

Learn to Play The Piano You Can! Here's the PROOF



The Easy Form Music Method is a gen

Try it FREE in Your Home In order to prove to you that all we say is true we will mail you the entire method and 100 pieces of music for 7 days' FREE Trial. Keep it 7 days to prove to your own satisfaction the



Says No One Need

Distributor

Physician's Advice For Thin, Unde-veloped Men and Women.

Thousands of people suffer from excessive thinness, weak nerves and
feeble stomachs, who having tried advertised flesh-makers, food-fads, physical culture stunts and rub-on creams,
resign themselves to life-long skinniness and think nothing will make them
fat. Yet their case is not hopeless. A recently discovered regenerative force makes fat grow after years of thinness, and is also unequalled for repairing the waste of siekness or failty digestion and for strengthening the fierce. This remarkable discovery is called Sargol. Six strength-giving, fat the week-end with her sister at Destroyducing elements of acknowledged merit have been combined in this peerless, preparation, which is endorsed by eminent physicians and used by prominent people everywhere. It is absolutely harmless, inexpensive, and efficient.

NEWS GATHERED OVER NEAR COUNTIES

GLENDOWER.

Feb. 18.-James Wilson and his son vicinity. Prices are very high since

from here attended the supper and concert at Holleford. Frederick Snook, Winnipeg, is at his father's,

ECHO LAKE.

rain has taken the snow down a lot. -Mrs. Hamilton. George and Reginald S. Vandewater, who has been very Moore, Gananoque, at Mrs. Ward's. and Mrs. Robert Hamilton, are visit ing friends at Enterprise and other points. William Veley, and Lara Vanvolkenburg, at J. Switzer's; Joseph, Jefferry at W. Wagar's; Marcus Switzer, Mrs. H. Hicks, and Mrs. D. Ruttan, drove to Wilkison on Sunday. on Saturday by fire. It was occu-D. Ruttan, Miss Lucretia Wagar and Miss E. McMahon at Wilkison's; Mr. and Mrs. Thomas Cox and Ernest of Miss Rose Young and Timothy Cox at E. Cox's; Parham; John Swit-Babcock, Glendower, took place on zer lost a valuable dog last week. Mr. February 15th, at the Sacred Heart and Mrs. Harvey Babcock, at Joseph Church. J. E. O'Connor and D. Be-

Cross Society, Kingston, was a decid- on Saturday. James Barrett at ed success. An excellent programme Nicholas Murphy's. Canataqui and Latimer. Over fifty-four dollars was cleared. C. Smitn is improving his hall steps and platform. are doing work far the Red Cross. They have sent in 110 bands, 18 pairs gowns and 6 shirts. Mrs. J. Porter

Feb. 17.—The people are hauling pulp wood. Wood Bros. have been doing a rushing business with their sawing machine in this vicinity. A lew of the people from here attendated the LO.F., concert at Sharbot Lake on Tuesday evening last. Miss Laura Chadwick, in Ganafew days in Maberly, has returned few days in Maberly, has returned few days in Maberly, has returned formulated as teacher. Visitors: Mrs. H. McCalpine, Gananoque, at E. W. Jackson's; Mrs. Barnes, Duiterin, at W. Lane's; Miss Bell, Woodburn, at R. Brash's; Mr. Campbell and the Misses Campbell, Sunbury, at R. Barolay evening last. Miss Trene Jackson has returned few days in Maberly, has returned formulated in the Misses Campbell, Sunbury, at R. Barolay's; Miss Laura Chadwick, in Gananoque; Miss Irane Jackson has returned few days in Maberly, has returned formulated fo few days in Maberly, has returned noque; Miss Irene Jackson has re-Gray, at S. Armstrong's, Zealand

PARHAM.

Feb. 15.—The hockey match here, on Saturday between Parham and Sharbot Lake resulted in a victory for the former, by a score of 3 to 1.

Arden and Parham, also played here on Wednesday. When time was called each side had succeeded in netting four goals. Ten minutes overscored. The return game will be played in Arden on Saturday next.

A box-social and dance in aid of the best attended function of the best attended function of the hockey club was held in the LO.

O.F. hall, on the 10th. Eighteen dollars was realized. J. N. Shifth is doing a rushing business with his sawing machine in this vicinity. Mrs.

Interesting addresses of Mrs. Hilliard Earle has Sunday. Rev. William Hender Watch Is Heard Ticking In Heard of Machine In the Process Interesting addresses with his sawing machine in this vicinity. Mrs. J. N. Smith, has returned from the Kingston General hospital, where site underwent an operation for appendi-

ousy bauling sand and timber for the erection of a large barn in the A smooth's systematic use of Sargol should produce flesh and strength by correcting faults of digestion and by supplying highly concentrated fats to the blood. Increased pourishment is chtained from the food exten, and the adultional fats that thin people need are provided. Leading druggiets supply Sargel, and say there is a large demand for it.

While this new preparation has given and wife af George Freeman's to look forwalts and splendid results as a perve-tonic for splendid resul

Leta, visited at "Edgewater Cot-Mrs. B. R. Newton, at B-

CUSHENDALL

"My boy, who could hever play a note, sat down and played three pieces first night."—Mrs. E. Windorer Halls Brielge, Ont.
"I certainly think Easy Method Music wonderful, my Grand-daughter, Il years old never had a lesson, now she can play several pieces quite and son, Archibald, are visiting friends at Balderson and Perth this week. Rev. Mr. Bromwick and Mr. Purposes. Miss E. Hunter, of this purposes. Miss E. Hunter, of this place, was united in marriage recently to E. Graham, of Maple Lawn.

Mrs. Connell, Sr., one of the oldes "I could play the first piece in 40 minutes and heart and heart and heart are seen. The standing of the piano before."—Mrs. Fuller, held revival meetings here by to E. Graham, of Maple Lawn. I hast week, and are now at Oso. Miss. Mrs. Connell, Sr., one of the oldest to play God Save the King'."—Earle Lucier. Description where the grant a counter of the oldest. The children of the oldest. Deseronto, where she spent a couple ill. The children of Mr. and Mrs. d. of weeks the guest of Miss Geraldine Hyland are also seriously ill of pneuare visiting at W. Gordon's. Mrs. M. Feb. 15 .- The warm weather and Ritchie, Sunbury, is at her mother's,

SANGSTER.

Feb. 18.—The young folks attended the ball in Fermoy on Monday evening. Nicholas Murphy had the misfortune to lose one of his houses progressing with Miss McCarey, Brewdore, Crow Lake, at James O'Connor's; Miss Margaret Murphy has re-Feb. 18.—Rev. Mr. Humphrey, Harrowsmith, changed services with Rev.
Mr. Codling on Sunday. On Sunday
next Dr. Chown, Kingston, will give
a talk in behalf of the Belgium Relief
Thomas Young's; James Hickey and fund. The concert given on Wednes. W. J. Cochrane, at T. Barrett's; J. o day evening last, in behalf of the Red Conway made a trip to Crow Lake

PITISFERRY EAST.

Feb. 19.-The recent thaw has spoiled the sleighing and wheels are out again. The tea meeting and social in ! St. Lawrence Church were very successful and great credit is due the

Prince Edward

Feb. 18.—The tea meeting of the

Nellie Clarke is visiting at Mrs. F. A. were given by Rev. Henry Gracey, ron, Gananoque, held communion ser-Thornton's. George Harrington, pastor of St. Andrew's Church, Rev. vices here last Sunday. Mr. and Mrs. Havelock, is spending a few days with Melvin Taylor, of Grace Church and Egbert Herbison and Mr. and Mrs. his parents here. The Misses Wuriel Rev. A. E. Oliver of Gananoque East Ernol Herbison visited friends in Lyn

BONGARD'S.

pulp mill being built at Ardendale. Frank Hartwick is home for a few days. The snow is rapidly disappearing and the roads in places are almost bare. This is regretted by the lumbermen, who have only begun to haul their logs. A crowd of young people attended a dgnce at "Edgewater Cottage" on Thursday rison and Russell Kerr spent the young people attended a dgace at 'Edgewater Cottage' on Thursday evening last. Melville Barr, Mountain Grove, at J. Gendron's. A number of young people attended church borhood. Frederick Orser had the misfortune to get his hand badly Miss Luella Mosier, of this place, and missingly marked the service at Elim Tree on Sunday. The home of Mr. and Mrs. Knight was and Mrs. F. Eaton attended a Masonic banquet in Picton on Friday night. misfortune to get his hand badly hurt. M. Sears has returned home after spending a week with Dawson Snook getting out logs. A number last week.

The stanto of the scene of a dance on Friday night. Sonic banquet in Picton on Friday night. Mr. and Mrs. R. Harrison, were quietly married at Tamworth last week. board meeting was held in church here on Monday. J. spent the week end in Kingston. W

CHANTRY.

to live with her sister, Mrs. John Mrs. Ward. Mr. and Mrs. K. Keller | Male. Samuel Goderich had the misfortune to lose his horse. It Thursday night. dropped dead on the road while in harness. Quilting Is the order of the day among the ladies, Miss Pearl Seeds is spending her holidays at her home here. Miss Clara Chant, trained-nurse, is in Brockville hursing

YONGE MILLS. Feb. 18 .- The ice harvest is in full swing. Miss Mary Ferguson, Mallorytown, spent a few days visiting trip to Cloyne last week. Miss M friends here. Mr. and Mrs L. Burn-Babcock was a week-end visitor at Mr. and Mrs. J. A. Munro last week. W. McKinnon is very ill. Visitors: a recent guest of Mrs. M. Ferguson. Miss Minnie Gibson spent a few days Mr. and Mrs. F. Villneff, at E. Thomplast week the guest of Mrs. J. A. son's; Mr. and Mrs. E. Babcock, at Dickey. Harry Avery, Mallorytown, G. Salmond's; O. Flieler, at W. Lemhas rented Mrs. George Gibson's farm | ke's; Miss K. Dowdell an over-Sunday and will take possession in the spring. Gordon Gibson was taken to the Brockville hospital yesterday for an operation for appendicitis. William Burnham, Mallorytown, is

home from Kingston to see his par- Campbellford. J. Paul is very ill at ents before going to the old country. his brother's, R. Paul's. A few Mr. and Mrs. Thomas Powell, Escott, from here attended the quilting at were guests at John Kincaid's one day last week. Hurley Ferguson was the guest of friends in Lansdowne. Eli Hayes has rented the farm of Mrs. Earl, Grahamton, for Hill on Thomas Powell, Escott, Mrs. J. C. Hudgin's, on Wednesday. Mr. and Mrs. E. McQuaig are moving on their farm west of the village. Mr. and Mrs. Cook and Alleen visited with Triends at Empy committee in charge. There was a farm of Mrs. Earl, Grahamton, for Alleen visited with Triends at Empy large attendance at the social at R. farm of Mrs. Earl, Grahamton, for Hill on Tuesday. Mr. and Mrs. J. has returned from visiting friends at Ranous' on Tuesday evening. Mrs. next year. The patrons of the Cain-Rose and baby Pearl spent Sunday town factory are drawing ice. B. B. With friends at Morven. Visitors: past lew days, has returned and re- Graham is this week drawing wood Mrs. English at J. Anderson's; Mrs. hed her duties as teacher. Visi- at MacIntosh Mills. Some of the Graham at J. Wood's; Mr. and Mrs.

home. Visitors: Mr. and Mrs. T.
B. Duffy at T. W. Duffy's: Mr. and Mrs. T. Gordon and Mrs. T. Palmer, Mrs. T. Gordon and Mrs. J. Peters, at A. Gray's; Mr. and Mrs. Mr. and Mrs. H. Scott spent Sunday at Joseph Spence's, Atkingson. The funeral of James Spence's Where he was at the outbreak of war, son. The funeral of James Spence's gave a lecture in the town hall on the history of Germany and the causes bank cemetery on Monday. Much sympathy is extended to the bereaved at E. Conroy's; Mr. and Mrs. A. Gray at S. Armstrong's Zealand. Mrs. Edward Botting, was united in

his home here. Westport's hockey team defeated a strong aggregation of puck chasers from Changy's Lock on Friday, when a good exhibition was played at Elgin. The score was

Twitching of the Nerves Broken-down System

writes that she was entirely cured of the old trouble. The last paragraph proves that the cure was lasting.

Mrs. John McKellar, 11 Barton street east, Hamilton, Ont., writes:

"I was injured some years ago, and that left me with a broken-down nervous system. I could not sleep, and suffered from twitching of the nervous and disagreeable nervous sensations.

"I then began using Dr. Chase's Nerve Food, and can say that I never used any medicine that did me so much good; in fact, I am entirely cured of my old trouble. The Nerva Food not only strengthened the nerves, but also built up my system in every way."

Under more recent deta Mrs. McKellar writes confirming her cure.

"Trobably the new born babe cries be cause if discovery bars."

Probably the new born babe cries be cause if discovery bars.

and Genevieve Detlor and Bessie Williams spent Sunday at Elm Tree. longs.

Circuit, to which Bethel Church beon Monday. Mr. and Mrsi J. E. Purvis, Lyn, visited their daughter, Miss Janet Purvis, on Sunday. Miss Ma-bel Moorehead, Greenfield, is the guest are sawing wood with their sawing Detlor's. There is some talk of a excellent condition for ice boating Mrs. A. Roantree has returned home

Feb. 18.-Mis Maggie Rose is on a visit to friends near Odessa. Quite a number from here attended Arspent the week end in Kingston. W. Thursday. The quarterly board of the Bath Methodist Church have asked Rev. Sexsmith to stay for thur Howard's sale at Stella another year, and he has accepted. Frederick Hagerman's son, Walter, is quite ill with pneumonia, but is improving slowly. Miss Wartman has returned from a visit with friends at Milihaven.

TAMWORTH.

Feb. 18.-George Woods and daugh-Feb. 16 .- The two youngest chil- ter, Maude, are visiting friends at Gracey. The farmers are hauling monia. Rev. Mr. Harrington, who dren of Mr. and Mrs. Carmon Eyre Walkerville. The box social held on pulp wood and shipping to Ottawa and Ticonderago, N.Y., Joseph Tysick intends moving to a farm some the week-end at her home and has ple are very sorry to part with Miss miles from the village shortly. Miss returned to Gananoque High School. Hannah Stevens from this neighbor and all enjoyed the evening immense-O.F. will have a banquet at Napanee

FERNLEIGH.

Feb. 16.—The reads are in fine condition again after the recent snowstorms and the farmers are drawing hay and wood. A. Martin has moved into his new residence Rev. Mr. Alton held meetings in the Free Methodist church Sunday last. Mr. and Mrs. C. Mills, at A. Lyon's;

Feb 17 .- A number from here at-

tended the kitchen shower at Sexsmith's on Friday night. Anderson has sold his property here, Mr. and Mrs. D. McKim left, on Monday to attend the funeral of his Feb. 17 .- Charles Tennant was brother-in-law, the late Mr. Vosper, and Mr. and Mrs. C. McFarline and

Lanark

FERGUSON'S FALLS.

the doors with an attentive audi-nce.
W. E. McCann, who spent the past hall on Monday last. A number of six years in Detroit, Mich., has re- young boys from here are attending turned to town and intends making the agricultural meetings at Drum absent for three weeks in Manitoba on a business trip. B. Bulloch ship-ped hogs and cattle on Saturday last and reports the Montreal markets to be good. John Rothwell, attending

Watch Is Heard Ticking In Head

Philadelphia, Feb. 20.—What physicians described as a rare and re-Feb. 18.—The hum of the sawing machine 's heard again in this
victnity. The sale of the late William Deyo's property was largely attended and everything sold at a

Such Benefit as Dr. Chase's Nerve Food.

Broken-down System
bited here last night at a meeting of the section of otology and laryngology of the College of Physicians. The case was that of a five-year-old girl in whose head a sound resembling the ticking of a watch can be distin-

GOOD RECORD

The year 1914 has been a banner year for the Mutual Life of Canada, having written the largest business in its history. This success is due very largely to the ecclient settlements to Policyholders in the way of profits and the fact that it is a purely mutual company, being relieved of paying any of its earnings to Stock holders.

Toronto Saturday Night, in its financial review, says the Mutual life is probably the fluent life insurance Company in Canada to-day, The fact that this year's business secured under conditions of such financial depression speaks volumes for the merils of the company.

Those contemplating insurance will save money by placing their application with this excellent company.

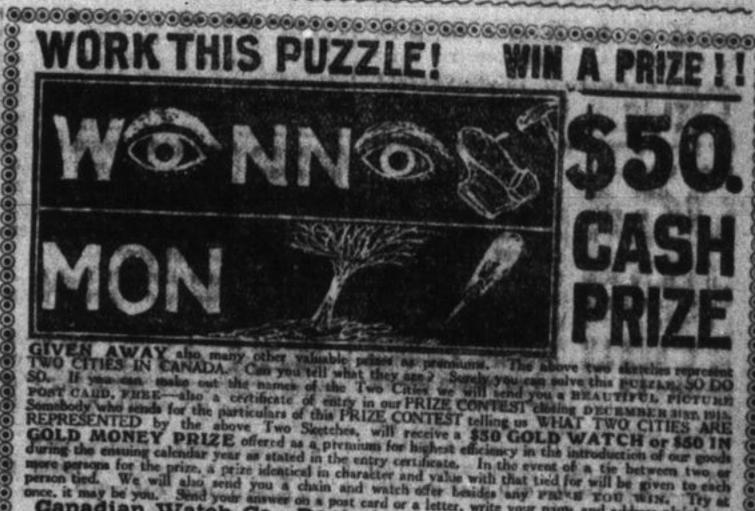
S. ROUGHTON,

60 Brock St., Kingston, Office Phone 610; Res., 561. Harry Sharpe, Specia





James McParland, Agent, 339-341 King St. East





For the Rest of THE MONTH

. All our fine shoes on the very latest lasts and shapes of toes, with 20%



- King Street

