

GRAND TRUNK RAILWAY SYSTEM Double Track Route

The International Limited - No. 1 Daily WESTBOUND Lv. Kingston 12:30 p.m. Ar. Toronto 4:30 p.m. Ar. Hamilton 5:41 p.m. Ar. London 7:56 p.m. Ar. Buffalo 8:19 p.m. Ar. Detroit 9:55 p.m. Ar. Chicago 9:59 a.m.

The International Limited - No. 14 Daily EASTBOUND Lv. Kingston 1:49 p.m. Ar. Ottawa 5:25 p.m. Ar. Montreal 6:46 p.m. Ar. New York 7:38 a.m. Ar. Portland 7:59 a.m. Ar. Springfield 7:40 a.m. Ar. Boston 8:05 a.m. Ar. Hartford 8:31 a.m.

HOMESEEKERS' EXCURSIONS. Round Trip tickets to points in Western Canada via Chicago or Port Arthur, on sale each Tuesday until October 26th, inclusive, at low fares. Return limit two months. For full particulars apply J. P. Egan, L.S.D., Railroad and Steamship Agent, 107, Johnson and Ontario Sts.

CANADIAN PACIFIC FOR WINNIPEG AND VANCOUVER. Leave Toronto 10:20 p.m. daily. Attractive Tours to PACIFIC COAST POINTS. Particulars from F. CONWAY, C.P.A., City Ticket Office, corner Princess and Wellington Streets, Phone 1197.

CANADIAN PACIFIC STEAMSHIPS. Liverpool May 21. Metagama Montreal June 5. Particulars from F. CONWAY, C.P.A., City Ticket Office, corner Princess and Wellington Streets, Phone 1197.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT. Try a sample order and be convinced. NOLAN'S GROCERY, Princess St. Phone 720. Prompt Delivery

Furniture



IRON BEDS .....\$2.50, \$3.50 up BRASS BEDS .....\$10.50, \$13.50, \$18 SPRINGS .....\$2.50, \$3.50, etc. Mattresses, Felts, Marshall Sanitary.



Ex. Couches, all steel, upholstered in Dinin, \$10.50, \$12.50, \$18.00.

R. J. Reid, Leading Undertaker, Phone 577

Pretty Shoes Essential to Stylish Appearance

No other part of woman's dress is more conspicuous than her shoes. Her shoes, therefore, play a very important part in the style expression of her costume. They make or mar the entire effect. Our styles harmonize agreeably in style with present fashions.

The Sawyer Shoe Store

GOING MAD FROM THE TERRIFIC PAIN

Prominent Merchant Thinks His Life Was Saved By "Fruit-a-tives". DRYSDALE, ONT., June 15th, 1913. "I am a general storekeeper at the above address, and on account of the great good I have experienced from using "Fruit-a-tives", I recommend them to my customers. They were a great boon to me. I can tell you, for about two years ago, I was laid up in bed with vomiting and a terrific pain at the base of my skull. The pain nearly drove me mad. Doctors feared it would turn to inflammation of the brain, but I took "Fruit-a-tives" steadily until I was cured. I have gained fifteen pounds since taking "Fruit-a-tives", and I verily believe they saved me from a disastrous illness". J. A. CORRIVEAU, 50c. a box, 6 for \$2.50, trial size, 25c.—or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three sizes: No. 1, 2, 3; No. 2, 50c. per box, No. 3, 75c. per box. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Opposite West-End Hotel)

MARBLE HALL Pure Ice Cream. In Bulk or Bricks. Packed and delivered to any part of the city. GEORGE MASOUD, Phone 980, 236 Princess St.

Meat and Groceries

The best in the city at the Unique Grocery and Meat Market. Give us a Trial.

C. H. Pickering 400 PRINCESS ST. PHONE 530

Scenes From The Front.

Over one hundred different views taken on the firing line in post-card form. One cent each.

At Best's The Satisfactory Drug Store. Open Sundays.

Seasonable Underwear

Too cold for summer togs, too warm for winter togs. Light weight natural wool meets the present need and assures comfort.

Spring Needle Combinations Elastic Rib, \$2.50 Suit

French Health Single Garments, \$1.00 Each

Both guaranteed unshrinkable and non-irritating. Merino Underwear, 50c.

E. P. JENKINS CLOTHING CO.

WORK OF THE CHURCH PENITENTIARY RULES

SHOULD NOT SUFFER WHILE MEN ARE AT FRONT. THE NEW REGULATIONS READY FOR APPROVAL.

Those At Home Should Do Their Part—War Not Due to the Failure of Christianity. "The war is not due to the failure of Christianity; it is due to the failure of the world in that it has never truly accepted Christianity. It is due to its failure to live up to the teaching of the Christ; to its disloyalty withdrawal of even that partial homage which once it rendered to Him. If there were desire, peace, we must seek it from the Prince of Peace, we must become believers in Him, we must obey His laws, fulfill His commandments, honor His word, follow His example, make Him Lord and King over our individual municipal, federal and imperial life. "Let us in season and out of season warn men of the absolute folly of attempting to regain and secure peace in any other way. All schemes, plans and devices for universal peace are doomed to absolute failure unless the world submits to Christ and so qualifies itself to receive His blessing and peace."

The above are extracts from the ascensiontide Appeal, for Canadian missions issued by the House of Bishops, which was read in Anglican churches in Kingston on Sunday. "Every Canadian loves the land of his birth or of his adoption," reads another portion of the appeal. "Every Canadian wishes Canada to become a truly great empire within a great empire and to enjoy the blessings of a restored and abiding peace. But Canada's greatness and Canada's welfare depends upon Canada being ready to accept Christ honestly, loyally and sincerely, and to become a part of His Kingdom. Our national life is not all that could be desired, and a very serious drift from God and true religion has been very much in evidence during the past few years. "Thousands of loyal churchmen, mostly young fellows, from these parishes have gone to the front to fight for God and King, for country and for liberty, and we must at least do our part and see that the churches which they have erected and supported are not allowed to suffer while they are among fighting for us and for our homes. That would be a penitential return in our part for their loyalty and self-sacrifice."

The Late Samuel Seaman. Samuel Seaman, an elderly and esteemed resident of Rockport, passed away on Wednesday. Deceased was born in the township of Front of Escoffort eighty-four years ago and resided all his life in the locality. His occupation was that of farmer. His wife pre-deceased him by several years and there survive eight children, four sons and four daughters, namely, Messrs. Walter, Arthur, Andrew and Andrew Seaman. Mrs. Andrew, Mrs. Kirkwood, Mrs. Wilbur and Mrs. Washburn. Another daughter, Mrs. Dixon, died some few years ago.

The late Mr. Seaman was a man respected throughout the township. Kind and jovial, he had numerous acquaintances who will cherish his memory a long time. In religion he was a Methodist and politically he was a staunch Liberal.

Queen's Stationary Hospital. Previously acknowledged, \$6,502, 70. \$115—Queen's Alumnae Association, Ottawa. \$25—North Bay Alumni Association, Rev. S. McL. Fee, Newdale, Man.

\$5—J. P. Gilderleeve, Horace G. Lockett, Miss Sadie Lee, Neldpath, Sask., John D. MacMillan, Sioux City Iowa. \$1—A Friend.

Steamer New York Safe. The American line steamer New York docked at Liverpool on Sunday afternoon. This is the vessel on which Mrs. G. H. Giles, and son sailed instead of the ill-fated Lusitania, having changed their passage from the former to the latter the day they left Kingston.

Bernstorff Guarded. New York, May 10.—Count Von Bernstorff, German ambassador to the United States, who reached this city Friday night, remains in seclusion. At the hotel where he was staying it was said that he had gone to Washington. It is understood that he left orders not to be disturbed.

At the entrance of the suite, usually occupied by Count Von Bernstorff a guard was stationed.

Totally Discouraged by Nervous Prostration

After Many Weeks of Doctoring a Friend Recommended Dr. Chase's Nerve Food, and She Was Cured.

There is nothing more discouraging than Nervous Prostration. Because of the exhausted condition of the nervous system, weakness and helplessness take possession of the body. The faculties of the mind as well as those of the body are affected and hope and courage disappear. The patient, often appearing well, gets little sympathy, and few doctors understand diseases of the nerves well enough to treat nervous prostration intelligently. Dr. Chase's Nerve Food is founded on the prescription of a great nerve specialist, and hence its wonderful success in curing ailments of this nature. Mrs. Edith May Williams, Tillsonburg, Ont., R. R. 3, writes: "I cannot speak too highly of Dr. Chase's Nerve Food. I suffered for years with my nerves, and at one time I was confined to my bed with nervous prostration for several weeks. I cannot just explain my feelings, but I was weak and helpless and so discouraged and despondent that I thought I would lose my mind. I doctored with several doctors and received but little benefit. At last I thought very much discouraged and thought I would never get better. A friend advised me to try Dr. Chase's Nerve Food, and before I had finished the first box I knew that it was helping me. It took several boxes of the Nerve Food to make me well and I can truly say that it is a wonderful builder-up of the nervous system. It is only wise to prevent such dreaded diseases as Nervous Prostration Paralysis and Locomotor Ataxia by keeping the nervous system in good condition at all times. When you cannot sleep well, have headaches and indigestion, be warned of approaching danger, and restore the nervous system by using Dr. Chase's Nerve Food. 50 cents a box, all dealers or Edmondson, Bates & Company, Limited, Toronto.

Fresh westerly winds; fine to-day and on Tuesday.

SUMMER MILLINERY OPENING TO-MORROW and FOLLOWING DAYS



The most remarkable showing we have ever reproduced. Scores of exclusive styles that are the last word from Paris and New York. Every late style as shown in the most exclusive shops of New York will be on display to-morrow.

WE CORDIALLY INVITE YOU TO ATTEND! Steacy's Annual Silk Sale. One of the most important of all Spring Sales takes place Wednesday. See to-morrow's papers for details.

Steacy's

DAVIES' Friday and Saturday STEWING VEAL, 8c. BEEF (BONELESS OVEN ROASTS) 20c a Lb. The Wm. Davies' Co. Limited, Phone 597.

Special Prices This Week ON CANADIAN BEAUTY IRONS, TOASTERS, AND HEATING APPLIANCES. Call and see our window display. H. W. Newman Electric Co., Phone 441, 79 Princess Street.

All Kinds of Fresh Meats and Pickled Meats at Parker Bros., 217 Princess St. -- Phone 1683 Cooked Meats a Specialty

THE CAUSE OF CANCER High Living, Declares Eminent New York Specialist. "Cancer is usually caused by improper eating and drinking. It can be treated by eliminating meat, coffee and tea from the diet and probably would disappear as a disease in a generation or so if a vegetarian diet and the simple life were the rule among civilized people. Surgery can only remove the results of the disease and does not touch the cause." This was the striking announcement made to-day by Dr. L. Duncan Bulkley, head of the New York Skin and Cancer Hospital, which has opened a new clinic for the treatment of cancer. Dr. Bulkley's conclusions that the hope of cancer patients lies in changing their diet is the result of 40 years' experience. Dr. Bulkley is known to the medical profession as a skilled dermatologist. "Cancer mortality is lowest where conditions of life are hardest and greatest where wealth and leisure exist," he said. This was proved by statistics gathered by Dr. Rogers Williams. The richer and more abundant the food the more liable one is to cancer. Indolence and gluttony, which frequently come with wealth, are contributory causes to the metabolic changes or disturbances in the constitution. Complex living, made for a nervous condition which disturbs the balance of the ingredients of the body. The secretions of the various organs are thus disturbed. "The aim of the hospital in treating patients is to secure the most perfect blood stream possible. This is accomplished by simple living, fresh air and sunlight, perfect mastication, the avoidance of excesses and in addition to proper medication to secure the healthy action of a strict vegetarian diet. There are, of course, times when the knife should be used. Our treatment is, of course, a long one and requires much patience." Cornell has recently adopted Dr. Bulkley's treatment of cancer.

60 years ago Grandfather got an individual sugar package— "Ye Olde Sugar Loaf" made by John Redpath, in what was then Canada's only Sugar Refinery. Now, at less than half the price, his granddaughter gets a much improved article, also "individual"—

The Redpath Canton of Today

Redpath Extra Granulated Sugar in Sealed Cartons and Cloth Bags 2 1/2 lb. and 5 lb. 10, 20, 50 and 100 lb. "Canada's Favorite Sugar for three Generations" CANADA SUGAR REFINING CO., LIMITED, MONTREAL 125