

# IN THE REALM OF WOMAN --- TOLD IN TWILIGHT

Three Interesting Women Who Have Done Things Out of the Ordinary.



A Lusitania Heroine

A Heroine, a Crack Shot, and a Real Sport. Charming Miss Virginia Loney, one of the heroines of the Lusitania disaster aboard the SS. St. Paul, on which vessel she arrived in New York, her home city, a few days ago. Miss Loney, though only sixteen years old, took the place at the oars of a sailor who had collapsed and helped to row the life boat in which she and a number of other survivors of the ill-fated vessel were members. Miss Loney lost her father and mother in the sinking of the vessel.

Mrs. J. S. Boa, of Montreal, was photographed while shooting at the Dominion trap-shooting tournament at Ottawa. She was the winner of the Fred Gilbert trophy. Regularly she breaks 14 out of 15 clay birds and has broken 95 out of 100.



Canada's Finest Woman Shot

Milwaukee Girl Winning a Novel Wager

Miss Esther Adargo, of Milwaukee, who astonished the residents of Venice, Cal., by driving a team of pigs for a mile along the ocean front, while attired in a scanty bathing costume. Miss Adargo is the owner and trainer of the novel team and took the ride behind them on a wager.

## THE PERFECT PIE

(By Peter McArthur.)

Probably no dish that ever appeared on our tables has caused so much burning as the pie—and I do not mean by that to suggest the connection between heartburn and indigestion. The pie with the hunting case crust has eclipsed many a honey-moon. The unsuccessful pie has been the uncharted rock on the sea of matrimony, the slough of despond on the straight and narrow path. But the good pie, the perfect pie has been from time immemorial the peace-maker, the healer of lovers' quarrels. The great outstanding fact of married life is that men want pie. As Scott did not exactly say:

Lives there a man with soul so dead, Who never to his wife hath said: "I wish that you would learn to bake Pies like my mother used to make."

But I have known a man to do even worse than that. I have known a man to say to his wife: "I wish you could make pies like your mother used to make."—In that way he rebuked her and made friend with his mother-in-law, a feat of diplomacy never equalled in the chancelleries of Europe.

But the question has been raised: "What kind of pie was it that mother used to make? What was her masterpiece?"

There is no need of an dispute on this subject. Just what I'll you find one of those old-fashioned pie-making mothers and listen to what she is singing to the grandchild on her knee,

"Can she make a cherry pie? Billy Boy, Billy Boy! Can she make a cherry pie, Charming Billy? She can make a cherry pie While a cat can wink its eye, But she's a young thing and can't leave her marry-o."

When the biggest cherry trees that are now laden with ruddy fruit were mere seedlings, that song was as popular as Tipperary is to-day, and there are still merry grandmothers who sing it to their marriageable grandsons when they go a-woolung. In the good old days before there were pie factories where pies are made by machines and should be eaten by machines the making of a cherry pie was the ultimate test of a housekeeper. No girl was accounted worthy of a home, who could not make a perfect cherry pie.

And this is the season of the cherry pie! Let me whisper something. Every girl should show that she is able to make cherry pies. Every love-lorn boy should see that the girl he loves is able to make them. A word to the wise is sufficient—though in this case a word to the foolish might be more appropriate.

Popularity Of Jenny Frock. The Jenny frock, like the Paquin style, makes lavish use of black lace, but there is not tulle about it, and instead of taffeta, dark blue satin is combined with the lace. This idea of dark blue silken stuff and black lace is often repeated among the season's models and affords a combination both practical and dressy, dark enough and firm enough for hard wear, yet gaining from the lace a note of lightness and elaboration.

The skirt of the Jenny model is simple to understand and to make, but the chic, high colored bodice is slightly more intricate in cut, though simple in air. There is a deep lace yoke in the back, as in so many of the new season's waists, this yoke running down below the shoulder blades and forming more than half of the bodice's back. It extends up over the shoulders to form a shoulder yoke showing from the front, and joins a high close collar of the same which finishes with a flat pump bow and ends of the lace over a flat tab of satin in the front. The upper part of the sleeve down to the depth of the lace yoke is of lace, joining smoothly a long close sleeve of satin.

The prevalence of the back yoke and various unusual bodice back trimmings are, according to one well-known dressmaker's opinion, a concession to the figure which has been cultivated by women during recent seasons.

Points For Beauty Seekers. If almond meal is too expensive a skin cleanser you will find ordinary yellow corn meal an excellent substitute. Fill the bowl, with warm water, dip in the washcloth, sprinkle with meal, and bathe the face thoroughly. No soap will be necessary and the surface of the skin will be left beautifully soft and smooth.

If you are fortunate enough to live in the country walk out into the bi-ways when it rains, and watch nature improve beneath the carcasses of the rain drops. In the same way it will improve your complexion.

If the skin is rough and irritated, by heat, try the oatmeal bath. Make a number of cheesecloth bags, four inches square, and fill them loosely with the following mixture: Five pounds of oatmeal, one pound of "Boreoline oris root (powdered), one pound of almond meal; half pound castile soap, scraped fine as powder. This makes a large quantity, but is cheap when made in these proportions. One of these bags thrown into the warm plunge bath is most comforting and makes the skin soft and white.

The simple habit of holding the chest high and the head erect will do more than anything else to retain a youthful figure. The moment the back bends—good-bye, youth.

Nearly 20 trades in which women are employed, and more than 100,000 women workers were represented at the meeting of the National Women's Trade Union League held in New York City recently.

**Avoid All Danger From Cow's Milk For Baby**

Not only is cow's milk, modified at home, unsuitable for baby's present needs, but in the summer months it is the cause of serious troubles. Doctors tell us, too, that the germs of various diseases are introduced into the system by cow's milk.

One must not only give baby what is best now, but consider the summer that is coming and baby's future. The difficulties of the mother who has to hand-feed baby are serious, and she cannot do better than to give him

**Allenburys' Foods**

The sixty-page booklet "Infant Feeding and Management" will tell you about these foods and give valuable guidance to help keep baby free from the dreaded summer troubles.

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IT FLOATS

Procter & Gamble Factories in Hamilton, Canada

Slice one banana for each person; place in a dish and cover with Corn Flakes; serve with milk or cream and sugar.

**Sliced Bananas with Kellogg's TOASTED CORN FLAKES** 10c. per pkg.

**TOASTED CORN FLAKES**

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## Aunt Sally's Advice to Beauty Seekers

H. P. B. says: "My skin becomes so muddy every summer, I have an awful time keeping my face clean looking. In spite of everything I do. Can you suggest anything?" The method mentioned in reply to Monica should overcome this condition. Have you tried it? Would get rid of the lines between the eyes. The best application for such lines, and all wrinkles, is a solution of powdered saffron. It is dissolved in witch hazel, 1 pint. Bathe the face in this daily until actively relieved. Monica: You hardly need such a list of cosmetics as you mention. Ordinary mercerized wax will help you more than any other or all of them. It will gradually absorb the withered, discolored complexion and you will soon have a new, youthful and healthy-looking skin. You needn't get more than an ounce of wax, which will cost you little at any drugstore. Apply it lightly, like cold cream, washing it off mornings—Woman's Realm.

## FRECKLES

Don't Hide Them With a Veil; Remove Them With The Othine Prescription.

This prescription for the removal of freckles was written by a prominent physician and is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold by Geo. W. Mahood or any druggist under guarantee to refund the money if it fails.

Don't hide your freckles under a veil; get an ounce of othine and remove them. Even the first few applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

## To Acquire Curly Hair Over Night

(The Beauty Seeker.) There's good news, indeed, in the announcement that so simple a method as applying plain liquid salmerine to the hair will make it beautifully curly and wavy over night. The hair dries in lovely waves and ringlets that are perfectly natural in appearance, and there is nothing sticky, greasy or unpleasant about it. The liquid, which is of course quite harmless, also serves as a splendid dressing for the hair, keeping it delightfully glossy and supple. If one will procure a few ounces of liquid salmerine from the druggist, she will have enough to keep the hair in curl for weeks. It should be applied at night with a clean tooth brush. In the morning the hair will be very prettily waved, without having that burnt, lifeless look acquired by using a heated iron.

## Try the new DYLCIA TOILET CREAM

Sometimes a man tells the truth because he can't think of a suitable lie.



(Continued from page 3.)

The Yacht Club was thronged with young people on Wednesday evening eager to take advantage of the invitation, extended by the committee, to the second dance of the series. The guests who were chaperoned by Mrs. W. R. Givens and Mrs. George McKay, included Misses Lucy Waddell, Gwendoline Waddell, Lillian Mundell, Phoebe Aird (Toronto), Isabel Waldron, Rose Rogers, Helen Campbell, Florence Elliott, Marjorie Campbell, Grace McLelland, Jean McLelland, Ethel Kent, Regan (London), Hazel Browne, Kipp, Jewett; Misses Flora, Helen, and Edith Rees, Edith Macdonald, Marion Macdonald, Ganadoque; Kathleen Ryan, Marion Thompson (Ottawa); Olivia Bute, (Houston, Texas); John and Ira Kipp, Stanley Driver, Herbert Steacy, Leslie Smith, W. Garrett, Sherman Hill, Stewart Robertson, H. Roberts, Sidney McCann, Kenneth Taylor, Eddie Ryan, D. Elmer, Ross Livingston, T. Rogers, and a number of officers from Barriefield.

Mrs. Eby, Batterees, had a polly little dinner on Thursday evening, July 7th, for her aunt, Mrs. Lynn, Sunbury. Covers were laid for eight. Those present were Mrs. Lynn, Sunbury; Mrs. Anglin, Mrs. Miller, Mrs. Maclean, Mrs. Jamieson and Miss Lovick, Kingston.

Mr. and Mrs. William H. Hackett, Ogdensburg, N.Y., have opened their cottage at Thompson's Point, Burlington, Vt., and are entertaining Mrs. Bella Mills, Kingston, Ont., for a few days.

Mrs. J. Porritt, "Roselawn," was pleasantly surprised on Friday evening by a jolly party of young people, who took possession of her home and thoroughly enjoyed themselves.

Mrs. D. G. Laidlaw, Earl street, entertained informally at bridge yesterday afternoon in honor of her aunt, Mrs. Consalus, Montreal, who is her guest.

Mrs. W. R. Givens, "Maitland House," was hostess at a supper party after the Yacht Club dance on Wednesday evening.

Miss Willa Burrows, Charles Burrows, Miss Laidley and Hubert Sergeant motored to Ottawa on Saturday for a week's visit with friends. Alverton H. Amelstine, New York City, is renewing acquaintances in the city for a few days, on his way west, via Winnipeg. Sister Mary Ethelreda, and sister Mary Germaine, of the House of Howard S. Amelstine, Canadian Bank of Commerce staff, Kingston.

is spending his vacation in Boston and other New England points. Providence, Kingston, are visiting Mr. and Mrs. Francis McParland, Perth.

Mrs. Saunders, Kingston, is visiting her sister, Mrs. George Hawley, Napanee.

Mrs. (Dr.) Anglin, Kingston, is the guest of Mrs. C. H. Wartman, Napanee.

Harve Warner, Mrs. Sidney Warner, Mrs. Eakins, Master Gray Eakins, Mrs. Finkle, Mrs. Sills and Miss Baker, Napanee, are holidaying at Glen Island.

Mrs. Alice Gibson and Miss Marjorie and Jean Gibson, Napanee, left on Monday to spend July and August at Glen Island.

Miss VanLuven and Miss Hinton, Kingston, are guests of Mr. and Mrs. Arnold Wolfe, Napanee.

Miss Mammie Gallagher and Miss Thompson, Kingston, spent a few days in Trenton visiting their friend, Miss Clotilda LaMorris.

Miss E. Wilson, nurse-in-training at Kingston Hospital, is spending her holidays with her parents, Mr. and Mrs. Wilson, Bayside.

The Misses Marie, Alice and Eugenie Fournier, Sudbury, have issued invitations for an afternoon tea in honor of their guests, the Misses Beaupre.

Mr. and Mrs. W. J. Drysdale and family, Kingston, spent the week end at Lanark. Their new cottage at Dalhousie Lake is rapidly nearing completion and they intend going Saturday to spend the heated term at that popular resort.

Mr. and Mrs. James Lessit, Miss Marion Lessit and Miss Holt, William street, have come to Castine Lane on the coast of Maine for a few weeks.

Miss Mildred Jones, King street, left for a canoe trip up the Rideau, with a party of friends from Rochester, who included Dr. and Mrs. Leonard Jones, Miss Mildred Satterlee, Messrs. Dwight Westmore and N. Potter. They will be away about ten days.

Miss Helen Rees, Gananoque, at the Yacht Club dance on Wednesday, remained in town until last night, visiting Miss Kathleen Ryan, Rockwood House.

## GRAY HAIR

Dr. Treman's Natural Hair Restorer, five used as directed is guaranteed to restore gray hair to natural color, or money refunded. Contains not a dye and non-damaging. For sale by T. H. Sergeant, druggist, corner Princess and Montreal streets, Kingston. Price \$1.00 postpaid. Write Treman Supply Co., Dept. "S.W." Toronto.

## TWENTY USES FOR THE LEMON

Few people realize the value of lemons, which cannot be overestimated. In the warm, debilitating weather their tonic effect is excellent, and in cases of fever, sore throat and torpid liver the medicinal qualities are splendid.

1. Two or three slices of lemon in a cup of hot, strong tea will cure a nervous headache.

2. A teaspoon of lemon juice in a cup of black coffee will relieve a bilious headache.

3. The juice of half a lemon in a cup of hot water on awakening in the morning is an excellent liver corrective and successful substitute for calomel and other alternative drugs.

4. A dash of lemon juice in plain water makes a cleansing tooth wash, not only removing the tartar, but sweetening the lemon juice and rose water will remove tan and whiten the skin.

5. Lemon juice with olive oil is considered by many as far superior to vinegar for salad dressing.

6. Lemon Juice and loaf sugar are good for hoarseness.

7. Outward application of the juice allays irritation caused by insect bites.

8. A refreshing drink is made by adding a freshly beaten egg to lemonade, and

9. The same mixture when frozen makes a delicious ice.

10. If when boiling sage or rice a teaspoon of lemon juice is added, the kernels will be whiter and a delicate flavor is added.

11. An old-fashioned remedy for croup is lemon juice, honey and cream.

12. We all know the value of lemon juice and salt for removing rust stains from white goods.

13. After the juice is extracted the rind dipped in salt cleanses brass beautifully and conveniently.

14. It also removes unsightly stains from the hands.

15. For flavoring cookery lemon juice is unexcelled.

16. After the pulp is removed the skins make dainty receptacles for serving salads, ices, etc.

17. Tough meat may be made tender by adding a teaspoon of lemon juice to the water in which it is boiled.

18. Slices of lemon garnish fish of all descriptions.

19. Tea is greatly improved by the addition of a slice of lemon, either used for summer's use or an Russian tea on a winter's day. In buying lemons select those having a thin, dry rind. They are cheaper and much juicier than the fresh, plump ones.—Philadelphia Ledger.

Thirty-six girls are now acting as ticket takers at the London Bridge station of the Brighton railway.

Women are now being employed in all the large factories in England where munitions are manufactured.