

HER DREAMS CAME TRUE

Life Unbearable from Indigestion Health Restored by "Fruit-a-tives"



MELLE C. GAUDREAU

"I suffered for many years with terrible Indigestion and Constipation. I became thin and miserable. I had frequent dizzy spells and became so run down that I never thought I would get well again."

A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve and he advised me to go on with 'Fruit-a-tives'.

I continued this medicine and all my Indigestion and Constipation was relieved. I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from Indigestion, Constipation or Headaches, try 'Fruit-a-tives'. Give this lovely fruit medicine a fair chance and you will get well the same as I did!"

CORINE GAUDREAU.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT. Try a sample order and be convinced. NOLAN'S GROCERY, Princess St. Phone 720. Prompt Delivery

Good Spirits

can only be enjoyed by those whose digestive organs work naturally and regularly. The best corrective and preventive yet discovered for irregular or faulty action of stomach, liver or bowels, is known the world over to be

BEECHAM'S PILLS

Sold everywhere. In boxes, 25 cents

Coal

The kind you are looking for is the kind we sell.

Scranton Coal

is good Coal and we guarantee prompt delivery.

BOOTH & CO., Foot of West St.

La Grippe

Pneumonia and Colds exhaust in the short period of their course more of the nerve tissues of the body than weeks of hard work. After them take

Asaya-Neural

THE NEW REMEDY FOR Nervous Exhaustion which contains Lecithin (concentrated from eggs), the form of phosphates required for nerve repair.

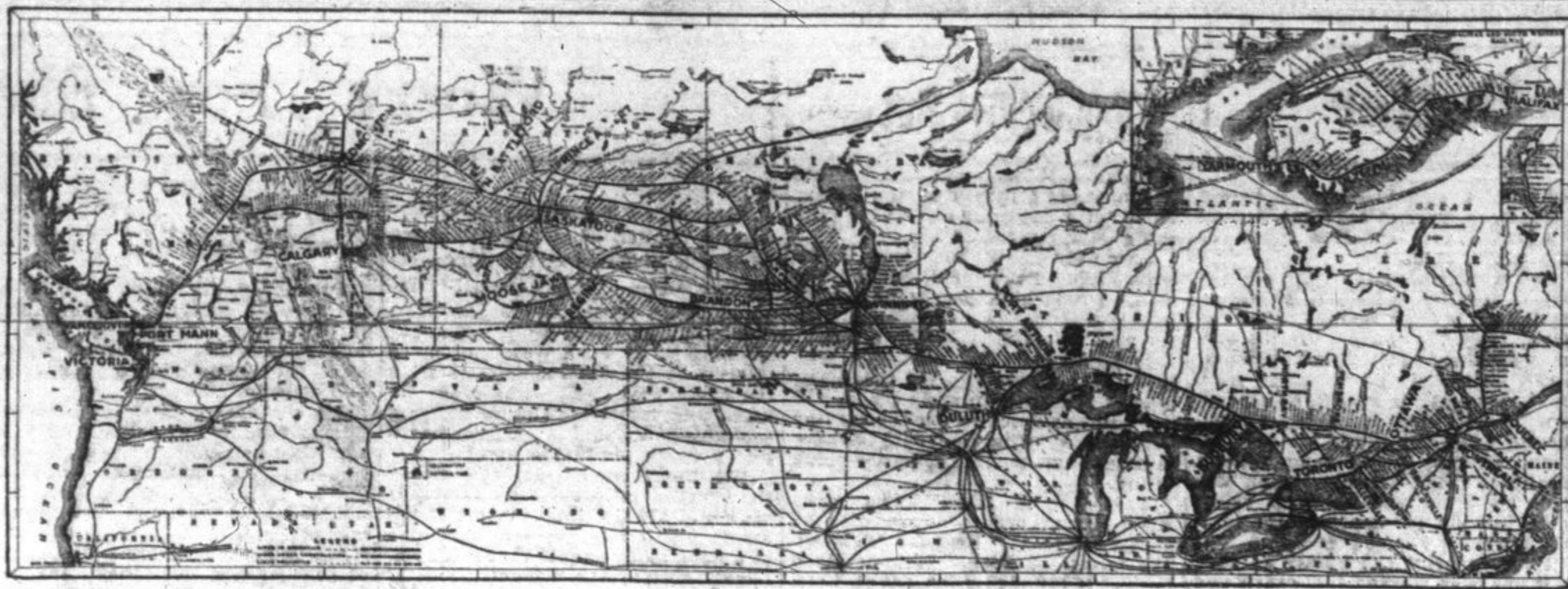
Bulk Oysters

Dominion Fish Co. PHONE 526.

SOWARDS Keeps Coal and Coal Keeps SOWARDS.

After a short stay at Tsarskoye-Selo, the Russian Emperor left on Friday for the front. He was accompanied by Crown Prince Alexia.

Canadian Northern Railway Chronology



1896 - Construction commenced, north from Gladstone in Central Manitoba upon first mile of line of the system. 1897 - Gladstone, Winnipegosis section opened for traffic, January 3rd, 123.4 miles. 1899 - Canadian Northern Railway Company incorporated 252.6 miles in operation at close of 1899. 1900 - 477.8 miles in operation at end of year. 1901 - Northern Pacific Railway lines in Manitoba, acquired, 854.3 miles in operation at end of year. 1902 - Winnipeg-Port Arthur line opened for traffic, 1296.9 miles in operation. 1903 - Great Northern Railway and the Chateaugay and Northern Railway in Quebec acquired. Construction commenced on lines in Nova Scotia. The Halifax and South Western Railway. 1904 - 1923.3 miles in operation at end of year. 1905 - Main line, Kamack to Edmonton, opened for traffic 546.3 miles. Brandon entered by line from Portage la Prairie. 2846.9 miles in operation at end of year. 1906 - Qu'Appelle, Long Lake and Saskatchewan Railway - Regina-Saskatoon-Prince Albert, acquired. Toronto to Parry Sound line opened for traffic. 3508.6 miles in operation. 1907 - Lines in Nova Scotia opened for traffic. 3640.5 miles in operation. 1908 - Brandon-Regina line opened for traffic. Toronto-Sellwood line through Parry Sound and Sudbury opened for traffic. Quebec and Lake St. John Railway acquired. 1909 - 1923.3 miles in operation at end of year. 1910 - 4361.0 miles in operation. 1911 - Saskatchewan-California line opened for traffic as far as Rosetown, Saskatchewan. Duluth, Rainy Lake and Winnipeg Railway acquired - Fort Frances to Virginia. Central Ontario Railway acquired. Hawkesbury-Ottawa line opened for traffic. 4559.6 miles in operation. 1910 - Saskatoon - Calgary line, extended to Kinderley. Prince Albert - Shellbrook line opened. Bay of Quinte Railway; Brockville, Westport and Northwestern Railway; and Iroquois, Bancroft and Ottawa Railway acquired. "Royal" line Atlantic Steamship Service inaugurated. 1911 - Vegreville - Drayton, North and South line in Alberta opened for traffic. Hudson's Bay Junction-Le Pas line opened for traffic. Toronto-Ottawa line opened to Deseronto. 6431.7 miles in operation. 1912 - Edmonton - Athabasca Landing line opened for traffic. 1913 - 6967.5 miles in operation. 1914 - Last spike driven in Montreal - Port Arthur line, January 1st, at Little White Otter River. Saskatoon - Calgary line opened for traffic. Toronto - Ottawa line opened for traffic, giving connection between Montreal, Quebec and points in Quebec Province. 7358.2 miles in operation at end of year. 1915 - January 23rd, last spike driven at Basque, B.C. 182 miles east of Port Mann in transcontinental line between Quebec and Vancouver. Approximately 10,000 miles in operation.

The Newest Notes of Science

London has a laboratory devoted to the study of ozone. Codfish are dried, ground into powder, and made into bread in Iceland. Strong tea will remove many kinds of fruit stains from a person's hands. A substitute for absorbent cotton is made in Germany from pure pine cellulose. A Virginian has patented a chemical process for rendering salt proof against dampness. A man that weighs 150 pounds contains enough grease to make 75 candles and a pound of soap. Some of the salt mines in Poland have been worked uninterruptedly for more than 600 years. A new sea anchor for lifeboats has an attachment to be filled with oil to quiet rough water. Copenhagen has established a permanent exhibition of devices to prevent accidents to workers. Turquoises can be restored to their fine color by immersion in a solution of carbonate of soda. With wireless apparatus swift trains have been stopped within 300 yards by British experimenters. A Massachusetts man has patented pads to be worn inside trousers to keep their knees from bagging. An Englishman has invented a fly-killing instrument that works with a trigger, and resembles a pistol. An Illinois inventor has patented a guitar with two sets of strings on which one person can play duets. Electrical apparatus to determine the range and tone of human voices has been invented by a German woman. A combination ladder and scaffold with many uses, that folds as compactly as a step-ladder, has been patented. A pitcher for champagne which has a compartment for ice to cool its contents has been invented by an Englishman. Skates with adjustable plates that enable them to be fitted to feet of almost any normal size have been invented. Serbia leads the nations for centenarians in proportion to population, with Ireland ranking next, and then Spain. California produces all the borax mined in the United States, which, with Chili, leads the world in the industry. A wealthy native of India has given

en a fund of \$5,000 a year for fifteen years to aid in suppressing tuberculosis in Bombay. A fairly accurate sun-dial has been invented that can be held in the hand and adjusted to tell the time in any latitude. Cannon loaded with sand have been found effective in breaking up swarms of locusts that frequently appear in Costa Rica. Rubber tubing can be kept from deteriorating when not in use by storing it in water to which a little salt has been added. An Englishman has invented a machine that turns the rims and bores and finishes the hubs of wooden wheels at the same time. A flower vase that cannot be spilled, to keep a corsage bouquet fresh while being worn, has been invented by a French woman. A pickpocket alarm has been invented that rings a bell when anything of value is taken from a pocket by an unauthorized person. The dust raised by automobiles has been blamed by medical authorities for an increase in pulmonary diseases in the Philippines. Operated by a treadle, a combination grip-spring and emery wheel has been patented, the stone serving as a flywheel for the other. A German scientist has demonstrated that radium has a marked effect on woody plants, even forcing them to bud in dormant seasons. A Chicago inventor's burglar-proof window sash is provided with bars that rise from within the window frame as the sash is lifted. A practically acid-proof alloy has been invented by a German chemist who has added small amounts of molybdenum and chromium to iron. A shoe has been patented that laces in the front, but has an elastic section at the back so that it can be removed without unlacing. For jewelers an Englishman has invented a magnifying glass to be attached to spectacles that can be swung to one side when not in use. A paste made of powdered resin and wood alcohol is useful as a soldering flux in electrical work, and will prevent the joint corroding. In seeking game fish Japanese fishermen use lines made of wild cocoon silk, which is translucent and practically invisible in the water. To prevent the misuse of motor trucks a device has been patented that automatically checks their speed if driven faster than a set rate. Hong Kong has been provided with a wireless station with a radius of from 500 to 700 miles in daytime and more than 1,500 miles at night. A rubber stamp to be strapped to the palm of the hand to date eggs as they are taken from the nests has been patented by a Minnesota inventor. Two English physicians are experimenting with a parasite with which they hope to exterminate the flies of their country within a few years. Experts have estimated the available water power of the streams of the United States all the way from 31,040,000 to 50,140,000 horsepower. Wireless apparatus for spherical balloons that a German has invented uses loops of wire that encircle the gas bags vertically for antennae. Electric fans have been designed to keep the rollers of printing presses cool or to ventilate press rooms when the presses are not running. Some of the 150,000 horse-power available at the Assuan dam in Egypt will be used for the production of atmospheric nitrogen by electricity. A Colorado inventor's electric bat iron is propelled by a motor driven roller, an operator having only to control the current and guide it. Easily attached to "or detached from a window sash" a wire screen has been patented that is rolled or unrolled as a window is closed or opened. German railroads have found that the maintenance of electric locomotives is more economical than oper-

CHILDREN HATE PILLS, CALOMEL AND CASTOR OIL

If Cross, Feverish, Constipated, Give "California Syrup of Figs." Look back at your childhood days. Remember the "dole" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them. With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them. If your child's stomach, liver and bowels need cleansing, give only delicate, "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given to-day saves a sick child to-morrow. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Beware of counterfeits sold here. See that it is made by "California Fig Syrup Company." Refuse any other kind with contempt.

BRITAIN'S "GOLDEN BULLETS."

One of the features of Chancellor McKenna's budget was the announcement that advances to the Overseas Dominions and to Allies amounted to \$2,250,000,000. Of the advances to dominions Canada has received \$100,000,000 and Australia about as much. Almost an entire two thousand millions has gone to aid Britain's European Allies. One of the latest transactions of the kind is the discounting in London of \$100,000,000 of Russian Treasury bills. Italy, Serbia, Greece, Belgium and other small Allies are being accommodated from Threadneedle Street. By the time the war is ended every one of her Allies will be heavily in debt to Britain, and this condition will go far to prevent any diminution in London's importance as the world's money centre. The war is likely to be over before Britain feels a strain approaching in severity that to which she was reduced in financing the Napoleonic wars.

THE ZEPPELIN FIRE BOMB.

An interesting description of incendiary bombs and how to deal with them has been prepared by the British fire prevention committee. It has been printed as a placard for posting in public institutions or private houses alongside the instructions for using the fire extinguisher. The usual fire-bomb dropped by a Zeppelin is of conical shape, the diameter at the base being about ten inches. It is wrapped round with inflammable cord, which gives it rather a nautical appearance, enhanced by a handle at the apex for lowering it over the gunwale of the airship—if airships have gunwales. The base is a flat cup, and from this to the handle runs a hollow metal funnel forming the centre and business part of the bomb. The centre funnel is filled with thermite. Thermite is a preparation which on ignition produces a heat so intense as to melt steel. Many people go home late in Manchester have seen it in use welding together the ends of the tramrails. The ignition of thermite creates a tremendous glare of light, and the heat melts the metal funnel. The molten metal spreads when the bomb strikes. It sets up at once a fierce fire. If it strikes anything combustible, but at the beginning it is only a small fire, and if it is tackled at once with water it can be put out before it does any damage to speak of.

COMMENTS BY ZACCHUS.

Avoid Conscripting by Voluntary Enlistment, He Says. A—A good way to avoid conscription is to enlist voluntarily. B—Be among those who help stay the mad giant in his onward rush. C—Constantinople or death! D—Dardanelles draughts never go back. E—Embracing the great Achi Baba fort is a matter of time only. F—Fortune favors the brave. G—Geography is hard to teach just now, all but those big "red patches" which are everywhere and shall continue to be even though the heavens may fall. H—How mean to give a man \$50 for beating a pig, and only \$2 for beating his wife. I—Ill interpretation is worse than no law at all. J—Jennings Bryan was going to ask the Kaiser to be good for his

Baby's Cure Just Wonderful!

Was Wasting Away for Want of Nourishment. Just Seemed Like Skin and Bone. Months of Treatment of No Avail. Afterwards Completely Cured by DR. CASSELL'S TABLETS.

That Dr. Cassell's Tablets are as suitable for the youngest child as for adults will be evident to all Canadian mothers when they read the following true testimony. "I am so delighted with Dr. Cassell's Tablets that I don't know how to praise them enough. I am quite sure they saved the life of my little baby." So says Mrs. Emma Martin, a happy young mother, residing at 28, Edward-street, Hesse, Hull, England. And she goes on: "Baby was only a few weeks old, poor little girl, when she fell ill, and nothing that we could do for her was of the slightest use. For months she was under treatment, and had ever so many bottles of medicine, but she only got worse. Nothing would remain on her stomach, she was just wasting away for want of nourishment. We had all sorts of infants' foods for her, but it was always the same; poor little Marjory could do nothing with them. Whatever we gave returned almost at once. "We were told it was very severe dyspepsia, and that there was nothing to do but persevere. We did persevere, I am sure I did everything I could, but all the time my child was getting thinner and thinner till she seemed just skin and bone. She looked like a little shrivelled-up old woman. At last we lost hope altogether, and quite made up our minds that baby could never recover. Every body who saw her thought the same. She was positively dying of starvation, poor little mite, for no food at all agreed with her.

STOMACH TROUBLE

So bad they thought it was hopeless. "I am sure I can never sufficiently praise Dr. Cassell's Tablets; they were the means of saving my baby's life. So says Mrs. Bates, of 2, Queen-street, Quarry Bank, Brerley Hill, England, and her praise will be echoed by every Canadian mother who has ever used Dr. Cassell's Tablets.



Mrs. Bates continued: "Baby had not been strong from birth, and when he began cutting his teeth he got ever so weak and ill. First, there was a breaking out on his little body, and then he just seemed to waste away before our eyes. We were told it was severe bowel trouble; but though everything possible was done to save him, poor baby appeared to be beyond hope of recovery. He was always in pain, with severe bowels, and he got so thin that you could have almost blown him away, as the saying is. Whatever kind of food we gave him returned. He was very restless, and hardly got any sleep. We were constantly in fear that baby would die when we were not watching. We had sat up with him all one night, when next day, by a lucky chance, we read about Dr. Cassell's Tablets, and at once sent for some. Very soon there was improvement, the stomach stopped and the diarrhoea, and from that time baby got better and better, till now he is as well as any child could be."



"That was the position when my sister sent me one of Dr. Cassell's books, and in it I saw the story of a baby cure when cure seemed hopeless. I got Dr. Cassell's Tablets at once, and after a dose or two my child could retain food. Oh! how glad I was! From that time it was just wonderful how she improved. She grew bigger and bonnier every day, till now, at fifteen months old she is just a little picture of health, as well as any baby could possibly be. I know it is all due to Dr. Cassell's Tablets, and I shall never cease to praise that health-giving preparation."

LARGEST SALE IN BRITAIN.

Popularity Now World-Wide. Surely the honest truth, as set out in the above authentic testimony, is sufficient to prove that Dr. Cassell's Tablets will do all that is claimed for them and effect cures even in severe cases. Guaranteed perfectly safe for even the youngest babe, Dr. Cassell's Tablets are a reliable remedy for Nervous Breakdown, Nerve Failure, Infantile Weakness, Neurasthenia, Sleeplessness, Anæmia, Kidney Trouble, Dyspepsia, Stomach Disorders, Wasting, Emaciation; and they are especially valuable for nursing mothers and girls approaching womanhood. All druggists and storekeepers throughout the Dominion sell Dr. Cassell's Tablets at 50 cents. People in outlying districts should keep Dr. Cassell's Tablets by them in case of emergency. A Free Sample will be sent on receipt of a note for mailing and packing by the Sole Agents for Canada, H. F. Ritchie and Co., Ltd., 16, McCaul-street, Toronto, Ont.