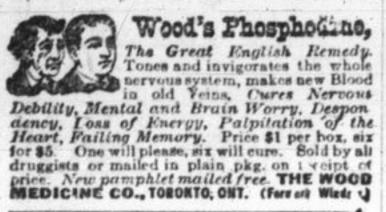
STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils Relieves Head-Colds at Once.

If your nostrils are clogged and your head is stuffed and you can't breathe freely because of a cold or catarrh, just get a small bottle of fly's Cream Balm at any drug store. Apply a little of this fragrant; antiseptic cream into your nostrils and let it penetrate through every air passage of your head, soothing and healing the inflamed, swollen mucous membrane and you get instant

relief. Ah! how good it feels. Your nostrils are open, your head is clear, no more hawking, snuffling, blowing; no more headache, dryness or straggling for breath, Ely's Cream-Baim is just what sufferers from head ment. colds and catarrh need. It's a de-



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It is essential to wear a shoe that is prettily shaped to obtain attractive effects so much desired by all well dressed women. Our shoes have grace of line and elegance of finish that make them beautifiers of women's feet.

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BOARD OF TRADE Who Will Attend the Presbyterian

ASKS CITY COUNCIL TO NAME CLEAN-UP DAY.

A Pay-Up Week Suggested-Seventy-Ont Five Dollars Was Voted For Three Patriotic Funds.

Several more or less important matters were acted upon at the meeting of the Board of Trade on uesday evening among them being Man. he "Clean-up Day campaign that is being arranged. The following reolution was passed unanimously by the board: "That the City Council be asked to name a day as "Cleanup Day" and that they invite the Ont citizens to co-operate in the movement. The president is empowered to select a committee to co-operate with the City Council in the move-

A communication asking for the board's recommendation of a peti-Ont. tion made by the Hydro-Electric Commission to the Legislature about Ont. granting subsidies to electric roads was referred to the Railway and Power Committee of the board after long discussion.

A communication from the Berlin D. H. Proctor, Elkhorn, Man. Civic Board regarding the regulaion of property value and also one rie. from the Norwich Board regarding Aud. Park, Rainy River, Ont. wider tires on vehicles were referred to the Legislation Committee for re-

ty's Trade Commission regarding Ont. the establishment of a Canadian exhibition in England for the display of Canadian goods was filed. The exhibition will be held from May 10th to 21st.

A communication was read from W. A. Dean of the Canadian Aviation Company, Toronto, asking for the board's recommendation of scheme to supply the Imperial Government with a squadron of aeroplanes. Each machine to cost \$6, 000 and Mr. Dean's company would train the aviators. This was filed as the members seemed to consider the subject rather flighty for such a dignified board to deal with.

A motion was passed giving \$75 for patriotic purposes to be divided equally between the funds to purchase field kitchens for the 21st Battalions for No. 5 Stationary Hospital, (Queen's) and the fund to purchase socks for the soldiers over-

J. G. Elliott proposed that the matter of having a "pay up" week movement started in Kingston be considered. Several members expressed themselves as in favor of the movement. In a small western city, the plan had bee tried out and \$43,000 exchanged hands in the squaring of small debts.

An Enviable Record.

quality-giving that enabled us to hope that he will findd the body. From ter, It is supposed that O'Shea got sell over eight million pounds of the time of the reported drowning caught in this storm, that he could "Salada" last year has necessarily until the ice came Mr. O'Shea kept not gain shelter, and lost his life produced a shoal of substitutes ready up his search and there was no per- in his brave battle against the high to hand for the dealer who values son more delighted at the opening sea. When he did not arrive at his

Rev. H. B. Fritts is the new Methodist minister at Clayton, N.Y. Rev. Philip Tonkin is returned for Cape Vincent, N.Y., a.id Rev. W. Hancock to Alexandria Bay, N.Y. In justice you must consider the provocation as well as the sin.

Greatest

We have ever shown on our floors to-day-we spend time in selecting William; Jackson. these from English and Canadian mills and the pick of them all is yours-Wiltons, Axminsters and Oriental effects that please both pocket and taste.

Parlor Suites in solid and imitation mahogany. We cover these in your own choice of covers-you do the selecting, we do the rest-\$25, \$37, \$45, up to \$200.

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George Home, Palmerston, Ont. Rev. T. J. Jewett, Bala, Ont. Rev. F. L. Jobb, New Mills, N.B. Rev. George Lockhart, Alexander,

Rev. N. Lindsay, Dresden, Ont. Rev. P. La Belle, Escuminae, P.Q. Rev. J. H. Lemon, Clifford, Ont. Fred. Miller, McAuley, Man. Rev. W. I. McKenzie, Oakenham.

Rev. A. Murray, Middle River, N

Rev. S. H. Moyer, Conn, Ont. D. D. McLeod, Barrie, Ont. Alex. McArthur, R. R. Thamesville,

Rev. J. McConnell, Blind River,

G. A. McArthur, Blind River, Ont. McKinnon, Chatham, N.B. A. R. McLachlin, Renfrew, Ont. J. A. McAuley, Harriston, Ont. Rev. H. Pritchard, Sault Ste. Ma

John Ready, Reston, Man. R. P. E. Scott, Verden, Man. T. T. Smith, Elkhorn, Man. A communication from His Majes- Rev. A. W. Shephard, Lewington,

> W. Saddingham, Mull, Ont. Jas. Scott, Schreibner, Ont. John Spenser, Harding, Man-Rev. A. A. Scott, Carleton Place,

hos. Stewart, Hopetown, Ont. Thompson, Bracebridge, Ont. Rev. Jas. Taylor, Braeside. Ont H. R. Wilson, Bondhead, Ont John Williamson, Newcastle, N.B. R. N. Weeks, Millerton, N.B.

ON FIRING LINE AGAIN

PRIVATE RAMSAY HAS RECOV. ERED FROM WOUNDS.

"Hope To Be Back in Trenches In Another Week," He Writes To His Parents-Shower of Bullets Came His Way.

"I hope to be in the trenches again in another week.'

Thus writes Private William Ramsay, son of John Ramsay, 48 Division street in a letter just received by his father.

Private Ramsay, it will be remembered, was wounded several weeks ago, when he was shot in the arm. He was at the time of writing confined to No. 12 Stationary Hospital. France, under the care of Dr. A. E.

"I am all right again with the exception of having a very sore wrist,' he says. This is the first time I have been able to write since my accident. I expect to get out of here in a few days and then we go to the base and later will be sent to our battalion.

"Everything is very nice in the hospital here. They try to make you as comfortable as possible, I got your letter saying that you had sent a parcel and then the bullets can e my way. I have suffered no pain to speak about.'

"Leo The Royal Cadet" Rehearsals. Rehearsals for the production of "Leo, the Royal Cadet," which is to be produced about the first of May. for patriotic purposes, are continuing with great success. On Tuesday night 125 performers were present in the City Hall, and there was much enthusiasm. The next rehearsal is on Thursday night, from 8 to 10 o'-

SON DROWNED LAST FALL; FATHER IN SEARCH OF BODY New

Sad indeed is the mission of M. J. tefforts of all who assist in the search O'Shea, one of the best-known and will be confined to this section. most respected farmers living on O'Shea was about twenty-four years of age, and was popular with all his Feeling confident that he will be acquaintances. On Nov. 12th he

able to recover the body of his son, started out in his skill from Alex-Jack" O'Shea, who was drowned in andria Bay with the intention the River St. Lawrence on November coming up to Wolfe Island to spend 12th last, while making a trip from a few days with his father during Alexandria Bay to his home on Wolfe the hunting season, as he was very Island in a skiff, Mr. O'Shea is keep- fond of hunting. On the day in quesing up the search, dragging the river tion a terrible gale came up. Even The twenty-three years of consistent at different points, never wing up large-sized crafts had to take shelgreater profit above your satisfaction. of navigation than he, for it gave home on Wolfe Island, and it was him the opportunity of resuming his learned for sure that he had left

The finding of a life belt on the other members of the family shore at the foot of Wolfe Island, menced to worry about him and from which has been identified as one which the first it was feared that he had was in the skiff owned by young been drowned. A few days later a O'Shea, makes the fourth belt to be skiff indentified as belonging to picked up belonging to the skiff, and missing young man was found and now it is believed that the body will this told the sad tale.

Alexandria Bay, his father and

O'Shea was a good man to handle It is supposed that the young man a skiff but in the storm which ragwas dumped out of his skiff at some ed that day it would have been alpoint between the foot of the island most impossible for anyone to have and the village and as a result the made the trip in safety.

DONATIONS ACKNOWLEDGED

For Queen's Stationary Hospital Going To The Front.

Previously acknowledged-\$1,245. \$75-Moderns Language Section of Ontario Educational Association \$50-Dr. A. W. Malloch, Hamil-

\$25-Mrs. F. King, Miss Marion Lewis, Bishop . Mills, Dr. G. F. Dalton (Springfield, Mass.,), Mrs. Annie M. Van Straubenzee, Prof. James Cappon (bed), Mrs. James Cappon, (bed), Mrs. James Elder, R. Uglow,

\$10-Prof. G. W. Mitchell, Dr. W A. Claxton (Tallahassee, Florida), Miss Ford, Dr. H. E. Day, Newman

\$5-A Friend. \$1 a month-Miss Hilda Day. \$2-W. A. Grange (Napance).

Wants Faster Boats.

The Smith's Falls News in advocating a faster boat for Inspector Phillifts, on the Rideau Lakes, says of the present boat : "The crait can't steam fast enough to overhaul a dead fish, let alone catch up to a live poacher. It reminds us of a Missisippi boat on which the late Sir Joh Macdonald travelled from St. Louis to New Orleans. In relating the story of his trip, the old Chieftain said that the boat had a seven-foot toiler and an eight-toot whistle, and every time the captain blew the whistle the boat stopped. To be ready to weigh ancher on Monday the Col onel has to start to get up steam Saturday, and by the time he reaches Portland it's time to start home in order to get here by Sunday. It's a fine toat (when it's tied to the

The Northern New York Methor town, N.Y., in 1916.

GIVEN BY T. F. HARRISON ON TUESDAY EVENING

In Sydenham Street Bible Hall-The Speaker Gave Interesting Descrip-

Before a good-sized audience in Sydenham Street Bible School on Tuesday evening, T. F. Harrison delivered an illustrated address on "Mexico and Its Inhabitants," as seen by him. Mexico, he said, is a nation of beggars, and poverty is rampant. Coupled with this, that dread disease tuberculosis has seized upon the country. Notwithstanding all this the country is a valuable one if it were only peopled with a different race than those inhabitants who dwell there. The poorer class, known 'peons," are valued less than horses and donkeys, and it falls their lot to act as slaves for the upper classes. The enormous loads they carry upon their backs would stagger any Canadian tourist who beheld it. would not be so bad if 'the people were properly clothed, but in many cases they are only half attired, while in some less than that. All kinds of deformities are to be seen, and Mr. Harrison told of an inhabitant that he had seen who was only half a man. The lower portion of his anatomy was lacking and his comrades placed him on a pedestal to beg. The women do not interest themselves about Easter hats in Mexico, said Mr. Harrison. An old Seraglio shawl serves all such purposes, and all female inhabitants go about in like att re. It would be a cheap place to bring up a family of girls, stated the speaker. In spite of this fact the

FOR UPSET STOMACH, INDIGESTION, GAS, HEARTBURN---PAPE'S DIAPEPSIN

sour stomach feels fine.

tion, heartburn, dyspepsia; when the fear. It's because Pape's Diapepsin food you eat ferments into gases and "really does" regulate weak, out-ofstubborn lumps; your head aches and order stomachs that gives it it's milyou feel sick and miserable, that's lions of sales annually.

Time it! In five minutes your sick, your next meal, a favorite food meal then take a little Diapepsin. There Sour, sick, upset stomach, indiges- will not be any distress-eat without

young ladies are very carefully guard-

Kingston. less to have a bad stomach-make truly belongs in every home.

tress go in five minutes. If your store. It is the quickest, surest stom- thanks to enlightenment. stomach is in a revolt—if you can't ach relief and cure known. It acts The watering system of Mexico was called after the apostles. Mr. Harriget it regulated, please, for your sake, almost like magic. It is a scientific next described by Mr. Harrison. In son said he did not know what her the try Pape's Diapepsin. It's so need- harmless stomach preparation which some parts of the country it is very one bearing Judas' name was hot or

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We carry a most complete stock of travelling goods at vopular prices. Special Suit Cases\$3.00, \$5.00, \$7.50 We have other lines ranging in prices to \$25.00. This is the travelling goods store of the city.

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They have the style that helps the appearance of even the best dressed man. They have the quality that assures satisfaction. See our immense showing of Soft Hats and Derbies. Made by the world's most celebrated hat mallers.

\$1, \$1.50, \$2, \$2.50, \$3, \$4.

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Acid Stomach Are Dangerous

Nine-Tenths of All Stomach Trouble

A Physician's Advice on Cause and A famous physician whose succesful researches into the cause and cure of stomach and intestinal diseases have earned for him an international cent lecture that nearly all intestinal troubles, as well as many diseases of the vital organs, were directly trace-able to a deranged condition of the stomach, which in turn was due niae commonly termed sour stomach of tions of Conditions In That Coun- tritis and stomach ulcers. It is ineresting to note that he condemns the use of patent medicines as well as of medical treatment for the stomach, stating that he and his coteagues have secured remarkable resuits by the use of ordinary bisura .magnesia, which, by neutralizing the acidity of the food, removes the source of the trouble. He contends that it is as foolish to treat, the stomach itself as it would be for a man who stepped on a tack to rub liniment on the foot without first removing the tack. Itemove the tack and the foot will heal itself-neutralize the acid and stomach troubles will disappear. Irritating medicines and the inflamed lining of the stomach

> he doctor has found most efficacious ed as regards courtship, and a custom is followed out by their parents, known as "Playing the Bear." The young lady is kept inside and only allowed to speak through the bars of her window until such time as the courtship ripens. Afterwards the courtier is permitted to enter the house. In some cases it is three months before this privilege is grant-

then heal itself. Sufferers from

acidity, sour stomach or heart burn

should get a small bottle of bisurated

magnesia from their druggist, and take a teaspoonful in a quarter

of a glass of hot or cold water after

meals, repeating in fifteen minu'es it

necessary, this being the dose which

Speaking of the sleeping apartments of the Mexicans, Mr. Harrison claimthat the open air constituted that of many. In Mexico City alone it is claimed that ten thousand sleep out of doors every night, and a person walking along the street has to pick his steps or fall over slumbering 'natives. These sleep with their chins upon their knees and breathe in the same foul air all night. Here is where tuberculosis gets its start, said Mr. Harrison.

The thieves market was described by the speaker. "While travelling through Mexico take care of your pet dogs and other belongings" is the watchword. If you do not they are stolen and placed in these markets, where a fee is charged if you wish to have possession of your pets again. when you realize the magic in Pape's Get a large fifty-cent case of ilar place, said the speaker, but of Some years ago Kingston had a sin Diapepsin. It makes stomach dis- Pape's Diapepsin from any drug late it has been done away with, ducts have been built which lead to

crude, while in others fine large via cold.

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The International Limited - No. 14 Daily Lv. Kingston 1:08 p.m Ar. New York 7:26 a.ra Ar. Hartford 8:05 a.m.

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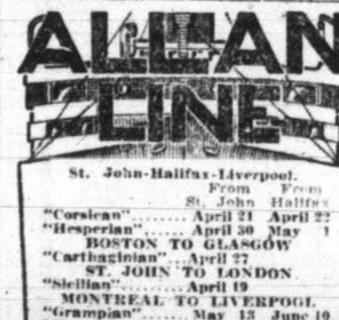
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For particulars apply Local
Agents, or THE ALLAN LINE. 95 King St. W., Toronto.

When You Wash Your Hair Don't Use Soap Most soaps and prepared shampoos contain too much alkali, which is very injurious, as it dries the scalp and makes the

hair brittle. The best thing to use is just plain mulsified cocoanut oil, for this is pure and entirely greaseless. It's very cheap, and beats soaps or anything else all to pieces. You can get this at any drug store, and a few ounces will last the whole family for months Simply moisten the hair with water and rub if in, about a teaspoonful is all that is required. It makes an abundance of rich. creamy lather, cleanses thoroughly, and rinses out easily. The hair dries quickly and evenly, and is noft, fresh looking, bright

fountains and pools. These pools are

fluffy, wavy and easy to handle.

Besides, it loosens and takes out

every particles of dust, dirt and

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