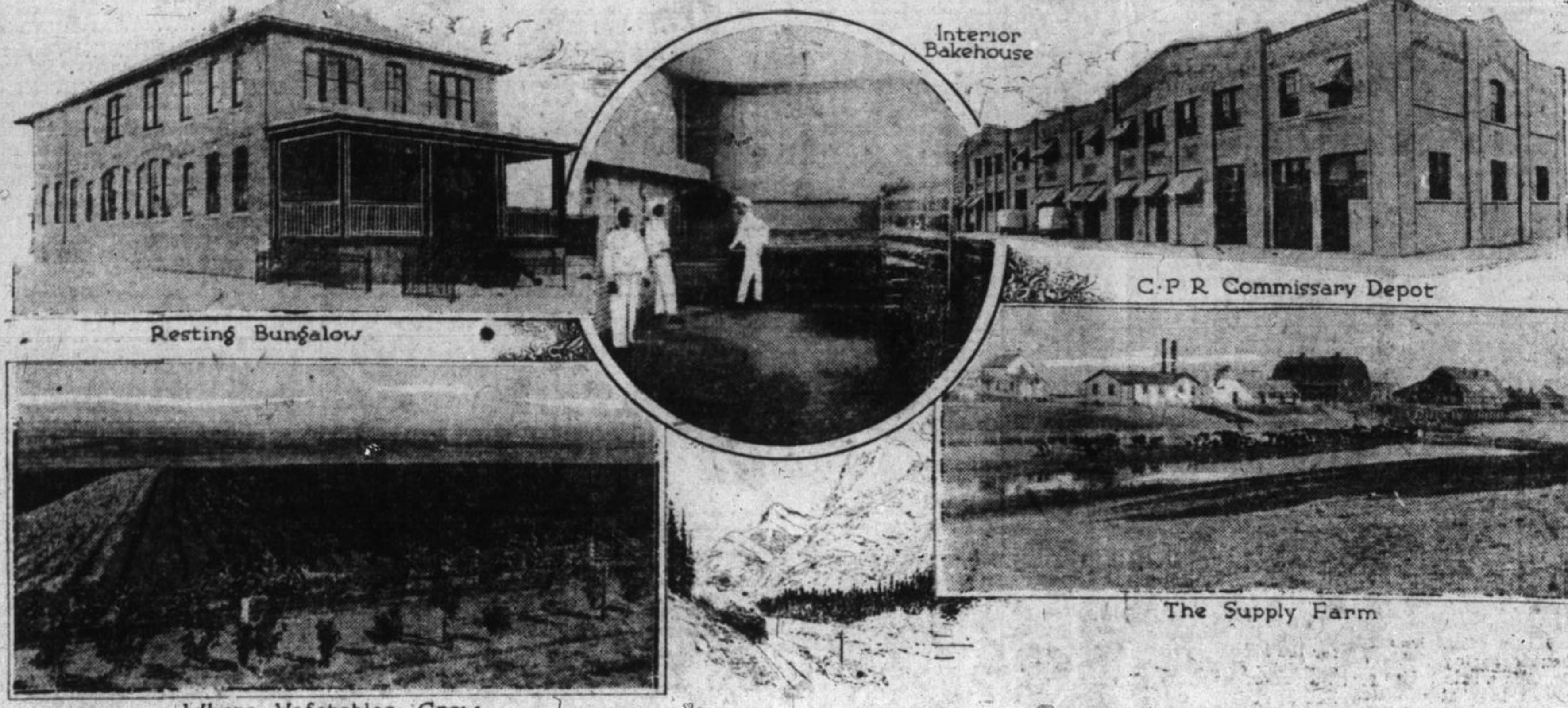


SLEEP & FOOD on WHEELS



Very few of the travelling public are familiar with the extraordinary amount of care taken by railroad companies to make their journey as pleasant and enjoyable as possible. They are accustomed to the maximum of comfort, and do not give any time to consider the enormous amount of energy and money which has been and is being spent in securing and perfecting the organizations which enable them to travel mile after mile with ease and comfort. On a train which is operated between points hundreds of miles apart, it is necessary, not only to provide a good roadbed, but human necessities must also be looked after and to this end the larger railroads operate dining, parlor and sleeping cars. Only a few railroads own and operate these types of cars. The Canadian Pacific Railway stands pre-eminent in this direction, and the Sleeping and Dining Car Department has under its direction seven hundred and seventeen pieces of equipment as follows: Standard sleeping, tourist and parlor cars, 512; dining, cafe and buffet cars, 140; observation or parlor cars, 85; which, if in a continuous line, would extend a distance of over ten miles.

The company has several farms situated at convenient points along the line, serving the dual purpose of demonstration farms for the district, as well as supply farms for the dining car service. From these farms are obtained supplies of poultry, eggs, milk, cream and other dairy products, flowers, vegetables, etc.

Ten years ago the company had only 25 dining, cafe and buffet cars in the service. Today it has 140 of these cars in operation. During the time when 42 cars answered

the requirements, the Canadian Pacific served an average of 1,000 meals per day, while during the year 1913, the average was 8,000 meals per day or over 3,000,000 meals for the year. The amount of foodstuffs consumed during the past year was tremendous, and the following details of a few of the items will help to show the magnitude of the supply end of the department: Beef, 625,227 lbs.; ham and bacon, 283,048 lbs.; poultry, 578,891 lbs.; bread, 688,319 four-pound loaves; butter, 275,128 lbs.; milk, 639,648 qts.; cream, 225,824 qts.; eggs, 282,384 doz.; coffee, 226,032 lbs.; tea, 50,872 lbs.; apples, 259,856 lbs.; oranges, 20,214 doz.; and potatoes, 24,414 bags. Buildings costing in the neighborhood of \$100,000 each, in which are housed the most modern equipped commissary stores, kitchens, bake shops, are located at Montreal, Winnipeg, Moose Jaw, Calgary and Vancouver. This chain of store-rooms, kitchen and bake shops affords dining car stewards the opportunity to secure fresh supplies every twenty-four hours on the journey from Montreal to Vancouver, covering a period of four days. These commissary stores, kitchens and bake shops are regularly inspected to enforce efficiency in the matter of sanitary and hygienic conditions.

At the completion of every trip all food supplies remaining on the car are withdrawn and closely inspected in store-room, and supplies not in first class condition are donated to some worthy charity or destroyed. There is a competent staff of inspectors, travelling stewards and travelling chefs attached to each district, who are constantly inspecting the system and seeing that the various service regulations are being lived up to by the employees. Cleanliness, a very important feature, is one of the Can-

adian Pacific's foremost motto. In order that these requirements may be complied with the company operates its own laundries located at the principal terminals across the continent. These are furnished with the most modern equipment enabling them to turn out the highest quality work in vast quantities. The washing is a huge undertaking. The monthly average for sheets is 354,083 pieces; slips, 287,096 pieces; table cloths, 78,205 pieces; napkins, 234,065 pieces, and these are only a few of the many articles which have to go through the laundrying process. The total number of all articles for one year amounts to approximately 20,427,800 pieces of linen. To facilitate the handling of linen as well as from a sanitary standpoint, assets are put up in parcels of 6 each slips 29 each, table cloths 10 each, and napkins 29 each.

The company has over 4,000 highly efficient trained employees in its sleeping and dining car service. It is not alone sufficient for the company to get good men and keep them, but all employees must be trained in the Canadian Pacific way before being put to work, and the necessity of this led to the establishment of schools of instruction at the various employment points. Whether men have had hotel training or not, it is considered necessary to put all through a thorough course of instruction before permitting them to enter upon the performance of their duties. In order that employees may enjoy proper rest and healthy recreation at lay-over points, the company has built and furnished large bungalows. These houses consist of separate rooms for different classes of employees, with separate recreation rooms, etc., all in charge of a competent caretaker. The accommodation is furnished employees without charge.

Build up the defensive forces of your body

Bovril is an essential "munition of war" for those at home. In addition to its own fortifying powers (it takes a joint of beef to make a bottle of Bovril), Bovril has the unique property of making the other foods you eat nourishing. It has been well said that "Bovril makes just the difference between your being nourished and your not being nourished by your food."

It must be Bovril

BRITISH TO THE BACKBONE.

Of all Stores, etc., 1-2-3-4-5-6-7-8-9-10-11-12-13-14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100

Big Discount Off Electric Fixtures

Get your electric repairs done by us. Satisfaction guaranteed.

Halliday's Electric Shop
Phone 94 345 King St.

On the Witness Stand.

A little flaw in his statements ruins the evidence of the witness. It may be a slight exaggeration, but the opposing lawyer seizes it and uses it to impress upon the jury that this witness is not reliable.

The Advertiser to-day is on the witness stand. If he makes mis-statements he is judged accordingly and his entire advertising is mistrusted. Wide-awake business men realize this. They tell the truth in their advertisements; not because they are better than they used to be; but because they have learned that it pays.

The advertising columns to-day contain real, dependable information that will save money for you if you follow them intelligently.

FORSAKE PEN FOR SWORD.

Many French Authors, Poets and Dramatists At Front.

Paris, Feb. 18.—Many French authors, poets and dramatists are serving in the army in various capacities. Henry Bernstein, the dramatist, is serving as a gunner at Fort Havre; Marcel Prevost, the poet and author, is a captain of artillery in the entrenched camp of Paris; Etienne Rey, the writer, and Robert De la front, as well as Reynaldo Hahn, the latter as a simple soldier in the Eiers, the playwright, are serving at trenches in the Argonne.

Marcel Boulenger, the writer, has been taken half frozen from the trenches near Nancy and placed in a hospital. Francois De Tesson, the journalist, and secretary-general of the French commission to the San Francisco Exposition, was wounded some time ago, but has recovered and is ready to return to the front.

"AMERICA AND THE WAR"

Temp's Editorial Columns Devoted to Roosevelt's Book.

Paris, Feb. 18.—The Temps devoted its leading editorial article yesterday to ex-President Roosevelt's book "America and the War," which, it considers, might equally well be addressed to all neutrals instead of only to Americans. After a résumé of the ex-president's principal arguments, the Temps says:

"His energetic propaganda has not been long without an echo, for the withdrawal of the Ship Purchase Bill and the threatening note to Germany show that the Americans if not ready to follow Mr. Roosevelt to the utmost, are beginning to realize how civilization would be endangered by German triumph.

"The American attitude ought to encourage other neutrals who are still hesitating. Though we are confident of victory, we are still grateful to other nations who espouse our cause. Let those who have hitherto followed the line of least resistance be urged to activity by the noble appeal to the duties of the higher morality which Mr. Roosevelt utters so eloquently."

WASHINGTON AND LINCOLN.

Sir George Perley Asks Which Side They Be On.

London, Feb. 18.—On which side would Washington and Lincoln be in the present struggle was the query Sir George Perley, acting Canadian high commissioner, submitted in a speech at the Lyceum Club dinner organized by the American section of the club to honor the memory of the two presidents.

Referring to the friendly relations existing between the United States and Canada, Sir George Perley pointed out that the two countries had fairly similar forms of government, both based on a democratic principle. As the present war was a struggle between democratic and military forms of government it was evident that Great Britain was also waging America's battle as well as her own.

PRISONERS OF GERMANS.

Foiled in Attempted Escape by Injury to Friend.

London, Feb. 18.—Lieut. Gillespie, a Canadian in the Gordon Highlanders, and Second Lieut. Gore Browne, who recently appeared among the missing, are now prisoners of war. The story is told that Browne was captured while seeking a position for an observation post before daylight and taken to Lille, where he was joined shortly afterwards by Gillespie. The two officers determined to attempt an escape at night by jumping from the highest wall of the citadel into a ditch, a drop of forty-five feet. Lieut. Browne jumped and broke his leg. Gillespie then jumped and escaped injury, but with great self-sacrifice stayed with his friend till both were recaptured.

BREAD RIOTS IN BOHEMIA.

One Town Without Staff of Life for Several Days.

Venice, via London, Feb. 18.—It is reported that bread riots have occurred in Bohemia. A despatch from Carlsbad says that at Altroubsnauer there, no bread has been procurable for several days, and that 400 women, bringing their children, came into Carlsbad from that village to beg that the authorities send them food.

AN INDISCREET GOVERNOR.

Sir Henry Galtway Against "A White Australia."

London, Feb. 18.—Sir Henry Galtway, governor of South Australia, has been guilty of gross indiscretion, says the Times' correspondent. In a public speech last Saturday, it appears the governor deprecated the government's policy of "a white Australia," and urged the development of the northern territory by colored labor.

This interference in politics is causing adverse comment. The prime minister declares that Sir Henry's words are a grave official indiscretion, which cannot be allowed to pass for a single day without protest. He is taking steps to confirm the accuracy of the report before protesting.

A small boy's idea of heaven is a place where he can always have a second piece of pie.

WANT JUDGE CENSURED.

American-German Complaints of Unneutral Speech.

Washington, Feb. 18.—Charges by the German-American Alliance and the German Historical Society at Toledo that Federal Judge John M. Killits delivered an unneutral speech recently, declaring he "did not care how soon some one dropped a thousand bombs on Emperor William's head," were referred, to-day, by President Wilson to the department of justice. Officials pointed out, however, that neither the president, nor the department, has authority to censure a federal judge. That power is reserved to congress.

TWO ZONES IN ALSACE.

Germany Mark One for Operations, One Neutral.

Berne, (Switzerland, via Paris, Feb. 18.—Alsace is now divided by the Germans in two great parts, a district of operations and a neutral zone. The frontier is marked by barbed-wire fences hundreds of miles in length. All foreigners, with a few exceptions, have been expelled from Alsace.

Along the border of the Rhine, which constitutes a neutral zone, the subjects of neutral countries are permitted to remain. Many foreigners, who were made to leave Alsace, have been brought over the Rhine to Baden and Wurttemberg, where they are being forced to go into quarantine for a fortnight before they are permitted to return to their homes.

MAY RID WORLD OF EVIL.

Hopes for Stronger Feeling for Peace After Present War.

London, Feb. 18.—Presiding at a scientific lecture in London last night, Viscount Bryce, former British ambassador to the United States, said that if there was a chance of ridding the world of the worst evil of the human race, war, that chance ought to come now. "If this does not cure us," said Viscount Bryce, "nothing will."

The speaker ventured the hope that there would be a stronger feeling for peace after this war than before, and a strong sense of the detestable consequences to which the worship of war may bring a great people. If so, he added, the sacrifices would not be made in vain.

PRICE ON ENEMY SUBMARINE.

\$2,500 For Ship That Disables Such Craft.

London, Feb. 18.—One of the leading British shipping journals has offered a reward of \$2,500 for the officer and crew of the first British merchant vessel to succeed in disabling a German submarine by ramming it. Submarines, the paper points out, are the most vulnerable form of craft afloat. A ship may easily escape torpedoes by running in a circle and may thus find a favorable opportunity for ramming its adversary.

Was Personally Attended by Dr. A. W. Chase Before He Became Famous as the Author of Dr. Chase's Receipt Book.

Here is a letter from an aged gentleman who consulted Dr. Chase, long before his Receipt Book attained a world-wide circulation of his family medicines. He came known to the ends of the earth.

Like most people of advanced years his kidneys were the first organs to break down and when doctors failed to help him, MR. O. D. BARNES, remembered the physician who cured him of pleurisy in his younger days.

Mr. O. D. Barnes, R.P.D. 1, Byron, Mich., writes—"About fifty years ago, when living in Ann Arbor, Dr. A. W. Chase, the famous Receipt Book author, was called on to treat me for

pleurisy. Ever since that I have used and recommended Dr. Chase's Medicines, and have two of his Receipt Books in the house.

"Some time ago I felt settled in the kidneys, causing backache, frequent urination, dizziness, and affected the sight. My appetite failed and I could not sleep nights. Two doctors failed to do me any lasting good, so I started using Dr. A. W. Chase's Kidney-Liver Pills. The results have been highly satisfactory. My appetite improved, I gained in weight, sleep and rest well, and feel strong and well. My kidneys resumed their natural functions, and I believe that my cure was due to Dr. A. W. Chase's Kidney-Liver Pills and Nerve Food. I am 73 years old, superintend work on my farm, and can turn in and do some work myself."

Dr. Chase's Kidney-Liver Pills. One pill a dose, 25 cents a box. All dealers or Edmonson, Bates & Co., Limited, Toronto.



REALIZE ALL IS LOST.

Kaiser's Physical Appearance Shocks Telegraph Man.

London, Feb. 18.—A correspondent of the Daily Telegraph, who has recently had exceptional opportunity for close personal observation of the Kaiser, writes: "His physical appearance shocked and almost frightened me. He has aged terribly. His hair has greyed, and he has an air of decrepitude. He speaks little, and his articulation is abnormally slow."

"I was convinced that he at last recognizes what the future has in store for him and his people and that he sees little brightness in the prospect."

The officers of the general staff share his downcast mien and are apparently filled with similar misgivings.

NO PROOF THEY LOOTED.

German Surgeons and Nurses Retried and Acquitted.

Paris, Feb. 18.—The German surgeons and nurses who were sentenced by the permanent court-martial late in November to terms of imprisonment, ranging from three years to one month, for alleged pillage at Verdun, Sept. 12th, and who appealed from the decision of the court, were given a re-trial to-day and acquitted. The decision of the court was that there was an absence of proof of the alleged theft.

BURGLAR'S OUTFIT.

Preparations to Rob G. T. R. Nipped In Bud.

Brockville, Feb. 18.—Hidden under a frame structure on the property of the G.T.R., an employee unsearched by burglars' outfit, consisting of five men, dynamite and a bottle containing what is supposed to be nitro-glycerine.

The articles were wrapped in a handkerchief and had evidently been deposited there while a job was being spied out. The police are investigating the matter.

Increased Earning Power = What it means

The gain of nearly \$4,000,000 in the assets of the Canada Life in 1914, means a substantial increase in the Company's earning power, which already was exceptional.

In each of the past six years the Canada Life has earned a greater amount of surplus than in any previous year.

In 1914 The Canada Life earned \$1,533,000 surplus

In this respect, as in many others, the year 1914 was one of the very best in the Company's history.

N.B.—New business of over \$14,000,000. was paid for in cash.

Herbert C. Cox,
President and General Manager.

The full detailed report will shortly be published and will gladly be sent to those desiring it.

J. O. Hutton, General Agent, Kingston