

KIDNEY DISEASE WAS KILLING HIM

Until He Used "Fruit-a-tives" The Great Kidney Remedy

HAGERVILLE, Oct., Aug. 26th, 1913.

"About two years ago, I found my health in a very bad state. My kidneys were not doing their work and I was all run down in condition. Having seen 'Fruit-a-tives' advertised, I decided to try them. Their action was mild, and the result all that could be expected. My kidneys resumed their normal action after I had taken upwards of a dozen boxes and I regained my old-time vitality. Today, I am as well as ever."

B. A. KELLY.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

DADIES! SECRET TO DARKEN GRAY HAIR

Bring Back Its Color And Lustre With Grandma's Sage Tea Recipe.

Common garden sage brewed into a heavy tea, with sulphur and alcohol added, will turn gray, streaked and faded hair beautifully dark and luxuriant; remove every bit of dandruff, stop scalp itching and falling hairs. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get the ready-to-use tonic, costing about 50 cents a large bottle, at drug stores, known as "Wreth's Sage and Sulphur Compound," thus avoiding a lot of fuss.

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wreth's Sage and Sulphur, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared. After another application or two your hair becomes beautifully dark, glossy, soft and luxuriant and you appear years younger.

DRINK MORE WATER IF KIDNEYS BOTHER

Eat Less Meat And Take Salts For Backache Of Bladder Trouble.

Uric acid in meat excites the kidneys, they become overworked; get sluggish, ache, and feel like lumps of lead. The urine becomes cloudy; the bladder is irritated, and you may be obliged to seek relief two or three times during the night. When the kidneys clog you must help them flush off the body's urinous waste or you'll be a real sick person shortly. At first you feel a dull misery in the kidney region, you suffer from backache, sick headache, dizziness, stomach gets sour, tongue coated and you feel rheumatic twinges when the weather is bad.

Eat less meat, drink lots of water; also get from any pharmacist four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to cleanse clogged kidneys and stimulate them to normal activity, also to neutralize the acids in urine, so it no longer is a source of irritation, thus ending bladder weakness.

Jad Salts is inexpensive, cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active. Druggists here say they sell lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.

FROM THE COUNTRYSIDE

Frontenac

FALL RIVER.

Oct. 23.—Partridge hunting is the order of the day. Archibald Gray and Miss Tena Gray made a trip to Sharbot Lake Saturday. Mrs. Edward Conroy, who has been suffering from heart failure, is convalescent. William Orr, cheesemaker, made a business trip to Perth, recently. A few of the people from here took in the sale at Alfred Kirkham's on Wednesday. Mr. and Mrs. Robert Sargeant, Brooks, spent Sunday with their daughter, Mrs. John Conroy.

BARRIEFIELD.

Oct. 20.—Mrs. Thompson and daughter, Miss Isabella, Orillia, are the guests of her sister, Mrs. Richard Dowler. Mrs. J. H. Barrett and Miss Buckley and Miss C. F. Barrett have returned home from a trip to New York. Mrs. A. J. Medley and son, Archibald, and daughter, Agnes, who spent the summer at her mother's, Mrs. Draper's, Glenburnie, has returned home. Mrs. Hutton, who has been quite ill is improving again. Alice, accompanied by her daughter, Mrs. Dwyneil, Syracuse, N. Y., has returned home. Miss Turner, who has been quite ill, is improving.

PITTSFERRY.

Oct. 22.—Miss Elga McMaster gave a miscellaneous shower at her home on Thursday last for her cousin, Miss Ethel McMaster, who was married on Wednesday, Oct. 20th. A beautiful collection of gifts was received. Mrs. T. Weir was taken suddenly ill last week, but is recovering. Miss Clara Grant spent the past week with her sister, Mrs. H. McLean, Kingston. Rev. Mr. and Mrs. Steers were the guests of Mr. and Mrs. James Spence this week; also Mrs. Howard Wendburn, Kingston. On Thursday last an enjoyable evening was spent at the home of Mr. and Mrs. Stanley Wendburn, the event being a farewell party for Mr. and Mrs. William Allinson, who intend to give up farming and move to Kingston. Games and dancing were indulged in until midnight, when refreshments were served by the hostess. A hearty vote of thanks was given to Mr. and Mrs. Wendburn. Mr. and Mrs. Edward McMaster have returned to live at their old home after spending the past year in Gannaque.

BATTERSEA.

Oct. 18.—Mrs. G. M. Bell and Miss Spooner, Kingston, are visiting Mrs. C. K. Robinson, Branchley Keeler, who has been in Toronto undergoing an operation, returned home this week, feeling quite improved. Miss Gertrude Keeler, Toronto, is here.

for a few days with her mother, Mrs. Samuel Jamieson. Mr. and Mrs. Fraser, missionaries from Genoa, Italy, who spent the summer visiting Mr. and Mrs. Mathews, left here last week for Scotland. Mrs. Gunn, Kingston, is here visiting her mother Mrs. Jamieson, who is very sick.

Oct. 21.—Audrey Doris, only daughter of Mr. and Mrs. H. Keeler, was called to rest on Monday, Oct. 18th, at the early age of eight years, after an illness of two weeks. Few cases of illness have aroused so much general interest. Everyone in the village and surrounding country had an anxious inquiry each day, for everyone loved sweet winsome little Doris.

The funeral was held in the Methodist Church on Wednesday at 2 p.m. Rev. A. W. Stewart officiating, assisted by Revs. A. T. Shorten, Inverary, and A. Waddell, Kealey's Bay, both former pastors. Mr. Stewart preached from II Kings IV, 26: "Is it well with the child? And she answered: 'It is well.' Mr. Waddell sang as a solo: "Some day the silver chord will break." The church was draped in white, with flowers and ferns, by the young ladies of the choir, who were also dressed in white. The floral offerings included a spray from the primary class in the Sunday school and a spray from the pupils of the Public school, both of which Doris was a member. The pallbearers were Benjamin Rutlan, Lyle Hartley, Warren Hartley, T. Ritchie, Victor Clark and Dalton Williams. The remains were placed in the vault at Sand Hill cemetery.

In the great bereavement which Mr. and Mrs. Keeler, their son, Elwood, the grandparents and other members of the family have been called upon to bear, the sincere sympathy of neighbors and friends goes out to them.

Leeds

CHAFFEY'S LOCK.

Oct. 20.—Mrs. M. E. Doyle and Mrs. H. Fleming are spending a few weeks in Montreal. Mrs. J. Simmons and daughter returned home after spending a few days in Kingston. George Fleming, Kingston, has returned home after spending a few days in the vicinity. Miss Alice Rousewell and Miss Mary Kerr are

FEATHERS WANTED

DOWN ONLY Highest Cash Prices Paid

WRITE JOHN MCKAY LIMITED THE FUR HOUSE KINGSTON, ONT.

spending a few days in Elgin. M. R. Kerr, Queen's University, spent Thanksgiving at his home here. Miss Margaret Fleming has returned home after visiting friends. Mrs. Noonan and daughter are leaving for Kingston where they will reside for the winter. D. J. Hughson spent the week-end in Ottawa. Floyd Chisolm and Fahey, Elgin, spent a few days with Vincent Murphy. Ducks are quite plentiful and many hunters are getting lots of them.

MOREWOOD.

Oct. 22.—Rev. H. E. Warren and family made a brief visit in Morewood on Saturday evening. A number attended the Red Cross tea at O. Dillabough's on Thursday, and at Mrs. J. Wert's on Friday. Miss Wilson is suffering from a severe attack of bronchitis. Mrs. (Rev.) Elliott and little niece, Evelyn, spent Monday in Smith's Falls. Rev. W. A. Wilson, Ottawa, was a guest at the Methodist parsonage this week. The Mission Band of the Presbyterian Church gave an entertainment in the hall on Friday evening. Mrs. (Rev.) Elliott received the news Friday at noon of the death of her cousin, M. Bowes, who died very suddenly in the hospital in Smith's Falls. Mrs. J. Moore spent Thursday afternoon at Mr. and Mrs. M. Wilson's. Mrs. Moake, Lunenburg, is a guest at the home of Mrs. E. Gardner. Rev. Mr. Kettwell preached in the Methodist Church Sunday evening.

WASHBURN'S CORNERS.

Oct. 22.—Robert Moulton, a former resident here, now living near Addison, was taken violently ill on Monday last. There are few hopes for his recovery. Mr. Laynie and his sister, who were tipped out of an auto near here, escaped unhurt. The farmers here are ploughing.

An interesting meeting was held by the Woman's Institute in the town hall, Delta, on Wednesday, at which the members of Athens and Elgin Institutes were entertained. Little "Pat" Swayne, of Athens, was knocked down by an auto on Wednesday, and was hurt quite badly. Mrs. Saulsbury, Saratoga, N. Y., is visiting her brother, John Lovern.

A. A. Crawford, teller in the Merchants Bank, Athens, last week enlisted at Montreal in the heavy artillery for overseas service. W. Greene has returned to his home in Medicine Hat, after several weeks' visit with friends and relatives. Mr. and Mrs. Joshua Moulton left on Monday to attend the funeral of his nephew, the late Olga Webster, who was hurt quite badly. Mr. Hamilton, who practised in Athens for several years, and who went to England last summer, is now resident surgeon at the Swansea hospital in Wales. John Morrison, South Mountain, is calling on old neighbors and friends. Friends received word this week of the safe arrival at Plymouth, England, of Hubert Cornell, who went with the 8th Canadian Mounted Rifles.

WILTON.

Oct. 23.—Death has claimed another old and respected resident, William Walker, who passed away last evening. Mr. Walker had been in failing health for some time, and became worse on Tuesday, not regaining consciousness during the ambulance ride. H. D. Wemp and Mrs. Wemp went to Verona on Wednesday to attend Mrs. Wemp's sister's wedding. The Johnston Comedy played to crowded houses the three nights it was here.

Lennox & Addington

BATH.

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The Red Cross Society is doing excellent work. Friday evening it gave a social at the home of Mr. and Mrs. K. N. Storms. The silver collection amounting to \$13.35. The Society was able to send away \$100 from the Trafalgar Day canvassing.

Mrs. Ward, Moscow, spent a few days with Mr. and Mrs. W. H. Nelson this week. Mrs. C. A. Baker, Moscow, visited at W. Forsyth's on Tuesday. Mrs. Frances Ward visited her sister, Mrs. J. B. Sanderson, Yarker, this week. Mrs. R. Miller and Miss F. Lake have returned from a visit at Oliver Asselstine's, Chatham.

POLICE HAVE ODD THEORY

Think Watchman Started Fires in Church To Discover Them.

Montreal, Oct. 25.—Believed by the police to have fired Lachine Roman Catholic Church several times with the intention of discovering the cause and proving his watchfulness, George Lihania, caretaker, has been placed under arrest. He is charged with arson in connection with the destruction of the church which was valued at \$250,000. Lihania "discovered" three fires in the building, but the last, which gutted it, had got beyond control before being "found." He appeared in the police court and pleaded not guilty to the arson charge.

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Striped voile trimmed with black velvet ribbon in an original way to give it novelty.

There are so many original details to be added to the cotton voiles of cheaper quality that it is an easy matter to rescue them from commonplace. It requires only 5 1/2 yards of 44-inch material to reproduce this model in medium size. Four yards of 4 inch velvet ribbon will be needed for the skirt and 2 1/2 yards about 1 1/4 inches wide for the

Pictorial Review Costume No. 6247. Sizes 32, 34, 36, 38, 40 and 42 inches bust. Price, 15 cents.

Above Patterns can be obtained from **NEWMAN & SHAW, Princess Street.**

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IVORY SOAP 5 CENTS 99 1/2% PURE IT FLOATS

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GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table.

IN EFFECT MAY 30TH, 1915.

Trains will leave and arrive at City Depot, foot of Johnson street.

Going West.

No. 19—Mail	12.20 a.m.	12.51 a.m.
No. 12—Fast Exp.	2.58 a.m.	3.55 a.m.
No. 21—Local to Tor.	3.20 a.m.	3.54 a.m.
No. 1—Int'l. Ltd.	1.41 p.m.	2.12 p.m.
No. 7—Mail	3.04 p.m.	3.40 p.m.
No. 21—Local to Belleville	4.58 p.m.	7.37 p.m.

Going East.

No. 18—Mail	1.40 a.m.	2.17 a.m.
No. 16—Fast Exp.	2.58 a.m.	3.55 a.m.
No. 22—Local to Brockville	8.15 a.m.	8.50 a.m.
No. 14—Int'l. Ltd.	1.08 p.m.	1.38 p.m.
No. 28—Local to Brockville	6.53 p.m.	7.37 p.m.

Nos. 1, 7, 13, 14, 16, 18, 19 run daily, other trains daily except Sunday.

Direct routes to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.

For full particulars apply J. P. HANLEY, Railway and Steamship Agent, cor. Johnson and Ontario streets.

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Pacific Coast Tours VIA THE SCENIC CANADIAN ROCKIES

AT ATTRACTIVE PRICES Through Trains—No Change See that your ticket reads CANADIAN PACIFIC

"Nature's Exposition Route to the California Expositions"

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New Route to Western Canada

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Via North Bay, Cobalt and Cochrane

Fast Eastern—Quickest Road Bet

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Tuesday, Thursday and Saturday

Ar. Winnipeg 3.50 P.M.

Thursday, Saturday and Monday

Connecting at Winnipeg with G. T. P. train leaving 6.00 P.M. daily for Regina, Saskatoon, Edmonton and intermediate points.

Through tickets to Prince George, Prince Rupert, Alaska, Vancouver, Victoria, Seattle and San Francisco.

Timetables and all information from any Grand Trunk, Can. Govt. Ry., or T. & N. O. Railway Agents.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT.

Try a sample order and be convinced.

NOLAN'S GROCERY, Princess St. Phone 726. Prompt Delivery



The Up-to-date Shortening

There is only one reason why a woman should use anything besides Crisco as a cooking fat. That is because she never has heard of Crisco.



Crisco is just as economical as lard—and is better. It is much less expensive than butter—and is every bit as good.

It makes foods rich, tasty, and easy to digest.

It is the up-to-date shortening and frying fat. Housewives everywhere are trying it out with excellent results.

Made in new, sanitary, smelt factories at Hamilton, Canada

Century Salt

The Salt of the Century is "Century Salt"

Yes, you'll wisely get it. Modern, in the superior vacuum process used give it splendid flavor, whiteness and purity.

DOMINION SALT CO. Limited, Toronto.

SANTAL MIDY

CATARRH OF THE BLADDER

Relieved in 24 HOURS

Each Capsule bears the (MIDY) name & is assured of counterfeits.

No increase in Price.

Given Away FREE !!

Eight-Piece Kitchen Cutlery Set, given away free at our store for \$15.00 in cash trade.

Nearly 100 already have been given out, and everyone who received a set is more than delighted.

Ask for a card to-day and get one of these sets while they last. They also make an excellent Xmas Gift.

J. R. B. GAGE, Phone 549 234 Montreal Street.