

TOOK THE ADVICE OF HIS FRIEND

Stomach Trouble and Rheumatism Relieved by 'Fruit-a-tives'



MR. L. LABRIE

594 Champlain St., Montreal.

"I have been restored to health by taking 'Fruit-a-tives'...

LOUIS LABRIE is the famous medicine made from fruit juices...

SOWARDS

Keeps Coal and Coal Keeps SOWARDS.

ONLY SIXTEEN, GIRL VERY SICK

Tells How She Was Made Well by Lydia E. Pinkham's Vegetable Compound.

New Orleans, La.—"I take pleasure in writing these lines to express my gratitude to you...



—Miss AMELIA JAQUILLARD, 3861 Teboupioulas St., New Orleans, La.

St. Clair, Pa.—"My mother was alarmed because I was troubled with suppression and had pains in my back and side, and severe headaches...

There is nothing that touches more than experience. Therefore, such letters from girls who have suffered and were restored to health by Lydia E. Pinkham's Vegetable Compound should be a lesson to others...

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass.

A DAIRY CONVENTION

HELD AT WOLFE ISLAND ON FRIDAY AFTERNOON.

Valuable Address Regarding Milk and Cheese Given By G. G. Publow, Joseph McGrath Re-Elected Director.

For the first time in the history of Wolfe Island the district meeting of the Dairywomen's Association was held there on Friday afternoon.

Joseph McGrath, who occupied the chair, in opening the meeting stated that he regretted very much that so few farmers from Wolfe Island were present.

G. G. Publow's Address.

G. G. Publow, chief inspector for Eastern Ontario was the main speaker of the convention. He told the farmers how they could get the most money for their milk, and that if they would do as he advised them a higher price would be paid for cheese.

This year is the best in the history of the dairy business, stated the inspector, and it is mainly due to there being so much grass. He could never remember the time when there was green grass all over the province for every month of the summer.

"Cheese at 13 or 15 cents is not dear, as people are commencing to learn the value of cheese as a blood producer," said Mr. Publow. The increased production was about 20 per cent.

The war orders called for first grade cheese. "We should give the soldiers in the trenches the best in the country as they are the men who are defending our rights," said Mr. Publow.

For a while after the war it looked as though the cheese business had gone to the wall but a great change took place which resulted in the highest price in history being paid this year.

At this point in his address Mr. Publow took occasion to show the farmers the great mistake they were making in not taking proper care of the milk which they were sending to the factory.

He knew there were some farm-

ers who were not as careful as they might be regarding the cleanliness of their cattle and for that reason all patrons who delivered milk to the factory were deprived of better prices for cheese.

The speaker urged on the gathering the necessity of the farmer taking an interest in the factory which should be well equipped and have experienced men engaged to carry on the work.

Immediately after his address Mr. Publow called for the election of a director which resulted in Mr. McGrath, who has been director for many years, being re-elected.

Mr. Haulmar, agricultural representative for Frontenac showed the value of taking care of the soil and also the growing of corn as feed for the cattle during the fall and winter months.

AVIATION RECRUITS. Are to Go To England For Further Schooling.

Ottawa, Nov. 27.—About 273 recruits for the two branches of the Imperial Flying Service, the Royal Flying Corps and the Royal Naval Air Service, have been recruited in Canada.

Seventy of those have been trained, graduated and received pilot's certificates at the flying school at Toronto, and are now in England in one or the other of the services named.

Owing to the fact that the Canadian authorities do not see their way clear to give support to a flying school in Canada, aviators will not be trained in this country any more, and the 269 untrained recruits who have been enlisted through the Naval Department at Ottawa, will leave for England almost immediately.

Golden Precepts. The late Robert C. Ogden, merchant, philanthropist and millionaire, whose life was notably lived from every point of view, left behind him in writing this set of good and tried rules:

Be energetic, wide awake, pushing, but be patient.

Use the book of Proverbs as a guide in business.

Honor womanhood.

Believe in yourself, then other people will believe in you.

A vigorous, healthy man has really only one right in the world, only one thing to demand, and that is a chance to work.

Gladstone's power of memory was always one of his greatest assets.

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Enchanted Valparaiso. The night view of Valparaiso from the balconies of the cliff dwellers is one of the great sights of the world.

The vast sickle of the shore lit for nearly 200,000 people, the scores of ocean vessels lying at anchor, the harbor lights, the glowing avenues below, from which rises, mellowed the roar of nocturnal traffic; the rippling water under the moonlight, and the far horizon of the illimitable Pacific produce an effect of enchantment.

Ages of Birds.

The average ages of some of the best known birds are: Blackbird, 12 years; blackcap, 15; canary, 24; crane, 24; crow, 100; eagle, 100; fowl, common, 10; goldfinch, 15; goose, 50; heron, 50; lark, 13; linnet, 23; nightingale, 18; parrot, 60; partridge, 15; peacock, 24; pelican, 50; pheasant, 15; pigeon, 20; raven, 100; robin, 12; skylark, 30; sparrow hawk, 40; swan, 100; thrush, 10; wren, 3.—London Globe.

He Hadn't Heard.

Teacher—Where is the Dead Sea? Pupil—Don't know, ma'am. Teacher—Don't know where the Dead Sea is? Pupil—No, ma'am, I didn't know any of the seas were sick, ma'am.—Yonkers Statesman.

GAS, HEARTBURN, INDIGESTION OR A SICK STOMACH

"Pape's Diapepsin" ends all stomach distress in five minutes.

Time it! Pape's Diapepsin will digest anything you eat and order stomach sure within five minutes.

If your meals don't fit comfortably, or what you eat lies like a lump of lead in your stomach, or if you have heartburn, that is a sign of indigestion.

Get from your pharmacist a fifty-cent box of Pape's Diapepsin and take a dose just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, dizziness or intestinal griping.

Relief in five minutes from all stomach misery is waiting for you at any drug store.

These large fifty-cent boxes contain enough "Pape's Diapepsin" to keep the entire family free from stomach disorders and indigestion for many months. It belongs in your home.

CASUALTY LISTS.

Much Care Taken in Preparing Report of Battle. Pearson's Magazine.

Battles take place over such a long front nowadays, and are spread over so much greater a time, that the preparation of casualty lists is much more difficult than in previous wars.

Those who grumble about the length of time taken to prepare and publish the lists hardly realize the amount of care that has to be taken before publication.

As soon as possible after a battle commences an end the regiments concerned are paraded, often enough in the battlefield itself, and the roll called by the adjutant. The names of those who do not answer are carefully noted and sent to the headquarters of the brigade to which the regiment is attached.

The names of the wounded who have been sent to hospital by the R. M. C. men are taken and marked off on special forms. Even if a soldier is so seriously wounded that he cannot give details of himself, the doctors have no difficulty in discovering them from the identity disc and badge each soldier carries.

Prisoners' "Pay." When a Canadian soldier is fighting in the trenches he is paid more than one dollar a day.

From Paris, France, comes the voice of a Londoner calling out that justice be done the men who are in the enemy's toils.

A woman dressed as a nun at a masquerade, but very naturally makes a good appearance.

CROSS, FEVERISH CHILD IS BILIOUS OR CONSTIPATED

Look, Mother! If tongue is coated give "California Syrup of Figs."

AUSTRALIAN CADETS

THEY HAD—A REALLY GOOD TIME IN KINGSTON

Enjoyed the Visit to the Royal Military College—To Honor Gen. Bridges a Graduate of the Institution.

The Australian Cadets had a really good time in Kingston on Friday. The weather was charming, and the hardy lads went about without overcoats. They liked the look of the city; the limestone appealed to them.

The cadets fraternized freely. The Canadians simply swarmed on the Australians. They chatted and dined—and we were going to say smoked.

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THE PASSING OF THE KINGS.

By Anne Virginia Colbertson. In far, dim days of ages gone, when men were children still.

At length the kings, grown drunk with power, Declined of "rights divine."

The mind of man moves ever on, Majestically slow, Half fears to grasp the things untried.

The power they abdicated once Shall be resumed by men, THE PEOPLE, sane and sovereign grown,

Urge Removal of Duty. Montreal, Nov. 27.—The Montreal Chamber of Commerce is considering taking action with other such bodies in Canada to appeal to the Federal Government to remove from the tariff the duties on butter and eggs imported into Canada with a view of having cheaper prices for the consumer.

This recent enlistment of Don Jim and Harry MacLaren, along with Captains H. J. and J. M. Airth, at Renfrew, now bring the total of the Airth clan who are serving King and country up to fifteen.



OXO CUBES at the War

The value of OXO CUBES to all branches of His Majesty's Forces has received remarkable endorsement in numerous letters received by OXO Ltd., and the Press, from those on active service and in training.

OXO CUBES exactly meet their needs. They take up little space; are easily carried and can be converted quickly into a hot nourishing drink which, with bread or biscuits, will sustain for hours.

In the home, OXO CUBES are handy and good for many purposes ready in a moment as a warming, strengthening and sustaining beverage.

"Oxo is comforting, it is sustaining, and it is palatable, three constituents which make for popularity."

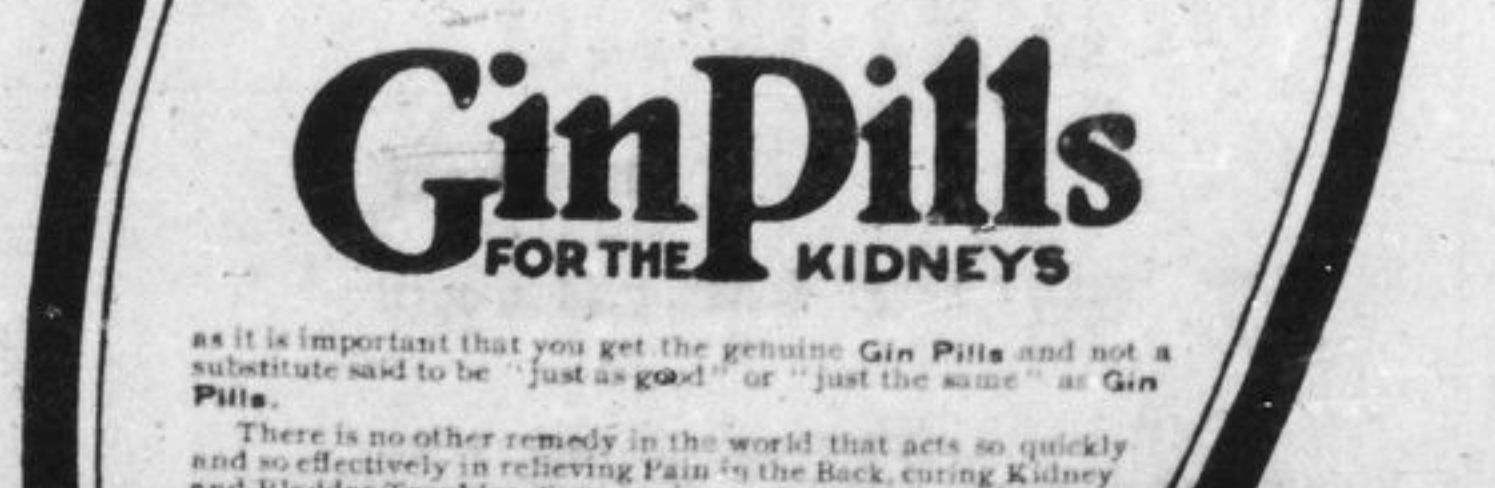
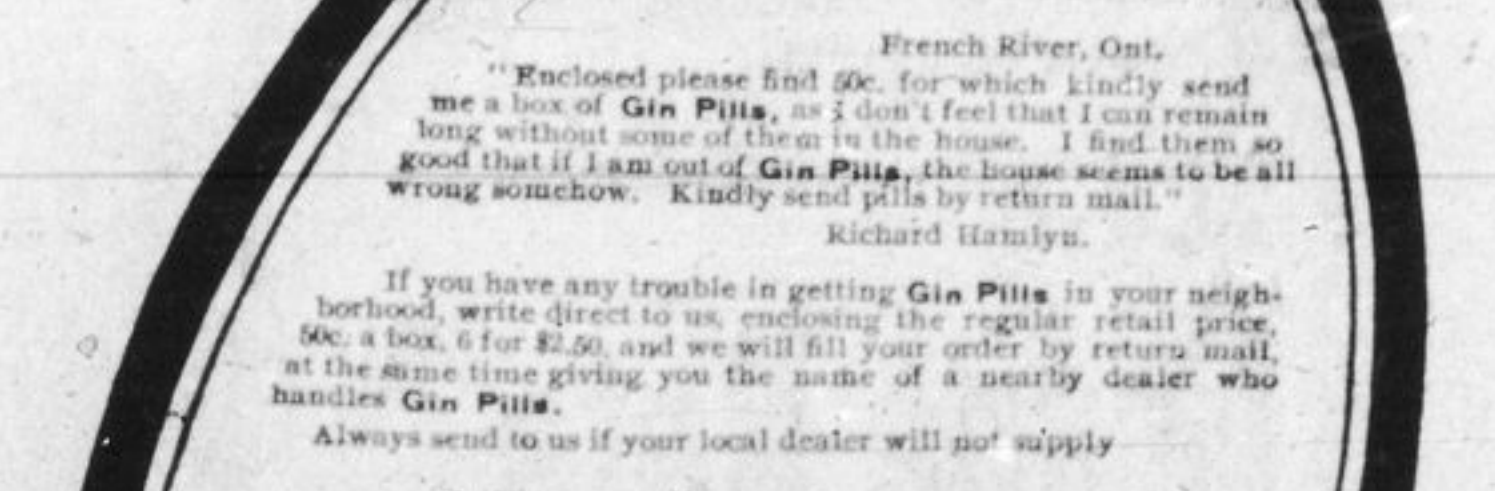
"Daily Telegraph" (St. John N.B.), March 26th, 1915.

"From No. 3 Field Ambulance, 1st Contingent, Canadian Expeditionary Force."

"During recent night manoeuvres on Salisbury Plain we found OXO invaluable as a very sustaining hot drink, and is considered by all to be the real good."

"Daily News," London, England, September 9th, 1915.

A CUBE TO A CUP. Tins of 4, 10, 50 and 100 Cubes.



Can't Do Without Them. French River, Ont. Enclosed please find 50c for which kindly send me a box of Gin Pills...

National Drug and Chemical Co. of Canada, Limited 5 Toronto

Men's \$4.00 Boots. We have an exceptional good line of Men's Boots in Gun Metal or Velour Calf. On four different lasts, all up-to-date; button or laced Blucher; Goodyear Welted Sole, at \$4.00. H. Jennings, King Street