooping wings and spreading tail he gives forth a weird, uncouth kind of song. more or less divisible into three parts. He begins with a series of notes which remind one of nothing so much as the sound made by two sticks knocked together at intervals of ten to fifteen seconds, getting quicker and quicker and changing in key till at last they become bell-like. Then follows a se ries of sounds like the drawing of cork out of a bottle, and these end with birdlike twitterings. By this time, however, the singer has worked himself up to an ecstasy of fervor so intense as to deaden him to all that may be passing in the outer world."

Father Hubbard.

The nursery knows nothing of Father Hubbard, but in 1604 Thomas Middleton published "Father Hubbard's Tale of the Ant and the Nightingale." In the introduction be explains: "Why I call these Father Hubburd's tales is not to have them called in again as the Tale of Mother Hubburd. The world would show littie judgment in that, I'faith, and I | mercury tube lights that they put in should say then, 'plena stultorum bm- the windows of such places' Well, for I entreat here neither of rug ged bears nor apes, no, nor the lamentable downfall of the old wife's platters. I deal with no such metal. Since Spenser's "Mother Hubberd" does not seem to have been called in and says nothing about bears or platters. Middleton is evidently alloding to some other "Mother Hubburd."-London Standard.

Ibsen and Love.

Tennyson says that it is better to have loved and lost than never to have oved at all. theen maintained-not in a general philosophical way, but with respect to the conditions he saw immediately around him-that it is better, if youthfully, romantically in love. to separate rather than to marry. Ibsen is in agreement with the brilliant Frenchman who asserted that all comedies end with a wedding, because it is then that the tragedy begins!-From Archibald Henderson's "European Dramatists."

Just Alike. "Have you seen my umbrella?" ask-

ed the cashier of the bookkeeper. "What sort of an umbrella was it?" "It had a booked end." "I have not seen it, but I had a nice one given me at Christmas, and the end was exactly like yours. It was

hooked too."-Lippincott's.

Origin of the Eskimo. No satisfactory solution of the question of the origin of the Eskimo has ever been given. Whether they came from Asia or from North America. whether they are related to the more southern American Indians or to the Tartars of the great Asian continent, is still open to debate.

How Rows Begin. "Hubby, I dreamed last night tha you didn't love me."

"How foolish you are." "Foolish, am 1? As if I could belo what I dream about!" And the fracas was on.-Louisville Courier Journal.

She Didn't Like Flattery. she-I hate flattery! He-Of course compound of genuine Norway pine ex-She-I hate flattery! He-Of course she drew a long, deep sigh and permitted him to put his arm round her

Though wrong may win, its victory

waist)-Exchange.

Sleepytime Tales

trade was the biggest Kingston was started for the pond.

better than a year ago," remarked the frozen surface. Perhaps he wish- kissed Eric on his cold nose for beskates for Christmas, for then he ter. Princess street, found the Christmas might have had as much fun and Eric was not afraid of the ice af-

and Edward found himself hanging ever after that.

on to the ragged edge of ice which Once upon a time Edward, one of formed the bole, and, worse yet, he the three E. children, woke up and could not fouch bottom with his feet, found it was a buzzing cold morn- He yelled and halloed for help, ing, and he was sure there must be but could get no reply, and was getice on the pond thick enough to make ting very much frightened, when, all good skating. It was Saturday, so, of a sudden, he heard a swish, and after breakfast he shouldered his there in the distance was Eric boundskates, and calling to Eric, the dog, ing over the ice and barking as hard

as he could. When they got to the edge Ed. Eric stopped right near the hole, ward tried the ice and found it braced his fore feet on a rough smooth and thick, so sat down on piece of ice, and seemed to say by the bank to put on his skates, which whines and short barks, "Catch hold were a Christmas present from his of me, master, and I will save you." grandmother. Eric tried the ice At any rate, Edward reached up too, but he found, when he tried to and caught hold of Eric's shaggy go out on it, that it was very slippery, fur, and by that means finally manand he could hardly stand up. He aged to pull himself out of the hole backed away, and seemed perfect- and onto the firm ice. Then he ly contented to stay on the bank and knelt down and, putting his arms watch Edward go skimming over about Eric's neck, he cried, and even ed that he, too, had been given some ing a hero and saving his little mas-

have skated as well as Edward. ter that, but trotted home with poor Edward skated far out on the ice, wet Edward, and you may be sure and was having a great time, when that when they arrived home and he heard a "crack," and with a Edward had told the story, nothing crash and shiver the ice gave way was too good for brave Eric for-

DINNER.

Spinach Soup-Chop a cup of cold

Fried Apples -- Core tart apples

but do not pare. Cut across in three

pieces and fry in a hot pan with a

little butter and a tablespoon of mo-

lasses. When brown and tender re-

move to a platter and serve with the

Cheese and Nut Salad .- Chop fine

any kind of nuts and mix with twice

the amount of cream cheese. Form

into balls and serve on lettuce with

a dressing made by mixing twice the

Almond Cake -Cream together

three eights of a cup of butter and

one cup of sugar. Add a quarter of a

cup of milk, a quarter of a teaspoon

of soda, three fourths of a teaspoon

of cream of tartar and a cup and a

amount of salad oil as vinegar, Sea-

son with paprika, salt and pepper

spinach and boil ten minutes with

two cups of water. Add a cup of milk

and the seasoning. Serve without

straining.

Menu for Wednesday

BREAKFAST Fried Wheatena with Melied Butter and Brown Sugar Coffee

> LUNCHEON Boiled Rice with Sauce White Bread and Butter

DINNER Spinach Soup Pork Chops Masked Potatoes Fried Apples Cheese and Nut Salad Almond Cake

BREAKFAST.

Fried Wheatena -- Boil six cups of water and stir in slowly one cup of Wheatena. Boil five minutes longer Stir with a fork until well blended. and turn into a bread tin. cold cut in slices and fry brown. Melt an equal part of brown sugar and butter for a sauce and serve.

LUNCHEON

Boiled Rice- Boil twenty minutes quarter of flour. Then add the stiffly one cup of rice and five of water. beaten whites of three eggs and Drain and let stand on the back of small teaspoon of almond extract. the stove five minutes. Add a cup of Bake in a moderate oven,

The unmarried woman who shall be

the subject of this anecdote was flying

herself up large and in the eventure of

certain man was going to call for her

and though the ocra-ion was somewhat

spoiled by the fact that they would

have to take her little niece along she

nevertheless book the usual care of

her complexion, bair and eyes, for the

man was trembling on the verge of a

proposal. The trio number number

the street until they came to one of

those all night photograph galleries

You know how awful a person looks

standing in the ghastly glare of the

"Ooo-ooh; look! Anntle looks inst

like she does when she first gets up

in the morning."-Cleveland Plain

Sitting Crass Legged.

Fully 80 per cent of the men and

women who travel in the trains and

street cars sit cross legged, and this

habit is responsible for many ills, ac-

cording to a prominent London physi-

cian. The prime objection against this

habit, he says, is that the return flow

of blood from the leg is stopped at

the knee, the result being that the

veins in the leg swell up. All the

weight is thrown on one side of the

body, and the under leg goes to sleep

owing to the pressure put on the sci-

atle nerve. The body should be equal-

How To Make the '

Quickest, Simplest Cough

Remedy

Much Better than the Ready-Made Kind and You Save \$2.

Fully Guaranteed

This home-made cough syrup is now used in more homes than any other

cough remedy. Its promptness, ease

and certainty in conquering distressing

coughs, chest and throat colds is really emarkable. You can actually feel if

take hold. A day's use will usually over-

come the ordinary cough-relieves even

whooping cough quickly. Splendid, too,

for bronchitis, spasmodic croup, bron-

Get from any druggist 21/2 ounces of

Pinex (50 cents worth), pour it into a 16-ounce bottle and fill the bottle with

plain granulated sugar syrup. This gives

you, at a cost of only 54 cents, 16 ounces

of better cough syrup than you could buy for \$2.50. Takes but a few minutes to

Tastes good and never spoils.

You will be pleasantly surprised to note how quickly it loosens dry, hoarse

or tight coughs, and heals the inflamed

stops the formation of phlegm in the

ersistent loose cough.

ing to the membranes.

membranes in a painful cough. It also

throat and bronchial tubes, thus ending

Pinex is a most valuable concentrated

To avoid disappointment, be sure and ask your druggist for "21/2 ounces Pinex,"

and don't accept anything else.

A guarantee of absolute satisfaction,

or money promptly refunded, goes with this preparation. The Pinex Co., To-

chial asthma and winter coughs.

ly balanced. Then there is another danger. Too much crossing of the legs is sure to bring lopsidedness. Let the legs rest limply. In that way the muscles become eased, while the flow into and the return of blood from the legs is naturally done and the body is

equally balanced. Rats as Food.

Rats form a favorite dish in China Split open, dried, pressed and powderbean and auntie's niece- walked along ed with a finely ground white bark, they look somewhat like haddocks as they hang in long strings over butchers' stalls. Dr. Arthur Strading once declared that "rats would be not only wholesome, but very nice, if properly such as I ate, barn fed animals snared in a hop garden. The flesh, though perfectly white, was dry and tasteless. But then they were only skinned, cleaned and submitted to the fire without any of the et ceteras which make other meats savory. Admiral Beaufort and other arctic explorers speak highly of rats as a whosesome addition to their supply of food in those dreary latitudes."-Chicago News.

> Easy Economy. Speaking of economy in the home, a prominent charity worker said:

"There was a lot of truth in the remark of the poor, harassed east side housewife whose husband complained: "'I wish you would be more economical, Mary, Look at the boss' wife, how economical she is!"

"'Yes,' Mary replied, "It's easy enough for the boss' wife to be economical. She's got plenty to be economical with."-Exchange.

One In the Family Was Enough. Brown insisted on returning the twenty dollar parrot he had bought a few days before.

"Why, what is the matter with it?" the dealer asked. "W-w-why," replied Brown, "the d-d-darned c-c-critter s-s-st-stutters!"-

Everybody's.

ta Chronicle.

Different Methods. One orator in New York says that his understanding about it is that if you "call a man a liar in the south he will shoot at you, in the west knock you down, but in the east be'll bet you a quarter you can't prove it."-Augus-

Clever Chap. Mamma-Willie, didn't I tell you not to eat any more candy tonight? Small Willie-I'm not eating it, mamma; I'm prepare. Full directions with Pinex. just sucking the juice out of it-Chicago News

> The Impossible. "Is be as important as he thinks

"My goodness, no! No man is as important as that "-Detroit Free

Sleep, riches and health to be truly enjoyed must be interrupted.-Rich-

The population of Massachusetts was 3,693,319 on April 1st.



Wherever dirt sticks use

N the outside steps, in the entry way, on the kitchen floor, in the sink, on the dishes, in the washstand - wherever dirt defies removal and disappears only after hard work-Pearline makes it vanish instantly. Pearline will save you more exertion than you think and will make these hard-to-clean things cleaner than your muscles and ordinary soap ever could. Try it.

The Procter & Gamble Distributing Co. of Canada, Ltd.

Almost twice as big a package as before at the same priceHamilton, Canada

Help to Make Her Dream Ome True

The agony of blood and tears which swept over Belgium has left nearly two millions of its people absolutely without food or money. Because they scorned to sell their national honor-because they dared to fight for the right, against odds that were overwhelming because by their sacrifice they saved the day for us and our Allies they are face to face with grim starvation.

The wives, mothers and children of King Albert's gallant soldiers, dream not of pleasures and luxuries, but of BREAD! They are helpless to provide it themselves - and the Belgian Relief Commission, efficient though it is, can only procure it for them with cash supplied by the voluntary contributions of people like ourselves. The

Belgian Relief Fund

is provided almost entirely by the British Empire and the United States, and administered by a neutral "Commission for Relief in Belgium", co-operating with the "Belgian Public Food Supply

This Commission has for months been the sole means of providing food for the Belgian people for the Germans positively refuse to feed their victims. Some 5,000,000 are still able to pay for the food, while nearly 2,000,000, absolutely destitute, must be fed free.

For money to buy food for these Belgians, the Commission appeals to us all. If we do not furnish it—if we sit back in plenty and let our heroic Allies seal their sacrifice with their lives we shall be eternally disgraced! Send your subscriptions weekly, monthly or in one lump sum to Local or

Provincial Committees, or to the Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Cheques to be made payable to "THE TREASURER, BELGIAN RE LIEF FUND, 59 St. Peter Street, Montreal, or to local committees

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