

THE FAMILY PHYSICIAN

"Fruit-a-lives" is the Standby in This Ontario Home

Scotland, Ont., Aug. 25th, 1913. My wife was a martyr to Constipation. We tried everything on the calendar without satisfaction...



Auto Tires, No. 1 \$12, Ford Size BIBBY'S GARAGE, Phone 210-917.

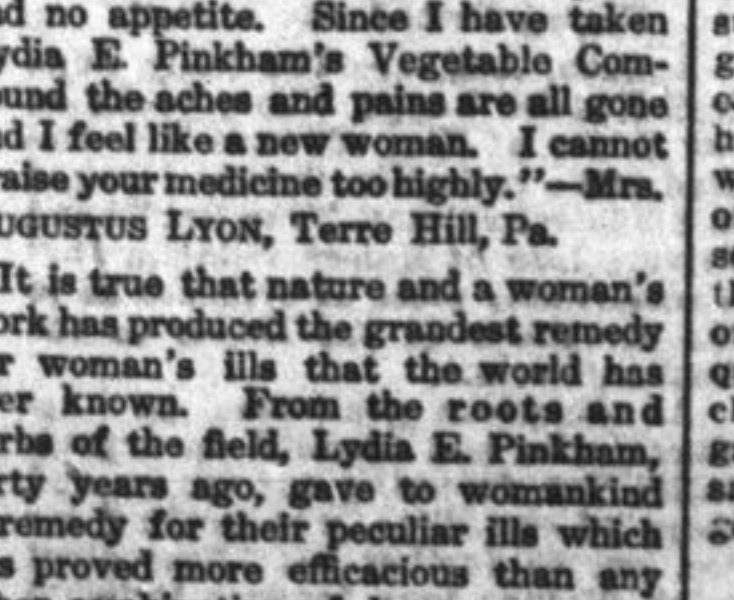
SOWARDS Keep Coal and Coal Keeps SOWARDS

Fresh Saguenay Salmon, Fresh Saguenay Mackerel Dominion Fish Co. PHONE 326.

MRS. LYON'S ACHES AND PAINS

Have All Gone Since Taking Lydia E. Pinkham's Vegetable Compound.

Terre Hill, Pa.—"Kindly permit me to give you my testimonial in favor of Lydia E. Pinkham's Vegetable Compound...



It is true that nature and a woman's work has produced the greatest remedy for women's ills that the world has ever known...

About the least satisfaction a man ever gets out of his money is when he uses it to pay somebody else's debts.

RESPONSE IS GENEROUS

CANADIANS HAVE GIVEN LIBERALLY TO WAR CHARITIES.

Over Six Million Dollars Has Been Raised by the Patriotic Fund and Six Hundred Thousand by the Red Cross—Latter Organization Has Also Collected Fourteen Thousand Cases of Supplies.

When the surveys of the field of social effort and endeavor which has opened up in Canada in connection with the war, one cannot but be powerfully impressed with its comprehensiveness.

The contributions to the Patriotic Fund actually received, up to the 31st of March last, make a total (inclusive of two credits to New Brunswick and British Columbia of \$33,637.51 and \$33,318.58 respectively) on account of moneys expended for relief of \$3,626,275.31.

The Toronto branch of the fund has secured subscriptions, payable during the years 1914, 1915, and 1916, amounting to \$1,000,000, of which sum \$466,380.86 had been collected prior to the 5th of March last.

The executive, however, Mr. J. J. Gibson, the treasurer of the Toronto branch, told a newspaper representative, do not claim much credit for the work in connection with these goods.

The Canadian Red Cross Association has its own commissioner in London. The total sum raised in cash by the society, inclusive of that raised by the Toronto branch, amounts to \$400,000.

There are now living in cities many men with fair sized families who have had experience in truck farming, and who are paying as much as \$200 per year rental for a house and small lot.

CHASE FOR WOMEN.

Lady Drummond Says Many Will Be Seeded in Canada After the War.

Lady Drummond, who is in charge of the Information Department of the Canadian Red Cross in London, and is one of the best known public women and social workers in Canada, is emphatic in her views of a much-discussed question.

It is urged, as one of the arguments why women should fight, that the state will be unable to deal with the problems of the unwieldy surplus of female population when the war is over.

Let us keep this steadily before us when considering the problem now under consideration.

As for the problem of the woman after the war, I think the overseas dominions will find at least part of the solution.

It appears that a number of Canadian ambulance men who were training up our troops, after the retreat from Mons found this little French child half dead from exposure on the roadside.

Rose Day in Toronto developed a new young genius of high finance. A young lad topped at one of the uptown corners...

While some statesmen are all to the good from the viewpoint of their party, most of the legislative brand seem to be political mistle.

B. C.'S TIMBER WEALTH.

Various Conditions Check the Development of the Industry.

The annual report of the Forest Branch of the Department of Lands, B.C., H. R. Macmillan, Chief Forester, takes up what is a very vital consideration to British Columbia, that of its timber resources.

The market problem confronting the lumber industry and the Government's efforts to assist in solving it, are dealt with in the following report. The first hint of war temporarily paralyzed building operations in the market supplied from the Pacific Coast.

"A province so noted for its forests has naturally attracted the attention of investors who have received their training in other forest regions, and who are eager to take part in the development of the last important stand of commercial timber in Canada.

The Department of Education of Ontario are conducting at present model schools at Bracebridge, Gravelly Hill, Port Arthur, Sharbot Lake and Sturgeon Falls.

In 1914 the number in attendance at these schools was 256, of which 58 obtained limited three class certificates valid for five years, 189 obtained district certificates, and 93 obtained extended district certificates.

Chalk as Fuel. In Canada a coal peat fuel has been utilized somewhat extensively, the peat being mixed with coal-briquettes and pressed into briquettes.

To enable boats to be hauled in under water rocks no matter how rough the water a Hawaiian engineer has invented a drill standard with a heavily weighted bottom, power being obtained through flexible connections with a vessel.

FOR TOWN PLANNERS.

New Nova Scotia Act Arouses Wide-spread Interest.

From a fire prevention standpoint, the new town planning act passed in Nova Scotia is arousing great interest among the municipal engineers of the Dominion.

Under the act a local town planning board must be appointed in every urban and rural municipality, and a town planning controller has to be appointed for the whole province.

Canada's Popularity. Any vestige of a hint of depreciation clinging to the word "colonial," which survived the South African war, has certainly died a swift death.

Ontario Model Schools. The Department of Education of Ontario are conducting at present model schools at Bracebridge, Gravelly Hill, Port Arthur, Sharbot Lake and Sturgeon Falls.

Palestine and the Jews. The possession of Palestine after the end of the European war and its ancient Jerusalem as the capital, is an ambition which is being seriously considered by Jews all over the world.

Only One V.C. Man Lives. There are four military decorations to be won in the war. The greatest of these is the Victoria Cross, and three Canadians have been awarded the most coveted distinction, though but one has lived to receive it.

The wife of a farmer sower takes her eyes off the scales when she is selling butter to a peddler. Probably one of the easiest ways for a man to get a wife is to boast that he is a confirmed woman hater.

Cooked Meats

We have the very best in Cooked Ham, Jellied Tongue, Jellied Hocks, Pressed Ham and Veal, Bologna and Head Cheese.

J. R. B. GAGE, Phone 54, Montreal Street.

COAL

The kind you are looking for is the kind we sell

Branston Coal Is good Coal and we guarantee prompt delivery BOOTH & CO. Booth & Co. Foot of West St.

KINGSTON CEMENT PRODUCT

Use brick Flower Vases, Tile, Cap Block. We also make Cement Grave Vases. Estimates given for all kinds of Cement Work.

Half Price Sale of Stylish Summer Footwear at Bargain Prices

Ladies' Pat. Pumps, Grey or Sand Cloth Top. Reg. price \$3. Sale Price \$1.48

LONDON DIRECTORY

enables traders throughout the World to communicate directly with English MANUFACTURERS & DEALERS

The Sawyer Shoe Store

212 Princess Street. Phone 159.

The New York Fruit Store.

Red Cherries, 11 quart baskets \$1.50 Black Sweet Cherries, 11 quart baskets \$1.50 Cantaloupes \$1.00 and 15c each Watermelons \$1.00 and 75c each Grape Fruit \$1.00 and 4 for 25c Tomatoes \$1.00 a lb.

Hair Dressing that Makes Women's Hair Grow Radiant

Women of Canada are demanding a perfect hair tonic, one that is daintily perfumed, that is not sticky or greasy, and that will make the hair grow profusely and give it a lustre that attracts admiration.

No Epidemic of Disease

Has ever been traced to Pasteurized Milk. The only Pasteurized Milk in Kingston is Price's :: Phone 845

You Should Worry If

it were difficult to find a safe and reliable remedy for the ailments due to irregular or defective action of the stomach, liver or bowels.

Beecham's Pills

See famous world over, for their power to cure these troubles certainly and safely. They cleanse the system, purify the blood and act as a general tonic upon the body.

Were Not On Hand