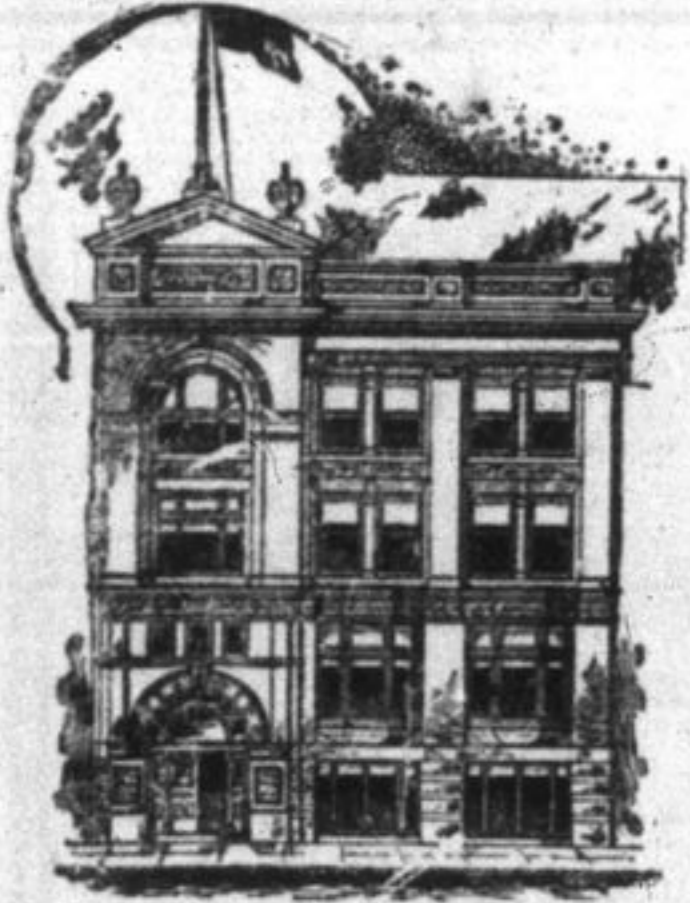


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THE SPIRIT OF PROGRESS.

In every community there are two spirits at work, the old and the new, and it is interesting to notice their struggle for the mastery. The old spirit represents all that is selfish in human nature. The new spirit represents an honest desire for the public good. It is at the back of all successful community building.

Study the cartoon in this day's Whig, and see how accurately the artist has delineated the contest between these two spirits. It takes the form of a game of checkers in which two men are engaged. The old spirit has played with the assurance of success. He realizes that his opponent is winning and his is the expression of a defeated power.

The point of the cartoon will be appreciated. Every citizen has to do with the building up of his community. He can help or hinder in this work as he is inclined. On every move success or failure depends; and so it behooves him to play carefully. The spirit of progress can only assert itself when the leaders in the community are wise and discriminating, and give evidence of the large mindedness that shows itself in successful public service.

POLITICAL CONSPIRACY.

It is a placid mind that can pass over the happenings in Great Britain these days without expressing anxiety. The London Chronicle charges that for months there has been a political conspiracy and one having for its object the retiring of certain members of the Government. To guard against the possibility of disaffection or disaster through party Government a coalition was formed of some of Britain's brightest men, and to no purpose. The men who had a personal object to serve, and chief of them, Lord Northcliffe, have simply continued their attacks until at last they have caused trouble.

The illness of the Premier, that stalwart figure, whose counsel is so influential generally, and whose logic is so convincing, has steepled public opinion for the time being, and may have the result of defeating the plot. It is almost inconceivable that one designing man can, in the name of patriotism, disturb the masses as Lord Northcliffe has done; and it is appalling to contemplate what his programme involves—the retirement of Mr. Asquith, Mr. Balfour, Sir Edward Grey, and Lord Kitchener, from office.

A remark by the late Abraham Lincoln has come down through the years with an ever-increasing meaning, namely, that it is bad business to swap horses while crossing the stream. It is surely bad business to think of an election while the war is in progress, with the radical change of policy which is implied in the call of Lord Milner and Sir Edward Carson to the places which have been occupied by Mr. Asquith, Sir Edward Grey, or Mr. Balfour. Milner favors an abandonment of the Gallipoli campaign and the concentration of the military power of Britain upon the Balkan situation. Lloyd-George, the one man that the conspirators feel they must have, as Premier would help on conscription and give it effect, and one revolts at the idea of his participation in anything that would humiliate the venerable leader whom he has followed thus far with unflinching fidelity.

Truly the whole outlook is a serious one, and very depressing when it is remembered that it is the culmination of the greatest political revolution that has ever been con-

templated. Some of the men in the Government may have made mistakes, but they are the best men that the nation has afforded and they have put into the campaign their best judgment and thought. The removal of Kitchener and Grey and Asquith, and Balfour, at this juncture, is suggestive of the treason that has always been regarded as the foulest of all crimes and worthy of the severest punishment.

THE RUIN OF REPUTATIONS.

Wars have made and unmade the reputations of some men. In the field of successes of Joffre and the failures of Hamilton illustrate this point. Joffre, on his merits, and from comparative obscurity, forged his way to the front, and occupies the first place in the regard and affections of his people this day. He fills the place of supreme commander to perfection. Sir John French also holds his own as a careful director of the British troops, and promises to emerge from the campaign an idol of the Empire. Sir Ian Hamilton returns from the Gallipoli Peninsula in order to report, and the fact that Gen. Monro takes his place recalls the experience of Buller and Roberts in South Africa. Success in war is not the result of accident or luck, but of superior judgment, of a sort of prescience which carries one over every difficulty.

The experience of the general is the experience of the statesman in a different sphere or relationship. The careers of several public men are in jeopardy at the present time. Churchill, the bold, the audacious, saw his mistakes in the Admiralty Office and left it without a murmur. His confidante, Lloyd-George, had the aristocracy during his advocacy of social reforms bitterly against him and panting for his political life; he saw the democracy in a spirit of admiration as he rose above the clamors of the day and bulked out as one of the greatest men in Britain. To-day the Minister of Munitions is looked on askance by the anti-conscriptionists and they would willingly sacrifice him in order to defeat his plans. He does not advocate conscription, but he will not hesitate to accept it in order that victory may be assured.

The great Asquith is ill, Sir Edward Carson retires from the Government, and Lord Curzon contemplates the same act. The Northcliffe press clamors for a new leader of men and of Government. Apparently there are some people in England who, for their own purposes and ends, would be willing to invite great dangers to the State by a change of Government and a dissolution of Parliament at the present time. Apparently there are politicians who, in order to serve their own ends, would be willing to cast everything into the melting pot, and take their chances upon the result. Verily these are times in which the reputations of men are at stake, and some of them may be very seriously injured.

EDITORIAL NOTES.

The parades of the military through the cities are the greater incentives to recruiting. Realizing that this is the case it is strange that the people do not see more of the troops in marching order.

A Roman Catholic may not be a tenderer for a contract on the public school in Toronto. So the Board of Education has decided. There is not so much injustice in this when it is remembered that no Protestant is allowed to tender for the work on a Catholic school. Why should these things be?

The Toronto Telegram berates the Government because it fails to produce any comprehensive scheme for the caring of the returned and disabled soldiers. It refers its difficulties to commissions, and in this way shows that it is unable or unwilling to grapple with the issues of the hour.

So the misunderstandings have been removed and Queen's University may be allowed to recruit a battery of artillery. In reply, it may be said that these misunderstandings should not occur, and because of them the public distrust and discontent is gaining headway. They may reach a head presently.

"The spread of from 8c to 10c per bushel" is stated by the Manitoba Grain Growers' Association to be too great between Minneapolis and Winnipeg. It causes a great unrest among the western farmers. "Free wheat" is the resultant demand, and the Government is said to be considering it. Well it may.

KINGSTON EVENTS 25 YEARS AGO

The Comte de Paris paid a visit to Kingston to-day, and left on the steamer Maud for a view of the Thousand Islands. Burglars are busy at Portmouth. Two houses were gutted, but very little booty was received. A mischievous boy turned out the lights while a wedding ceremony was on in St. James' Church, and the Clergyman tied the knot in the dar-

PUBLIC OPINION

Ob, She Has. (Hamilton Spectator.) Mrs. Nellie McClung has decided that we must have a change in the personnel of the Flavelle Government at Toronto.

A Solemn Thought. (Toronto Mail.) No matter how bright the war outlook may appear in the Balkans, it is a reminder that the British Empire can never be sick unless it consents.

Change Of Occupation. (Windsor Record.) For hotelmen who may be forced

out of the business by the early closing order, we confess it is hard to suggest some other occupation, but existing is good.

Man Who Leads. (St. Thomas Times.) In a recent battle, Gen. Joffre was for nearly twenty-four hours without sleep or food. And yet some persons complain the higher officers have too easy a time.

Hitting Imperialism. (Ottawa Citizen.) The cause of imperialism is being assassinated in the house of its friends by the vicious conduct of the Northcliffe journals in London—not to mention the action of the Canadian Government, last session of parliament in increasing the customs tax on British goods coming into Canada.

Sleepytime Tales

How Richard Taught Dick. Once upon a time Richard and his dog, Dick, played hide-and-go-seek all day and at last Richard got tired of hiding and thought he would try and teach Dick to hide. So he asked his mother for a meat bone, hid it and then called to the dog, showed him the bone and told him to lie down beside it and stay there. Dick was glad to do so and when Richard tried to take the bone away he hung on to it and growled, not ugly but playful, and would not give it up. Richard saw that that would not do so he tried another way to teach him.

Richard told him to for he knew if he kept quiet, that when Richard found him he would get a nice piece of meat. So that was the way Dick was taught the game. Nearly every day they played together and they both thought it great fun. One day, several weeks after Dick had been taught to hide, Richard's father said "Dick is getting too fat. I wonder what makes him grow so fast." Then Richard told his father what he had been doing and his father laughed and said: "Well Richard, it is a wonder the dog has not eaten himself to death and I guess you had better teach him some other game which will not make him eat all the time." The very next day Richard began to teach Dick to play tag but Dick missed his game of hide-and-seek which he had begun to like very much. I wonder whether it was the meat or the prizes of meat that he got so often. What do you think?

"Low Cost of Living" Menu

Menu for Sunday

BREAKFAST: Baked Tripe, Creamed Potatoes, Rice Muffins, Coffee. DINNER: Fried Chicken, Cream Sauce, Mashed Potatoes, Bean Fritters, Pineapple and Cherry Salad, Calf Parfait. SUPPER: Scallope Salad, Corn Toast, Cake, Hot Chocolate with Whipped Cream.

stirring until smooth and then add a cup and a half of milk and keep stirring until thick.

Bean Fritters—Mix two cups of chopped beans with half a cup of milk, the same of flour, two eggs and a teaspoon of baking powder. Fry in boiling fat. Pineapple and Cherry Salad—Mix a cup each of chopped marachino cherries and pineapple with a mayonnaise. Add a quarter of a cup of chopped nuts and serve on crisp lettuce.

Cafe Parfait—Whip one cup of cream; add a cup of very strong coffee, a cup of powdered sugar, and turn into a mould. Pack with salt and ice and let stand three hours. Unmould and serve.

SUPPER: Sardine Salad—Drain the fish, place on lettuce and pour over a dressing made by mixing the oil in which the fish was packed with two tablespoons of tarragon vinegar and a little dry mustard.

Corn Toast—Boil one cup of corn, half a cup of milk, a pinch of soda, and thicken with a little dissolved flour. Have ready thin slices of buttered toast and pour over it the hot corn.

Menu for Monday

BREAKFAST: Baked Apples, Omelette with Cream, Date Muffins, Coffee. LUNCHEON: Steamed Fried Chicken, Warmmed Over Potatoes, Cake, Cocoa. DINNER: Mexican Bean Soup, Creamed Cauliflower, Venison Steak, Baked Potatoes, Orange Salad, Steamed Graham Pudding.

night two cups of Mexican beans. Cover with cold water and boil five minutes. Drain and pour over two cups of boiling water. Add one chopped onion and allow it to simmer for three hours. Mash through a coarse sieve, reheat and season.

Venison Steak With Cumberland Sauce—Cut the steak in circular pieces and save the trimmings for the stock. Sauté in hot buttered frying pan and serve with the following sauce. Soak two tablespoons of citron cut in julienne shaped pieces, two tablespoons of glacé cherries and one tablespoon of Sultana raisins, in port wine for several hours. Drain and cook the fruit five minutes in one third of a cup of port, add half a tumbler of currant jelly and, as soon as the jelly is dissolved, add one and a half cups of brown sauce made from the stock.

Orange Salad—Slice the oranges very thin and serve with a dressing made by boiling together a cup of water and a quarter of a cup of sugar, five minutes. Cool and add the juice of half a lemon.

Steamed Graham Pudding—Mix one cup of milk with three quarters of a cup of molasses, three cups of graham flour, half a cup of raisins, a teaspoon each of cinnamon and nutmeg, and a teaspoon of baking powder. Turn into a buttered mould and steam three hours. Serve with whipped cream to which has been added two tablespoons of sherry.

BREAKFAST.

Date Muffins—Use a cup and a half of flour mixed with half a cup of chopped dates, a teaspoon of baking powder, one egg and a cup of milk. Bake in gem pans in a moderate oven.

LUNCHEON. Steamed Fried Chicken—Blanch in a steamer pieces of fried chicken left from last Sunday's dinner. When hot, pour over a sauce made by melting a tablespoon of butter, and when hot stir in a tablespoon of flour. To this add a cup of milk slowly and boil until it thickens.

DINNER. Mexican Bean Soup—Soak over

Rippling Rhymes

YOUR OWN TOWN I sing in the gloaming a dirge that is weird, while sparrows are combing the chaff from my beard. The theme of my ditty is tinsorn and snide—I'm roasting the city wherein I abide. Because I would slumber while others saved wood, I am a back-number, I haven't a success good. An object of pity, I stand by the pump, and swear that the city has gone to the dump. 'It's dead and decaying,' a man has said, 'and no show.' I always am saying, as sadly I go, to scout for a handout from some kitchen wench; for I am a fanned-out—I'm back on the bench. But here in this city, which sees my distress, the chaps who are gritty have made a success. They say it's a daisy, a town full of vim, but men who are jany can't get in the swim. Life's trodden me under until I am lame, and sometimes I wonder if I am to blame. If fellows less witty, less gifted than I, can thrive in this city, disgusted hired girls for a meal? The answer has terror and awe in my sight—that I am the error; the town is all right!

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