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Special Waist Sale

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98c Each

25 Doz. Ladies' & Misses'
Sample Summer Waists

Voiles, Crepes and Muslins; plain, floral, striped and checked; long and short sleeves, low necks. All sizes, 34 to 44.

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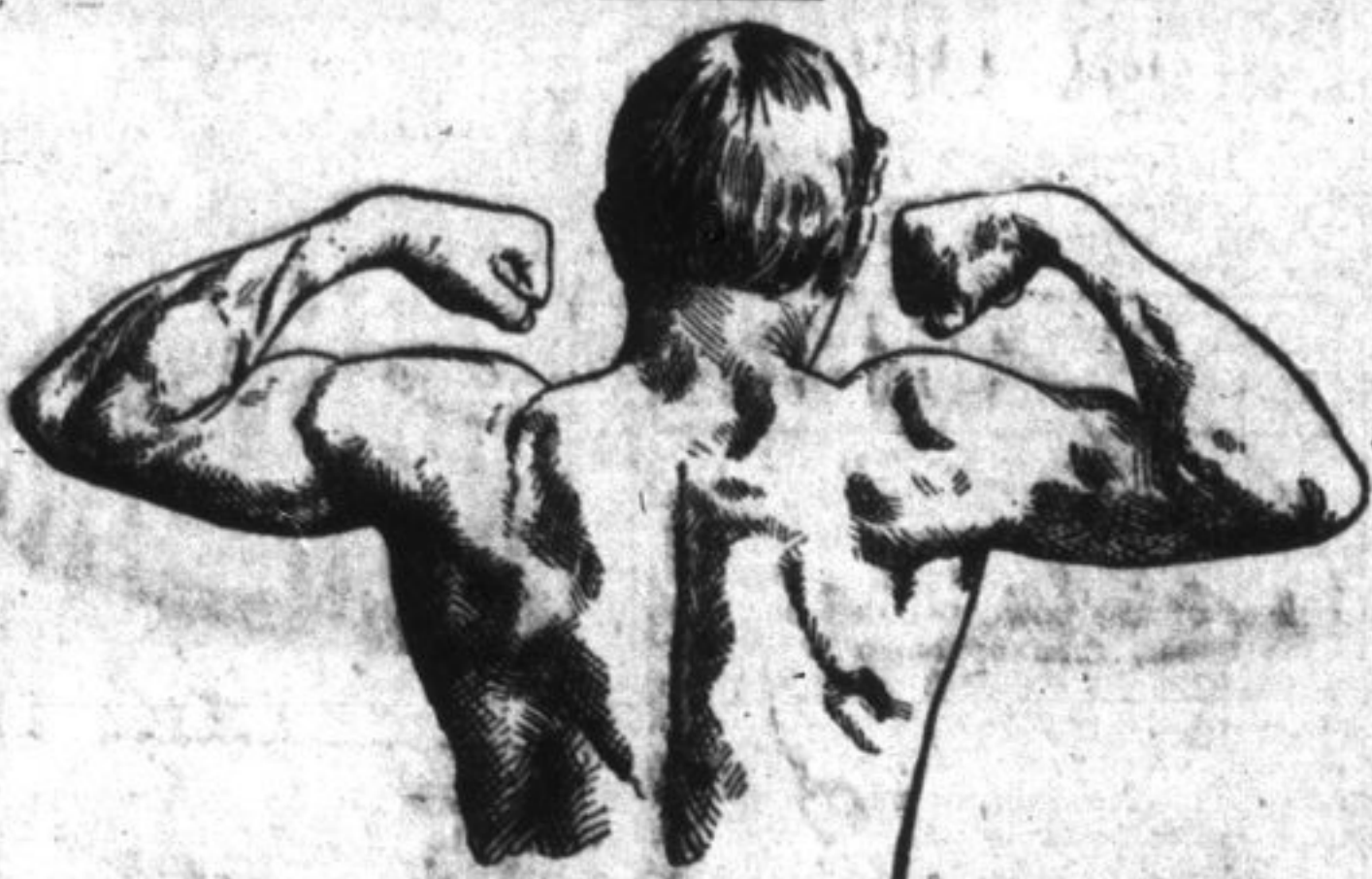
MENDELS

Kingston's Only Exclusive Ladies' Ready-to-Wear Store.
132-134 Princess Street. Phone 532
T. J. O'Connor, Mgr.

THIN, RUN DOWN MEN AND WOMEN

GAIN IN WEIGHT FROM TEN TO FORTY POUNDS

Sargol, The Flesh Builder, Gives New Life, New Strength, New Vitality, And Puts Firm, Healthy, Stay There Flesh On People Who Are Underweight.



When I started taking Sargol I weighed 130 pounds. Now I weigh 145, says J. G. Wilson. It put new life in every nerve. H. A. McCullars reports he gained 25 pounds and his health was made perfect, sleeps better and feels better than for 30 years. Miss Maud Smith reports a gain of 18 pounds and still gaining. Health greatly improved.

When these and hundreds of other people have tried Sargol you do not need to know that it makes an increase in your weight you can have your money back?

You may say, "I am naturally thin. Nothing can make me fat." But until you have tried Sargol you do not and cannot know that it makes an increase in your weight you can have your money back?

This folks stay thin no matter what they eat. They eat and they begin to think food has nothing to do with flesh making. But they are wrong. Fat, oils, starches, sugars and other flesh and fat-making elements in their food are mostly passing out of their bodies as waste. Only enough nourishment is retained to keep the body going. Nothing is saved for flesh making.

Sargol of itself will not make fat. But it between meals and you probably will not gain a pound. But eat a single Sargol tablet with every meal and soon you may be gaining a pound of flesh a day. Sargol is the missing link between food-eating and fat-making.

To cut hard-boiled eggs in even slices when making salads dip your knife in water before using.

Clean razor or copper with salt and vinegar, then rub with olive oil and it won't tarnish for a long time.

When boiled frosting has been cooked too long, don't throw it away. Add a piece of butter to soften and

'NOT IN GOOD GRACES OF THOSE AT THE CAMP

Board of Works "Fell Down"
Badly on Monday.

ROAD NOT WATERED

AND THE CAMP WAS A TERRIBLY HOT PLACE

Little Drill Was Done—The 38th Battalion Shaping Up Well—Major Thompson, R.M.C., To Take Charge Of Tactical Work.

With the thermometer registering nearly ninety degrees in the shade, the men at Barrieffield camp were not made to work very hard Monday. The sun is bleaching the grass and the ground is as hard as a concrete walk. The men, wearing little else than fatigue uniform and a straw hat, appreciate lying down quietly for a few minutes. It is absolutely impossible to make men work intelligently in such hot weather. There was very little football or baseball played until after supper. Everyone hopes that a good heavy rain will come soon.

The city officials are not in the good graces of the officers and men of the camp, "after making a grandstand play by watering the roads on Sunday they are lying down on the job when it is most needed." The citizens do not and cannot appreciate the wonderful effects of watering the roads which seems to change the whole atmosphere of the camp.

The 38th Battalion was given a light drilling in squad and company work on Monday. This unit is coming around in fine shape. A healthy has come on the faces of the men, and when the thousands are in the line of parade they present a splendid appearance.

The fifty-one men who arrived in camp for the Base Battalion on Friday are showing up in a remarkable manner. Disappointed officers have expressed themselves as pleasantly surprised, with the way they have fallen into the work. The remainder of the Base Battalion have received more or less drill and of course are ready for the most complicated work.

The artillery lines are not the scene of great activity as the Brigade has been doing very little more than section gun drill and foot drill, the drivers being engaged in looking after the horses. Plans are being made, however, and in a few days tactical schemes will be worked out.

The 8th C.M.R., is down to business and working hard. This regiment was engaged in infantry drill on Monday afternoon and its work would be a great credit to any fully trained infantry brigade.

The acting commandant of the Royal Military College has permitted Major Thompson of the staff to assist Major Brown, G.S.O., in the work at the camp. Major Thompson will take charge of all tactical work and will lay out plans for the different units.

Col. G. Hunter Ogilvie assumed command of Barrieffield camp during the absence of the commandant, Col. T. D. R. Hemming on duty at Ottawa.

The camp signallers were out in force on Monday afternoon. The work is very interesting, and though difficult being mastered rapidly. The officers in charge are highly pleased with the way the men are progressing.

Seven cases were handled at the Detention Hospital during the last twenty-four hours.

Through the efforts of Dr. R. B. Richardson, Medical Officer, shower baths have been installed for the convenience of the patients in the Detention Hospital.

Capt. S. H. Simpson had seven dental cases to look after. This newly-organized branch of the service has proved itself to be very necessary.

The tactical scheme of the 8th C.M.R., which was to have taken place on Tuesday, has been postponed until Thursday. With all the horses in the camp, leaving the camp about 8 a.m., dinner and supper will be served near the miller from the transports, and the night will be spent in the open. Breakfast will be served on Friday morning, after which the march back to the camp will be made.

If arrangements can be made, the 8th C.M.R. will have its first parade to the city when the reinforcements leave for the front in a few days.

Sheep are a continual nuisance around the camp, as they wander in and disturb both the men and the horses. Something to prevent this condition will be made if possible.

Pte. Roy Johnston, C.A.S.C., is suffering from a severely sprained ankle.

There seems to be some men in the camp who are unable to keep from taking the belongings of other men. These may be civilians or soldiers, but some one stole \$18 from Capt. Hollis, Medical Officer of the Base Battalion, and a slightly smaller amount from a trooper in the 8th C.M.R. Anyone caught in this game will be very severely dealt with.

The 8th C.M.R. was on regimental parade on Monday afternoon, and without doubt was as fine a body of men going through the different evolutions as could possibly be desired.

The O. C.'s parade on Monday afternoon, although part of the day's work, showed the body of men under Lieut. A. C. Munro. The pipers' band and also the trumpet band were out, and also deserve a great amount of credit. The pipers are true Scotchmen. The trumpets are very pleasing to hear and a welcome change from the usual bugle band.

Positively no gambling will be allowed in the camp.

Having been six months in training, a number of men of the 8th C.M.R. will shortly be issued with uniforms. Up to the end of the first six months worn uniforms must be paid for.

In future a roll call will be taken of all men in the camp at 10 p.m. daily.

Walter Ravenscroft was taken on the strength of the Base Battalion on Monday.

Lieut. Anderson, 25th Battery while getting on his horse, twisted his ankle and had to be removed to the General Hospital.

A camp post-office for the distribution of mail matter is in operation, a new one having been built opposite to the office of the A. D. C. of S. and T. All the mail in the camp is received here and distributed to the different units.

C. S. M. J. Blake has been appointed assistant to R. S. M. Noble of the Base Battalion.

Major R. J. Gardiner, A. D. M. S., and Major Burrill, Engineering Officer, left at noon on Monday to inspect a building in Hawatha with the object of reporting on its suitability as a home for convalescent soldiers.

Two homes of prominent citizens have been offered for the use of the soldiers, and at least one other in the vicinity will be offered as soon as these officers return on Wednesday.

The gymnasium at Queen's University has been found to be absolutely unsuitable as a home for convalescent soldiers, as there would be altogether too much noise.

Thirty-six N. C. O.'s are taking the qualifying course being held in connection with the Base Battalion. Sergt. Major Inst. Nobles and Sergt. Inst. Dow will be the instructors in a P. S. G. which opens on June 15th.

The C. A. S. C. exercised its new horses on Monday. This corps have now a fine lot of draft horses.

Major Hamilton is an advocate of the "swat the fly" movement, and has started a campaign to keep these pests from becoming too much of a nuisance in camp.

Major Brown, G. S. O., is in Lindsay on inspection duty.

Lieut.-Col. Arnold, of the Brigade, is in Ottawa.

Lieut. K. Williamson, P.A.S.C., was in camp on Monday.

Retreat will be sounded at 3.50 p.m. in future.

Sergt. MacGillivray, who was severely bitten in trying to stop a dog fight a few days ago, is still bothered with a sore finger, which is receiving medical treatment.

A fifteen which did not "play the game," and was put out of bounds by the commandant, has been reinstated on a promise of better behavior in the future.

A photograph of the 8th C. M. R. was taken on Monday afternoon.

Capt. Gibson, paymaster, 7th Brigade, has left Leithbridge for the city.

Trooper Campbell, 8th C. M. R., was removed to the Military Hospital suffering from rheumatism.

R. S. M. Noble, Base Battalion, was in Picton on Sunday.

The programme of the day's work for the men of the Base Battalion is usually physical drill, 8 a.m. to 12 m.; squad drill, 12 m. to 12 m.; and company drill from 2 p.m. to 4.30 p.m.

The sports of the militia camp on Monday night were carried out with much enthusiasm. The first two events for the camp champion, included a 220 yards dash and the throwing of the sixteen pounds shot. The 220 yards dash was won in the following form: Corporal Phillips, 25th Battery; Pte. Flowers, 8th C.M.R.; Pte. L. Phillips, 8th C.M.R.

Throwing the 16 pounds shot: Pte. L. Phillips, 8th C.M.R., 29 feet 4 inches; Gunner D. Smith, 25th Battery, 29 feet 1.5 inch; Pte. Conway, 8th C.M.R., 28 feet, 10 inches.

After these events a tug-of-war between 25th Battery and the Base Battalion was contested with hearty shouts from the supporters of each. The former came out on top and in turn was challenged by the 8th C.M.R. who beat the former champions.

A checker tournament was held on Monday night and some fifty-centenarians were present. This game has taken a firm hold upon the soldiers and a meeting is to be held on Tuesday evening for the purpose of organizing a checker club.

At Tete de Pont Barracks. Q. M. S. Inst. Brown is recruiting officers for the R. C. H. A., and has already sent twenty recruits. All the men he has passed are exceptionally intelligent and well built. E. C. MacGregor, J. Roberts, A. E. Frape (son of Capt. Frape, R. C.

H. A.), W. Early, W. Varley, V. Glendinning, R. Buller, and H. L. Keny have been accepted as members of "C" Battery.

Corporal By has been promoted to Sergeant, vice Sergt. Hett. Sergt. Hett and Dr. Edwards and Bradford leave on Thursday for Halifax, and will go overseas with the reinforcements from the Garrison Artillery, Halifax.

THE TENTED CITIES

MADE VISIT TO BARRIEFIELD MILITARY CAMP.

Picturesque Location And Excellent Water Supply Features of Place Where Ottawa Soldiers are Training—More Than Three Thousand Men Now Under Canvas, and More Coming.

J. N. Grant, in Ottawa Journal. Barrieffield military camp, where over a thousand of Ottawa's soldiers are now encamped, undergoing a training to defend the British Empire on the European battlefield, has a very interesting history, having for over fifty years been used as a regular military camp, and for seven years previous to that as tenting ground for volunteer regiments.

No more picturesque location could be found for the camp than that of Barrieffield, about a mile and a half from Kingston.

Over three thousand soldiers are now gathered together here, and it is expected that shortly this number will be increased to forty-five hundred. The camp has been in full operation for nearly two weeks. Here the men learn the fundamentals of war and to uphold the honor of the flag that flies over the whole of British North America.

Year after year for over fifty years, tented cities have appeared on Barrieffield plains, but in all that time the camp has not been more than a training camp, and this year it is a purely war camp. The men take the hard training with a smile, and hope for an early start to the trenches. The camp covers an area of about 900 acres, and here at one time the "red" Indians had his wigwam hidden amongst the thickly wooded area. With the passing of time the trees have all disappeared with the exception of one on "One Tree Hill." The change to-day is a great one. Instead of wigwams in the bush is a white-tented city where men are being trained for war.

A number of permanent buildings have been put up on the grounds from time to time, and they form the nucleus of the camp. The camp has a rifle range of twenty-seven targets, and one of the finest water supplies to be found anywhere in Canada, the water being taken from the limestone bed that abounds throughout the section. Geologists have been attracted to the western section of the camp from all over the world on account of the "Trentonian" exhibits to be found there. The camp is reached by crossing a temporary bridge over the Cataract River, and an up-to-date bridge is under construction. Then the Barrieffield Hill has to be climbed and it is not the most pleasant hill in the county to climb, being very rough. At present the road from the city to the camp is in a deplorable state owing to the fact that the soldiers are living in the tents. The City Council will carry out its promise of two weeks ago to oil the stretch in question.

Years ago when the old wooden bridge was in commission civilians had to pay a rate of two cents to pass across. This was a foolishness, but the tax on vehicles remained until the Government took over the ownership of the bridge. Many stories of how the boys used to foil the bridge tenders are told by old residents, some of whom were the boys in question themselves. They tell of hiding amongst the bodies of soldiers crossing the bridge, and then swimming back.

Interesting History.

The history of the camp is intensely interesting. In 1763 the British army occupied the hill on which our boys are now encamped. They were sent from the colony in the south to reduce and capture Fort Frontenac. It was on the 27th of August in the same year that after a few shots being fired the fort surrendered and the flag of France was immediately taken down and the Union Jack hoisted. A handsome flag pole and flag now adorn the same spot, which is within the present site of the camp.

The shore line facing "Deadman's Bay," where the soldiers enjoyed swimming for a week, was occupied in the early sixties by the Imperial Engineers. The old log cabin now owned by Lieut.-Col. Galloway, was formerly the residence of the British survey party. When the first military camps were held, the lower commons were largely used. When the navy was in operation, military camps were held in what is now the Royal Military College reserve. Following the building of the Military College, the camp was moved to the commons in front of the present Country Club. Just fifteen years ago the camp was moved to the upper commons. Now the cavalry and artillery have been camping at Potawara for the past five years, and only the infantry have been on the Barrieffield grounds.

Many distinguished men have held command at Barrieffield. Col. Beecher was camp commandant over half a century ago, and had command of the entire district which is now the third division. Other prominent commandants were the late Col. Montagu, Col. Buchanan, Col. Gordon, Major-General Sainthughes, and the present camp commandant, Col. Hemming.

"Buy Talcum Powders" at Gibson's Red Cross Drug Store. It is estimated that 3,000 men have enlisted in Ottawa for the war, and recruiting is still actively going on. "Beef and Whiz 50¢" at Gibson's.

"The Boots that stood the Test"

From the standpoint of the Shoe Dealer.

"I LIKE to sell 'Ames Holden' or 'McCready' Shoes. They help me to win the confidence of my customers.

"When a man or woman asks to see 'Ames Holden' or 'McCready' Shoes I say to myself, here is a person who knows values and appreciates quality.

"By pleasing this customer, I make a permanent buyer—one who will always come to me for shoes, and in time, for many other articles in my store.

"This is the way I feel about 'Ames Holden' and 'McCready' Shoes.

"They are a real asset to my business. True the margin is not large but the sales are large and the demand steady.

"And there always seems to be a style and a shape to suit every buyer.

"It is only natural that I should like to sell these Shoes, knowing that their reputation will add to my reputation, and will help to make my store known as The store where Quality is always first.

"Ames Holden McCready

Montreal, Limited
Are the oldest and largest Shoe Manufacturers in the Dominion.
QUALITY—First, Last and Always.

THE KIRK IN COUNCIL

(Continued from Page 1.)

"I dissent from this vote of the Assembly for reasons which I shall give at a later stage." So spoke, feelingly, the heroic clerk at his desk. The court had just decided against his protest, to limit the time of the debate when Presbyterianism added his protest. Thus at a later and longer session we may expect a long list of "fathers and brethren" who have dissented from the order of the Assembly to close the debate in three and one-half hours.

The Assembly on the whole is good humored. It is by no means up to the average in bright moments of wit and story. There is a sober mood upon everybody. And that is well. How could it otherwise be this very moment when an army chaplain in his king's uniform is presiding? Dr. Herridge has just relieved the Moderator for a few moments in the chair. Here's a good test of the spirit of the house may be described. Dr. D. D. McLeod's splendid Scottish voice is rolling his words around the walls of this great hall. He says there is a tendency in certain quarters to hold the small congregation in scorn. "No! no!" came in reply. "Yes, that word should be recalled. 'No! no!' but to deprecate their ruinous work," he amended the phrase, amid applause and still further opposition. "At any rate," he tried for a third time to be fair as the doctor always endeavors to be, and translated the offensive word "scorn" into the positive charge that the humble congregation is not held in as high estimation as it ought to be. Then everybody applauded, and settled down to hear him say that we should not be ashamed of minorities. What does a majority count for in science or in morals, and it means nothing at all in the subject under discussion. He goes on to explain the attitude of anti-unionists towards other denominations. "We are friendly. They are my brethren, whom I honor and love. But it is an altogether different thing to ask me to give up my convictions. I am asked to come under a new administration which I have never seen tried, which they have never tried, under the pretext that that would be union. Brothers, we believe in a higher Christian unity than this. (Applause.) In closing, he got one of his heavy shells into the camp at Toronto, where the church officers exert such executive power. He said: "These union documents from Toronto."

THE BOARD OF WORKS.

Awaits Decision As To Merits of a Cheap Asphalt.

A special session of the Board of Works was held on Monday afternoon for the purpose of awarding tenders for asphalt. Two samples submitted by different companies, and both looked quite similar, although one company offered to take the contract at half the price quoted by the other. Decision was held over until the City Engineer has consulted B. Blackman, who is also instructed to write to the City Engineers of Toronto and Ottawa, which places are said to be using the cheaper asphaltic pavement, and deriving good results.

Three coal merchants had placed tenders for supplying coal necessary for use in the steam-rollers. The tender of W. Drury was accepted.

Those present at the meeting were Alds. Graham (chairman), Couper, Peters and Richardson.

Are On the Move.

James McDermott, Johnson street, has received the following letter from his son, E. C. McDermott, in France: "Your papers and tobacco received O. K., and was very glad to receive them. Am well, and Frank is the same. The boys are moving to-day (May 15th) for the trenches. They are again quite up to strength, as reinforcements have arrived. The French have won some big victories lately. We expect to move from here to-morrow. The Germans made another heavy attack on Ypres the past week, but met with their usual failure.

Denies the Story.

When Wood, Perth Road, sentenced a short time ago to two years in the penitentiary for horse-stealing, was being tried he made the statement that a resident of Perth Road had slipped out with his wife. The man whose name was mentioned is now working in the city, and declares that outside of a casual acquaintance with the couple, he knows nothing of the case.

Take a Brick home for lunch.

Nelson's Ice Cream Bricks sold only at Gibson's Red Cross Drug Store.

Brookville Patriotism.

Brookville, Ont., June 7.—Final returns have been made of the canvass for subscriptions in Brookville for the National Patriotic Fund, and the sum collected reached \$27,213.11.

Gross earnings of the Canadian Pacific Railway for the last ten days of May, showed a decrease of \$75,066, making the decline for the month approximately \$2,547,000.