

Told In Twilight -- In the Realm of Woman



(Continued from Page 3.)
 Miss Dorothy Cotton, daughter of the late Major-General Cotton, who has been nursing in France for several months, has been chosen as a Canadian representative on the staff of nurses in connection with an Anglo-Russian Hospital which was sent from England to be placed at the disposal of the Russian Government of Red Cross. Earl Cromer is president of the hospital, and Lady Sybil Grey is treasurer. Mrs. Cotton and her youngest daughter, Miss Elsie Cotton, left last week for England, and hope to arrive in time to see Miss Dorothy Cotton before she leaves for Petrograd, where the hospital is to be sent to be a mobile unit, moving to dressing stations as required.

Mrs. Allen McDougall Jones, Earl street, received on Monday for the first time since coming to Kingston, and her mother, Mrs. R. W. Barker, who is to be her guest this winter, received with her. In the dining-room, where Mrs. R. E. Kent and Mrs. W. H. Macnee poured tea and coffee, the polished table was artistically centred with red and white carnations, and the assistants were Mrs. R. Halloway Waddell, Miss Loretta Swift, Miss Hubbell and Miss Ethel Kent.

A jolly Dutch Luncheon at the Country Club on Saturday, where plates were laid for ten, had for its guests Miss Mildred Jones, Miss Lillian Kent, Miss May Rogers, Miss Mollie Saunders, Miss Marion Leslie, Miss Bessie Sanderson, Miss Mamie Anglin, Miss Mamie Garrett, Miss Lawrence and Miss Eva Richardson.

Miss Maehar and Mrs. Edward Leigh and one or two other fortunate ones who had a glimpse of the "Casa Loma" Conservatories yesterday went over afterwards and had a cup of tea with Lady Pellatt--Toronto Globe.

Mrs. Waddell and Miss Lucy and Miss Gwendoline Waddell, Earl street, will entertain at tea tomorrow in honor of Miss Norah Macneil and Miss Kathleen Carruthers.

The officers of Barrieheld Camp are entertaining at a dance in the City Hall, this evening.

Col. Perreau, acting commandant

COQUETTISH FANS AGAIN IN VOGUE

Dainty Examples in Feathers or Tulle For Formal Occasions.
 With fashion's trend swerving to early Victorian modes, in which fluffy skirts and snug little bodices cut round over gleaming shoulders are featured, the reappearance of quaint little fans to be carried with the dance frock is both welcome and opportune. There is a dainty, elusive charm in the gentle flutter of a pretty fan that cannot be resisted, and it is with this in view, no doubt, that the gent of fashion have produced the models for the approaching season.

The vogue of ostrich has of course brought this one-time popular type into prominence again, and the most smartly gowned women will no doubt choose the feather fan this year for wear on their dinner gowns. These are fairly large, and the finest curled fibres employed. The feather fan is often suspended from a pretty novelty chain of jet if the fan is black, and of green gold, if it is white.

For Dance Occasions.
 Very attractive fans for the youthful dance enthusiast are fashioned of tulle and the vogue of black has influenced some charming examples. One pretty model of black tulle mounted on tortoise shell displayed a unique ornament in diamonds in the centre, and also illustrated the use of tassels in two long black silk ones hanging from the slender cord. For light frocks, very pretty little fans in spangled gauze or chiffon and hand-painted designs are shown mounted on carved white ivory sticks. These are often elaborately studded with semi-precious stones in green, sapphire or ruby tints.

ABSENCE REGRETTED OF MILITARY CAPE

Only Few Models Shown Are of Raglan Order.
 Unfortunately cape effects are remarkably few this season, arousing considerable protest, for none better than the faithful devotee appreciated the swagger and becoming lines of the full-caped coat of last winter's modes.

In a very few models, however, already exhibited this stunning addition is made, and there is a likelihood that in a very few weeks more designs introducing the cape will be launched. One particularly attractive top coat in blue and green plaid of inconspicuous weave was of the raglan order, reaching to the boot tops. The coat fitted according to standard lines--close at the shoulder line in spite of the loose sleeve, and flared gradually to the hem. The sleeves were snugly fitted at the wrist, and a fringed scarf belted the normal waist line. A very high unstiffened collar of the "chin-chen" variety, together with the smart circular cape, gave a new and dashing effect.

The Linen Smock.
 Linen smocks, to be slipped on in the form of light wraps over light frocks, or worn as a blouse, above a golf or tennis skirt, promise to retain their hold on feminine fancy through the early days of autumn. These smocks have been mostly of blue or tan linen, for wear with white skirts, but now they are coming out in deep yellow and orange linen crabs of rather heavy, but supple weave, for early autumn wear in the mountains. Smocks with white silk and accompanied by white plume skirts and white or black-and-white sport hats of blended straw and felt, they are very good looking affairs. In line with the smocks--which are quaint in suggestion--are the chintz sport coats. These are of chintz pattern in a lovely, warm-toned effect, usually deep rose, green and black, amber, brown and green, or some such combination for early September days, and collar and cuffs of dark velvet give an effective, though inconspicuous, finish. By September 15th, however, the chintz sport coat and the linen smock will probably have seen their final hour of favor and will be replaced by tailored sport garments of worsted weave.

Beautitudes Of Beauty.
 Don't be ashamed to do anything that will improve your personal appearance.
 Don't forget that the first and last rule in the beauty book is cleanliness.
 Don't think that you can eat anything you want, take no exercise and not get fat.
 Don't think that when you are forty you can have the youthful complexion of a girl of eighteen.
 Don't think that you can have a beautiful face without the beauty of behind it.
 Don't long for youth if you are middle aged. Remember a full blown rose is as beautiful in its way, as the bud.
 Don't keep thinking of yourself. After you are dressed and groomed forget all about how you look.
 Don't think that you can be restless and irritable without getting thin.
 Don't think that you can worry and fret without getting wrinkles.
 Don't neglect your appearance because you think you are a brainy woman.
 Don't forget that uncharitable thoughts make more wrinkles on the face than were ever made by Father Time.

Fur-Trimmed Belts.
 A belt made of metal-thread silk is edged with light-gray fur and fastened with a tortoise-shell buckle. Another is a deep girdle of black taffeta, edged with black fur and trimmed with fur-edged buttons.

The man who was asleep when opportunity knocked probably got all that was coming to him.
 Some persons are always on both sides of the question and others are all around it.

SELECTED RECIPES

English Barley Broth.
 One quart of strong stock made by boiling the bones of a rib-roast, or steak well broken, with a pound of under-done beef for six hours. Or if raw meat is used, allow for a pound of chopped lean beef and the cracked cooked bones, at least, three pints of water, and stew it down in four hours to one quart. Let it get cold, and take off the fat of course. Parboil the onion, one carrot cut like dice, and one small turnip, sliced up into small pieces. Drain the vegetables, and put them into the soup-kettle with the cold stock and half a cup of barley soaked for an hour. Bring to a boil and add minced parsley and sweet marjoram before serving.

Sardine Savoy.
 Cut three slices of bread a little larger than the size of a sardine, fry a delicate brown on both sides, place a sardine on each and make them hot in the oven. Pour over a sauce made as follows: Beat up two eggs and mix with a quarter ounce of butter, one teaspoon tarragon vinegar, a quarter teaspoon made mustard, salt to taste, and a little Worcester sauce; put into a saucepan and stir over the fire until the sauce thickens (not boils).

Beef Olives.
 This is a nice way to use a left-over piece of under-cooked roast beef. Cut the slices of meat very thin; spread upon each slice a stuffing made from breadcrumbs, sweet herbs, pepper and salt, and gravy; roll up tightly and tie with string. Have ready in a saucepan some good brown gravy, lay in the "olives," and let them simmer for about an hour. Take up, remove the string carefully that the shape may not be spoiled, pour the gravy over, and serve hot.

Stuffed Mutton Chops.
 Make a white raux of a tablespoonful of butter and the same of flour. When it has thickened well, stir in a scant half-cupful of stock; mix thoroughly until it bubbles. Add half a cupful of chopped mushrooms and season to taste. Boil up once, then let the mixture get cold and stiff. The mutton chops should be tender, juicy and cut twice as thick as for ordinary uses. Split each horizontally to the bone, leaving that to hold it together, and fill the slit with the cold paste. Close the sides upon it and grill a smooth wooden toothpick through the edges to hold them together. Broil them slowly over clear coals, turning often for ten

minutes. Withdraw the skewers, and dish upon a bed of green peas.

Baked Apple Pudding.
 Six large apples, grated; three tablespoonfuls butter; one quarter pound sugar; two eggs, the whites and yolks beaten separately; juice of one lemon and half the rind grated. Make a good pudding paste. Beat the butter and eggs and sugar into a cream; stir in the yolks, the lemon, the grated apple, and lastly the whites of the eggs. Line a dish with pastry, pour in the mixture, and bake till nicely browned. This pudding is best cold.

Oyster Salad.
 One pint small oysters, or four dozen oysters--one-half pint chopped celery. Pick over and cut the oysters in half. Parboil them in the oyster liquor, and add the chopped celery. Make a dressing as follows: Put four tablespoonfuls butter into a double boiler and melt without browning; add and stir till smooth; add one cup of milk. Beat three eggs without separating; add two teaspoons salt, one teaspoon mustard, one pinch of cayenne. Before adding a half-cup of vinegar, mix the dry materials, add them to the milk, return to the fire and cook for five minutes.

Pickled Mushrooms.
 Take the small buttons and rub them very clean with a flannel and some vinegar; then put them in a dish with a little salt over them to draw the liquor from them. When this is done put them into a kettle with their own liquor and sufficient good vinegar to cover them, also some mace, cloves and black pepper to suit taste. Boil gently for a few minutes, then bottle and cork tightly.

Shortbread.
 One and a quarter pound flour, three-quarters pound butter, one-half pound sugar. Cream the butter and sugar, heating until light, then add the flour. Mould and roll into cakes about an inch thick. Pinch them neatly round the edges, and prick them on top with a fork. Bake slowly till a light golden brown. Some add cut citron or candied peel, and sprinkle caraway comfits on top.

Russian Boots.
 High green Russian boots were worn and green gloves. The smart little pressed-beaver hat, which completed this chic street costume was trimmed with black gros-grain ribbon, and a metallic buckle placed in the centre front. A serviceable and dainty accessory was the completely fitted little vanity case in dark green leather with dull silver mounts and things and pockets of shirred blue brocade.

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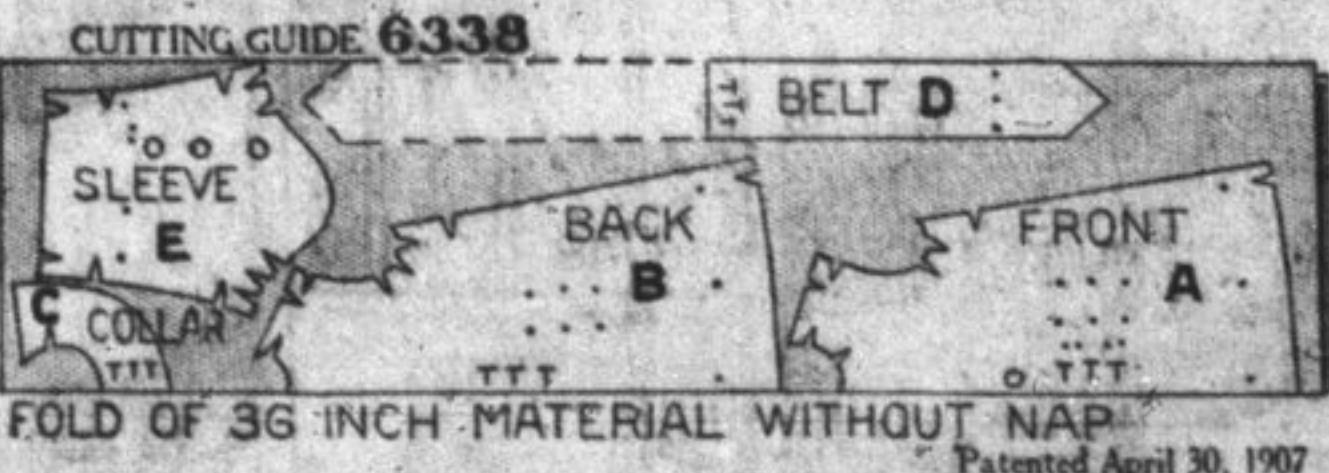


FOR THE VAIN LITTLE MISS.



ly model meets the desires of the little maid and satisfies the demand for something practical at the same time. It is made of white linen, has long one-piece sleeves and a belt that may extend all the way around the lengthened waist-line or be arrested at either side of the front and finished with pearl buttons.
 For a miss of four years 2 yards of 36-inch material will be required to make the dress. Some mothers do not care at all for long sleeves for their youngsters. The design shown here may be shortened by cutting off the pattern along line of small "v" perforations.
 Before attempting to cut out any of the various parts, however, the linen is folded in half so that the collar, the back and the front may be arranged along the lengthwise fold. Along the selvage edge the belt is laid, and if the short effect is preferred the front edge of the belt may be cut off along small "v" perforations. The sleeve section is laid over a lengthwise thread of the goods.
 A touch of hand embroidery makes a nice finish for the collar and the front of the dress where the belt is slipped through unstitched pleats. The front is slashed to accommodate the piping of contrasting material and furnish a background for the button trimming.
 This model is capable of attractive variation. For instance, it may be made of lightweight serge trimmed with belt and collar of plaid silk. Such a combination is as effective in tub materials as in serge and silk, however, and much less expensive.

Frock of white linen trimmed with pearl buttons and a touch of hand embroidery. It looks well also in a combination of plain and plaid materials. Children are vain little beings and are fond of looking pretty. This dainty



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