Wood's Phosphodine, *The Great English Remedy.* Tones and invigorates the whole nervous system, makes new Blood in old Veins. *Cures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory.* Price $1 per box, six for $5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on receipt of price. *New pamphlet mailed free.* THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly Windsor)

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Thin Folks Who Would Increase Weight

SIMPLE DIRECTIONS EASY TO FOLLOW.

Thin men and women—that big, hearty, filling dinner you ate last night. What became of all the fat-producing nourishment it contained? You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of thin folks the world over. Your nutritive organs, your functions of assimilation are sadly out of gear and need reconstruction.

If every way you've tried to put on weight has failed try these simple directions. Cut out everything—but the meals you are eating now and can with every one of those a single Sargol tablet. In two weeks note your weight. Sargol does not of itself make fat but mixing with your food its purpose is to help the digestive organs turn the fats, sugars and starches of what you have eaten into rich, ripe fat producing nourishment for the tissues and blood—prepare it in an easily assimilated form which the blood can readily accept. A great deal of this nourishment now passes from thin people's bodies as waste. Sargol is designed to stop the waste and make the fat producing contents of the very same meals you are eating now develop pounds and pounds of healthy flesh between your skin and bones. Sargol is non-injurious, pleasant, efficient and inexpensive, and leading druggists are authorized to sell it in large boxes—forty tablets to a package—on a guarantee of weight increase or money back.

BEST'S
Optical Notice

The many requests from people who were unable to profit by our special sale last week decided us to continue for this week. Our satisfied customers are sending their friends every day.

Gold Mounted Rimless Nose Glasses $2.00
Gold-Filled Frames complete $1.50

Specialists' prescriptions filled carefully and at a saving to you.

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The Satisfactory Drug Store. Open Sundays.

Good Clothes and Good Behavior

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Clothes that are just a little better than are made by anyone else are found at our store. Our brands speak for themselves.

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We are looking for you if you need an up-to-date Fall Coat or Suit.

E. P. JENKINS' Clothing Co.

ON BARRIEFIELD HEIGHTS WITH THE OVERSEAS TROOPS

The men under canvas at Barriefield camp, on Thursday experienced one of the most sultry days so far this season. Although the thermometer was ranging at eighty degrees of heat all day, the volunteers stuck to their work and made no complaints. After the men were working on the field for about an hour they were almost cooked with the heat but none of them "caved in."

The liveliest place these days at Barriefield is around the grounds where the 80th Battalion is to be quartered. Although the roll book only shows about 150 men enlisted so far, it will only be a few days until the battalion is 500 strong. Col. Ketcheson has almost all his officers here.

It is the general belief at Barriefield that the 80th will not remain very long on the Heights before it receives orders from Ottawa to take up winter quarters in some near-by city. Belleville citizens are making an endeavor to get the battalion.

On Thursday night practically all the members of the 59th Battalion remained in camp as an assault-at-arms had been arranged. The platform, where the bouts were held, was situated on the parade ground directly in front of the battalion tents. Some very interesting bouts were pulled off.

A number of the members of No. 5 Company of Queen's Engineers have completed the working of putting in some drain pipes on the 80th Battalion grounds. They were also engaged in repairing some of the bread ovens.

The authorities at the camp still experience considerable difficulty in keeping girls from hanging around the grounds. On Thursday afternoon two women, who were very much under the influence of liquor, went over to the camp grounds from the city.

On Thursday most of the men of the 59th Battalion were engaged in company drill. Some of the officers took the men of their command to the parade grounds near the old butts on the right hand side of the roadway.

Very little trench work has been carried on during the past week or so, as the men have considerable work to do at the ranges and also some bayonet exercise.

There was a great run on the Y.M.C.A. refreshment booths on Thursday on account of the warm weather

Major Sears and Lieut. Huycke, 33rd Battery, are going to put forth one of the best baseball teams which has played in Kingston, in some time, on Saturday afternoon against the Victorias. Lieut. Huycke, who is one of the best pitchers in amateur ball, thinks that his team can give the Vics. a close game. The soldiers team will line-up as follows: Cavana, c; Lieut. Huycke, p; Knapman; 1b; Hagerman, 2b; Lee, ss; Butcher, 3b; Taylor, R. Ryan and Hutton, fielders.

The men of the three batteries are getting down to hard work. On Monday next it is expected that they will have their first drill with the large guns. Although they are only twelve pounders, considerable practice can be had. It is thought that an eighteen-pounder, the same as used on active service, will be brought to Kingston for practice work.

On Thursday all of the batterymen were issued with tan leather leggings. The other battery, which was trained at Barriefield, was issued with putties. All the men appear to be glad of the change.

A number of the soldiers were busy on Thursday painting some of the stones which mark off the camp grounds.

At the present time about one hundred soldiers, are being treated in the hospitals. All the patients are first taken to the field hospital and they are shipped off to the Station Hospital on Queen street, the General Hospital or the Hotel Dieu.

Twenty-seven more men arrived from Toronto on Thursday morning for "C" Battery. They were recruited in Toronto.

Five members of the local Salvation Army band realize that they are needed overseas, and have enlisted in the brass band of the 59th Battalion. The following is the list: John Walton, Horace Torrance, William Christmas, Frederick Walker and James Murray. Although William Christmas has been band-master of the Salvation Army band for some years, he has enlisted in the 59th Battalion band as a private.

Col. G. Hunter Ogilvie, A. A. G., has sent out the following letter to the officers commanding the different units at Barriefield Camp:

"Through the kindness of H. W. Richardson, all N. C. O.'s and men stationed in Kingston are to be provided with the very commodious club quarters on the corner of Princess and Ontario streets.

"It is proposed to furnish the club house with a piano, easy chairs, tables, cards, pictures, writing materials, magazines, books, and the principal daily papers, also a coffee bar supplying tea, coffee, light refreshments and soft drinks.

"Although it is expected the club will be self-supporting, a certain outlay is necessary to start with, and it is proposed to call upon the funds of the regimental institutes of each unit of the Kingston garrison now on duty for a voluntary subscription amounting to ten per cent. of the net profits of the sales for August. Those units that are in process of mobilization will contribute a proportionate amount later on when called upon."

WAR BULLETINS.

Austria has been asked by the United States to recall Ambassador Dumba and appoint a successor.

Speaking at Croydon, Eng., Lord Robert Cecil said the Dardanelles operations were on the eve of great success.

The Russians are pressing hard with their new advantage. Many thousand prisoners have been taken.

A Zeppelin returning from the London raid fell in Belgium and was burned. The crew were killed.

Germany declines to grant indemnity to the United States for American lives lost in the sinking of the SS. Arabic, but sends her regrets.

More than two hundred Liverpool workmen were fined for refusing to work overtime on munitions.

Classical Influences.

When she helps her young daughter with suggestions for dress designs the mother who recognizes how well youth and simplicity blend gives a favorable verdict to those models based upon the simple classical lines and draperies. An artist's design for a frock that would serve the double purpose of a late afternoon and evening gown shows the classical influence strongly. Made of that softest of soft pink mousseline de soie, the color of which is known aptly as foxglove, it has upon the crossed shoulder band and round the waist, as well as upon the triangular pieces in front and at the back of the corsage, embroideries done in bronze and aluminum threads, which contrast exceedingly well with the rest.

Rotund.

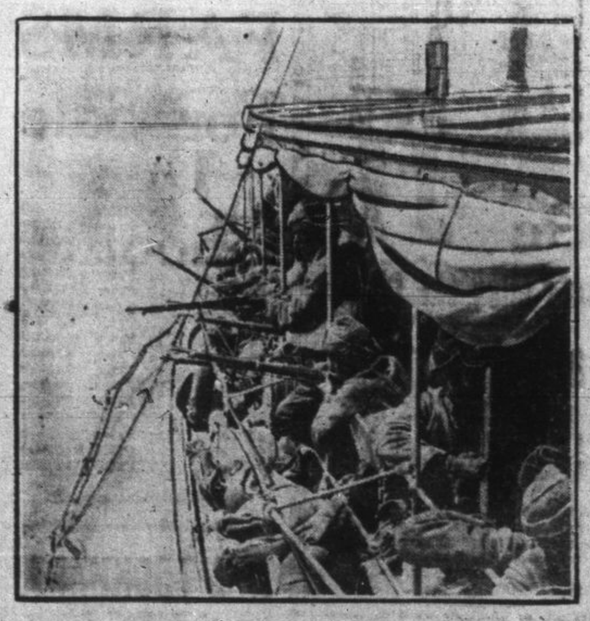
An elderly woman who was extremely stout was endeavoring to enter a street car when the conductor, noticing her difficulty, said to her:

"Try sideways, madame; try sideways."

The woman looked up breathlessly and said:

"Why, bless ye, I ain't got no sideways."—Louisville Herald.

The silo economizes space, time, and building costs in providing storage room for the crop.



TURKS ON GUARD AGAINST SUBMARINES.
British submarines have been disastrous to Turk shipping in the Dardanelles. Photo shows a Turk transport with nearly every soldier on guard with his gun.

THE RUSSIAN DUMA

HAS COALITION OF PROGRESSIVES AND LIBERALS.

Considered a Good Omen—Proposal To Prorogue the Legislative Body Is Condemned.

Petrograd, Sept. 10.—The Novoe Vremya announces the formation of a new majority in the Duma, which comprises the Liberals and Progressive elements, replacing the Conservative majority. The newspaper editorially comments favorably on the formation of the new majority, saying:

"After a year of war we now witness a union of all social groups upon a general programme of political action. What was impossible a year ago has been realized. A union on a single political programme, responding to the requirements of the day, of parties differing in political creeds—this is a fact of great importance whose consequence cannot but be reflected immediately in the entire policy of the Empire."

The Novoe Vremya has retained through the last fifteen years a reputation as a weather vane. Its support of the new Duma majority therefore is regarded as highly significant.

Debate in the Duma on the military censorship took a wide range, in view of renewed report that the Conservatives were working secretly for dissolution or prorogation. Prof. Paul N. Milukoff declared the formation of a Liberal-Progressive majority in place of the Consevative block to be an event of historic importance, adding that the formation of a majority in the Duma will bring about a solution of the question of power, provided the Duma remains alive.

"Popular instinct feels this," he continued, "and the people hear with deep concern all rumors of a dismissal of the Duma. I believe you clearly understand that in these circumstances dismissal would be political madness. Let those who are agitating it know, therefore, that if the Duma is prorogued now we shall meet again in a few weeks, perhaps in a different frame of mind. Let the Duma go on calmly and quietly with its work."

Gananoque

Sept. 10.—A large number from town went down to Brockville on Wednesday to attend the fair. The steamer Missisquoi on her special trip was very well patronized.

Mr. and Mrs. Michael Lappan, Wellington street, are mourning the sad death of their little son Joseph Lorne, aged sixteen months, who passed away on Wednesday morning. The remains were interred at Gananoque cemetery yesterday.

Miss Kathleen M. Kirke, daughter of Mr. and Mrs. James Kirke, Pine street, has been engaged to teach the public school a few miles from Delta, and left the forepart of the week to enter her new duties.

On their way back from giving a military exhibition at Brockville Fair, the squad of 300 of the C.M.R. in command of Major McLaughlin, arrived here about 11 a.m. and put up at the armoury for dinner, where they were served by the ladies of the Red Cross Society. The squad lined up for the return to Barriefield about 1.30 o'clock. After feeding the lads, such a large amount was left over that four autos with the provender left over, together with a large representation of the Red Cross Society, went up to Barriefield and fed it to the other squad of 250 that had been left behind. While at the camp, Major S. A. McKenzie, C.O., of the 32nd Battery, an old Gananoquean, did the honors of the occasion by escorting them through the camp.

The last of the series of open air concerts arranged by the Town Council for this season, was rendered by the Citizens' Band at the Town Park last evening.

Mrs. Lawrence Sherby, King street, had her household goods and chattels shipped yesterday to Pontiac, Mich., where her husband located a few months ago. Mrs. Sherby and her sister-in-law, Miss Mary Sherby, of the staff of the Gananoque Journal, will leave for Pontiac next week.

Miss Josephine Bedard, of the nursing staff of the Eastern Hospital, Brockville, is spending two weeks with relatives in town.

At its session last evening, Harmony Lodge, No. 15, Daughters of Rebekah, held a farewell in honor of Mrs. Lawrence Sherby and Miss Mary Sherby, members of the order who are leaving shortly for Pontiac, Mich. A dance was held in the recreation rooms after the regular session.

Mrs. William Carpenter, Charles street, spending the past two months in McKellar with her daughter, Mrs. Moore, has returned home. Mrs. Richard Bolton, Georgina street, spending the past week with relatives in Kingston, has returned home. Mrs. Arthur L. Knight spent a few days during the past week with her sister, Mrs. Anthony English, Pittsburg Township. The Misses Sinclair and W. A. Peck are enjoying an auto trip to Hartford, Conn., where they will spend a few weeks.

Clerical Strategy.

Columbia Dispatch.

A minister in a local church known for his absent-mindedness by the members of his own family, but not to his congregation, saved himself from complete exposure at a recent service by his quick wit.

He had studied his sermon carefully, but had neglected to make any notations of the number of the chapter and verse from which the text was taken. In the pulpit he announced the text and then stopped short while the congregation waited to hear from what place in the Bible it was taken.

As he noticed absence of notes to this fact, he quickly announced, "I'm going to give you a week to find from what chapter and verse this phrase was taken." So was exposure averted.

Perhaps you can get along without a silo; but you can do better with one.

Probs.: Fine part of Saturday, then local showers.

NEW FALL GOODS

EVERY DEPARTMENT CONTRIBUTES.
On the second floor highly interesting types of the new season's vogues in

Coats

For dress, street, motor or sport wear, will be found in a charming array of becoming styles and materials. Prices .....$7.50, $8.50 to $42.50

Tailored Suits

The kind you would expect to see here—perfect styles, beautiful materials; in fact copies of the latest Paris fashions, at prices that will please the most economical .....$15.00, $16.50 to $65.00

Latest Fall Millinery

Newest and most novel conceits originated in Europe's fashion centres, together with some cleverly modified creations by our own skilful operators. **Altogether a great display.**

See the New Silks—Dress Goods—Velvets—Plushes—Laces, etc.

Special to-morrow, from 10 to 12 o'clock, Genuine French Duchess Silk, in black only—a perfect black and beautiful chine — full 36 inches wide; regular price $1.50. **Sale price** $1.19

STEACY'S

THE SPORT REVIEW

George Stallings insists that the Boston Braves are a better ball team than they were last year.

Frank Gotch says he won't wrestle again unless he gets $35,000, which means that Mr. Gotch is not going to wrestle again.

Joseph Rodriequez, a first baseman of the Reds of Havana, has been signed by the New York Nationals. Rodriequez has been batting over .400 with semi-professional clubs. He is twenty years of age and will report to the Giants next spring.

It is more than likely that the Quebec Rugby Football Union will abandon operations this year. President George Trenholme and most of the officials are of the opinion that no organized games should be played this year owing to the great crisis.

At a meeting of the Montreal A. A. A. football team it was decided that the club would again be represented in the Inter-provincial this season. They unanimously decided to adopt the schedule drawn up by the league executive at Toronto last week.

Ty Cobb has stolen more bases this year than the entire Philadelphia Nationals, who are leading the old league race.

Whether or not the Detroit Tigers win the pennant, Donie Bush is sure to receive something extra for his season's work. A subscription is being taken by the friends of the midget shortstop, and he will be presented with a fine touring car near the end of the season. Bush is at present, poor fellow, one of the few members of the Detroit team who does not own a big car.

Chicago will likely lose its annual motor boat show and New York may also be without a winter exhibition this year. The National Association of Engine and Boat Manufacturers, under whose management the national shows are held, have decided to discontinue the Chicago exhibition.

Toronto News: It looks to us as if the best way to settle the Rugby difficulty this fall would be for all the leagues to get together and have an eastern and western series, with a play-off at the end of the season. While there is a chance that the "Big Four" will go ahead as usual, there would not be a great deal of surplus left for patriotic purposes after the heavy travelling expenses were paid.

There was a peculiar play in the seventh inning of the first game at the Toronto Island the other day, in which Outfielder Gilhoolly made a double play unassisted. With Gilbert at second and Graham at first, Kocher grounded to McCarthy, who threw to the plate to head off Gilbert. The latter got safely back to third, and the ball was dead momentarily. The play was practically completed without any outs being recorded. In the meantime Gilhoolly sneaked in from the outfield and was at second base. Carlstrom tossed him the ball and he tagged Kocher between first and second and Graham between second and third.

The semi-annual meeting of the O. R. F. U. will be held in Toronto on Saturday, Sept. 18th, and the senior, intermediate and junior schedules will be arranged if the union decide to continue league fixtures this year. There is a possibility of a four-team senior series, and the parent union has over fifty teams in the junior and intermediate series. The collegiate institutes, high schools and preparatory colleges of Ontario were all organized last year under the guidance of the O. R. F. U., and it is quite probable that they will go ahead and play the game.

In the senior series Hamilton R. C., Ottawa, London and T. R. and A. A. have all signified their intention of playing the game, preferably for the receipts to go for patriotic purposes.

Three tennis kings are dead, and in their stead has risen a young ruler, a slim, 20-year-old stripling, who promises to become, if he is not already, the greatest tennis player the game has ever seen — William M. Johnston of California. On Thursday he uncrowned the last of the old regime, "Maurie" McLoughlin, another "native son," in one of the most sensational matches ever played in a national tournament. Tennis students looking ahead to-day saw a long tenure of the championship office for the young Pacific coast star. There was nothing flukey about his honors, for Johnston beat three of the greatest stars the game has ever seen in as many days—Behr, first, then Williams, the champion, and lastly, McLoughlin, whose sensational victories over Brooks and Wilding in the Davis Cup matches have been heralded wherever the game is known.

A Misunderstood Suggestion.

Society Dame—Oh, doctor, I'm so sorely troubled with ennui!

Doctor—H'm. Why don't you interest yourself in finding out how the other half lives?'

Society Dame—Gracious! Why, I'm not looking for a divorce.—Chicago News.

H. Ashick, a teamster in the employ of the Pembroke Lumber Company, was killed in the mill yard of that company at Pembroke when the wheels of a wagon loaded with lumber, passed over his abdomen.

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Large and Roomy Cars.
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Have you tired, aching feet? If so, you need us. We carry a full line of "Scholl" and "Arrowsmith" foot specialties.

Arch Supports, from $1.50 up; bunion pads, toe rights, heel pads, etc., always in stock. Bring up your foot troubles now.

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