PILES

If you suffer from this painful malady, apply Zam-Buk. It is purely herbal, quickly eases the dull, gnawing pain, stops bleeding, ends the irritation, and in a short time completely and permanently cures. Zam-Buk should be in every home.

Mrs. C. Hanson, Poplar, B.C., says: "I suffered for years with bleeding piles. The pain was often so bad I could hardly walk. I tried remedy after remedy, and finally underwent an operation, but only got temporary relief. At last I tried Zam-Buk. Perseverance with this completely cured me and there has been no return of the trouble."

50c box, all druggists and stores.

CONTAINS NO ANIMAL OIL OR FAT NOR ANY MINERAL
PURELY VEGETABLE
Zam-Buk
CUTS BRUISES SORES BURNS PILES PIMPLES ECZEMA RHEUMATISM SCIATICA BAD LEGS SORE HEADS & BACKS CHAPPED HANDS
UNEQUALLED FOR LACROSSE, BASEBALL HOCKEY & FOOTBALL PLAYERS & ATHLETES GENERALLY
EMBROCATION

NEW METHOD
Cleaning, Pressing and Repairing
Neatly done. We make a specialty of Ladies' Work.
M. F. PATTON, Prop.
149 SYDENHAM ST. (Near Princess St.) Phone 214.

BIG, HEARTY BABY BOY

Mrs. Beck's Fondest Hopes Realized—Health, Happiness and Baby.

Upper Lahave, N. S., Can.,—"I wish to thank you for the benefit I received by taking Lydia E. Pinkham's Vegetable Compound for female troubles from which I was a great sufferer, so that I was completely run down in health. Other medicine did not help me, but Lydia E. Pinkham's Vegetable Compound made me well and strong. I now have a big, hearty baby boy, and praise your medicine for the wonderful lot of good it has done me."—Mrs. ISRAEL BECK, JR., Upper Lahave, Lunenburg Co., N. S., Canada.

The darkest days of husband and wife are when they come to look forward to a childless and lonely old age.

Many a wife has found herself incapable of motherhood owing to some derangement of the feminine system often curable by the proper remedies.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

FROM THE COUNTRYSIDE

Frontenac

BREWER'S MILLS.

Nov. 17.—A number of men are engaged concreting the locks. The many friends of Leo Murphy, Joyceville, were grieved to hear of his death on Monday evening, in the Hotel Dieu, Kingston, after a brief illness. Much sympathy is extended to his bereaved wife and little child, also his mother, sister and brothers. William Latimer, Gananoque, spent Sunday at James Keys'. Matthew Murphy and sister visited friends at Kingston Mills last week. Mr. and Mrs. James Boyle, Gananoque, at James Smith's; Mr. and Mrs. R. Webb, Seeley's Bay, at Pete Milne's; D. J. Murphy spent Sunday in Kingston, Miss Josephine Deane visited friends in the city recently; Miss Loretto Keys is spending a few days with her sister in Gananoque.

HARTINGTON.

Nov. 19.—The Mission Circle met at the home of Ruby Sigsworth on Wednesday afternoon. Miss Clark of Odessa, gave a report of the Port Hope convention. Mrs. Thomas Grant's aunt and sister, visited her last week. Mrs. Asselstine, Dresden, is at Alexander Thompson's. Mr. and Mrs. Judge at Thomas Sigsworth's. Mrs. T. Leonard, Miss Campsall and Harry Campsall at Deseronto; Mr. Abbott, Mountain Grove, at Earl Ryan's; George Brown, Frank Trousdale and Alexander Thompson are at Green Bay, fishing. Charles Purdy, Menger, Mich., is visiting his daughter, Mrs. Harry Watson. Miss Pearl Taylor and Miss W. Clark, Odessa, are the guests of Miss Beatrice Freeman. Miss Ella Collins is at Fred Dennison's.

on Monday.

HARLOWE.

Nov. 18.—R. S. Fennell, Norwood, is visiting at his grandmother's, Mrs. E. Scott's. P. Whitman returned home Wednesday from Winnipeg. Miss Scott and Mr. Fennell visited at the Ore Chimney mine on Saturday afternoon. The new seats and windows for the Methodist church have added greatly to the appearance of the interior. Rev. M. Simpson has received a call to go to Webbwood to preach. J. Miller attended the Masonic Lodge meeting at Ardendale

Nov. 19.—A quiet wedding was solemnized at the home of Mr. and Mrs. John White, on Wednesday last, when their eldest daughter, Lillie Mae, was united in marriage to William Douglas Thompson, of Harlowe, Rev. Mr. Bunt of Cloyne, officiating. The bride was given away by her father, and was attired in navy blue corded silk poplin trimmed with white net and overlace, and wore yellow chrysanthemums. The bridesmaid was Miss S. Cox, of Arden, and the groomsman, Acey Thompson, brother of the groom. After the ceremony a sumptuous supper was served after which a toast was drunk to the health of the bride and groom. The house was tastefully decorated with evergreens and various colored streamers interwoven. The many friends of Mr. and Mrs. Thompson wish them many years of happiness.

OSO STATION.

Nov. 20.—The farmers are busy sawing their pulp wood. The bee at Mrs. E. Bank's on Tuesday last was well attended. A few from here attended the dance at John Larmon's on Monday evening last and report a good time. Mrs. David Cox, Fort William, has come to spend some time with friends here. Mr. Cox has gone to France to do his "bit" and is in the trenches now. Miss Edith Bishop has returned home after spending a few days with friends at Clarendon. A number from here attended Mr. Votrum's funeral at Zealand on Thursday last. Josie Warren has gone to spend some time with his uncle, John Thorton, Bathurst, who is very ill. John MacPherson and R. Patterson made a business trip to Perth yesterday.

Leeds

MALLORYTOWN.

Nov. 20.—Many of the Whig readers of the Township of Front of Yonge do not know that there is to be a vote on local option the first Monday of January. John Mallory returned from Francis, Sask., a few days ago. Mrs. Sheldon Haws is the guest of her daughter, Mrs. P. W. Andress. Dr. E. S. Bissell left on Thursday, Nov. 11th, for Montreal and set sail for medical work overseas. Mr. and Mrs. S. T. Chester, Smith's Falls, were guests of her sister, Mrs. B. E. Elliott, on Saturday last. Several car loads of stock have been shipped to Montreal and also to Toronto. John R. Gibson got a bad fall on the sidewalk on Sunday forenoon. Hugh Gallogly returned to his work at Kingston on Monday.

WILLOWBANK.

Nov. 20.—All the fall work is finished now, and the farmers have time to go on with their plowing, which is backward, as the land has been so dry. The contractors have S. Clark's barn nearly finished. The making of cheese is ended for this season, and the cheesemaker, Mr. Tattershall, has gone to help at Granite Hill factory for the balance of the season. Miss Mildred Grice, Taylor, spent a few days with Miss Helen Haig this week. Mrs. Rees spent Sunday at Pittsferry with Mr. and Mrs. John McMaster. Quite a number of tenants on various farms are changing places, some buying and others renting their farms. Mrs. H. H. Clark was at Mrs. McNinch's on Thursday. The scholars of the school, under the direction of their teacher, Miss Armstrong, are practising for a concert with a Christmas tree.

JUNETOWN.

Nov. 20.—Alvin Avery has returned from his deer hunt, bringing with him a fine deer. Mr. and Mrs. Arnold Avery spent Sunday at Mrs. J. Warren's, Mallorytown. Nelson Warren, Rockfield, made a business trip through here on Thursday last. Mrs. Charles Horton and son Howard, Lansdowne, spent the week-end at T. Franklin's. Mrs. Horton leaves shortly to spend the winter in Toronto. Mr. and Mrs. Norris Ferguson visited friends in Tilley on Sunday. Mr. and Mrs. Robert Tennant and son, Elton, Lyn, spent Sunday at Jacob Warren's. Mrs. Hayward and children, Watertown, N.Y., was visiting her brother, David Cartwright, last week. Mr. and Mrs. J. A. Herbison spent Monday in Brockville. Mrs. Jane McGuire left last week for Constantea, U.S., to visit her brother, William Cugham. Mrs. Jane Ferguson and Miss Nettie Tennant spent the week-end at Jacob Warren's. Miss Beatrice Andress and Miss Tackaberry, Lyn, were week-end guests of Mrs. J. A. Herbison. Mr. and Mrs. J. B. Ferguson and Willie visited Sunday and Monday at Dulcemaine. Mrs. A. E. Summers, Mallorytown, visited friends here on Monday and Tuesday. Mrs. Francis Fortune and Miss Orma Fortune are visiting the former's sister, Mrs. Richard Hamilton, Newboro. Miss Mary Purvis, Brockville, spent the week-end with her parents here. Mr. and Mrs. Herbert Scott spent Tuesday in Gananoque. Miss E. Price was a recent guest of Miss Myrtle Avery, Mountain street.

An Old, Family Cough Remedy, Home-Made

Easily Prepared—Costs Very Little, but is Prompt, Sure and Effective

By making this old-time cough syrup at home you not only save about $2, as compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly—and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic croup.

Get from any drug store 2½ ounces of Pinex (50 cents worth), pour it into a 16-ounce bottle and fill the bottle with plain granulated sugar syrup. Full directions with Pinex. Keeps perfectly and tastes good.

You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or painful cough, and also heals the inflamed membranes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of phlegm in the throat and bronchial tubes.

The effect of pine on the membranes is known by almost every one. Pinex is a most valuable concentrated compound of genuine Norway pine extract, combined with guaiacol and other natural healing pine elements.

There are many worthless imitations of this famous mixture. To avoid disappointment, ask your druggist for "2½ ounces of Pinex," and do not accept anything else.

A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Toronto, Ont.

Hastings

DESERONTO.

Nov. 20.—On Thursday last at the Patriotic tea given by Mrs. George Smith, St. Mark's Church presented Major Rev. A. H. Creegan with a communion set on his departure for the front and Mrs. Creegan received a beautiful bouquet of roses. On Saturday, when leaving, a large number of citizens were at the train to say good-bye and also to give cheers.

On Thursday evening the Young People's Society of the Church of the Redeemer, in addition to their work of rolling bandages, packed seven boxes for their members who are at the front and at Shorncliffe also in training camp: Messrs. Alex. Foote, Bertram Beaubien, at France; Thomas MacKenzie, F. L. Macfarlane; Horace Thompson, England; Harry Fraser at Barrie in training; Jack Little at Toronto in training.

Mr. Turner and Mr. Kehoe of the Canadian Hardware Manufacturing Company, Ltd., are busy making alterations to the cedar mill in order to start their new Industry for Deseronto.

The Young Men's Catholic Club held an At Home in their rooms on Thursday evening. There was a large crowd present. Miss Laura Gowan spent a few days in Kingston with her sister, Mrs. O'Donnell. James Cole, jr., went to Belleville on Monday to join the officers' training class which opens at Belleville on December 1st and will train for overseas service. W. Kirkpatrick, Chaffey's Locks, is here blasting the rock for the freight shed siding.

Prince Edward

SALEM.

Nov. 16.—Herman Murphy, mail courier, has purchased an auto. Daniel Darling, Boston, is spending a few weeks with relatives here. Many farmers were last week shipping grain from Consecon. Messrs. Cunningham and Adams have again been making their rounds with their threshing machine. Mr. and Mrs. Lewis Lont are moving into their new home here. Mrs. Victor Brown has returned after spending three weeks with friends in Rochester, N. Y. The monthly meeting of the W. M. S. was held last Wednesday at the home of Mrs. C. M. Kemp.

OXO

In the Kitchen

OXO CUBES are a most efficient aid to the cook. They are handy and uniform in size, flavour and food-value so that the right quantity to use can be judged to a nicety. It is surprising how quickly a cook can prepare her soups and savouries with OXO CUBES. The OXO CUBE way of cooking is as great an advance on old-fashioned methods as the electric cooker is on the coal-fire.

CUBES

BUILDERS!!
Have You Tried
GYPSUM WALL PLASTER?
It Saves Time
P. WALSH.
Barrack St.

ROYAL SALAD DRESSING

ROYAL MINT SAUCE
ROYAL CHILI SAUCE
ROYAL TABLE MUSTARD
SELECTED PAPRIKA
CLUB HOUSE OLIVE OIL

D. COUPER,
Phone 76. 341-3 Princess St.
Prompt Delivery.

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table.

IN EFFECT MAY 30TH, 1915.

Trains will leave and arrive at City Depot, foot of Johnston street.

Going West.

		Lv. City.	Ar. City
No. 19	Mail	12.20 a.m.	12.57 a.m.
No. 13	Fast Ex.	2.58 a.m.	3.35 a.m.
No. 27	Lcl. to Tor.	9.20 a.m.	9.54 a.m.
No. 1	Intl. Ltd.	1.41 p.m.	2.12 p.m.
No. 7	Mail	3.04 p.m.	3.40 p.m.
No. 31	Local to Belleville	6.58 p.m.	7.37 p.m.

Going East.

		Lv. City.	Ar. City.
No. 18	Mail	1.40 a.m.	2.17 a.m.
No. 16	Fast Exp.	2.58 a.m.	3.35 a.m.
No. 32	Local to Brockville	8.15 a.m.	8.50 a.m.
No. 6	Mail	12.20 p.m.	12.52 p.m.
No. 14	Intl. Ltd.	1.08 p.m.	1.38 p.m.
No. 28	Local to Brockville	6.53 p.m.	7.37 p.m.

Nos. 1, 6, 7, 13, 14, 16, 18, 19 run daily, other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.

For full particulars apply J. P. HANLEY, Railroad and Steamship Agent, cor. Johnson and Ontario streets.

The Rideau
New Afternoon Train

Smoker, Coach and Buffet-Library - Observation-Parlor Car, with Brelier Service, leaves Toronto Union 1.45 p.m., Kingston 5.40 p.m., via LAKE ONTARIO SHORE stopping all important points, Perth, Smith's Falls, Merrickville, and Kemptville.

CENTRAL STATION Sparks St., Chateau Laurier

OTTAWA

Descriptive Folders from F. Conway, City Ticket office, cor. Princess and Wellington Sts. Phone 1187.

THE "YORK"

	p.m.
Lv. Ottawa	1.15
Ar. Kingston	8.45
Ar. Toronto	9.30

to Ottawa

Made in Canada

There are three sound reasons for buying & using

REGAL Table Salt

It's absolutely pure and never cakes—

It comes to you in sanitary substantial packages, with the most convenient pouring device ever invented—

It is *the best* table salt, yet costs no more.

ASK YOUR DEALER

Free Running

You'll appreciate the handiness and convenience of the "Regal" Package.

156

ORIGINAL AUTO BODY DESIGN; GRACE DARLING AT THE WHEEL OF "SILVER BIRD."

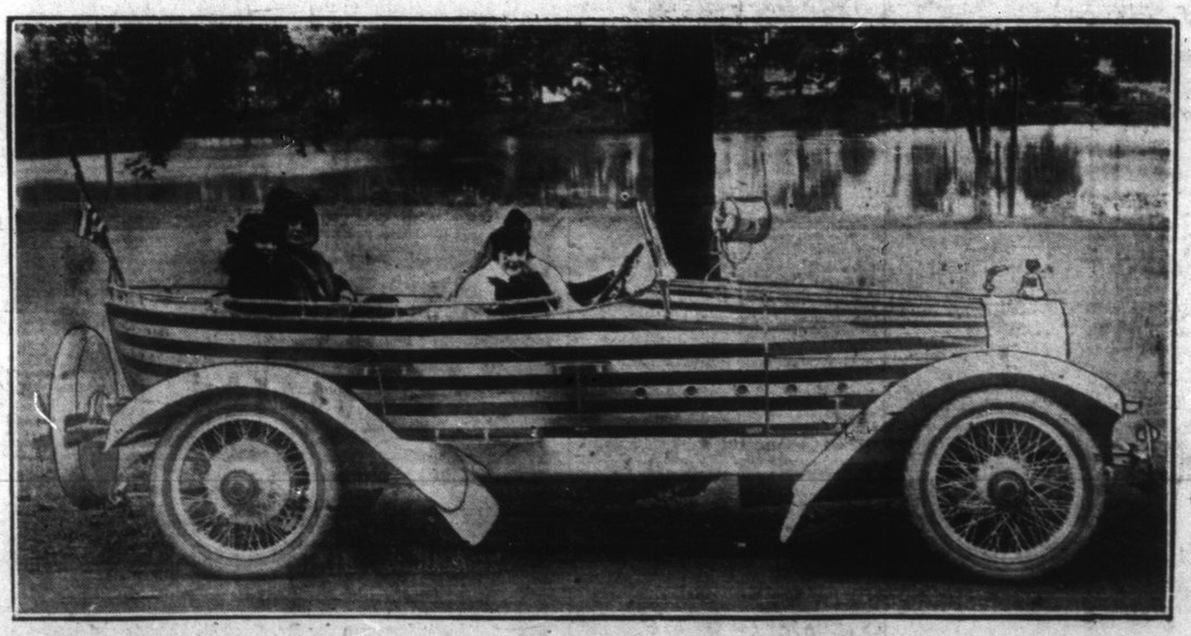
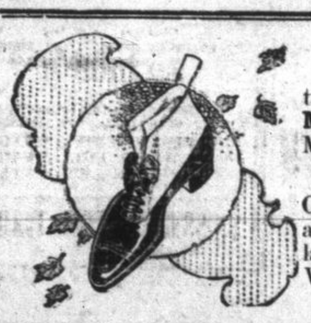


Photo shows "Silver Bird," owned by Grace Darling, an auto built as a launch. The innovation includes all the important points of an auto made to resemble part of a launch and fit in with the original body design.

Men's $4.00 Boots



We have an exceptional good line of Men's Boots, in Gun Metal or Velour Calf.

On four different lasts, all up-to-date; button or laced Blucher; Goodyear Welted Sole, at $4.00.

H. Jennings, King Street

Regal
SPELL IT BACKWARDS

A GLASS OF LIGHT BEER IN THE EVENING AT HOME

No law to prohibit having a case of REGAL. (Spell it backwards) in your home. No finer compliment to your casual guests than to offer them mild, refreshing, delicious REGAL. REGAL is a mildly, stimulating and healthful tonic.

MADE FROM PURE WATER NOT CHLORINATED

REMEMBER EARLY CLOSING

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