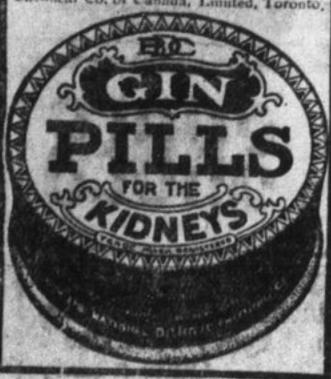
CRIPPLED BY RHEUMATISM

434 N.Y. Ave., Whiting, Ind. Jan. 20th Polis? When I sent for the last box, I was crippled up with Rheumatism and my face was so badly swellen, that I could hardly see out of my eyes, but after taking about six of the pills, I felt some better; and after a few. s. I had no more pain. I have recommended Gis Pills to some of my friends who are be without them as I have thed so many other pills and got no resulta.

Mrs. ED. DEAN.

You can readily tell if your kidneys or bladder is affected. You will have pains in the small of the back, groin or hips, your urine will be highly colored, brick dust or mucus deposits will show in the morning, your wrists or ankles may swell, all due to inactive kidney's which Gin Pills will soon put right

Gin Pills ace "Made in Canada", 50c. a bo under the name "GINO" Pills, Trial treat ment free it you write National Drug ! Chemical Co. of Canada, Limited, Toront



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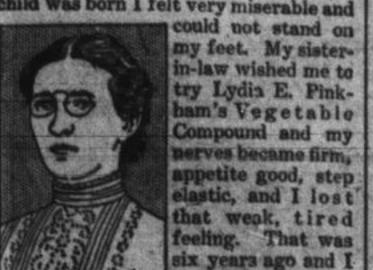
The Great English Remedy Debility, Mental and Brain Worry, Despondency, Loss of Energy, Polystation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain please, on the contract of druggiers or mailed in plain pkg. on 1 ceipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT.: (Fermerly Winds.)

SOWARDS Keep Coal and Coal Keeps SOWARDS

PHONE 526.

Testifies She Was Restored to Health by Lydia E. Pinkham's Vegetable

Compound. Lackawanna, N. Y.-"After my first ild was born I felt very miserable and



althy children since. For female trouoles I always take Lydia E. Pinkham's Vegetable Compound and it works like a charm. I do all my own work."-Mrs. A. F. KREAMER, 1574 Electric Avenue, I you want him to come and ask your Lackawanna, N. Y.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. It may be used with perfect confidence by women who suffer from displacements, inflameriodic pains, backache, bearing-down ard remedy for female ills

Women who suffer from those distressing ills peculiar to their sex should be convinced of the ability of Lydia E.

KAISER'S LAST COLON

TOGOLAND WAS WON FOR GER-, MANY BY FREEBOOTERS.

It Is Chiefly Famous For Its Marabon Feathers and the Great Wireless Station Which Was Finished Just In Time For the War-Its History as a Colony Only Goes Back About Thirty Years.

The first of the German colonies to fall into the hands of Great Britain, Togoland, on the Northwest Coast of Africa, has an interest for the ladies, as being the native home of the birds from whence come the highly-prized marabou feathers.

Lome, the capital, is quite modern. It is a clean little town with welllaid-out streets, shaded by palm and other trees. The principal building is the palace of the Duke of Mecklenburg, the Governor of Togo. To overcome the difficulties caused by the heavy surf which breaks almost incessantly on the low sandy beach, a pier, a third of a mile long has been erected, and connected with a massive wharf or quay at the seaward

Unfortunately the natives are forgetting how to handle the surfboats, and some years ago, when the bridge connecting the wharf with the shore was destroyed by a tidal wave supposed to have been due to a sub-

What is believed to be one of the most powerful wireless stations in the world was completed in prepara- The Welsh Fusiliers, too, observe Berlin, a distance of 3,450 miles, it | bolic leek. The goat of the Welsh many's world wide intelligence ser- action, but the King has just pre-

Atakpame is the terminus of the | The only regiment in the British

nearer the interior of the continent. There, however, the inhabitants | ed, fought back to back. are hostile and treacherous, and have | The cavalry regiments having the the disturbing habit of taking pot- (most individual uniforms are the 11th shots at the passing traveler with their poisoned arrows.

are immense quantities of game. abound, and many kinds of birds, including the marabou stork, whence come the greatly-prized marabou fea- | liarity, although it has existed for thers. The rivers swarm with crocodile, and there are numbers of hip-

which time the Germans first occupied the country. They found it in possession of many different tribes, service. all hostile to one another, the dominant tribe of the south-central region, dwelling round about which Sokode

now is, being the Tschaudjo These people were originally a conquering tribe, like the Masai and the never before been seen in Togoland.

the aboriginal owners of the soil. When the Germans came up from the south, a motley but brave and from the Great God to the Sultan." free-lance adventurer named Kerst- his master, at which three drago- times has been driven through the hull of a ship. The sawfish, common

dignified and amiable savage named the Grand Turk." Djabo, is the son of the man who fought under Kersting's banner. He resides at Bailo, near Sokode, in a "palace" provided for him by the Gera small yearly subsidy.

Although the bulk of the Togo nadition but little removed from barburfem vitome of the tribes, nevertheless, show considerable skill in handicrafts. Thus, at Bassari and Benjali, in the Konkombwa country, fron is mined, smelted, and forged into various articles, under exceedingly primitive, though fairly effective, condi-

Other tribes cultivate cotton, which try Lydia E. Pink- they weave into strong and service nam's Vegetable able cloth on curiously primitive Compound and my wooden looms. Beautiful leather mats perves became firm, are also made, and large, strongly te good, step woven baskets of palm-fibre, which elastic, and I lost sell for about half a cent apiece. In the far north, the only current is salt or cowries. Amongst the Kon kombwa copper and brass rods will

purchase almost anything.

"Well?" "When I promise to marry him do

"No, not my consent; but I would like to have him trot in and tell me

in 1 square yard; 30 1-4 square yards French. in 1 square rod; 160 square rods in 1 acre; there are 640 acres in 1

NOVELTIES IN UNIFORMS.

Regiments.

There are various novelties, in the out of action, the sergeants took com-1 ed them one by one. mand, and to distinguish themselves from their men reversed the position

who wear the sword belt over the each battle. right shoulder instead of round the troopers of the 8th Hussars.

the back of the collar. The origin oft guish: this peculiarity is obscure, but a report of 1768 notes that "the officers of this regiment wear their hair turnand the "flash" was probably intended to prevent the hair greasing the

tion for the present war a few months | the custom of having a goat, decked ago, at Atakpame, about 110 miles with garlands, led at the head of the from Lome. It is the chief receiving drums. On St. David's Day, March 1 and distributing centre for the Ger- the goat, bestridden by a drummer man colonies in Africa, and since boy, used to be paraded round the messages can be either sent to, or mess table with the drums, during received from, Nauen, just outside the ceremony of distributing the symwas a most important link in Ger- Fusiliers was killed during a recent sented the regiment with another.

railway, but the Germans have built army which wears a badge on both a good road as far as Sokode about the back and front of the helmet is 100 miles to the north, and a large the Gloucesters, and it does so to motor car has been provided to sup- commemorate the Battle of Alexanplement the iron road for further pro- dria (March 21st, 1801), in which gress into the fine hunting country the 1st Battalion of the regiment, then the 28th Foot, being hard press-

Hussars and the 16th Lancers. The former wear, in place of the regula- Times. In this little-visited part of Togo tion blue trousers, cherry-colored overalls, hence the familiar title of Antelope, leopards, and elephants "The Cherubims," while the bandsmen wear greyish busbies in place of the usual black. This latter pecuyears, was only recognized by the War Office as recently as 1913. There are other minor variations in As regards Togo history, this only | the uniform of this regiment, most of extends back about thirty years, at which introduces touches of the distinctive cherry color, a shade not worn by any other regiment in the

A Quakeress' Feat.

was Mary Fisher, a Quakeress, who healthy it may be vaccinated at the north, somewhere about a hundred Commander of the Faithful to Chris- Bulletin. years ago, devastating the country as | tianity. She traveled by water to they advanced. They came riding on Smyrna, and then tramped to Adriahorses, and as these animals had nople-about 600 miles away-where Mahomet IV. was encamped with his the terror they inspired almost suf- army. After many attempts, Mary ficed by itself to ensure the defeat of found someone bold enough to tell large, bony teeth. The sawfish rushes the Grand Vizier that "a women was

way the example set by Cortez in dominions. When she insisted on re-Mexico, and by Clive in India, allied | turning, he offered her an escort, addhimself with the uro-or king-of ing, "I would not for anything that the Tschaudjo, and, aided by him, he you should come to the least hurt." eventually subdued the whole coun- She got back safely to England, and try and placed it under the German was honored ever after among her flag. The present uro, an old but fellow-Quakers as "she that spake to

A Lesson In Hygiene.

Gen. Baden-Powell in his new man Government, who also grant him | book, "Quick Training for War," makes a special point of the importance of health to a soldier on active tives are, as has been said, in a con- service, and quotes a lesson given by Gen. Sir William Knox to some new men who joined his command in South Africa. The general met the men and marched them straight off to the cemetery. After giving them a lecture on the value of sanitation and hygiene he pointed to the ceme-tery and said: "There are 750 of your comrades there, not fifty of whom died from wounds. You are 780 strong, and you will all be there unless you obey my orders. I have enlarged the cemetery for that pur-pose. March off to camp." One of the officers present afterwards told Gen. Knox that the men were great-ly impressed by this pointed lesson, and that out of his own company of 130 men he lost in fifteen months

Newspaper Hospitality. The Metropole of Antwerp, whose premises were burned by the Huns the day after the city fell, has received from a British newspaper the same hospitality that the British na-tion has tendered to the Belgian relike to have him trot in and tell me the good news. I sort of feel like I page supplement of The Standard an arrangement which will enable The Metropole to give the refugees One hundred and forty-four square lit promises its readers the "latest news of Belgium," and is printed in

Electricity Wasted

The famous Victoria Falls of

he opened, read and answered by a died Saturday afternoon, aged sev- a bad fall on Saturday and is conined to the house.

THE SOLDIER'S TEST.

Dress Distinctions of Some British Most Terrifying Position Is Silence Under Fire.

Every one of us must have wonway of curious badges, stripes, and dered how he would feel in battle ribbons decorating the ordinary regi- for the first time. We may get some mental uniforms of the various idea of how the average man feels branches of the service to which in- in such circumstances from a study teresting stories are attached. The of the psychology of battle, just pubcustom observed by the sergeants of lished in Italy. Lieutenant-Colonel the Somerset Light Infantry, of wear- Mangiarotti, of the 77th Infantry, ing their sashes over the left should- carefully examined more than 2,000 er instead of over the right, is said soldiers who first faced fire in the to commemorate the Battle of Cullo- recent war between Italy and Turkey, den Moor, when, according to tradi- and he summarizes their statements tion, all the officers having been put in the Rivista Militare. He question-

Out of 2,000 men 1,700 confessed that their most trying moment in of the sashes usually worn by non- the whole campaign was when they commissioned officers from right to first heard hottile bullets whistle about their ears. But almost all of Somewhat similar is the custom of them said they were much less frightthe 8th (King's Royal Irish) Hussars, ened than they had expected to be, sometimes known as the "Crossbelts," and that the scare diminished with

The average soldier finds the most waist. This dates back to the Battle terrifying position to be that of of Saragossa, where the belts of the standing motionless in the front Spanish cavalry fell a prey to the rank, exposed to the enemy's fire without being able to reply. The Officers, warrant officers, and ser- order to advance or to charge with geants of the Royal Welsh Fusiliers fixed bayonets is then received as a are authorized to wear the "flash," release from agony. Movement, even a bow of broad black silk ribbon with into greater peril, distracts the mind long ends, fastened to the middle of and greatly reduces the mental an-

Soldiers are seriously affected by the trembling of their superiors. An officer who shakes in his shoes is a marine volcanic unheaval. Lome was ed up behind," in what was then coward in the eyes of the rank and the engine can be gauged by the fact It seems almost that Russia has no almost entirely isclated from the out- [known as the "Grenadier fashion," file, although the men know that many military heroes-Henry IV., Turenne, and Frederick the Great, for instance—trembled on going into

a fight. Colonel Mangiarotti says that officers must understand this feeling. This is especially true for lieutenants, for this inquiry reveals the fact that in battle all officers from captains upward are non-existent so far as the common soldiers are concern-They keep their eyes on their lieutenants exclusively. This was brought out wiren Col. Mangiarotti asked the men what sentiment animated them when the bullets were falling all around them-was it love of country, religion, or their oath of fidelity to their king? "I went ahead," they replied, almost unanimously, "because my lieutenant went ahead.

It seems that once the battle is on and the first feeling of terror has vanished soldiers feel as if set free The fever of combat takes possession of them and they think about nothing else.-Johannesburg Sunday

Some Baby Facts. A normal baby weighs seven to seven and one-half pounds at birth. fifteen pounds at five or six months and twenty-one pounds at twelve months. The baby should double its weight in six months and treble it at about twelve months. Its length at birth is twenty to twenty-one inches at six months twenty-five to twentysix inches, and at twelve months the length is twenty-eight to twenty-nine inches. Gains in weight are more rapid during the first six months. average weekly gain is about four The first Englishwoman to have ounces. The best time to have a baby

> The sawfish has a formidable weaoon of killing in the flat, bony sword,

come who had something to declare the right and to the left. In sea determined rabble, led by a certain He arranged for an audience with killed by sawfish, and the saw somecheck at the hands of these wild ters, and Mahomet was so impressed about the West Indies, goes into the with what he heard that, while un- gulf of Mexico and the Florida wat-Impressed by their fighting quali- willing to become a Christian, he de- ers and sometimes ascends the Misties, Kersting, following in a small sired that Mary should stay in his sissippi and other southern rivers, do-

ing great havoc to the nets of fishermen. This species sometimes reaches a length of fifteen feet, a fourth of which measures the "saw."

FORCES OF NATURE.

What They Do In Providing Power For Machinery.

In several ingenious ways the forces of pature are now exploited in order to provide power for machinnecessary for various human activities. Such apparatus is especially favored by engineers, for not only can enormous power be obtained, but the running expenses are ex- world. tremely low. One of the most ingenious of these inventions is that which obtains power from the rays of the sun. The apparatus is at work in Egypt, where it pumps up water onto high levels in thousands of

This novel device consists of number of reflecting mirrors which concentrate the rays of the sun onto a glass-covered trough containing Pacific ocean. water. In a short space of time this water becomes sufficiently heated by the reflection from the mirrors give off steam, which passes into a variety. When some 30 or 46 of by means of the sun's heat sufficient steam is obtained to keep a powerful pumping engine at work with a minimum of expense!

Some idea of the enormous power many ingenious ways water is now trapped by means of dams, gigantic reservoirs and great stretches of

various purposes. most important being the falls of The machinery used to obtain power resume at our leisure." from these great products of nature ly speaking, huge pipes divert tons

Thought He Was Mad

The late Count de Lesseps was traveling on one occasion in a French railway train in a compartment with two commercial travelers. "I beg your pardon, sir," said one

of them-'are you not a traveler?' "Certainly I am," said the count. We thought so! What is your

Wh-wh-what," asked the puzzled commercial-"what are they?" "I am introducing ship canals,

said De Lesseps gravely. The commercial travelers feared hat they had fallen in with a lunatic and were making preparations to escape when the count handed them his card and put them at their ease.

are of the Opera. The music of operas always has been and always will be the lure of its millions of patrons; the singing. too, is frequently brilliant and perspeech with the Sultan of Turkey vaccinated is in its first year. If it is feet, but the presentment of scene from life upon the stage where every Zulus, and they swept down from the in 1657 undertook to convert the end of the third month.- Health thing, however commonplace and banal, is sung, however beautifully will always sadden the soul by the very impossibility and inappropriate ness of the spectacle. Fat tenors and sopranos expire in flights of high notes, choruses express various quite unnecessary sentiments with what voat skill they may, and the average person who likes music and a little gic, too, is thrown into ecstasies of

> Prof. Coleman, Ontario School for the Deaf, Belleville, has just celebra ted his seventy-fifth birthday. He has spent forty-five years in the institu-

the tub materials employed for lin-

The corset cover closes at the front

and is held together over the shoulders

with ribbon bows. In attempting to

make the model, first fold the material

garefully, pinning the outer edges to-gether, if necessary. Sometimes crepe de Chine "crepes," therefore it should

Following the slot perforations, turn

a hem in the front of the design. The

CONSTRUCTION GUIDE 6087

be well secured before cutting.

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Lessons

Prepared Especially For This Newspaper

by Pictorial Review



this surplice corset cover of embroider- the illustration in mind, lap right

kingerie cannot be too dainty for the the double "oo" perforations. Stitch woman who is fond of pretty clothes, lower edges together; then gather the The surplice cover shown here is en- corset cover between double "TT" perdesia, it is esit will appeal to the home dressmaker belt to gathered edge of front and back. A Woman's Clothes.

And a woman's clothes are always on her mind—even when on her stantly publishing in the newspapers.

If you want special advice write to Lydia E. Pinkham Belgicine Co. (confidential) Lyna, Mass. Your letter will destial) Lyna, Mass. Your letter will be connected and naswared by a connected real and naswared real and naswared by a connected real and naswared real and naswared by a connected real and naswared real

single large and small "o" perforation re to show how the front is to be lapped on the back. When properly done

on left, with the centers even.

Pictorial Review Corset Cover No. 6087. Sizes 32, 34, 36, 38, 40, 42 and 44 inches bust. Price, 15 cents.

RUSSIA'S GUIDE.

The Remarkable Secret Will of Peter the Great.

Russia's proclamation of the annexation of Galicia the other week serves to recall a most remarkable historical document—the secret will of Peter the Great-which, it is said, is read to every Czar of Russia or his accession to the throne.

In that will Peter laid out an amazing program of aggression for future Czars to follow, which had as its consummation the commercial or political subjugation of the entire

Nearly two centuries have passed since Peter died. The proportion of his prophecies that have come true is startling. Poland has disappeared; Sweden has been humbled and isolated; the Turk has been driven from the Black sea; the road to India is mostly in the Czar's hands, and a vast line of Russian advance has spread over northern Asia to the

The guiding hands of the dead Czar may be seen as clearly in the to present war as at any time in the past. England must be made a compipe to an engine of the usual steam | mercial ally, Peter counseled his successors. All Slavonic peoples these heating boxes are boiling water | must be molded into one nation, Constantinople should be taken and the ascendancy over the Teuton race gained by fair means or foul.

Three far-reaching objectives, and all of them possible as an outcome which the sun machine conveys to of the titanic war now in progress. that 3,000 gallons of water can be other policy than a determination to lifted 40 feet in one minute. In | make Peter's prophecies come true.

"We must make the house of Austria interested in the expulsion of piping and converted into power for the Turk from Europe, and we must neutralize its jealousy at the capture Many great waterfalls are now har- of Constantinople either by preoccunessed in such a fashion, two of the pying it with a war with other European states, or by allowing it a share the Rhine and those of Niagara. of the spoil, which we can afterward

What could be more prophetic? is somewhat complicated, but, rough- | Russia's advance along the Black sea was marked by the acquisition of of water from the rapids just above | Galicia, Bukowina, Bosnia, and Novithe falls. This trapped water is bazar by Austria. It has already lost then allowed to fall some hundreds the latter to Servia, the two former will become Russian territory if the allies win the present war and Servian arms are now invading Bosnia. Russia, it would seem, is resuming at its leisure.

No effort should be spared to gain control of Constantinople, Peter urged. Russia has spared Had it not been for the united resistance of the powers of Europe in the Crimean war it would be Czar grad instead of Constantinople now He wrote:

"We must progress as much as possible in the direction of Constantinople and India. He who can once get possession of those points is the real ruler of the world. With that view we must provoke constant quarrels with Turkey and at another time with Persia. * * * Moreover. must take pains to establish and maintain an intimate union with Austria, apparently countenancing its schemes for future aggrandize ment and all the while secretly rousing the jealousy of the minor states against it. In this way we must bring it to pass that one or the other party shall seek aid from Russia, and thus we shall exercise a sort of protectorate over the country, which will pave the way for future suprem-

Servia and Montenegro were pro- Ar. Hamilt voked to war and appealed to Russia which kindled the war of nine na- Ar. Chicago 8:00 tions. Poland once turned to Russia

"I look on the future invasion of the eastern and western countries by the north as a periodical movement, ordained by providence, who in like manner regenerated the Roman nation by barbarian invasions. These emigrations of men from the north are as the reflux of the Nile, which at certain seasons comes to fertilize the impoverished lands of Egypt by its deposits. I found Russia as a river. My successors will make it a large sea, destined to fertilize the impoverished lands of Europe, and its waters will overflow in spite of opposing dams erected by weak hands, if our de-scendants only know how to direct its course. This is the reason I leave them these instructions. I give these countries to their watchfulness and care, as Moses gave the tables of law to the Jewish people.

She Asks Too Much. When a woman goes away to spend unday, if she would give her hus-

pand directions concerning the four-teen or fifteen most important things that ought to be done around the nouse in her absence, instead of con-cerning the whole fifty-seven, he would stand more chance of remembering at least some of 'em.

"I heard Mrs. Talky broke her neck "Yes. She fell out of a second storey window while trying to see

what kind of furniture the new ten-Needlework.

When engaged on delicate needle work a good idea is to have a little our fingers in it from time to time; This will keep the hands dry and the work beautifully clean.

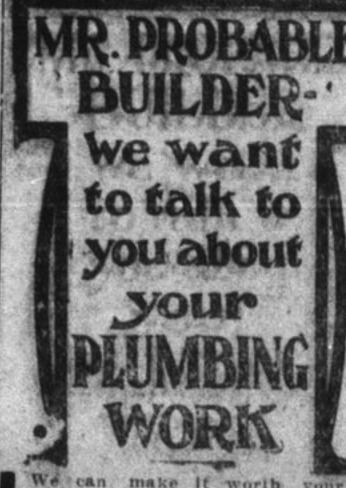
Ousting Timbers.

dig his post holes for him. We suppose this is the hole truth and nothing but the truth.

Are your hands chapped. cracked, or sore? Have you "cold cracks" which open and bleed when the skin is drawn tight? Have you a cold sore frost bite, or chilblains, which at times makes it agony for you to go about your ducies? If so, Zam-Buk will give you relief. and will heal the frost-gamaged

Miss B. Strojsa, of East Hansford, N.S., writes: "My hands were so badly chapped I was unable to put them in water. All remedies failed to heal until I tried Zam-Buk. Perseverance with this balm completely healed the sores."

Zam-Buk heals cuts, burns, bruises, cures eczema, piles, chapped hends, cold sores, frost bites, and all skin diseases and injuries. Refuse subatitutes. At all druggists and stores,



while-when you're ready-to en method to get acquainted. That we are Expert Plumbers and Steam Fitters, you can easily learn by investigation, DAVID HALL,

66 BROCK STREET.

for aid. That furnished the spark Ar. Detroit 9:55 p.m. as the Balkan states did only yester- The International Limited -No. 14 Dai believed that the future Lv. Kingston 1:08 p.m.

Egypt, Chaldea, Babylon, Greece, Rome, France, England, why not Russia next? Kismet, Russia would be next? Kismet, Russia would be next? PACIFIC

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