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82ND YEAR.

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EDUCATIONAL TOUR.

The Australian cadets are making a tour of the United States and Canada for educational purposes. Lieut. Simons' idea—and he is the originator of it as well as the commander of the cadets—is that young men can learn by travel and observation many things of the highest value, and many things that they will never forget. Four years ago another party of cadets visited Canada, United States and Britain and gave then the first evidence of the success of universal service. The present trip began in January last and will continue until the end of next January. It will, therefore, have occupied a year and will be followed by many pleasant memories. The concerts given by the cadets have been of a patriotic character, and the proceeds of them have been devoted to patriotic purposes. So far in this trip $10,000 have been earned and turned over to the Red Cross Society.

WOMEN IN EVIDENCE.

Dr. Anna Howard Shaw has resigned from the presidency of the Women's Suffrage Association of America. Here is a wonder worker, in debate, in leadership, and in personal power. She is very eloquent in speech and very impressive in her personality. Some people in Kingston will remember her visit shortly after the opening of the Third Methodist church. She preached in it, and preached well.

The women have not made much headway in Canada as members of the ministerial profession. The churches have not given them encouragement in this respect. Of course, they are not all like Dr. Anna Shaw, or the way would be opened for their advancement. She is not discouraged over the non-success of the suffrage movement which she has headed for thirteen years. This movement has not swept the country as it was expected to do. It has gained the support of a large number of voters, but the cause is still weak apparently, and Dr. Shaw says that she is not discouraged but leaves an office with many details in order to throw herself unreservedly in the campaign in its favor.

The suffrage movement depends largely upon its advocates. When they argue, as Dr. Anna Shaw can do, and use their power aright, they will be heard. When they make a nuisance of themselves as the Pankhursts have done, and their followers, it is not remarkable that they lose in sympathy and in support.

WHAT DO THEY FEAR.

There is a side of the out-of-town trading which is not popular, of which indeed one is inclined to be ashamed. The cartoonist pictures it in his sketch in to-day's Whig, most pointedly. The woman in the case—for the man can say, perhaps, that Eve-like she tempted him—has purchased a quantity of goods. The bulky package has arrived, and all the members of the household undertake to investigate its contents.

While they are at work there is a noise at hand, and fear, apprehension and shame are depicted in their attitude. The husband looks cautiously out of the window and reports "that the coast is clear;" the little girl gathers up the paper that constituted the packing and starts with it for the wood-box; the wife stands abashed, but relieved, when she learns that the grocer'e wife is not at the door. There would be no experience of this kind over an ordinary transaction.

The consumer that supports the home merchant while he supports the town and helps in its growth by his business qualities and enterprise will have no pangs of conscience at any time, and it is a phase of community building which is most pleasing to contemplate. The artist is a student of human nature. With his pencil he can most accurately describe local and personal conditions, and he usually appoints a moral and adorns a tale in a most decisive way.

BADGE OF HONOR.

The embarrassment which a young fellow suffered in Toronto, when reproached because he did not enlist, when he was called a shirker, would be avoided if Canada imitated the Mother Country in one respect. In England the young men who are accepted and not called out, or who constitute the reserves, or who are rejected honorably, are given armlets which they wear. These armlets are badges of honor.

In England there have been three kinds of armlets. The first indicated the men who had offered their services and had not been called out. The second was for those who had been rejected as physically unfit. The third was for soldiers invalided home, or who had returned to civilian occupation after being wounded. Each armlet was of a different color. Representations have been made to Lord Derby, who has authorized the armlet in connection with his department, to the effect that it would be better to have only two kinds. The one to distinguish the men who have enlisted and who are waiting to be called out, and the second for all other classes. These other classes would include the men who have been physically rejected, who have been discharged from the army, who are engaged in transport work, at the dockyards, railway, or government departments, who are in fact tied to indispensable national work.

The badge has had its place and its use. It has marked the men in every community who have been most willing to serve their King and Country, and as a result of the last draft that has been made by Lord Derby under the new army scheme. This culminates on Nov. 30th, and after that date there will be very few eligibles who will not be able to wear the armlet, designating that he is either prepared for the service or released from it under the most honorable circumstances.

EDITORIAL NOTES.

The term of the Dominion Parliament will not expire for a year. Why worry about what will happen after that? If the war be on a further extension of the term can be easily arranged.

The Royal Military College has made a name for itself in connection with the war. About eighty per cent. of the graduates have so far engaged in the conflict, in many trying and official positions.

When is a man drunk? The chairman of the License Commission has supplied the answer: "When he acts in a manner different from the way he acts when in his normal condition." See the point?

The Australian cadets are total abstainers from both tobacco and liquors. The seemingly innocent cigarette is especially forbidden. As a result, says Lieut. Simons, these youths can endure the fatigue of travel without showing any marked results. Boys, here is a lesson for you.

The over-marketing of grain at the wrong season is W. Sanford Evans' conclusion for the lowering in the price of wheat in the spring and fall of each year. The national control of the crops is the only resulting theory, and that is a bigger contract than the Government has yet undertaken.

The spending of $125,000,000 on the Georgian Bay canal is not going to help the grain market. It would perhaps facilitate the transportation of grain, but it would not maintain the prices so far as the producers are concerned. The dumping of too much grain on the market at one time is the cause of falling prices.

One of the first national graves to be marked in Australia by fitting ceremony and monument, is that of General Bridges, a graduate of the Royal Military College. He died from wounds received at the Gallipoli Peninsula while in command of the Australian forces. Here is an incident of national interest.

KINGSTON EVENTS 25 YEARS AGO

C. Warwick will be a candidate for the School Board from Victoria Ward.

Dr. Dupuis has been made a governor of the General Hospital.

The Midland District Society has appointed a committee to confer with the Public School Board with a view to the establishment of night classes.

Mrs. R. B. McMullen died at Evanston, Ia., on Nov. 13th. She was well known in Picton.

BIG LINER TAKEN OVER.

Holland-American SS. Statendam Now a Troopship.

New York, Nov. 27.—The Statendam, a big liner under construction in Harland and Wolff's ship yards, Belfast, for the Holland-American Line, has been taken over by the British Government, according to news brought here by a naval officer who arrived from London on the American Line Finland on his way to Halifax. He said that the Dutch steamer was nearing completion when the war started, and work had been stopped on her until recently, when she was purchased for $5,000,000.

The officer said the steamship would be used as a transport in the Dardanelles, and after the war is over, if the Statendam is still afloat, she would be sold to one of the British steamship companies, probably the Cunard Company, to replace the Lusitania.

A Sydenham Wedding.

A quiet wedding was solemnized at the Methodist parsonage, Sydenham, on November 24th, when Mildred Irene, daughter of Mr. and Mrs. Thomas Alton, Sydenham, was united in marriage to Harry Francis Pixley, Harrowsmith. The happy couple motored to Kingston where they took the noon train for Peterboro, Lindsay and western points to visit the bride's brother. Among the beautiful gifts which showed the high esteem in which they are held, was the groom's gift to the bride, a lovely gold watch and fob set with her birthstone. On their return they will reside near Sydenham, where the groom is a prosperous young farmer.

Sleepytime Tales

THE ROMP OF THE LEAVES.

Once upon a time a little brown leaf whispered to some of its companions: "Oh come on, lets have some fun. I have on my new winter suit of brown and am going travelling." With that the little leaf fluttered down to the ground and a lot of its friends followed to see what was out in the big world.

What fun it was to be down on the away from everything. They scampered and frolicked and the wind saw them and helped in the fun. Soon they were a long way from home and the wind had gathered them up into little piles where they rested to get their breath. Just then some children came along and a bright red and yellow leaf attracted the eyes of a little girl who picked it up and put it between the leaves of her school book.

The leaf stayed there for some time, but one day the little girl opened the book and saw the leaf. She ran to her mother crying: "Oh mother, see this pretty leaf." Her mother took the leaf in her hand and remarked: "This makes me think of the leaves we used to press and make into wreaths when I was a little girl."

"Won't you show me how to do it?" asked the girl. So, when she came home from school that night, she brought some more leaves some of them the same leaves she had picked the one from before. They were all laid together in a big book and kept for a great many days.

Although it was dark the leaves had a great many nice talks together and planned what they would do when they got out of the book. One day four friends of the little girl came and she showed them the pressed leaves. Then her mother showed them how to make a pretty wreath out of them. Now the leaves, all woven together, hang on the wall in the little girl's room and are much admired by all her callers and they, themselves, like it much better than being out in the wind and storms.

"Low Cost of Living" Menu

Menu for Sunday

BREAKFAST
Grapefruit
Pineapple Omelet
Toast Coffee

DINNER
Reheated Consomme
Cold Sliced Turkey
Nut Filled Potatoes
Fried Egg Plant
Ray Salad
Reheated Plum Pudding

SUPPER
Fried Turkey Dressing
Rye Sandwiches
Fruit Coffee

BREAKFAST.

Pineapple Omelet—Beat two eggs until light. Add two tablespoons of water and a tablespoon of melted butter. Turn into a hot buttered pan and cook until the omelet is firm. Add two tablespoons of grated pineapple. Fold and serve.

DINNER.

Reheated Consomme—Heat the soup left over from Thursday and add to each cup a teaspoon of lemon juice.

Nut Filled Potatoes—Bake white potatoes and, when done, break open, scoop out the insides, add butter pepper and salt, and a few finely chopped nuts. Return to the oven and brown slightly after filling the inside of the skins with the insides mixed with the other ingredients.

Fried Egg Plant—Pare and slice very thin and fry brown in very hot butter.

Ray Salad—Cream together a large cheese and a tablespoon of butter. Add chopped nuts and mould. Serve with a teaspoon of current jelly on each slice and pour over a French dressing.

SUPPER.

Fried Turkey Dressing—Form the dressing into small cakes and fry brown in butter.

Rye Sandwiches— Slice rye bread very thin and spread with butter. Fill with a mixture of cream cheese and chopped green peppers.

Menu for Monday

BREAKFAST
Baked Apples
Scrambled Eggs
Cranberry Marmalade
Toast Coffee

LUNCHEON
Grilled Sardines
Hot Buns Jellied Figs
Tea

DINNER
Cream of Carrot Soup
Cold Roast Pork
with Horseradish Sauce
Sweet Potatoes with Bacon
String Beans Cherry Salad
Chocolate Bread Pudding

BREAKFAST.

Cranberry Marmalade — Remove the seeds and tough parts of two oranges, then chop fine, using the skins, and boil with a quart of cranberries and a cup of raisins. Add three cups of sugar and boil until thick.

LUNCHEON.

Grilled Sardines— Broil over a quick fire, also heating the oil from the can. Add a teaspoon of chopped parsley and pour over the sardines.

Hot Buns— Mix two cups of milk, two tablespoons of butter, one cup of sugar, two yeast cakes dissolved in a little of the milk, and four cups of flour. Raise twenty minutes, add half a cup of currents, a little nutmeg, then shape, let rise to double their bulk and bake.

DINNER.

Cream of Carrot Soup — Fry brown in a little butter four carrots cut in small pieces, two potatoes and a ring of onion. Boil in four cups of water until soft and mash through a sieve. Return to the fire, add a tablespoon of sugar, salt and pepper, and two cups of milk. Thicken with a tablespoon of dissolved flour.

Horseradish Sauce —Whip half a cup of cream as stiff as possible and add a tablespoon of grated horseradish.

Sweet Potatoes with Bacon— Boil until tender and pare. Place in a baking dish with a piece of bacon on each potato and bake until tender.

Cherry Salad—Drain the contents of a can of cherries and pit a cup full. Serve on lettuce with a dressing made from two tablespoons of olive oil, a tablespoon of vinegar and the same of cherry juice.

Chocolate Bread Pudding.— Soak one cup of bread crumbs in two cups of milk, add a quart of chocolate mixture, three tablespoons of sugar, one egg, and a little salt. Turn into a baking dish and bake in a moderate oven twenty five minutes.

Rippling Rhymes

BOOK BORROWERS

Some folks are rather funny; if they should borrow money, they're sure to pay it back; they're straight, they're never willing to owe a man a shilling, a shotgun or a tack. In all life's common phases they are as prompt as blazes, a debt gets on their nerves; they are so blamed punctilious it fairly makes one bilious to contemplate their curves. But when they borrow novels, and take them to their hovels, to keep nine days or ten, you may be sure the chances are that those fine romances will ne'er come back again. I am a chronic martyr; my set of old Nick Carter was borrowed long ago; and Laura Libbey's volumes, that stood in stately columns, my shelves no more shall know. Where are the cherished treasures that gave me unmixed pleasures in olden, golden days? Oh, where is "Bolts and Fetters," and where "The Life and Letters of Rutherford B. Hayes"? To honest friends I lent them—at their request I sent them—and maybe they'll come back some day when pigs are soaring, and pterodactyls, roaring, are roosting on my shack.

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The cause of this over-stoutness is that our stomachs convert the food we eat into fat because there is not enough oxygen in the blood to produce a proper combustion to destroy the fatty tissue. To reduce your weight go to a good druggist and get oil of orilene in capsule form, and take one after each meal. It is sold only in original sealed packages. Oil of orilene taken at meal-times gives you all the benefit of the food you eat, and at the same time dissolves the fatty tissue from any part of the body where there is excessive fat. In this way many have reduced their weight at the rate of about a lb. a day, and no flabbiness is left.

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Mrs. John Burgess, Picton, died on Sunday, aged eighty years. Two sons survive.

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The social season is now in full swing and that means

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R. E. L. Harkness, Iroquois; A. McTavish, Carleton Place, and M. B. Holmes, Athens, have been chosen directors of the Ontario Beekeepers' Association.

Crawford
Foot of Queen Street.
Phone 9.

On Nov. 14th James Case, a former resident of Prince Edward county, was accidentally killed by an auto at his home in Saginaw, Mich.