After Suffering Almost Two Years,



MR. WHITMAN 882 St. Valier St., Montreal.

"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years. I was in constant misery from my stomach and my weight dropped down from 225 pounds to 160 pounds. Several of my friends advised me to try 'Fruit-a-tives' and I did so. That was eight months ago. I began to improve almost with the first dose. No other medicine I ever used acted so pleasantly and quickly as 'Fruit-a-tives', and by using it I recovered from the distressing Stomach Trouble, and all pain and Constipation and misery were cured.] completely recovered by the use of 'Fruit-a-tives' and now I weigh 208 certain localities. pounds. I cannot praise 'Fruit-a-tives' enough". H. WHITMAN.

50c. a box, 6 for \$2.50, trial size. 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

SOWARDS Keep Coal and Coal Keeps SOWARDS

Good Spirits can only be enjoyed by those whose

digestive organs work naturally and regularly. The best corrective and preventive yet discovered for irregular or faulty action of stomach, liveror bowels, is known the world over to be

BEECHAM'S

Fresh Saguenay Dominion Fish Co. PHONE 526.

WOMAN WEAK

Finds Health in Lydia E. Pinkham's Vegetable Compound.



boy. I am very glad that I took Lydia B. BOSCAMP, 504 E. Howard Street.

fons of Roots and Herbs lia E. Pinkham's Vegetable Comhich is known from ocean to the standard remedy for

or forty years this famous root and

ont Lydia E. Pinkbam's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass, for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

大下文中世 "特别大多多种"

SOME PARTS OF CANADA HOW-EVER HIT BY FROST.

Crop of Applies Will Be Large Except In Southern and Western Ontario-Nova Scotia Will Have a Record Yield-Okanagan Valley Output Promises to Be Especially Heavy.

Following a very mild winter, the spring opened with warm weather in April, giving fruit buds an early start. Since then there has been considerable rain, accompanied by low temperature. Frosts have been reported from many localities, some having done little or no damage, while in other instances the losses will be severe.

In the Toronto-Hamilton district the growers estimate the losses to the strawberry crop by frost at 35

In the Province of Nova Scotia the season was particularly late and

ceived regarding conditions in the United States. Full inquiries will be made during the month of June and the information gathered will be included in the July Fruit Crop

Applies .- Basing a forecast the set of blossoms in the various fruit districts of Canada, it appears that the crop will be large, except in southern and western Ontario, where it will be only half of that harvested last season. Large orchards in eastern Ontario promise a heavy crop with the exception possibly of Spies and Greenings in

The Province of Nova Scotia will probably have a record crop, and if marketing conditions are satisfactory the growers should have a very successful season.

In the districts of Quebec and Ontario where Fameuse and McIntosh apples grow extensively, these two varieties have blossomed well and set heavily.

British Columbia reports a normal crop, probably about equal to that harvested a year ago. It is important to bear in mind that many young orchards are coming into bearing in this province, and that the total amount of fruit produced will probably increase yearly for some time

The crop in the Okanagan Valley promises to be heavy. Only those orchards which produced a large crop last year have had a light blossom. Young orchards which will come into bearing this year with a fair crop will greatly affect the total output.

The acreage under tomatoes is considerably reduced this year in Ontario, and many canning factories will not be operated. There has been severe damage by frost in all parts of the province. The supply of tomatoes on the markets this year will be small compared to that of

There is a general feeling throughout the country that the markets for fruit this year will not be good. The war in Europe, with its depressing consequences, has made fruit growers pessimistic, and we have received several inquiries from different parts of the country regarding the possibility of disposing of fruit at fair

At this time it is only possible to make a prediction; which must be more or less vague and speculative? far as production is concerned. entirely upon the distribution, upon the quality of the fruit and upon the extra demand which is created by publicity or by any other means,

There seems to be no immediate cause for the producers to be discouraged. Later in the season will be quite soon enough for that. there is any need for discouragement at all. In the meantime, growers will be doing themselves the best possible service if they take care of their crop just as they would in an ordinary season. If the fruit is of good quality and is well packed there is no reason to doubt that there will be a demand for it at prices which will return the producer a satisfactory figure,

Ernest Cowper's Heroism. The action of the Toronto newspaperman, Ernest Cowper, in rescutania, named Helen Smith, has appealed so much to Queen Alexandra that she has sent to the Cunard Company at Liverpool a request for

Mr. Cowper put the child, who is gix years of age and extraordinarily intelligent, into one of the lifeboats after the ship was torpedoed. After being in the water for an hour and be so weak and ner-vous and in so much get into a boat, and by a curious misery that I would coincidence the first one to greet costrated. A him aboard was the little girl, who

said, "There's the gentleman who Helen Smith through the disaster has been left alone in the world and the interest of the Queen Mother is typical of her kindness of heart. Many offers to adopt the little survivor have been receive

Rev. Dr. Gordon Honored. Rev. D. M. Gordon, D.D., principal of Queen's University, has been made a companion of the Order of St. Michael and St. George. Dr. been princepal and vice-chancellor of Queen's since 1992. He is a native of Nova Scotia, where he was born was received in Glasgow, Scotland. For many years he was prominent in the ministry of the Presbyterian

Usually what you and I call intuiion is merely guessing Don't quit to-day's job to think of the work of the morrow. By loosely handling the credit system you may lose credit.

Self Denial Is Rare. "The average human being does not

want to live hygienically!" exclaims the editor of Clinical Medicine. And be backs up his assertion with the fol-

"Once we published an account of a case of diabetes we had treated with some success. A distinguished retired army officer read it and as a cousequence called upon us. We began explain the regimen necessary when be interrupted to say: 'I don't want any diet. I want you to give me a treatment that will allow me to eat resigned.

"Mr. Man doesn't want to stop drinking or smoking or working or playing too much. What he wants of us is the means to keep on as he has been living. Madam does not relish our advice to cut down her bridge parties, loosen her corsets and quit gorging. She wants medicine to restore her youth, it up until she has had enough. "They all come to us, not for reform,

Sea Water Salt.

but to be enabled to go on sinning."

The salt industry of San Francisco About a year clapses from the time the origin. sea water goes into the ponds until the product is ready for the market. because the evaporation from the surally starts in May or June of each fathers. year, so as to take as much advantage as possible of the warm period of the summer .- Argonaut.

Degrees of Pain. are all the warmer afterward; your you are tried for a little while by hav- narrow exclusiveness.

Mark Twain on Genders. Our ability to personify a sea ship by using the pronoun "she" and to keep one strong point of our language. It is impossible to be so subtle in French, to the kitchen." "Where is the accomsome oversight of the inventor of the as a like nominal sum to-day. language a woman is a female, but a wife (weib) is not."-London Mail.

The Right Door and Another. friend on his acquittal, the junk dealer ed at Ypres, April 25. business leads me to believe that the door of success is mighty close to the door of the penitentiary, and if a man is not careful he is likely to take the wrong door."-Indianapolis News.

Better Still. "But," said a student of one college to a friend who was attending a riva institution, "your college nover turns out gentlemen."

"Of course it doesn't," replied the other. "It allows gentlemen to go righ on and graduate."-Providence Trib

Natural Enough. Grubbs-Why does young Litebran insist on wearing his hair pempadeu Stubbs-He can't help it. His hair following the rule that prevail throughout nature, abbors a vacuu and seeks constantly to make its cape.-Richmond Times-Dispatch.

Great Triumph "Well, how did you come through that afternoon tea?" "Came through all right. Didn't spil anything on anybody but myself."-Kansas City Journal

Making Him Wise. Jones-Do you know, I fancy I have puite a literary bent. Friend-All right my boy. Keep on and you'll be worse than bent; you'll be broke,-Stray Stu-

ly remains a creditor.

DALHOTSIE COLLEGE.

Nova Scotian University Is Nearly Stock Likely To Again Be Dividend One Hundred Years Old.

old Dalhousie College, Halifax, N.S. common stock will return back to Lord Dalhousie declared that the lematical. college was to be for "the instruction of youth in the higher classics and in all philosophical studies." He anything I want, in any quantity! We made the following additional remarks with reference to the new in-

"Its doors will be open to all who profess the Christian religion. "It is particuarly intended for those who are excluded from Wind-

How splendidly has Dalhousie fulfilled its mission, and widened its per Co., declared three dividends of arms since then! How grandly has \$1 each making fifteen declarations take off her fat and enable her to keep it broadened the educational outlook of the province, and broadened

itself therewith! Just about 100 years ago Halifax | was engaged in fitting out a naval Times' estimate of Canada's fire losexpedition, intended immediately for ses up to June amounted to \$1,107,Imperial purposes, but which was to 156, compared with \$1,267,416 for nition cold, wet weather continuing up to the latter part of May.

The latter have direct local consequences of the the corresponding period of last year article is the result of evaporating the part. The war of 1812-14 was then sea water. Claim is made that more on between Great Britain and the salt is thus made here than anywhere United States. That expedition was else in the world. Water is collected directed against Castine, a fortified lar quarterly dividend on the preferin prepared shallow ponds, where, aft-er evaporation has been completed, the therein several vessels, one of them salt is shoveled into small railway a man-of-war-was, captured. It cars, taken to the refining works, re- was held until the close of the war. melted and crystallized out in vacuum From this capture came the fund to pans. It is washed and cleaned which Dalhousie College owes its

Halifax of a century ago gave not only of its time and means but of its very life blood to the founding face of the ponds is only about twenty- being asked to contribute only of its of Dalhousie. Halifax of to-day is eight inches a year, over and above means for the continuation of the the natural rainfall. The process usu- great work so nobly begun by its

. At the same time, just about 100 years ago, another and even more important stream of vital energy was being compressed and directed unknown to those in control of it, in the direction of future Dalhousie, There are degrees of pain, as de Pictou Academy was at that time in grees of faultfulness, which are alto- process of organization for the same gether conquerable and which seem to purposes that Lord Dalhousie, eight discipline. Your fingers tingle when to be those of Dalhousie, namely for you go out on a frosty morning and untrammelled secular education - vidends. "particularly for those excluded limbs are weary with wholesome work lege, broad and liberal as is its presand lie down in the pleasanter rest; ent spirit, was then dominated by

ing to wait for some promised good, The history of the founding of old pool, England, took over the Hudson and it is all the sweeter when it comes. Pictou Academy, the first non-sec- Bay Insurance Co., of Vancouver, But you cannot carry the trial past a tarian College in that province, is with all its assets, liabilities, etc. certain point. Let the cold fasten on one of the loftiest chapters in the The powers of the Toronto Type your hand in an extreme degree, and your fingers will molder from their sockets. Fatigue yourself but once to secure proper recognition from the left secure proper re utter exhaustion, and to the end of Legislature of that day. How that Morgan, J. P. Morgan's eldest son, life you shall not recover the former college afterwards moved, in accord- will shortly be made a partner in the vigor of your frame. Let heartsick- ance with the exigencies of changing | firm of J. P. Morgan & Co. ness pass beyond a certain bitter point times and conditions, first to Dur- The North German Lloyd Steamand the heart loses its life forever .- ham, then to Truro, and finally to ships Company earnings for 1914 Halifax, whither it brought the were \$8,555,000, as compared with blood and vitality for the resuscia- \$20,105,000 in 1913, a drop of fiftytion of Dalhousie, whose initial seven per cent.

well known to all. the Zeppelin in place as "It" brings out efforts, the self-sacrificing and far- caused by the death of Hon. Samuel seeing struggles which went to the Barker. founding of the original Pictou Aca- There were 12,740 commercial which has no neuter, or in German, demy. The poorest men in town and failures in the United States during with its arbitrary scattering of gen- country put their hands deep in the first half of 1915, with an aggreders. Mark Twain gave as a typical their pockets to make its beginning gate indebtedness as reported to R. instance of good German: "Wilhelm, and its continuance possible, Farm- G. Dun & Co., of \$188,587,535. where is the turnip?" "She has gone ers who were undergoing the struggles and privations of pioneer set- 934,700 tons of wood pulp in her tlers voluntarily subscribed ten, sixty-six active pulp mills in 1914. plished and beautiful English maiden?" twenty, or fifty pounds each, for its This is an increase of over nine per "It has gone to the opera." Mark went sustenance—and those were pounds cent. from the production of 1913. there seems to be every indication of a fair crop of all varieties. Whether is male, its buds female, its leaves also carefully noted that a hundred rectors of the Union Trust Company, neuter; horses are sexless, dogs male, or two hundred dollars then, was Toronto, Mark Bredin was elected to cats female, including tomcats. "By worth three or four times as much the vacancy on the board caused by

Heroes' Names Preserved.

Names of Canadian soldiers who i have fallen at the front are being A junk dealer in an Indiana town perpetuated by the Geographic Of Man had been persistently suspected of act. Board of Canada. The north fork of ing as a "fence" for stolen goods and finally was arrested on a charge of that kind. However, after a jury trial he was accounted on a technicality. he was acquitted on a technicality. Creek, in memory of Captain J. Her-Commenting soon afterward with a rick McGregor, 16th Battalion, kill-

name is given to the north fork of street car all is coldness and self the Naas River, in British Columbia, seeking. Everyone pays his nickel He was a Vancouver man, who fell and then it is hustle and crowd for early in the Canadian fighting. ton, a British Columbia man, killed the passengers do not actually as at Ypres, April 24, is bestowed on a sault one another the conductor has tributary of the Nation River, in no right to interfere. The ordin-

Fixing Soldiers' Teeth.

The Canadian Army Dental Corps. the new branch of the service organized primarily to keep in order | The Sunday school teacher was talkthe teeth of men who leave for the ing to her pupils on patience. She front, has now begun work, and a explained her topic carefully, and, as dental clinic has been organized at an aid to understanding, she gave Niagara camp. The work at the each pupi' a card bearing the picture camp is under the direction of Lieut. of a boy fishing. Guy Hume, D.D.S., of the C.A.D.C., "Even pleasure," she said, "rewho organized the clinic, and a staff quires the exercise of patience. See of dental surgeons, some of whom the boy fishing; he must sit and wait are to be given commissions in the and wait. He must be patient." new corps, and others engaged temporarily have begun work on the teeth of the men of the different units in order as they are likely to leave. Six chairs run continuously, and it is expected that dental officers will be sent abroad with all subsequent units that leave Canada

Get Medals For Heroism. Two medals of the Royal Humane Society have been awarded to Messrs. Henry Fisher and William Jamieson, of Sturgeon, King's his name with an alien "k" on the county, P.E.L., for their heroic work same principle that caused Murdoch in rescuing Patrick McGee, St. the Scottish coal gas discovered, to Mary's Road, from drowning when bring his to an end with a "k." his fishing dory capsized in a storm. you turn to Murdoch's biographers

Ninety-two years ago, on the New York, July 16 .- It is very 22nd of May last, the foundations of likely that Baldwin Locomotive at the north end of the Parade, were the ranks of dividend payers in the well and truly laid by the noble Eart very near future. In fact, it is and Governor of Nova Scotia, whose spoken of in New York, that it will territorial appellation it so worthily lead American Locomotive to this bears. In laying its corner stone, place, but as to that, it is very prob-

FINANCIAL MATTERS

War Orders Placed.

Chicago, July 16 .- The prevalent Chicago estimate, for which I do not vouch, is that European war munition orders placed in this country to date aggregate \$1,500,000,000 and will show a profit of 29 per cent,

Record Copper Dividend. Boston, July 16 .- Champlain Copsince February 21st last.

Toronto, July 16 .- The Monetary

Dunlop Tire Dividend. Toronto, July '16 .- The Duniop

Tire Company has declared the regu-

To Take Over Business. Ottawa, July 16 .- Notice is given in Canada Gazette of the incorporation of W. J. Dick, barrister, Milton, and others, as "Dale's, Limited," to take over and conduct the Dale Florist business of Brampton. The capital stock of the new *company is

Commercial Notes. It is the intention of the French Government to continue the morator-

The Canadian Cereal and Flour Mills, Limited, is likely to be reorganized at an early date. Ore to the estimated value of \$186,791 was mined at the Nipissing during June.

Over \$5,000,000 are computed to be merely forms of wholesome trial or years afterwards, formally declared be due shareholders of Canadian companies on deferred preferred di-United States Smelting Co., ac-

quired ownership of three large Kansas smelters in deal involving \$1,000 The Royal Insurance Co., of Liver-

It is expected that Junius Spencer

spark of life had early darkened, is H. S. Strathy, Toronto, has been elected vice-president of the Union But few are aware of the heroic Trust Company to fill the vacancy

> Canada produced approximately the recent death of the Hon. Samuel Barker, late vice-president.

BRUTE FORCE

All Powerful in Street

Portland Argus. To begin a treatise on street car manners a writer must state that there are no street car manners People may be courteous and deferential to each other in a public ball. said, "A long experience in the junk The late Lieut. D. P. Bell-Irving's an elevator or other places, but in a a seat. The weakest go to the hang-The name of Private Philip Nor- ing strap every time. So long as that province. It will be known as ary laws of prior rights and place aux dames do not apply to the seats in street cars where the brute force of the original cave man has sway.

Having treated the subject very fully, she began with the simplest most practical question: "And now can any little boy tell me what we need most when we go

The answer was quickly shouted

Established over Forty-one Years

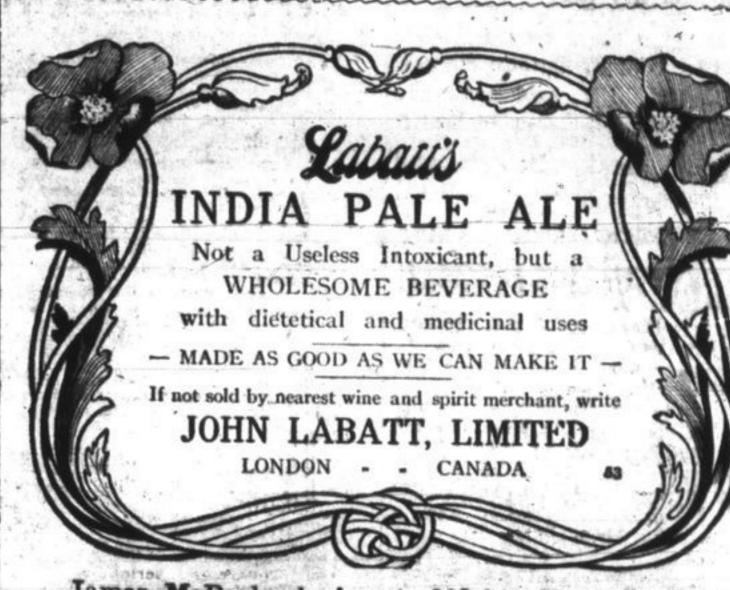


Fresh Columbia Ig- 30cEach nition Dry Cells

KINGSTON BRANCH

Manager

H. E. Richardson,



James McParland, Agent, 339-341 King St. East.

COMPLAINT

at a time.

Faced with a third operation

she took

Two years ago Nurse Dowdeswell, of 37 Alfred street, Gloucester, England, wrote to say that Dr. Cassell's Tablets had cured her of acute kidney trouble, and saved her from operation, and she now tells her story for the benefit of fellow sufferers in the Dominion. She says: "I am pleased to say that I have had the best of health since I told you of my cure by Dr. Cassell's Tablets some two years ago. People remark on how well I look. When I think of what I suffered before I knew of Dr. Cassell's Tablets, feel I can never sufficiently praise your splendid medicine. Kidney trouble had reduced me to such a state of helplessness that I could not walk alone. I had undergone two operations, and taken endless medicine; but nothing helped me. Often I was in frightful pain, pain that in the small of my back. My head ache-



I have said, I was twice operated on for kidney trouble I got no relief at all. I was urged to undergo a third operation on my left kidney; but by that time I was and Iasting, and the accounts related true beyond all question, are given out of benefit was so apparent that I refused the sheer gratitude for new health, atrength. no more paint; the dyspepsia, too, was tested remedy is now in world-wide repute cured and I bagan to gain flesh. In a for Nervous Breakdown, Nerve Failure, remarkably short time I was thoroughly Infantile Weakness, Neurasthenia, Sleep

eak to walk alone, even very severe cases. Here is another instance which further emphasises the extraordinary healing and vitalising powers of the great British remedy, Dr.

Cassell's Tablets. ACUTE KIDNEY PAINS Made Her Life a Torture,

Mrs. Ada Elliott, 6, Russell Grove, Regent Park-road, Coventry-road, Birmingham, England, says: "I first of all noticed that something was wrong with me when I wanted to stay in bed beyond my usual time. When I got up I trembled from



for hours at a time. I was also a fit to split, and I had no heart or energy martyr to dyspepsis, and so weak and for anything. I had the best advice, and spiritless that I used to wish I could die was told that my kidneys were affected. Medicine after medicine was tried, but no matter what I took or did the grinding pain went on. All food disagreed with me until I got to dread meal-times coming

"My skin was of a sickly, unhealthy colour, and puffy rims formed round my eyes, and I dragged out the miserable days as best I could. All I wanted was rest, and to be free from the constant pain which was tearing the life out of me. . The headaches and backaches became worse and worse, until there were days and days when I could hardly stir. got very little sleep at nights, and this added to my sufferings. I was completely A few months ago I read a report of Dr Cassell's Tablets having cured a long standing case of kidney trouble and pervous prostration. I started taking the tablets at once, and am delighted to tell you that I am now cured. The wretched headaches and grinding backaches left

me, and my health is now splendid LARGEST SALE IN BRITAIN Popularity Now World-Wide.

mis fishing dary capsized in a storm.

They put out in a boat and saved the by love and generosity.

Minds are not conquered by arms, but the put out in a boat and saved the put out in a boat out of Murdoch's biographers is sometimes very trying—I just take a discussion. They put out in a boat and saved the put out i