## THE REALM OF WOMAN --- TOLD IN TWILIGHT



Douglas Nickle, who motored to Tohome on Thursday.

Miss Beatrice Sanderson, Royal street. Victoria Hospital, Montreal, is visiting her parents, Mr. and Mrs. George Sanderson, Barrie street.

Miss Margot and Miss Isobel Fraser, Union street, have returned home after being the guests of Miss Grace Morris in Pembroke.

street, motored to Toronto this week. for her home in Winnipeg. Mr. and Mrs. W. J. Crothers and the Misses Crothers, Earl street, have returned after spending the summer at "Glenlogie. Miss Harvey motored to town from on-the-Lake.

Lyndhurst on Friday. Miss Eleanor Minnes, "Hillcroft," has returned after spending two weeks in Brockville with her aunt. Mrs. Griffith.

waist?" gasped the buyer.

and erstwhile, then, here goes.

are the cotton ones.

cheap at the price?

devotion.

Mary McLelland, Earl street, left on

Miss Eleanor Powell, New York, is

Miss Lilian Macdonald. street, will leave on Monday for loque, spent a few days this week with Montreal to visit Mrs. R. N. Smyth, Miss Gwenneth Merrick, William all this in the face of circumstances

Dr. and Mrs. J. F. Sparks, Welling- | contrary, ton street, who motored to Toronto early in the week, have returned. Miss Agnes Johnston is in Gananoque for the week-end.

Miss Mabel Murphy, who was Miss Mr. and Mrs. John McKay, Syden-

Miss Madele Wilson, New York, is them. the guest of Mrs. T. R. P. Power, i Earl street.

proudly while the mother rests at home. If husband and wife are out together it'is in the husband's strong arms that the blessed baby is carried, to relieve the mother of this Minneapolis.

heavy burden. Really it is a remarkable change that has come about in Mrs. Aletha Gilbert. this respect within the last fifty

Investigations show that, women ing increase in their happiness, and sleep longer and harder than men Women are said to be just as prothat might seem to militate to the ficient as men in the game of chess. Only one woman in a thousand "This is the day of woman's ad- marries after she is 60 years old.

upon man she becomes self-support- vania.

have resented this intrusion. We have New Jersey have to work outside the even been told that men have been home for a living. less polite to women because some Kansas will have two women in have engaged in competition with the race for the United States sen-

the coming season Grass widows are barred from tak-

has been selected as the bride-to-be by Miss Ruth McCabe of Tacoma, shows no trace of its use of the Princess of Wales.

other city in the East. all the grooms in the famous Duryea inaugurated a campaign to get wdracing stables near Paris.

000 a year as deputy financial clerk Mrs. Henry T. Griffin, who has of Queens county, New York. Vassar college for girls will here- of education at White Plains, this after teach horticulture, landscape state, is the first woman to be electgardening, law and journalism. ed president of a similar board in

employing over 5,000 young women. ys, the famous French actress, is to A concerted effort is being made go shopping. The girl assistant in Philadelphia to have a woman ap- who accompanies her around the difpointed at head of the public-school ferent department stores is reward-

ratio is 3,074 men to every 100 wo- cooking, sewing and millinery, while The Massachusetts Federation of tional instruction in salesmanship, Women's clubs has a membership of typewriting, bookkeeping and short-

Massachusetts has 56,000 more delphia, recently covered the fivewomen than men because its textile mile marathon swimming course on industries employ a majority of fe- the Schuylkill river in one hour and male workers.

In Arabia, as soon as the bride a street car through the crowded

makes him presents of household 300 and 400 women conductors are called to the front.

fresh fish, 8 ounces of vegetables, 4 ment at Washington is done by a slippers to be sold at a charity auc-The medical department of Johnsl The Czarina Alexander Fedorov-Hopkins university—the most ad- na and two of her daughters have

es, and with scores of other titled United States-is open to women. Mile. Jacqueline Forsanne the ce- Russian women are working shoulder lebrated professional beauty of Paris, to shoulder with the daughters of

of the United States as compared of work than men. with 73,578 in 1913.

at Gainesville, Tex. Over 4,000,000 women are expect- who have agreed to give her \$3 a ed to be in attendance at the first week and \$10,000 in cash at the convention of women voters to be death of the couple.

Pennsylvania divorce laws are ford (O.) College for Women, and more lax than those of most Eastern | the first incumbent will be Miss Marstates, approaching even those of garet Dorwin ef Indianapolis, who some of the Western states in this will have charge of the buildings and

Princess Mary of England is a erything not connected with the col splendid tennis player, a perfect legiate departments. 6 cunces of fish hash with vegetable daily course of Swedish drill exercis- Ia., claims the distinction of having

per and magazine writers of Tokio weighs 45 pounds. are forming a women's press club- According to Dr. A. J. Read, prothe first organization of its kind in fessor of hygiene, in the Normail the Far East.

Miss Grac Keller Lititz, Pa, has the Creek, Mich., the ideal woman of ounces of mutton chops and 3 oun- been a telephone operator for 30 the eugenic age will be plump and years and is one of the oldest tele- | well rounded, but not fat. Her comphone operators in length of service plexion will be ruddy or brown, not Miss Blanche Payson, who is act- because the pale skin is a badge of

Everybody does not know that | half hour in a quick oven. slips which are hand painted and de- food in general should not be allow- The shank bones of muttons, of so signed to represent either a boy or ed to cool in tin, copper or fron. It little general value, if well soaked. a girl. The materials are in a com- must be placed while hot in agate, add to the richness of gravies and bination of plain and plaid effects china or well glazed earthen ware. | soup stock.

Ito baste the meat. Keep it covered over them.

meat. If desired to brown the outside leave the cover off for the first

Clean, pure and wholesome, a tea you will like.

# "is good tea"

After Vacation Peel Your Discolored Skin

won the prize of the Navy League for enlisting members. She enlist-Women returning from the seaside with browned, reddened or freckled complexions will be wise in immediately taking up the mercolized wax Munich, has presented to the Bavarian army an ambulance train consisteasiest way to shed the despoiled cu-Mlle. Lina Cavalieri, the famous licle is with the treatment suggested. opera singer, who for years past exil- would cold cream, and rinse it off next Put the wax on before retiring, as you thus less polite, but not many of manage her own playhouse during has gone back there and is now act particles of scarf skin will peel off day ing as a war nurse to the Italian by day, gradually showing the healthy, What is said to be a new world's store, baseball throwing record for a girlled was that which was made recently the no injury is caused and the face Wash., who threw a ball 209 feet, Dr. Lydia A. De Vilbiss, head of tonle lotion at this season is highly ad-

> a face bath this is a splendid wrinkle remover and preventive. Miss Eva Benefiel of California. has been appointed to act as adviser for the Home Improvement association of Kankakee county, Ill., being the second woman in the country who is employed in a like capacity.

Exceptional Millinery Values at MISS HAMILTON'S. Phone 1267.

370 PRINCESS ST.

Store closes 5 p.m. during July and August.

# VINEGAR

visable: Powdered saxolite, 1 oz., dis- For pickling you want the in witch hazel, 1/2 pt. Used as best—we have it.

> C. H. Pickering's Grocer and Meat Dealer. 490 PRINCESS STREET. Phone 530.

THE first cake of Ivory Soap was made in 1879. To survive and grow in esteem for so many years Ivory Soap must be good. Try a cake and you will see.

**IVORY SOAP** 



99#% PURE

Procter & Gamble Factories in Hamilton, Canada

#### A real delight for breakfast Qualifying over several hundred the largest ball of string in the Fill a canteloupe 0000000000 with to day, and now the ball is more than School of Physical Education at Bat-1 in half; clean out centre; fill with Corn Flakes, adding a little Kelloggi BATTLE CHEEK DO TOASTED COON FLANE CO. IN LUNDON, CANADA. Made in Canada

Mr. and Mrs. Hugh C. Nickle, Miss Thursday for Whitby to attend the years. Jessie Dickson, Hugh Nickle and | Whitby Ladies' College. ronto early in the week, returned the guest of her cousin, Miss Eleanor Minnes, "Hillcroft." Miss Kathleen Saunders, Alice

ham street, spent this week in To-

Mr. and Mrs. J. B. Harvey and visting Mrs. Austin Gillies, Niagara- there may be man who have been Grace George, the actress, will ed herself from her native country, morning with warm water.

Mrs. T. D. R. Hemming and Mis

Dr. and Mrs. D. A. Black, King Dorothy Crown's guest, left this week haps not unnatural that men should One third of all the women in

Miss Hilda Kent, King street, is them in this or that pursuit; and atorship in 1978.

Margaret Hemming have decided to stay in England for the winter with Miss Jean McLelland and Miss Mrs. G. S. S. Bowerbank.

History of a Frivolous Silk Shirt Waist

clothing we wear, how they are made fumes.

The silk moth starts the thing go-Forty or fifty widths of silk are ing. This busy bird lays about 350 laid upon a cutting table, a pattern of roast beef, 8 ounces of potatoes, 4 eggs at one sitting-or should we is placed on top, and, very carefully, ounces of other vegetables and 4 say laying? After this event it lin- the cutting machine is used. Great ounces of rice or tapioca pudding. gers for a few days, and passes on to care must be taken to see that the

food other than fine fresh mullberry away to various retail dealers. leaves, and grows fine and fat. Then The reasons for the expense of the silk shirt waist includes the difficulty The spinning process is a peculiar of raising silk worms, the process of

head back and forth, producing a handling silk when cutting and sewthread about 2,000 feet long. After ing, and the delicacy of the fabric it-

growing a brown coat over himself threwn about carelessly. as he slumbers. The cocoons are It is well to treat your silk shirt then sorted, some being better than waist tenderly. When washing, do others; and, as reward for their in- not rub on a board; use lukewarm ounces of bread, 1/2 ounce of butter tablished an institution in which dustry, they are steamed, and put in water and a neutral soap and when and 6 ounces of corned beef hash nurses get three years of training in age, Mme. Patti, the famous prima pans of hot water. They are then pressing use a cool iron.

troubles of the husband sent out by In old days the wife never dreamed ces of fresh or stewed fruit. "Men may not love their wives of asking her husband to do even now any more than they did fifty or that, or to help in any of the multisixty years ago," said the middle farious duties of the household. Now aged man, "but I fancy that they are without hesitation she asks him not ces of bread & ounce of butter and now in many ways more helpful to only to match ribbons but to run 6 onnces of fish hash with vegetables.

things about the house.

the fall and took them down in the small children, which in old times spring, with all that incidental fell solely upon the mother. It was ces of roast beef, 8 ounces of potawrestling with refractory stovepipes she, always, who took the littler one toes, 4 ounces of bread ane c curies 14th-16th. and the comic writers used to dwell out in its wagon; always she who of fruit upon in print so humorously. In short, the man did help about her husband went anywhere would the house some; but speaking gener- have felt queer and sheepish if he ces of fruit pudding. ally he had his work to do in life dragged a baby wagon or carried a and the woman had hers; and usual- baby in public. Husbands, then, ly the husband stuck pretty closely didn't do such things; this hard to his province and the wife to hers. work was left exclusively for the ees of bread, 1/2 ounce of butter and horseweman and never misses her Mrs. Frank Brunson of Cherokee,

Five dollars for a little silk shirt stirred gently until the threads loossilk is reeled off, four threads at a day." Five dollars, yes. madame, And | time.

The threads are dried, made into If that shirt waist could tell you yarn, the gum removed by washing that small sum could be its purchase salts of iron to give body, and are price. We know so little about the hung in rooms filled with sulphur

where they come from, that it might Follows then the dyeing, and afbe interesting to hear the story of terward the weaving. This the fathe most ordinary garment. Hence bric is made. We now have the material.

insect heaven. The eggs are watch- silk does not fold of crinkle. The bread, % ounces of butter and 12 ed carefully by the silk fabric mak- pieces are distributed to workers, ounces of mush and milk. ers. Each egg gives forth a larva, each one sewing on different pieces which is a bit of a caterpillar one- Other girls attend to the buttonholes eighth of an inch in length, of such still others sew on the buttons. delicate physique that it must be special force clips the ravelings, and kept always at certain warm temper- threads. The garments are inspectature. Mr. Larva eats continually ed and the size labels sewed on. They for 36 days, refusing every kind of are then folded, packed and sent

business. The worm moves its dyeing and weating, the d'fliculty of

all this work, worm goes to sleep, self, which means that it cannot be

them and more chivalrous in their many errands and to do various Dinner-1 pint of mutton broth, to

"In old days the man attended strictly to his work and the woman reliant or less self-helpful, but a with sauce and 4 ounces of bread. to hers. It is true that in those change has come in their relations. times before rugs had come into The man is now not only ready but! bread, 1/2 ounce of butter and 4 cungeneral use, the husband took up he is really glad to do many things; ccs of cooked fruit. the carpets when they needed clean- that once it would not have seemed ing, carried them out in the back stting for him to do at all, in those yard, beat them, and then put them other days, when customs were difdown again. And of steam heating ferent.

equipment he put up the stoves in | "Take, for instance, the care of 6 ounces of meat stew. lugged it 'n her arms when she and Supper-1 pint of tea, 4 ounces of

Laundry soaps are made from dead Hardly nice things animals. to use on dishes. Lawrasons Ammonia Contains no animal matter, and removes grease and sticky substances from the dishes better than soap does. Ask for it by name-say "Snowflake." 5 and 10 cent packages.

greatly improved. Man was never so thoughtful and considerate of woman as now, while despite the superficial business changes in the relations of men and women there has been in their relations no substantial change. Man falls in love now quite as he has always done. and marriage still remains the great institution, with husband and wife never before knowing so well how to "Where en and the ends are found, when the live never so happy as at the present MAXIMUM OF FOOD its history you would marvel that the threads "loaded" with sugar and That Hardworking Person

Eat In a Week.

wives; but now men are no longer

"It is the commonest thing in the

world nowadays to see men out alone trundling the baby carriage along

"Comradeship is rather a

word to apply to any phase of the re-

but certainly there is more of it now

"The fact is that, along with ev-

ashamed to carry the baby.

Breakfast-1 pint of chocolate. ounces of bread, 1/2 ounce of butter, 4 ounces of meat stew and 3 ounces of fruit sauce. Dinner-I pint of soup, 6 ounces

Supper-1 pint of tea, 6 ounces of

Monday. Breakfast-1 pint of coffee. ounces of bread, 1/2 ounce of butter, clubs. 16 ounces of meat hash with vegetables and 3 ounces of fresh or stewed

Dinner-1 pint of vegetable soup, 6 ounces of boiled beef, 8 ounces, of potatoes, 4 ounces of pudding with women in Worcester, Mass., showed course, sauce and 4 ounces of bread. Supper-1 pint of tea, 6 ounces of wanted the vote. bread, 1/2 ounce of butter and 3 ounces of fruit sauce.

Breakfast .- 1 pint of coffee, with potatoes.

"It is a modern story, that of the ounces of bread 4 ounces of fruit. | woman-Miss Lucy S. Fitzhugh. his wife to match a piece of ribbon. bread, 1/2 ounce of butter and 4 oun-

Wednesday.

Breakfast-1 pint of coffee, 4 oun ounces of broiled mutton, 8 ounces "It is not because she is less self- of potatoes, 4 ounces of rice pudding Supper-1 pint of tea, 6 ounces of

Breakfast-1 pint of coffee, 6 oun ces of bread. % ounces of butter and Dinner-1 pint of bouillon, 6 oun-

bread, % ounce of butter and 4 oun-Breakfast-1 pint of coffee, 6 oun-

Dinner-1 pint of vegetable soup Kate Douglas Wiggin, the author- world. When the ball of twine was 8 ounces of meat stew, 9 ounces of ess, earns more than \$50,000 a year started back in 1909, Mrs. Brunson fish, 4 ounces of bread, 8 ounces of from her books and royalties on had nothing in mind in saving the vegetables and 4 ounces of fruit. plays taken from her most popular pieces of string she found from day Supper-1 pint of tea, 4 ounces of novels. bread, % ounces of butter and 4 oun- Fifteen Japanese woman newspa- 58 inches in circumference and ces of cold meat.

Saturday. Breakfast-1 pint of coffee, 6 ounces of bread, 1/2 ounce of butter, t ces of fried potatocs. Dinner-1 pint of barley soup, ounces of boiled mutton, 4 ounces of bread and 10 ounces of vegetables. Supper-1 pint of tea, 4 ounces of ing as special policewoman on the disease rather than of health

ces of rice with sauce or syrup. Unique Pillow Dolls.

bread, % ounces of butter and 4 oun-

A novelty in dolldom is a washable, bedtime pillow doll. The pillow foundations are covered with Different shades of brown are em- Green vegetables should be dropped When boiling haricot beans or ployed for the upper or head portion. into boiling water, to which a pinch dried limas do not put in the salt un-The boy's garments are divided into of bicarbonate of soda has been add-blouse and trausers. The girl's ed. Put in salt when the article is dress is tuffled and a how of ribbon half cooked. adorns the head. The slip garments If you have covered a pan in which | to the boiling point; that water pourcan be readily removed for launder- meat is to be roasted, never open it |ed off and fresh boiling water poured

### Activities of Women

Joy Zone at the Panama exposition, is six feet, four inches tall and weighs Girls are barred from smoking in over 200 pounds. The first woman justices in the British Empire were appointed recently in South Australia and among

first labor premier of that state.

after each performance.

years had a curious business custom.

She insists on being paid, not as is

usual, at the end of each week, but

Besides doing all the carpentry

work on her bunglow, Miss Alida

Graves, a Rediands (Cal.) schoo

teacher, is also making the furniture

Mrs. Russell Hastings Millward

wife of the well-known explorer, has

Mrs. Jessie Stillman Taylor

ing of a motorcar and two trailers.

the new child hygiene bureau of the

men to run for the legislature in her

Thirteen-year-old Alice Lord, re

cently swam across Long Island

once before, but never by a girl or

been elected president of the board

The chief recreation of Gaby Desl-

ed with a large box of chocolates.

a certain percentage receive voca-

Mrs. William McConnell of Phila-

twenty minutes flat, the fastest time

Berlin has five schools where wo-

men are taught the art of conducting

graduated to take the places of men

Although she is over 70 years of

donna, has subscribed largely to war

couple in McHenry county, Illinois,

tendent, has been created at the Ox-

grounds, the cuisine, and nearly ev-

which will furnish the place.

ted 91 in one week's campaign.

New York, but now a resident

Los Angeles has a city mother-Fat women retain their husbands them was Mrs. Price, widow of the better than lean ones.

The heart of a female weighs Mme. Sarah Bernhardt has for from eight to ten ounces. lationship between man and wife. Turkish parents beat their child ren on the soles of the feet. than ever before, with a correspond-

vancement, enfranchisement, inde- Miss Etta Kirkland is the only pendence. No longer depending solely girl rural mail-carrier in Pennsyl

ing and takes up working many fields. Woman suffrage has met defeat in that for ages had been reserved ex- twenty states during the last six clusively for man. And it is per- months.

ing examinations for postoffice jobs erything else in the world, men's manners have in the past fifty years in the United States. Princess Margrethe of Denmark

> Philadelphia has more divorces in five inches. proportion to population than any Women have taken the places of state board of health of Kansas, has

> Miss Grace Barstow of San Jose, state. Cal., is said to be the only woman violin-maker in the world. California has a woman in the for-Sound, a distance of nine miles. The est service who occupies a cabin on feat has been accomplished only the top of Mount Klamath. Mrs. A. G. Hallaran receives \$2,- woman.

The immense Krupp gun-works, New York state. located in Essen, Germany, are now

In Turkey there are 769 men to The 4,598 girl permit workers of every 100 women, while in China the Wisconsin receive instructions in

65,485 women and includes 284 hand.

An expression of opinion of 100 ever made by a woman, over this that only thirteen per cent., of them reaches the bridegroom's house, she thoroughfares. Each week between

furniture, a spear and a tent. English society women have es the care of dogs and other pets. Dinner-1 pint of beef soup, 61. The work of classifying and cata- funds organized in Wales and only Husbands and wives are mutually ounces of boiled beef, 6 ounces of loging the library of the state depart- recently sent her famous fan and

vanced institution of learning in the passed examinations as trained nurs-

passed the first night of her honey- the humblest citizens. moon recently in an army balloon. | While the war in Austria has de-Mrs. J. Borden Harriman has been creased the number of men unemmade head of the pension board for ployed, it has greatly increased the the needy widows of New York city. number of women seeking work. At-Statistics show that in 1914 there the present time there are from nine were 77,120 women in the colleges to twelve per cent, more women out

Dr. Carrie W. Smith of Dallas, applicants. Miss Mary Smith, aged Tex., will be superintendent of the 23, of Chicago, Ill., has accepted the new girls training school being built position of companion to an aged

held in San Francisco on September A new position, that of superin-

KITCHEN HINTS.

Some Helpful Suggestions for Busy Housewife.

from start to finish. The idea is that the pans are filled with steam. which penetrates the fibres of the

pale as that of present day women,