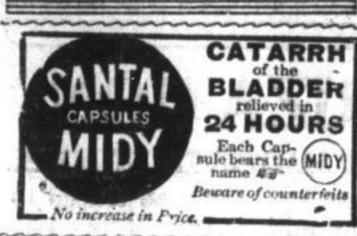


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effort. I could not sleep at night and of course felt very bad in the morning. and had a steady headache.

I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound." - Mrs. FRANK

CLARK, 3146 N. Tulip St., Richmond, Pa. Women Have Been Telling Women for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar women why don't you try Lydia E. Pinkham's Vegetable Compound? It

Simple Scientific Explanation of How They Occur.

ELECTRICITY IN THE CLOUDS.

Unequally Charged Vapor Are United, the Lightning Flashes Generated and the Downpour Started.

Lightning is the result of electric discharges from the clouds, says the Electrical Experimenter in printing what it calls "a thunderstorm primer." Every cloud, like every other object, contains electricity. This makes no disturbance so long as the quantity contained is normal. When the quantity becomes greater than normal the object is positively charged; when it becomes less than normal the object is negatively charged. The equilibrium of the electric force in the clouds is disturbed by evaporations from the surface of the earth, by changes of temperature in the atmospheric vapor, by chemical action on the earth's surface and by the friction of volumes of air of different densities against each

When clouds charged with the opposite electricities approach, the forces rush toward each other and combine to restore the state of equilibrium, for all bodies charged with opposite electricities attract each other. Between the clouds is air, an excellent nonconductor, through which the electricity has to force a passage. The violence with which it does this produces the lightning and the accompanying crash of

Clouds are good conductors, while the air about them is a nonconductor; therefore the electricity accumulates in the clouds. It is probably this electricity which prevents the particles of water from uniting together and falling down in the form of rain.

Imagine two clouds near to each other in the sky, one positively and the other negatively electrified, for there cannot in all nature be such a condition as that of one body positively excited without the coexistence of another body negatively excited. If the positively charged cloud were all alone in the sky the circumjacent atmosphere would assume the negative function. But as the other cloud is near by it becomes negative, and both are mutually attracted. They approach each other until the space of air between them can no longer resist their electric tension, when the discharge takes

The equilibrium of the clouds being thus restored, there is nothing to keep the particles of water apart; they coalesce into drops and fall as rain.

When only the clouds are involved the equilibrium is quickly restored by a few flashes and the storm is over. When the air also is involved it continues to charge the clouds with electricity, and the discharges continue until the various strata of air are brought into their normal state.

Sometimes, when the clouds are charged with an opposite electricity to that of the earth, a discharge takes place from clouds to earth or from earth to clouds. It is only when there is a great disturbance of the electrical forces that the lightning flashes to the

learth or vice versa. The flash and the thunder peal are simultaneous, and we see the one before we hear the other because light waves move far more swiftly than sound waves. The peat of thunder is instantaneous, but comes to us as roll through being echoed from clouds or mountains. The noise is caused by striking the ground before the heel the vibrations of the air rushing to fill up the spaces where the electrical dis- "locked" at the end of each stride-the charge has rarefied it and condensed grounded leg should be stiff and

Lightning is zigzag when it travels through a long distance, because it compresses the air, which interferes with its direct course. It is straight when it passes through only a short distance. It is forked when, being rested by the air, it divides into two or three points. It is sheet when the flash is too distant to be visible, and its re-

By remembering that sound travels a quarter of a mile in a second, while light travels so swiftly that we see it instantaneously, we can tell how far off a thunder clap is. If we hear a thunder clap four seconds after seeing the flash we know it is a mile away. For such calculations our own pulse is a sufficiently accurate measure of time, for the pulse of an adult beats about once a second. A person under forty should count five beats to the mile; a person under twenty should count six beats to the mile.

A Rough Criticism.

probably the most ebscure of Lord Houghton, then Dicky Milnes, "There are but two lines and last-'Who will may bear Sordel-"After taking the second bottle I no- lo's story told and 'Who would hath heard Sordello's story told,' and both

Finger Print Love. "Why do you think you'll be happy if on marry that young man, daughter?"

sked the father. "Because, father, we've had our finter prints examined and they almost match," was the sweet young thing's eply.-Yonkers Statesman.

Let us remember that justice must

From the raw sugar of love mak-

will pay you to do so. Lydia E. Pink- A woman never realizes how many It isn't that coal is not cheap enmen she might have married until ough, but dealers are willing to take dead are not in a position to appre- The barber's idea of a miser. she finds herself a spinster. man of the state of the second

QUEER HAWAIIAN NAMES.

Such as Mrs. Oyster and The Man Who Washes His Dimples.

The natives of Hawaii are singularly picturesque in their choice of names. Mr. Scissors, The Thief, The Ghost The Fool, The Man Who Washes His Dimples, Mrs. Oyster, The Weary Liz ard, The Husband of Kaneia (a male dog), The Great Kettle, The First Nose, The Atlantic Ocean, The Stomach, Poor Pussy, Mrs. Turkey, The Tenth Heaven, are all names that have

appeared in the city directory. They are often careless of the gender or appropriateness of the names they take, A householder on Beretanis street, Honolulu, is called The Pretty Woman (Wahine Maikal); a male in fant was lately christened Mrs. Tompkins; one little girl is named Samson; another, The Man Susan (Kukena) is boy; so are Polly Sarah, Jane Peter and Henry Ann. A pretty little maid has been named by her fond parents The Pig Sty (Hale Pua). For some un known reason-or for no reason at all -one boy is named The Rat Eater

(Kamea Ole Ole), The Rev. Dr. Coan of Hawaii pos sessed the love of his flock. One morn ing a child was presented for baptism whose name was given by the parents, Makia; when the ceremony was fin ished the parents assured the doctor that they had named the baby for him "But my name is not Michael," said the doctor, supposing Mikia to be aim

"We always hear your wife call you Mikia." answered the mother. She had mistaken Mrs. Coan's familiar "my dear" for her husband's given name.

An old servant in Dr. Wight's family at Kobala caused her grandchild to be baptised in church, The Doctor (Kauka); that was its only name. By way of compliment to the early physicians, many children were named after their drugs, as Joseph Squills, Miss Rhubarb, The Emetic, The Doctor Who Peeps In at a Door.

Names uncomplimentary, or even disgusting, are willingly borne by their owners; others convey a pleasing and graceful sentiment. Among the latter are the Arch of Heaven (Ka Ria Lani). The River of Twilight (Ka Wia Linla), The Delicate Wreath (Ka Lei ma Lii). The name of Lilu O Kalani, the queen now in retirement, means A Lily In the Sky .- Youth's Companion.

WALKING FOR SPEED.

Arm Action, Body Balance and the

Proper Leg and Foot Motion. In starting on the track the novice should hold himself as erect as possible, without, however, leaning at all backward, the arms at the sides, with the forearms in a horizontal position, at right angles to the part of the arms above the elbows. He should have a feeling of being "well balanced on his

The weight must be kept on the heels -therein lies the chief secret of walking fairly. Speed depends on two factors, the length and the frequency of the stride. Experiments prove that the length of the stride becomes greater as the frequency increases.

Arm action should be carefully cul tivated. Properly used, the arms seem to act as levers to lift forward the body. besides helping to balance it. In each stride one foot should be always on the ground and at same moment of the stride some part of both feet should be on the ground simultaneously-that is, the first necessity. Second in importance is to have the walk "heel and toe"-that is, the heel of each foot should strike the ground unmistakably first and the toe of each foot should be the last part to leave it. One should not walk flat footed, with the ball of the foot or any part except the heel does. Lastly, the knee should be as the loose leg swings out for the next stride.—Outing.

Story of a Dream. Of course the medical sharps know all, but let me tell what happened to me. I had a strikingly vivid dream in which I saw and spoke to a dead

friend, and she emphasized what she said by laying her hand on my hair, s trick the dead girl had when living The subject of her speech has no value But when I woke I could almost feel her touch still. In a day or two I no ticed my hair looked queer where she touched me, and it faded until I had four bars, almost white, across my red mop, just such as would be made by four fingers.-Letter in New York Times.

Homemade Rat Poison. Farm and Fireside gives the follow ing recipe for homemade rat poison: Barium carbonate is a poison which in small quantities is harmless to the larger domestic animals, but will kill rats and mice. Mix four parts of meal or flour and one part of barium carbonate and place where the rats will find or mix ordinary oatmeal to a st dough in water, with about one-eighth

Tracing a Thief. A burglar who broke into an antiquary's shop in Paris was identified by means of a small strip of skin torn from his ear by the broken glass of showcase. The piece of skin was pre served in a bottle of spirits, and it fit

Cafty Comment. "When I have anything to occupy my time. I hate to have a ish men hanging around me." "You are never idle, are you, gear?" -Baltimore American.

Charity begins at home, but

HIS SPEECH WAS SHORT.

It Was Also Right to the Point, and the Jury Did the Rest.

A Chicago lawyer tells of a prosecutng attorney in a circuit court of an Ilinols county some years ago whose early education had been defective, but rho was so shrewd and "long headed" that few more dangerous antagonists could be found at the bar in that re-

At one time he had procured the indictment of a man for theft, amount alleged to have been stolen was \$5, and at that time the penalty for stealing \$5 or more was imprisonpunishment was confinement in the makes two punctures in the bill direct county jail without labor.

the theft of a five dollar note of the critical inspector of the note these pin-State Bank of Illinois, but the prisoner's counsel brought several business men to swear that it was not worth its face value in gold, but all agreed that in ordinary transactions it would pass for \$5.

counsel quibbled for two hours while the prosecuting attorney listened patience.

When his turn came he arose and livered himself as follows: "Gentlemen, I hope the learned coun

sel won't get offended if I don't tall but just one minute. All I've got to say is this: The prisoner don't pretend to deny that he stole our money, and all he asks of you'is just to give him the privilege of stealin' it at a dis-

He sat down, and the jury gent the thief to the penitentiary.- Case and Comment

TECHNIC OF PAINTING.

odern Color Methods and Those of the Old Masters.

Many persons think that the paintings by the old masters owe their per manency in some degree to secret processes now lost. In the Journal of the Franklin institute Dr. Maximilian Toch points out that as a matter of fact the old masters used only those few colors (madder, for example) the permanency of which was well established, and that they avoided mixing colors known to have a bad chemical effect on on

Incidentally he describes the scien tific methods of detecting later day copies. Zinc white, where flake white would have been used, protoplasmic remains in the cells of the wood used for the picture and the transparency of the bitumen in the shadows are proofs that a picture is not a genuine antitique. In respect to deterioration the author mentions the bad effects of smoke and modern gas fumes and, after saying that either light or darkness may bleach a picture, points out that some pictures that have been kept in the dark can be restored by placing them in bright sunlight.

Finally Dr. Toch condemns those modern painters who substitute the collapsible tube or palette knife for the brush on the ground that the flakes of color thus attached to the canvas will crack off and become detached. If that method had been used by the ancients no trace of their work would now exist.

The Heroines of Novels. If I were his Satanic majesty and a novelist came to me for judgment I should beetle my brows in a horrible

manner and quiz him thus: "Did you ever make your heroing eighteen years old? Did you ever endow a maiden with the repartee of Pinero, the intuition of Blavatsky, the carriage of Garden, the hauteur of the Medici, the beauty of Aphrodite and the wisdom of Athene-all at the age of eighteen years?"

If the novelist answered me "Cer-I did!" I would blast him where he

For of all the iniquitous, fallacious, unfair and dangerous doctrines this takes the icing off the cake—that the female species reaches her apogee at the immature age of eighteen.-George Weston in Saturday Evening Post.

Types of Feet. Among the various races of men three types of feet occur. Certain pure races have one type of toe which is characteristic of each race. Thus, the Zulus, the Basques and probably most pure Celts have the even toed foot, while the Papuans, the Boschmen and a number of African tribes, as well as both ancient and modern Egyptians, have the arch toed foot. Many European nations, however, have a mixture of the three types. But it is certain that among the English, and probably among the Germans, French and Greeks, the even toed foot is the con

monest.—Strand Magazine. Reward of Writers. Writers of nonfiction today seldon fare more handsomely than did Chief Justice John Marshall, who, 110 years ago, received \$60,000 for his life Washington. After Stevenson's death the royalties on his books amount had received a few years before.

The Swordfish So powerful is the jaw of the swordfish, from which the sword projects. that it has been known, in attacking essels, to pierce through oak timber to the depth of ten inches.

The Cossacks No matter how old a Cossack is belongs to the reserve forces of the "national defense" in Russiamud, if required, accompanies his sons andigrand ons to battle.

ing her how handsome she is.

THE MARKING OF BILLS.

One of the Secret Service Methods Is

the Use of Pin Heles. In their surveillance and apprehension of suspected persons government secret service officers often find it nec essary to "mark the money" handled by such persons. There are various methods of so marking the national currency, one of the most novel of which is the pinprick.

The note to be marked is, say, the five dollar silver certificate bearing the vignette of an Indian chief in his full regalia of feathers and trappings and ment at hard labor in the penitentiary. presenting a full face view. With the For stealing less than that amount the aid of a pin the secret service man ly in the pupils of the Indian's eyes The evidence proved beyond dispute To the casual and sometimes even pricks are invisible. If raised to the light, however, the bill will distinctly reveal them.

The markings are complicated by the following process: The pin point is applied in the twist of the large figure Over this testimony the prisoner's 5 at the two upper corners of the note. These tiny twists do not appear in the "necks" of the two figures 5 that are at both ends of the bottom of the note. The note is now pierced again, this time in the ends of the scrolls on each side of the word five in the lower center of the bill. The marking is now complete. In secret it is exhibited to one or more persons for purposes of identification and is then placed in the till or money drawer to which the suspected person has access.

> It is said that the pinpricks will remain perfect for some time. When such bills are produced in court and their marking is explained under oath conviction is practically certain.-Every Week.

MELODY DEAFNESS.

To Those Who Are Afflicted With It Music Is Simply Noise.

Every one has heard of color blindness, but few people are aware that there is such a malady as tune deafness. It prevents those affected from appreciating music, which to the melody deaf is nothing but noise.

The most intelligent people often suffer in this way. Empress Catherine of Russia used to declare that for her music was a nerve trying din, and Napoleon I, hated any form of melody. Victor Hugo had to be coaxed by the composer who put his famous lines to music. "Are not my verses," he used to say, "sufficiently harmonious to stand without the assistance of disagreeable noises?"

Doctors say that the power to appreciate music depends upon a perfect combination of the nerves and brain. Some people's nerves readily carry musical sounds to the mind, while in others nerves impede their passage to the

Good musicians are more often born than made. Nature has provided them with nerves which instinctively carry musical chords to the brain. That is why a good musician can memorize a tune after hearing it played over once. Every note has been clearly recorded in his brain.

Those with less sensitive musical nerves receive a dull impression of any music they may hear, and thus they are unable to remember it unless it is drummed into their brain by repeated playing .- Pearson's Weekly.

Ingenious Air Bombs.

Bombs thrown from the air are usually exploded by contact. With the Martin Hale bomb, designed specially to be dropped from aeroplanes, there is a 'safety pin' which renders the bomb harmless until it has been withdrawn and until a fall of about 200 feet through the air has caused the propeller to rotate and release the firing mechanism. All destructive explosives tainly not!" I should say, "To heaven; cause damage by the actual shock of with you!" But if he answered, "Sure, the explosion—that is, by the disturbance in the air created by the expansion of the contents of the shell, by the fragments of the shell or the bullets which it contains flying in all directions, by the fumes which may be given off on explosion and which may have a stupefying or fatal effect on people in the vicinity and by the falling of bricks and mortar displaced by the bombs.-London Mail.

> English as She Is Spoke. the correct pronunciation of English said he preferred "of'n" to "often" is on the winning side. No "pronouncing dictionary" with a reputation to lose ever sounds the "t" in the middle of such words as Christmas, mistletoe, ostler, often or chestnut. Good actors, whose duty it is to speak "trippingly on the tongue," can cite authority to support their pronunciation of han'kerchief and We'n'sday. And no one who knows his way about in the elecutionary field pays any regard to the spelling of such words as "extraordinary." -London Chronicle.

> Early Closing Scheme She-Papa says that when coming to car any more. He-Really! Does he expect me to walk all this distance? She-Of course not. He says all he asks is that you will come in a carriage hired by the hour.-New York Weekly.

Engineering Triumph. "Why are you studying that dachs "I consider him an architectural tri-

amph of Mother Nature's," explains the bridge builder. "See how nic the stress is calculated to the span."

past lives build the which must mold the lives to the -81 Edwin Arnold.

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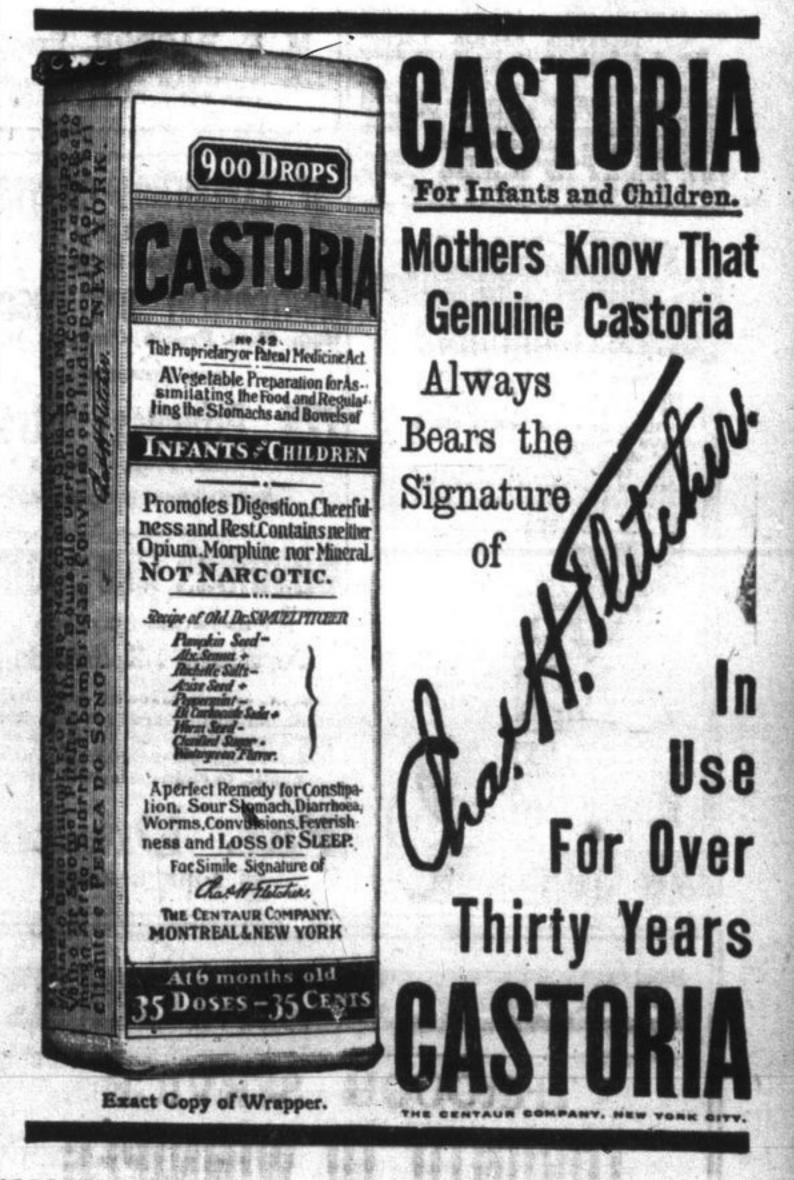
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