

HOW YOU MAY REDUCE YOUR WEIGHT

Overweightness is a very unwelcome condition especially in the present day, when slender figures are so fashionable...

Your Mirror Only Reflects What Confronts It

Are you satisfied with that reflection? Try our SNOW-FLAKE CREAM as a massage and take a look. You can thank us any time. The price? Oh, say 25 cents.

At Best's

THE POPULAR DRUG STORE Open Sundays.



What a Difference Spectacles were invented by Alexander de Sina, a monk in Italy about 1285. Pictures of them appear as early as 1417.

Those were crude, ungainly things in heavy, queer iron frames. Since then eyeglasses have been constantly improved.

OUR GLASSES

are the glasses of to-day—not yesterday—and reveal the very latest improvements in lens and frame.

KEELEY Jr., M. O. D. O. OPTICIAN AND OPTICIAN 226 Princess Street 3 doors above the Opera House

Summer Selling \$3 Straw Hats For \$1

Your choice of any Straw Hat in our store from \$2 to \$3.50 for \$1.

PANAMAS, \$2.98 Only a few left. Any hat under \$7 for \$2.98. \$4.75 buys the finest Panama obtainable.

SUMMER SHIRTS, 50c. Collars attached—White Shirts selling from 75c to \$1 for 50c

SUMMER SUITS, \$12.50 We continue selling beautiful English Worst and Homespun Suits worth from \$20 to \$25 each, for \$12.50. You should have one.

E.P. Jenkins' Clothing Co.

Napanee

July 29.—Terence Brady, charged with being drunk in a local option district was fined \$25 by Magistrate Rankin in the Police Court yesterday.

At the annual Firemen's Tournament held in Belleville, on Wednesday, the Waddell Challenge Trophy was won by the G.T.R. Brigade, Napanee, being second, and was only beaten by 3-10th of a second, the winner's time being 33 6-10 seconds, Napanee 33 9-10 seconds.

That we have no precedent, however, does not in itself establish an impossibility. Given apparatus of sufficient size and strength, theoretically, of course it could be accomplished.

Gananoque

July 31.—Mrs. Thomson, wife of Robert C. Thomson, passed to rest at the family residence, Garden street, yesterday morning succumbing to the effects of a paralytic stroke which she suffered a few days ago.

Another of the series of weekly dances under the auspices of the Gananoque Yacht Club was held at the Assembly Hall of their club house last evening and was largely attended.

Private Angus McDonald, of the 48th Highland Regiment, is at one of the German detention camps in Germany. He wrote a letter asking for assistance in the line of eatables, tobacco and a pair of boots and was ably looked after by Miss Mary Sherry who collected an amount sufficient to purchase the boots, a good supply of tobacco, and other comforts, as well as some for Roy Mullins who is also a member of one of the Highland Regiments and a prisoner of war at Munster.

Mrs. Frederick J. Miller and son, Kenneth, and Mrs. Harvey Miller, Brookville, accompanied by her grandson Harold Miller, New Bedford, Mass., and Miss L. E. Hurd were visitors in the Limestone City yesterday. Urie L. Combe, Syracuse, N. Y., is spending a short holiday season with relatives in Gananoque. Thomas Baker, the veteran huckster, King street, enjoyed the trip to Ogdensburg, N. Y., yesterday.

THAT COLLAR. Washington Star. That collar, oh, that collar! It was worth at least a dollar To behold a thing so gloriously gay! How its wearer would regret it Should a cyclone ever get it And pick him up and wait him far away!

That collar, oh, that collar! It's enough to make you holler As it floats along the street in jaunty stride It's a fashion's new creation, It's paraded with elation, And a modern summer man is just inside.

L. Poole, Napanee, while in Belleville on Wednesday, had his gold watch and fob stolen from his pocket. Don't suffer. Get Hood's today.

WAR HOLDS BACK RAISING

Sunken Liner Rests On Hard Bottom

At this writing the Lusitania is supposed to rest on a fairly hard bottom in from 300 to 400 feet of water. As a salvage prize, the ship and some of its cargo are worth covering if they can be raised within a reasonable length of time.

That we have no precedent, however, does not in itself establish an impossibility. Given apparatus of sufficient size and strength, theoretically, of course it could be accomplished.

Much would doubtless depend on the ability of divers to descend to a depth which must establish new records by at least 100 feet, and to perform any useful work in getting down. Considerable advance has been made of late in diving work and a recent invention consisting of a hollow metal sphere, now under construction, claims ability to put two men down to a depth of 1,000 feet, with control of the vehicle to permit the occupants moving it about or anchoring it to a ship's side.

It has been suggested that an effort of this nature would probably consist in raising the hull a few feet and dragging in in-shore until it struck bottom; then raising and moving forward again, until it reached shallow water where ordinary divers could work for several hours at a time.

TIRED OF GARRISON WORK

R. C. R. Objected To Bermuda.

London, Ont., July 31.—Announcement that the Royal Canadian Regiment will leave for Bermuda on the great struggle against the Huns, enemies was no doubt received with general satisfaction by the R. C. R. boys.

Letters received within the past few days from men who were formerly stationed at Wolley Barracks and who left this city for Halifax on a special train on the night of Sunday, August 2nd, last year, state that they are "fed up" on Bermuda.

"The thermometer stands at 128 in the sun here and there is no shade," one of the men writes to a friend in London "at the front they only shoot you. Here there is every pest and annoyance from centipedes up."

Stole Horse And Is Now In Napanee Jail

Napanee, July 31.—Hugh Carr, aged forty-five, who has a criminal record of about twenty-five years, having served two terms of six and seven years in the penitentiary and several lesser terms in the Central Prison for theft and horse stealing, was before Magistrate Rankin yesterday on a charge of stealing a horse from H. Lasher, Richmond Township. Accused went into Mr. Lasher's pasture field on Wednesday night last and catching the animal rode it away and made his way to Tweed where he tried to dispose of it, but could not succeed. He then proceeded to go to Hungerford and succeeded in trading the horse for another one, getting one dollar to boot from Peter Lust at whose house he was arrested by High County Constable Van Koughnet on Thursday night. He waived examination yesterday the Magistrate and was committed to jail.

Joseph Brady, appeared to answer a charge of stealing a horse and buggy from Mrs. Clement. Whilst under the influence of liquor he took the horse and buggy which was tied to the fence near a wild berry patch. Mrs. Clement being engaged in picking berries, and drove away with it. The police were notified and High County Constable Van Koughnet started out after him and succeeded in placing her arrest. The horse had been driven furiously and was covered with foam, when the Constable came up with him. He was brought before Magistrate Rankin and remanded for one week.

SEVERE RHEUMATIC PAINS DISAPPEAR

Rheumatism depends on an acid in the blood, which affects the muscles and joints, producing inflammation, stiffness and pain. This acid gets into the blood through some defect in the digestive process. Hood's Sarsaparilla, the old-time blood tonic, is very successful in the treatment of rheumatism. It acts directly, with purifying effect, on the blood, and improves the digestion. Don't suffer. Get Hood's today.

Told In Twilight

(Continued from page 2.) There was a dinner of six covers at the Country Club, on Wednesday evening, when the host was Lieut. Greene, 38th Battalion.

Miss Mollie Saunders, Alice street, went to Adolphastown yesterday to visit her aunt, Mrs. H. M. Johnston. Miss May Rogers, Earl street, has returned from Ottawa, where she had been visiting Miss Sylvia Cochran.

Miss Mary L. Allison, Napanee, spent a few days with Miss Constance Forneri, Alfred street. Mrs. C. W. Belton, Alfred street, has returned after spending two weeks with her daughter, Mrs. Earl Smith, Horning's Mills.

Mr. and Mrs. Bate and Mrs. Olivia Bute "The Inn," Gananoque, motored to Kingston on Friday. Mrs. Percy Murray and her children, Ottawa, are the guests of Mr. and Mrs. Norman Crothers, Bagot street.

Master Hew Duff, Princess street, left yesterday for Muskoka to visit his aunt, Mrs. MacLennan. Mr. and Mrs. Henry Mooers, Barrie street, have returned from Sugar Island where they were the guests of Mr. and Mrs. John McKay.

Miss Gweneth Merrick, William street, is in Gananoque the guest of Mrs. Byron Heaslip. Mr. and Mrs. J. D. Craig were here on Thursday on their way from Ottawa to Cape Vincent, N.Y., to visit Albert Scobell for a week. They will spend a week with Mr. and Mrs. W. G. Craig, Barrie street, shortly.

A. P. Christmas returned from Mon. Thursdays with week and is with Mrs. Christmas at their cottage on Garden Island. Judge and Mrs. Madden, Napanee, are spending a couple of weeks at Bon Echo Inn.

Mrs. Charles Wolfe, Tete du Pont Barracks, has returned from Quebec after a pleasant visit with Sergeant Major and Mrs. W. L. Wolfe. James E. McLearn, Athens, is a guest of friends in Kingston.

Miss Vera Montgomery, Kingston, is holidaying at her home at Lodgecroft. Mrs. (Rev.) G. Edwards left Athens last week for California and Vancouver on an extended visit to her son and relatives.

Mrs. Charles Miron and daughters, of Kingston, are visiting Capt. and Mrs. M. M. Miron. Miss Mary Olin, Kingston, spent the week-end with Miss Margaret Graham, Perth.

Mr. and Mrs. George Joyner have gone to Sydneyham to spend a week with Mr. and Mrs. Charles Joyner. Mr. and Mrs. W. S. Johnson, Toronto, were the guests of Mrs. R. Meek, University avenue, for the past few days. Mrs. Meek entertained on Wednesday afternoon for friends to meet her guest.

Miss Mary Chalmers, Kingston, is visiting in Smith's Falls. Mr. and Mrs. Judson Grant, Cape Vincent, have for their guests Mr. and Mrs. Edward Jones, Kingston, and her two daughters, the Misses Ethel and Louise Jones, New York.

Mr. and Miss Geddes have returned to Toronto after visiting in Kingston. Misses Dorothy and Hester Taylor, Belleville, are in Kingston to visit Mrs. H. Hogan.

Miss Annie Geake has returned to her home at Kew Beach, Toronto, after spending a few days with her sister, Mrs. G. M. Robinson, Princess street. Miss Mary Folger, Sydneyham street, left on Thursday for Muscatonge, Iowa, where she will visit her sister, Mrs. J. W. Rankin for some time.

Miss Helen McMurrich, Toronto, will be Miss Bessie Smythe's guest for the week-end. Miss Amy McGill returned to St. Anne de Bellevue to-day after spending her holidays with Col. and Mrs. S. C. McGill, Gore street.

Miss E. Walsh, superintendent of the Cobourg Hospital, has returned there after spending a few weeks' holidays in Kingston. Rev. Canon E.A. Hanington, many years rector of St. Bartholomew's Anglican Church, is seriously ill. St. Bartholomew's Church stands near Rideau Hall grounds, and is the church where the Duke and Duchess of Connaught worship.

Mrs. Heberman and Mrs. O'Neill, New York, are the guests of Miss Dwyer, Barrie street. Miss Rose Rogers, Earl street, is staying with Miss Kathleen Carruthers at "The Farm."

Miss Pearl Oldrieve, Wellington street, visiting Mrs. Albert Otis in Watertown, N. Y., is expected home Monday. Misses Daisy, Albert street, will spend the next few weeks at Bon Echo.

Rev. W. L. Wilkins, Trenton, was in Kingston for a couple of days this week. Mrs. E. R. McNeill and her family and Mrs. J. Macpherson, have returned from Kennebunk Beach, Me., and will leave shortly for Bermuda.

J. M. Hughes, University avenue, went to Montreal to-day. H. W. Richardson, "Alwington," has returned from a two weeks' holiday in Northern Ontario. Dr. Dennis Jordan has returned to Toronto after a short visit with Professor and Mrs. W. G. Jordan, Barrie street.

Mrs. Douglas Glass, Toronto, was the guest of Mrs. W. T. Connell, Arch street, for the week-end. Douglas Hammond, Kingston, returned from Peterboro on Thursday. Mrs. Frederick Brownfield, and Miss Marjorie Brownfield, Wellington street, came back on Thursday from Halifax, N. S.

Dr. J. J. Harty went to New York on Thursday. Mrs. Eliza Pringle, beloved wife of Thomas French, Humberstone, departed this life, in the 43rd year of her age, on 13th July, Deceased

Probs: Mostly fair; local thunder. Sunday fine; cooler.

Saturday Evening Specials!

On Sale from 5.30

Double Stamps!

From 5.30 to 7.30 only. Shop early and secure a saving of 10 per cent. on all your cash purchases during this great two hour feature.

One hour Sale Wash Goods From 7.30 to 8.30

800 yards of White and Colored Wash Materials; priced from 20c to 85c. To-night 8c

SILK GLOVES, 10c CHILDREN'S HOSE, 10c 72 pairs of Black, White and Tan—all small sizes; priced from 45c to 75c. To-night 10c 15 doz. Fast Black Cotton Hose—sized from 6 1-2 to 8 1-2; priced from 15c to 20c, according to size—for a quick clean-up. To-night, 10c

WOMEN'S UMBRELLAS, 59c 10 doz. Black Handled Umbrellas—slightly shop-worn, otherwise perfect—sold heretofore at from \$1.25 to \$1.50. To-night 59c

SUMMER UNDERWEAR 15 doz. Swiss Lisle Combinations, in women's and outside sizes—a special at 50c. To-night 38c Or 2 for 75c.

10 doz. Silk Lisle Drawers—sold right in town at 60c. To-night 38c

STEACY'S

DAVIES'

Spring Lamb

SPECIALS: Legs 25c lb. Loins 25c lb. Fronts 22c lb. Chops 25c lb. Stewing Cuts 18c lb. Mint with orders.

The Wm. Davies' Co. Limited. Phone 597.

HENDERSON STUDIO

First class Enlarging and Copying from Photographs or Negatives. Phone 1218, 99 PRINCESS ST.

The New York Fruit Store.

Red Cherries, 11 quart baskets 75c Black Sweet Cherries, 11 quart baskets \$1.50 Cantaloupes 10c and 15c each Watermelons 3 for 25c and 4 for 25c Grape Fruit 10c a lb. Tomatoes 10c a lb. Goods delivered to all parts of the city.

No Epidemic of Disease

Has ever been traced to Pasteurized Milk. The only Pasteurized Milk in Kingston is Price's :: Phone 845

For The Children

Best British Made Barefoot Sandals: Sizes 6-10 Only \$1.00 Sizes 11-2 Only \$1.15 Other makes from 90c up. Special for this week—Children's Cushion Soled Welt Shoes and Boots, in tan and patent leather; sizes 3 1-2 to 7 1-2 Only \$1.25

JACK JOHNSTON'S Shoe Store 70 Brock Street