

# IN THE REALM OF WOMAN --- TOLD IN TWILIGHT

## Told In Twilight

(Continued from Page 3.)  
 Mrs. Sanford Calvin, University avenue, invited a few girls in to meet Miss Marie Clarke, Columbus, Ohio, in town for a month. Among the guests were Misses Hazel and Doris Browne, Misses Dorothy and Mary Crookall, Miss Margaret Cunningham, Miss Jean Macdonnell, Miss Beth Small, Miss Katherine Hart, Misses Marjorie and Annie Merrick, Miss Gwenneth Merrick, Miss Sybil Kirkpatrick, Miss Eleanor Phelan, Miss Ruth Anglin, and Miss Doris Kent.

Miss Mabel Dalton, Johnson street, went to Toronto, to-day.  
 Mr. and Mrs. Cornelius Birmingham, Judge and Mrs. O'Rielly, (Cornwall) Dr. and Mrs. Frank Birmingham, (New York), Mr. and Mrs. Mulloy, Miss Alleen Mulloy, (New York), Mr. and Mrs. A. B. Cunningham, Miss Bessie Smythe, Miss Marion Redden, Messrs. G. H. Smythe and Lyman, returned on Saturday from a two weeks outing up the Rideau.

Lieut. and Mrs. John M. Longman are on pension at "The Residence."  
 Miss Flora Stewart returned to Harrowmith on Tuesday after spending the week-end with Mrs. H. E. Richardson, Johnson street.

Mrs. S. Radcliffe, Miss E. Scholz and Masters Fritz and Radcliffe Lohrin, University avenue, left to-day for Ottawa, to spend several days.  
 Mrs. H. Adams, Ottawa, is the guest of her sister, Mrs. James Third, Wellington street.

Misses McDermott, Detroit, are visiting in town.

Mrs. Henderson returned to Essex, yesterday, after a visit with Mrs. J. L. Whiting, Clergy street.

Miss Dorothy Crookall is back from a visit to St. Catharines and Hamilton.

W. H. Sullivan, St. Catharines, spent the week-end in town, the guest of Miss Frances Sullivan, Kings street.

Mrs. W. J. Clarke and Miss Marie Clarke, Columbus, Ohio, have taken an apartment at "The Belvidere" for a month.

Rev. and Mrs. T. W. Savary, Miss Rogers and Master Reginald Savary have arrived from Halifax N.S.

Mrs. H. Husted, Philadelphia, and Miss Rose Hopkins, Watertown, N.Y.,



OPERATING A JITNEY FOR A PATRIOTIC PURPOSE.

Miss Hills, of Port Credit, who is operating a jitney between Port Credit and the Mississauga Golf Club, the earnings going to aid the fund for the 36th Peel Regiment, 1st Battalion.

are the guests of Mrs. R. J. Gardiner, Bagot street.  
 Mrs. R. H. Partridge, Toronto, will this week, visit her parents, Mr. and Mrs. R. Easton Burns, Frontenac street.

Mrs. R. Waldron and Miss Isabelle Waldron, King street, are spending a few days in Montreal.

Mr. and Mrs. James Minnes and the Misses Isobel and Katharine Minnes, Bagot street, and Mr. and Mrs. D. G. Laidlaw, Earl street, are expected home from Bay View, Maine, the latter part of the week.

Miss Hambley, and Miss Gladys Burton were among the guests at the Gannaque Yacht Club dance on Friday night.

Mrs. Gladys Taylor Gannaque, is the guest of her sister, Mrs. C. W. Livingstone, Barrie street.

Mrs. W. Chipman, New York, is expected to visit Mrs. Charles Taylor, Johnston street.

Miss Elsie Saunders, Ottawa, is the guest of her mother, Mrs. K. M. Saunders, Alice street, who asked a few people to tea in her honour yesterday.

Misses Gladys and Dorothy Burton and Misses Edna and Marion Booth, camping with Mrs. Maclean at Cartwright's Point, returned yesterday. To-day the Misses Burton left for Belleville.

## Care of the Baby In Summer

After Weaning the Baby.

After a mother has weaned her baby she is very apt to begin to give him "tastes" of various kinds of food. He is often brought to the table as soon as he is old enough to sit up in a high chair and offered bits of the family meal. In this way he soon has his appetite spoiled for the simple food which should satisfy him at this period—namely, milk, cereal, toast and the like. But a far more serious result of this haphazard method of feeding is that it is very apt to make the baby sick. It is not reasonable to suppose that a baby who has been fed almost exclusively on milk for the first nine months of his life can all at once begin to eat solid food of various kinds and not suffer any ill effects from it. The fact is that feeding at this period is hardly less important than in early infancy, and it is because so many mothers fail to realize this and make so many mistakes in the choice of food for the baby at this period that the "second summer" has gained an undeserved reputation for peril to him.

The mother is also apt to be making these experiments in feeding at the time when the baby is cutting his teeth and when, on account of the possible pain of teething, he is not as well able to digest his food as usual. On this account it is especially important at this time that the baby should have the right food in suitable quantities at proper intervals and no other way.

It is not true that this is a particularly dangerous time for the baby. The fact is that about five times as many babies die in the first year of life as in the second and that the majority die in the first three months.

Both the first and second summers of a baby's life are hard on him. Excessive heat alone is sufficient to make a baby sick, and even properly fed babies may suffer in this way, but it is far worse for those who are already sick from other causes, the chief of which is improper feeding.

The following food is suitable for a baby of nine months of age, in addition to the milk prepared as directed in the last article:

Strained orange or prune juice may be given once a day after the baby is eight or nine months old unless his bowels have a tendency to looseness. It should be given midway between feedings—for instance, if he is fed every four hours the juice is given two hours after a bottle feeding or nursing. It is best to begin with a small amount, say two or three teaspoonsful, and to increase slowly till one to three tablespoonfuls are given daily.

At nine months he may be given beef juice, beef tea or plain mutton or chicken broth once a day.

At ten months he may have one to two tablespoonfuls of cereal once a day. Wheat preparations or farina may be used, either of which should be well cooked for at least three-quarters of an hour in a double boiler.

At ten months he may have a small piece of toast or zwieback or a crust of bread to chew immediately after his midday feeding.

At twelve months he may have cereal twice a day. If oatmeal is used it must be cooked for three hours and strained.

The following diet may be recommended for a child at twelve or thirteen months:

6 a. m.—Milk, 8-10 ounces.  
 8 a. m.—Orange juice, 1-2 tablespoonfuls.  
 10 a. m.—Cereal, one or two tablespoonfuls with milk or stale bread and zwieback with milk, 6-8 ounces.

## BATHING ACCESSORIES.

The Dainty Articles Shown Are of Rose Rubber.



CAP, COLLAR AND GIRDLE.

Numerous novelty effects are shown in bathing accessories. Pictured are a dainty and trimmed cap, collar and girdle of rose rubber. These articles may be had in any gay color and go far to brighten a dark colored bathing suit.

Failure to start may save a poor finish, once in a while.

## "What's In A Name"?

Well, if the name is

# "SALADA"

it means irreproachable quality and value.

MILK vs. THESE HOT DAYS  
 HOT WEATHER | You Cannot Be Too Careful  
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Our Milk is thoroughly pasteurized, properly-cooled, and delivered in sealed bottles.

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## Parisian Sage the World's Greatest Hair Grower and Beautifier

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For aches, pains, rheumatism, etc., try Parisian Mustard Ointment. Its effect is wonderful. Use in place of mustard plaster, restitues, or hot applications. Will not blister. 25c. a tube.

"PLUMS UM YUM"  
 Great Big Juicy, Sweet-Vineyard Growers' Co-operative, Ltd., Plums are now ready, and you will have to hustle your grocer. If you want any. Everybody loves Plums, and there are not enough to go round.

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### THE FILMY TEDDY BEAR COMBINATION.



6319

For comfort, style and daintiness this Teddy bear combination is recommended. It is trimmed with lace and hand embroidery.

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Pictorial Review Combination No. 6319. Sizes 32, 34, 36, 38, 40, 42 and 44 inches Bust and 14, 16, 18 and 20 years. Price, 10 cents.  
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Above Patterns can be obtained from  
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## Now that your Grocer can give you KRUMBLES

—the question of the morning cereal is just about three times easier to solve.

You and the family may want KRUMBLES every day. You may want to alternate with Kellogg's Toasted Wheat Flakes or Wheat Biscuits.

Anyway, you'll like KRUMBLES—the first Wheat breakfast food with a distinctive flavor and sweetness of its own, the first that you don't eat simply for the sugar and cream.

KRUMBLES is wheat—all wheat—the whole of the wheat, cooked, "krumbled" and delicately toasted.

The idea is new—the method is new, original and exclusive with W. K. Kellogg, of Battle Creek and Toronto.

Try a saucerful of KRUMBLES, with cream or milk. See how new the flavor is—how pleasing—and how KRUMBLES tastes sweeter and sweeter the more you chew it!

At your Grocer's—KRUMBLES 13 cents  
 in the Kellogg "Waxtite" pack—  
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W. K. Kellogg Cereal Co., Toronto

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