REGULATIONS OF LENT

ARE RELAXED ON ACCOUNT OF! THE WAR.

In Some English Dioceses Fasting and Abstinence Have Been Dispen sed With-Temperance In Paris.

London, Feb. 23.—War conditions have caused a modification of the I enten fasting regulations of both the Protestant and Roman Catholic churches. Each bishop has issued his own modifications, and the result is that in some dioceses fasting and abstinence have both been dispensed with, while in others one is retained The Cardinal-Archbishop of Westmins ter gave dispensation covering both fasting and abstinence every day except 'Ash Wednesday and Good Fri-

Germans In Brussels.

"The Belgian government can res assused as to the attitude and feel ings of the people of Brussels," say a letter addressed to a Belgian off cial, and appearing in the Figaro. "All efforts of German officers to e tall sh amicaide relations with th populace have failed, and officers who had friends here formerly now fintheir doors closed against them.

The writer also complains that the have been deprived af news by th German occupation, and to be a vendor of for ign parers is most dangerous. While a few Belgian papers are still issued, they are under the control of German influence. At Louvain two thousand civilian prisoners have been liberated, but they are subject to terrorist systems of espionage which render it unwise even to speak of their suffer ngs. Cardinal Mercier's

Temperance In Paris.

An active temperance campaign affoat in Paris, where at public meetings several restrictive measures were recommended for legislation. Among the reforms advocated were the impositions of heavy license fees on all vendors of alcoholic liquors except French wines, and the refusal of licenses to all places near churches schools, hospitals and military camps

SAGE TEA DARKENS

Don't stay Grey! Here's an Oldtime Recipe that Anybody Can Apply.

The use of Sage and Sulphur for restoring faded, gray bair to its na- ers-by that he was still athirst. tural color dates back to grandful effect.

out-of-date. Nowadays, by asking the part of the Frenchmen, before few months by the French forces, in and that its work is deserving of the at any drug store for a 50 cent bot- the infantryman-errant was at last a statement given out to-day by the gratitude and the admiration of the tle of "Wyeth's Sage and Sulphur persuaded to go to sleep. Even then official information bureau, as fol- allied powers. It has kept the Ger-Compound," you will get this fam- guardian angels in red breeches lows: ous old recipe which can be depend waited outside another quarter of an 'Since the repulse of the Germans compelling if frequently to fight uned upon to restore natural color and hour to make sure that he should by the allies in Flanders no battle der unfavorable circumstances, that beauty to the hair and is splendid not change his mind for dandruff, dry, feverish, itchy The writer could instance a hun- If the gain in the smaller engage- withdraw troops for a decisive blow

scalp and falling hair. says it darkens the hair so naturally common humanity have triumphed won, the results are indeed small a observer says, the French army, has and evenly that nobody can tell it over the red bestiality of war, from few hundred yards to the north of steadily improved in personnel and tion. has been applied. You simply dam- an actual set-to at fisticuffs be- Arras, a village or two between Ar- equipment. pen a sponge or soft brush with it tween a Bavarian and one of the ras and the corner of the line nearest and draw this through your hair, West Surreys in the space between Paris, a belt varying from a mile and A good many men are perfectly will- 300 years old he might have sense taking one strand at a time. By morning the gray hair disappears, and after another application or two, it becomes beautifully dark, glossy soft and abundant.

Agent, Geo. W. Mahood.

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ALLIES FRATERNIZING.

British and French Soldiers Form the Most Surprising Friendship.

One of the few war subjects which has not been exaggerated is the renily amazing friendship which has sprung up between the soldiers of the allied armies. If you consider that they cannot understand a word of each other's languages, you might imagine that real intimacy were no more than a dream. Such is not the case. Mr. Atkins and M. Plou-Plou have become actual and real friends. and to see them strolling along in liberty hours, arm in arm and talking volubly, is a liberal education in the possibilities of human nature. One incident which the writer per

sonally witnessed "somewhere near the front," as the war correspon dents say, and which speaks vol umes for the friendship of the allied private soldiers, must be prefaced by the statement that some 40 per cent of the British troops at present a the front are total abstainers. happened to be walking across the market place of the little town with a staff officer of the British. Just in our way were, I suppose, a couple of hundred French privates. As we came up to them they fell away before us in a manner altogether incomprehensible, backing toward the nearest wall, keeping their faces always toward us, and saluting continually with a surprising enthusiasm. I asked the colonel what he supposed it meant. He replied, with raised eyebrows, that it was altogether incomprehensible.

Three minutes later, having left the colonel at the door of his headquarters, I discovered the key of the mystery. Three British stragglers who had lost their battalions and pastoral has been read in every Brus | were looking for them had wandered sels diocese. One crowded congrega- into the fown. They had come far, tion included many free thinkers and and on the way the peasantry, who by this time positively adore "les Anglishes," had offered them the wine which was red. Their French comrades, recognizing their condition, had flocked together to protect them from any possible punishment at the hands of the British officerwhence the manoeuvring in the market-place.

> The pains which those French soldiers took subsequently to insure the safety of their charges was a lesson in humanity. After long consultation they decided that the village church was the best place of sanctuary, and accordingly they led them there, procured large trusses of straw, and left them to sleep off their "fatigue," as one of the Frenchmen put it. Two of the culprits proved perfectly amenable and went quietly to sleep. The third, of more heroic mold, no sooner found himself abandoned than he rose swiftly to his feet, left the church, and wandered again through the marketplace, hinting by signs to the pass-

His watchful French protectors mother's time. She used it to keep rose to the occasion, led him again her hair beautifully dark, glossy to the sanctuary, and again put him and abundant. Whenever her hair to bed. Two minutes later he was fell out or took on that dull, faded out again, recommencing his tour of or streaked appearance, this simple the market place. I do not think I mixture was applied with wonder- am exaggerating if I say that this performance was gone through ten But brewing at home is mussy and times, with unvarying patience on

A well-known downtown druggist knowledge where the instincts of our sured only by the amount of ground! While performing this work, the enthusiastic spectators, to a case of breath to the cast of Rheims, and a made the trial. which I was told by an eye-witness. when an Englishman and a German both sacrificed their lives unavailingly, as it proved, to save that of a how wandered into the very middle

The Hull of a Dreadnought. An amazing amount of material roes to the making of a 22,000-ton battleship. Into the hull alone enter some 9,809 tons of steel and iron, an amount more than equal to the whole of the material from keel to fighting tops in many of the pre-Dreadnought war vessels. Of this amount of material, over 6,000 tons is steel plating, 2,856 tons is for shapes, chan-The kind you are look- nelling, and angle pieces; the weight of the rivets used exceeds 530 tons. these rivets ranging in diameter from 3-8 inches to 1 1-2 inches, and there are over 400 tons of specially-shapes steel castings, ranging in weight from two to eighteen tons each. These figures include nothing for gun mounting or special armoring, but are for the mere construction of the bare hull alone.

Halley's Comet.

Halley's comet has an enviable history, but its chief claim to disfinction rests in the fact that it was the first periodic comet whose return was predicted. Edmund Halley, an English astronomer, observed its be-havior in 1682 and made calculations which led him to conclude that it was the same comet which had been seen and noted several times before He figured it would come back in seventy-five or seventy-six years, and although he did not live to see the event, the comet did return accord Repairing and Remodelling ing to schedule. Consequently it is called Halley's comet.

Harry Lauder's advance agent elling a new story having to to with ters. An agent for a trunk newly ut on the market met Laufer, en ertained him at luncheon, and ther showed him the stock of trunks of the new model. Later he wrote sk the comedian if he would mine penning a word or two of praise of the trunk, that his letter might b used in advertising. Lauder wrote in reply: "I liked your trunk so much that I nearly bought one."

Most people are too polite to speak the fact that too many people are claways trying to do their best to do



THE NEW SEED CATALOGUE ARRIVES.

LAUDS PRAISE OF FRENCH. Great Work.

London, Feb. 23 .- A British mill- France is as strong as ever." tary observer stationed with the The British observer nevertheless the advantages gained in the last French army has been very great.

of great importance has been fought. the Germans have been unable to of liquor at Le Pas, hitherto in force work of scoring into blocks for breakdred cases within his own personal ments which have taken place is mea- elsewhere. the trenches, with both armies as a haif to two hundred yards in ing to admit failure before they have enough to leave off cotton whiskers attached, complete the tools required

"A penny saved is

With the price of beef and wheat

soaring higher and higher, the

problem of economic living is

causing housewives to consider

For years many have known.

oughly commended it the world ever.

and others are now finding out.

food values in planning meals.

the true economy in

in price

penny

earned"

Said-

few miles of what was German territory in Alsace—these acres are all Army of Republic Has Performed that have been gained—the enemy's Canada Takes Step In Opposite Direchold on Belgium and Northeastern

French army in the field describes contends that the success of the man army so busily engaged, he says,

Wise Old Ben Franklin

Grape Nuts

nourishment, builds nerve and muscle, bone and brain, in a way that has thor-

A package of Grape-Nuts-fully cooked, ready to serve, and sealed in its weatherproof and germ-proof wrapping—can be had from any grocer. No rise

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ing food value, true economy, and proves itself a family friend.

This food, the true meat of wheat and barley full of Nature's richest

Grape-Nuts, served with milk, cream or fruit, gives satisfaction, sustain-

LIQUOR SALE PERMITTED.

tion From Allies. Ottawa, Feb. 23.—The Canadian

government is apparently not following the lead of the allies in legislating against the sale of liquor. Instead the ban of the past five years,

when he played Santa Claus.

THE KNITTERS.

By C. Fox-Smith. In streets that are humming With the city's stir. Or where leaves fall rustling Through the quiet sir. There are women knitting Everywhere.

Knitting and waiting Through hours like years, Not with loud grieving, Nor sighing por tears: In their hands the needles Flash like spears.

Every thread a sorrow, Every strand a prayer-("O, where sleeps my dear one? Or how does be fare?") There are women knitting Everywhere.

High Treason. The charges of high treason against several person, both in Canada and I dients, which, when placed upon the in other parts of the Empire, in that they have assisted a common enemy of his Majesty the King to leave the country in time of war, is a rare charge to be brought against a British subject. They are brought under subsection (1) of section 74 of the Criminal Code of Canada, which provides that (among other things) the offence of high treason consists of assisting any public enemy at war with his Majesty by any means whatsoever. In most cases the "means" Peps are entirely distinct from the charged is assistance to leave the | old fashioned liquid cough cures, where

Everyone who commits high I and never reach the lungs. Peps trent treason is liable to suffer death or | ment of coughs and colds is direct treat a term of imprisonment. And until the year 1870, in Great Britain, the death penalty might be exacted in various barbarous ways. Nowadays is paid by the traiter being hanged. During the Boer war there were many trials for high treason, chiefly under martial law, including cases of British subjects who had actually joined the Boer forces.

Treason is of several kinds, many of them having regard to the King's person, or that of his heir apparent, or that of his consort. In the reign of Henry VIII. many special treason statutes applicable to that monarch's domestic concerns were passed. By one of these it was treason not to believe his daughter Mary illegitimate and his daughter Elizabeth legitimate; by another to believe either legitimate; and by yet a third not to believe both legitimate. One witness is not sufficient for a conviction in a case of treason, unless, of course, the accused pleads guilty.

Ice For Farmers.

There are few localities in Canada that have not available a river or smaller stream from which a supply of ice may be obtained for use during the summer months. The ease with which the ice crop may be secured is probably the reason why it is not taken advantage of to a greater extent than at present. For economical barvesting operations it is advisable that a number of the farmers of a community co-operate, sharing the expense, and making the labor pro-

A few tools are necessary to harvest the ice supply efficiently. A has been lifted, and liquor can now ering is desirable; some styles of steel scraper to remove the snow covbe sold at Le Pas, the western ter- road scrapers may be used, or a very minus of the Hudson Bay raflway. good homemade scraper may be made An order in council has been passed of wood and faced with a strip of removing the prohibition of the sale steel. An ice plow facilitates the under the legislation of 1906, which ing off. A slice bar for breaking off provided that liquor may not be sold; the blocks can be made similar to a within ten miles of any government crowbar, with a sharp blade from six railway during the time of construction eight inches wide. An ice saw may be improvised by removing one handle of a cross-cut saw. A number of pike poles, ice tongs and a A platform, one end of which may be let down into the water, and the other end raised level with the floor of the sleigh, permits the use of a horse in taking the ice out of the water and loading on the sleigh .- Conser-

Cherry Fruit Flies.

During the past five or six years cherry growers in Ontario have beer complaining of little white maggots which were attacking growing cherries, rendering the interior of the unsightly and unfit Prof. L. Caesar, of the Ontario Agricultural College, was given the work of investigation, and, assisted by Mr. G. J. Spencer, has just written the results of several years' observation, which have been issued by the On-Made Well By Lydia E. Pinktario Department of Agriculture as Bulletin 227. Two distinct varieties of insects, the eggs of which become maggots, have been identified; one is the White-banded Cherry Fruit-fly and the other the Black-bodied Cherry Fruit-fly. The life histories of both these files which, happily, appear to attack no other fruit than the cherry—are given in the bulletin, together with methods of control,

Guard Not Necessary.

That there is no present need of guarding the boundary between the United States and Capada, as recently proposed by officers of the Cana-dian National Reserves, is the opinion of Colonel Ogilvie, district office commanding at Victoria, B.C. Colonel Ogilvie was recently in

structed by the Minister of Militi taining such a force and he has officially notified C. H. Stuart-Wade, adjutant of the National Reserves that a boundary guard is not neces

Many Turn Gold Hunting Probably owing to the business demoney in other ways, there have been many applications of late for places gold mining rights along the North Saskatchewan river, to the Edmon ton district. As the sands are known to contain gold in sufficient quantity to make the operation fairly remun 100-foot licenses for one dollar, but tion to prevent cancellation of li-

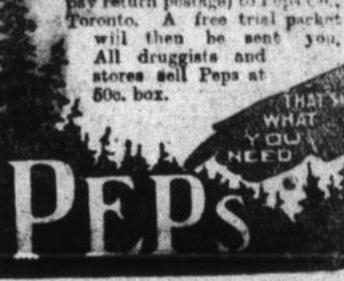
Somebody who knows nothing about it says that the happiest day in man's life is the day before the we

If you were told of a new discovery for the treatment of coughs, colds and bronchitis, as certain in its action on all chest troubles as anti-toxin is on diphtheria, or vaccination on small-pox, wouldn't you lee! like giving it a trial? Especially if you could try it for fifty cents!

Peps is the discovery! Pensare little tablets, neatly wrapped in air and germ proof silver foll They contain certain medicinal ingretongue, immediately turn into vapour passages to the lungs. On their journey, they southe the inflamed and initiated membranes of the broughist tubes, the delicate walls of the air passages, and t finally anter and carry relief and healing to the capillaries and tiny a r same in the

In a word, while no liquid or solid can get to the linige end air pa-rages. thess Pons famos get there direct, and lat once commence their werk of healing are merely swallowed into the stomach,

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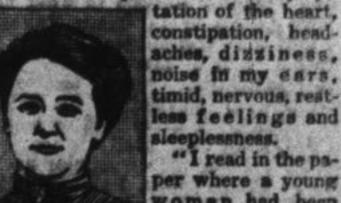
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ham's Vegetable Compound.

Philadelphia, Pa - "I had a severe tation of the heart,



"I read in the pawoman had been

the medicines the doctor left me and behad taken half a bottle I was able to sit up and in a short time I was able to do all my work. Your medicine has prove itself able to do all you say it will and I I have visited."-Mrs. Mary Johnson 210 Siegel Street, Philadelphia, Pa.

Another Bad Case, Ephrata, Pa.-"About a year ago was down with nervous prostration. was pale and weak and would have hespain under my shoulder-blade. I was inder the care of different doctors but id not improve. I was so weak I could

ardly stand long enough to do my dished "Lydia E. Pinkham's Vegetable Com pound has made me well and happy and I have begun to gain in weight and my face looks healthy now,"—Mrs. J. W. HORNBERGER, R. No. 3, Ephrata, Pa.

If you want special advice write