

IN THE REALM OF WOMAN -- TOLD IN TWILIGHT



Social

(Continued from Page 9.)

Mr. and Mrs. Hugh C. Nickle, Miss Jessie Dickson, Hugh Nickle and Douglas Nickle, who motored to Toronto early in the week, returned home on Thursday.

Miss Kathleen Saunders, Alice street, will leave on Monday for Montreal to visit Mrs. R. N. Smyth.

Miss Beatrice Sanderson, Royal Victoria Hospital, Montreal, is visiting her parents, Mr. and Mrs. George Sanderson, Harrie street.

Miss Margot and Miss Isobel Fraser, Union street, have returned home after being the guests of Miss Grace Morris in Pembroke.

Dr. and Mrs. D. A. Black, King street, motored to Toronto this week.

Mr. and Mrs. W. J. Crothers and the Misses Crothers, Earl street, have returned after spending the summer at "Glenlogie."

Mr. and Mrs. J. B. Harvey and Miss Harvey motored to town from Lyndhurst on Friday.

Miss Eleanor Minnes, "Hillcroft," has returned after spending two weeks in Brockville with her aunt, Mrs. Griffith.

Miss Jean McLelland and Miss

wives; but now men are no longer ashamed to carry the baby.

"It is the commonest thing in the world nowadays to see men out alone trundling the baby carriage along proudly while the mother rests at home. If husband and wife are out together it is in the husband's strong arms that the blessed baby is carried, to relieve the mother of this heavy burden. Really it is a remarkable change that has come about in this respect within the last fifty years.

"Comradeship is rather a tame word to apply to any phase of the relationship between man and wife, but certainly there is more of it now than ever before, with a corresponding increase in their happiness, and all this in the face of circumstances that might seem to militate to the contrary.

"This is the day of woman's advancement, enfranchisement, independence. No longer depending solely upon man, she becomes self-supporting and takes on many fields that for ages had been reserved exclusively for man. And it is perhaps not unnatural that men should have resented this intrusion. We have even been told that men have been less polite to women because some have engaged in competition with them in this or that pursuit; and there may be men who have been thus less polite, but not many of them.

"The fact is that, along with everything else in the world, men's manners have in the past fifty years greatly improved. Man was never so thoughtful and considerate of woman as now, while despite the superficial business changes in the relations of men and women there has been in their relations no substantial change. Man falls in love now quite as he has always done, and marriage still remains the great institution, with husband and wife never before knowing so well how to live never so happy as at the present day."

Activities of Women

Out of every 1,000 births, eleven are twins.

Girls are barred from smoking in Minneapolis.

Los Angeles has a city mother—Mrs. Aletha Gilbert.

Fat women retain their husbands better than lean ones.

The heart of a female weighs from eight to ten ounces.

Turkish parents beat their children on the soles of the feet.

Investigations show that women sleep longer and harder than men.

Women are said to be just as proficient as men in the game of chess.

Only one woman in a thousand marries after she is 60 years old.

Miss Etta Kirkland is the only girl rural mail-carrier in Pennsylvania.

Woman suffrage has met defeat in twenty states during the last six months.

One third of all the women in New Jersey have to work outside the home for a living.

Kansas will have two women in the United States in a thousand in 1920.

Grace George, the actress, will manage her own playhouse during the coming season.

Grass widows are barred from taking examinations for postoffice jobs in the United States.

Princess Margrethe of Denmark has been selected as the bride-to-be of the Princess of Wales.

Philadelphia has more divorces in proportion to population than any other city in the East.

Women have taken the places of all the grooms in the famous Duryea racing stables near Paris.

Miss Grace Barstow of San Jose, Cal., is said to be the only woman violin-maker in the world.

California has a woman in the forest service who occupies a cabin on the top of Mount Klamath.

Mrs. A. G. Halloran receives \$2,000 a year as deputy financial clerk of Queens county, New York.

Vassar college for girls will hereafter teach horticulture, landscape gardening, law and journalism.

The immense Krupp gun-works, located in Essen, Germany, are now employing over 5,000 young women.

A concerted effort is being made in Philadelphia to have a woman appointed head of the public-school system.

In Turkey there are 769 men to every 100 women, while in China the ratio is 3,074 men to every 100 women.

The Massachusetts Federation of Women's clubs has a membership of 65,485 women and includes 284 clubs.

Massachusetts has 56,000 more women than men because its textile industries employ a majority of female workers.

An expression of opinion of 100 women in Worcester, Mass., showed that only thirteen per cent. of them wanted the vote.

In Arabia, as soon as the bride reaches the bridegroom's house, she makes him presents of household furniture, a spear and a tent.

Over 4,000 women have established an institution in which nurses get three years of training in the care of dogs and other pets.

The work of classifying and cataloging the library of the state department at Washington is done by a woman—Miss Lucy S. Fitzhugh.

The medical department of Johns Hopkins university—the most advanced institution of learning in the United States—is open to women.

Miss Jacqueline Forsanne is celebrated professional fencer of Paris, having the first night of her honeymoon recently in an army balloon.

Mrs. J. Borden Harriman has been made head of the pension board for the needy widows of New York city.

Statistics show that in 1914 there were 77,120 women in the colleges of the United States as compared with 73,578 in 1913.

Dr. Carrie W. Smith of Dallas, Tex., will be superintendent of the new girls training school being built at Gainesville, Tex.

Over 4,000,000 women are expected to be in attendance at the first convention of women voter to be held in San Francisco on September 14th-16th.

Pennsylvania divorce laws are more lax than those of most Eastern states, approaching even those of some of the Western states in this respect.

Princess Mary of England is a splendid tennis player, a perfect horsewoman and never misses her daily course of Swedish drill exercises.

Kate Douglas Wiggin, the authoress, earns more than \$50,000 a year from her books and royalties on plays taken from her most popular novels.

Fifteen Japanese woman newspaper and magazine writers of Tokio are forming a women's press club—the first organization of its kind in the Far East.

Miss Grace Keller Little, Pa., has been a telephone operator for 26 years and is one of the oldest telephone operators in length of service in that state.

Miss Blanche Payson, who is acting as special policeman on the

Clean, pure and wholesome, a tea you will like.

Red Rose Tea "is good tea"

After Vacation Peel Your Discolored Skin

Women returning from the seaside with browned, reddened or freckled complexions will be wise in immediately taking up the mercerized wax treatment. Weather-beaten skin had best come off for no amount of "beautifying" will ever make such skin pretty to look at. The safest, easiest way to shed the discolored cuticle is with the treatment suggested. Put the wax on before retiring, as you would cold cream, and rinse it off next morning with warm water. Minute particles of scurf skin will peel off day by day, gradually showing the healthy, youthful skin beneath. One ounce of mercerized wax, obtainable at any drug store, is enough to make any discolored or spotted complexion clear, white and satiny soft. Its action is so gentle no injury is caused and the face shows no trace of its use.

Burning heat, irritating winds and dirt are such wrinkle-makers that the daily use of the following astringent (tonic lotion at this season is highly advisable). Powdered sassafras, 1 oz., dissolved in witch hazel, is put in a face bath this is a splendid wrinkle remover and preventive.

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History of a Fivorous Silk Shirt Waist

Five dollars for a little silk shirt waist? gasped the buyer. "Where are the cotton ones?"

Five dollars, yes, madame. And cheap at the price?

If that shirt waist could tell you its history you would marvel that that small sum could be its purchase price. We know so little about the clothing we wear, how they are made where they come from, that it might be interesting to hear the story of the most ordinary garment. Hence and erstwhile, then, here goes.

The silk moth starts the thing going. This busy bird lays about 350 eggs at one sitting or about we say laying? After this event it lingers for a few days, and passes on to insect heaven. The eggs are watched carefully by the silk fabric maker. Each egg gives forth a larva, which is a bit of a caterpillar and such eighth of an inch in length, of such delicate physique that it must be kept always at certain warm temperature. Mr. Larva eats continually for 36 days, refusing every kind of food other than fine fresh mulberry leaves, and grows fine and fat. Then the cocoon is spun.

The spinning process is a peculiar business. The worm moves its head back and forth, producing a thread about 2,000 feet long. After all this work, worm goes to sleep, growing a brown coat over himself as he slumbers. The cocoons are then sorted, some being better than others; and, as reward for their industry, they are steamed, and put in pans of hot water. They are then

MAXIMUM OF FOOD That Hardworking Person Should Eat in a Week.

- Sunday.**
Breakfast—1 pint of chocolate, 6 ounces of bread, ½ ounce of butter, 4 ounces of meat stew and 3 ounces of fruit sauce.
Dinner—1 pint of soup, 6 ounces of roast beef, 8 ounces of potatoes, 4 ounces of other vegetables and 4 ounces of rice or tapioca pudding.
Supper—1 pint of tea, 6 ounces of bread, ½ ounce of butter and 12 ounces of mush and milk.
- Monday.**
Breakfast—1 pint of coffee, 6 ounces of bread, ½ ounce of butter, 6 ounces of meat hash with vegetables and 3 ounces of fresh or stewed fruit.
Dinner—1 pint of vegetable soup, 6 ounces of boiled beef, 8 ounces of potatoes, 4 ounces of pudding with sauce and 4 ounces of bread.
Supper—1 pint of tea, 6 ounces of bread, ½ ounce of butter and 3 ounces of fruit sauce.
- Tuesday.**
Breakfast—1 pint of coffee, 6 ounces of bread, ½ ounce of butter and 6 ounces of corned beef hash with potatoes.
Dinner—1 pint of beef soup, 6 ounces of boiled beef, 8 ounces of fresh fish, 8 ounces of vegetables, 4 ounces of bread and 4 ounces of fruit.
Supper—1 pint of tea, 6 ounces of bread, ½ ounce of butter and 4 ounces of fresh or stewed fruit.
- Wednesday.**
Breakfast—1 pint of coffee, 4 ounces of bread, ½ ounce of butter and 6 ounces of fish hash with vegetables.
Dinner—1 pint of mutton broth, 6 ounces of broiled mutton, 8 ounces of potatoes, 4 ounces of rice pudding with sauce and 4 ounces of bread.
Supper—1 pint of tea, 6 ounces of bread, ½ ounce of butter and 4 ounces of cooked fruit.
- Thursday.**
Breakfast—1 pint of coffee, 6 ounces of bread, ½ ounce of butter and 6 ounces of meat stew.
Dinner—1 pint of bouillon, 6 ounces of roast beef, 8 ounces of potatoes, 4 ounces of bread and 4 ounces of fruit.
Supper—1 pint of tea, 4 ounces of bread, ½ ounce of butter and 4 ounces of fruit pudding.
- Friday.**
Breakfast—1 pint of coffee, 6 ounces of bread, ½ ounce of butter and 6 ounces of fish hash with vegetables.
Dinner—1 pint of vegetable soup, 8 ounces of meat stew, 9 ounces of fish, 4 ounces of bread, 8 ounces of vegetables and 4 ounces of fruit.
Supper—1 pint of tea, 4 ounces of bread, ½ ounce of butter and 4 ounces of cold meat.
- Saturday.**
Breakfast—1 pint of coffee, 6 ounces of bread, ½ ounce of butter, 6 ounces of mutton chops and 3 ounces of fruit.
Dinner—1 pint of barley soup, 8 ounces of boiled mutton, 4 ounces of bread and 10 ounces of vegetables.
Supper—1 pint of tea, 4 ounces of bread, ½ ounce of butter and 4 ounces of rice with sauce or tyrop.

HUSBANDS AND WIVES

"Men may not love their wives now any more than they did fifty or sixty years ago," said the middle-aged man, "but I fancy that they are now in many ways more helpful to them and more chivalrous in their devotion."

"In old days the man attended strictly to his work and the woman to hers. It is true that in those times before rugs and come into general use, the husband took up the carpets when they needed cleaning, carried them out in the back yard, beat them, and then put them down again. And of steam heating equipment he put up the stoves in the fall and took them down in the spring, with all the incidental wrestling with refractory stovepipes and the comic writers used to dwell upon in print so humorously.

In short, the man did help about the house some; but speaking generally he had his work to do in life and the woman had hers; and usually the husband stuck pretty closely to his province and the wife to hers.

Husbands and wives are mutually more helpful.

"It is a modern story, that of the troubles of the husband sent out by his wife to match a piece of ribbon. In old days the wife never dreamed of asking her husband to do even that, or to help in any of the multitudinous duties of the household. Now without hesitation she asks him not only to match ribbons but to run many errands and to do various things about the house.

"It is not because she is less self-reliant or less self-helpful, but a change has come in their relations. The man is now not only ready but he is really glad to do many things that once it would not have seemed fitting for him to do at all, in those other days when customs were different.

"Take, for instance, the care of small children, which in old times fell solely upon the mother. It was she, always, who took the little one out in its wagon; always she who tucked it in her arms when she and her husband went anywhere; would have felt queer and sheepish if he dragged a baby wagon or carried a baby in public. Husbands, then, didn't do such things; this hard work was left exclusively for the

Laundry soaps are made from dead animals. Hardly nice things to use on dishes.

Lawrason's Snowflake Ammonia

Contains no animal matter, and removes grease and sticky substances from the dishes better than soap does.

Ask for it by name—say "Snowflake." 5 and 10 cent packages.

Unique Pillow Dolls.

A novelty in doll-dom is a washable, bedtime pillow doll. The pillow foundations are covered with slips which are hand painted and designed to represent either a boy or a girl. The materials are in a combination of plaid and floral effects. Different shades of brown are employed for the upper and head portion. The boy's garments are divided into blouse and trousers. The girl's dress is tufted and a slip of ribbon adorns the head. The slip garments can be readily removed for laundering.

KITCHEN HINTS.

Some Helpful Suggestions for the Busy Housewife.

Everybody does not know that food in general should not be allowed to cool in tin, copper or iron. It must be placed while hot in agate, china or well glazed earthen ware.

Green vegetables should be dropped into boiling water, to which a pinch of bicarbonate of soda has been added. Put in salt when the article is half cooked.

If you have covered a pan in which meat is to be roasted, never open it to taste the meat. Keep it covered

from start to finish. The idea is that the pans are filled with steam, which penetrates the fibres of the meat. If desired to brown the outside leave the cover off for the first half hour in a quick oven.

The shank bones of muttons, of so little general value, if well soaked, add to the richness of gravies and soups.

When boiling haricot beans or dried limas do not put in the salt until they are nearly cooked, otherwise they are apt to split and come out of their skins. They should be brought to the boiling point; that water poured off and fresh boiling water poured over them.

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