# Cook's Cotton Root Compound,

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address:

**Auto Tires, No. 1** \$12, Ford Size

BIBBY'S GARAGE, Phone 210-917.

### **BICYCLES** From \$25.00 to \$45

Falcon.

**BUILDERS!!** Have You Tried **GYPSUM WALL PLASTER?** 

It Saves Time P. WALSH,

### Automobile For Hire

(1915 REGAL) special Rates for all Kinds of Drives. WEDDINGS A SPECIALTY. Calls. Service and Efficiency Guaranteed.

R. J. Allen, 340 Johnson Si eet

COAL The kind you are looking for is the kind we

Scranton Coal Is good Coal and we guarantee prompt delivery BOOTH & CO. Foot of West St.

### THIN FOLKS WHO

A Physician's Advice. a condition which prevents the powers of nutrition are normal. Instead of getting into the blood, all and flesh producing elements King and Country.

Caution:—While Sargol has produced remarkable results in the treatment of nervous indigestion and general stom-ach disorders, it should not, owing to its remarkable flesh producing effect, be used by those who are not willing to increase their weight ten pounds or

(Published Annually)

enables traders throughout the World to communicate direct with English MANUFACTURERS & DEALERS in each class of goods. Besides being a complete commercial guide to Lon-don and its suburbs the Directory con-

EXPORT MERCHANTS

STEAMSHIP LINES

arranged under the Ports to which

PROVINCIAL TRADE NOTICES of leading Manufacturers Merchants, etc., in the principal provincial towns and industrial centres of the United A copy of the current edition will be forwarded freight paid, on receipt of Postal Order for \$5.

Dealers seeking Agencies can advertise their trade cards for \$5 or larger advertisements from \$15.

LONDON DIRECTORY CO., LTD. 25 Abchurch Lune, London, E. C.

SOME OTTAWA GLIMPSES

Special Correspondence by H. F. Gadsby.

#### Stir Up the Recruiting

which is one eighth of the Canadian tical dreams like that would soon jar Government, can transact all the the Militia Department out of its business this country has in England, sleep. so that Major General Hughes can Another point the recruiting move-safely take the next steamer and ment seems to have overlooked, is come back to his real work. The that the recruits won't come to you. Cleveland Standard Model visit England in search of glory and and get them. The cherry that isn't cruits which are now a feature in our condition of PEACE STIPULAthousand men at any period of the for youth is ever caught by sound

be only too pleased to see him con- football and hockey heroes who de- working member of the community, centrate his brisk and enterprising corate the street corners of most of if he is not permanently and totally intellect on that subject. Not a day our small towns. He should be able disabled. Some scheme of vocationshould go by that General Hughes to point out to them how much bet- af training should be already afoot. try. pect more direction and inspiration the stern tasks of war. For the mained at home. It goes without League, Herr Fredericks of the Man-Prompt Attention to Boat and Train they have received up to date. In cers must get out after the young titled to land scrip, as were the vet- Eberle of the Union of the Middle formance in regard to Valcartier should be able to say that only the announcement were made right now. the eastern and western frontiers lines not as spectacular, but quite as poor fellows who had Hobson's of their duties. It will help the move of German maritime power which helpful to the British Empire.

> persons who carry on the Depart- partment should take in hand is pubment of Militia are in constant need lic meetings. Recruiting speeches of a nervous presence like Major are a fine thing if they are not too General Hughes, who will keep them long, and if they are spoken by the on the jump. It is further suggest- right man in the right vein. States- Expenditure For Canada "Will" Be ed that, as organized publicity is men are a good drawing card, but it what the recruiting movement needs may be laid down as a general rule most, the regular officials of the De- that one khaki uniform that has partment of Militia be reinforced by been at the front is worth a carload a small but competent staff of active of politicians. It follows that reyoung men, who know how publicity cruiting meetings should make great may be attained.

the printed appeal, pictures and pos- ple is worth a wilderness of brave ters, if follows that such a staff words. might be chosen from the newspap- Moveover, the meetings must be there will be added to the Domin- German frontier to the River Somers of Canada, whose business is pub- properly managed, so that the right ion's yearly expenditure a sum of me, together with an interior relicity. Half a dozen reporters and kind of audience listens to the at least \$4,000,000 a year for pen- gion sufficient to give strategic and a couple of newspaper artists would speeches and applauds the heroes. sions for the wives and families of economic support to the channel do the recruiting movement a lot of The right kind of audience is an au- dead soldiers and for disabled ones. ports thus acquired. to the immense advantage of the the prospective fighters, fails of its \$25,000. "I'd certainly give most anything to British Empire. Major General Hug- purpose. Such a meeting took be able to fat up a few pounds and stay hes has his own press agent who place in Massey Hall, Toronto, not that way," declares every excessively blows the Major General's horn on long ago. Half a dozen convergthin man or woma! Such a result is the slightest provocation, but one ing bands drew the would-be-recruits Thin people are victims of mal-nutri- press agent, and he semi-detached at from all parts of the city, but when that, is not enough for the Militia the crowd got there they found Masfatty elements of food from being tak- that, is not enough for the Militia the crowd got there they found Mas-en up by the blood as they are when Department. It should have a dozen sey Hall jammed to the ceiling with press agents blowing bugle calls for the friends of the speakers. It was a

stay in the intestines until they pass | Being in need of ideas, the Militia thering, but it did not do much for Department should seek them where recruiting. The Militia Department duce a healthy, normal amount of fat ideas are to be found. 'Its a safe should promulgate a general order the nutritive processes must be artifi-cially supplied with the power which nature has denied them. This can best Canada, no matter how small, has a cruits and that passive sympathizers be accomplished by eating a Sargoi tab- dozen bright ideas to the Militia De- can help things along better with let with every meal. Sargol is a scientific combination of six of the best estimate. Most people would put The Militia Department will also ficer. solely to publicity. That the place reward for the dangers and hard-

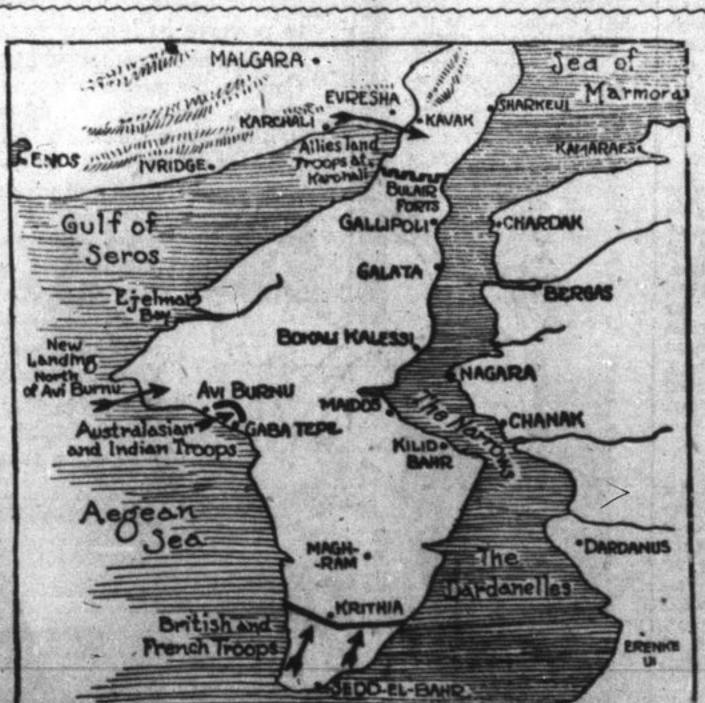
Ottawa, Aug. 12.—It is gradually to get intelligence of the particular dawning upon the leaders of opinion quality required is among the newsthat what the recruiting movement paper men is shown by a little inciin this country needs is ideas, and dent in Toronto, where a very young that the Minister of Militia might be lieutenant, with a brief newspaper usefully employed at home thinking training, had a dream which he actup a few. Premier Borden and Sir ed upon at once. He dreamt a George Perley can arrange all out street car fitted out with flags and standing Canadian questions with soldiers in uniform and buglers, the British Government, and that will which would go out into the high-leave Major General Hughes free to mind his own business, which cencruits in. He interviewed the street tres largely in a suite of offices on railway Manager next morning and the ground floor of the West Block at that afternoon the very car he dreamt of was on the rails and doing Obviously two Cabinet Ministers, a tremendous business. A few prac-

time for the Canadian War Lord to If you want them you must go out with the ragged parades of new refloral tributes from Sir Max Aitken worth reaching for isn't worth pick- big cities. As for a regiment is after Canada has done her full ing. It is not enough to open an of- any part of a regiment going abroad duty in the war and helped to bring fice and hold down an armchair and uniformed, that should never be it to a triumphant conclusion. Mean- wait for the recruits to come in and allowed to happen. Sooner than while, if Canada is to equip and sign the roll. A beribboned ser- that the uniforms should be taken maintain an army which will never geant outside the door helps some from the stay-behinds who will get be less than one hundred and fifty and brass bands do good work too- others when their turn comes. war, Major General Hughes will and color-but more active measur- stimulate recruiting by giving defifind plenty to keep him busy at Ot- es than that need to be taken if an nite assurance that the soldier and army of one hundred and fifty thou- his family will be looked after, not One of the greatest problems Ma- sand is to be kept at full strength. only in the way of separation allowjor General Hughes has before him The recruiting officer must get out ance and pensions, as by law prois recruiting, and the country would and circulate, if he would reach the viding for his future as a useful does not shed a new light on its dif- ter it is to be doing their bit for Members of Parliament, can state. The memorandum is signed by the ficulties. Until lately recruiting King and Country than loafing at as Mr. Rhodes has already done, that following men, who are prominent methods have been left very largely home. The Canadian army would a man with on arm can keep a light in the life of the German Empire: in the hands of the local regimental look better for the presence of many house as well as a man with two Dr. Roesicke of the Agrarian Leaauthorities acting under general or- of these athletic young idlers, who arms, and that, other things being gue, Vachorst von Wente of the Gerders from Ottawa to get so many having won great glory in the news- equal, their patronage in regard to man Peasants League. Baron von men by such and such a time. The papers for their fighting qualities in Government jobs will go to the sol- Twickel of the Association of Westlocal officers have done their duty the sports of peace, have now a dier who has done his bit, rather phalian Peasants, Herr Rouger of nobly, but they have a right to ex- chance to display their prowess in than to the office hunter who has re- the Central German Manufacturers' from the Militia Department than credit of Canada the recruiting offi- saying that the veterans will be en- ufacturers' League and Professor short, this is a chance for Major Gen- Canadian who have no responsibili- erans of other much smaller wars, Classes of the Empire. eral Sam to implement his recent per ties to hold them back. Nobody but it would do no harm if such an They demand greater security of Camp by consistent diligence along out-of-works went from Canada - Much has been said to the recruits and enlargement of the foundation

choice, fight or starve. It is suggested that the routinary | Another matter the Militia De- wards. play with returned heroes from the As the chief means of publicity is battle front. Their splendid exam-

highly successful and enjoyable ga-

known to the medical profession. Tak- the proportion much higher. The Infind that it helps recruiting to put en with meals, it mixes with the food telligence Department is a sub-de- the recruits into uniform at once. An rich, ripe nourishment for the tissues and blood, and its rapid effect is remarkable. Reported gains of from ten to twenty-five pounds in a single month quarter, because its intelligence is chance to be proud of his colors beare by no means infrequent. Yet its diverted into other channels. What fore he is hustled off to the war. A action is perfectly natural and absolutely harmless. Sargol is sold by good for the war. A like the little preliminary glory at home druggists everywhere and every pack partment which will devote itself among his friends is small enough solely to publicity. That the place reward for the dangers and hard-



NEW ARMY AT DARDANELLES. Map shows where the new armies of the Allies are reported by the Turks to have appeared. The Australians and Indian troops north of bors.

Gaba Tepe recently improved their position by gaining the crest of the ridge facing Sari Bahr.



SIR ROBERT BORDEN GETS FREEDOM OF LONDON. The Premier of Canada was recently presented with the Freedom of ondon in an impressive ceremony at the Guildhall. Photo shows the Lord Mayor of London and Sir Robert Borden at the entrance of the

The Militia Department will also

5,000 OR 6,000 PENSIONS.

\$4,000,000 a Year.

As each application for a pension coal deposits. application is finally passed, it is al- taken by German authority. It is estimated that already about onization to Prussia and the Empire 1,000 Canadian men of family have in Present Russian territory. fallen in action, but as stated, only a small proportion of these cases have been dealt with. These cases are first passed on by the pension Back-to-the-Land Principle, Preferand claims board to the Militia Department and then referred to Major W. S. Conger, Canadian pensions of , the After-the-War Committee of the

NOT DAYS OF NAPOLEON.

Key Of Empire. Petrograd, Aug. 12, via London, August 13.-The Novoe Vremya, disflict. The Germans are hurling over the non-productive period. against Russia forces equivalent to An emigration agent who has just seven such invasions as that of Na- completed a tour of Scotland reports technical appliances, whereas in ada. Many enquiries were received 1812 the Russian army in the latter from young crofters regarding pros-

"The Germans are infinitely but ter posted as to the position of Russia than Napoleon and they are incapable of regarding Moscow as the key to the empire. They know that Petrograd is the political centre and that it is only half as far from Riga as from Moscow. It is only a night's railway journey between Riga and Petrograd, and the distance of 260 miles over good roads and two lines of railway does not offer insuperable difficulties. This is no second war of 1812, but something far more

The Rech advises the population of Petrograd that air raids on the capital are likely in the near future and that a hostile cavalry force may possibly get near the capital. It says, however, that there is no fear of anything further at present.

Brazil's Lumber Consumption. Brazil yearly consumes 6,000,000 feet of Swedish pine lumber.

ture punishment only for his neightells her correct age is above par,

TED BY HUNS.

Industrianl and Agricultural Interests Also Ask For French Coast To River Somme, Annexation Of Verdun and Belfort, Extension Of East Frontier.

Paris, Aug. 13.—According to Le Temps, six important industrial and agricultural associations in Germany have sent a long confidential memorandum to Chancellor von Bethmann-Hollweg on conditions of peace which they regard as indispensable to assure the continued economic development of the coun-

ment to dwell a little on their re- will permit of a more vigorous development of economic forces. The -H.F.G. concrete means whereby these results are to be obtained are as fol-

Ottawa, August 13 .- That at the standpoint, to be subject to German end of the war Canada will have Imperial legislation, and, the mem-5,000 or 6,000 pensions to pay is the orandum says, "must be so adminestimate made from the experience instered that its inhabitants shall of the Militia Department so far. have no influence whatever on the While on account of the uncertain- political destinies of the Empire." ty as to the length of the struggle | The memoralists demand as vitprecludes any very accurate predict- ally necessary to Germany possession, it is practically certain that ion of the French coast from the

good. They would not only produce dience of possible recruits, and con- Up to the present, however, the To protect the new frontier from WOULD BE FAT copy with a "pull',' but they would sequently any recruiting meeting number of Canadian soldiers receiv- invasion. Verdun and Belfort and give the fruity old colonels in the that issues so many platform tickets ing pensions as a result of the pre- the western slopes of the Vosges be-Increase in Weight Ten Pounds or Militia Department tips on "human to stay-at-home patriots that there is sent war is only 160, and the am- tween these two cities should be aninterest" that might be worked out no room in the body of the hall for ount paid out to July 31st has been nexed, including the Briev mining I'basin in addition to the northern

takes three or four months between | Furthermore, France is to be rethe time the soldier falls or is quired to indemnify French prowounded and the date on which the prietors for land, buildings, etc., together probable that the \$2,000,- | The memorialists demand such 000 set apart for pensions during extension of the frontier in the east the present year will be sufficient, as will give great facilities for col-

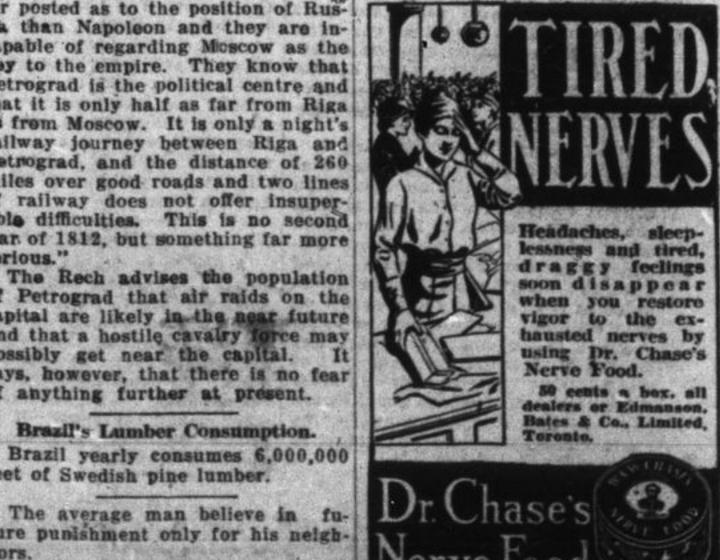
AFTER THE WAR .

ably in Canada. London, Aug. 13 .- The report of

Royal Colonial Institute to be published shortly will unfold a scheme for the settlement of soldiers. The onies or in Great Britain.

The question who will provide the money is the chief problem for the cussing to-day the theory that Petro- committee. The committee wants grad is the real objective of the Ger- the Imperial and overseas Governman offensive, says: "There is an, mnts to provide not merely the land enormous difference between the and transportation, but sufficient War of 1812 and the present con- money is the chief problem for the

poleon and supported by the latest a marked revival of interst in Canrespect was fully on a par with the pects in the Dominion after the war.





Home

Jam-Makers This hint may Save your Jam! No matter how fresh your berries, nor how thoroughly the jam is cooked, nor how clean

the jars are, preserves are absolutely sure to spoil if the sugar used contains organic matter,-impurities-and many Home jam makers should profit by the experience of

others and insist on being supplied with St. Lawrence Extra Granulated Sugar

which has always, and for many years, given satisfaction. It tests over 99.99 per cent pure and is refined exclusively from cane sugar.-

Buy in refinery sealed packages to avoid mistakes and assure absolute cleanliness and correct weights-2 lb and 5 lb, cartons: 10, 20, 25 and 100 lb. bags, and your choice of three sizes of grain: fine, medium, or coarse, -Any good dealer can fill your order. ST. LAWRENCE SUGAR REFINERIES, LIMITED,



Wood's Phosphodine, The elimination of Belgium as an independent state. That country from a political, military, commercial, monetary, banking and postal estandpoint, to be subject to German Imperial legislation, and, the member orandum says, "must be so admining instered that its inhabitants shall, have no influence whatever on the THOMAS COPLEY Telephone 987.

Drop a card to 13 Pine street when wanting anything done in the carpentery line, Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop

#### To-Let

Seven-roomed house, King St.; in good condition, yard, shed, improvements. Rent \$8.00, including water.

W. H. GODWIN & SON Real Estate and Insurance.

**SOWARDS** Keep Coal and Coal Keeps **SOWARDS** 

## **Yellapatty**

High Grade Black Tea Exceptional Flavor.

60c per lb. For Sale at

D. COUPER'S, 341-3 Princess St. Phone 76

HARVEST HELP **EXCURSIONS** 

**Winnipeg \$12.00** 

Going Dates: August 19th and 26th.

16 c Per Mile West of Winnipeg.

For full particulars apply to J. P. HANLEY, C. P. & T. A., Cor. John-



For Harvesting In Western Canada.

"Return Trip East" "Going Trip West" \$18.00 From Winnipeg.

\$12.00 to Winnipeg. GOING DATES August 19th and 20th-From Kingston, Tichborne Jct., Sharbot Lake, Renfrew and East in the Provinces of Ontario and

branches August 21st and 26th-From Toronto, Sault Ste. Marie, Ont., and East the Province of Ontario, including intermediate stations and branches, but not East of or including Kingston, Tichborne Jct., Sharbot Lake or August 24th and 28th--From Toronto and stations West and North in the

Quebec, including intermediate stations and

Province of Ontario, but not including stations

on line North of Toronto ot Sudbury and Sault

Particulars from F. CONWAY, C. A., City Ticket Office, corner Princess and Wellington Streets. Phone 1197.

KINGSTON

Best University and Schools, Best Military Academy. Roicest Summer Resort. Finest Fishing Grounds, On the St. Sawrence Kiver Jake Ontario, Daily Acursions through 1000 dslands. 9 45 Acres of Beautiful Parks, bolest Place in (anada. Excellent Sites for Factories. An Goeal all round (ity.

CALL UP KINGSTON

Keep in mind the "Community Builder" cartoons and articles which appear each Saturday.

1