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MAKES PERFECT BREAD

Enables housekeepers and others to produce the finest quality of Home-made Bread without trouble. Bread made with Royal Yeast will keep fresh and moist longer than that made with any other.

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enables you to find out the names of the world to communicate direct with English

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in each class of goods. Besides being a complete commercial guide for the London and its suburbs the Directory contains lists of

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THE LONDON DIRECTORY CO., LTD.
25 Abchurch Lane, London, E. C.

An Easy Way To Get Fat And Be Strong

The trouble with most thin folks who wish to gain weight is that they insist on dragging their stomach or stuffing it with greasy foods; rubbing on useless "flesh creams," or following some foolish physical culture stunt, which will not only fail to increase the real cause of thinness, but will injure the system and render the food they eat.

There is a preparation known to reliable druggists almost everywhere which seemingly embodies the missing elements needed by a digestive system to help them convert food into rich, fat-laden blood. This modern treatment is called Sargol and has been termed the greatest of flesh-builders. Sargol allows through regenerative and reconstructive powers to the stomach and intestines to literally soak up the fattening elements of your food and pass them into the blood where they are carried to the starved, brook-down cells and tissues of your body. You can readily picture what result this amazing transformation should produce. With increased weight the cheeks fill out, hollows about the neck, shoulders and bust disappear and from 10 to 20 pounds of solid healthy flesh is added to the body. Sargol absolutely harmless, inexpensive, efficient. All druggists or direct from the manufacturer. Increased weight of this vicinity have it and will return your money if you are not satisfied, as the guarantee is in every package.

NOTE—Sargol is recommended only as a flesh builder and while excellent results in cases of nervous indigestion, etc., have been reported care should be taken about using it unless a gain of weight is desired.

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Try this Free Prescription.

Do your eyes give you trouble? Do you already wear glasses that are "specs"? Thousands of people wear these "windows" who might easily dispense with them. There is one of these, and it is your duty to get one of these. It keeps your eyes bright, and it is your duty to get one of these. It keeps your eyes bright, and it is your duty to get one of these. It keeps your eyes bright, and it is your duty to get one of these.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT.
Try a sample order and be convinced.

NOLAN'S GROCERY,
Princess St.
Phone 720. Prompt Delivery

LIST OF PRIZE WINNERS AT THE PARHAM FAIR

The following list of prizes awarded at Parham Fair, Sept. 21st and 22nd:

Horses.
Stallion four years old and over, H. D. Martin and Challice; Stallion four years old, R. W. Potter, W. J. Lyons; Brood mare with foal, G. P. George R. Howes, R. Botting; Colt G. P. three years old, D. Drew, Thomas Howes; Colt G. P. two years old, J. Cronk, W. Cornwall; Colt, G. P. one year old, Thomas McEwen, The one year old, Suckling colt, G. P. 1915, J. N. Smith, J. Cronk; Colt, three years old, O. R. Clow, William Miller; Colt, C. two years old, W. E. Clow, D. Drew; Colt, C. one year old, R. H. Smith. Suckling colt carriage, H. Charlton. Brood mare with foal, H. D. Thomas McEwen, Jr. Colt three years old, H. D. D. Drew, Ross Howes; Colt two years old, H. D. G. E. Howes; Colt one year old, H. D. A. B. Howes. Suckling colt 1915, H. D. Thomas McEwen, Jr. Colt three years old, William Miller, Arthur Cronk; Colt two years old, H. D. Drew; Colt one year old, H. D. Drew, J. N. Smith. Suckling colt 1915, G. R. Howes, R. Botting. Double team, G. P. E. Price, R. Howes. Double team, H. D. A. B. Howes. Double team Agr. J. Cronk, P. Kirkham. Double team C. under 15 hands, G. Myers, William Goodfellow; Double team, C. over 15 hands, Valulven Bros., M. Cronk. Single horse in harness, A. Reynolds, J. T. Stevens. Fastest carriage horse, T. G. Black. Best saddle horse, B. Charlton, E. K. Nedow.

Cattle.
Durham bull two years and over, A. B. Howes. Holstein Cattle—Bull one year and over, Arthur Cronk, Bull calf of 1915, W. Potter. Grade Cattle—Cow giving milk, A. Weese, Heifer, two year old, William Goodfellow. Heifer one year old, George Ayerst. Heifer calf of 1915, A. B. Howes, G. F. Howes. George A. Smith, William Goodfellow. Heifer two years old, E. K. Nedow. Heifer one year old, H. Charlton, B. Charlton. Heifer calf of 1915, G. F. Howes, H. Charlton.

Sheep.
Horn Dorsets—Ram two years old, and over, George Drew, Ram lamb G. M. Drew, G. M. Drew. Ewe two years and over raised lamb 1915, G. M. Drew. Ewe one year old, G. M. Drew. Ewe lamb, George Drew.

Sheep Long Wool Grades or Common.
Ewe two years old, raised lamb 1915, T. G. Black, T. G. Black. Ewe one year old, T. G. Black, T. G. Black. Ewe lamb, T. G. Black.

Sheep Short Wool Grades or Common.
Ewe, two years old, raised lamb 1915, T. G. Black. Ewe one year old, A. B. Howes, A. B. Howes. Ewe one year old, E. K. Nedow, A. B. Howes.

Swine.
Berkshire—Boar one year and under, Sow, one year and under, Sow and Pigs, Pair Pigs under six months all won by W. Potter. Chester White—Boar, one year and under, Sow, one year and under, H. Drew. Swine, Grades or Common—Sow one year and over, H. Charlton, Sow, one year and under, W. Goodfellow, T. G. Black. Sow and pigs, A. B. Howes. Pair Pigs under six months, A. B. Howes.

Poultry.
Turkeys, W. Potter, R. Howes. Ducks, J. Cronk, E. K. Nedow, Cock and hen Brown Leghorns, T. G. Black, Cock and hen Light Leghorns, George Ayerst, T. G. Black, Cock and Plymouth Rock Dark, W. Potter, Cock and hen Plymouth Rock Light, W. Potter. Cock and hen Wyandotte, H. Charlton, G. R. Howes. Cock and hen any kind, J. C. Hartway, G. R. Howes. Cock and hen Guinea, E. K. Nedow. Cock and hen, Black Minorcas, A. Reynolds. Cock and hen Rhode Island Red, W. Potter, William Goodfellow, Cock and hen Golden Campina, A. Weese, Pigeons, D. Drew.

Grain.
Fall Wheat, W. Potter. Spring Wheat, W. Potter, Ralph Botting. Peas, small, A. B. Howes, George Drew. Peas, large, W. Potter, George Drew. Oats White, W. Potter, George Drew. Barley 6 rowed, W. Potter, Thomas Howes. Fall Rye, H. Charlton, A. B. Howes, Buckwheat, George Drew, George Ayerst, Six ears Yellow Corn, Thomas Howes, J. Lowery. Six ears W. Corn, S. Ball, D. Drew. Six ears Corn any kind, Thomas Howes, R. H. Smith, Beans, large, white, W. Potter, A. B. Howes. Beans large Yellow, O. R. Clow, Beans small white, J. Cronk, George Drew. Beans small, yellow, George Ayerst, Timothy seed, home grown, H. Charlton, W. Potter, Flax seed, Ross Howes, Thomas Howes, Pop corn, George Drew, W. H. Clow.

Grain in Sheaf.
Spring fall and Goose Wheat, T. Howes, W. Clow, G. Howes, White Oats, George Ayerst, G. F. Howes, W. Clow, T. Howes, Rye, W. E. Clow, Thomas Howes.

Roots and Vegetables.
Red Potatoes, A. B. Howes, O. R. Clow, White Potatoes, O. R. Clow, J. N. Smith. Early Potatoes, A. B. Howes, Thomas Howes. Late Potatoes, O. R. Clow, Thomas Howes. Any kind, Thomas Howes, B. Charlton, Turnips, Thomas Howes, Red Mangels, George Wurtzel, J. N. Smith, Carrots Red, William Robson, W. Cornwall, Carrots Stock use, L. L. Benn. Sugar Beets, T. Ball, B. Charlton. Beets Turnip, W. Cornwall, B. Charlton. Cabbage White, B. Charlton, I. L. Benn. Cabbage Red, G. R. Howes, A. B. Howes. Red Onions, D. W. Cronk, J. N. Smith. Yellow Onions, L. L. Benn, A. B. Howes. Potato Onions, A. B. Howes, J. N. Smith, Watermelons, I. L. Benn, Musk Melons, I. L. Benn. Squash Table Use, W. Potter, W. Cornwall. Largest Pump-

JOHN MILLER AT REST

THE LIFE OF A KINDLY MAN AT AN END.
Had Lived in Harmony With the Theme of a Grand Old Hymn—He Was Born at Perth Road And Had Many Frontenac Friends.

The wreath of the "Grain Reaper" has one more flower and John Miller, Delisle, Sask., has gone from us. His illness lasting only a few days, prepared his family and many friends but ill for the going out on Wednesday, Sept. 22nd, of the life of the kindly man whom all loved, and the grief of Mrs. Miller, her two sons Clifford and Ross, and her three daughters Romana, Lillian and Virginia is shared in heavy measure by the sorrowing community.

The funeral service was held at the Union Church, in Delisle, on Friday, September 24th, and in spite of a steady drizzle of rain, there was hardly a family in the town and vicinity not represented. The anthem "Does Jesus Care," was sung by the choir. The hymns were "Jesus Lover of My Soul," "Asleep in Jesus," and "Sun of My Soul," the last a favorite with John Miller from his boyhood and the thought must have struck those who had been near to him that he who had passed through the Valley of the Shadow had lived in harmony with the theme of the grand old hymn and "the soft dews" had found him ready for the sweetness of eternal rest.

Rev. J. Macdonell, who assisted the service, took as the text of his sermon: "The Eternal God is thy refuge and underneath are the everlasting arms." (Deut. xxxiii., 27), which, while echoing the sympathy which lay deep in the heart of all, brought a ray of comfort when the bereaved ones were reminded that "God has marked each sorrowing day." Floral emblems from the High School, R. Shepherd, A. M. Lee, the Ladies' Aid, Mr. and Mrs. Frank Bonideson, and E. M. Fallens, combined with those of the family to make the casket beautiful. W. A. Edwards, undertaker from Saskatchewan, had charge of the funeral and the remains were taken to their last resting place in Delisle, and laid in a private ambulance car, followed by a long procession of cars and carriages of friends. The pallbearers were Messrs. J. Loucks, W. J. Loucks, James Gordon, R. Ramsay, R. I. Keeler and J. McPhail.

John Miller was born at Perth Road, Ontario, in 1859. It was there he spent his boyhood, and made his home until about four years ago. In 1911 he came west and settled on the farm on which he lived until death claimed him. His strong personality of the man, who said little but who kept within the depths of a fine manhood, a noble earnestness, a deep tenderness, and a real fellow feeling for others, touched for good each life with which he came in contact, and our grief is mingled with gratitude for the legacy of the plain but beautiful career of John Miller, whose life was an inspiration, whose memory a benediction.

DATES OF FALL FAIRS, 1915.

Issued by the Agricultural Societies Branch of the Ontario Department of Agriculture, Toronto, J. Locke Wilson, Superintendent.
Madoc Oct. 9
. Oct. 6-7

Australia's Great Offer.
Everyman, London.
It is good to learn that the Commonwealth Government of Australia is taking such a view to settling ex-soldiers on the land of Australia when the war is over. Of the total area of the Commonwealth, only about half is held or occupied, and only a very small portion has been actually disposed of by the State. All that is needed to bring immense areas of the country into profitable use, making home for thousands of families, seems to be the systematic construction of railways to serve the settlers, and the giving of State assistance and advice to enable the new comers to overcome the difficulties. This, we understand, is ready and waiting. Too, will be at hand when they come marching home. Thousands of men, at the conclusion of the war, will not desire to return to their former indoor occupations, but, having lived and worked the out-of-doors for a year or more, will seek opportunities for following healthy outdoor employment. This applies not only to the soldiers from the United Kingdom, but to many from the Overseas Dominions.

The Pull In Appointments.
Halifax Chronicle.
In the list of officers for the 85th Battalion of Nova Scotia Highlanders, announced on Saturday, appears the name of Joseph Hays, organizer of the Conservative party in Nova Scotia, who has been appointed chief medical officer of the regiment, with the rank—and of course, the pay—of lieutenant-colonel. The appointment of Mr. Hays to this important position, in which he will have entire charge of the health of the regiment, and the bestowal upon him of the rank of lieutenant-colonel, will astonish a good many people in Nova Scotia. What his medical qualifications are we do not know. All that we do know is that he is not engaged in the practice of medicine, but that, on the contrary, for a number of years he has been a salaried official—the secretary and organizer of the Tory party in this province—and that his whole time and energies, so far as the public are aware, have been employed in fighting the Liberal party in Nova Scotia.

Knew His Value.
There is an illustrator in Chicago who has lately been so beset with orders for work of various sorts that he has been obliged to enlist the aid of collaborators.
One young artist with whom he was negotiating asked:
"How much will you pay me a week to work for you?"
"I pay every man what he is worth," was the short reply.
The artist scratched his head reflectively. Then he picked up his hat to go. "No, old top," said he. "I can't work that cheap."

Baby's Own Soap



Its fragrance is pleasant but the great value of Baby's Own Soap is its creamy softening lather which cleanses and beautifies the skin.

A Baby's Own Soap Baby is not only "kissable" but seldom suffers from chafing or other skin troubles.

Doctors and Nurses recommend Baby's Own Soap.

Best for Baby. Best for You.

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THESE HOT DAYS You Cannot Be Too Careful With Your Milk.

Our Milk is thoroughly pasteurized, properly cooled, and delivered in sealed bottles.

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Three Grand Prizes

The highest awards possible for Columbia Graphophones and Records at the Panama World's Fair. This is our guarantee, backed by the World's Judges.

These long evenings will be brighter and happier for you with a Columbia Grafonola or a few new Records.

Treadgold Sporting Goods Co.,
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Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

AN INNOVATION IN VEST EFFECTS.



The one-piece frock has been called the first-aid to the well-dressed woman's wardrobe, and certainly it finds a conspicuous place among the modes for Fall. Checks and small plaids continue in fashionable request for these dresses, with trimmings of plain silk and velvet to enhance their faintness. The touch of novelty which this model boasts is achieved through the vest, which is continued down onto the skirt in a pointed section and trimmed with buttons of velvet. The front gored of the three-piece skirt are perforated to be cut away for the insertion of this pointed section, but if preferred, the front lap may be continued in a straight line to the top of the skirt, and the pointed section cut away from the vest.

In medium size the model calls for 3 1/2 yards 54-inch material, with 3/4 yard 40-inch silk for the collar, belt, cuffs and buttons.

The back gore is placed on the fold of material first, in cutting the dress and, contrary to usual custom, the lower edge of the gore is placed nearest the crosswise edge of the goods—that is, at the very beginning after the material has been folded in half. The front gore reverses this position, and has the waist-line pointing to the left of the center and the lower edge to the right. The front is laid near the lengthwise fold, but not on the edge, and to the right of this is the back, followed by the collar and belt, all on the fold.

To the right of the front gore, and on a lengthwise thread is the sleeve, with the side-front coming after the sleeve.

There are not any startling changes to the lines of one-piece frocks, but there is a growing tendency to favor more fitting lines, with a slight curve at the waist-line and, of course, a greater fullness in the skirt.

Belts of suede and velvet are to figure conspicuously in the trimming of plaid frocks, regardless of the material used.

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THANKSGIVING DAY
October 11th

SINGLE FIRST CLASS FARE.

Going Monday October 11th
Returning same date.

FIRST CLASS FARE AND ONE THIRD

Going Saturday, Oct. 9th, to Monday, Oct. 11th.
Returning until Tuesday, Oct. 12th.

For full particulars apply to J. P. Hanley, Railroad and Steamship Agent, cor. Johnson and Ontario Sts.

CANADIAN PACIFIC

THANKSGIVING DAY
Excursion Fares

Between all stations in Canada, Fort William and East to Salt Lake, Marquette, Mich., Buffalo and Niagara Falls, N.Y.

Single Fare, Good going Monday, October 11th, return limit Monday, October 12th, 1915. Minimum charge 25 cents.

Free and One-Third, good going October 9th, 10th and 11th, return limit Tuesday, October 12th, 1915. Minimum charge 25 cents.

Parade and Intermediate Points. A City Ticket Office, Conway, C.P. 1915, 1916 and Wellington streets. Phone 157.

THE TRANSCONTINENTAL

New Route to Western Canada

TORONTO—WINNIPEG
Via North Bay, Cobalt and Cochrane
Fast Equipment—Grand Road Bed

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Connecting at Winnipeg with G. T. P. train leaving 6:00 p.m. daily for Regina, Saskatoon, Edmonton and intermediate points.

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The Great British Remedy.
Tones and invigorates the whole system. Relieves all kinds of colds, coughs, croup, whooping cough, influenza, and all other ailments of the throat, chest and lungs. It is the only remedy that cures all these ailments. It is sold in all drug stores and is the only one that is guaranteed to cure.