

(1) A glimpse of Lake Labelle. (2) Big Nomining Lake. (3) Looking down Lake Manitou. (4) Lac des Sables and Ste. Agathe. (5) Mount Tremblant Lake.

TORTHWEST of Montreal is an extensive mountainous district picturesque and full of attraction for the summer visitor. Its lofty hills and fertile valleys have been penetrated by the Canadian Pacific and a few hours ride from Montreal brings one into the heart of the enchanting woods and countless lakes and streams among the mountains. The names of the stations bear testimony to the fact that the world of strife and struggle for so-called success has been left behind. Ste. Adele, Ste. Agathe, Ivry, St. Faustin, Ste. Margaret, Trembling Mountain, Labelle-names unusual yet soothing, ministering often by their very mysteriousness. Too much cannot be said of these popular resorts. The climb from Montreal to Mount Laurier, a distance of 154 miles, is alluring and the scenery is ever changing. Surely the charm is accentuated, the mystery deepened. Climbing over 1,400 feet above the sea level, running along the famous Riviere du Nord, twisting and turning, skirting sugar-loaf mountains clothed in green and crowned with the silver of young birch; now passing the Horse Shoe Curve at Ste. Margaret, never the same, yet always enchanting. The great question arises where to leave the train. It is an embarassment of riches. Every station offers an invitation. The Laurentians teem with beautiful lakes and enchanting woods where abound almost every kind of fish and game. Ste. Agathe is the most popularly known, but Nomining, where the Big Lake, one of the largest in the whole stretch of the Laurentians, is situated affords new attractions, likewise Lac Labelle, in the same vicinity, and Mont Tremblant. This latter lies two or three miles from the station and is surrounded by a magnificent stretch of gorgeous mountains which add to the splendor of the scenery. Away back from every station lies some unexplored country, lakes teeming with the beloved trout or black bass, not yet fished. This only partially known country is composed of mountains and lakes and is the home of the hunter and fisherman, and so

By Ethel Ward Meservey.

"Vapid, profitless, almost unendurable," was the way Ralph Burt to his distorted view.

hamed of the misanthrophe utteran- planed to a meadow stretch to adce. He glanced about his lonely but just a trivial defect in the control elegant home, he looked into a mir- mechanism. He had just got in ror and noted the unusual glow of trim to resume his cloud work, when health upon his cheeks, he realized a shout down the highway attracted going. He lifted the helpless lad warmed to new impulses. There colate, cookies and tarts. The favthat he had not a real care in the his attention. world. Outside the birds were sing- With both interest and indignation ing, the flowers blooming, all radiant the amateur airman observed a lad ed placing his charge in the seat benature breathing purity, peace and of about fourteen running towards promise. The sun shone at its him as if for his life. brightest. Its rays glorified the re- Struggling behind him, but in hot dolen garden. Beyond it lay a pursuit, were three men. They sportsman's paradise stables, ken- were shouting and gestulating. One nels, garage and hangar. It repre- carried a cane, which he waved mesented the latest facilities for pleas- nacingly. A second had picked up

ashamed of myself for finding noth- boy. ing worth living for!" murmured "You young rascal!" roared the

Burt, self-reproachfully. Burt went out to the spot where you or I'll have you jailed!"

Lessons

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SKIRT MUST HAVE FLARE.

He had become quite an expert where Burt stood. aviator and enjoyed his air trips "This way! This way!" shouted out." greatly. Under his expert direction Burt, as the boy came nearer, It was with a good deal of surprise fish of any kind. He is especially the machine struck an upward later- "Climb under the fence." al course a thing of life and beauty. He enjoyed the rare exhibition of that moment, in frantic pain. described life as it presented itself pure air and bird-like speed immen-

Then he became very much as- Ten miles accomplished, Burt vol-

a lot of stones. These he hurled "Yes, with all this, I may well be with varied aim after the running

man in advance. 'Drop it, I tell

But the little fellow never heeded commented Burt's lawyer, when he and after a hunting trip, indulges in assistance of his hired man the su- the threatening cries and actions of was made aware of the facts in the potato boullion, which he eats with perb biplane he operated was wheel- his pursuers. He forged straight case. "Why, your new experience as much pleasure as his forester. The ahead, momentarily hearing the spot has made you look like a new man. Kaiser especially enjoys roast game

I'll soon have this affair straightened | bird and carp.

from capticity and the loss of her twice a day."

KINGS AND ROYAL FAMILIES

EAT ONLY NOURISHING FOOD

They Realize the Necessity of Clear

Heads and Healthy Bodies -

Some Of the Diets,

bodies in the proper conducting of affairs of state, the monarchs of the great Powers eat only the simple and

In the early morning the Kaiser else

drinks chocolate, followed by ham

Kansas City Journal.

most nourishing foods.

that Ralph met "Sister Eleanor" a partial to Provencal dried codfish,

tentment. It was when Eleanor be- are English roast beef and mutton.

Czar Nicholas of Russia is fond of

marked to the late Felix Faure of

The King of Italy and Alfonso of

Spain have a weakness for sweet

things, such as whipped cream, cho-

orite dishes of the Queen of Holland

"Oh,! oh!" yelled the lad just at week later. He had supposed her seasoned with oil. pepper and garlic. to be a little girl. Instead, confus- Even better the Czar likes kabeljau, "Brace up!" cried Burt, leaning edly, he listened to the ardent thanks codings prepared in oil. He once reover and lifting the lad clear of the of a beautiful young lady. entangling wires. "Now, then, who "You have saved Miss Morley France, "I could eat them (codings)

are those men?" "Villians! They'll kill me -and fortune." advised the lawyer. you too. Oh, they're coming!" may continue to need a friend." They were, indeed, but Burt was Day by day Ralph Burt's heart in his arms bodily, and made a run came a finality presaging lasting con-

for his biplane. 'Don't get frightened," he order- came something more than a friend King Victor Emmanuel of Italy de-

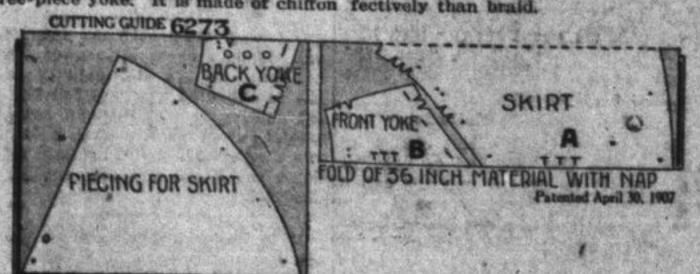
model shown here is made of chiffon which negotiations broke. Tamkostaffeta, 3% yards 36 inches wide here itsch is now a major in the Serbian army. This is his first authentic pic-The skirt proper is cut on a fold of material, but because of the extra width it is necessary to lay the pat-

of the goods. The front of the yoke rests on the fold, to the left of the skirt, while the back is arranged on the open material with the piecing. After cutting the yokes are joined as notched, after which the lower edge is turned under on slot perforations so that the yoke can be lapped on to the skirt section to small "o" perforations. Too much stress cannot be placed on the necessity of having the notches, the center-fronts and back edges even.

tern for the piecing on an open width

1% inches from the folded edge. For The belting used should be about 2 below vainly vented their wrath on

a touch of decoration to the skirt there For the first time in his life Ral with is nothing that could be used more ef- Burt had found his mind investe



Pictorial Review Skirt No. 6273. Sizes 22, 24, 26, 28, 36 and 32 inches walst. Price, 15 cents.

MATERIAL OPEN

taffeta and puts especial emphasis on There is a well-developed revolt who plotted the Sarajevo assassination. against the clinging skirt. All of the He is specifically named in Austria's ultimatum to Serbia as one of the Ser-

> hind the pilot post and hurriedly 'Quick, mister! oh, quick as you can!" insisted his passenger, withia terrified glance at the fence.

The three pursuers had arrived. One tried to jump the fence and his feet tripped and he fell with a thur A second attempted to crawl under the lower wire and his clothing had "Don't you interfere with that

boy or you'll be liable to the law!" The latter paid no attention to the threat. He sprang to the pilot seat Chug-chug- whirr! and the biplane went aloft like an arrow.

The dismayed and chagrined men inches wide and is stitched to posi- the rescuer who had baffled them tion underneath the upper edge of the The little fellow sat spellbound with skirt to give it support. vated him. An actor in an excitin eager to learn what lay behind the Soon he knew all about it, when the biplane landed on h

ground he took his passenger into his library and questioned him. It came out that he and his sister. Eleanor, were practically prisone in the power of one of his three put suers, Giles Warden. Fearing foul play, the sister had that day give him the will of her dead father, wit the injunction to place it in the hands of some lawyer for safety and

action. Hence the pursuit. "Righting a wrong quite heroic!"

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Are You Off To The Woods?

Do these summer days set you listening to the call of the wild-or looking forward to happy days by lake or ocean? Doubtless your holiday has been

Even at that you are not justified in running the extra risk involved without having placed adequate insurance upon your life. In fact, you will not completely enjoy the holiday if you are thinking that some easily imagined accident may suddenly place those you have left behind in a position of want.

clares his great liking for polenta, the Indian meal porridge, which he eats as regularly as the poorest peasant, He also likes roast chicken giblets with calves' brains and arti-XX. chokes. Vienna schnitzel is a fa-If you have insurance, the holiday you have vorite dish of the Emperor of Ausearned will be all the happier. You will be absolutely tria. The Emperor is also fond of sure it is right as to both protection and investment calves' tongues in red wine. if the policy be issued by the The Czar of Russia, however, does Many people think that kings and not care for caviar, the prepared royal families dine sumptuously of sturgeon roe, which is the daily dish the richest and most expensive kinds of the Russian peasantly. Instead he of food. In most cases, however, is unusually fond of certain Russian this is not true; for realizing the ne- vegetables, soups called borscht and cessity of clear heads and healthy tschi. J. O. HUTTON. If time is money, why is it most men have more time than anything Many a woman loses a good friend and eggs. At noon he eats a very when she acquires a poor husband. light luncheon. At night the Kais- A cynic is a man who has tried er has cold meat and sandwiches, to make good and failed.

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