When I Began Taking Vinol." Clayton's Letter Should Interest Every Weak, Nervous, Rundown Woman.

Louisville, 'Ky .- "I was simply a nervous wreck; and in a weak, run-down condition when a friend asked me to try Vinol. I did so, and received so much benefit from the first bottle I decided to keep on taking it, and as a result ! have gained in health and strength right along. I think Vinol is the best medicine in the world for a nervous, weak, run-down system and for elderly people, and I cannot praise it too highly for what it has done for me."-Mrs. W. C. CLAYTON, Louisville, Ky.

There are hundreds of men and women in this vicinity who are on the borderland of nervous prostration, overworked, run-down and nervous. We ask every such person to call at our store for a bottle of Vinol, our delicious cod liver and iron tonic without oil. Vinol is not a patent secret nostrum, but an honest, tried and true body builder and strength creator of world-wide fame. delicious and easy to take.

Our guarantee to return your money if Vinol does not benefit you should give you confidence to try it. Geo. W. Mahood, druggist, King

ston, Ont.

Meats and Groceries

You can get the best in the city at the Unique Grocery and Meat Market. Try our Coffee.

C. H. PICKERING 490 Princess St. Phone 530

****** OPEN NOSTRILS! END A COLD OR CATARRH

How To Get Relief When Head and Nose are Stuffed Up.

Count fifty! Your cold in head or catarrh disappears. Your clogged nostrils will open, the air passages of your head will clear and you can breathe freely. No more snuffling, hawking, mucous discharge, dryness or headache; no struggling for

breath at night. Get a small bottle of Ely's Cream Balm from your druggist and apply a little of this fragrant antiseptic cream in your nostrils. It penetrates through every air passage of the head, soothing and healing the swollen or inflamed mucous membrane, giving you instant relief. Head colds and catarrh yield like magic. Don't stay stuffed-up and miserable. Relief is sure.

Carters & leamsters

Good frame house on Division furnace, gas, good stable and poultry houses, good

rick house near Princess Street, nine rooms, improvements, furnace, gas and electricit \$3,400

Real Estate and Insurance

Office 177 Wellington St.

LESS MEAT IF BACK AND KIDNEYS HURT

Take a Glass of Salts to Flush Kid- his brother. neys If Bladder Bothers You.

produces kidney trouble in some form scientific research. He had patented or other, says a well-known author- improved processes for the extractity, because the uric acid in meat exworked; get siuggish; clog up and also the originator of the famous cause all sorts of distress, particu- Gathmann gun, which was tested larly backache and misery in the kid- and rejected by the United States ney region; rheumatic twinges, se- Government, but later adopted by vere headaches, acid stomach, consti- the Germans and used with such pation, torpid liver, sleeplessness, deadly effect at Liege and Antwerp. bladder and urinary irritation.

kidneys aren't acting right, or if and of great persuasive ability as bladder bothers you, get about four conversationalist and orator. ounces of Jad Salts from any good He was one of the original propharmacy; take a tablespoonful in a moters and builders of the Central few days and your kidneys will then charter and building the road from act fine. This famous salts is made Picton to Trenton and later extendfrom the acid of grapes and lemon ing it northward to Coe Hill. been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize Jacques, widow of Charles Jacques the acids in the urine so it no longer who was killed when earth fell and

makes a delightful effervescent lithia- ceive \$17.57 per month from Brantwater drink which millions of men ford township as long as she lives. and women take now and then to keep the kidneys and urinary organs. A police chief and a detective clean, thus avoiding serious kidney were killed by burglars at Eimira,

Agent Geo. W. Mahood.

to be Undertaken.

FRENCH WARSHIPS,

Which Are Now On the Way to Join cat shape by a power hydraulic press how should they, with the censorthe Attacking Squadron-Bombardment of Fortifications Is Con-

(Special to the Whig.) ment of the Turkish fortifications in The most impressive sight, how-

dertaken immediately on the arrival Dante's Inferno. The gun is left to

ships, now on the way to join the it comes hardened, toughened and attacking squadron.

northern or European side of the the same in principle as the whip-Dardanelles. At its head it is not ping on the mandle of a cricket bat. wilder.

MURDER CASE IN LONDON

London, March 24 .- Charged with the murder of three women, George Joseph Smith, in the Bow street ed from the fact that from the start court, heard Public Presecutor Bod- to finish the time occupied is twelve was the knowledge of our men's kin declare he had made away with months. three of his wives; the crime in each case being committed shortly after he had married them. Each of these women was found dead in her bath; consequently the case had come to be known as the "brides in bath"

The prosecutor gave the names of the three women and the dates low on Monday. He was a native of of the alleged murders as Beatrice Mayo. He had lived in Sidney for Mundy, July 1912; Alice Burnham, several years. December 1913, and Margaret Lof- William B. Dockstader passed away ty, December 1914.

was born in London, the son of an Sidney in 1846.

way to London from Canada.

"The prisoner will now be charglives. We shall show at the death born in 1831. obtain £700 (\$3,500) more."

DEATH OF JOHN W. HYATT.

Grower. Picton, Ont., March 24 .- The death occurred Tuesday, at his home well known resident of this district, aged sixty-nine years. Mr. Hyatt was a familiar figure at the annual gatherings of farmers' organizations. In the days of the patron movement organizer. He was a good platform speaker and a man of forcible personality. He was a Liberal in politics, but during the provincial campaign of 1905 he took the stump day. for the Conservative party and assisted in the defeat of the Ross Government. He was a large fruit grower and was also extensively engaged in the canning industrty.

Was Visiting Brother.

Chicago, March 24 .- G. W. Mc Mullen, seventy-one years old, of Picton, Ont., died of heart disease on a North-western Elevated railroad train on Tuesday. Mr. Mc-Mullen and his son, G. P. McMullen, had been visiting his brother, R. B. McMullen, 1021 Grove street, Evans ton. On Tuesday morning Mr. Mc-Mullen and his son started to Chfcago on an elevated train, but after travelling a short distance, Mr. Mc-Mullen became ill. His son assisted him from the south-bound train to a north-bound one. McMullen died as they were about to alight at the Davis street station in Evanston. The body was taken to the home of

The deceased was prominently identified with many enterprises, in Eating meat regularly eventually many of which he did considerable He was a man of remarkable intel-The moment your back hurts or luctual power, of marvelous memory

glass of water before breakfast for a Ontario Railway, first securing the

A Widow's Compensation. Brantford, March 21 .- Mrs. Mary A. irritates, thus ending bladder disor- pinned him against a waggon bub Jad Salts cannot injure anyone; ship on the new park drive, will re enlarges the opportunities of

"Spring Blood Tonics." Gibson's.

TWELVE MONTHS REQUIRED TO MANUFACTURE BIG GUNS.

Many Intricate Processes Involved In Building Large Weapons-Covered With Miles of Wire.

Chicago Journal A fasemating sight is to watch the first stages in the manufacture of the big guns which are proving so devastating in the war. A solid ingot of steel, some fifty feet in length and weighing about 100 tons, is ployed in the making of a thirteen-

After being forged and then allowed FURTHER BRITISH AND to cool, so that it may be toughensquare inch. Later what is known from the British public, and a War as the trepanning operation is carried Office which prohibits all regular out, namely, drilling the bore from Athens, March 24 .- The bombard- end to end. Next the bore is rifled

the Dardanelles was continued to- ever, is the hardening process, when day. The warships were accompan- the rough weapon is heated to dazied into the straits by a number of zling white heat and plunged into a well full of oil. If the operation A force of Allied troops was land- takes place in the night time the ed on the Peninsula of Gallipoli yes- sight of this big, glowing bar of meterday from transports in the Gulf tal being lowered, apparently into the bowels of the earth issuing leaping A general attack upon the fortica- tongues of flames from the burning tions of the Dardanelles is to be un- oil, may be likened to a scene from

of further British and French war- cool in the oil bath, out of which

tempered.

The last concerted effort against Now follows the wire-winding operathe Dardanelles' positions occurred tion to make the weapon stronger and impart to it some measure of The Gallipoli peninsula is the clasticity. This wire winding is much more than three or four miles wide. In this case, however, the whipping takes the form of a strong steel ribron, which is wound around the body Nothing does us more good than to of the gun. Every thirteen-inch gun Man Charged With Murdering Three has about 120 miles of this steel ribbon wound about it. Some idea of the labor involved in the manufacture of one of these guns may be gather-

NEWS OF DISTRICT

Exchanges.

Curiew is to ring in Belleville every night at 9.05 o'clock. J. Alley died in the front of Thur-

Presecutor Bodkin said the accus- of the Agricultural and Colonization paymaster and have it sent through ed had been married five times in Committee of the Untario Legislature, official channels, as was done in othallfl His first wife was Caroline The death occurred at Council er cases, ordered her husband to fol-Beatrice Thornhill, whom he mar- Montreal of George Grant, a former low this course. ried in 1898 and who now is on her well-known resident and merchant of A day or two ago she received the

five women," Mr. Bodkin continued. peacefully to her reward at the resided at the money and her face The case is remarkable for the dence of her step-daughter, Mrs. C. clouded over. "What's the matter; greed for wealth which was the mo- Pratt, Toledo, the direct cause of ain't it right?" asked a friend who tive in the taking of these three death being acute pneumonia. She was was present.

was obtained, and that the prisoner Bluffs, lowa, recently, of Dr. Smith telling me his pay was only \$20 a when arrested was in a fair way to W. Bellinger, husband of a former month. Wait till he gets home! If Brockville young lady, Miss Edyth the Germans don't kill him, I will." McCallum, daughter of the late James McCallum, coal dealer.

Was Well Known Farmer and Fruit FORMER KINGSTONIAN DEAD.

The death occurred, at Buffalo, on at West Lake of John W. Hyatt, a March 18th, of William J. Naylon, They are well taken care of. It's chief engineer of the steamer Michi- no snap to work on a California tur gan, after an illness of two weeks, key farm. Deceased is survived by three childhe was one of the speakers and an organizer. He was a good plat- John Naylon, and two sisters, Mrs. "Your reference Lawrence Joyce, Kingston, and Mrs. Thomas Gallagher, Buffalo. Interment took place at Buffalo on Mon-

Constable Navion and Mrs. Navlon returned home on Wednesday morning from attending the funeral.

Only One "BROMO QUININE." Whenever you feel a cold coming

on, think of the full name, LAXA-TIVE BROMO QUININE. Look for signature of E. W. Grove on box. 25c. What Chris Did.

"Johnny," the teacher asked, "can you tell me anything about Christopher Columbus?' 'He discovered America." 'Yes." What else did he do?"

"I s'pose he went home and lec-G. T. Bell, passenger traffic manager of the Grand Trunk, has returned

a trip down south, looking fresh and well. The Good Roads Congress urged that the question of road improvement be taken out of politics.

"Woodbury Soaps," at Gibson's. Provincial estimates for the current fiscal year amount to \$9,738,

Dr. A. A. Dame, Toronto, dropped 'Buy Face Creams" at Gibson's. The Indian Government has taken over all stocks of wheat.

Civic Pride And Advertising.

It is a matter of civic pride to support the manufacturer and merchant who advertises. These men are the "push

They are the builders who are helping the city. They are making it a better place to live

The merchants and business men who do not advertise are simply carried along by the other chaps' energy. Anything that helps the city,

But aside from civic pride you generally get more satisractory goods and service from the men who advertise.

CENSORS ARE BLAMED

IF BRITISH FAIL TO REALIZE NATION'S PERIL.

Information Is Concealed, Not From Enemy, But From British Public -Should Tell All Truth.

London, March 24.-The Daily Chronicle in an editorial says: "A good many recent events of varying importance, from the Clyde strikes downward, have warned us that large sections of our - ptople do not even realize the desperate naed for the heavy work, this gigantic ture of the life and death struggle bar of steel is pressed into cylindri- in which we are involved. And which exerts a pressure of anything ship constantly exerted to conceal inbetween 5,000 and 10,000 tons to the formation, not from the enemy, but

services of war correspondents?

"Brief and occasional visits to the

Allies' lines, which are permitted at intervals to a few trained journalists under official guidance, have done something to show us the character of the trench warfare day by day, but these writers have had no opportunity of describing or reporting any We hear of successes, and in general terms of the gallantry of the men, but their losses and the names of the units engaged we only learn from the casualty lists. The last are served out to us in straggling daily instalments, and lack of proper presentation hides nothing from the students, let us say, of the German General Staff, whose business it is to add figures, calculate units and compare dates, but effectually baffles the British public whom alone it is entirely calculated to be-

"Ours is not a nervous nation, able to be stampeded into panic. be told frankly of the difficulties before us and of the course of surmounting them. Why, after all these months of experience of the 2 DOZ. ORANGES disastrous unwisdom of treating like children, is not this done? It trials, not of their triumphs, that brought recruits flecking to our new armies. It is only by the same 254 Montreal St. knowledge that the whole energy of What Is . Found . In . The . District our manhood, in the workshops no less than in the trenches, can be kept concentrated upon the achievements of our national safety."

Wait Till He Gets Home. One of the recruits with the first

contingent, who promised to send half his pay to his wife, had been reon Tuesday in Thurlow, after an ill- mitting a certain sum regularly each Smith, according to the police, ness of two weeks. He was born in month for some time. His wife, learning from a friend that a more insurance agent, and is 45 years of John R. Dargavel, M.P.P. for convenient plan would be for her Leeds, has been appointed Chairman "man" to leave half his with the

Belleville. His demise was due to first remittance under the new plan! from Ottawa. When she opened the with the murder of three of these On 17th inst., Mrs. Ketchum passed envelope she found \$16. She look-

"It isn't that it's not right," said of two of them £2,800 (\$14,000) The death occurred at Council the woman, "but all along he's been

A Chance to Rise.

"Turkey raising is an arduous business,' said a whilesale poultry dealer to a friend. "Day and night William J. Naylon Passed Away At you must look after your birds the same as you look after horses.

"I was visiting a California turren, Thomas, Frederick and Cather- key farm last month when a boy "Your references are good. I'll try you, said the farmer.

"'Will I have a chance to rise, sir?' the boy asked. "'Yes,' said the farmer, 'a grand chance. I'll want you to have the feed mixed up by 4 o'clock every

Some Choice Woods.

Rosewood is the name applied to the wood of different trees in their respective countries, so the commercial resewood is not always the same. The rosewood of Brazil is considered the finest in every way, and is made

into beautiful furniture. The myrtle tree, a common one in l'alestine, is useful because its leaves are used for sachet powders, and from it an oil is obtained which is used in perfume. The myrtle is an emblem of the Jewish feast of the passover and is mentioned several fime in the Bible. It is not a large tree, for twenty feet is usually its maximum

Lignum vitae, another very hard wood, comes also from the West Infor making pestles, pulleys and other things that require great strength. It has a flower like the hepatica, which

The Criminal Printer. "Bill," the poet gasped, staggering

"Why, what's wrong?" the friend inquired, starting as he grasped hold of the tottering man. "Wrong !" the poet uttered. "Ye gods! I wrote a poem about my litthe boy. I began the first verse with these lines: 'My son! My pigmy

"Yes ! Yes !" The poet drew a long breath as he took a newspaper from his pocket.
"Read!" he blazed suddenly. "See what that criminal compositor . did to my opening line." The friend read aloud : "My son ! my pig. my counterpart !

counterpart."

The One He Preferred. A country clergyman, a religious exchange says, while on his round of visits, asked the .. young son of . his hostess if he had heard of the parables. "Oh, yes," was the reply. Good! And which of them do you like best?" The boy squirmed, but at last, heeding his mother's frowns, answered: "I guess I like that one where somebody loafs, and fishes."

The Private Bills Committee of the Ontario Legislature refused to grant Toronto permission to establish a \$500,000 relief fund.

"Fruit-a-tives" Cured Paralyzed Bowels and Digestion ST. BONIFACE DE SHAWINIGAN, QUE.

Feb. 3rd. 1914.

"It is a pleasure to me to inform you that after suffering from Chronic Constipation for 21/2 years, I have been cured by "Fruit-a-tives". While I was a student at Berthier College, I became so ill I was forced to leave the the college. Severe pains across the intestines continually tortured me and it came to a point when I could not stoop down at all, and my Digestion became paralyzed. Some one advised me to take "Fruit-a-tives" and at once I felt a great improvement. After I had taken four or five boxes, I realized that I was completely cured and what made me glad, also, was that they were acting gently, causing no pain

"Fruit-a-tives" for they are the medicine that cures". MAGLOIRE PAQUIN "Fruit-a-tives" are sold by al! dealers st 50c. a box, 6 for \$2.50, trial size, 25c, or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

whatever to the bowels. All those who

should follow my example and take

suffer with Chronic Constipation

Z Specials Z

CANS PEAS (No. 1 Quality).

(Sweet, Juicy, Seedless).

B. Gage, Phone 549.

Dining Room Furniture

All the latest designs and finishes.

Buffets, \$15, \$20, \$23 and

Ex. Tables, \$10, \$12, \$15 and up. Chairs,

R. J. Reid, Leading Undertaker.

OUR FRESH GROUND COF-FEE AT 40c. CAN'T BE BEAT. Try a sample order and be NOLAN'S GROCERY Princess St.

Phone 720. Prempt Delivery

For The Finest Quality

BEEF, LAMB, MUTTON, PORK AND VEAL, CALL AT

PARKER BROS., Phone 1683 SPECIAL PRICES.

Cleanliness a Specialty.

Sirloin Steaks

T. B. Steaks

GRAND TRUNK BALLWA **Double Track Route**

The International Limited - No 1. Baily WESTBOUND Lv. Kingston 12:20 p.m. Ar. Toronto 4:30 p.m. Ar. Hamilton 5:41 p.m. Ar. London 7:55 p.m. Ar. Buffalo 8.10 p.m. Ar. Detroit 9:55 p.m. Ar. Chicago 8:00 a.m. The International Limited - No. 14 Daily EASTBOUND Lv. Kingston 1:08 p.m. Ar. Ottawa 6:30 p.m.

Ar. Montreal 5:45 p.m.

New York 7:26 a.m.

Portland 7:30 a.m. Springfield 7:40 a.m. CANADIAN

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OTTAWA Via "Lake Ontario Shore Line" Fast time to Whitby, Oshawa, Sowmanville, Port Hope, Cobourg, Belleville, Trenton, etc. Particulars from F. CONWAY, C. P.A., City Vicket Office, corner Princess and Wellington Streets, Phone

(CANADIAN SERVICE) Sailings from Halifax to Liverpool ORDUNA (15,500 tons) Apply Local Ticket Agent, or THE ROBERT REFORD CO., LIMITED, General Agents, 50 King St. East, Tor-

The Great English Remedy Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain pkg. on t ceipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Fermety Winter.)

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GYPSUM WALL PLASTER?

It Saves Time P. WALSH,

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Special 3 Days' Sale SAMPLE SUITS & COATS

Suits \$12.98

All sizes for misses and ladies. Grey, brown, putty, sand, navy, fawn, etc., etc. Best of trimmings, silk and satin lined coats. The newest spring models. Values to \$25. \$12.98 For each \$12.98 Coats \$7.45

New spring models for misses and ladies. Navy, black and brown shades, serges, Cheviots and fancy Tweeds. Correct in every way for present wearing; good value, regular at \$12.50 to \$15.00. \$7.45

It is a busy place just now. Crowded every day with eager buyers. Hundreds of the latest creations for ladies, misses, girls and children now ready for you. Compare our prices. We are satisfied to abide by your decision. Call to-morrow-a pleasure to show you.

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The Dress House

The Waist House

Kingston's Only Exclusive Ladies' Ready-to-Wear Store. 132-134 Princess St. Phone 532. T. J. O'Connor, Manager.